

**Programmanr. 33**  
**19-4-2026 - 19:21**
**Heren, 1500m vrije slag**
**Senior Open**  
**Resultaten**

Punten: AQUA 2025

rang	naam	vereniging	tijd		RT	FINA	PARA	
1.	Simon Reinke	SG Essen	<b>351720</b>		<b>15:27.65</b>	<b>+0,61</b>	<b>826</b>	
	50m: 27.44	27.44	450m: 4:35.70	31.08	850m: 8:44.66	31.27	1250m: 12:55.23	31.29
	100m: 57.97	30.53	500m: 5:06.85	31.15	900m: 9:15.86	31.20	1300m: 13:26.48	31.25
	150m: 1:29.04	31.07	550m: 5:37.93	31.08	950m: 9:47.12	31.26	1350m: 13:57.45	30.97
	200m: 1:59.83	30.79	600m: 6:08.93	31.00	1000m: 10:18.69	31.57	1400m: 14:28.27	30.82
	250m: 2:31.06	31.23	650m: 6:40.04	31.11	1050m: 10:50.05	31.36	1450m: 14:58.76	30.49
	300m: 3:02.28	31.22	700m: 7:11.11	31.07	1100m: 11:21.10	31.05	1500m: 15:27.65	28.89
	350m: 3:33.45	31.17	750m: 7:42.16	31.05	1150m: 11:52.35	31.25		
	400m: 4:04.62	31.17	800m: 8:13.39	31.23	1200m: 12:23.94	31.59		
2.	Martijn Nies	PSV	<b>20902095</b>		<b>15:42.06</b>	<b>+0,79</b>	<b>789</b>	
	50m: 28.28	28.28	450m: 4:36.71	31.15	850m: 8:49.39	31.70	1250m: 13:05.01	32.13
	100m: 59.07	30.79	500m: 5:08.22	31.51	900m: 9:21.55	32.16	1300m: 13:37.28	32.27
	150m: 1:29.94	30.87	550m: 5:39.51	31.29	950m: 9:53.28	31.73	1350m: 14:09.41	32.13
	200m: 2:01.10	31.16	600m: 6:11.15	31.64	1000m: 10:25.22	31.94	1400m: 14:41.36	31.95
	250m: 2:31.99	30.89	650m: 6:42.61	31.46	1050m: 10:56.79	31.57	1450m: 15:12.67	31.31
	300m: 3:03.17	31.18	700m: 7:14.31	31.70	1100m: 11:28.75	31.96	1500m: 15:42.06	29.39
	350m: 3:34.55	31.38	750m: 7:45.89	31.58	1150m: 12:00.79	32.04		
	400m: 4:05.56	31.01	800m: 8:17.69	31.80	1200m: 12:32.88	32.09		
3.	Tieme Wiersma	DZ&PC	<b>200701031</b>		<b>16:01.91</b>	<b>+0,70</b>	<b>741</b>	
	50m: 28.93	28.93	450m: 4:44.74	32.18	850m: 9:02.05	32.18	1250m: 13:21.11	32.55
	100m: 1:00.25	31.32	500m: 5:16.98	32.24	900m: 9:34.13	32.08	1300m: 13:53.80	32.69
	150m: 1:31.85	31.60	550m: 5:49.17	32.19	950m: 10:06.41	32.28	1350m: 14:26.71	32.91
	200m: 2:03.79	31.94	600m: 6:21.37	32.20	1000m: 10:38.63	32.22	1400m: 14:59.41	32.70
	250m: 2:35.84	32.05	650m: 6:53.50	32.13	1050m: 11:11.05	32.42	1450m: 15:31.74	32.33
	300m: 3:08.03	32.19	700m: 7:25.64	32.14	1100m: 11:43.52	32.47	1500m: 16:01.91	30.17
	350m: 3:40.20	32.17	750m: 7:57.73	32.09	1150m: 12:15.90	32.38		
	400m: 4:12.56	32.36	800m: 8:29.87	32.14	1200m: 12:48.56	32.66		
4.	Diede Veld	HZ&PC Heerenveen	<b>200800011</b>		<b>16:21.19</b>	<b>+0,72</b>	<b>698</b>	
	50m: 28.41	28.41	450m: 4:41.97	32.08	850m: 9:03.94	33.24	1250m: 13:33.40	33.93
	100m: 59.78	31.37	500m: 5:14.20	32.23	900m: 9:37.39	33.45	1300m: 14:07.41	34.01
	150m: 1:31.23	31.45	550m: 5:46.30	32.10	950m: 10:10.69	33.30	1350m: 14:41.53	34.12
	200m: 2:02.71	31.48	600m: 6:19.11	32.81	1000m: 10:44.62	33.93	1400m: 15:15.18	33.65
	250m: 2:34.20	31.49	650m: 6:51.68	32.57	1050m: 11:18.38	33.76	1450m: 15:48.53	33.35
	300m: 3:05.95	31.75	700m: 7:24.73	33.05	1100m: 11:52.35	33.97	1500m: 16:21.19	32.66
	350m: 3:37.78	31.83	750m: 7:57.64	32.91	1150m: 12:25.73	33.38		
	400m: 4:09.89	32.11	800m: 8:30.70	33.06	1200m: 12:59.47	33.74		
5.	Jelte de Jong	ZPCH	<b>200900975</b>		<b>16:34.50</b>	<b>+0,75</b>	<b>671</b>	
	50m: 29.77	29.77	450m: 4:55.94	33.47	850m: 9:23.69	33.38	1250m: 13:51.30	33.60
	100m: 1:02.18	32.41	500m: 5:29.63	33.69	900m: 9:57.20	33.51	1300m: 14:24.57	33.27
	150m: 1:35.22	33.04	550m: 6:03.06	33.43	950m: 10:30.74	33.54	1350m: 14:57.54	32.97
	200m: 2:08.69	33.47	600m: 6:36.54	33.48	1000m: 11:04.30	33.56	1400m: 15:30.52	32.98
	250m: 2:41.95	33.26	650m: 7:09.96	33.42	1050m: 11:37.76	33.46	1450m: 16:03.25	32.73
	300m: 3:15.32	33.37	700m: 7:43.50	33.54	1100m: 12:11.09	33.33	1500m: 16:34.50	31.25
	350m: 3:48.87	33.55	750m: 8:16.91	33.41	1150m: 12:44.43	33.34		
	400m: 4:22.47	33.60	800m: 8:50.31	33.40	1200m: 13:17.70	33.27		
6.	Mattias Stolk	HZ&PC Heerenveen	<b>201000525</b>		<b>16:43.44</b>	<b>+0,71</b>	<b>653</b>	
	50m: 29.19	29.19	450m: 4:54.73	33.49	850m: 9:24.07	33.32	1250m: 13:53.50	33.76
	100m: 1:01.48	32.29	500m: 5:28.25	33.52	900m: 9:58.05	33.98	1300m: 14:27.97	34.47
	150m: 1:34.01	32.53	550m: 6:01.96	33.71	950m: 10:31.31	33.26	1350m: 15:01.72	33.75
	200m: 2:07.02	33.01	600m: 6:35.45	33.49	1000m: 11:05.07	33.76	1400m: 15:36.02	34.30
	250m: 2:40.10	33.08	650m: 7:08.86	33.41	1050m: 11:38.43	33.36	1450m: 16:09.48	33.46
	300m: 3:13.86	33.76	700m: 7:42.51	33.65	1100m: 12:12.37	33.94	1500m: 16:43.44	33.96
	350m: 3:47.25	33.39	750m: 8:16.35	33.84	1150m: 12:45.57	33.20		
	400m: 4:21.24	33.99	800m: 8:50.75	34.40	1200m: 13:19.74	34.17		
7.	Jasper Thijert	WS Twente	<b>200700321</b>		<b>17:07.45</b>	<b>+0,74</b>	<b>608</b>	
	50m: 30.09	30.09	450m: 5:02.77	34.84	850m: 9:41.22	34.94	1250m: 14:19.04	34.81
	100m: 1:03.07	32.98	500m: 5:37.68	34.91	900m: 10:16.73	35.51	1300m: 14:53.47	34.43
	150m: 1:36.97	33.90	550m: 6:12.44	34.76	950m: 10:51.29	34.56	1350m: 15:27.75	34.28
	200m: 2:10.80	33.83	600m: 6:47.45	35.01	1000m: 11:25.88	34.59	1400m: 16:01.92	34.17
	250m: 2:44.92	34.12	650m: 7:21.96	34.51	1050m: 12:00.78	34.90	1450m: 16:35.85	33.93
	300m: 3:19.07	34.15	700m: 7:56.73	34.77	1100m: 12:35.37	34.59	1500m: 17:07.45	31.60
	350m: 3:53.57	34.50	750m: 8:31.47	34.74	1150m: 13:10.16	34.79		
	400m: 4:27.93	34.36	800m: 9:06.28	34.81	1200m: 13:44.23	34.07		
8.	Ramon Vos	ZPC Hoogeveen	<b>201100051</b>		<b>17:20.48</b>	<b>+0,74</b>	<b>585</b>	
	50m: 29.55	29.55	450m: 5:06.39	34.99	850m: 9:45.72	35.03	1250m: 14:26.22	35.25
	100m: 1:02.95	33.40	500m: 5:41.55	35.16	900m: 10:20.68	34.96	1300m: 15:01.05	34.83
	150m: 1:36.98	34.03	550m: 6:16.49	34.94	950m: 10:55.52	34.84	1350m: 15:36.15	35.10
	200m: 2:11.51	34.53	600m: 6:51.45	34.96	1000m: 11:30.53	35.01	1400m: 16:11.07	34.92
	250m: 2:46.23	34.72	650m: 7:26.25	34.80	1050m: 12:05.89	35.36	1450m: 16:46.06	34.99
	300m: 3:21.16	34.93	700m: 8:00.92	34.67	1100m: 12:40.70	34.81	1500m: 17:20.48	34.42
	350m: 3:56.36	35.20	750m: 8:35.75	34.83	1150m: 13:15.86	35.16		
	400m: 4:31.40	35.04	800m: 9:10.69	34.94	1200m: 13:50.97	35.11		

## Programmanr. 33, Heren, 1500m vrije slag, Senior Open

rang	naam	vereniging	tijd	RT	FINA	PARA		
9.	Joey Pop	ZVVS	200800277	<b>17:49.56</b>	<b>+0,75</b>	<b>539</b>		
	50m: 29.54	29.54	450m: 5:11.21	35.71	850m: 10:00.74	36.56	1250m: 14:50.93	36.06
	100m: 1:02.85	33.31	500m: 5:47.09	35.88	900m: 10:36.94	36.20	1300m: 15:27.22	36.29
	150m: 1:37.46	34.61	550m: 6:23.38	36.29	950m: 11:13.74	36.80	1350m: 16:02.86	35.64
	200m: 2:12.22	34.76	600m: 6:59.76	36.38	1000m: 11:50.15	36.41	1400m: 16:39.17	36.31
	250m: 2:47.79	35.57	650m: 7:35.86	36.10	1050m: 12:26.31	36.16	1450m: 17:15.27	36.10
	300m: 3:23.50	35.71	700m: 8:11.94	36.08	1100m: 13:02.86	36.55	1500m: 17:49.56	34.29
	350m: 3:59.28	35.78	750m: 8:48.05	36.11	1150m: 13:38.55	35.69		
	400m: 4:35.50	36.22	800m: 9:24.18	36.13	1200m: 14:14.87	36.32		
NG	Bram Loots	Team NL - Team Noord Hollanc	200700197					