

Programmanr. 14  
17-6-2022 - 17:59

Dames, 400m wisselslag

Senioren Open  
Resultaten Finale

Punten: FINA 2022

rang	naam	vereniging						tijd	RT	FINA	para
1.	Lotte Hosper	Racing Club	200201414					<b>4:49.39</b>	+0,77	779	
	50m: 29.85	29.85	150m: 1:39.38	36.32	250m: 2:57.79	43.00	350m: 4:16.44	34.28			
	100m: 1:03.06	33.21	200m: 2:14.79	35.41	300m: 3:42.16	44.37	400m: 4:49.39	32.95			
2.	Alinda Dingshoff	ZPC Hoogeveen	200000928					<b>5:04.10</b>	+0,76	671	
	50m: 30.05	30.05	150m: 1:41.62	37.69	250m: 3:05.09	46.13	350m: 4:29.95	36.63			
	100m: 1:03.93	33.88	200m: 2:18.96	37.34	300m: 3:53.32	48.23	400m: 5:04.10	34.15			
3.	Merel Schravendijk	Blue Marlins (SG)	200503382					<b>5:05.07</b>	+0,72	665	
	50m: 31.64	31.64	150m: 1:50.01	41.12	250m: 3:13.06	43.94	350m: 4:31.83	35.20			
	100m: 1:08.89	37.25	200m: 2:29.12	39.11	300m: 3:56.63	43.57	400m: 5:05.07	33.24			
4.	Megan Jonkman	Blue Marlins (SG)	200600508					<b>5:10.60</b>	+0,81	630	
	50m: 31.64	31.64	150m: 1:49.74	41.31	250m: 3:14.67	44.12	350m: 4:35.78	35.21			
	100m: 1:08.43	36.79	200m: 2:30.55	40.81	300m: 4:00.57	45.90	400m: 5:10.60	34.82			
5.	Djanilla Brink	De Dolfijn	200600988					<b>5:12.29</b>	+0,80	620	
	50m: 33.15	33.15	150m: 1:56.52	43.47	250m: 3:20.16	41.61	350m: 4:38.56	35.96			
	100m: 1:13.05	39.90	200m: 2:38.55	42.03	300m: 4:02.60	42.44	400m: 5:12.29	33.73			
6.	Evy Rozeboom	DAW	200601338					<b>5:12.37</b>	+0,77	620	
	50m: 32.02	32.02	150m: 1:51.87	42.43	250m: 3:16.37	45.03	350m: 4:38.13	35.33			
	100m: 1:09.44	37.42	200m: 2:31.34	39.47	300m: 4:02.80	46.43	400m: 5:12.37	34.24			
7.	Nikita van den Ouden	Nuenen	199900622					<b>5:13.58</b>	+0,66	612	
	50m: 31.20	31.20	150m: 1:50.48	41.77	250m: 3:15.48	45.04	350m: 4:38.03	36.85			
	100m: 1:08.71	37.51	200m: 2:30.44	39.96	300m: 4:01.18	45.70	400m: 5:13.58	35.55			
8.	Ismay Lichtendonk	Dedemsvaart-AC	200400622					<b>5:22.98</b>	+0,76	560	
	50m: 33.46	33.46	150m: 1:55.43	41.46	250m: 3:23.67	48.41	350m: 4:48.40	35.80			
	100m: 1:13.97	40.51	200m: 2:35.26	39.83	300m: 4:12.60	48.93	400m: 5:22.98	34.58			