

Programmanr. 14
18-02-2022

Heren, 400m vrije slag

Senioren Open
Resultaten Finale

rang	naam	vereniging	intijd		tijd	RT	
1.	Luc Kroon	Ed-Vo	3:55.15	200100697	3:55.37	+0,73	
	50m: 27.50	27.50 150m: 1:26.86	29.86	250m: 2:26.31	29.49	350m: 3:26.12	29.83
	100m: 57.00	29.50 200m: 1:56.82	29.96	300m: 2:56.29	29.98	400m: 3:55.37	29.25
2.	Lucas Peters	Nextline Swimming	3:59.29	200301325	3:55.88	+0,76	
	50m: 27.93	27.93 150m: 1:28.16	30.10	250m: 2:28.52	30.04	350m: 3:27.76	29.01
	100m: 58.06	30.13 200m: 1:58.48	30.32	300m: 2:58.75	30.23	400m: 3:55.88	28.12
3.	Sander Crooijmans	VZC	3:58.67	200100383	3:57.23	+0,75	
	50m: 27.93	27.93 150m: 1:27.64	29.72	250m: 2:27.37	29.68	350m: 3:27.73	30.13
	100m: 57.92	29.99 200m: 1:57.69	30.05	300m: 2:57.60	30.23	400m: 3:57.23	29.50
4.	Vincent Crooijmans	VZC	4:03.72	200100381	4:01.52	+0,75	
	50m: 29.12	29.12 150m: 1:30.16	30.36	250m: 2:31.23	30.33	350m: 3:31.92	30.30
	100m: 59.80	30.68 200m: 2:00.90	30.74	300m: 3:01.62	30.39	400m: 4:01.52	29.60
5.	Tiago Fonseca Gomes	PSV	4:15.98	200703587	4:13.96	+0,64	
	50m: 28.60	28.60 150m: 1:33.23	32.25	250m: 2:39.18	32.70	350m: 3:43.52	31.94
	100m: 1:00.98	32.38 200m: 2:06.48	33.25	300m: 3:11.58	32.40	400m: 4:13.96	30.44
6.	Abel te Riele	WVZ	4:15.98	200402317	4:16.99	+0,73	
	50m: 29.24	29.24 150m: 1:33.44	32.35	250m: 2:38.48	32.61	350m: 3:45.28	33.48
	100m: 1:01.09	31.85 200m: 2:05.87	32.43	300m: 3:11.80	33.32	400m: 4:16.99	31.71
7.	Lars Jacobsen	DWK	5:00.33	199705453	S14 4:58.84	+0,79 601	
	50m: 32.41	32.41 150m: 1:46.99	38.24	250m: 3:05.98	39.91	350m: 4:23.10	37.85
	100m: 1:08.75	36.34 200m: 2:26.07	39.08	300m: 3:45.25	39.27	400m: 4:58.84	35.74