

Programmanr. 32
18-12-2022 - 9:31

Dames, 400m wisselslag

Senioren Open
Resultaten Voorrunde

Punten: FINA 2022

rang	naam		vereniging			tijd	RT	FINA	para	
Jeugd 1 en 2										
1.	Mare Schallenberg		ACZ		200600078	5:01.01	+0,74	A	636	
	50m:	30.94	150m:	1:46.25	38.92	250m:	3:07.72	43.14	350m:	4:28.37
	100m:	1:07.33	200m:	2:24.58	38.33	300m:	3:51.26	43.54	400m:	5:01.01
2.	Evy Rozeboom		DAW		200601338	5:02.71	+0,78	A	625	
	50m:	31.99	150m:	1:50.27	40.42	250m:	3:13.27	44.43	350m:	4:31.01
	100m:	1:09.85	200m:	2:28.84	38.57	300m:	3:57.32	44.05	400m:	5:02.71
3.	Djanilla Brink		De Dolfijn		200600988	5:03.26	+0,78	A	622	
	50m:	33.64	150m:	1:54.04	40.19	250m:	3:13.63	40.68	350m:	4:30.26
	100m:	1:13.85	200m:	2:32.95	38.91	300m:	3:55.36	41.73	400m:	5:03.26
4.	Hedwig Bolt		HZ&PC Heerenveen		200602660	5:06.54	+0,76	A	602	
	50m:	31.92	150m:	1:51.03	40.24	250m:	3:13.21	42.46	350m:	4:32.59
	100m:	1:10.79	200m:	2:30.75	39.72	300m:	3:57.15	43.94	400m:	5:06.54
5.	Floor Hogervorst		Noordwijkerhout		200701400	5:14.63	+0,71	R	557	
	50m:	32.57	150m:	1:49.80	38.50	250m:	3:13.16	45.61	350m:	4:37.92
	100m:	1:11.30	200m:	2:27.55	37.75	300m:	3:59.92	46.76	400m:	5:14.63
6.	Ylva Konings		PSV		200700148	5:18.66	+0,76		536	
	50m:	32.90	150m:	1:53.54	40.69	250m:	3:20.55	46.55	350m:	4:44.10
	100m:	1:12.85	200m:	2:34.00	40.46	300m:	4:07.49	46.94	400m:	5:18.66
7.	Benigna Kocsispeter		Hellas-Glana		200702058	5:19.61	+0,69		531	
	50m:	32.97	150m:	1:55.82	43.14	250m:	3:21.17	43.38	350m:	4:43.11
	100m:	1:12.68	200m:	2:37.79	41.97	300m:	4:04.33	43.16	400m:	5:19.61
8.	Benthe Martens		ZPC AMERSFOORT		200700310	5:23.21	+0,79		514	
	50m:	35.32	150m:	1:59.47	42.43	250m:	3:26.36	44.66	350m:	4:48.59
	100m:	1:17.04	200m:	2:41.70	42.23	300m:	4:12.17	45.81	400m:	5:23.21
9.	Mila Oomens		NieMo Barracuda		200700016	5:23.41	+0,70		513	
	50m:	33.08	150m:	1:56.69	43.08	250m:	3:21.90	44.28	350m:	4:46.12
	100m:	1:13.61	200m:	2:37.62	40.93	300m:	4:07.71	45.81	400m:	5:23.41
10.	Lyke Bellert		Octopus-ZVV (SG)		200701424	5:23.98	+0,73		510	
	50m:	33.14	150m:	1:55.24	41.43	250m:	3:22.28	47.28	350m:	4:49.09
	100m:	1:13.81	200m:	2:35.00	39.76	300m:	4:09.81	47.53	400m:	5:23.98
11.	Vera van der Meer		VZC		200701508	5:24.20	+0,81		509	
	50m:	33.62	150m:	1:53.98	40.38	250m:	3:22.44	48.59	350m:	4:49.28
	100m:	1:13.60	200m:	2:33.85	39.87	300m:	4:10.76	48.32	400m:	5:24.20
12.	Eline van Rijn		DAW		200700918	5:24.86	+0,68		506	
	50m:	34.18	150m:	1:59.70	43.23	250m:	3:26.62	45.88	350m:	4:49.70
	100m:	1:16.47	200m:	2:40.74	41.04	300m:	4:13.30	46.68	400m:	5:24.86
13.	Leyla Oversluisen		Rijnhaeghe (SG)		200602730	5:26.18	+0,74		500	
	50m:	33.00	150m:	1:56.46	43.46	250m:	3:22.57	44.08	350m:	4:47.80
	100m:	1:13.00	200m:	2:38.49	42.03	300m:	4:07.86	45.29	400m:	5:26.18
14.	Noa Ottens		VZC		200702256	5:27.11	+0,73		496	
	50m:	34.04	150m:	1:55.95	42.05	250m:	3:23.07	47.07	350m:	4:50.07
	100m:	1:13.90	200m:	2:36.00	40.05	300m:	4:11.07	48.00	400m:	5:27.11
15.	Rafaëla Mulders		De Reuring		200701398	5:27.58	+0,81		493	
	50m:	33.43	150m:	1:57.59	42.76	250m:	3:27.63	47.74	350m:	4:51.95
	100m:	1:14.83	200m:	2:39.89	42.30	300m:	4:15.37	47.74	400m:	5:27.58
16.	Isa Jansen		SBC2000		200701176	5:28.70	+0,71		488	
	50m:	36.73	150m:	2:01.94	41.93	250m:	3:28.30	45.61	350m:	4:52.83
	100m:	1:20.01	200m:	2:42.69	40.75	300m:	4:14.09	45.79	400m:	5:28.70
17.	Jasmijn Sterken		Zwemclub Polaris		200701196	5:29.33	+0,82		486	
	50m:	32.19	150m:	1:56.28	43.43	250m:	3:24.46	47.15	350m:	4:51.93
	100m:	1:12.85	200m:	2:37.31	41.03	300m:	4:12.85	48.39	400m:	5:29.33
18.	Myrthe Dam		Zuiderzeewimmers		200602336	5:30.08	+0,71		482	
	50m:	34.87	150m:	2:00.52	44.36	250m:	3:31.74	46.49	350m:	4:55.37
	100m:	1:16.16	200m:	2:45.25	44.73	300m:	4:18.10	46.36	400m:	5:30.08
19.	Linde van Wijngaarden		De Dolfijn		200601372	5:30.70	+0,70		480	
	50m:	35.16	150m:	2:00.10	43.02	250m:	3:28.07	45.73	350m:	4:53.38
	100m:	1:17.08	200m:	2:42.34	42.24	300m:	4:14.55	46.48	400m:	5:30.70

B = Bonus inschrijving

Programmanr. 32, Meisjes, 400m wisselslag, Voorronde, Jeugd 1 en 2

rang	naam		vereniging				tijd	RT	FINA	para
20.	Yuan Ame Swart		De Otters Het Gooi		200604754		5:33.99	+0,87	466	
	50m:	35.18	150m:	2:00.59	43.40	250m:	3:29.52	46.67	350m:	4:56.62
	100m:	1:17.19	200m:	2:42.85	42.26	300m:	4:17.16	47.64	400m:	5:33.99
	NG Britte Lodder		ZZ&PC De Devel		200702290					
	NG Carlijn Gruppen		ZPC Hoogeveen		200700046					
	NG Megan Jonkman		Blue Marlins		200600508					

senioren 1 en 2

1.	Merel Schravendijk		HPC - Blue Marlins		200503382		5:00.37	+0,70	A	640
	50m:	31.92	150m:	1:49.26	39.60	250m:	3:08.21	41.09	350m:	4:25.37
	100m:	1:09.66	200m:	2:27.12	37.86	300m:	3:50.20	41.99	400m:	5:00.37
	35.17	37.74	37.86	35.00						
2.	Marte Hieke van der Kamp		Orca		200500218		5:07.31	+0,81	B	598
	50m:	33.14	150m:	1:48.25	37.37	250m:	3:09.75	44.96	350m:	4:33.47
	100m:	1:10.88	200m:	2:24.79	36.54	300m:	3:57.31	47.56	400m:	5:07.31
	36.16	37.74	36.54	33.84						
3.	Tess Panjer		VZC		200403060		5:09.03	+0,82	B	588
	50m:	33.11	150m:	1:52.66	40.31	250m:	3:14.86	43.62	350m:	4:34.89
	100m:	1:12.35	200m:	2:31.24	38.58	300m:	3:59.58	44.72	400m:	5:09.03
	35.31	39.24	38.58	34.14						
4.	Alysha de Jong		ZPCH		200400086		5:13.97	+0,82	R	560
	50m:	32.09	150m:	1:52.09	41.71	250m:	3:18.54	45.32	350m:	4:40.59
	100m:	1:10.38	200m:	2:33.22	41.13	300m:	4:05.00	46.46	400m:	5:13.97
	35.59	38.29	41.13	33.38						
5.	Meike van de Ree		HZPC		200402646		5:23.39	+0,76		513
	50m:	34.27	150m:	1:54.88	39.83	250m:	3:20.52	46.60	350m:	4:45.81
	100m:	1:15.05	200m:	2:33.92	39.04	300m:	4:07.86	47.34	400m:	5:23.39
	37.95	40.78	39.04	37.58						

Senioren Open

1.	Serena Stel		De Dolfijn		199801528		4:46.66	+0,65	A	737
	50m:	30.85	150m:	1:44.03	38.00	250m:	3:01.65	40.88	350m:	4:15.68
	100m:	1:06.03	200m:	2:20.77	36.74	300m:	3:43.78	42.13	400m:	4:46.66
	31.90	35.18	36.74	30.98						
2.	Lotte Hosper		HPC - Blue Marlins		200201414		4:47.06	+0,88	A	733
	50m:	30.38	150m:	1:40.50	36.22	250m:	2:57.55	42.19	350m:	4:14.22
	100m:	1:04.28	200m:	2:15.36	34.86	300m:	3:40.56	43.01	400m:	4:47.06
	33.66	33.90	34.86	32.84						
3.	Merel Schravendijk		HPC - Blue Marlins		200503382		5:00.37	+0,70	A	640
	50m:	31.92	150m:	1:49.26	39.60	250m:	3:08.21	41.09	350m:	4:25.37
	100m:	1:09.66	200m:	2:27.12	37.86	300m:	3:50.20	41.99	400m:	5:00.37
	35.17	37.74	37.86	35.00						
4.	Mare Schallenberg		ACZ		200600078		5:01.01	+0,74	A	636
	50m:	30.94	150m:	1:46.25	38.92	250m:	3:07.72	43.14	350m:	4:28.37
	100m:	1:07.33	200m:	2:24.58	38.33	300m:	3:51.26	43.54	400m:	5:01.01
	37.11	36.39	38.33	32.64						
5.	Evy Rozeboom		DAW		200601338		5:02.71	+0,78	A	625
	50m:	31.99	150m:	1:50.27	40.42	250m:	3:13.27	44.43	350m:	4:31.01
	100m:	1:09.85	200m:	2:28.84	38.57	300m:	3:57.32	44.05	400m:	5:02.71
	33.69	37.86	38.57	31.70						
6.	Nikita van den Ouden		Nuenen		199900622		5:03.13	+0,67	A	623
	50m:	31.48	150m:	1:48.17	39.37	250m:	3:08.60	42.83	350m:	4:28.66
	100m:	1:08.80	200m:	2:25.77	37.60	300m:	3:52.33	43.73	400m:	5:03.13
	36.33	37.32	37.60	34.47						
7.	Djanilla Brink		De Dolfijn		200600988		5:03.26	+0,78	A	622
	50m:	33.64	150m:	1:54.04	40.19	250m:	3:13.63	40.68	350m:	4:30.26
	100m:	1:13.85	200m:	2:32.95	38.91	300m:	3:55.36	41.73	400m:	5:03.26
	34.90	40.21	38.91	33.00						
8.	Hedwig Bolt		HZ&PC Heerenveen		200602660		5:06.54	+0,76	A	602
	50m:	31.92	150m:	1:51.03	40.24	250m:	3:13.21	42.46	350m:	4:32.59
	100m:	1:10.79	200m:	2:30.75	39.72	300m:	3:57.15	43.94	400m:	5:06.54
	35.44	38.87	39.72	33.95						
9.	Anne Noom		Het Y		199800062		5:06.82	+0,74	B	601
	50m:	32.39	150m:	1:50.35	40.20	250m:	3:12.02	42.88	350m:	4:32.19
	100m:	1:10.15	200m:	2:29.14	38.79	300m:	3:55.83	43.81	400m:	5:06.82
	36.36	37.76	38.79	34.63						
10.	Maaïke Issard		DZ&PC		200300022		5:07.17	+0,75	B	599
	50m:	31.79	150m:	1:47.22	39.80	250m:	3:11.31	44.55	350m:	4:32.09
	100m:	1:07.42	200m:	2:26.76	39.54	300m:	3:55.72	44.41	400m:	5:07.17
	36.37	35.63	39.54	35.08						
11.	Marte Hieke van der Kamp		Orca		200500218		5:07.31	+0,81	B	598
	50m:	33.14	150m:	1:48.25	37.37	250m:	3:09.75	44.96	350m:	4:33.47
	100m:	1:10.88	200m:	2:24.79	36.54	300m:	3:57.31	47.56	400m:	5:07.31
	36.16	37.74	36.54	33.84						
12.	Tess Panjer		VZC		200403060		5:09.03	+0,82	B	588
	50m:	33.11	150m:	1:52.66	40.31	250m:	3:14.86	43.62	350m:	4:34.89
	100m:	1:12.35	200m:	2:31.24	38.58	300m:	3:59.58	44.72	400m:	5:09.03
	35.31	39.24	38.58	34.14						

B = Bonus inschrijving

Programmanr. 32, Dames, 400m wisselslag, Voorronde, Senioren Open

rang	naam		vereniging				tijd	RT	FINA	para
13.	Zanthe Janssen		PSV		200201786		5:09.15	+0,71	B	587
	50m: 33.23	33.23	150m: 1:54.04	40.93	250m: 3:14.20	41.24	350m: 4:34.55	4:34.55		37.25
	100m: 1:13.11	39.88	200m: 2:32.96	38.92	300m: 3:57.30	43.10	400m: 5:09.15	5:09.15		34.60
14.	Angelique van Vark		GZC DONK		199701478		5:12.04	+0,69	B	571
	50m: 33.38	33.38	150m: 1:57.72	42.36	250m: 3:22.06	44.03	350m: 4:39.71	4:39.71		34.24
	100m: 1:15.36	41.98	200m: 2:38.03	40.31	300m: 4:05.47	43.41	400m: 5:12.04	5:12.04		32.33
15.	Michelle Zomerdijk		Dedemsvaart-AC		200003196		5:13.34	+0,80	B	564
	50m: 33.17	33.17	150m: 1:53.69	41.06	250m: 3:17.77	44.27	350m: 4:39.09	4:39.09		35.64
	100m: 1:12.63	39.46	200m: 2:33.50	39.81	300m: 4:03.45	45.68	400m: 5:13.34	5:13.34		34.25
16.	Esmee Mulder		DZ&PC		200800038		5:13.64	+0,71	B	562
	50m: 34.12	34.12	150m: 1:55.21	41.03	250m: 3:18.20	42.49	350m: 4:40.19	4:40.19		38.49
	100m: 1:14.18	40.06	200m: 2:35.71	40.50	300m: 4:01.70	43.50	400m: 5:13.64	5:13.64		33.45
17.	Alysha de Jong		ZPCH		200400086		5:13.97	+0,82	R	560
	50m: 32.09	32.09	150m: 1:52.09	41.71	250m: 3:18.54	45.32	350m: 4:40.59	4:40.59		35.59
	100m: 1:10.38	38.29	200m: 2:33.22	41.13	300m: 4:05.00	46.46	400m: 5:13.97	5:13.97		33.38
18.	Floor Hogervorst		Noordwijkerhout		200701400		5:14.63	+0,71	R	557
	50m: 32.57	32.57	150m: 1:49.80	38.50	250m: 3:13.16	45.61	350m: 4:37.92	4:37.92		38.00
	100m: 1:11.30	38.73	200m: 2:27.55	37.75	300m: 3:59.92	46.76	400m: 5:14.63	5:14.63		36.71
19.	Ylva Konings		PSV		200700148		5:18.66	+0,76		536
	50m: 32.90	32.90	150m: 1:53.54	40.69	250m: 3:20.55	46.55	350m: 4:44.10	4:44.10		36.61
	100m: 1:12.85	39.95	200m: 2:34.00	40.46	300m: 4:07.49	46.94	400m: 5:18.66	5:18.66		34.56
20.	Benigna Kocsispeter		Hellas-Glana		200702058		5:19.61	+0,69		531
	50m: 32.97	32.97	150m: 1:55.82	43.14	250m: 3:21.17	43.38	350m: 4:43.11	4:43.11		38.78
	100m: 1:12.68	39.71	200m: 2:37.79	41.97	300m: 4:04.33	43.16	400m: 5:19.61	5:19.61		36.50
21.	Benthe Martens		ZPC AMERSFOORT		200700310		5:23.21	+0,79		514
	50m: 35.32	35.32	150m: 1:59.47	42.43	250m: 3:26.36	44.66	350m: 4:48.59	4:48.59		36.42
	100m: 1:17.04	41.72	200m: 2:41.70	42.23	300m: 4:12.17	45.81	400m: 5:23.21	5:23.21		34.62
22.	Meike van de Ree		HZPC		200402646		5:23.39	+0,76		513
	50m: 34.27	34.27	150m: 1:54.88	39.83	250m: 3:20.52	46.60	350m: 4:45.81	4:45.81		37.95
	100m: 1:15.05	40.78	200m: 2:33.92	39.04	300m: 4:07.86	47.34	400m: 5:23.39	5:23.39		37.58
23.	Mila Oomens		NieMo Barracuda		200700016		5:23.41	+0,70		513
	50m: 33.08	33.08	150m: 1:56.69	43.08	250m: 3:21.90	44.28	350m: 4:46.12	4:46.12		38.41
	100m: 1:13.61	40.53	200m: 2:37.62	40.93	300m: 4:07.71	45.81	400m: 5:23.41	5:23.41		37.29
24.	Lyke Bellert		Octopus-ZVV (SG)		200701424		5:23.98	+0,73		510
	50m: 33.14	33.14	150m: 1:55.24	41.43	250m: 3:22.28	47.28	350m: 4:49.09	4:49.09		39.28
	100m: 1:13.81	40.67	200m: 2:35.00	39.76	300m: 4:09.81	47.53	400m: 5:23.98	5:23.98		34.89
25.	Vera van der Meer		VZC		200701508		5:24.20	+0,81		509
	50m: 33.62	33.62	150m: 1:53.98	40.38	250m: 3:22.44	48.59	350m: 4:49.28	4:49.28		38.52
	100m: 1:13.60	39.98	200m: 2:33.85	39.87	300m: 4:10.76	48.32	400m: 5:24.20	5:24.20		34.92
26.	Eline van Rijn		DAW		200700918		5:24.86	+0,68		506
	50m: 34.18	34.18	150m: 1:59.70	43.23	250m: 3:26.62	45.88	350m: 4:49.70	4:49.70		36.40
	100m: 1:16.47	42.29	200m: 2:40.74	41.04	300m: 4:13.30	46.68	400m: 5:24.86	5:24.86		35.16
27.	Leyla Oversluizen		Rijnhaeghe (SG)		200602730		5:26.18	+0,74		500
	50m: 33.00	33.00	150m: 1:56.46	43.46	250m: 3:22.57	44.08	350m: 4:47.80	4:47.80		39.94
	100m: 1:13.00	40.00	200m: 2:38.49	42.03	300m: 4:07.86	45.29	400m: 5:26.18	5:26.18		38.38
28.	Noa Ottens		VZC		200702256		5:27.11	+0,73		496
	50m: 34.04	34.04	150m: 1:55.95	42.05	250m: 3:23.07	47.07	350m: 4:50.07	4:50.07		39.00
	100m: 1:13.90	39.86	200m: 2:36.00	40.05	300m: 4:11.07	48.00	400m: 5:27.11	5:27.11		37.04
29.	Rafaëla Mulders		De Reuring		200701398		5:27.58	+0,81		493
	50m: 33.43	33.43	150m: 1:57.59	42.76	250m: 3:27.63	47.74	350m: 4:51.95	4:51.95		36.58
	100m: 1:14.83	41.40	200m: 2:39.89	42.30	300m: 4:15.37	47.74	400m: 5:27.58	5:27.58		35.63
30.	Isa Jansen		SBC2000		200701176		5:28.70	+0,71		488
	50m: 36.73	36.73	150m: 2:01.94	41.93	250m: 3:28.30	45.61	350m: 4:52.83	4:52.83		38.74
	100m: 1:20.01	43.28	200m: 2:42.69	40.75	300m: 4:14.09	45.79	400m: 5:28.70	5:28.70		35.87
31.	Jasmijn Sterken		Zwemclub Polaris		200701196		5:29.33	+0,82		486
	50m: 32.19	32.19	150m: 1:56.28	43.43	250m: 3:24.46	47.15	350m: 4:51.93	4:51.93		39.08
	100m: 1:12.85	40.66	200m: 2:37.31	41.03	300m: 4:12.85	48.39	400m: 5:29.33	5:29.33		37.40
32.	Myrthe Dam		Zuiderzeewimmers		200602336		5:30.08	+0,71		482
	50m: 34.87	34.87	150m: 2:00.52	44.36	250m: 3:31.74	46.49	350m: 4:55.37	4:55.37		37.27
	100m: 1:16.16	41.29	200m: 2:45.25	44.73	300m: 4:18.10	46.36	400m: 5:30.08	5:30.08		34.71
33.	Linde van Wijngaarden		De Dolfijn		200601372		5:30.70	+0,70		480
	50m: 35.16	35.16	150m: 2:00.10	43.02	250m: 3:28.07	45.73	350m: 4:53.38	4:53.38		38.83
	100m: 1:17.08	41.92	200m: 2:42.34	42.24	300m: 4:14.55	46.48	400m: 5:30.70	5:30.70		37.32

B = Bonus inschrijving

Programmanr. 32, Dames, 400m wisselslag, Voorronde, Senioren Open

rang	naam		vereniging			tijd	RT	FINA	para		
34.	Yuan Ame Swart		De Otters Het Gooi		200604754	5:33.99	+0,87	466			
	50m:	35.18	150m:	2:00.59	43.40	250m:	3:29.52	46.67	350m:	4:56.62	39.46
	100m:	1:17.19	200m:	2:42.85	42.26	300m:	4:17.16	47.64	400m:	5:33.99	37.37
NG	Britte Lodder		ZZ&PC De Devel		200702290						
NG	Alinda Dingshoff		De Dolfijn		200000928						
NG	Kim Zwinkels		ZPCH		200300422						
NG	Carlijn Gruppen		ZPC Hoogeveen		200700046						
NG	Megan Jonkman		Blue Marlins		200600508						
NG	Ilona Venema		ZPC AMERSFOORT		200200050						

B = Bonus inschrijving