

Programmanr. 29
 24-10-2026 - 18:30

Heren, 1500m vrije slag

 Senioren Open
 Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
NK onder 18												
1.	Jelte de Jong	ZPCH				200900975	NED	15:54.54	+0,74	698		
	25m: 13.29	13.29	400m: 4:10.64	15.95	775m: 8:10.80	15.90	1150m: 12:11.34	16.18				
	50m: 28.30	15.01	425m: 4:26.58	15.94	800m: 8:26.89	16.09	1175m: 12:27.51	16.17				
	75m: 43.65	15.35	450m: 4:42.73	16.15	825m: 8:42.85	15.96	1200m: 12:43.77	16.26				
	100m: 59.43	15.78	475m: 4:58.68	15.95	850m: 8:58.85	16.00	1225m: 12:59.84	16.07				
	125m: 1:15.26	15.83	500m: 5:14.94	16.26	875m: 9:14.68	15.83	1250m: 13:16.05	16.21				
	150m: 1:31.33	16.07	525m: 5:30.88	15.94	900m: 9:30.90	16.22	1275m: 13:32.17	16.12				
	175m: 1:47.13	15.80	550m: 5:46.92	16.04	925m: 9:46.87	15.97	1300m: 13:48.50	16.33				
	200m: 2:03.11	15.98	575m: 6:02.89	15.97	950m: 10:02.97	16.10	1325m: 14:04.56	16.06				
	225m: 2:19.04	15.93	600m: 6:19.06	16.17	975m: 10:18.82	15.85	1350m: 14:20.83	16.27				
	250m: 2:35.16	16.12	625m: 6:34.84	15.78	1000m: 10:34.98	16.16	1375m: 14:36.89	16.06				
	275m: 2:50.94	15.78	650m: 6:50.99	16.15	1025m: 10:50.93	15.95	1400m: 14:53.05	16.16				
	300m: 3:06.90	15.96	675m: 7:06.86	15.87	1050m: 11:07.14	16.21	1425m: 15:08.97	15.92				
	325m: 3:22.79	15.89	700m: 7:22.94	16.08	1075m: 11:23.10	15.96	1450m: 15:24.95	15.98				
	350m: 3:38.78	15.99	725m: 7:38.80	15.86	1100m: 11:39.11	16.01	1475m: 15:39.96	15.01				
	375m: 3:54.69	15.91	750m: 7:54.90	16.10	1125m: 11:55.16	16.05	1500m: 15:54.54	14.58				
2.	Dax van den Noulund	Blue Marlins				201000071	NED	16:01.77	+0,78	682		
	25m: 13.55	13.55	400m: 4:11.97	16.23	775m: 8:14.34	16.00	1150m: 12:16.80	16.30				
	50m: 28.35	14.80	425m: 4:28.02	16.05	800m: 8:30.66	16.32	1175m: 12:33.08	16.28				
	75m: 43.69	15.34	450m: 4:44.19	16.17	825m: 8:46.81	16.15	1200m: 12:49.43	16.35				
	100m: 59.33	15.64	475m: 5:00.31	16.12	850m: 9:02.87	16.06	1225m: 13:05.74	16.31				
	125m: 1:15.00	15.67	500m: 5:16.53	16.22	875m: 9:18.98	16.11	1250m: 13:22.06	16.32				
	150m: 1:30.91	15.91	525m: 5:32.61	16.08	900m: 9:35.22	16.24	1275m: 13:37.91	15.85				
	175m: 1:46.93	16.02	550m: 5:48.71	16.10	925m: 9:51.33	16.11	1300m: 13:54.10	16.19				
	200m: 2:03.00	16.07	575m: 6:04.94	16.23	950m: 10:07.47	16.14	1325m: 14:10.03	15.93				
	225m: 2:18.95	15.95	600m: 6:21.16	16.22	975m: 10:23.53	16.06	1350m: 14:26.33	16.30				
	250m: 2:35.03	16.08	625m: 6:37.28	16.12	1000m: 10:39.81	16.28	1375m: 14:42.51	16.18				
	275m: 2:51.23	16.20	650m: 6:53.50	16.22	1025m: 10:55.99	16.18	1400m: 14:58.64	16.13				
	300m: 3:07.32	16.09	675m: 7:09.62	16.12	1050m: 11:12.17	16.18	1425m: 15:14.57	15.93				
	325m: 3:23.40	16.08	700m: 7:25.94	16.32	1075m: 11:28.35	16.18	1450m: 15:30.83	16.26				
	350m: 3:39.53	16.13	725m: 7:42.07	16.13	1100m: 11:44.57	16.22	1475m: 15:46.52	15.69				
	375m: 3:55.74	16.21	750m: 7:58.34	16.27	1125m: 12:00.50	15.93	1500m: 16:01.77	15.25				
3.	Xander Kragting	ZPC AMERSFOORT				200900077	NED	16:30.50	+0,77	625		
	25m: 13.78	13.78	400m: 4:21.19	16.63	775m: 8:31.54	16.81	1150m: 12:41.31	16.58				
	50m: 29.56	15.78	425m: 4:37.65	16.46	800m: 8:48.27	16.73	1175m: 12:57.72	16.41				
	75m: 45.72	16.16	450m: 4:54.43	16.78	825m: 9:04.85	16.58	1200m: 13:14.40	16.68				
	100m: 1:02.19	16.47	475m: 5:11.01	16.58	850m: 9:21.55	16.70	1225m: 13:30.78	16.38				
	125m: 1:18.66	16.47	500m: 5:27.89	16.88	875m: 9:38.31	16.76	1250m: 13:47.40	16.62				
	150m: 1:35.18	16.52	525m: 5:44.44	16.55	900m: 9:55.17	16.86	1275m: 14:03.86	16.46				
	175m: 1:51.68	16.50	550m: 6:01.39	16.95	925m: 10:11.68	16.51	1300m: 14:20.52	16.66				
	200m: 2:08.28	16.60	575m: 6:17.71	16.32	950m: 10:28.24	16.56	1325m: 14:36.79	16.27				
	225m: 2:24.69	16.41	600m: 6:34.43	16.72	975m: 10:44.90	16.66	1350m: 14:53.23	16.44				
	250m: 2:41.33	16.64	625m: 6:51.03	16.60	1000m: 11:01.63	16.73	1375m: 15:09.70	16.47				
	275m: 2:57.83	16.50	650m: 7:07.91	16.88	1025m: 11:18.38	16.75	1400m: 15:26.15	16.45				
	300m: 3:14.57	16.74	675m: 7:24.68	16.77	1050m: 11:35.00	16.62	1425m: 15:42.49	16.34				
	325m: 3:31.21	16.64	700m: 7:41.47	16.79	1075m: 11:51.41	16.41	1450m: 15:58.86	16.37				
	350m: 3:48.23	17.02	725m: 7:58.08	16.61	1100m: 12:08.03	16.62	1475m: 16:14.97	16.11				
	375m: 4:04.56	16.33	750m: 8:14.73	16.65	1125m: 12:24.73	16.70	1500m: 16:30.50	15.53				
4.	Mattias Stolk	HZ&PC Heerenveen				201000525	NED	16:34.46 *	+0,78	617		
	25m: 13.17	13.17	400m: 4:11.36	16.22	775m: 8:17.92	16.90	1150m: 12:30.67	17.26				
	50m: 27.71	14.54	425m: 4:27.52	16.16	800m: 8:34.23	16.31	1175m: 12:47.80	17.13				
	75m: 43.04	15.33	450m: 4:43.97	16.45	825m: 8:50.21	15.98	1200m: 13:05.07	17.27				
	100m: 58.72	15.68	475m: 5:00.20	16.23	850m: 9:06.73	16.52	1225m: 13:22.59	17.52				
	125m: 1:14.59	15.87	500m: 5:16.46	16.26	875m: 9:23.12	16.39	1250m: 13:40.16	17.57				
	150m: 1:30.59	16.00	525m: 5:32.58	16.12	900m: 9:39.95	16.83	1275m: 13:57.65	17.49				
	175m: 1:46.44	15.85	550m: 5:48.91	16.33	925m: 9:56.95	17.00	1300m: 14:15.05	17.40				
	200m: 2:02.25	15.81	575m: 6:05.18	16.27	950m: 10:13.75	16.80	1325m: 14:32.54	17.49				
	225m: 2:18.24	15.99	600m: 6:21.70	16.52	975m: 10:30.59	16.84	1350m: 14:50.27	17.73				
	250m: 2:34.39	16.15	625m: 6:38.26	16.56	1000m: 10:47.78	17.19	1375m: 15:07.91	17.64				
	275m: 2:50.42	16.03	650m: 6:55.03	16.77	1025m: 11:04.77	16.99	1400m: 15:25.41	17.50				
	300m: 3:06.77	16.35	675m: 7:11.44	16.41	1050m: 11:22.09	17.32	1425m: 15:42.62	17.21				
	325m: 3:22.81	16.04	700m: 7:27.97	16.53	1075m: 11:38.93	16.84	1450m: 15:59.94	17.32				
	350m: 3:39.32	16.51	725m: 7:44.41	16.44	1100m: 11:56.14	17.21	1475m: 16:17.40	17.46				
	375m: 3:55.14	15.82	750m: 8:01.02	16.61	1125m: 12:13.41	17.27	1500m: 16:34.46	17.06				



Programmanr. 29, Jongens, 1500m vrije slag, NK onder 18

rang	naam	vereniging						tijd	RT	FINA	para
5.	Baris Tomu	ZPCH		201000869		NED		16:38.39	+0,69	610	
	25m:	13.79	400m:	4:19.32	16.53	775m:	8:28.10	16.82	1150m:	12:41.09	16.76
	50m:	29.47	425m:	4:35.92	16.60	800m:	8:44.90	16.80	1175m:	12:57.93	16.84
	75m:	45.63	450m:	4:52.27	16.35	825m:	9:01.75	16.85	1200m:	13:14.81	16.88
	100m:	1:02.32	475m:	5:08.61	16.34	850m:	9:18.61	16.86	1225m:	13:31.88	17.07
	125m:	1:19.00	500m:	5:25.31	16.70	875m:	9:35.36	16.75	1250m:	13:48.32	16.44
	150m:	1:35.32	525m:	5:41.89	16.58	900m:	9:52.21	16.85	1275m:	14:05.15	16.83
	175m:	1:51.47	550m:	5:58.15	16.26	925m:	10:08.84	16.63	1300m:	14:22.34	17.19
	200m:	2:07.80	575m:	6:14.81	16.66	950m:	10:25.56	16.72	1325m:	14:39.92	17.58
	225m:	2:24.20	600m:	6:31.50	16.69	975m:	10:42.58	17.02	1350m:	14:57.44	17.52
	250m:	2:40.54	625m:	6:48.15	16.65	1000m:	10:59.73	17.15	1375m:	15:14.50	17.06
	275m:	2:57.22	650m:	7:04.85	16.70	1025m:	11:16.59	16.86	1400m:	15:31.58	17.08
	300m:	3:13.75	675m:	7:21.25	16.40	1050m:	11:33.58	16.99	1425m:	15:48.50	16.92
	325m:	3:30.27	700m:	7:37.92	16.67	1075m:	11:50.31	16.73	1450m:	16:05.67	17.17
	350m:	3:46.58	725m:	7:54.46	16.54	1100m:	12:07.22	16.91	1475m:	16:22.39	16.72
	375m:	4:02.79	750m:	8:11.28	16.82	1125m:	12:24.33	17.11	1500m:	16:38.39	16.00

AFGEM Sverre van der Zwaan

WVZ

200900737

NED

NK onder 20

1.	Tieme Marten Wiersma	HPC - DZ&PC		200701031		NED		15:27.94	+0,74	760	
	25m:	13.13	400m:	4:06.88	15.86	775m:	7:59.91	15.44	1150m:	11:50.98	15.33
	50m:	27.95	425m:	4:22.51	15.63	800m:	8:15.44	15.53	1175m:	12:06.30	15.32
	75m:	43.20	450m:	4:38.25	15.74	825m:	8:30.86	15.42	1200m:	12:21.69	15.39
	100m:	58.76	475m:	4:53.52	15.27	850m:	8:46.54	15.68	1225m:	12:37.08	15.39
	125m:	1:14.35	500m:	5:08.99	15.47	875m:	9:01.92	15.38	1250m:	12:52.48	15.40
	150m:	1:30.12	525m:	5:24.29	15.30	900m:	9:17.39	15.47	1275m:	13:07.94	15.46
	175m:	1:45.68	550m:	5:39.87	15.58	925m:	9:32.68	15.29	1300m:	13:23.57	15.63
	200m:	2:01.39	575m:	5:55.24	15.37	950m:	9:48.13	15.45	1325m:	13:38.86	15.29
	225m:	2:16.91	600m:	6:10.89	15.65	975m:	10:03.55	15.42	1350m:	13:54.23	15.37
	250m:	2:32.69	625m:	6:26.56	15.67	1000m:	10:19.02	15.47	1375m:	14:09.77	15.54
	275m:	2:48.30	650m:	6:42.29	15.73	1025m:	10:34.31	15.29	1400m:	14:25.52	15.75
	300m:	3:04.21	675m:	6:57.78	15.49	1050m:	10:49.83	15.52	1425m:	14:41.00	15.48
	325m:	3:19.77	700m:	7:13.36	15.58	1075m:	11:05.02	15.19	1450m:	14:56.87	15.87
	350m:	3:35.45	725m:	7:28.80	15.44	1100m:	11:20.40	15.38	1475m:	15:12.84	15.97
	375m:	3:51.02	750m:	7:44.47	15.67	1125m:	11:35.65	15.25	1500m:	15:27.94	15.10
2.	Bram Loots	HPC - KZC		200700197		NED		15:35.25	+0,65	742	
	25m:	13.07	400m:	4:07.17	15.79	775m:	8:01.35	15.62	1150m:	11:57.55	15.68
	50m:	28.09	425m:	4:22.72	15.55	800m:	8:17.08	15.73	1175m:	12:13.12	15.57
	75m:	43.58	450m:	4:38.55	15.83	825m:	8:32.63	15.55	1200m:	12:28.85	15.73
	100m:	59.18	475m:	4:54.14	15.59	850m:	8:48.54	15.91	1225m:	12:44.47	15.62
	125m:	1:14.69	500m:	5:09.82	15.68	875m:	9:04.21	15.67	1250m:	13:00.27	15.80
	150m:	1:30.14	525m:	5:25.43	15.61	900m:	9:20.02	15.81	1275m:	13:16.17	15.90
	175m:	1:45.89	550m:	5:41.09	15.66	925m:	9:35.68	15.66	1300m:	13:32.13	15.96
	200m:	2:01.61	575m:	5:56.49	15.40	950m:	9:51.59	15.91	1325m:	13:47.87	15.74
	225m:	2:17.16	600m:	6:12.12	15.63	975m:	10:07.35	15.76	1350m:	14:03.62	15.75
	250m:	2:32.96	625m:	6:27.55	15.43	1000m:	10:23.23	15.88	1375m:	14:19.33	15.71
	275m:	2:48.67	650m:	6:43.20	15.65	1025m:	10:38.95	15.72	1400m:	14:35.05	15.72
	300m:	3:04.28	675m:	6:58.82	15.62	1050m:	10:54.92	15.97	1425m:	14:50.73	15.68
	325m:	3:19.94	700m:	7:14.52	15.70	1075m:	11:10.40	15.48	1450m:	15:06.22	15.49
	350m:	3:35.85	725m:	7:30.05	15.53	1100m:	11:26.18	15.78	1475m:	15:20.97	14.75
	375m:	3:51.38	750m:	7:45.73	15.68	1125m:	11:41.87	15.69	1500m:	15:35.25	14.28
3.	Diede Veld	HZ&PC Heerenveen		200800011		NED		15:40.07	+0,79	731	
	25m:	13.25	400m:	4:06.76	15.73	775m:	8:01.21	15.87	1150m:	12:00.75	16.36
	50m:	27.98	425m:	4:22.46	15.70	800m:	8:17.03	15.82	1175m:	12:15.77	15.02
	75m:	43.33	450m:	4:38.19	15.73	825m:	8:32.92	15.89	1200m:	12:31.16	15.39
	100m:	58.77	475m:	4:53.97	15.78	850m:	8:48.70	15.78	1225m:	12:46.62	15.46
	125m:	1:14.38	500m:	5:09.74	15.77	875m:	9:04.69	15.99	1250m:	13:02.62	16.00
	150m:	1:29.94	525m:	5:24.98	15.24	900m:	9:20.55	15.86	1275m:	13:18.97	16.35
	175m:	1:45.59	550m:	5:40.20	15.22	925m:	9:36.37	15.82	1300m:	13:34.90	15.93
	200m:	2:01.17	575m:	5:55.55	15.35	950m:	9:51.86	15.49	1325m:	13:50.66	15.76
	225m:	2:16.87	600m:	6:11.22	15.67	975m:	10:07.87	16.01	1350m:	14:06.18	15.52
	250m:	2:32.49	625m:	6:26.81	15.59	1000m:	10:23.44	15.57	1375m:	14:21.73	15.55
	275m:	2:48.27	650m:	6:42.64	15.83	1025m:	10:39.88	16.44	1400m:	14:37.33	15.60
	300m:	3:03.99	675m:	6:58.28	15.64	1050m:	10:56.30	16.42	1425m:	14:53.34	16.01
	325m:	3:19.69	700m:	7:13.95	15.67	1075m:	11:11.66	15.36	1450m:	15:08.99	15.65
	350m:	3:35.41	725m:	7:29.55	15.60	1100m:	11:27.89	16.23	1475m:	15:24.53	15.54
	375m:	3:51.03	750m:	7:45.34	15.79	1125m:	11:44.39	16.50	1500m:	15:40.07	15.54



Programmanr. 29, Heren, 1500m vrije slag, NK onder 20

rang	naam	vereniging				tijd				RT	FINA	para
4.	Emiel de Bruijn	DZ&PC				200700953	NED	16:59.43		+0,69	573	
	25m:	13.77	13.77	400m:	4:28.71	17.34	775m:	8:45.47	17.12	1150m:	13:03.14	17.27
	50m:	29.60	15.83	425m:	4:45.77	17.06	800m:	9:02.72	17.25	1175m:	13:20.19	17.05
	75m:	45.96	16.36	450m:	5:03.27	17.50	825m:	9:19.72	17.00	1200m:	13:37.32	17.13
	100m:	1:02.62	16.66	475m:	5:20.38	17.11	850m:	9:36.85	17.13	1225m:	13:54.40	17.08
	125m:	1:19.48	16.86	500m:	5:37.68	17.30	875m:	9:53.94	17.09	1250m:	14:11.71	17.31
	150m:	1:36.48	17.00	525m:	5:54.77	17.09	900m:	10:11.03	17.09	1275m:	14:29.00	17.29
	175m:	1:53.45	16.97	550m:	6:12.04	17.27	925m:	10:28.25	17.22	1300m:	14:46.23	17.23
	200m:	2:10.86	17.41	575m:	6:29.11	17.07	950m:	10:45.50	17.25	1325m:	15:03.38	17.15
	225m:	2:27.90	17.04	600m:	6:46.25	17.14	975m:	11:02.62	17.12	1350m:	15:20.53	17.15
	250m:	2:45.23	17.33	625m:	7:03.44	17.19	1000m:	11:19.94	17.32	1375m:	15:37.57	17.04
	275m:	3:02.33	17.10	650m:	7:20.42	16.98	1025m:	11:37.10	17.16	1400m:	15:54.73	17.16
	300m:	3:19.57	17.24	675m:	7:37.35	16.93	1050m:	11:54.28	17.18	1425m:	16:11.54	16.81
	325m:	3:36.63	17.06	700m:	7:54.34	16.99	1075m:	12:11.58	17.30	1450m:	16:28.44	16.90
	350m:	3:53.95	17.32	725m:	8:11.37	17.03	1100m:	12:28.66	17.08	1475m:	16:44.86	16.42
	375m:	4:11.37	17.42	750m:	8:28.35	16.98	1125m:	12:45.87	17.21	1500m:	16:59.43	14.57
5.	Joey Pop	ZVVS				200800277	NED	17:25.07		+0,78	532	
	25m:	13.52	13.52	400m:	4:24.10	17.52	775m:	8:49.27	17.50	1150m:	13:18.35	17.97
	50m:	28.50	14.98	425m:	4:41.81	17.71	800m:	9:07.72	18.45	1175m:	13:36.28	17.93
	75m:	44.42	15.92	450m:	4:59.28	17.47	825m:	9:25.76	18.04	1200m:	13:54.14	17.86
	100m:	1:00.66	16.24	475m:	5:16.67	17.39	850m:	9:43.24	17.48	1225m:	14:12.45	18.31
	125m:	1:17.11	16.45	500m:	5:34.55	17.88	875m:	10:00.78	17.54	1250m:	14:30.49	18.04
	150m:	1:33.77	16.66	525m:	5:52.58	18.03	900m:	10:18.89	18.11	1275m:	14:47.76	17.27
	175m:	1:50.44	16.67	550m:	6:10.16	17.58	925m:	10:36.85	17.96	1300m:	15:05.73	17.97
	200m:	2:07.30	16.86	575m:	6:27.33	17.17	950m:	10:54.75	17.90	1325m:	15:23.43	17.70
	225m:	2:24.04	16.74	600m:	6:45.35	18.02	975m:	11:12.53	17.78	1350m:	15:41.67	18.24
	250m:	2:40.95	16.91	625m:	7:02.89	17.54	1000m:	11:30.19	17.66	1375m:	15:59.16	17.49
	275m:	2:57.86	16.91	650m:	7:20.49	17.60	1025m:	11:48.09	17.90	1400m:	16:16.76	17.60
	300m:	3:15.00	17.14	675m:	7:38.53	18.04	1050m:	12:06.07	17.98	1425m:	16:34.38	17.62
	325m:	3:32.15	17.15	700m:	7:56.87	18.34	1075m:	12:24.69	18.62	1450m:	16:52.04	17.66
	350m:	3:49.46	17.31	725m:	8:14.59	17.72	1100m:	12:42.37	17.68	1475m:	17:09.66	17.62
	375m:	4:06.58	17.12	750m:	8:31.77	17.18	1125m:	13:00.38	18.01	1500m:	17:25.07	15.41

Senioren Open

1.	Tieme Marten Wiersma	HPC - DZ&PC				200701031	NED	15:27.94		+0,74	760	
	25m:	13.13	13.13	400m:	4:06.88	15.86	775m:	7:59.91	15.44	1150m:	11:50.98	15.33
	50m:	27.95	14.82	425m:	4:22.51	15.63	800m:	8:15.44	15.53	1175m:	12:06.30	15.32
	75m:	43.20	15.25	450m:	4:38.25	15.74	825m:	8:30.86	15.42	1200m:	12:21.69	15.39
	100m:	58.76	15.56	475m:	4:53.52	15.27	850m:	8:46.54	15.68	1225m:	12:37.08	15.39
	125m:	1:14.35	15.59	500m:	5:08.99	15.47	875m:	9:01.92	15.38	1250m:	12:52.48	15.40
	150m:	1:30.12	15.77	525m:	5:24.29	15.30	900m:	9:17.39	15.47	1275m:	13:07.94	15.46
	175m:	1:45.68	15.56	550m:	5:39.87	15.58	925m:	9:32.68	15.29	1300m:	13:23.57	15.63
	200m:	2:01.39	15.71	575m:	5:55.24	15.37	950m:	9:48.13	15.45	1325m:	13:38.86	15.29
	225m:	2:16.91	15.52	600m:	6:10.89	15.65	975m:	10:03.55	15.42	1350m:	13:54.23	15.37
	250m:	2:32.69	15.78	625m:	6:26.56	15.67	1000m:	10:19.02	15.47	1375m:	14:09.77	15.54
	275m:	2:48.30	15.61	650m:	6:42.29	15.73	1025m:	10:34.31	15.29	1400m:	14:25.52	15.75
	300m:	3:04.21	15.91	675m:	6:57.78	15.49	1050m:	10:49.83	15.52	1425m:	14:41.00	15.48
	325m:	3:19.77	15.56	700m:	7:13.36	15.58	1075m:	11:05.02	15.19	1450m:	14:56.87	15.87
	350m:	3:35.45	15.68	725m:	7:28.80	15.44	1100m:	11:20.40	15.38	1475m:	15:12.84	15.97
	375m:	3:51.02	15.57	750m:	7:44.47	15.67	1125m:	11:35.65	15.25	1500m:	15:27.94	15.10
2.	Bram Loots	HPC - KZC				200700197	NED	15:35.25		+0,65	742	
	25m:	13.07	13.07	400m:	4:07.17	15.79	775m:	8:01.35	15.62	1150m:	11:57.55	15.68
	50m:	28.09	15.02	425m:	4:22.72	15.55	800m:	8:17.08	15.73	1175m:	12:13.12	15.57
	75m:	43.58	15.49	450m:	4:38.55	15.83	825m:	8:32.63	15.55	1200m:	12:28.85	15.73
	100m:	59.18	15.60	475m:	4:54.14	15.59	850m:	8:48.54	15.91	1225m:	12:44.47	15.62
	125m:	1:14.69	15.51	500m:	5:09.82	15.68	875m:	9:04.21	15.67	1250m:	13:00.27	15.80
	150m:	1:30.14	15.45	525m:	5:25.43	15.61	900m:	9:20.02	15.81	1275m:	13:16.17	15.90
	175m:	1:45.89	15.75	550m:	5:41.09	15.66	925m:	9:35.68	15.66	1300m:	13:32.13	15.96
	200m:	2:01.61	15.72	575m:	5:56.49	15.40	950m:	9:51.59	15.91	1325m:	13:47.87	15.74
	225m:	2:17.16	15.55	600m:	6:12.12	15.63	975m:	10:07.35	15.76	1350m:	14:03.62	15.75
	250m:	2:32.96	15.80	625m:	6:27.55	15.43	1000m:	10:23.23	15.88	1375m:	14:19.33	15.71
	275m:	2:48.67	15.71	650m:	6:43.20	15.65	1025m:	10:38.95	15.72	1400m:	14:35.05	15.72
	300m:	3:04.28	15.61	675m:	6:58.82	15.62	1050m:	10:54.92	15.97	1425m:	14:50.73	15.68
	325m:	3:19.94	15.66	700m:	7:14.52	15.70	1075m:	11:10.40	15.48	1450m:	15:06.22	15.49
	350m:	3:35.85	15.91	725m:	7:30.05	15.53	1100m:	11:26.18	15.78	1475m:	15:20.97	14.75
	375m:	3:51.38	15.53	750m:	7:45.73	15.68	1125m:	11:41.87	15.69	1500m:	15:35.25	14.28
3.	Diede Veld	HZ&PC Heerenveen				200800011	NED	15:40.07		+0,79	731	
	25m:	13.25	13.25	300m:	3:03.99	15.72	575m:	5:55.55	15.35	850m:	8:48.70	15.78
	50m:	27.98	14.73	325m:	3:19.69	15.70	600m:	6:11.22	15.67	875m:	9:04.69	15.99
	75m:	43.33	15.35	350m:	3:35.41	15.72	625m:	6:26.81	15.59	900m:	9:20.55	15.86
	100m:	58.77	15.44	375m:	3:51.03	15.62	650m:	6:42.64	15.83	925m:	9:36.37	15.82
	125m:	1:14.38	15.61	400m:	4:06.76	15.73	675m:	6:58.28	15.64	950m:	9:51.86	15.49
	150m:	1:29.94	15.56	425m:	4:22.46	15.70	700m:	7:13.95	15.67	975m:	10:07.87	16.01
	175m:	1:45.59	15.65	450m:	4:38.19	15.73	725m:	7:29.55	15.60	1000m:	10:23.44	15.57
	200m:	2:01.17	15.58	475m:	4:53.97	15.78	750m:	7:45.34	15.79	1025m:	10:39.88	16.44
	225m:	2:16.87	15.70	500m:	5:09.74	15.77	775m:	8:01.21	15.87	1050m:	10:56.30	16.42
	250m:	2:32.49	15.62	525m:	5:24.98	15.24	800m:	8:17.03	15.82	1075m:	11:11.66	15.36
	275m:	2:48.27	15.78	550m:	5:40.20	15.22	825m:	8:32.92	15.89	1100m:	11:27.89	16.23
	1125m:	11:44.39	16.50	1200m:	12:31.16	15.39	1275m:	13:18.97	16.35	1350m:	14:06.18	15.52
	1150m:	12:00.75	16.36	1225m:	12:46.62	15.46	1300m:	13:34.90	15.93	1375m:	14:21.73	15.55
	1175m:	12:15.77	15.02	1250m:	13:02.62	16.00	1325m:	13:50.66	15.76	1400m:	14:37.33	15.60



Programmanr. 29, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
	1425m:	14:53.34	16.01	1450m:	15:08.99	15.65	1475m:	15:24.53	15.54	1500m:	15:40.07	15.54
4.	Olivier Wilbers	De Dolfijn				200600181	NED	15:43.95	+0,72		722	
	25m:	13.78	13.78	400m:	4:11.49	15.90	775m:	8:08.04	15.79	1150m:	12:05.61	15.88
	50m:	29.27	15.49	425m:	4:27.31	15.82	800m:	8:23.86	15.82	1175m:	12:21.43	15.82
	75m:	45.27	16.00	450m:	4:43.09	15.78	825m:	8:39.66	15.80	1200m:	12:37.29	15.86
	100m:	1:01.34	16.07	475m:	4:58.85	15.76	850m:	8:55.46	15.80	1225m:	12:53.19	15.90
	125m:	1:17.09	15.75	500m:	5:14.63	15.78	875m:	9:11.25	15.79	1250m:	13:08.99	15.80
	150m:	1:32.95	15.86	525m:	5:30.40	15.77	900m:	9:27.23	15.98	1275m:	13:24.81	15.82
	175m:	1:48.64	15.69	550m:	5:46.24	15.84	925m:	9:42.95	15.72	1300m:	13:40.66	15.85
	200m:	2:04.56	15.92	575m:	6:01.98	15.74	950m:	9:58.86	15.91	1325m:	13:56.51	15.85
	225m:	2:20.32	15.76	600m:	6:17.74	15.76	975m:	10:14.70	15.84	1350m:	14:12.27	15.76
	250m:	2:36.24	15.92	625m:	6:33.41	15.67	1000m:	10:30.69	15.99	1375m:	14:28.05	15.78
	275m:	2:52.10	15.86	650m:	6:49.21	15.80	1025m:	10:46.42	15.73	1400m:	14:43.68	15.63
	300m:	3:08.10	16.00	675m:	7:04.91	15.70	1050m:	11:02.24	15.82	1425m:	14:59.16	15.48
	325m:	3:23.87	15.77	700m:	7:20.76	15.85	1075m:	11:18.05	15.81	1450m:	15:14.42	15.26
	350m:	3:39.78	15.91	725m:	7:36.47	15.71	1100m:	11:33.85	15.80	1475m:	15:29.45	15.03
	375m:	3:55.59	15.81	750m:	7:52.25	15.78	1125m:	11:49.73	15.88	1500m:	15:43.95	14.50
5.	Jelte de Jong	ZPCH				200900975	NED	15:54.54	+0,74		698	
	25m:	13.29	13.29	400m:	4:10.64	15.95	775m:	8:10.80	15.90	1150m:	12:11.34	16.18
	50m:	28.30	15.01	425m:	4:26.58	15.94	800m:	8:26.89	16.09	1175m:	12:27.51	16.17
	75m:	43.65	15.35	450m:	4:42.73	16.15	825m:	8:42.85	15.96	1200m:	12:43.77	16.26
	100m:	59.43	15.78	475m:	4:58.68	15.95	850m:	8:58.85	16.00	1225m:	12:59.84	16.07
	125m:	1:15.26	15.83	500m:	5:14.94	16.26	875m:	9:14.68	15.83	1250m:	13:16.05	16.21
	150m:	1:31.33	16.07	525m:	5:30.88	15.94	900m:	9:30.90	16.22	1275m:	13:32.17	16.12
	175m:	1:47.13	15.80	550m:	5:46.92	16.04	925m:	9:46.87	15.97	1300m:	13:48.50	16.33
	200m:	2:03.11	15.98	575m:	6:02.89	15.97	950m:	10:02.97	16.10	1325m:	14:04.56	16.06
	225m:	2:19.04	15.93	600m:	6:19.06	16.17	975m:	10:18.82	15.85	1350m:	14:20.83	16.27
	250m:	2:35.16	16.12	625m:	6:34.84	15.78	1000m:	10:34.98	16.16	1375m:	14:36.89	16.06
	275m:	2:50.94	15.78	650m:	6:50.99	16.15	1025m:	10:50.93	15.95	1400m:	14:53.05	16.16
	300m:	3:06.90	15.96	675m:	7:06.86	15.87	1050m:	11:07.14	16.21	1425m:	15:08.97	15.92
	325m:	3:22.79	15.89	700m:	7:22.94	16.08	1075m:	11:23.10	15.96	1450m:	15:24.95	15.98
	350m:	3:38.78	15.99	725m:	7:38.80	15.86	1100m:	11:39.11	16.01	1475m:	15:39.96	15.01
	375m:	3:54.69	15.91	750m:	7:54.90	16.10	1125m:	11:55.16	16.05	1500m:	15:54.54	14.58
6.	Dax van den Noulard	Blue Marlins				201000071	NED	16:01.77	+0,78		682	
	25m:	13.55	13.55	400m:	4:11.97	16.23	775m:	8:14.34	16.00	1150m:	12:16.80	16.30
	50m:	28.35	14.80	425m:	4:28.02	16.05	800m:	8:30.66	16.32	1175m:	12:33.08	16.28
	75m:	43.69	15.34	450m:	4:44.19	16.17	825m:	8:46.81	16.15	1200m:	12:49.43	16.35
	100m:	59.33	15.64	475m:	5:00.31	16.12	850m:	9:02.87	16.06	1225m:	13:05.74	16.31
	125m:	1:15.00	15.67	500m:	5:16.53	16.22	875m:	9:18.98	16.11	1250m:	13:22.06	16.32
	150m:	1:30.91	15.91	525m:	5:32.61	16.08	900m:	9:35.22	16.24	1275m:	13:37.91	15.85
	175m:	1:46.93	16.02	550m:	5:48.71	16.10	925m:	9:51.33	16.11	1300m:	13:54.10	16.19
	200m:	2:03.00	16.07	575m:	6:04.94	16.23	950m:	10:07.47	16.14	1325m:	14:10.03	15.93
	225m:	2:18.95	15.95	600m:	6:21.16	16.22	975m:	10:23.53	16.06	1350m:	14:26.33	16.30
	250m:	2:35.03	16.08	625m:	6:37.28	16.12	1000m:	10:39.81	16.28	1375m:	14:42.51	16.18
	275m:	2:51.23	16.20	650m:	6:53.50	16.22	1025m:	10:55.99	16.18	1400m:	14:58.64	16.13
	300m:	3:07.32	16.09	675m:	7:09.62	16.12	1050m:	11:12.17	16.18	1425m:	15:14.57	15.93
	325m:	3:23.40	16.08	700m:	7:25.94	16.32	1075m:	11:28.35	16.18	1450m:	15:30.83	16.26
	350m:	3:39.53	16.13	725m:	7:42.07	16.13	1100m:	11:44.57	16.22	1475m:	15:46.52	15.69
	375m:	3:55.74	16.21	750m:	7:58.34	16.27	1125m:	12:00.50	15.93	1500m:	16:01.77	15.25
7.	Bas Blanker	ACZ				200601497	NED	16:28.92 *	+0,70		628	
	25m:	13.46	13.46	400m:	4:18.93	16.65	775m:	8:27.02	16.72	1150m:	12:36.32	16.71
	50m:	29.00	15.54	425m:	4:35.43	16.50	800m:	8:43.71	16.69	1175m:	12:53.01	16.69
	75m:	45.08	16.08	450m:	4:51.90	16.47	825m:	9:00.31	16.60	1200m:	13:09.94	16.93
	100m:	1:01.48	16.40	475m:	5:08.38	16.48	850m:	9:16.73	16.42	1225m:	13:26.81	16.87
	125m:	1:17.91	16.43	500m:	5:24.89	16.51	875m:	9:33.27	16.54	1250m:	13:43.33	16.52
	150m:	1:34.54	16.63	525m:	5:41.35	16.46	900m:	9:49.78	16.51	1275m:	14:00.14	16.81
	175m:	1:51.07	16.53	550m:	5:57.67	16.32	925m:	10:06.26	16.48	1300m:	14:16.81	16.67
	200m:	2:07.78	16.71	575m:	6:14.18	16.51	950m:	10:22.91	16.65	1325m:	14:33.74	16.93
	225m:	2:24.13	16.35	600m:	6:30.53	16.35	975m:	10:39.41	16.50	1350m:	14:50.48	16.74
	250m:	2:40.51	16.38	625m:	6:47.10	16.57	1000m:	10:56.14	16.73	1375m:	15:07.18	16.70
	275m:	2:56.81	16.30	650m:	7:03.73	16.63	1025m:	11:12.64	16.50	1400m:	15:23.87	16.69
	300m:	3:13.16	16.35	675m:	7:20.29	16.56	1050m:	11:29.52	16.88	1425m:	15:40.65	16.78
	325m:	3:29.50	16.34	700m:	7:36.94	16.65	1075m:	11:46.03	16.51	1450m:	15:57.09	16.44
	350m:	3:45.96	16.46	725m:	7:53.49	16.55	1100m:	12:02.88	16.85	1475m:	16:13.42	16.33
	375m:	4:02.28	16.32	750m:	8:10.30	16.81	1125m:	12:19.61	16.73	1500m:	16:28.92	15.50
8.	Laurens van Nulck	Hellas-Glana				201100521	NED	16:29.69	+0,71		626	
	25m:	13.97	13.97	350m:	3:46.04	16.71	675m:	7:22.13	16.56	1000m:	10:59.33	16.93
	50m:	29.47	15.50	375m:	4:02.45	16.41	700m:	7:38.92	16.79	1025m:	11:15.81	16.48
	75m:	45.18	15.71	400m:	4:18.98	16.53	725m:	7:55.85	16.93	1050m:	11:32.55	16.74
	100m:	1:01.22	16.04	425m:	4:35.69	16.71	750m:	8:12.34	16.49	1075m:	11:49.00	16.45
	125m:	1:17.49	16.27	450m:	4:52.36	16.67	775m:	8:29.02	16.68	1100m:	12:05.63	16.63
	150m:	1:33.79	16.30	475m:	5:08.98	16.62	800m:	8:45.70	16.68	1125m:	12:22.35	16.72
	175m:	1:50.02	16.23	500m:	5:25.72	16.74	825m:	9:02.29	16.59	1150m:	12:39.09	16.74
	200m:	2:06.47	16.45	525m:	5:42.37	16.65	850m:	9:18.75	16.46	1175m:	12:55.66	16.57
	225m:	2:23.03	16.56	550m:	5:59.03	16.66	875m:	9:35.26	16.51	1200m:	13:12.21	16.55
	250m:	2:39.54	16.51	575m:	6:15.54	16.51	900m:	9:51.76	16.50	1225m:	13:28.84	16.63
	275m:	2:56.12	16.58	600m:	6:32.16	16.62	925m:	10:08.49	16.73	1250m:	13:45.44	16.60
	300m:	3:12.82	16.70	625m:	6:48.84	16.68	950m:	10:25.34	16.85	1275m:	14:02.24	16.80
	325m:	3:29.33	16.51	650m:	7:05.57	16.73	975m:	10:42.40	17.06	1300m:	14:18.68	16.44
	1325m:	14:35.38	16.70	1375m:	15:08.94	16.82	1425m:	15:41.87	16.52	1475m:	16:13.80	16.20
	1350m:	14:52.12	16.74	1400m:	15:25.35	16.41	1450m:	15:57.60	15.73	1500m:	16:29.69	15.89



Programmanr. 29, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging						tijd		RT	FINA	para
9.	Xander Kragting	ZPC AMERSFOORT				200900077	NED	16:30.50		+0,77	625	
	25m:	13.78	13.78	400m:	4:21.19	16.63	775m:	8:31.54	16.81	1150m:	12:41.31	16.58
	50m:	29.56	15.78	425m:	4:37.65	16.46	800m:	8:48.27	16.73	1175m:	12:57.72	16.41
	75m:	45.72	16.16	450m:	4:54.43	16.78	825m:	9:04.85	16.58	1200m:	13:14.40	16.68
	100m:	1:02.19	16.47	475m:	5:11.01	16.58	850m:	9:21.55	16.70	1225m:	13:30.78	16.38
	125m:	1:18.66	16.47	500m:	5:27.89	16.88	875m:	9:38.31	16.76	1250m:	13:47.40	16.62
	150m:	1:35.18	16.52	525m:	5:44.44	16.55	900m:	9:55.17	16.86	1275m:	14:03.86	16.46
	175m:	1:51.68	16.50	550m:	6:01.39	16.95	925m:	10:11.68	16.51	1300m:	14:20.52	16.66
	200m:	2:08.28	16.60	575m:	6:17.71	16.32	950m:	10:28.24	16.56	1325m:	14:36.79	16.27
	225m:	2:24.69	16.41	600m:	6:34.43	16.72	975m:	10:44.90	16.66	1350m:	14:53.23	16.44
	250m:	2:41.33	16.64	625m:	6:51.03	16.60	1000m:	11:01.63	16.73	1375m:	15:09.70	16.47
	275m:	2:57.83	16.50	650m:	7:07.91	16.88	1025m:	11:18.38	16.75	1400m:	15:26.15	16.45
	300m:	3:14.57	16.74	675m:	7:24.68	16.77	1050m:	11:35.00	16.62	1425m:	15:42.49	16.34
	325m:	3:31.21	16.64	700m:	7:41.47	16.79	1075m:	11:51.41	16.41	1450m:	15:58.86	16.37
	350m:	3:48.23	17.02	725m:	7:58.08	16.61	1100m:	12:08.03	16.62	1475m:	16:14.97	16.11
	375m:	4:04.56	16.33	750m:	8:14.73	16.65	1125m:	12:24.73	16.70	1500m:	16:30.50	15.53
10.	Mattias Stolk	HZ&PC Heerenveen				201000525	NED	16:34.46 *		+0,78	617	
	25m:	13.17	13.17	400m:	4:11.36	16.22	775m:	8:17.92	16.90	1150m:	12:30.67	17.26
	50m:	27.71	14.54	425m:	4:27.52	16.16	800m:	8:34.23	16.31	1175m:	12:47.80	17.13
	75m:	43.04	15.33	450m:	4:43.97	16.45	825m:	8:50.21	15.98	1200m:	13:05.07	17.27
	100m:	58.72	15.68	475m:	5:00.20	16.23	850m:	9:06.73	16.52	1225m:	13:22.59	17.52
	125m:	1:14.59	15.87	500m:	5:16.46	16.26	875m:	9:23.12	16.39	1250m:	13:40.16	17.57
	150m:	1:30.59	16.00	525m:	5:32.58	16.12	900m:	9:39.95	16.83	1275m:	13:57.65	17.49
	175m:	1:46.44	15.85	550m:	5:48.91	16.33	925m:	9:56.95	17.00	1300m:	14:15.05	17.40
	200m:	2:02.25	15.81	575m:	6:05.18	16.27	950m:	10:13.75	16.80	1325m:	14:32.54	17.49
	225m:	2:18.24	15.99	600m:	6:21.70	16.52	975m:	10:30.59	16.84	1350m:	14:50.27	17.73
	250m:	2:34.39	16.15	625m:	6:38.26	16.56	1000m:	10:47.78	17.19	1375m:	15:07.91	17.64
	275m:	2:50.42	16.03	650m:	6:55.03	16.77	1025m:	11:04.77	16.99	1400m:	15:25.41	17.50
	300m:	3:06.77	16.35	675m:	7:11.44	16.41	1050m:	11:22.09	17.32	1425m:	15:42.62	17.21
	325m:	3:22.81	16.04	700m:	7:27.97	16.53	1075m:	11:38.93	16.84	1450m:	15:59.94	17.32
	350m:	3:39.32	16.51	725m:	7:44.41	16.44	1100m:	11:56.14	17.21	1475m:	16:17.40	17.46
	375m:	3:55.14	15.82	750m:	8:01.02	16.61	1125m:	12:13.41	17.27	1500m:	16:34.46	17.06
11.	Baris Tomu	ZPCH				201000869	NED	16:38.39		+0,69	610	
	25m:	13.79	13.79	400m:	4:19.32	16.53	775m:	8:28.10	16.82	1150m:	12:41.09	16.76
	50m:	29.47	15.68	425m:	4:35.92	16.60	800m:	8:44.90	16.80	1175m:	12:57.93	16.84
	75m:	45.63	16.16	450m:	4:52.27	16.35	825m:	9:01.75	16.85	1200m:	13:14.81	16.88
	100m:	1:02.32	16.69	475m:	5:08.61	16.34	850m:	9:18.61	16.86	1225m:	13:31.88	17.07
	125m:	1:19.00	16.68	500m:	5:25.31	16.70	875m:	9:35.36	16.75	1250m:	13:48.32	16.44
	150m:	1:35.32	16.32	525m:	5:41.89	16.58	900m:	9:52.21	16.85	1275m:	14:05.15	16.83
	175m:	1:51.47	16.15	550m:	5:58.15	16.26	925m:	10:08.84	16.63	1300m:	14:22.34	17.19
	200m:	2:07.80	16.33	575m:	6:14.81	16.66	950m:	10:25.56	16.72	1325m:	14:39.92	17.58
	225m:	2:24.20	16.40	600m:	6:31.50	16.69	975m:	10:42.58	17.02	1350m:	14:57.44	17.52
	250m:	2:40.54	16.34	625m:	6:48.15	16.65	1000m:	10:59.73	17.15	1375m:	15:14.50	17.06
	275m:	2:57.22	16.68	650m:	7:04.85	16.70	1025m:	11:16.59	16.86	1400m:	15:31.58	17.08
	300m:	3:13.75	16.53	675m:	7:21.25	16.40	1050m:	11:33.58	16.99	1425m:	15:48.50	16.92
	325m:	3:30.27	16.52	700m:	7:37.92	16.67	1075m:	11:50.31	16.73	1450m:	16:05.67	17.17
	350m:	3:46.58	16.31	725m:	7:54.46	16.54	1100m:	12:07.22	16.91	1475m:	16:22.39	16.72
	375m:	4:02.79	16.21	750m:	8:11.28	16.82	1125m:	12:24.33	17.11	1500m:	16:38.39	16.00
12.	Ramon Vos	ZPC Hoozeveen				201100051	NED	16:44.94		+0,69	598	
	25m:	13.37	13.37	400m:	4:21.20	16.65	775m:	8:35.43	17.12	1150m:	12:49.53	16.72
	50m:	29.15	15.78	425m:	4:38.02	16.82	800m:	8:52.35	16.92	1175m:	13:06.38	16.85
	75m:	45.38	16.23	450m:	4:54.61	16.59	825m:	9:09.15	16.80	1200m:	13:23.16	16.78
	100m:	1:02.20	16.82	475m:	5:11.33	16.72	850m:	9:25.99	16.84	1225m:	13:40.06	16.90
	125m:	1:18.65	16.45	500m:	5:28.10	16.77	875m:	9:43.02	17.03	1250m:	13:56.94	16.88
	150m:	1:35.34	16.69	525m:	5:45.03	16.93	900m:	10:00.00	16.98	1275m:	14:14.03	17.09
	175m:	1:51.95	16.61	550m:	6:01.97	16.94	925m:	10:16.98	16.98	1300m:	14:30.78	16.75
	200m:	2:08.55	16.60	575m:	6:19.03	17.06	950m:	10:33.95	16.97	1325m:	14:47.70	16.92
	225m:	2:25.07	16.52	600m:	6:36.07	17.04	975m:	10:51.01	17.06	1350m:	15:04.59	16.89
	250m:	2:41.61	16.54	625m:	6:52.99	16.92	1000m:	11:07.85	16.84	1375m:	15:21.56	16.97
	275m:	2:58.12	16.51	650m:	7:10.13	17.14	1025m:	11:24.72	16.87	1400m:	15:38.54	16.98
	300m:	3:14.67	16.55	675m:	7:27.30	17.17	1050m:	11:41.66	16.94	1425m:	15:55.39	16.85
	325m:	3:31.21	16.54	700m:	7:44.36	17.06	1075m:	11:58.72	17.06	1450m:	16:12.08	16.69
	350m:	3:47.97	16.76	725m:	8:01.40	17.04	1100m:	12:15.50	16.78	1475m:	16:28.73	16.65
	375m:	4:04.55	16.58	750m:	8:18.31	16.91	1125m:	12:32.81	17.31	1500m:	16:44.94	16.21
13.	Kasper Lubbers	ZV Orca Leeuwarden				201100025	NED	16:59.09		+0,67	573	
	25m:	14.33	14.33	375m:	4:09.41	16.93	725m:	8:08.96	17.14	1075m:	12:11.60	17.30
	50m:	30.24	15.91	400m:	4:26.46	17.05	750m:	8:26.26	17.30	1100m:	12:28.76	17.16
	75m:	46.50	16.26	425m:	4:43.28	16.82	775m:	8:43.40	17.14	1125m:	12:46.04	17.28
	100m:	1:03.33	16.83	450m:	5:00.43	17.15	800m:	9:00.77	17.37	1150m:	13:03.22	17.18
	125m:	1:19.80	16.47	475m:	5:17.51	17.08	825m:	9:17.94	17.17	1175m:	13:20.30	17.08
	150m:	1:36.62	16.82	500m:	5:34.71	17.20	850m:	9:35.29	17.35	1200m:	13:37.57	17.27
	175m:	1:53.80	17.18	525m:	5:51.78	17.07	875m:	9:52.42	17.13	1225m:	13:54.76	17.19
	200m:	2:10.78	16.98	550m:	6:09.06	17.28	900m:	10:09.79	17.37	1250m:	14:11.90	17.14
	225m:	2:27.74	16.96	575m:	6:25.96	16.90	925m:	10:27.31	17.52	1275m:	14:29.16	17.26
	250m:	2:44.67	16.93	600m:	6:43.34	17.38	950m:	10:44.72	17.41	1300m:	14:46.31	17.15
	275m:	3:01.63	16.96	625m:	7:00.34	17.00	975m:	11:02.28	17.56	1325m:	15:03.55	17.24
	300m:	3:18.71	17.08	650m:	7:17.54	17.20	1000m:	11:19.70	17.42	1350m:	15:20.65	17.10
	325m:	3:35.55	16.84	675m:	7:34.70	17.16	1025m:	11:37.09	17.39	1375m:	15:37.61	16.96
	350m:	3:52.48	16.93	700m:	7:51.82	17.12	1050m:	11:54.30	17.21	1400m:	15:54.68	17.07
	1425m:	16:11.60	16.92	1450m:	16:28.30	16.70	1475m:	16:44.27	15.97	1500m:	16:59.09	14.82



Programmanr. 29, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging				tijd				RT	FINA	para
14.	Emiel de Bruijn	DZ&PC				200700953	NED	16:59.43		+0,69	573	
	25m:	13.77	13.77	400m:	4:28.71	17.34	775m:	8:45.47	17.12	1150m:	13:03.14	17.27
	50m:	29.60	15.83	425m:	4:45.77	17.06	800m:	9:02.72	17.25	1175m:	13:20.19	17.06
	75m:	45.96	16.36	450m:	5:03.27	17.50	825m:	9:19.72	17.00	1200m:	13:37.32	17.13
	100m:	1:02.62	16.66	475m:	5:20.38	17.11	850m:	9:36.85	17.13	1225m:	13:54.40	17.08
	125m:	1:19.48	16.86	500m:	5:37.68	17.30	875m:	9:53.94	17.09	1250m:	14:11.71	17.31
	150m:	1:36.48	17.00	525m:	5:54.77	17.09	900m:	10:11.03	17.09	1275m:	14:29.00	17.29
	175m:	1:53.45	16.97	550m:	6:12.04	17.27	925m:	10:28.25	17.22	1300m:	14:46.23	17.23
	200m:	2:10.86	17.41	575m:	6:29.11	17.07	950m:	10:45.50	17.25	1325m:	15:03.38	17.15
	225m:	2:27.90	17.04	600m:	6:46.25	17.14	975m:	11:02.62	17.12	1350m:	15:20.53	17.15
	250m:	2:45.23	17.33	625m:	7:03.44	17.19	1000m:	11:19.94	17.32	1375m:	15:37.57	17.04
	275m:	3:02.33	17.10	650m:	7:20.42	16.98	1025m:	11:37.10	17.16	1400m:	15:54.73	17.16
	300m:	3:19.57	17.24	675m:	7:37.35	16.93	1050m:	11:54.28	17.18	1425m:	16:11.54	16.81
	325m:	3:36.63	17.06	700m:	7:54.34	16.99	1075m:	12:11.58	17.30	1450m:	16:28.44	16.90
	350m:	3:53.95	17.32	725m:	8:11.37	17.03	1100m:	12:28.66	17.08	1475m:	16:44.86	16.42
	375m:	4:11.37	17.42	750m:	8:28.35	16.98	1125m:	12:45.87	17.21	1500m:	16:59.43	14.57
15.	Jorian Tanis	Albion				199900327	NED	17:03.76		+0,76	566	
	25m:	13.51	13.51	400m:	4:24.96	17.17	775m:	8:42.13	17.14	1150m:	13:03.63	17.27
	50m:	28.74	15.23	425m:	4:42.08	17.12	800m:	8:59.56	17.43	1175m:	13:21.69	18.06
	75m:	44.40	15.66	450m:	4:58.98	16.90	825m:	9:16.98	17.42	1200m:	13:39.73	18.04
	100m:	1:00.96	16.56	475m:	5:16.20	17.22	850m:	9:34.53	17.55	1225m:	13:57.17	17.44
	125m:	1:17.80	16.84	500m:	5:33.19	16.99	875m:	9:51.83	17.30	1250m:	14:14.32	17.15
	150m:	1:35.21	17.41	525m:	5:50.21	17.02	900m:	10:09.49	17.66	1275m:	14:31.76	17.44
	175m:	1:52.16	16.95	550m:	6:07.38	17.17	925m:	10:26.99	17.50	1300m:	14:49.31	17.55
	200m:	2:08.95	16.79	575m:	6:24.55	17.17	950m:	10:44.50	17.51	1325m:	15:06.64	17.33
	225m:	2:25.82	16.87	600m:	6:41.64	17.09	975m:	11:01.75	17.25	1350m:	15:24.04	17.40
	250m:	2:42.70	16.88	625m:	6:58.85	17.21	1000m:	11:19.36	17.61	1375m:	15:41.54	17.50
	275m:	2:59.53	16.83	650m:	7:16.09	17.24	1025m:	11:36.77	17.41	1400m:	15:59.01	17.47
	300m:	3:16.59	17.06	675m:	7:33.28	17.19	1050m:	11:54.07	17.30	1425m:	16:16.03	17.02
	325m:	3:33.57	16.98	700m:	7:50.48	17.20	1075m:	12:11.62	17.55	1450m:	16:32.71	16.68
	350m:	3:50.66	17.09	725m:	8:07.61	17.13	1100m:	12:29.12	17.50	1475m:	16:49.00	16.29
	375m:	4:07.79	17.13	750m:	8:24.99	17.38	1125m:	12:46.36	17.24	1500m:	17:03.76	14.76
16.	Douwe Enzerink	ZPC AMERSFOORT				201102657	NED	17:22.46		+0,65	536	
	25m:	13.58	13.58	400m:	4:30.23	17.58	775m:	8:53.71	17.70	1150m:	13:18.36	17.80
	50m:	29.36	15.78	425m:	4:47.70	17.47	800m:	9:11.27	17.56	1175m:	13:36.13	17.77
	75m:	45.87	16.51	450m:	5:05.03	17.33	825m:	9:28.95	17.68	1200m:	13:53.83	17.70
	100m:	1:02.79	16.92	475m:	5:22.41	17.38	850m:	9:46.64	17.69	1225m:	14:11.36	17.53
	125m:	1:19.67	16.88	500m:	5:40.03	17.62	875m:	10:04.13	17.49	1250m:	14:29.13	17.77
	150m:	1:36.84	17.17	525m:	5:57.30	17.27	900m:	10:21.53	17.40	1275m:	14:46.75	17.62
	175m:	1:53.88	17.04	550m:	6:14.90	17.60	925m:	10:39.18	17.65	1300m:	15:03.87	17.12
	200m:	2:11.51	17.63	575m:	6:32.36	17.46	950m:	10:56.84	17.66	1325m:	15:21.19	17.32
	225m:	2:28.79	17.28	600m:	6:50.11	17.75	975m:	11:14.59	17.75	1350m:	15:38.86	17.67
	250m:	2:45.65	16.86	625m:	7:07.94	17.83	1000m:	11:32.15	17.56	1375m:	15:56.66	17.80
	275m:	3:03.07	17.42	650m:	7:25.28	17.34	1025m:	11:50.02	17.87	1400m:	16:14.37	17.71
	300m:	3:20.55	17.48	675m:	7:42.75	17.47	1050m:	12:07.55	17.53	1425m:	16:32.13	17.76
	325m:	3:37.94	17.39	700m:	8:00.69	17.94	1075m:	12:25.33	17.78	1450m:	16:49.15	17.02
	350m:	3:55.03	17.09	725m:	8:18.03	17.34	1100m:	12:43.00	17.67	1475m:	17:06.09	16.94
	375m:	4:12.65	17.62	750m:	8:36.01	17.98	1125m:	13:00.56	17.56	1500m:	17:22.46	16.37
17.	Joey Pop	ZVVS				200800277	NED	17:25.07		+0,78	532	
	25m:	13.52	13.52	400m:	4:24.10	17.52	775m:	8:49.27	17.50	1150m:	13:18.35	17.97
	50m:	28.50	14.98	425m:	4:41.81	17.71	800m:	9:07.72	18.45	1175m:	13:36.28	17.93
	75m:	44.42	15.92	450m:	4:59.28	17.47	825m:	9:25.76	18.04	1200m:	13:54.14	17.86
	100m:	1:00.66	16.24	475m:	5:16.67	17.39	850m:	9:43.24	17.48	1225m:	14:12.45	18.31
	125m:	1:17.11	16.45	500m:	5:34.55	17.88	875m:	10:00.78	17.54	1250m:	14:30.49	18.04
	150m:	1:33.77	16.66	525m:	5:52.58	18.03	900m:	10:18.89	18.11	1275m:	14:47.76	17.27
	175m:	1:50.44	16.67	550m:	6:10.16	17.58	925m:	10:36.85	17.96	1300m:	15:05.73	17.97
	200m:	2:07.30	16.86	575m:	6:27.33	17.17	950m:	10:54.75	17.90	1325m:	15:23.43	17.70
	225m:	2:24.04	16.74	600m:	6:45.35	18.02	975m:	11:12.53	17.78	1350m:	15:41.67	18.24
	250m:	2:40.95	16.91	625m:	7:02.89	17.54	1000m:	11:30.19	17.66	1375m:	15:59.16	17.49
	275m:	2:57.86	16.91	650m:	7:20.49	17.60	1025m:	11:48.09	17.90	1400m:	16:16.76	17.60
	300m:	3:15.00	17.14	675m:	7:38.53	18.04	1050m:	12:06.07	17.98	1425m:	16:34.38	17.62
	325m:	3:32.15	17.15	700m:	7:56.87	18.34	1075m:	12:24.69	18.62	1450m:	16:52.04	17.66
	350m:	3:49.46	17.31	725m:	8:14.59	17.72	1100m:	12:42.37	17.68	1475m:	17:09.66	17.62
	375m:	4:06.58	17.12	750m:	8:31.77	17.18	1125m:	13:00.38	18.01	1500m:	17:25.07	15.41
AFGEM	Sverre van der Zwaan	WVZ				200900737	NED					
NG	Thijs Wellink	Zwemlust-den Hommel				200600715	NED					