

Programmanr. 37
 25-10-2026 - 19:20

Heren, 400m wisselslag

 Senioren Open
 Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
Finale A												
1.	Youri Voet	ZPC AMERSFOORT				200502269	NED	4:19.98		+0,70	736	
	25m: 12.57	12.57	125m: 1:17.50	17.74	225m: 2:26.13	18.34	325m: 3:36.83	15.53				
	50m: 27.64	15.07	150m: 1:34.30	16.80	250m: 2:44.33	18.20	350m: 3:51.65	14.82				
	75m: 43.55	15.91	175m: 1:51.26	16.96	275m: 3:02.73	18.40	375m: 4:06.35	14.70				
	100m: 59.76	16.21	200m: 2:07.79	16.53	300m: 3:21.30	18.57	400m: 4:19.98	13.63				
2.	Boele Böhm	SG Bayer				524109	NED	4:23.87		+0,70	704	
	25m: 12.48	12.48	125m: 1:16.35	17.18	225m: 2:28.03	19.41	325m: 3:41.30	14.37				
	50m: 27.68	15.20	150m: 1:33.50	17.15	250m: 2:48.08	20.05	350m: 3:55.93	14.63				
	75m: 42.65	14.97	175m: 1:51.18	17.68	275m: 3:06.96	18.88	375m: 4:10.07	14.14				
	100m: 59.17	16.52	200m: 2:08.62	17.44	300m: 3:26.93	19.97	400m: 4:23.87	13.80				
3.	Wouter Zijlstra	HZ&PC Heerenveen				200401545	NED	4:25.41		+0,62	692	
	25m: 12.68	12.68	125m: 1:16.97	17.03	225m: 2:26.47	18.63	325m: 3:39.08	15.32				
	50m: 27.90	15.22	150m: 1:33.90	16.93	250m: 2:45.06	18.59	350m: 3:54.36	15.28				
	75m: 43.68	15.78	175m: 1:51.00	17.10	275m: 3:04.26	19.20	375m: 4:09.95	15.59				
	100m: 59.94	16.26	200m: 2:07.84	16.84	300m: 3:23.76	19.50	400m: 4:25.41	15.46				
4.	Yarno van Dam	HPC - ACZ				200800115	NED	4:27.02		+0,76	680	
	25m: 12.87	12.87	125m: 1:18.87	17.11	225m: 2:29.24	19.17	325m: 3:43.62	15.39				
	50m: 28.74	15.87	150m: 1:35.71	16.84	250m: 2:48.67	19.43	350m: 3:58.39	14.77				
	75m: 44.97	16.23	175m: 1:52.72	17.01	275m: 3:08.31	19.64	375m: 4:12.89	14.50				
	100m: 1:01.76	16.79	200m: 2:10.07	17.35	300m: 3:28.23	19.92	400m: 4:27.02	14.13				
5.	Olivier Wilbers	De Dolfijn				200600181	NED	4:28.41		+0,74	669	
	25m: 13.25	13.25	125m: 1:19.84	17.38	225m: 2:30.13	19.58	325m: 3:45.10	15.40				
	50m: 29.36	16.11	150m: 1:36.54	16.70	250m: 2:49.98	19.85	350m: 3:59.64	14.54				
	75m: 45.72	16.36	175m: 1:53.39	16.85	275m: 3:09.59	19.61	375m: 4:14.17	14.53				
	100m: 1:02.46	16.74	200m: 2:10.55	17.16	300m: 3:29.70	20.11	400m: 4:28.41	14.24				
6.	Stefan van der Meer	VZC				200901361	NED	4:34.68		+0,66	624	
	25m: 12.47	12.47	125m: 1:18.93	17.83	225m: 2:30.51	19.44	325m: 3:47.33	16.56				
	50m: 27.81	15.34	150m: 1:36.21	17.28	250m: 2:50.12	19.61	350m: 4:03.46	16.13				
	75m: 44.35	16.54	175m: 1:53.64	17.43	275m: 3:10.15	20.03	375m: 4:19.60	16.14				
	100m: 1:01.10	16.75	200m: 2:11.07	17.43	300m: 3:30.77	20.62	400m: 4:34.68	15.08				
7.	Tijn Hilders	De Dolfijn				200700027	NED	4:34.76		+0,68	624	
	25m: 12.83	12.83	125m: 1:20.21	18.49	225m: 2:33.04	18.71	325m: 3:48.37	16.17				
	50m: 28.57	15.74	150m: 1:38.02	17.81	250m: 2:52.62	19.58	350m: 4:04.08	15.71				
	75m: 44.99	16.42	175m: 1:56.32	18.30	275m: 3:12.36	19.74	375m: 4:19.68	15.60				
	100m: 1:01.72	16.73	200m: 2:14.33	18.01	300m: 3:32.20	19.84	400m: 4:34.76	15.08				
8.	Dax van den Noulund	Blue Marlins				201000071	NED	4:36.33		+0,70	613	
	25m: 13.52	13.52	125m: 1:23.28	19.01	225m: 2:36.05	18.61	325m: 3:49.33	16.18				
	50m: 29.39	15.87	150m: 1:41.20	17.92	250m: 2:54.60	18.55	350m: 4:05.03	15.70				
	75m: 46.51	17.12	175m: 1:59.48	18.28	275m: 3:14.07	19.47	375m: 4:21.12	16.09				
	100m: 1:04.27	17.76	200m: 2:17.44	17.96	300m: 3:33.15	19.08	400m: 4:36.33	15.21				
9.	Jasper Thijert	WS Twente				200700321	NED	4:38.43		+0,72	599	
	25m: 13.11	13.11	125m: 1:23.28	18.80	225m: 2:36.52	18.67	325m: 3:51.62	16.84				
	50m: 29.42	16.31	150m: 1:41.71	18.43	250m: 2:55.99	19.47	350m: 4:07.71	16.09				
	75m: 46.60	17.18	175m: 1:59.74	18.03	275m: 3:15.22	19.23	375m: 4:23.37	15.66				
	100m: 1:04.48	17.88	200m: 2:17.85	18.11	300m: 3:34.78	19.56	400m: 4:38.43	15.06				
10.	Finn Stamsnieder	OZ&PC				200900225	NED	4:40.35		+0,73	587	
	25m: 12.93	12.93	125m: 1:23.89	18.28	225m: 2:36.19	19.35	325m: 3:52.37	16.66				
	50m: 29.52	16.59	150m: 1:41.20	17.31	250m: 2:55.93	19.74	350m: 4:08.71	16.34				
	75m: 47.16	17.64	175m: 1:58.78	17.58	275m: 3:15.63	19.70	375m: 4:24.67	15.96				
	100m: 1:05.61	18.45	200m: 2:16.84	18.06	300m: 3:35.71	20.08	400m: 4:40.35	15.68				
Finale B												
11.	Jelte de Jong	ZPCH				200900975	NED	4:37.95		+0,73	602	
	25m: 13.42	13.42	125m: 1:22.90	18.43	225m: 2:34.96	19.72	325m: 3:51.59	15.96				
	50m: 29.95	16.53	150m: 1:40.67	17.77	250m: 2:54.72	19.76	350m: 4:06.95	15.36				
	75m: 46.97	17.02	175m: 1:58.17	17.50	275m: 3:15.05	20.33	375m: 4:22.50	15.55				
	100m: 1:04.47	17.50	200m: 2:15.24	17.07	300m: 3:35.63	20.58	400m: 4:37.95	15.45				
12.	Giovanni Wolfgang	MSV-Zeemacht				201100859	NED	4:40.54		+0,68	586	
	25m: 13.14	13.14	125m: 1:22.27	18.56	225m: 2:36.28	19.75	325m: 3:54.61	16.23				
	50m: 29.06	15.92	150m: 1:40.21	17.94	250m: 2:56.48	20.20	350m: 4:10.21	15.60				
	75m: 45.96	16.90	175m: 1:58.50	18.29	275m: 3:17.28	20.80	375m: 4:25.70	15.49				
	100m: 1:03.71	17.75	200m: 2:16.53	18.03	300m: 3:38.38	21.10	400m: 4:40.54	14.84				
13.	Kasper Lubbers	ZV Orca Leeuwarden				201100025	NED	4:41.32		+0,66	581	
	25m: 13.91	13.91	125m: 1:24.17	18.26	225m: 2:36.47	19.97	325m: 3:53.73	16.93				
	50m: 30.88	16.97	150m: 1:41.52	17.35	250m: 2:56.35	19.88	350m: 4:09.63	15.90				
	75m: 48.06	17.18	175m: 1:59.30	17.78	275m: 3:16.38	20.03	375m: 4:25.71	16.08				
	100m: 1:05.91	17.85	200m: 2:16.50	17.20	300m: 3:36.80	20.42	400m: 4:41.32	15.61				



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rang	naam	vereniging						tijd		RT	FINA	para
14.	Adriaan Coppelmans	AZC				200903243	NED	4:41.39 *		+0,69	581	
	25m: 12.95	12.95	125m: 1:22.37	17.80	225m: 2:35.89	19.41	325m: 3:54.74	15.90				
	50m: 29.69	16.74	150m: 1:40.22	17.85	250m: 2:57.46	21.57	350m: 4:10.96	16.22				
	75m: 46.07	16.38	175m: 1:58.00	17.78	275m: 3:17.23	19.77	375m: 4:26.88	15.92				
	100m: 1:04.57	18.50	200m: 2:16.48	18.48	300m: 3:38.84	21.61	400m: 4:41.39	14.51				
15.	Odo McCarty	CWW				200700307	NED	4:42.94		+0,67	571	
	25m: 13.38	13.38	125m: 1:23.01	18.94	225m: 2:35.20	19.33	325m: 3:53.51	16.27				
	50m: 29.43	16.05	150m: 1:40.41	17.40	250m: 2:55.76	20.56	350m: 4:10.03	16.52				
	75m: 46.59	17.16	175m: 1:58.19	17.78	275m: 3:15.90	20.14	375m: 4:26.58	16.55				
	100m: 1:04.07	17.48	200m: 2:15.87	17.68	300m: 3:37.24	21.34	400m: 4:42.94	16.36				
16.	Bas Blanker	ACZ				200601497	NED	4:43.26		+0,71	569	
	25m: 12.95	12.95	125m: 1:22.66	19.06	225m: 2:38.98	20.71	325m: 3:57.85	16.91				
	50m: 28.93	15.98	150m: 1:40.98	18.32	250m: 2:59.54	20.56	350m: 4:14.01	16.16				
	75m: 45.91	16.98	175m: 1:59.47	18.49	275m: 3:20.53	20.99	375m: 4:29.22	15.21				
	100m: 1:03.60	17.69	200m: 2:18.27	18.80	300m: 3:40.94	20.41	400m: 4:43.26	14.04				
17.	Jesse Marijn Thimister	ZEPS				200602893	NED	4:43.97		+0,67	565	
	25m: 13.63	13.63	125m: 1:25.33	20.03	225m: 2:41.58	19.16	325m: 3:57.07	17.06				
	50m: 30.25	16.62	150m: 1:44.63	19.30	250m: 3:00.99	19.41	350m: 4:13.08	16.01				
	75m: 47.50	17.25	175m: 2:03.37	18.74	275m: 3:20.39	19.40	375m: 4:29.01	15.93				
	100m: 1:05.30	17.80	200m: 2:22.42	19.05	300m: 3:40.01	19.62	400m: 4:43.97	14.96				
18.	Laurens van Nulck	Hellas-Glana				201100521	NED	4:44.91		+0,68	559	
	25m: 13.29	13.29	125m: 1:24.09	19.99	225m: 2:39.98	18.76	325m: 3:56.56	17.61				
	50m: 28.96	15.67	150m: 1:43.32	19.23	250m: 2:59.39	19.41	350m: 4:12.81	16.25				
	75m: 46.32	17.36	175m: 2:02.68	19.36	275m: 3:19.15	19.76	375m: 4:29.43	16.62				
	100m: 1:04.10	17.78	200m: 2:21.22	18.54	300m: 3:38.95	19.80	400m: 4:44.91	15.48				
19.	Wessel van Dorst	Aqua-Novio'94				200900727	NED	4:44.93		+0,65	559	
	25m: 12.45	12.45	125m: 1:20.63	18.72	225m: 2:35.78	21.28	325m: 3:57.85	17.17				
	50m: 27.98	15.53	150m: 1:38.45	17.82	250m: 2:57.19	21.41	350m: 4:13.80	15.95				
	75m: 44.56	16.58	175m: 1:56.67	18.22	275m: 3:18.76	21.57	375m: 4:29.58	15.78				
	100m: 1:01.91	17.35	200m: 2:14.50	17.83	300m: 3:40.68	21.92	400m: 4:44.93	15.35				
20.	Emiel de Bruijn	DZ&PC				200700953	NED	4:45.21		+0,69	558	
	25m: 13.14	13.14	125m: 1:24.24	19.52	225m: 2:39.61	18.60	325m: 3:57.04	17.71				
	50m: 29.41	16.27	150m: 1:43.42	19.18	250m: 2:59.48	19.87	350m: 4:13.64	16.60				
	75m: 46.39	16.98	175m: 2:01.87	18.45	275m: 3:19.08	19.60	375m: 4:29.97	16.33				
	100m: 1:04.72	18.33	200m: 2:21.01	19.14	300m: 3:39.33	20.25	400m: 4:45.21	15.24				