

Programmanr. 11
10-12-2022 - 9:22

Meisjes, 400m wisselslag

Junioren 1 en 2
Resultaten

Punten: FINA 2022

rang	naam	vereniging						tijd	RT	FINA para
1.	Malin Roozeboom <i>Nederlands Record 11 jaar</i>	WVZ	201100006					5:31.60	+0,70	476
	50m: 35.94	35.94	150m: 2:01.42	41.85	250m: 3:30.91	48.26	350m: 4:56.48	37.28		
	100m: 1:19.57	43.63	200m: 2:42.65	41.23	300m: 4:19.20	48.29	400m: 5:31.60	35.12		
2.	Marre van der Wal	SG. Bolsward-Workum	201000046					5:33.84	+0,73	466
	50m: 37.41	37.41	150m: 2:04.26	42.38	250m: 3:32.25	45.53	350m: 4:57.08	38.32		
	100m: 1:21.88	44.47	200m: 2:46.72	42.46	300m: 4:18.76	46.51	400m: 5:33.84	36.76		
3.	Erin de Jong	GZC DONK	201000024					5:41.78	+0,93	434
	50m: 36.29	36.29	150m: 2:03.82	43.49	250m: 3:36.57	49.86	350m: 5:05.49	38.64		
	100m: 1:20.33	44.04	200m: 2:46.71	42.89	300m: 4:26.85	50.28	400m: 5:41.78	36.29		
4.	Fenna Zusterzeel	ZPC De Rog Weert	201000008					5:42.77	+0,74	431
	50m: 36.58	36.58	150m: 2:03.55	41.07	250m: 3:32.32	47.47	350m: 5:01.94	41.23		
	100m: 1:22.48	45.90	200m: 2:44.85	41.30	300m: 4:20.71	48.39	400m: 5:42.77	40.83		
5.	Paula Spans	ZV 44	201000064					5:45.08	+0,74	422
	50m: 36.00	36.00	150m: 2:03.55	44.12	250m: 3:35.21	48.91	350m: 5:06.30	41.51		
	100m: 1:19.43	43.43	200m: 2:46.30	42.75	300m: 4:24.79	49.58	400m: 5:45.08	38.78		
6.	Mariia Kostina	Blue Marlins	201002042					5:47.74	+0,79	412
	50m: 35.85	35.85	150m: 2:03.77	43.55	250m: 3:39.30	53.79	350m: 5:11.60	38.78		
	100m: 1:20.22	44.37	200m: 2:45.51	41.74	300m: 4:32.82	53.52	400m: 5:47.74	36.14		
7.	Anouk Steller	WVZ	201000004					5:48.40	+0,90	410
	50m: 35.97	35.97	150m: 2:00.29	41.76	250m: 3:35.95	53.73	350m: 5:09.27	40.03		
	100m: 1:18.53	42.56	200m: 2:42.22	41.93	300m: 4:29.24	53.29	400m: 5:48.40	39.13		
8.	Elin Baars	DWK	201000138					5:49.17	+0,81	407
	50m: 37.47	37.47	150m: 2:08.13	45.69	250m: 3:40.46	49.20	350m: 5:10.44	40.30		
	100m: 1:22.44	44.97	200m: 2:51.26	43.13	300m: 4:30.14	49.68	400m: 5:49.17	38.73		
9.	Julia D browska	Blue Marlins	201000300					5:51.13	+0,76	401
	50m: 37.53	37.53	150m: 2:06.07	43.49	250m: 3:39.93	50.04	350m: 5:12.02	40.56		
	100m: 1:22.58	45.05	200m: 2:49.89	43.82	300m: 4:31.46	51.53	400m: 5:51.13	39.11		
10.	Jayna Wagemakers	AquaDream	201000226					5:53.55	+0,88	392
	50m: 38.88	38.88	150m: 2:12.15	43.85	250m: 3:42.89	46.42	350m: 5:14.07	43.03		
	100m: 1:28.30	49.42	200m: 2:56.47	44.32	300m: 4:31.04	48.15	400m: 5:53.55	39.48		
11.	Yill van Bezouw	Hieronymus	201100704					5:54.40	+0,71	390
	50m: 35.56	35.56	150m: 2:04.25	46.22	250m: 3:39.41	50.46	350m: 5:13.40	42.08		
	100m: 1:18.03	42.47	200m: 2:48.95	44.70	300m: 4:31.32	51.91	400m: 5:54.40	41.00		
12.	Anne Engbersen	De Fuut	201000044					5:56.91	+0,79	381
	50m: 37.29	37.29	150m: 2:11.78	46.95	250m: 3:45.81	50.77	350m: 5:18.93	42.48		
	100m: 1:24.83	47.54	200m: 2:55.04	43.26	300m: 4:36.45	50.64	400m: 5:56.91	37.98		
13.	Noa van Zalk	ZPC AMERSFOORT	201102534					5:57.37	+0,70	380
	50m: 37.37	37.37	150m: 2:11.58	45.88	250m: 3:47.82	51.80	350m: 5:19.25	39.61		
	100m: 1:25.70	48.33	200m: 2:56.02	44.44	300m: 4:39.64	51.82	400m: 5:57.37	38.12		
14.	Romée Smit	MSV-Zeemacht	201100438					5:57.69	+0,87	379
	50m: 39.65	39.65	150m: 2:11.69	43.55	250m: 3:45.39	51.61	350m: 5:19.06	42.31		
	100m: 1:28.14	48.49	200m: 2:53.78	42.09	300m: 4:36.75	51.36	400m: 5:57.69	38.63		
15.	Odenza Soselisa	Blue Marlins	201101780					5:57.98	+0,73	378
	50m: 37.37	37.37	150m: 2:05.29	44.45	250m: 3:43.44	53.64	350m: 5:18.62	41.06		
	100m: 1:20.84	43.47	200m: 2:49.80	44.51	300m: 4:37.56	54.12	400m: 5:57.98	39.36		
16.	Frédérique Nijziel	PSV	201103114					5:58.26	+0,57	377
	50m: 38.10	38.10	150m: 2:05.87	44.00	250m: 3:44.66	55.48	350m: 5:20.90	41.34		
	100m: 1:21.87	43.77	200m: 2:49.18	43.31	300m: 4:39.56	54.90	400m: 5:58.26	37.36		
17.	Milou Filemon	ZZ&PC De Devel	201100078					5:58.47	+0,63	376
	50m: 38.09	38.09	150m: 2:08.61	44.98	250m: 3:45.47	52.30	350m: 5:19.47	41.03		
	100m: 1:23.63	45.54	200m: 2:53.17	44.56	300m: 4:38.44	52.97	400m: 5:58.47	39.00		
18.	Nina Tetteroo	De Columbiaan	201000048					5:59.08	+0,79	374
	50m: 39.46	39.46	150m: 2:12.63	45.32	250m: 3:47.36	50.08	350m: 5:19.85	41.21		
	100m: 1:27.31	47.85	200m: 2:57.28	44.65	300m: 4:38.64	51.28	400m: 5:59.08	39.23		

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rang	naam	vereniging	tijd	RT	FINA para	
19.	Eva Ehlert	GZC DONK	201002026	5:59.35	+0,79 374	
	50m: 39.22	39.22	150m: 2:12.45	46.67	250m: 3:48.82	48.57
	100m: 1:25.78	46.56	200m: 3:00.25	47.80	300m: 4:38.00	49.18
					350m: 5:20.16	52.16
					400m: 5:59.35	59.19
20.	Manou Longayroux	ZZ&PC De Devel	201000580	5:59.40	+0,80 373	
	50m: 36.53	36.53	150m: 2:09.30	46.50	250m: 3:45.93	51.13
	100m: 1:22.80	46.27	200m: 2:54.80	45.50	300m: 4:37.79	51.86
					350m: 5:20.23	52.44
					400m: 5:59.40	59.17
21.	Sterre de Veen	Hellas-Glana	201100086	6:00.45	+0,70 370	
	50m: 39.23	39.23	150m: 2:13.18	46.29	250m: 3:47.59	49.85
	100m: 1:26.89	47.66	200m: 2:57.74	44.56	300m: 4:37.99	50.40
					350m: 5:21.39	52.39
					400m: 6:00.45	60.06
22.	Tess van de Steeg	WVZ	201000016	6:01.96	+0,80 366	
	50m: 37.78	37.78	150m: 2:13.34	47.23	250m: 3:46.50	47.46
	100m: 1:26.11	48.33	200m: 2:59.04	45.70	300m: 4:36.68	50.18
					350m: 5:21.32	52.32
					400m: 6:01.96	60.64
23.	Tessa van Beek	DWK	201001446	6:03.33	+0,81 361	
	50m: 39.10	39.10	150m: 2:12.20	46.46	250m: 3:48.23	52.39
	100m: 1:25.74	46.64	200m: 2:55.84	43.64	300m: 4:42.88	54.65
					350m: 5:25.57	56.69
					400m: 6:03.33	63.76
24.	Alaine Lomans	ESZET	201000420	6:03.54	+0,73 361	
	50m: 38.65	38.65	150m: 2:10.44	44.29	250m: 3:47.60	53.04
	100m: 1:26.15	47.50	200m: 2:54.56	44.12	300m: 4:40.81	53.21
					350m: 5:22.55	55.74
					400m: 6:03.54	63.99
25.	Evelien Goorhuis	Hieronymus	201000194	6:04.65	+0,93 358	
	50m: 35.42	35.42	150m: 2:04.34	45.42	250m: 3:43.07	53.36
	100m: 1:18.92	43.50	200m: 2:49.71	45.37	300m: 4:38.03	54.96
					350m: 5:22.06	54.03
					400m: 6:04.65	62.59
26.	Wieke Dekker	De Dolfijn	201002020	6:06.44	+0,79 352	
	50m: 39.78	39.78	150m: 2:17.28	47.90	250m: 3:52.39	49.47
	100m: 1:29.38	49.60	200m: 3:02.92	45.64	300m: 4:43.03	50.64
					350m: 5:25.48	52.45
					400m: 6:06.44	60.96
27.	Reina Böhm <i>150m backup</i>	Blue Marlines	201000042	6:06.84	+0,67 351	
	50m: 40.67	40.67	150m: 2:18.73	47.00	250m: 3:54.43	51.01
	100m: 1:31.73	51.06	200m: 3:03.42	44.69	300m: 4:45.36	50.93
					350m: 5:27.67	54.31
					400m: 6:06.84	63.17
28.	Annelie Batenburg	PSV	201001962	6:07.33	+0,62 350	
	50m: 36.87	36.87	150m: 2:13.67	49.28	250m: 3:50.10	48.62
	100m: 1:24.39	47.52	200m: 3:01.48	47.81	300m: 4:40.85	50.75
					350m: 5:25.17	52.16
					400m: 6:07.33	62.16
29.	Tessa de Jong	GZC DONK	201000026	6:10.05	+0,78 342	
	50m: 40.32	40.32	150m: 2:19.16	46.33	250m: 3:55.94	50.87
	100m: 1:32.83	52.51	200m: 3:05.07	45.91	300m: 4:48.76	52.82
					350m: 5:30.26	54.50
					400m: 6:10.05	63.79
30.	Senna Boogmans	De Duinkickers	201000640	6:12.81	+0,83 335	
	50m: 36.80	36.80	150m: 2:08.79	45.10	250m: 3:51.48	57.13
	100m: 1:23.69	46.89	200m: 2:54.35	45.56	300m: 4:49.85	58.37
					350m: 5:33.19	59.34
					400m: 6:12.81	63.62
31.	Noortje Bisperink	ZPC AMERSFOORT	201100486	6:12.93	+0,80 334	
	50m: 42.84	42.84	150m: 2:19.51	45.91	250m: 3:59.64	56.26
	100m: 1:33.60	50.76	200m: 3:03.38	43.87	300m: 4:56.06	56.42
					350m: 5:35.87	59.81
					400m: 6:12.93	63.06
32.	Eva de Man	Aqua-Novio'94	201000294	6:13.31	+0,94 333	
	50m: 41.85	41.85	150m: 2:18.07	44.73	250m: 3:57.40	53.78
	100m: 1:33.34	51.49	200m: 3:03.62	45.55	300m: 4:52.22	54.82
					350m: 5:35.18	56.96
					400m: 6:13.31	63.13
33.	Dewi Meijer	De Dolfijn	201000302	6:13.74	+0,83 332	
	50m: 40.38	40.38	150m: 2:17.14	46.54	250m: 3:56.14	53.27
	100m: 1:30.60	50.22	200m: 3:02.87	45.73	300m: 4:50.15	54.01
					350m: 5:33.65	56.50
					400m: 6:13.74	64.09
34.	Maryse Kuijper	DWK	201000692	6:14.42	+0,89 330	
	50m: 40.66	40.66	150m: 2:16.19	45.97	250m: 3:52.17	52.14
	100m: 1:30.22	49.56	200m: 3:00.03	43.84	300m: 4:47.89	55.72
					350m: 5:32.01	56.12
					400m: 6:14.42	64.41
35.	Ilse Stout	ACZ	201001704	6:14.70	+0,74 330	
	50m: 39.90	39.90	150m: 2:17.97	47.23	250m: 3:57.50	53.95
	100m: 1:30.74	50.84	200m: 3:03.55	45.58	300m: 4:52.20	54.70
					350m: 5:34.38	57.18
					400m: 6:14.70	64.32
36.	Ilse Jongepier	THOR	201000006	6:14.96	329	
	50m: 40.90	40.90	150m: 2:21.40	47.31	250m: 3:59.37	51.79
	100m: 1:34.09	53.19	200m: 3:07.58	46.18	300m: 4:53.72	54.35
					350m: 5:35.74	57.02
					400m: 6:14.96	64.22
37.	Famke Franzen	De Schotejil	201000058	6:16.35	+0,91 325	
	50m: 39.55	39.55	150m: 2:18.95	48.32	250m: 3:59.89	54.86
	100m: 1:30.63	51.08	200m: 3:05.03	46.08	300m: 4:54.77	54.88
					350m: 5:36.67	59.19
					400m: 6:16.35	66.08

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rang	naam		vereniging					tijd	RT	FINA para
38.	Carla Moreno Palacios		De Dolfijn			201002302		6:16.72	+0,92	324
	50m: 41.15	41.15	150m: 2:19.62	45.68	250m: 4:00.21	54.59	350m: 5:37.42	44.79		
	100m: 1:33.94	52.79	200m: 3:05.62	46.00	300m: 4:52.63	52.42	400m: 6:16.72	39.30		
39.	Ashley Mercera		SG SCOM/de Zeehond'73			201000178		6:17.13	+0,80	323
	50m: 43.52	43.52	150m: 2:24.01	47.87	250m: 4:03.16	51.48	350m: 5:37.59	42.15		
	100m: 1:36.14	52.62	200m: 3:11.68	47.67	300m: 4:55.44	52.28	400m: 6:17.13	39.54		
40.	Elin Reinstra		TriVia			201100842		6:17.39	+0,86	323
	50m: 40.99	40.99	150m: 2:21.00	48.89	250m: 4:01.55	55.07	350m: 5:38.81	42.49		
	100m: 1:32.11	51.12	200m: 3:06.48	45.48	300m: 4:56.32	54.77	400m: 6:17.39	38.58		
41.	Elke Kriesels		Hieronymus			201100898		6:22.67	+0,81	309
	50m: 40.80	40.80	150m: 2:19.13	47.24	250m: 4:02.94	54.72	350m: 5:41.43	42.32		
	100m: 1:31.89	51.09	200m: 3:08.22	49.09	300m: 4:59.11	56.17	400m: 6:22.67	41.24		
42.	Chloé in 't Veen		WVZ			201100010		6:23.27	+0,69	308
	50m: 38.76	38.76	150m: 2:16.07	49.85	250m: 4:02.90	55.70	350m: 5:45.63	45.52		
	100m: 1:26.22	47.46	200m: 3:07.20	51.13	300m: 5:00.11	57.21	400m: 6:23.27	37.64		
43.	Mattea Gliese-Sloojier		De Dinkel			201100008		6:23.53	+0,77	307
	50m: 42.40	42.40	150m: 2:25.64	48.00	250m: 4:06.15	54.00	350m: 5:43.71	43.12		
	100m: 1:37.64	55.24	200m: 3:12.15	46.51	300m: 5:00.59	54.44	400m: 6:23.53	39.82		
44.	Lynn ten Berge		De Dinkel			201000884		6:24.08	+0,84	306
	50m: 39.67	39.67	150m: 2:20.69	49.63	250m: 4:03.48	55.09	350m: 5:42.49	43.13		
	100m: 1:31.06	51.39	200m: 3:08.39	47.70	300m: 4:59.36	55.88	400m: 6:24.08	41.59		
45.	Esmee de Raadt		ZPB H&L Productions			201002328		6:24.63	+0,67	305
	50m: 39.91	39.91	150m: 2:20.43	50.42	250m: 4:02.78	53.78	350m: 5:42.87	46.67		
	100m: 1:30.01	50.10	200m: 3:09.00	48.57	300m: 4:56.20	53.42	400m: 6:24.63	41.76		
46.	Kim Bouman		ZPC AMERSFOORT			201000262		6:37.93	+0,90	275
	50m: 38.01	38.01	150m: 2:21.00	54.17	250m: 4:09.58	1:00.33	350m: 5:54.22	45.79		
	100m: 1:26.83	48.82	200m: 3:09.25	48.25	300m: 5:08.43	58.85	400m: 6:37.93	43.71		
DIS	Nina van der Schrier		AZC			201000444				
	<i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i>									
DIS	Linou van Kampen		ZPCH			201000594			+0,82	
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>									
DIS	Tess Meeuwissen		De Columbiaan			201000370				
	<i>SS - Met handen over elkaar keer- of eindpunt aangetikt.</i>									
DIS	Femke ter Horst		ZPC Hoogeveen			201000108				
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>									