

Event 11
1-12-2023 - 17:00

Women, 400m Medley

 Senior Open
Results Finals

Points: FINA 2023

rang	naam	vereniging	tijd	RT	FINA	PARA	rudolf
Final A							
1.	Emma Carrasco Cadens	Spain Senior Team	1100745	4:42.17	+0,60	841	18,6
	50m: 30.69	30.69 150m: 1:41.49	36.45	250m: 2:56.26	38.09	350m: 4:09.35	33.66
	100m: 1:05.04	34.35 200m: 2:18.17	36.68	300m: 3:35.69	39.43	400m: 4:42.17	32.82
2.	Sarah Dumont	Belgian Swimming Federation		4:48.08	+0,68	790	17,8
	50m: 30.17	30.17 150m: 1:41.61	37.07	250m: 2:59.95	42.41	350m: 4:15.82	32.92
	100m: 1:04.54	34.37 200m: 2:17.54	35.93	300m: 3:42.90	42.95	400m: 4:48.08	32.26
3.	Lisa Nystrand	Simklubben Neptun	AA1206	4:48.68	+0,74	785	17,3
	50m: 30.19	30.19 150m: 1:42.88	37.64	250m: 2:59.79	40.33	350m: 4:15.15	34.05
	100m: 1:05.24	35.05 200m: 2:19.46	36.58	300m: 3:41.10	41.31	400m: 4:48.68	33.53
4.	Alba Vazquez Ruiz	Spain Senior Team	1100243	4:53.78	+0,80	745	15,1
	50m: 31.55	31.55 150m: 1:45.92	39.04	250m: 3:04.72	40.71	350m: 4:20.61	34.83
	100m: 1:06.88	35.33 200m: 2:24.01	38.09	300m: 3:45.78	41.06	400m: 4:53.78	33.17
5.	Leni von Bonin	Deutscher Schwimm-Verband e.V.		4:55.12	+0,78	735	16,2
	50m: 31.89	31.89 150m: 1:46.21	39.27	250m: 3:07.25	42.58	350m: 4:23.82	33.95
	100m: 1:06.94	35.05 200m: 2:24.67	38.46	300m: 3:49.87	42.62	400m: 4:55.12	31.30
6.	Camille Henveaux	Belgian Swimming Federation		4:55.18	+0,67	734	15,8
	50m: 31.55	31.55 150m: 1:46.46	39.60	250m: 3:07.34	42.79	350m: 4:23.86	33.05
	100m: 1:06.86	35.31 200m: 2:24.55	38.09	300m: 3:50.81	43.47	400m: 4:55.18	31.32
7.	Julia Ackermann	Deutscher Schwimm-Verband e.V.		4:56.07	+0,62	728	15,9
	50m: 30.63	30.63 150m: 1:44.96	39.10	250m: 3:06.58	43.69	350m: 4:24.08	33.72
	100m: 1:05.86	35.23 200m: 2:22.89	37.93	300m: 3:50.36	43.78	400m: 4:56.07	31.99
8.	Linda Roth	Deutscher Schwimm-Verband e.V.		4:58.06	+0,57	713	16,3
	50m: 29.46	29.46 150m: 1:44.01	38.95	250m: 3:05.29	43.54	350m: 4:23.69	34.56
	100m: 1:05.06	35.60 200m: 2:21.75	37.74	300m: 3:49.13	43.84	400m: 4:58.06	34.37
Final B							
9.	Noelle Benkler	Deutscher Schwimm-Verband e.V.		4:53.10	+0,67	750	16,6
	50m: 30.56	30.56 150m: 1:44.23	37.84	250m: 3:03.13	41.15	350m: 4:20.13	34.78
	100m: 1:06.39	35.83 200m: 2:21.98	37.75	300m: 3:45.35	42.22	400m: 4:53.10	32.97
10.	Ailsa McDonald	Edinburgh University	788054	4:55.82	+0,76	730	14,7
	50m: 31.27	31.27 150m: 1:45.03	38.64	250m: 3:04.16	40.86	350m: 4:21.44	35.16
	100m: 1:06.39	35.12 200m: 2:23.30	38.27	300m: 3:46.28	42.12	400m: 4:55.82	34.38
11.	Marian Ploeger	Deutscher Schwimm-Verband e.V.		4:57.15	+0,60	720	15,4
	50m: 32.28	32.28 150m: 1:49.57	39.83	250m: 3:09.38	42.60	350m: 4:25.46	33.18
	100m: 1:09.74	37.46 200m: 2:26.78	37.21	300m: 3:52.28	42.90	400m: 4:57.15	31.69
12.	Ambre Franquinet	Belgian Swimming Federation		4:58.97	+0,69	707	13,9
	50m: 30.20	30.20 150m: 1:45.17	39.35	250m: 3:06.01	42.38	350m: 4:24.59	34.84
	100m: 1:05.82	35.62 200m: 2:23.63	38.46	300m: 3:49.75	43.74	400m: 4:58.97	34.38
13.	Merel Schravendijk	Blue Marlins	200503382	5:03.17	+0,76	678	13,7
	50m: 31.96	31.96 150m: 1:50.06	40.97	250m: 3:12.24	42.32	350m: 4:30.68	35.19
	100m: 1:09.09	37.13 200m: 2:29.92	39.86	300m: 3:55.49	43.25	400m: 5:03.17	32.49
14.	Djanilla Brink	De Dolfijn	200600988	5:03.32	+0,79	677	13,9
	50m: 32.27	32.27 150m: 1:50.62	40.98	250m: 3:11.78	40.76	350m: 4:28.86	35.71
	100m: 1:09.64	37.37 200m: 2:31.02	40.40	300m: 3:53.15	41.37	400m: 5:03.32	34.46
15.	Bo Van Speybroeck	ZORO Zwemteam	ZORO/21124/04	5:03.96		672	12,7
	50m: 31.57	31.57 150m: 1:48.94	39.77	250m: 3:11.90	43.99	350m: 4:30.07	34.56
	100m: 1:09.17	37.60 200m: 2:27.91	38.97	300m: 3:55.51	43.61	400m: 5:03.96	33.89
16.	Hedwig Bolt	HZ&PC Heerenveen	200602660	5:07.73	+0,86	648	12,9
	50m: 31.49	31.49 150m: 1:50.34	41.03	250m: 3:13.51	43.74	350m: 4:33.31	35.74
	100m: 1:09.31	37.82 200m: 2:29.77	39.43	300m: 3:57.57	44.06	400m: 5:07.73	34.42