



Nederlandse Kampioenschappen korte baan 2023
Den Haag, 15- - 17-12-2023



Programmanr. 131
17-12-2023 - 17:00

Heren, 400m vrije slag

PARA Open
Resultaten

Punten: FINA 2023

| rang | naam | | vereniging | | | tijd | RT | FINA | para | | | |
|------|-----------------|---------|--------------------|-------|-----------|-------|----------------|---------|-------|-------|---------|-------|
| 1. | Lars Jacobsen | | DWK | | 199705453 | S14 | 4:43.02 | +0,83 | 421 | 673 | | |
| | 50m: | 30.60 | 30.60 | 150m: | 1:41.06 | 36.24 | 250m: | 2:54.65 | 37.46 | 350m: | 4:08.30 | 36.83 |
| | 100m: | 1:04.82 | 34.22 | 200m: | 2:17.19 | 36.13 | 300m: | 3:31.47 | 36.82 | 400m: | 4:43.02 | 34.72 |
| 2. | Julian Hendriks | | De Otters Het Gooi | | 200603717 | S7 | 5:12.89 | | 312 | 666 | | |
| | 50m: | 36.20 | 36.20 | 150m: | 1:52.60 | 38.53 | 250m: | 3:12.07 | 40.21 | 350m: | 4:33.09 | 41.20 |
| | 100m: | 1:14.07 | 37.87 | 200m: | 2:31.86 | 39.26 | 300m: | 3:51.89 | 39.82 | 400m: | 5:12.89 | 39.80 |
| 3. | Thomas Braat | | AZC | | 200802269 | S14 | 5:14.17 | +0,92 | 308 | 492 | | |
| | 50m: | 34.36 | 34.36 | 150m: | 1:53.14 | 40.11 | 250m: | 3:15.22 | 41.12 | 350m: | 4:37.07 | 40.05 |
| | 100m: | 1:13.03 | 38.67 | 200m: | 2:34.10 | 40.96 | 300m: | 3:57.02 | 41.80 | 400m: | 5:14.17 | 37.10 |

B = Bonus inschrijving

Splash Meet Manager, 11.77960

Registered to KNZB

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