

Programmanr. 29  
10-4-2022 - 17:52

Dames, 400m vrije slag

Senioren Open  
Resultaten Finale

Punten: FINA 2021

rang	naam		vereniging			tijd	RT	FINA	para
<b>Senioren Open</b>									
<b>Finale A</b>									
1.	Imani de Jong		HPC - De Dolfijn		200200464	<b>4:11.90</b>	+0,69	827	
	50m: 28.93	28.93	150m: 1:32.77	32.12	250m: 2:37.59	32.53	350m: 3:42.05	31.89	
	100m: 1:00.65	31.72	200m: 2:05.06	32.29	300m: 3:10.16	32.57	400m: 4:11.90	29.85	
2.	Silke Holkenborg		HPC - VZC		200100292	<b>4:12.37</b>	+0,68	822	
	50m: 29.14	29.14	150m: 1:33.07	32.07	250m: 2:37.76	32.15	350m: 3:42.08	31.78	
	100m: 1:01.00	31.86	200m: 2:05.61	32.54	300m: 3:10.30	32.54	400m: 4:12.37	30.29	
3.	Serena Stel		De Dolfijn		199801528	<b>4:17.84</b>	+0,70	771	
	50m: 29.53	29.53	150m: 1:34.56	32.90	250m: 2:40.65	32.71	350m: 3:46.38	32.77	
	100m: 1:01.66	32.13	200m: 2:07.94	33.38	300m: 3:13.61	32.96	400m: 4:17.84	31.46	
4.	Janna van Kooten		HPC - DZ&PC		200404584	<b>4:19.82</b>	+0,76	753	
	50m: 29.40	29.40	150m: 1:35.59	33.24	250m: 2:41.90	32.83	350m: 3:47.96	32.78	
	100m: 1:02.35	32.95	200m: 2:09.07	33.48	300m: 3:15.18	33.28	400m: 4:19.82	31.86	
5.	Veronika Tondrova		Czech Swimming Team			<b>4:27.50</b>	+0,74	690	
	50m: 29.74	29.74	150m: 1:35.85	33.48	250m: 2:45.01	34.72	350m: 3:54.62	34.82	
	100m: 1:02.37	32.63	200m: 2:10.29	34.44	300m: 3:19.80	34.79	400m: 4:27.50	32.88	
6.	Lana Ravelingien		Brabo Zwemclub Antwerpen		BRABO/20066/03	<b>4:28.66</b>	+0,64	681	
	50m: 30.05	30.05	150m: 1:36.85	33.64	250m: 2:45.22	34.31	350m: 3:54.92	34.89	
	100m: 1:03.21	33.16	200m: 2:10.91	34.06	300m: 3:20.03	34.81	400m: 4:28.66	33.74	
7.	Kirsten Verhalle		VZC		200400210	<b>4:29.57</b>	+0,73	674	
	50m: 30.26	30.26	150m: 1:37.19	33.66	250m: 2:46.01	34.65	350m: 3:55.91	34.65	
	100m: 1:03.53	33.27	200m: 2:11.36	34.17	300m: 3:21.26	35.25	400m: 4:29.57	33.66	
8.	Marte Hieke van der Kamp		Orca		200500218	<b>4:34.83</b>	+0,80	636	
	50m: 30.25	30.25	150m: 1:37.36	33.92	250m: 2:47.46	35.27	350m: 3:59.22	35.80	
	100m: 1:03.44	33.19	200m: 2:12.19	34.83	300m: 3:23.42	35.96	400m: 4:34.83	35.61	
<b>Finale B</b>									
9.	Femke Doorenbos		ZPC AMERSFOORT		200404214	<b>4:31.27</b>	+0,75	662	
	50m: 30.08	30.08	150m: 1:37.61	34.65	250m: 2:47.35	34.93	350m: 3:57.58	34.89	
	100m: 1:02.96	32.88	200m: 2:12.42	34.81	300m: 3:22.69	35.34	400m: 4:31.27	33.69	
10.	Sara Korhuis		TriVia		200600494	<b>4:32.99</b>	+0,65	649	
	50m: 30.26	30.26	150m: 1:38.59	34.90	250m: 2:48.47	35.05	350m: 3:59.08	35.51	
	100m: 1:03.69	33.43	200m: 2:13.42	34.83	300m: 3:23.57	35.10	400m: 4:32.99	33.91	
11.	Tamara Grove		De Dolfijn		199601266	<b>4:34.57</b>	+0,70	638	
	50m: 30.13	30.13	150m: 1:38.04	34.73	250m: 2:48.85	35.58	350m: 4:00.16	35.72	
	100m: 1:03.31	33.18	200m: 2:13.27	35.23	300m: 3:24.44	35.59	400m: 4:34.57	34.41	
12.	Nynke Boerefijn		ZPC AMERSFOORT		200700114	<b>4:38.45</b>	+0,81	612	
	50m: 30.52	30.52	150m: 1:39.65	35.10	250m: 2:51.23	35.76	350m: 4:03.47	36.01	
	100m: 1:04.55	34.03	200m: 2:15.47	35.82	300m: 3:27.46	36.23	400m: 4:38.45	34.98	
13.	Manon Ritten		PSV		200002440	<b>4:40.68</b>	+0,81	597	
	50m: 31.79	31.79	150m: 1:42.67	35.56	250m: 2:54.33	35.64	350m: 4:06.69	35.99	
	100m: 1:07.11	35.32	200m: 2:18.69	36.02	300m: 3:30.70	36.37	400m: 4:40.68	33.99	
14.	Bridget Vermeer		VZC		200501766	<b>4:41.77</b>	+0,82	591	
	50m: 31.01	31.01	150m: 1:40.26	35.24	250m: 2:52.68	36.51	350m: 4:06.01	37.20	
	100m: 1:05.02	34.01	200m: 2:16.17	35.91	300m: 3:28.81	36.13	400m: 4:41.77	35.76	
15.	Eefje Irvine		De Dolfijn		200700164	<b>4:43.14</b>	+0,65	582	
	50m: 31.10	31.10	150m: 1:41.08	35.51	250m: 2:54.13	36.63	350m: 4:07.22	36.11	
	100m: 1:05.57	34.47	200m: 2:17.50	36.42	300m: 3:31.11	36.98	400m: 4:43.14	35.92	
16.	Evy Rozeboom		DAW		200601338	<b>4:44.80</b>	+0,78	572	
	50m: 31.21	31.21	150m: 1:43.16	36.22	250m: 2:56.01	36.27	350m: 4:09.21	36.29	
	100m: 1:06.94	35.73	200m: 2:19.74	36.58	300m: 3:32.92	36.91	400m: 4:44.80	35.59	