



Programmanr. 40
25-10-2026 - 19:54

Dames, 800m vrije slag
SERIE IS OPNIEUW INGEDEELD

Senioren Open
Resultaten

Punten: AQUA 2025

rang	naam	vereniging	tijd	RT	FINA	para
NK onder 18						
1.	Bregje Dekkers	PSV	200900746	NED	9:03.61	+0,72 677
	25m: 14.28	14.28	225m: 2:27.37	17.18	425m: 4:43.80	17.27 625m: 7:01.44 17.51
	50m: 30.19	15.91	250m: 2:44.30	16.93	450m: 5:00.99	17.19 650m: 7:18.91 17.47
	75m: 46.47	16.28	275m: 3:01.12	16.82	475m: 5:18.05	17.06 675m: 7:36.46 17.55
	100m: 1:02.92	16.45	300m: 3:18.08	16.96	500m: 5:34.94	16.89 700m: 7:53.94 17.48
	125m: 1:19.62	16.70	325m: 3:35.10	17.02	525m: 5:52.22	17.28 725m: 8:11.59 17.65
	150m: 1:36.30	16.68	350m: 3:52.28	17.18	550m: 6:09.46	17.24 750m: 8:29.18 17.59
	175m: 1:53.18	16.88	375m: 4:09.50	17.22	575m: 6:26.66	17.20 775m: 8:46.80 17.62
	200m: 2:10.19	17.01	400m: 4:26.53	17.03	600m: 6:43.93	17.27 800m: 9:03.61 16.81
2.	Nina Tetteroo	De Columbiaan	201000048	NED	9:17.15	+0,75 629
	25m: 14.41	14.41	225m: 2:30.81	17.38	425m: 4:50.92	17.83 625m: 7:13.33 17.88
	50m: 30.44	16.03	250m: 2:48.05	17.24	450m: 5:08.41	17.49 650m: 7:30.98 17.65
	75m: 47.31	16.87	275m: 3:05.42	17.37	475m: 5:26.31	17.90 675m: 7:48.91 17.93
	100m: 1:04.26	16.95	300m: 3:22.97	17.55	500m: 5:44.03	17.72 700m: 8:06.93 18.02
	125m: 1:21.48	17.22	325m: 3:40.44	17.47	525m: 6:02.02	17.99 725m: 8:24.88 17.95
	150m: 1:38.73	17.25	350m: 3:57.92	17.48	550m: 6:19.88	17.86 750m: 8:42.46 17.58
	175m: 1:56.10	17.37	375m: 4:15.60	17.68	575m: 6:37.76	17.88 775m: 9:00.35 17.89
	200m: 2:13.43	17.33	400m: 4:33.09	17.49	600m: 6:55.45	17.69 800m: 9:17.15 16.80
3.	Yanique Eekhof	ZPC AMERSFOORT	201001428	NED	9:26.19	+0,74 599
	25m: 15.19	15.19	225m: 2:35.17	17.80	425m: 4:58.88	17.53 625m: 7:21.69 17.88
	50m: 31.72	16.53	250m: 2:53.26	18.09	450m: 5:16.74	17.86 650m: 7:39.75 18.06
	75m: 49.07	17.35	275m: 3:11.16	17.90	475m: 5:34.46	17.72 675m: 7:57.59 17.84
	100m: 1:06.50	17.43	300m: 3:29.33	18.17	500m: 5:52.41	17.95 700m: 8:15.41 17.82
	125m: 1:24.03	17.53	325m: 3:47.34	18.01	525m: 6:10.53	18.12 725m: 8:33.51 18.10
	150m: 1:41.75	17.72	350m: 4:05.42	18.08	550m: 6:28.36	17.83 750m: 8:51.43 17.92
	175m: 1:59.66	17.91	375m: 4:23.30	17.88	575m: 6:45.87	17.51 775m: 9:09.11 17.68
	200m: 2:17.37	17.71	400m: 4:41.35	18.05	600m: 7:03.81	17.94 800m: 9:26.19 17.08
NK onder 20						
1.	Julie van Nispen	Nuenen	200800290	NED	8:52.46	+0,83 720
	25m: 13.98	13.98	225m: 2:27.87	16.66	425m: 4:40.90	16.56 625m: 6:55.53 16.71
	50m: 30.02	16.04	250m: 2:44.42	16.55	450m: 4:57.76	16.86 650m: 7:12.54 17.01
	75m: 46.43	16.41	275m: 3:01.04	16.62	475m: 5:14.62	16.86 675m: 7:29.34 16.80
	100m: 1:03.13	16.70	300m: 3:17.56	16.52	500m: 5:31.28	16.66 700m: 7:46.32 16.98
	125m: 1:19.85	16.72	325m: 3:34.36	16.80	525m: 5:48.03	16.75 725m: 8:03.34 17.02
	150m: 1:36.81	16.96	350m: 3:51.08	16.72	550m: 6:04.97	16.94 750m: 8:20.08 16.74
	175m: 1:53.84	17.03	375m: 4:07.73	16.65	575m: 6:21.86	16.89 775m: 8:36.39 16.31
	200m: 2:11.21	17.37	400m: 4:24.34	16.61	600m: 6:38.82	16.96 800m: 8:52.46 16.07
2.	Veerle de Ridder	HZ&PC Heerenveen	200700778	NED	9:12.82	+0,68 644
	25m: 13.76	13.76	225m: 2:27.21	17.15	425m: 4:44.42	17.30 625m: 7:07.39 18.23
	50m: 29.28	15.52	250m: 2:44.40	17.19	450m: 5:01.95	17.53 650m: 7:25.41 18.02
	75m: 45.22	15.94	275m: 3:01.49	17.09	475m: 5:19.41	17.46 675m: 7:43.64 18.23
	100m: 1:01.78	16.56	300m: 3:18.46	16.97	500m: 5:37.15	17.74 700m: 8:01.89 18.25
	125m: 1:18.55	16.77	325m: 3:35.59	17.13	525m: 5:55.14	17.99 725m: 8:19.90 18.01
	150m: 1:35.79	17.24	350m: 3:52.78	17.19	550m: 6:13.06	17.92 750m: 8:37.63 17.73
	175m: 1:52.87	17.08	375m: 4:09.89	17.11	575m: 6:31.27	18.21 775m: 8:55.46 17.83
	200m: 2:10.06	17.19	400m: 4:27.12	17.23	600m: 6:49.16	17.89 800m: 9:12.82 17.36
3.	Jill Meines	Blue Marlins	200704846	NED	9:20.67	+0,80 617
	25m: 14.05	14.05	225m: 2:29.70	17.14	425m: 4:51.10	17.79 625m: 7:14.80 17.92
	50m: 30.12	16.07	250m: 2:47.41	17.71	450m: 5:08.94	17.84 650m: 7:32.92 18.12
	75m: 46.64	16.52	275m: 3:04.63	17.22	475m: 5:26.47	17.53 675m: 7:51.26 18.34
	100m: 1:03.72	17.08	300m: 3:22.37	17.74	500m: 5:44.39	17.92 700m: 8:09.80 18.54
	125m: 1:20.68	16.96	325m: 3:40.08	17.71	525m: 6:02.25	17.86 725m: 8:27.95 18.15
	150m: 1:37.93	17.25	350m: 3:57.65	17.57	550m: 6:20.34	18.09 750m: 8:46.06 18.11
	175m: 1:55.16	17.23	375m: 4:15.33	17.68	575m: 6:38.44	18.10 775m: 9:03.73 17.67
	200m: 2:12.56	17.40	400m: 4:33.31	17.98	600m: 6:56.88	18.44 800m: 9:20.67 16.94
4.	Imre Bouwland	ZPC Hoozeveen	200700388	NED	9:51.70	+0,74 525
	25m: 14.54	14.54	225m: 2:39.14	18.65	425m: 5:09.18	19.02 625m: 7:41.17 18.95
	50m: 31.13	16.59	250m: 2:57.80	18.66	450m: 5:28.09	18.91 650m: 8:00.05 18.88
	75m: 48.55	17.42	275m: 3:16.36	18.56	475m: 5:47.24	19.15 675m: 8:19.07 19.02
	100m: 1:06.66	18.11	300m: 3:35.16	18.80	500m: 6:06.04	18.80 700m: 8:37.73 18.66
	125m: 1:24.91	18.25	325m: 3:53.97	18.81	525m: 6:25.14	19.10 725m: 8:56.51 18.78
	150m: 1:43.45	18.54	350m: 4:12.60	18.63	550m: 6:44.06	18.92 750m: 9:14.96 18.45
	175m: 2:01.66	18.21	375m: 4:31.45	18.85	575m: 7:03.04	18.98 775m: 9:34.01 19.05
	200m: 2:20.49	18.83	400m: 4:50.16	18.71	600m: 7:22.22	19.18 800m: 9:51.70 17.69
NG	Laura van Etten	HZ&PC Heerenveen	200800264	NED		
NG	Jade van der Schrier	HPC - AZC	200800692	NED		



Programmanr. 40, Dames, 800m vrije slag

Senioren Open

1.	Marte Hieke van der Kamp	HZ&PC Heerenveen	200500218	NED	8:28.29	+0,75	828	
	25m: 13.81	13.81	225m: 2:19.81	15.91	425m: 4:27.68	16.01	625m: 6:35.97	16.16
	50m: 29.17	15.36	250m: 2:35.83	16.02	450m: 4:43.54	15.86	650m: 6:52.12	16.15
	75m: 44.80	15.63	275m: 2:51.81	15.98	475m: 4:59.50	15.96	675m: 7:08.30	16.18
	100m: 1:00.53	15.73	300m: 3:07.75	15.94	500m: 5:15.53	16.03	700m: 7:24.41	16.11
	125m: 1:16.37	15.84	325m: 3:23.74	15.99	525m: 5:31.54	16.01	725m: 7:40.54	16.13
	150m: 1:32.22	15.85	350m: 3:39.74	16.00	550m: 5:47.59	16.05	750m: 7:52.96	12.42
	175m: 1:48.00	15.78	375m: 3:55.73	15.99	575m: 6:03.73	16.14	775m: 8:12.73	19.77
	200m: 2:03.90	15.90	400m: 4:11.67	15.94	600m: 6:19.81	16.08	800m: 8:28.29	15.56
2.	Hedwig Bolt	HZ&PC Heerenveen	200602660	NED	8:29.65	+0,75	822	
	25m: 13.87	13.87	225m: 2:20.20	15.88	425m: 4:28.64	15.96	625m: 6:38.30	16.15
	50m: 29.32	15.45	250m: 2:36.22	16.02	450m: 4:44.89	16.25	650m: 6:54.45	16.15
	75m: 44.97	15.65	275m: 2:52.21	15.99	475m: 5:00.98	16.09	675m: 7:10.67	16.22
	100m: 1:00.79	15.82	300m: 3:08.41	16.20	500m: 5:17.13	16.15	700m: 7:26.89	16.22
	125m: 1:16.63	15.84	325m: 3:24.40	15.99	525m: 5:33.30	16.17	725m: 7:42.92	16.03
	150m: 1:32.50	15.87	350m: 3:40.51	16.11	550m: 5:49.58	16.28	750m: 7:58.90	15.98
	175m: 1:48.37	15.87	375m: 3:56.59	16.08	575m: 6:05.83	16.25	775m: 8:14.68	15.78
	200m: 2:04.32	15.95	400m: 4:12.68	16.09	600m: 6:22.15	16.32	800m: 8:29.65	14.97
3.	Malla Hamalainen	Vieskan Uimarit	08A079	FIN	8:46.67	+0,73	744	
	25m: 14.64	14.64	225m: 2:27.47	16.58	425m: 4:42.73	17.03	625m: 6:57.22	16.64
	50m: 31.14	16.50	250m: 2:43.94	16.47	450m: 5:00.18	17.45	650m: 7:14.09	16.87
	75m: 47.75	16.61	275m: 3:00.62	16.68	475m: 5:16.81	16.63	675m: 7:30.24	16.15
	100m: 1:04.14	16.39	300m: 3:17.17	16.55	500m: 5:33.80	16.99	700m: 7:46.61	16.37
	125m: 1:20.74	16.60	325m: 3:34.20	17.03	525m: 5:50.20	16.40	725m: 8:02.40	15.79
	150m: 1:37.47	16.73	350m: 3:51.56	17.36	550m: 6:07.38	17.18	750m: 8:18.41	16.01
	175m: 1:54.21	16.74	375m: 4:08.72	17.16	575m: 6:24.09	16.71	775m: 8:32.75	14.34
	200m: 2:10.89	16.68	400m: 4:25.70	16.98	600m: 6:40.58	16.49	800m: 8:46.67	13.92
4.	Julie van Nispen	Nuenen	200800290	NED	8:52.46	+0,83	720	
	25m: 13.98	13.98	225m: 2:27.87	16.66	425m: 4:40.90	16.56	625m: 6:55.53	16.71
	50m: 30.02	16.04	250m: 2:44.42	16.55	450m: 4:57.76	16.86	650m: 7:12.54	17.01
	75m: 46.43	16.41	275m: 3:01.04	16.62	475m: 5:14.62	16.86	675m: 7:29.34	16.80
	100m: 1:03.13	16.70	300m: 3:17.56	16.52	500m: 5:31.28	16.66	700m: 7:46.32	16.98
	125m: 1:19.85	16.72	325m: 3:34.36	16.80	525m: 5:48.03	16.75	725m: 8:03.34	17.02
	150m: 1:36.81	16.96	350m: 3:51.08	16.72	550m: 6:04.97	16.94	750m: 8:20.08	16.74
	175m: 1:53.84	17.03	375m: 4:07.73	16.65	575m: 6:21.86	16.89	775m: 8:36.39	16.31
	200m: 2:11.21	17.37	400m: 4:24.34	16.61	600m: 6:38.82	16.96	800m: 8:52.46	16.07
5.	Bregje Dekkers	PSV	200900746	NED	9:03.61	+0,72	677	
	25m: 14.28	14.28	225m: 2:27.37	17.18	425m: 4:43.80	17.27	625m: 7:01.44	17.51
	50m: 30.19	15.91	250m: 2:44.30	16.93	450m: 5:00.99	17.19	650m: 7:18.91	17.47
	75m: 46.47	16.28	275m: 3:01.12	16.82	475m: 5:18.05	17.06	675m: 7:36.46	17.55
	100m: 1:02.92	16.45	300m: 3:18.08	16.96	500m: 5:34.94	16.89	700m: 7:53.94	17.48
	125m: 1:19.62	16.70	325m: 3:35.10	17.02	525m: 5:52.22	17.28	725m: 8:11.59	17.65
	150m: 1:36.30	16.68	350m: 3:52.28	17.18	550m: 6:09.46	17.24	750m: 8:29.18	17.59
	175m: 1:53.18	16.88	375m: 4:09.50	17.22	575m: 6:26.66	17.20	775m: 8:46.80	17.62
	200m: 2:10.19	17.01	400m: 4:26.53	17.03	600m: 6:43.93	17.27	800m: 9:03.61	16.81
6.	Veerle de Ridder	HZ&PC Heerenveen	200700778	NED	9:12.82	+0,68	644	
	25m: 13.76	13.76	225m: 2:27.21	17.15	425m: 4:44.42	17.30	625m: 7:07.39	18.23
	50m: 29.28	15.52	250m: 2:44.40	17.19	450m: 5:01.95	17.53	650m: 7:25.41	18.02
	75m: 45.22	15.94	275m: 3:01.49	17.09	475m: 5:19.41	17.46	675m: 7:43.64	18.23
	100m: 1:01.78	16.56	300m: 3:18.46	16.97	500m: 5:37.15	17.74	700m: 8:01.89	18.25
	125m: 1:18.55	16.77	325m: 3:35.59	17.13	525m: 5:55.14	17.99	725m: 8:19.90	18.01
	150m: 1:35.79	17.24	350m: 3:52.78	17.19	550m: 6:13.06	17.92	750m: 8:37.63	17.73
	175m: 1:52.87	17.08	375m: 4:09.89	17.11	575m: 6:31.27	18.21	775m: 8:55.46	17.83
	200m: 2:10.06	17.19	400m: 4:27.12	17.23	600m: 6:49.16	17.89	800m: 9:12.82	17.36
7.	Alysha de Jong	ZPCH	200400086	NED	9:13.50	+0,78	641	
	25m: 13.65	13.65	225m: 2:28.10	17.35	425m: 4:48.23	17.93	625m: 7:10.40	17.82
	50m: 29.05	15.40	250m: 2:45.46	17.36	450m: 5:06.11	17.88	650m: 7:28.35	17.95
	75m: 45.42	16.37	275m: 3:02.65	17.19	475m: 5:23.98	17.87	675m: 7:46.27	17.92
	100m: 1:02.23	16.81	300m: 3:20.06	17.41	500m: 5:41.55	17.57	700m: 8:04.33	18.06
	125m: 1:19.19	16.96	325m: 3:37.55	17.49	525m: 5:59.12	17.57	725m: 8:21.91	17.58
	150m: 1:36.19	17.00	350m: 3:55.08	17.53	550m: 6:17.05	17.93	750m: 8:39.61	17.70
	175m: 1:53.40	17.21	375m: 4:12.62	17.54	575m: 6:34.73	17.68	775m: 8:56.88	17.27
	200m: 2:10.75	17.35	400m: 4:30.30	17.68	600m: 6:52.58	17.85	800m: 9:13.50	16.62
8.	Nina Tetteroo	De Columbian	201000048	NED	9:17.15	+0,75	629	
	25m: 14.41	14.41	225m: 2:30.81	17.38	425m: 4:50.92	17.83	625m: 7:13.33	17.88
	50m: 30.44	16.03	250m: 2:48.05	17.24	450m: 5:08.41	17.49	650m: 7:30.98	17.65
	75m: 47.31	16.87	275m: 3:05.42	17.37	475m: 5:26.31	17.90	675m: 7:48.91	17.93
	100m: 1:04.26	16.95	300m: 3:22.97	17.55	500m: 5:44.03	17.72	700m: 8:06.93	18.02
	125m: 1:21.48	17.22	325m: 3:40.44	17.47	525m: 6:02.02	17.99	725m: 8:24.88	17.95
	150m: 1:38.73	17.25	350m: 3:57.92	17.48	550m: 6:19.88	17.86	750m: 8:42.46	17.58
	175m: 1:56.10	17.37	375m: 4:15.60	17.68	575m: 6:37.76	17.88	775m: 9:00.35	17.89
	200m: 2:13.43	17.33	400m: 4:33.09	17.49	600m: 6:55.45	17.69	800m: 9:17.15	16.80



Programmanr. 40, Dames, 800m vrije slag, Senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
9.	Jill Meines	Blue Marlins				200704846	NED		9:20.67	+0,80	617	
	25m: 14.05	14.05	225m: 2:29.70	17.14	425m: 4:51.10	17.79	625m: 7:14.80	17.92				
	50m: 30.12	16.07	250m: 2:47.41	17.71	450m: 5:08.94	17.84	650m: 7:32.92	18.12				
	75m: 46.64	16.52	275m: 3:04.63	17.22	475m: 5:26.47	17.53	675m: 7:51.26	18.34				
	100m: 1:03.72	17.08	300m: 3:22.37	17.74	500m: 5:44.39	17.92	700m: 8:09.80	18.54				
	125m: 1:20.68	16.96	325m: 3:40.08	17.71	525m: 6:02.25	17.86	725m: 8:27.95	18.15				
	150m: 1:37.93	17.25	350m: 3:57.65	17.57	550m: 6:20.34	18.09	750m: 8:46.06	18.11				
	175m: 1:55.16	17.23	375m: 4:15.33	17.68	575m: 6:38.44	18.10	775m: 9:03.73	17.67				
	200m: 2:12.56	17.40	400m: 4:33.31	17.98	600m: 6:56.88	18.44	800m: 9:20.67	16.94				
10.	Yanique Eekhof	ZPC AMERSFOORT				201001428	NED		9:26.19	+0,74	599	
	25m: 15.19	15.19	225m: 2:35.17	17.80	425m: 4:58.88	17.53	625m: 7:21.69	17.88				
	50m: 31.72	16.53	250m: 2:53.26	18.09	450m: 5:16.74	17.86	650m: 7:39.75	18.06				
	75m: 49.07	17.35	275m: 3:11.16	17.90	475m: 5:34.46	17.72	675m: 7:57.59	17.84				
	100m: 1:06.50	17.43	300m: 3:29.33	18.17	500m: 5:52.41	17.95	700m: 8:15.41	17.82				
	125m: 1:24.03	17.53	325m: 3:47.34	18.01	525m: 6:10.53	18.12	725m: 8:33.51	18.10				
	150m: 1:41.75	17.72	350m: 4:05.42	18.08	550m: 6:28.36	17.83	750m: 8:51.43	17.92				
	175m: 1:59.66	17.91	375m: 4:23.30	17.88	575m: 6:45.87	17.51	775m: 9:09.11	17.68				
	200m: 2:17.37	17.71	400m: 4:41.35	18.05	600m: 7:03.81	17.94	800m: 9:26.19	17.08				
11.	Brechtje Slootweg	ZPC AMERSFOORT				201101744	NED		9:30.60	+0,70	585	
	25m: 14.25	14.25	225m: 2:32.52	17.80	425m: 4:57.11	18.02	625m: 7:23.29	18.22				
	50m: 30.29	16.04	250m: 2:50.55	18.03	450m: 5:15.10	17.99	650m: 7:41.69	18.40				
	75m: 47.22	16.93	275m: 3:08.65	18.10	475m: 5:33.49	18.39	675m: 7:59.97	18.28				
	100m: 1:04.27	17.05	300m: 3:26.59	17.94	500m: 5:51.80	18.31	700m: 8:18.62	18.65				
	125m: 1:21.63	17.36	325m: 3:44.53	17.94	525m: 6:10.01	18.21	725m: 8:36.85	18.23				
	150m: 1:39.37	17.74	350m: 4:02.73	18.20	550m: 6:28.28	18.27	750m: 8:55.07	18.22				
	175m: 1:56.98	17.61	375m: 4:21.01	18.28	575m: 6:46.66	18.38	775m: 9:13.27	18.20				
	200m: 2:14.72	17.74	400m: 4:39.09	18.08	600m: 7:05.07	18.41	800m: 9:30.60	17.33				
12.	Dana Bulters	De Dolfijn				201104138	NED		9:31.14	+0,68	584	
	25m: 14.42	14.42	225m: 2:35.93	18.34	425m: 5:02.31	18.23	625m: 7:27.56	18.03				
	50m: 30.90	16.48	250m: 2:54.26	18.33	450m: 5:20.41	18.10	650m: 7:45.69	18.13				
	75m: 48.25	17.35	275m: 3:12.53	18.27	475m: 5:38.57	18.16	675m: 8:03.67	17.98				
	100m: 1:05.54	17.29	300m: 3:30.83	18.30	500m: 5:56.98	18.41	700m: 8:21.74	18.07				
	125m: 1:23.36	17.82	325m: 3:49.13	18.30	525m: 6:15.14	18.16	725m: 8:39.37	17.63				
	150m: 1:41.42	18.06	350m: 4:07.55	18.42	550m: 6:33.42	18.28	750m: 8:57.22	17.85				
	175m: 1:59.56	18.14	375m: 4:25.81	18.26	575m: 6:51.40	17.98	775m: 9:14.65	17.43				
	200m: 2:17.59	18.03	400m: 4:44.08	18.27	600m: 7:09.53	18.13	800m: 9:31.14	16.49				
13.	Imre Bouwland	ZPC Hoogeveen				200700388	NED		9:51.70	+0,74	525	
	25m: 14.54	14.54	225m: 2:39.14	18.65	425m: 5:09.18	19.02	625m: 7:41.17	18.95				
	50m: 31.13	16.59	250m: 2:57.80	18.66	450m: 5:28.09	18.91	650m: 8:00.05	18.88				
	75m: 48.55	17.42	275m: 3:16.36	18.56	475m: 5:47.24	19.15	675m: 8:19.07	19.02				
	100m: 1:06.66	18.11	300m: 3:35.16	18.80	500m: 6:06.04	18.80	700m: 8:37.73	18.66				
	125m: 1:24.91	18.25	325m: 3:53.97	18.81	525m: 6:25.14	19.10	725m: 8:56.51	18.78				
	150m: 1:43.45	18.54	350m: 4:12.60	18.63	550m: 6:44.06	18.92	750m: 9:14.96	18.45				
	175m: 2:01.66	18.21	375m: 4:31.45	18.85	575m: 7:03.04	18.98	775m: 9:34.01	19.05				
	200m: 2:20.49	18.83	400m: 4:50.16	18.71	600m: 7:22.22	19.18	800m: 9:51.70	17.69				
NG	Laura van Etten	HZ&PC Heerenveen				200800264	NED					
NG	Jade van der Schrier	HPC - AZC				200800692	NED					