

Event 14
18-4-2026 - 10:18

Women, 400m Freestyle

 Senior Open
Results Prelim

Points: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	PARA
Paralympic						
1.	Liesette Bruinsma	HZ&PC Heerenveen	200004346 S11	5:11.13	+0,65	Q 432 874
	50m: 33.63	33.63	150m: 1:51.01	39.72	250m: 3:11.45	39.61 350m: 4:31.12 39.98
	100m: 1:11.29	37.66	200m: 2:31.84	40.83	300m: 3:51.14	39.69 400m: 5:11.13 40.01
2.	Celine Vermaut	Belgian Organisation for AdaptKZK/21125/99	S14	5:09.84	+0,86	R 438 696
	50m: 33.29	33.29	150m: 1:50.13	39.17	250m: 3:10.28	40.08 350m: 4:30.67 40.04
	100m: 1:10.96	37.67	200m: 2:30.20	40.07	300m: 3:50.63	40.35 400m: 5:09.84 39.17
3.	Verena Schott	BPRSV e.v.	100171 S6	5:58.77		Q 282 636
	50m: 42.18	42.18	150m: 2:12.47	45.23	250m: 3:43.34	45.34 350m: 5:14.59 44.98
	100m: 1:27.24	45.06	200m: 2:58.00	45.53	300m: 4:29.61	46.27 400m: 5:58.77 44.18
4.	Leonie Mai	SV Motor Babelsberg	101558 S9	5:58.77	+0,75	Q 282 456
	50m: 39.27	39.27	150m: 2:11.45	45.89	250m: 3:43.55	45.50 350m: 5:15.16 45.14
	100m: 1:25.56	46.29	200m: 2:58.05	46.60	300m: 4:30.02	46.47 400m: 5:58.77 43.61
	Nisanur Kocabas	SV Motor Babelsberg	101687 S6	6:41.05 *		Q 202 456
	50m: 46.75	46.75	150m: 2:28.38	51.57	250m: 4:10.31	51.24 350m: 5:51.37 49.84
	100m: 1:36.81	50.06	200m: 3:19.07	50.69	300m: 5:01.53	51.22 400m: 6:41.05 49.68

junior

1.	Jade van der Schrier	AZC	200800692	4:22.06	+0,76	Q 724
	50m: 30.41	30.41	150m: 1:36.66	33.51	250m: 2:43.86	33.41 350m: 3:50.62 33.17
	100m: 1:03.15	32.74	200m: 2:10.45	33.79	300m: 3:17.45	33.59 400m: 4:22.06 31.44
2.	Fenne Metten	ZPC AMERSFOORT	201000102	4:22.62	+0,80	Q 719
	50m: 29.69	29.69	150m: 1:35.84	33.56	250m: 2:42.58	33.29 350m: 3:49.97 33.72
	100m: 1:02.28	32.59	200m: 2:09.29	33.45	300m: 3:16.25	33.67 400m: 4:22.62 32.65
3.	Bregje Dekkers	PSV	200900746	4:26.49	+0,68	Q 689
	50m: 30.99	30.99	150m: 1:37.72	33.73	250m: 2:45.11	33.78 350m: 3:52.90 34.01
	100m: 1:03.99	33.00	200m: 2:11.33	33.61	300m: 3:18.89	33.78 400m: 4:26.49 33.59
4.	Fenna Westerneng	DZ&PC	200900070	4:37.72	+0,75	Q 608
	50m: 31.05	31.05	150m: 1:41.51	35.78	250m: 2:52.65	35.57 350m: 4:03.43 35.31
	100m: 1:05.73	34.68	200m: 2:17.08	35.57	300m: 3:28.12	35.47 400m: 4:37.72 34.29
5.	Anna Lepoutre	PSV	201100534	4:38.25	+0,66	Q 605
	50m: 31.00	31.00	150m: 1:40.93	35.33	250m: 2:51.73	35.47 350m: 4:03.78 35.99
	100m: 1:05.60	34.60	200m: 2:16.26	35.33	300m: 3:27.79	36.06 400m: 4:38.25 34.47

Senior Open

1.	Imani de de Jong	Team NL - PSV	200200464	4:13.88	+0,68	Q 796
	50m: 28.84	28.84	150m: 1:32.94	32.01	250m: 2:37.45	32.34 350m: 3:42.55 32.48
	100m: 1:00.93	32.09	200m: 2:05.11	32.17	300m: 3:10.07	32.62 400m: 4:13.88 31.33
2.	Caroline Jousse	Nogent' 94		4:20.17	+0,75	Q 740
	50m: 30.64	30.64	150m: 1:36.16	32.88	250m: 2:41.98	32.67 350m: 3:48.32 33.36
	100m: 1:03.28	32.64	200m: 2:09.31	33.15	300m: 3:14.96	32.98 400m: 4:20.17 31.85
3.	Jade van der Schrier	AZC	200800692	4:22.06	+0,76	Q 724
	50m: 30.41	30.41	150m: 1:36.66	33.51	250m: 2:43.86	33.41 350m: 3:50.62 33.17
	100m: 1:03.15	32.74	200m: 2:10.45	33.79	300m: 3:17.45	33.59 400m: 4:22.06 31.44
4.	Fenne Metten	ZPC AMERSFOORT	201000102	4:22.62	+0,80	Q 719
	50m: 29.69	29.69	150m: 1:35.84	33.56	250m: 2:42.58	33.29 350m: 3:49.97 33.72
	100m: 1:02.28	32.59	200m: 2:09.29	33.45	300m: 3:16.25	33.67 400m: 4:22.62 32.65
5.	Nynke Boerefijn	ZPC AMERSFOORT	200700114	4:24.61	+0,80	Q 703
	50m: 29.89	29.89	150m: 1:37.16	33.77	250m: 2:44.59	33.22 350m: 3:51.76 33.67
	100m: 1:03.39	33.50	200m: 2:11.37	34.21	300m: 3:18.09	33.50 400m: 4:24.61 32.85
6.	Zara Selimovic	SG Essen	363732	4:24.75	+0,66	Q 702
	50m: 30.16	30.16	150m: 1:37.23	33.34	250m: 2:44.05	33.00 350m: 3:51.40 33.65
	100m: 1:03.89	33.73	200m: 2:11.05	33.82	300m: 3:17.75	33.70 400m: 4:24.75 33.35
7.	Angelina Rolman	Team NL - PSV	200701972	4:26.19	+0,70	Q 691
	50m: 30.61	30.61	150m: 1:38.31	33.93	250m: 2:45.88	33.70 350m: 3:53.53 34.32
	100m: 1:04.38	33.77	200m: 2:12.18	33.87	300m: 3:19.21	33.33 400m: 4:26.19 32.66
8.	Bregje Dekkers	PSV	200900746	4:26.49	+0,68	Q 689
	50m: 30.99	30.99	150m: 1:37.72	33.73	250m: 2:45.11	33.78 350m: 3:52.90 34.01
	100m: 1:03.99	33.00	200m: 2:11.33	33.61	300m: 3:18.89	33.78 400m: 4:26.49 33.59

Event 14, Women, 400m Freestyle, Prelim, Senior Open

rang	naam		vereniging				tijd	RT	FINA	PARA	
9.	Fenna Westerneng		DZ&PC		200900070		4:37.72	+0,75	Q	608	
	50m: 31.05	31.05	150m: 1:41.51	35.78	250m: 2:52.65	35.57	350m: 4:03.43	4:03.43		35.31	
	100m: 1:05.73	34.68	200m: 2:17.08	35.57	300m: 3:28.12	36.47	400m: 4:37.72	4:37.72		34.29	
10.	Anna Lepoutre		PSV		201100534		4:38.25	+0,66	Q	605	
	50m: 31.00	31.00	150m: 1:40.93	35.33	250m: 2:51.73	35.47	350m: 4:03.78	4:03.78		35.99	
	100m: 1:05.60	34.60	200m: 2:16.26	35.33	300m: 3:27.79	36.06	400m: 4:38.25	4:38.25		34.47	
11.	Mara Bosman		De Dolfijn		200303048		4:42.89	+0,67	R	576	
	50m: 31.41	31.41	150m: 1:41.22	35.40	250m: 2:53.90	36.42	350m: 4:06.83	4:06.83		36.10	
	100m: 1:05.82	34.41	200m: 2:17.48	36.26	300m: 3:30.73	36.83	400m: 4:42.89	4:42.89		36.06	
12.	Celine Vermaut		Belgian Organisation for Adapt	KZK/21125/99	S14		5:09.84	+0,86	R	438	696
	50m: 33.29	33.29	150m: 1:50.13	39.17	250m: 3:10.28	40.08	350m: 4:30.67	4:30.67		40.04	
	100m: 1:10.96	37.67	200m: 2:30.20	40.07	300m: 3:50.63	40.35	400m: 5:09.84	5:09.84		39.17	
13.	Liesette Bruinsma		HZ&PC Heerenveen		200004346	S11	5:11.13	+0,65	Q	432	874
	50m: 33.63	33.63	150m: 1:51.01	39.72	250m: 3:11.45	39.61	350m: 4:31.12	4:31.12		39.98	
	100m: 1:11.29	37.66	200m: 2:31.84	40.83	300m: 3:51.14	39.69	400m: 5:11.13	5:11.13		40.01	
14.	Leonie Mai		SV Motor Babelsberg		101558	S9	5:58.77	+0,75	Q	282	456
	50m: 39.27	39.27	150m: 2:11.45	45.89	250m: 3:43.55	45.50	350m: 5:15.16	5:15.16		45.14	
	100m: 1:25.56	46.29	200m: 2:58.05	46.60	300m: 4:30.02	46.47	400m: 5:58.77	5:58.77		43.61	
	Verena Schott		BPRSV e.V.		100171	S6	5:58.77		Q	282	636
	50m: 42.18	42.18	150m: 2:12.47	45.23	250m: 3:43.34	45.34	350m: 5:14.59	5:14.59		44.98	
	100m: 1:27.24	45.06	200m: 2:58.00	45.53	300m: 4:29.61	46.27	400m: 5:58.77	5:58.77		44.18	
16.	Nisanur Kocabas		SV Motor Babelsberg		101687	S6	6:41.05 *		Q	202	456
	50m: 46.75	46.75	150m: 2:28.38	51.57	250m: 4:10.31	51.24	350m: 5:51.37	5:51.37		49.84	
	100m: 1:36.81	50.06	200m: 3:19.07	50.69	300m: 5:01.53	51.22	400m: 6:41.05	6:41.05		49.68	