

Programmanr. 1
15-12-2023 - 17:25

Dames, 400m vrije slag

Senioren Open
Resultaten Finale

Punten: FINA 2023

rang	naam	vereniging	tijd	RT	FINA	para
Finale A						
1.	Serena Stel	De Dolfijn	199801528	4:11.16	+0,50	781
	50m: 29.22	150m: 1:32.97	250m: 2:37.45	31.99	350m: 3:41.16	31.46
	100m: 1:00.73	200m: 2:05.46	300m: 3:09.70	32.25	400m: 4:11.16	30.00
2.	Yara van Kalmthout	TeamNL - PSV	200200984	4:11.77	+0,68	775
	50m: 29.07	150m: 1:33.30	250m: 2:37.74	32.07	350m: 3:41.66	31.81
	100m: 1:00.96	200m: 2:05.67	300m: 3:09.85	32.11	400m: 4:11.77	30.11
3.	Merel Schravendijk	Blue Marlins	200503382	4:14.89	+0,72	747
	50m: 29.66	150m: 1:33.92	250m: 2:39.04	32.46	350m: 3:44.20	32.23
	100m: 1:01.47	200m: 2:06.58	300m: 3:11.97	32.93	400m: 4:14.89	30.69
4.	Marte Hieke van der Kamp	HZ&PC Heerenveen	200500218	4:14.99	+0,79	746
	50m: 29.73	150m: 1:34.65	250m: 2:39.78	32.37	350m: 3:44.59	32.34
	100m: 1:02.09	200m: 2:07.41	300m: 3:12.25	32.47	400m: 4:14.99	30.40
5.	Hedwig Bolt	HZ&PC Heerenveen	200602660	4:19.87	+0,82	705
	50m: 29.75	150m: 1:35.51	250m: 2:41.61	32.97	350m: 3:47.75	33.14
	100m: 1:02.51	200m: 2:08.64	300m: 3:14.61	33.00	400m: 4:19.87	32.12
6.	Nikita van den Ouden	PSV	199900622	4:21.54	+0,68	691
	50m: 29.67	150m: 1:35.71	250m: 2:42.14	33.27	350m: 3:48.88	33.54
	100m: 1:02.42	200m: 2:08.87	300m: 3:15.34	33.20	400m: 4:21.54	32.66
7.	Jade van der Schrier	AZC	200800692	4:25.00	+0,72	664
	50m: 30.05	150m: 1:36.77	250m: 2:44.91	34.13	350m: 3:52.44	33.33
	100m: 1:03.27	200m: 2:10.78	300m: 3:19.11	34.20	400m: 4:25.00	32.56
8.	Nynke Boerefijn	ZPC AMERSFOORT	200700114	4:27.50	+0,85	646
	50m: 30.02	150m: 1:36.65	250m: 2:45.18	34.42	350m: 3:53.82	34.39
	100m: 1:02.88	200m: 2:10.76	300m: 3:19.43	34.25	400m: 4:27.50	33.68
Finale B						
9.	Rhodee van den Ham	De Duinkickers	200700090	4:25.90	+0,73	658
	50m: 29.60	150m: 1:35.93	250m: 2:44.52	34.44	350m: 3:53.77	34.53
	100m: 1:02.29	200m: 2:10.08	300m: 3:19.24	34.72	400m: 4:25.90	32.13
10.	Tamara Grove	De Dolfijn	199601266	4:26.30	+0,72	655
	50m: 30.20	150m: 1:37.23	250m: 2:45.30	33.93	350m: 3:53.36	34.15
	100m: 1:03.23	200m: 2:11.37	300m: 3:19.21	33.91	400m: 4:26.30	32.94
11.	Angelique van Vark	GZC DONK	199701478	4:26.38	+0,68	654
	50m: 30.04	150m: 1:36.69	250m: 2:44.73	34.16	350m: 3:53.79	34.54
	100m: 1:03.17	200m: 2:10.57	300m: 3:19.25	34.52	400m: 4:26.38	32.59
12.	Myrthe Natzijl	DZ&PC	200400076	4:28.60	+0,82	638
	50m: 30.53	150m: 1:37.72	250m: 2:46.37	34.34	350m: 3:55.30	34.50
	100m: 1:03.72	200m: 2:12.03	300m: 3:20.80	34.43	400m: 4:28.60	33.30
13.	Tess Panjer	VZC	200403060	4:29.00	+0,76	635
	50m: 30.47	150m: 1:37.98	250m: 2:46.69	34.40	350m: 3:55.74	34.54
	100m: 1:03.95	200m: 2:12.29	300m: 3:21.20	34.51	400m: 4:29.00	33.26
14.	Julie van Nispen	Nuenen	200800290	4:29.61	+0,64	631
	50m: 30.00	150m: 1:37.99	250m: 2:47.23	34.80	350m: 3:56.17	33.88
	100m: 1:03.78	200m: 2:12.43	300m: 3:22.29	35.06	400m: 4:29.61	33.44
15.	Amé Hulleman	DZ&PC	200202794	4:29.83	+0,79	629
	50m: 30.05	150m: 1:37.34	250m: 2:46.49	34.52	350m: 3:56.00	34.78
	100m: 1:03.33	200m: 2:11.97	300m: 3:21.22	34.73	400m: 4:29.83	33.83
16.	Manon Ritten	PSV	200002440	4:30.00	+0,80	628
	50m: 31.36	150m: 1:39.14	250m: 2:47.39	33.93	350m: 3:56.49	34.51
	100m: 1:04.89	200m: 2:13.46	300m: 3:21.98	34.59	400m: 4:30.00	33.51

B = Bonus inschrijving