

Programmanr. 101
 13-6-2024 - 17:21

Dames, 400m vrije slag

PARA Open
 Resultaten

Punten: FINA 2024

rang	naam	vereniging	tijd	RT	FINA	para		
1.	Liesette Bruinsma	TeamNL PARA - HZ&PC Heerenve	200004346	S11	5:14.72	+0,68	418	846
	50m: 34.03	34.03	150m: 1:54.58	40.94	250m: 3:16.12	40.30	350m: 4:34.70	39.98
	100m: 1:13.64	39.61	200m: 2:35.82	41.24	300m: 3:54.72	38.60	400m: 5:14.72	40.02
2.	Amber van der Kruk	MSV-Zeemacht	200102730	S14	4:49.14	+0,89	539	845
	50m: 31.46	31.46	150m: 1:44.71	37.61	250m: 2:59.67	37.17	350m: 4:13.36	36.14
	100m: 1:07.10	35.64	200m: 2:22.50	37.79	300m: 3:37.22	37.55	400m: 4:49.14	35.78
3.	Aguila Dolsma	Blue Marlins	200603902	S14	5:37.80	+0,82	338	530
	50m: 36.57	36.57	150m: 2:02.26	43.19	250m: 3:28.84	42.89	350m: 4:56.93	44.11
	100m: 1:19.07	42.50	200m: 2:45.95	43.69	300m: 4:12.82	43.98	400m: 5:37.80	40.87
4.	Gallyon Mulder	Bubble	200804434	S14	6:01.92	+0,76	275	431
	50m: 39.63	39.63	150m: 2:09.56	45.75	250m: 3:43.48	46.90	350m: 5:17.68	47.03
	100m: 1:23.81	44.18	200m: 2:56.58	47.02	300m: 4:30.65	47.17	400m: 6:01.92	44.24
5.	Gwyneth van der Spek	Batavia Swim	201102806	S7	7:27.79		145	293
	50m: 51.88	51.88	150m: 2:47.90	58.70	250m: 4:44.91	58.64	350m: 6:37.56	55.33
	100m: 1:49.20	57.32	200m: 3:46.27	58.37	300m: 5:42.23	57.32	400m: 7:27.79	50.23