

Programmanr. 5
 21-06-2024 - 17:22

Jongens, 400m wisselslag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2024

rang	naam		vereniging				tijd	RT	FINA
1.	Yarno van Dam		ACZ		200800115		4:42.36	+0,71	633
	50m: 28.77	28.77	150m: 1:38.73	35.69	250m: 2:55.42	40.93	350m: 4:10.05		33.18
	100m: 1:03.04	34.27	200m: 2:14.49	35.76	300m: 3:36.87	41.45	400m: 4:42.36		32.31
2.	Sven Koorstra		De Vikings		200900189		4:42.76	+0,82	630
	50m: 29.90	29.90	150m: 1:44.05	38.46	250m: 3:00.22	37.97	350m: 4:11.81		33.07
	100m: 1:05.59	35.69	200m: 2:22.25	38.20	300m: 3:38.74	38.52	400m: 4:42.76		30.95
3.	Martijn Nies		PSV		200902095		4:47.88	+0,77	597
	50m: 29.69	29.69	150m: 1:41.89	37.53	250m: 3:00.55	41.82	350m: 4:16.42		32.32
	100m: 1:04.36	34.67	200m: 2:18.73	36.84	300m: 3:44.10	43.55	400m: 4:47.88		31.46
4.	Rijk Leenders		VZC		200800627		4:52.68	+0,69	568
	50m: 29.92	29.92	150m: 1:42.22	37.11	250m: 2:59.77	41.38	350m: 4:18.64		35.78
	100m: 1:05.11	35.19	200m: 2:18.39	36.17	300m: 3:42.86	43.09	400m: 4:52.68		34.04
5.	Giovanni Phillipson		Team Noord Holland (SG)		200801099		4:56.03	+0,75	549
	50m: 28.60	28.60	150m: 1:41.53	37.72	250m: 3:01.35	43.33	350m: 4:21.36		35.92
	100m: 1:03.81	35.21	200m: 2:18.02	36.49	300m: 3:45.44	44.09	400m: 4:56.03		34.67
6.	Diede Veld		HZ&PC Heerenveen		200800011		4:56.08	+0,82	549
	50m: 29.75	29.75	150m: 1:43.68	39.17	250m: 3:04.63	43.01	350m: 4:23.36		34.37
	100m: 1:04.51	34.76	200m: 2:21.62	37.94	300m: 3:48.99	44.36	400m: 4:56.08		32.72
7.	Bas Mostert		VZC		200800629		4:56.77	+0,71	545
	50m: 29.88	29.88	150m: 1:46.38	41.73	250m: 3:11.54	44.83	350m: 4:27.29		30.94
	100m: 1:04.65	34.77	200m: 2:26.71	40.33	300m: 3:56.35	44.81	400m: 4:56.77		29.48
8.	Jelte de Jong		ZPCH		200900975		4:56.81	+0,71	545
	50m: 30.36	30.36	150m: 1:43.67	38.26	250m: 3:04.28	43.01	350m: 4:22.90		34.53
	100m: 1:05.41	35.05	200m: 2:21.27	37.60	300m: 3:48.37	44.09	400m: 4:56.81		33.91
9.	Luca Boorsma		De Dolfijn		200902031		4:57.16	+0,59	543
	50m: 29.39	29.39	150m: 1:44.03	38.11	250m: 3:03.82	41.29	350m: 4:22.14		35.21
	100m: 1:05.92	36.53	200m: 2:22.53	38.50	300m: 3:46.93	43.11	400m: 4:57.16		35.02
10.	Job Sportel		De Dinkel		200800429		5:00.29	+0,65	526
	50m: 29.92	29.92	150m: 1:44.16	38.46	250m: 3:02.25	40.55	350m: 4:23.38		38.66
	100m: 1:05.70	35.78	200m: 2:21.70	37.54	300m: 3:44.72	42.47	400m: 5:00.29		36.91
11.	Tim Boerefijn		WVZ		200802815		5:01.30	+0,70	521
	50m: 31.69	31.69	150m: 1:47.69	39.44	250m: 3:11.54	45.12	350m: 4:29.43		32.50
	100m: 1:08.25	36.56	200m: 2:26.42	38.73	300m: 3:56.93	45.39	400m: 5:01.30		31.87
12.	Xiaoyu Yin		Blue Marlins		200803363		5:01.87	+0,72	518
	50m: 29.91	29.91	150m: 1:43.21	38.87	250m: 3:07.43	45.83	350m: 4:28.51		34.46
	100m: 1:04.34	34.43	200m: 2:21.60	38.39	300m: 3:54.05	46.62	400m: 5:01.87		33.36
13.	Gijs Hartwijk		ZVL-1886		200800573		5:02.71	+0,64	514
	50m: 30.78	30.78	150m: 1:45.81	38.87	250m: 3:09.80	43.93	350m: 4:28.34		33.83
	100m: 1:06.94	36.16	200m: 2:25.87	40.06	300m: 3:54.51	44.71	400m: 5:02.71		34.37
14.	Daniël Wegman		Oceanus		200802843		5:02.99	+0,68	512
	50m: 29.71	29.71	150m: 1:45.07	39.70	250m: 3:08.22	43.72	350m: 4:28.67		35.57
	100m: 1:05.37	35.66	200m: 2:24.50	39.43	300m: 3:53.10	44.88	400m: 5:02.99		34.32
15.	Adriaan Coppelmans		AZC		200903243		5:04.22	+0,70	506
	50m: 31.29	31.29	150m: 1:49.11	39.45	250m: 3:11.66	43.61	350m: 4:31.54		35.68
	100m: 1:09.66	38.37	200m: 2:28.05	38.94	300m: 3:55.86	44.20	400m: 5:04.22		32.68
16.	Sverre van der Zwaan		WVZ		200900737		5:05.16	+0,67	501
	50m: 31.60	31.60	150m: 1:46.21	37.32	250m: 3:08.19	44.45	350m: 4:31.17		35.77
	100m: 1:08.89	37.29	200m: 2:23.74	37.53	300m: 3:55.40	47.21	400m: 5:05.16		33.99
17.	Rens Noordover		Team Noord Holland (SG)		200800237		5:06.06	+0,73	497
	50m: 31.10	31.10	150m: 1:46.75	38.82	250m: 3:09.84	44.05	350m: 4:31.03		36.09
	100m: 1:07.93	36.83	200m: 2:25.79	39.04	300m: 3:54.94	45.10	400m: 5:06.06		35.03
18.	Liam Tjin Wong Joe		De Dolfijn		200804105		5:06.15	+0,69	496
	50m: 30.42	30.42	150m: 1:47.56	40.82	250m: 3:13.14	45.24	350m: 4:32.99		34.09
	100m: 1:06.74	36.32	200m: 2:27.90	40.34	300m: 3:58.90	45.76	400m: 5:06.15		33.16

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rang	naam		vereniging				tijd	RT	FINA		
19.	Jaydey Schonewille		Steenwijk 1934		200800025		5:06.58	+0,77	494		
	50m:	31.37	150m:	1:48.51	38.66	250m:	3:11.50	44.10	350m:	4:31.73	35.15
	100m:	1:09.85	200m:	2:27.40	38.89	300m:	3:56.58	45.08	400m:	5:06.58	34.85
20.	Stefan van der Meer		VZC		200901361		5:07.40	+0,66	490		
	50m:	30.75	150m:	1:46.36	39.42	250m:	3:09.37	44.43	350m:	4:32.32	37.40
	100m:	1:06.94	200m:	2:24.94	38.58	300m:	3:54.92	45.55	400m:	5:07.40	35.08
21.	Koen de Vries		MZ&PC De Reest		200802379		5:07.64	+0,68	489		
	50m:	30.89	150m:	1:48.71	41.74	250m:	3:12.37	43.84	350m:	4:33.33	35.92
	100m:	1:06.97	200m:	2:28.53	39.82	300m:	3:57.41	45.04	400m:	5:07.64	34.31
22.	Nout Folkersma		PSV		200800595		5:08.26	+0,69	486		
	50m:	30.26	150m:	1:46.73	40.41	250m:	3:11.52	43.20	350m:	4:32.83	36.11
	100m:	1:06.32	200m:	2:28.32	41.59	300m:	3:56.72	45.20	400m:	5:08.26	35.43
23.	Teun van Weeren		WS Twente		200801145		5:09.78	+0,69	479		
	50m:	31.89	150m:	1:49.18	40.75	250m:	3:12.55	44.55	350m:	4:34.93	36.10
	100m:	1:08.43	200m:	2:28.00	38.82	300m:	3:58.83	46.28	400m:	5:09.78	34.85
24.	Pieter van Oosten		Blue Marlins		200903977		5:13.81	+0,70	461		
	50m:	31.92	150m:	1:51.53	40.93	250m:	3:15.42	41.43	350m:	4:37.02	36.90
	100m:	1:10.60	200m:	2:33.99	42.46	300m:	4:00.12	44.70	400m:	5:13.81	36.79
25.	Jamie Kenworthy		De Dolfijn		200800045		5:14.28	+0,71	459		
	50m:	30.88	150m:	1:49.27	41.21	250m:	3:14.05	44.64	350m:	4:37.32	37.38
	100m:	1:08.06	200m:	2:29.41	40.14	300m:	3:59.94	45.89	400m:	5:14.28	36.96
26.	Ivo Bot		Wiekslag		200900509		5:15.03	+0,74	456		
	50m:	30.34	150m:	1:49.05	40.68	250m:	3:16.33	46.94	350m:	4:40.17	36.92
	100m:	1:08.37	200m:	2:29.39	40.34	300m:	4:03.25	46.92	400m:	5:15.03	34.86
27.	Thomas Nauta		Arethusa		200900339		5:15.47	+0,74	454		
	50m:	34.09	150m:	1:58.71	41.98	250m:	3:22.34	42.88	350m:	4:41.41	34.89
	100m:	1:16.73	200m:	2:39.46	40.75	300m:	4:06.52	44.18	400m:	5:15.47	34.06
28.	Jelle van Mullekom		RZC		200801267		5:16.14	+0,66	451		
	50m:	29.82	150m:	1:48.27	43.06	250m:	3:17.55	46.80	350m:	4:42.58	37.42
	100m:	1:05.21	200m:	2:30.75	42.48	300m:	4:05.16	47.61	400m:	5:16.14	33.56
29.	Felix Gepkens		VZC		200800631		5:16.34	+0,76	450		
	50m:	30.88	150m:	1:47.18	39.25	250m:	3:16.43	50.21	350m:	4:42.91	36.60
	100m:	1:07.93	200m:	2:26.22	39.04	300m:	4:06.31	49.88	400m:	5:16.34	33.43
30.	Duuk Harms		Dedemsvaart-AC		200900201		5:16.68	+0,74	449		
	50m:	33.21	150m:	1:52.42	39.09	250m:	3:17.18	45.73	350m:	4:40.32	37.53
	100m:	1:13.33	200m:	2:31.45	39.03	300m:	4:02.79	45.61	400m:	5:16.68	36.36
31.	Jesse Molegraaf		De Haaien		200800887		5:17.17	+0,65	446		
	50m:	28.73	150m:	1:48.56	43.95	250m:	3:12.95	44.60	350m:	4:36.53	36.54
	100m:	1:04.61	200m:	2:28.35	39.79	300m:	3:59.99	47.04	400m:	5:17.17	40.64
32.	Aidan van der Stelt		Blue Marlins		200900901		5:17.81	+0,73	444		
	50m:	30.85	150m:	1:52.22	43.23	250m:	3:20.38	46.50	350m:	4:44.14	36.41
	100m:	1:08.99	200m:	2:33.88	41.66	300m:	4:07.73	47.35	400m:	5:17.81	33.67
33.	Xander Kragting		ZPC AMERSFOORT		200900077		5:19.00	+0,71	439		
	50m:	30.29	150m:	1:48.75	40.84	250m:	3:15.48	46.86	350m:	4:41.97	37.17
	100m:	1:07.91	200m:	2:28.62	39.87	300m:	4:04.80	49.32	400m:	5:19.00	37.03
34.	Filip Piszczynski		KSN (SG)		200802125		5:19.18	+0,64	438		
	50m:	31.52	150m:	1:51.29	40.89	250m:	3:17.86	46.11	350m:	4:42.89	38.26
	100m:	1:10.40	200m:	2:31.75	40.46	300m:	4:04.63	46.77	400m:	5:19.18	36.29
35.	Brent Schifflers		ZPC Woerden		200902041		5:20.09	+0,75	434		
	50m:	31.65	150m:	1:49.72	40.58	250m:	3:17.84	48.15	350m:	4:44.73	38.01
	100m:	1:09.14	200m:	2:29.69	39.97	300m:	4:06.72	48.88	400m:	5:20.09	35.36
36.	Mink Hugen		Aqua-Novio'94		200801391		5:23.58	+0,75	420		
	50m:	31.93	150m:	1:52.42	42.16	250m:	3:18.57	46.45	350m:	4:46.09	38.34
	100m:	1:10.26	200m:	2:32.12	39.70	300m:	4:07.75	49.18	400m:	5:23.58	37.49
37.	Finn Hilders		De Dolfijn		200900283		5:23.96	+0,66	419		
	50m:	32.52	150m:	1:52.77	40.37	250m:	3:19.48	46.06	350m:	4:46.21	37.90
	100m:	1:12.40	200m:	2:33.42	40.65	300m:	4:08.31	48.83	400m:	5:23.96	37.75

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rang	naam	vereniging	tijd	RT	FINA
NG	Frits Hoeflaken	PSV	200804101		