

Programmanr. 27
14-4-2024 - 9:00

Dames, 400m vrije slag

Senioren Open
Resultaten Voorrunde

Punten: FINA 2024

| rang | naam | vereniging | tijd | RT | FINA | PARA | |
|-------------|----------------------|--|-----------|----------------|----------------|---------------|-------|
| PARA | | | | | | | |
| 1. | Liesette Bruinsma | TeamNL PARA - HZ&PC Heerenveen 200004346 | S11 | 5:09.33 | +0,72 | Q 440 891 | |
| | 50m: 33.59 | 33.59 150m: 1:52.68 | 40.48 | 250m: 3:12.07 | 40.01 | 350m: 4:32.04 | 40.24 |
| | 100m: 1:12.20 | 38.61 200m: 2:32.06 | 39.38 | 300m: 3:51.80 | 39.73 | 400m: 5:09.33 | 37.29 |
| 2. | B. Lerida Maldonado | CAR Madrid SPAIN | S9 | 5:03.30 | +0,92 | Q 467 755 | |
| | 50m: 34.83 | 34.83 150m: 1:50.87 | 38.55 | 250m: 3:08.25 | 38.55 | 350m: 4:25.65 | 38.68 |
| | 100m: 1:12.32 | 37.49 200m: 2:29.70 | 38.83 | 300m: 3:46.97 | 38.72 | 400m: 5:03.30 | 37.65 |
| 3. | Julia Benito De Tena | CAR Madrid SPAIN | S10 | 5:14.53 | +0,49 | Q 419 611 | |
| | 50m: 36.69 | 36.69 150m: 1:57.05 | 40.44 | 250m: 3:17.35 | 39.73 | 350m: 4:36.95 | 39.76 |
| | 100m: 1:16.61 | 39.92 200m: 2:37.62 | 40.57 | 300m: 3:57.19 | 39.84 | 400m: 5:14.53 | 37.58 |
| 4. | Gwyneth van der Spek | Batavia Swim | 201102806 | S7 | 7:22.79 | Q 150 303 | |
| | 50m: 52.29 | 52.29 150m: 2:45.90 | 56.62 | 250m: 4:41.59 | 57.35 | 350m: 6:33.51 | 53.52 |
| | 100m: 1:49.28 | 56.99 200m: 3:44.24 | 58.34 | 300m: 5:39.99 | 58.40 | 400m: 7:22.79 | 49.28 |

Junior

| | | | | | | | |
|-----|-----------------------|--------------------------|----------------|----------------|----------------|---------------|-------|
| 1. | Noa Martin Argente | Spain | 1137520 | 4:21.38 | +0,66 | Q 730 | |
| | 50m: 30.29 | 30.29 150m: 1:36.53 | 33.50 | 250m: 2:43.20 | 33.50 | 350m: 3:49.94 | 33.20 |
| | 100m: 1:03.03 | 32.74 200m: 2:09.70 | 33.17 | 300m: 3:16.74 | 33.54 | 400m: 4:21.38 | 31.44 |
| 2. | Angelina Rolman | Team NL - De Dolfijn | 200701972 | 4:21.56 | +0,70 | Q 728 | |
| | 50m: 29.95 | 29.95 150m: 1:35.94 | 32.99 | 250m: 2:42.72 | 33.28 | 350m: 3:49.43 | 32.97 |
| | 100m: 1:02.95 | 33.00 200m: 2:09.44 | 33.50 | 300m: 3:16.46 | 33.74 | 400m: 4:21.56 | 32.13 |
| 3. | Zara Selimovic | SG Essen | 363732 | 4:22.78 | +0,66 | Q 718 | |
| | 50m: 30.18 | 30.18 150m: 1:36.48 | 33.41 | 250m: 2:43.53 | 32.91 | 350m: 3:50.46 | 33.53 |
| | 100m: 1:03.07 | 32.89 200m: 2:10.62 | 34.14 | 300m: 3:16.93 | 33.40 | 400m: 4:22.78 | 32.32 |
| 4. | Alba Rubio Villoria | Spain | 1073458 | 4:24.76 | +0,62 | Q 702 | |
| | 50m: 30.69 | 30.69 150m: 1:37.69 | 34.11 | 250m: 2:45.67 | 33.93 | 350m: 3:53.28 | 33.84 |
| | 100m: 1:03.58 | 32.89 200m: 2:11.74 | 34.05 | 300m: 3:19.44 | 33.77 | 400m: 4:24.76 | 31.48 |
| 5. | Hedwig Bolt | HZ&PC Heerenveen | 200602660 | 4:27.09 | +0,77 | Q 684 | |
| | 50m: 30.81 | 30.81 150m: 1:38.34 | 34.07 | 250m: 2:46.77 | 34.09 | 350m: 3:54.85 | 33.89 |
| | 100m: 1:04.27 | 33.46 200m: 2:12.68 | 34.34 | 300m: 3:20.96 | 34.19 | 400m: 4:27.09 | 32.24 |
| 6. | Alena Gemici | W98 Hannover | 318385 | 4:29.15 | +0,72 | Q 668 | |
| | 50m: 29.66 | 29.66 150m: 1:37.29 | 34.16 | 250m: 2:45.89 | 34.42 | 350m: 3:55.47 | 34.84 |
| | 100m: 1:03.13 | 33.47 200m: 2:11.47 | 34.18 | 300m: 3:20.63 | 34.74 | 400m: 4:29.15 | 33.68 |
| 7. | Paula Buß | SG Ruhr | 395912 | 4:29.81 | +0,72 | Q 663 | |
| | 50m: 30.92 | 30.92 150m: 1:38.85 | 34.46 | 250m: 2:47.50 | 34.41 | 350m: 3:57.45 | 35.13 |
| | 100m: 1:04.39 | 33.47 200m: 2:13.09 | 34.24 | 300m: 3:22.32 | 34.82 | 400m: 4:29.81 | 32.36 |
| 8. | Sara Costa De Vicente | Spain | 1113186 | 4:29.84 | +0,74 | Q 663 | |
| | 50m: 29.84 | 29.84 150m: 1:38.56 | 35.31 | 250m: 2:47.91 | 34.35 | 350m: 3:57.68 | 35.12 |
| | 100m: 1:03.25 | 33.41 200m: 2:13.56 | 35.00 | 300m: 3:22.56 | 34.65 | 400m: 4:29.84 | 32.16 |
| 9. | Nynke Boerefijn | ZPC AMERSFOORT | 200700114 | 4:31.33 | +0,82 | R 652 | |
| | 50m: 30.29 | 30.29 150m: 1:38.22 | 34.41 | 250m: 2:47.92 | 34.91 | 350m: 3:57.62 | 34.78 |
| | 100m: 1:03.81 | 33.52 200m: 2:13.01 | 34.79 | 300m: 3:22.84 | 34.92 | 400m: 4:31.33 | 33.71 |
| 10. | Bregje Dekkers | PSV | 200900746 | 4:38.32 | +0,73 | R 604 | |
| | 50m: 31.13 | 31.13 150m: 1:40.61 | 35.42 | 250m: 2:52.16 | 35.51 | 350m: 4:03.72 | 35.81 |
| | 100m: 1:05.19 | 34.06 200m: 2:16.65 | 36.04 | 300m: 3:27.91 | 35.75 | 400m: 4:38.32 | 34.60 |
| 11. | Anais Cornelissen | Brabo Zwemclub Antwerpen | BRABO/21165/07 | 4:38.67 | +0,62 | 602 | |
| | 50m: 30.32 | 30.32 150m: 1:39.38 | 35.33 | 250m: 2:51.03 | 35.96 | 350m: 4:03.54 | 36.15 |
| | 100m: 1:04.05 | 33.73 200m: 2:15.07 | 35.69 | 300m: 3:27.39 | 36.36 | 400m: 4:38.67 | 35.13 |
| 12. | Gwyneth van der Spek | Batavia Swim | 201102806 | S7 | 7:22.79 | Q 150 303 | |
| | 50m: 52.29 | 52.29 150m: 2:45.90 | 56.62 | 250m: 4:41.59 | 57.35 | 350m: 6:33.51 | 53.52 |
| | 100m: 1:49.28 | 56.99 200m: 3:44.24 | 58.34 | 300m: 5:39.99 | 58.40 | 400m: 7:22.79 | 49.28 |

Programmanr. 27, Dames, 400m vrije slag, Voorronde

Senioren Open

| | | | | | | | | |
|-----|--------------------------|------------------------------------|----------------|----------------|---------------|-------|---------------|-------|
| 1. | Imani de Jong | Team NL - PSV | 200200464 | 4:14.84 | +0,71 | A | 787 | |
| | 50m: 28.91 | 28.91 | 150m: 1:32.68 | 32.05 | 250m: 2:37.80 | 32.60 | 350m: 3:43.24 | 32.51 |
| | 100m: 1:00.63 | 31.72 | 200m: 2:05.20 | 32.52 | 300m: 3:10.73 | 32.93 | 400m: 4:14.84 | 31.60 |
| 2. | Francisca Soares Martins | Portugal | 126504 | 4:15.52 | +0,64 | A | 781 | |
| | 50m: 29.06 | 29.06 | 150m: 1:32.44 | 31.99 | 250m: 2:37.62 | 32.71 | 350m: 3:43.53 | 32.92 |
| | 100m: 1:00.45 | 31.39 | 200m: 2:04.91 | 32.47 | 300m: 3:10.61 | 32.99 | 400m: 4:15.52 | 31.99 |
| 3. | Yara van Kalmthout | Team NL - PSV | 200200984 | 4:19.15 | +0,72 | A | 749 | |
| | 50m: 29.64 | 29.64 | 150m: 1:34.81 | 32.74 | 250m: 2:40.98 | 33.00 | 350m: 3:47.44 | 33.09 |
| | 100m: 1:02.07 | 32.43 | 200m: 2:07.98 | 33.17 | 300m: 3:14.35 | 33.37 | 400m: 4:19.15 | 31.71 |
| 4. | Serena Stel | De Dolfijn | 199801528 | 4:19.66 | +0,69 | A | 744 | |
| | 50m: 29.86 | 29.86 | 150m: 1:35.77 | 33.31 | 250m: 2:42.22 | 32.97 | 350m: 3:48.31 | 32.88 |
| | 100m: 1:02.46 | 32.60 | 200m: 2:09.25 | 33.48 | 300m: 3:15.43 | 33.21 | 400m: 4:19.66 | 31.35 |
| 5. | Noa Martin Argente | Spain | 1137520 | 4:21.38 | +0,66 | Q | 730 | |
| | 50m: 30.29 | 30.29 | 150m: 1:36.53 | 33.50 | 250m: 2:43.20 | 33.50 | 350m: 3:49.94 | 33.20 |
| | 100m: 1:03.03 | 32.74 | 200m: 2:09.70 | 33.17 | 300m: 3:16.74 | 33.54 | 400m: 4:21.38 | 31.44 |
| 6. | Angelina Rolman | Team NL - De Dolfijn | 200701972 | 4:21.56 | +0,70 | Q | 728 | |
| | 50m: 29.95 | 29.95 | 150m: 1:35.94 | 32.99 | 250m: 2:42.72 | 33.28 | 350m: 3:49.43 | 32.97 |
| | 100m: 1:02.95 | 33.00 | 200m: 2:09.44 | 33.50 | 300m: 3:16.46 | 33.74 | 400m: 4:21.56 | 32.13 |
| 7. | Bekky Pozdner | Hapoel Bat Yam | | 4:22.06 | +0,65 | A | 724 | |
| | 50m: 30.26 | 30.26 | 150m: 1:36.44 | 33.44 | 250m: 2:43.47 | 33.60 | 350m: 3:50.74 | 33.76 |
| | 100m: 1:03.00 | 32.74 | 200m: 2:09.87 | 33.43 | 300m: 3:16.98 | 33.51 | 400m: 4:22.06 | 31.32 |
| 8. | Zara Selimovic | SG Essen | 363732 | 4:22.78 | +0,66 | Q | 718 | |
| | 50m: 30.18 | 30.18 | 150m: 1:36.48 | 33.41 | 250m: 2:43.53 | 32.91 | 350m: 3:50.46 | 33.53 |
| | 100m: 1:03.07 | 32.89 | 200m: 2:10.62 | 34.14 | 300m: 3:16.93 | 33.40 | 400m: 4:22.78 | 32.32 |
| 9. | Alba Rubio Villoria | Spain | 1073458 | 4:24.76 | +0,62 | Q | 702 | |
| | 50m: 30.69 | 30.69 | 150m: 1:37.69 | 34.11 | 250m: 2:45.67 | 33.93 | 350m: 3:53.28 | 33.84 |
| | 100m: 1:03.58 | 32.89 | 200m: 2:11.74 | 34.05 | 300m: 3:19.44 | 33.77 | 400m: 4:24.76 | 31.48 |
| 10. | Laura Benková | Považskobystriický plavecký oddiel | SVK11806 | 4:25.76 | +0,65 | B | 694 | |
| | 50m: 30.31 | 30.31 | 150m: 1:36.89 | 33.79 | 250m: 2:44.64 | 34.10 | 350m: 3:53.30 | 34.36 |
| | 100m: 1:03.10 | 32.79 | 200m: 2:10.54 | 33.65 | 300m: 3:18.94 | 34.30 | 400m: 4:25.76 | 32.46 |
| 11. | M. van der Kamp | HZ&PC Heerenveen | 200500218 | 4:26.79 | +0,75 | B | 686 | |
| | 50m: 30.65 | 30.65 | 150m: 1:37.68 | 33.85 | 250m: 2:45.58 | 33.89 | 350m: 3:53.71 | 33.92 |
| | 100m: 1:03.83 | 33.18 | 200m: 2:11.69 | 34.01 | 300m: 3:19.79 | 34.21 | 400m: 4:26.79 | 33.08 |
| 12. | Hedwig Bolt | HZ&PC Heerenveen | 200602660 | 4:27.09 | +0,77 | Q | 684 | |
| | 50m: 30.81 | 30.81 | 150m: 1:38.34 | 34.07 | 250m: 2:46.77 | 34.09 | 350m: 3:54.85 | 33.89 |
| | 100m: 1:04.27 | 33.46 | 200m: 2:12.68 | 34.34 | 300m: 3:20.96 | 34.19 | 400m: 4:27.09 | 32.24 |
| 13. | Alena Gemici | W98 Hannover | 318385 | 4:29.15 | +0,72 | Q | 668 | |
| | 50m: 29.66 | 29.66 | 150m: 1:37.29 | 34.16 | 250m: 2:45.89 | 34.42 | 350m: 3:55.47 | 34.84 |
| | 100m: 1:03.13 | 33.47 | 200m: 2:11.47 | 34.18 | 300m: 3:20.63 | 34.74 | 400m: 4:29.15 | 33.68 |
| 14. | Veronika Tondrová | Plavecký klub Slavia VS Plzen z.s. | | 4:29.53 | +0,74 | B | 666 | |
| | 50m: 30.28 | 30.28 | 150m: 1:37.07 | 33.85 | 250m: 2:45.68 | 34.66 | 350m: 3:55.84 | 35.23 |
| | 100m: 1:03.22 | 32.94 | 200m: 2:11.02 | 33.95 | 300m: 3:20.61 | 34.93 | 400m: 4:29.53 | 33.69 |
| 15. | Paula Buß | SG Ruhr | 395912 | 4:29.81 | +0,72 | Q | 663 | |
| | 50m: 30.92 | 30.92 | 150m: 1:38.85 | 34.46 | 250m: 2:47.50 | 34.41 | 350m: 3:57.45 | 35.13 |
| | 100m: 1:04.39 | 33.47 | 200m: 2:13.09 | 34.24 | 300m: 3:22.32 | 34.82 | 400m: 4:29.81 | 32.36 |
| 16. | Sara Costa De Vicente | Spain | 1113186 | 4:29.84 | +0,74 | Q | 663 | |
| | 50m: 29.84 | 29.84 | 150m: 1:38.56 | 35.31 | 250m: 2:47.91 | 34.35 | 350m: 3:57.68 | 35.12 |
| | 100m: 1:03.25 | 33.41 | 200m: 2:13.56 | 35.00 | 300m: 3:22.56 | 34.65 | 400m: 4:29.84 | 32.16 |
| 17. | Elise Hardeman | ZPC AMERSFOORT | 200101068 | 4:30.49 | +0,73 | R | 658 | |
| | 50m: 30.58 | 30.58 | 150m: 1:37.78 | 33.80 | 250m: 2:46.49 | 34.44 | 350m: 3:56.39 | 34.97 |
| | 100m: 1:03.98 | 33.40 | 200m: 2:12.05 | 34.27 | 300m: 3:21.42 | 34.93 | 400m: 4:30.49 | 34.10 |
| 18. | Nynke Boerefijn | ZPC AMERSFOORT | 200700114 | 4:31.33 | +0,82 | R | 652 | |
| | 50m: 30.29 | 30.29 | 150m: 1:38.22 | 34.41 | 250m: 2:47.92 | 34.91 | 350m: 3:57.62 | 34.78 |
| | 100m: 1:03.81 | 33.52 | 200m: 2:13.01 | 34.79 | 300m: 3:22.84 | 34.92 | 400m: 4:31.33 | 33.71 |
| 19. | Nikita van den Ouden | PSV | 199900622 | 4:32.49 | +0,74 | | 644 | |
| | 50m: 31.05 | 31.05 | 150m: 1:39.00 | 34.33 | 250m: 2:47.52 | 34.41 | 350m: 3:57.59 | 35.47 |
| | 100m: 1:04.67 | 33.62 | 200m: 2:13.11 | 34.11 | 300m: 3:22.12 | 34.60 | 400m: 4:32.49 | 34.90 |
| 20. | Marie Maerevoet | Brabo Zwemclub Antwerpen | BRABO/21435/04 | 4:33.77 | +0,70 | | 635 | |
| | 50m: 30.73 | 30.73 | 150m: 1:38.42 | 33.94 | 250m: 2:48.18 | 34.78 | 350m: 3:58.83 | 35.19 |
| | 100m: 1:04.48 | 33.75 | 200m: 2:13.40 | 34.98 | 300m: 3:23.64 | 35.46 | 400m: 4:33.77 | 34.94 |
| 21. | Ismay Lichtendonk | Dedemsvaart-AC | 200400622 | 4:34.70 | +0,73 | | 629 | |
| | 50m: 30.69 | 30.69 | 150m: 1:38.82 | 34.32 | 250m: 2:49.07 | 35.21 | 350m: 4:00.02 | 35.39 |
| | 100m: 1:04.50 | 33.81 | 200m: 2:13.86 | 35.04 | 300m: 3:24.63 | 35.56 | 400m: 4:34.70 | 34.68 |

Programmanr. 27, Dames, 400m vrije slag, Voorronde, Senioren Open

| rang | naam | vereniging | | | | | tijd | RT | FINA | PARA |
|------|----------------------|--------------------------------|---------------|-------|---------------|----------------|----------------|---------------|------|---------|
| 22. | Bregje Dekkers | PSV | | | | 200900746 | 4:38.32 | +0,73 | R | 604 |
| | 50m: 31.13 | 31.13 | 150m: 1:40.61 | 35.42 | 250m: 2:52.16 | | 35.51 | 350m: 4:03.72 | | 35.81 |
| | 100m: 1:05.19 | 34.06 | 200m: 2:16.65 | 36.04 | 300m: 3:27.91 | | 36.75 | 400m: 4:38.32 | | 34.60 |
| 23. | Anais Cornelissen | Brabo Zwemclub Antwerpen | | | | BRABO/21165/07 | 4:38.67 | +0,62 | | 602 |
| | 50m: 30.32 | 30.32 | 150m: 1:39.38 | 35.33 | 250m: 2:51.03 | | 35.96 | 350m: 4:03.54 | | 36.15 |
| | 100m: 1:04.05 | 33.73 | 200m: 2:15.07 | 35.69 | 300m: 3:27.39 | | 36.36 | 400m: 4:38.67 | | 35.13 |
| 24. | B. Lerida Maldonado | CAR Madrid SPAIN | | | | S9 | 5:03.30 | +0,92 | Q | 467 755 |
| | 50m: 34.83 | 34.83 | 150m: 1:50.87 | 38.55 | 250m: 3:08.25 | | 38.55 | 350m: 4:25.65 | | 38.68 |
| | 100m: 1:12.32 | 37.49 | 200m: 2:29.70 | 38.83 | 300m: 3:46.97 | | 38.72 | 400m: 5:03.30 | | 37.65 |
| 25. | Liesette Bruinsma | TeamNL PARA - HZ&PC Heerenveen | | | | 200004346 S11 | 5:09.33 | +0,72 | Q | 440 891 |
| | 50m: 33.59 | 33.59 | 150m: 1:52.68 | 40.48 | 250m: 3:12.07 | | 40.01 | 350m: 4:32.04 | | 40.24 |
| | 100m: 1:12.20 | 38.61 | 200m: 2:32.06 | 39.38 | 300m: 3:51.80 | | 39.73 | 400m: 5:09.33 | | 37.29 |
| 26. | Julia Benito De Tena | CAR Madrid SPAIN | | | | S10 | 5:14.53 | +0,49 | Q | 419 611 |
| | 50m: 36.69 | 36.69 | 150m: 1:57.05 | 40.44 | 250m: 3:17.35 | | 39.73 | 350m: 4:36.95 | | 39.76 |
| | 100m: 1:16.61 | 39.92 | 200m: 2:37.62 | 40.57 | 300m: 3:57.19 | | 39.84 | 400m: 5:14.53 | | 37.58 |
| 27. | Gwyneth van der Spek | Batavia Swim | | | | 201102806 S7 | 7:22.79 | | Q | 150 303 |
| | 50m: 52.29 | 52.29 | 150m: 2:45.90 | 56.62 | 250m: 4:41.59 | | 57.35 | 350m: 6:33.51 | | 53.52 |
| | 100m: 1:49.28 | 56.99 | 200m: 3:44.24 | 58.34 | 300m: 5:39.99 | | 58.40 | 400m: 7:22.79 | | 49.28 |
| NG | Merel Schravendijk | Blue Marlins | | | | 200503382 | | | | |