

Programmanr. 24
18-4-2026 - 20:39

Dames, 400m wisselslag

 Senior Open
Resultaten Finale

Punten: AQUA 2025

rang	naam		vereniging						tijd	RT	FINA	PARA
1.	Laura Sophie Kohlmann		SG Essen			378732			4:49.62	+0,71	760	
	50m:	30.61	30.61	150m:	1:44.44	38.14	250m:	3:02.50	40.95	350m:	4:18.01	33.19
	100m:	1:06.30	35.69	200m:	2:21.55	37.11	300m:	3:44.82	42.32	400m:	4:49.62	31.61
2.	Rhodee van den Ham		De Duinkickers			200700090			4:58.92	+0,72	691	
	50m:	31.32	31.32	150m:	1:45.88	39.04	250m:	3:06.72	42.07	350m:	4:24.46	35.24
	100m:	1:06.84	35.52	200m:	2:24.65	38.77	300m:	3:49.22	42.50	400m:	4:58.92	34.46
3.	Dachen Haaijer		ZPC Hoogeveen			200800380			5:01.01	+0,74	677	
	50m:	32.65	32.65	150m:	1:49.92	38.71	250m:	3:10.56	42.77	350m:	4:28.58	34.85
	100m:	1:11.21	38.56	200m:	2:27.79	37.87	300m:	3:53.73	43.17	400m:	5:01.01	32.43
4.	Fay Boxum		DZ&PC			200900060			5:02.68	+0,79	666	
	50m:	31.33	31.33	150m:	1:46.36	38.42	250m:	3:08.02	43.59	350m:	4:28.29	35.51
	100m:	1:07.94	36.61	200m:	2:24.43	38.07	300m:	3:52.78	44.76	400m:	5:02.68	34.39
5.	Mara Bosman		De Dolfijn			200303048			5:26.76	+0,58	529	
	50m:	34.06	34.06	150m:	1:55.12	41.27	250m:	3:25.27	48.55	350m:	4:50.78	36.61
	100m:	1:13.85	39.79	200m:	2:36.72	41.60	300m:	4:14.17	48.90	400m:	5:26.76	35.98