

Programmanr. 24
18-4-2026 - 11:55

Dames, 400m wisselslag

 Senior Open
Resultaten Voorronde

Punten: AQUA 2025

rang	naam		vereniging			tijd	RT	FINA	PARA
junior									
1.	Laura Sophie Kohlmann		SG Essen		378732	4:52.26	+0,73	Q	740
	50m: 31.48	31.48	150m: 1:43.96	37.79	250m: 3:02.71	40.84	350m: 4:19.26		34.14
	100m: 1:06.17	34.69	200m: 2:21.87	37.91	300m: 3:45.12	42.41	400m: 4:52.26		33.00
2.	Dachen Haaijer		ZPC Hoogeveen		200800380	5:04.49	+0,76	Q	654
	50m: 32.10	32.10	150m: 1:50.36	40.07	250m: 3:11.05	43.23	350m: 4:29.81		35.30
	100m: 1:10.29	38.19	200m: 2:27.82	37.46	300m: 3:54.51	43.46	400m: 5:04.49		34.68
3.	Fay Boxum		DZ&PC		200900060	5:09.25	+0,80	Q	624
	50m: 32.15	32.15	150m: 1:49.33	39.62	250m: 3:12.24	43.93	350m: 4:33.70		36.11
	100m: 1:09.71	37.56	200m: 2:28.31	38.98	300m: 3:57.59	45.35	400m: 5:09.25		35.55

Senior Open

1.	Laura Sophie Kohlmann		SG Essen		378732	4:52.26	+0,73	Q	740
	50m: 31.48	31.48	150m: 1:43.96	37.79	250m: 3:02.71	40.84	350m: 4:19.26		34.14
	100m: 1:06.17	34.69	200m: 2:21.87	37.91	300m: 3:45.12	42.41	400m: 4:52.26		33.00
2.	Dachen Haaijer		ZPC Hoogeveen		200800380	5:04.49	+0,76	Q	654
	50m: 32.10	32.10	150m: 1:50.36	40.07	250m: 3:11.05	43.23	350m: 4:29.81		35.30
	100m: 1:10.29	38.19	200m: 2:27.82	37.46	300m: 3:54.51	43.46	400m: 5:04.49		34.68
3.	Fay Boxum		DZ&PC		200900060	5:09.25	+0,80	Q	624
	50m: 32.15	32.15	150m: 1:49.33	39.62	250m: 3:12.24	43.93	350m: 4:33.70		36.11
	100m: 1:09.71	37.56	200m: 2:28.31	38.98	300m: 3:57.59	45.35	400m: 5:09.25		35.55
4.	Rhodee van den Ham		De Duinkickers		200700090	5:09.70	+0,73	Q	622
	50m: 32.28	32.28	150m: 1:49.52	39.15	250m: 3:13.70	44.18	350m: 4:34.39		36.14
	100m: 1:10.37	38.09	200m: 2:29.52	40.00	300m: 3:58.25	44.55	400m: 5:09.70		35.31
5.	Mara Bosman		De Dolfijn		200303048	5:24.29	+0,59	Q	541
	50m: 32.93	32.93	150m: 1:53.55	41.34	250m: 3:24.19	49.24	350m: 4:48.30		35.82
	100m: 1:12.21	39.28	200m: 2:34.95	41.40	300m: 4:12.48	48.29	400m: 5:24.29		35.99