

Programmanr. 28
24-10-2026 - 20:04

Dames, 400m wisselslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging						tijd		RT	FINA	para	
Finale A													
1.	Eszter Szabo Feltothy <i>Championship Record</i>	BVSC-Zuglo						HUN	4:36.66	+0,79	787		
	25m: 13.92	13.92	125m: 1:21.17	17.62	225m: 2:31.71	19.48	325m: 3:48.72	16.79					
	50m: 30.01	16.09	150m: 1:38.23	17.06	250m: 2:51.90	20.19	350m: 4:04.79	16.07					
	75m: 46.65	16.64	175m: 1:55.26	17.03	275m: 3:11.89	19.99	375m: 4:20.97	16.18					
	100m: 1:03.55	16.90	200m: 2:12.23	16.97	300m: 3:31.93	20.04	400m: 4:36.66	15.69					
2.	Marte Hieke van der Kamp	HZ&PC Heerenveen						200500218	NED	4:43.35	+0,71	732	
	25m: 13.76	13.76	125m: 1:21.82	18.58	225m: 2:34.67	21.07	325m: 3:55.86	16.80					
	50m: 29.99	16.23	150m: 1:39.05	17.23	250m: 2:56.07	21.40	350m: 4:11.92	16.06					
	75m: 46.50	16.51	175m: 1:56.38	17.33	275m: 3:17.54	21.47	375m: 4:27.79	15.87					
	100m: 1:03.24	16.74	200m: 2:13.60	17.22	300m: 3:39.06	21.52	400m: 4:43.35	15.56					
3.	Hedwig Bolt	HZ&PC Heerenveen						200602660	NED	4:44.91	+0,76	721	
	25m: 13.68	13.68	125m: 1:23.93	18.82	225m: 2:39.13	20.33	325m: 3:57.84	16.75					
	50m: 30.38	16.70	150m: 1:42.09	18.16	250m: 2:59.58	20.45	350m: 4:13.84	16.00					
	75m: 47.38	17.00	175m: 2:00.65	18.56	275m: 3:20.04	20.46	375m: 4:29.67	15.83					
	100m: 1:05.11	17.73	200m: 2:18.80	18.15	300m: 3:41.09	21.05	400m: 4:44.91	15.24					
4.	Fay Boxum	DZ&PC						200900060	NED	4:54.41	+0,74	653	
	25m: 13.56	13.56	125m: 1:26.22	18.74	225m: 2:41.92	21.03	325m: 4:03.94	17.75					
	50m: 31.04	17.48	150m: 1:44.56	18.34	250m: 3:03.43	21.51	350m: 4:20.72	16.78					
	75m: 49.04	18.00	175m: 2:03.07	18.51	275m: 3:24.68	21.25	375m: 4:37.74	17.02					
	100m: 1:07.48	18.44	200m: 2:20.89	17.82	300m: 3:46.19	21.51	400m: 4:54.41	16.67					
5.	Isa Schellekens	Z&PC Zegenwerp						200002330	NED	5:04.33	+0,77	591	
	25m: 14.57	14.57	125m: 1:28.83	19.25	225m: 2:46.01	21.93	325m: 4:11.21	17.39					
	50m: 32.49	17.92	150m: 1:47.26	18.43	250m: 3:07.95	21.94	350m: 4:28.89	17.68					
	75m: 50.16	17.67	175m: 2:05.60	18.34	275m: 3:30.32	22.37	375m: 4:46.83	17.94					
	100m: 1:09.58	19.42	200m: 2:24.08	18.48	300m: 3:53.82	23.50	400m: 5:04.33	17.50					
6.	Fran Vertessen	PSV						200904550	BEL	5:06.03	+0,66	581	
	25m: 14.55	14.55	125m: 1:30.10	20.15	225m: 2:51.65	21.15	325m: 4:14.45	18.56					
	50m: 31.88	17.33	150m: 1:50.17	20.07	250m: 3:12.88	21.23	350m: 4:32.22	17.77					
	75m: 50.25	18.37	175m: 2:10.34	20.17	275m: 3:34.51	21.63	375m: 4:49.89	17.67					
	100m: 1:09.95	19.70	200m: 2:30.50	20.16	300m: 3:55.89	21.38	400m: 5:06.03	16.14					
7.	Angelique van Vark	GZC DONK						199701478	NED	5:08.71	+0,72	566	
	25m: 14.52	14.52	125m: 1:31.68	20.36	225m: 2:53.77	22.48	325m: 4:19.49	18.05					
	50m: 32.64	18.12	150m: 1:51.84	20.16	250m: 3:16.46	22.69	350m: 4:36.42	16.93					
	75m: 51.59	18.95	175m: 2:11.60	19.76	275m: 3:39.03	22.57	375m: 4:53.14	16.72					
	100m: 1:11.32	19.73	200m: 2:31.29	19.69	300m: 4:01.44	22.41	400m: 5:08.71	15.57					
8.	Meyke v. Nimwegen	De Schoteijl						200800106	NED	5:11.11	+0,77	553	
	25m: 14.50	14.50	125m: 1:30.60	19.40	225m: 2:50.68	21.76	325m: 4:17.41	18.11					
	50m: 32.24	17.74	150m: 1:50.12	19.52	250m: 3:14.40	23.72	350m: 4:35.61	18.20					
	75m: 51.10	18.86	175m: 2:09.42	19.30	275m: 3:35.75	21.35	375m: 4:53.51	17.90					
	100m: 1:11.20	20.10	200m: 2:28.92	19.50	300m: 3:59.30	23.55	400m: 5:11.11	17.60					
9.	Famke Irvine	ZPC AMERSFOORT						200501724	NED	5:11.34	+0,73	552	
	25m: 14.28	14.28	125m: 1:30.36	20.16	225m: 2:50.76	22.55	325m: 4:19.09	18.89					
	50m: 32.06	17.78	150m: 1:49.39	19.03	250m: 3:14.71	23.95	350m: 4:36.97	17.88					
	75m: 50.53	18.47	175m: 2:08.99	19.60	275m: 3:36.89	22.18	375m: 4:54.67	17.70					
	100m: 1:10.20	19.67	200m: 2:28.21	19.22	300m: 4:00.20	23.31	400m: 5:11.34	16.67					
10.	Esmaé de Gans	ZPC AMERSFOORT						200900134	NED	5:11.39	+0,75	552	
	25m: 14.35	14.35	125m: 1:30.36	20.73	225m: 2:52.65	22.78	325m: 4:19.34	18.43					
	50m: 31.98	17.63	150m: 1:50.19	19.83	250m: 3:15.25	22.60	350m: 4:36.89	17.55					
	75m: 50.56	18.58	175m: 2:10.12	19.93	275m: 3:37.91	22.66	375m: 4:54.09	17.20					
	100m: 1:09.63	19.07	200m: 2:29.87	19.75	300m: 4:00.91	23.00	400m: 5:11.39	17.30					
Finale B													
11.	Rozalia Diederiks	ZVL-1886						201100904	NED	5:09.76	+0,79	561	
	25m: 15.05	15.05	125m: 1:31.09	20.23	225m: 2:52.31	21.46	325m: 4:17.77	18.52					
	50m: 32.83	17.78	150m: 1:50.75	19.66	250m: 3:14.46	22.15	350m: 4:35.37	17.60					
	75m: 51.08	18.25	175m: 2:10.55	19.80	275m: 3:36.86	22.40	375m: 4:53.10	17.73					
	100m: 1:10.86	19.78	200m: 2:30.85	20.30	300m: 3:59.25	22.39	400m: 5:09.76	16.66					
12.	Dana Bulters	De Dolfijn						201104138	NED	5:12.72	+0,70	545	
	25m: 15.26	15.26	125m: 1:35.03	20.59	225m: 2:56.56	22.59	325m: 4:23.02	17.47					
	50m: 34.24	18.98	150m: 1:54.68	19.65	250m: 3:19.41	22.85	350m: 4:40.06	17.04					
	75m: 54.00	19.76	175m: 2:14.63	19.95	275m: 3:42.58	23.17	375m: 4:56.78	16.72					
	100m: 1:14.44	20.44	200m: 2:33.97	19.34	300m: 4:05.55	22.97	400m: 5:12.72	15.94					



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rang	naam	vereniging				tijd				RT	FINA	para
13.	Julia Bannatyne	BZ&PC				201201020	NED		5:13.62	+0,73	540	
	25m: 15.15	15.15	125m: 1:31.86	19.50	225m: 2:53.63	22.70	325m: 4:22.62	17.37				
	50m: 33.34	18.19	150m: 1:51.35	19.49	250m: 3:17.24	23.61	350m: 4:39.86	17.24				
	75m: 52.50	19.16	175m: 2:10.84	19.49	275m: 3:41.13	23.89	375m: 4:56.97	17.11				
	100m: 1:12.36	19.86	200m: 2:30.93	20.09	300m: 4:05.25	24.12	400m: 5:13.62	16.65				
14.	Roos de Jong	ZCNF'34				200302948	NED		5:15.79	+0,74	529	
	25m: 15.40	15.40	125m: 1:33.28	21.18	225m: 2:56.66	22.21	325m: 4:21.37	19.42				
	50m: 33.44	18.04	150m: 1:53.47	20.19	250m: 3:18.46	21.80	350m: 4:39.79	18.42				
	75m: 52.43	18.99	175m: 2:14.31	20.84	275m: 3:40.04	21.58	375m: 4:58.08	18.29				
	100m: 1:12.10	19.67	200m: 2:34.45	20.14	300m: 4:01.95	21.91	400m: 5:15.79	17.71				
15.	Jenny Muntinga	ZPCH				200900450	NED		5:17.29	+0,66	522	
	25m: 15.00	15.00	125m: 1:33.78	20.79	225m: 2:56.50	22.54	325m: 4:24.26	18.72				
	50m: 33.59	18.59	150m: 1:53.74	19.96	250m: 3:19.03	22.53	350m: 4:42.05	17.79				
	75m: 52.89	19.30	175m: 2:14.09	20.35	275m: 3:41.99	22.96	375m: 4:59.88	17.83				
	100m: 1:12.99	20.10	200m: 2:33.96	19.87	300m: 4:05.54	23.55	400m: 5:17.29	17.41				
16.	Isa Jansen	SBC2000				200701176	NED		5:19.51	+0,77	511	
	25m: 14.49	14.49	125m: 1:32.99	20.36	225m: 2:57.24	23.88	325m: 4:24.32	18.52				
	50m: 32.50	18.01	150m: 1:53.09	20.10	250m: 3:18.95	21.71	350m: 4:42.80	18.48				
	75m: 51.78	19.28	175m: 2:13.34	20.25	275m: 3:43.08	24.13	375m: 5:01.49	18.69				
	100m: 1:12.63	20.85	200m: 2:33.36	20.02	300m: 4:05.80	22.72	400m: 5:19.51	18.02				
17.	Romy de Graaf	Hellas-Glana				201003660	NED		5:20.53	+0,71	506	
	25m: 14.98	14.98	125m: 1:31.79	19.74	225m: 2:54.57	23.78	325m: 4:26.46	20.02				
	50m: 34.15	19.17	150m: 1:51.11	19.32	250m: 3:18.32	23.75	350m: 4:45.03	18.57				
	75m: 52.04	17.89	175m: 2:11.05	19.94	275m: 3:42.21	23.89	375m: 5:03.13	18.10				
	100m: 1:12.05	20.01	200m: 2:30.79	19.74	300m: 4:06.44	24.23	400m: 5:20.53	17.40				
18.	Lotte Blanken	SBC2000				200801476	NED		5:22.38 *	+0,79	497	
	25m: 15.12	15.12	125m: 1:34.36	20.69	225m: 2:58.17	22.55	325m: 4:26.79	19.03				
	50m: 34.25	19.13	150m: 1:54.67	20.31	250m: 3:21.40	23.23	350m: 4:45.63	18.84				
	75m: 52.88	18.63	175m: 2:15.15	20.48	275m: 3:44.30	22.90	375m: 5:04.17	18.54				
	100m: 1:13.67	20.79	200m: 2:35.62	20.47	300m: 4:07.76	23.46	400m: 5:22.38	18.21				
19.	Alaine Lomans	Hellas-Glana				201000420	NED		5:28.63	+0,71	469	
	25m: 14.15	14.15	125m: 1:33.23	20.45	225m: 3:00.35	23.82	325m: 4:31.91	19.75				
	50m: 31.54	17.39	150m: 1:54.34	21.11	250m: 3:24.41	24.06	350m: 4:51.24	19.33				
	75m: 51.27	19.73	175m: 2:15.19	20.85	275m: 3:47.92	23.51	375m: 5:10.21	18.97				
	100m: 1:12.78	21.51	200m: 2:36.53	21.34	300m: 4:12.16	24.24	400m: 5:28.63	18.42				
20.	Jayna Wagemakers	Hieronymus				201000226	NED		5:35.87	+0,62	440	
	25m: 15.63	15.63	125m: 1:38.88	21.50	225m: 3:05.80	23.90	325m: 4:38.04	20.35				
	50m: 35.05	19.42	150m: 2:00.06	21.18	250m: 3:29.32	23.52	350m: 4:57.74	19.70				
	75m: 55.68	20.63	175m: 2:21.05	20.99	275m: 3:53.52	24.20	375m: 5:17.35	19.61				
	100m: 1:17.38	21.70	200m: 2:41.90	20.85	300m: 4:17.69	24.17	400m: 5:35.87	18.52				
NG	Rhodee van den Ham	HPC - De Duinkickers				200700090	NED					