

Programmanr. 11
 7-4-2023 - 17:00

Dames, 400m wisselslag
**Senioren Open
Resultaten Finale**

Punten: FINA 2022

rang	naam	vereniging	tijd	RT	FINA	PARA	rudolf
Senioren Open							
Finale							
1.	Lotte Hosper	HPC - Blue Marlins	200201414	4:52.89	+0,79	752	15,4
	50m: 30.07	30.07 150m: 1:41.45	36.86 250m: 3:00.61	42.75	350m: 4:19.42	34.62	
	100m: 1:04.59	34.52 200m: 2:17.86	36.41 300m: 3:44.80	44.19	400m: 4:52.89	33.47	
2.	Djanilla Brink	De Dolfijn	200600988	4:55.59	+0,79	731	16,1
	50m: 31.66	31.66 150m: 1:49.38	40.69 250m: 3:08.67	39.58	350m: 4:22.98	33.49	
	100m: 1:08.69	37.03 200m: 2:29.09	39.71 300m: 3:49.49	40.82	400m: 4:55.59	32.61	
3.	Megan Jonkman	Blue Marlins	200600508	5:03.92	+0,78	673	14,1
	50m: 31.31	31.31 150m: 1:47.61	40.67 250m: 3:10.42	43.42	350m: 4:29.59	34.60	
	100m: 1:06.94	35.63 200m: 2:27.00	39.39 300m: 3:54.99	44.57	400m: 5:03.92	34.33	
4.	Eileen Molas Huerta	SG Stadtwerke München	325472	5:05.82	+0,74	660	13,1
	50m: 32.02	32.02 150m: 1:47.01	37.56 250m: 3:09.51	45.35	350m: 4:30.82	35.71	
	100m: 1:09.45	37.43 200m: 2:24.16	37.15 300m: 3:55.11	45.60	400m: 5:05.82	35.00	
5.	Merel Schravendijk	HPC - Blue Marlins	200503382	5:08.20	+0,70	645	12,8
	50m: 31.82	31.82 150m: 1:50.35	41.03 250m: 3:13.24	43.79	350m: 4:33.63	35.87	
	100m: 1:09.32	37.50 200m: 2:29.45	39.10 300m: 3:57.76	44.52	400m: 5:08.20	34.57	
6.	Alinda Dingshoff	De Dolfijn	200000928	5:09.20	+0,79	639	11,5
	50m: 30.73	30.73 150m: 1:45.70	39.28 250m: 3:09.73	45.73	350m: 4:33.94	37.02	
	100m: 1:06.42	35.69 200m: 2:24.00	38.30 300m: 3:56.92	47.19	400m: 5:09.20	35.26	
7.	Frouke Ludwig	DZ&PC	200800112	5:09.48	+0,74	637	14,8
	50m: 30.65	30.65 150m: 1:45.82	38.45 250m: 3:10.24	46.17	350m: 4:33.83	35.98	
	100m: 1:07.37	36.72 200m: 2:24.07	38.25 300m: 3:57.85	47.61	400m: 5:09.48	35.65	
DIS	Nova Nijziel	PSV	200804416				
Junior							
1.	Meyke v. Nimwegen	De Schotelij	200800106	5:20.30	+0,77	575	12,4
	50m: 33.46	33.46 150m: 1:54.59	41.01 250m: 3:20.36	46.30	350m: 4:44.40	36.79	
	100m: 1:13.58	40.12 200m: 2:34.06	39.47 300m: 4:07.61	47.25	400m: 5:20.30	35.90	
2.	Fay Boxum	DZ&PC	200900060	5:20.63	+0,83	573	13,7
	50m: 33.32	33.32 150m: 1:54.25	39.81 250m: 3:19.13	45.98	350m: 4:44.44	38.21	
	100m: 1:14.44	41.12 200m: 2:33.15	38.90 300m: 4:06.23	47.10	400m: 5:20.63	36.19	
3.	Laura van Etten	HZ&PC Heerenveen	200800264	5:26.44	+0,81	543	11,0
	50m: 34.84	34.84 150m: 1:57.40	39.91 250m: 3:24.42	47.81	350m: 4:49.95	36.78	
	100m: 1:17.49	42.65 200m: 2:36.61	39.21 300m: 4:13.17	48.75	400m: 5:26.44	36.49	