

Programmanr. 2
23-01-2020 - 15:37

Heren, 1500m vrije slag
Pauze na serie 2 / Break after Heat 2

Masters Open
Resultaten

rang	naam	vereniging						tijd	RT	PARA		
Masters 20+												
1.	Jorian Tanis	MNC Dordrecht	NED	199900327				16:38.72	+0.90			
	<i>Kampioenschaps Record</i>											
	50m:	28.66	28.66	450m:	4:54.64	33.23	850m:	9:25.74	33.94	1250m:	13:55.75	33.37
	100m:	1:00.71	32.05	500m:	5:28.57	33.93	900m:	9:59.64	33.90	1300m:	14:29.41	33.66
	150m:	1:33.95	33.24	550m:	6:02.24	33.67	950m:	10:33.47	33.83	1350m:	15:02.90	33.49
	200m:	2:07.31	33.36	600m:	6:36.06	33.82	1000m:	11:07.47	34.00	1400m:	15:36.02	33.12
	250m:	2:40.64	33.33	650m:	7:09.98	33.92	1050m:	11:41.07	33.60	1450m:	16:09.09	33.07
	300m:	3:14.23	33.59	700m:	7:43.98	34.00	1100m:	12:14.83	33.76	1500m:	16:38.72	29.63
	350m:	3:47.66	33.43	750m:	8:17.86	33.88	1150m:	12:48.41	33.58			
	400m:	4:21.41	33.75	800m:	8:51.80	33.94	1200m:	13:22.38	33.97			
2.	Aron Paasse	De Schotelijl	NED	200000099				17:54.21	+0.67			
	50m:	29.87	29.87	450m:	5:10.76	35.78	850m:	10:00.12	36.29	1250m:	14:50.44	36.77
	100m:	1:02.99	33.12	500m:	5:46.87	36.11	900m:	10:36.02	35.90	1300m:	15:27.30	36.86
	150m:	1:37.33	34.34	550m:	6:22.91	36.04	950m:	11:12.32	36.30	1350m:	16:04.42	37.12
	200m:	2:12.45	35.12	600m:	6:59.22	36.31	1000m:	11:48.44	36.12	1400m:	16:41.24	36.82
	250m:	2:47.77	35.32	650m:	7:35.55	36.33	1050m:	12:24.69	36.25	1450m:	17:18.49	37.25
	300m:	3:23.32	35.55	700m:	8:11.56	36.01	1100m:	13:01.15	36.46	1500m:	17:54.21	35.72
	350m:	3:59.17	35.85	750m:	8:47.66	36.10	1150m:	13:37.42	36.27			
	400m:	4:34.98	35.81	800m:	9:23.83	36.17	1200m:	14:13.67	36.25			
Masters 25+												
1.	Jeffrey Camphens	DWT	NED	199503113				17:24.99	+0.68			
	50m:	30.59	30.59	450m:	5:08.84	35.05	850m:	9:49.96	35.13	1250m:	14:32.32	35.12
	100m:	1:04.83	34.24	500m:	5:43.82	34.98	900m:	10:25.13	35.17	1300m:	15:07.63	35.31
	150m:	1:39.20	34.37	550m:	6:19.07	35.25	950m:	11:00.61	35.48	1350m:	15:42.68	35.05
	200m:	2:14.03	34.83	600m:	6:54.33	35.26	1000m:	11:35.79	35.18	1400m:	16:17.50	34.82
	250m:	2:49.13	35.10	650m:	7:29.26	34.93	1050m:	12:11.12	35.33	1450m:	16:52.30	34.80
	300m:	3:24.05	34.92	700m:	8:04.62	35.36	1100m:	12:46.47	35.35	1500m:	17:24.99	32.69
	350m:	3:58.88	34.83	750m:	8:39.55	34.93	1150m:	13:21.78	35.31			
	400m:	4:33.79	34.91	800m:	9:14.83	35.28	1200m:	13:57.20	35.42			
2.	Pieter Pijnenburg	De Biesboschwimmers	NED	199305227				18:10.82	+0.75			
	50m:	31.41	31.41	450m:	5:20.60	36.31	850m:	10:15.78	37.06	1250m:	15:11.09	37.27
	100m:	1:06.70	35.29	500m:	5:57.15	36.55	900m:	10:52.60	36.82	1300m:	15:47.82	36.73
	150m:	1:42.37	35.67	550m:	6:34.13	36.98	950m:	11:29.72	37.12	1350m:	16:24.90	37.08
	200m:	2:19.00	36.63	600m:	7:11.08	36.95	1000m:	12:06.45	36.73	1400m:	17:01.39	36.49
	250m:	2:54.89	35.89	650m:	7:48.10	37.02	1050m:	12:42.56	36.11	1450m:	17:37.32	35.93
	300m:	3:30.95	36.06	700m:	8:25.09	36.99	1100m:	13:19.84	37.28	1500m:	18:10.82	33.50
	350m:	4:07.75	36.80	750m:	9:02.06	36.97	1150m:	13:57.06	37.22			
	400m:	4:44.29	36.54	800m:	9:38.72	36.66	1200m:	14:33.82	36.76			
3.	Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799				18:45.57	+0.67			
	50m:	33.01	33.01	450m:	5:28.46	37.32	850m:	10:26.45	37.87	1250m:	15:34.00	38.72
	100m:	1:09.34	36.33	500m:	6:05.35	36.89	900m:	11:04.41	37.96	1300m:	16:12.78	38.78
	150m:	1:46.46	37.12	550m:	6:42.27	36.92	950m:	11:42.05	37.64	1350m:	16:51.22	38.44
	200m:	2:23.87	37.41	600m:	7:19.71	37.44	1000m:	12:20.75	38.70	1400m:	17:29.91	38.69
	250m:	3:00.72	36.85	650m:	7:56.87	37.16	1050m:	12:59.50	38.75	1450m:	18:09.09	39.18
	300m:	3:37.53	36.81	700m:	8:34.04	37.17	1100m:	13:37.91	38.41	1500m:	18:45.57	36.48
	350m:	4:14.28	36.75	750m:	9:11.27	37.23	1150m:	14:16.63	38.72			
	400m:	4:51.14	36.86	800m:	9:48.58	37.31	1200m:	14:55.28	38.65			
4.	Maik Steenkamp	Montferland	NED	199103847				19:14.05	+0.76			
	50m:	32.98	32.98	450m:	5:38.78	39.03	850m:	10:50.97	38.95	1250m:	16:03.52	38.97
	100m:	1:09.39	36.41	500m:	6:18.22	39.44	900m:	11:29.91	38.94	1300m:	16:42.44	38.92
	150m:	1:47.11	37.72	550m:	6:57.36	39.14	950m:	12:08.73	38.82	1350m:	17:21.41	38.97
	200m:	2:24.93	37.82	600m:	7:36.47	39.11	1000m:	12:48.06	39.33	1400m:	18:00.22	38.81
	250m:	3:03.41	38.48	650m:	8:15.68	39.21	1050m:	13:27.82	39.76	1450m:	18:38.42	38.20
	300m:	3:41.97	38.56	700m:	8:54.53	38.85	1100m:	14:06.97	39.15	1500m:	19:14.05	35.63
	350m:	4:20.81	38.84	750m:	9:33.07	38.54	1150m:	14:46.08	39.11			
	400m:	4:59.75	38.94	800m:	10:12.02	38.95	1200m:	15:24.55	38.47			
5.	Stefan Tijms	OEZA	NED	199300863				20:07.91	+0.77			
	50m:	34.28	34.28	450m:	5:51.99	40.47	850m:	11:21.23	40.73	1250m:	16:48.62	41.12
	100m:	1:12.37	38.09	500m:	6:32.34	40.35	900m:	12:02.01	40.78	1300m:	17:29.38	40.76
	150m:	1:51.66	39.29	550m:	7:13.15	40.81	950m:	12:42.87	40.86	1350m:	18:10.24	40.86
	200m:	2:31.46	39.80	600m:	7:54.38	41.23	1000m:	13:23.64	40.77	1400m:	18:50.56	40.32
	250m:	3:11.50	40.04	650m:	8:35.77	41.39	1050m:	14:04.57	40.93	1450m:	19:30.11	39.55
	300m:	3:51.56	40.06	700m:	9:17.64	41.87	1100m:	14:45.15	40.58	1500m:	20:07.91	37.80
	350m:	4:31.57	40.01	750m:	9:59.12	41.48	1150m:	15:26.59	41.44			
	400m:	5:11.52	39.95	800m:	10:40.50	41.38	1200m:	16:07.50	40.91			

Programmanr. 2, Heren, 1500m vrije slag

Masters 30+

1. Tim Bunnik		Triton		NED 199000505		17:51.80		+0.79			
50m:	30.78	30.78	450m:	5:12.65	35.36	850m:	9:58.44	35.93	1250m:	14:47.72	37.38
100m:	1:05.35	34.57	500m:	5:48.24	35.59	900m:	10:34.06	35.62	1300m:	15:25.33	37.61
150m:	1:40.25	34.90	550m:	6:23.45	35.21	950m:	11:09.76	35.70	1350m:	16:02.47	37.14
200m:	2:15.82	35.57	600m:	6:59.04	35.59	1000m:	11:45.53	35.77	1400m:	16:39.42	36.95
250m:	2:51.25	35.43	650m:	7:34.71	35.67	1050m:	12:21.66	36.13	1450m:	17:17.13	37.71
300m:	3:27.00	35.75	700m:	8:10.67	35.96	1100m:	12:57.45	35.79	1500m:	17:51.80	34.67
350m:	4:02.05	35.05	750m:	8:46.64	35.97	1150m:	13:33.33	35.88			
400m:	4:37.29	35.24	800m:	9:22.51	35.87	1200m:	14:10.34	37.01			
2. Niels Albrechts		De Schotejil		NED 198800039		18:21.34		+0.80			
50m:	32.96	32.96	450m:	5:30.79	37.14	850m:	10:26.43	36.91	1250m:	15:19.00	36.72
100m:	1:09.24	36.28	500m:	6:07.68	36.89	900m:	11:02.98	36.55	1300m:	15:56.19	37.19
150m:	1:44.73	37.49	550m:	6:44.98	37.30	950m:	11:39.38	36.40	1350m:	16:33.59	37.40
200m:	2:24.34	37.61	600m:	7:22.49	37.51	1000m:	12:15.64	36.26	1400m:	17:10.72	37.13
250m:	3:01.90	37.56	650m:	7:59.67	37.18	1050m:	12:51.83	36.19	1450m:	17:47.64	36.92
300m:	3:38.59	36.69	700m:	8:36.59	36.92	1100m:	13:28.11	36.28	1500m:	18:21.34	33.70
350m:	4:16.22	37.63	750m:	9:13.03	36.44	1150m:	14:05.79	37.68			
400m:	4:53.65	37.43	800m:	9:49.52	36.49	1200m:	14:42.28	36.49			
3. Wessel Everloo		WS Twente		NED 198906597		S14 18:30.99		+0.70		959	
50m:	32.92	32.92	450m:	5:25.75	37.54	850m:	10:23.52	37.27	1250m:	15:26.12	38.57
100m:	1:08.29	35.37	500m:	6:02.69	36.94	900m:	11:01.28	37.76	1300m:	16:04.07	37.95
150m:	1:44.86	36.57	550m:	6:40.19	37.50	950m:	11:39.24	37.96	1350m:	16:42.25	38.18
200m:	2:21.40	36.54	600m:	7:17.54	37.35	1000m:	12:17.19	37.95	1400m:	17:19.48	37.23
250m:	2:57.84	36.44	650m:	7:54.96	37.42	1050m:	12:54.18	36.99	1450m:	17:57.38	37.90
300m:	3:34.71	36.87	700m:	8:32.62	37.66	1100m:	13:31.84	37.66	1500m:	18:30.99	33.61
350m:	4:10.87	36.16	750m:	9:09.42	36.80	1150m:	14:09.40	37.56			
400m:	4:48.21	37.34	800m:	9:46.25	36.83	1200m:	14:47.55	38.15			
4. Patrick Creemers		RZ		NED 199000579		18:31.55		+0.83			
50m:	33.53	33.53	450m:	5:32.52	38.29	850m:	10:31.12	37.04	1250m:	15:30.19	37.86
100m:	1:09.77	36.24	500m:	6:09.86	37.34	900m:	11:07.89	36.77	1300m:	16:07.92	37.73
150m:	1:47.04	37.27	550m:	6:47.25	37.39	950m:	11:45.41	37.52	1350m:	16:45.02	37.10
200m:	2:24.45	37.41	600m:	7:24.47	37.22	1000m:	12:22.78	37.37	1400m:	17:21.97	36.95
250m:	3:01.59	37.14	650m:	8:01.81	37.34	1050m:	13:00.16	37.38	1450m:	17:58.13	36.16
300m:	3:38.97	37.38	700m:	8:39.31	37.50	1100m:	13:37.52	37.36	1500m:	18:31.55	33.42
350m:	4:16.63	37.66	750m:	9:16.62	37.31	1150m:	14:14.92	37.40			
400m:	4:54.23	37.60	800m:	9:54.08	37.46	1200m:	14:52.33	37.41			
5. Bastian Zoon		SGGO (SG)		NED 198703929		19:22.40		+0.72			
50m:	33.54	33.54	450m:	5:44.12	39.54	850m:	10:58.11	39.86	1250m:	16:11.33	39.25
100m:	1:10.80	37.26	500m:	6:23.66	39.54	900m:	11:37.70	39.59	1300m:	16:50.57	39.24
150m:	1:48.85	38.05	550m:	7:03.00	39.34	950m:	12:16.26	38.56	1350m:	17:29.40	38.83
200m:	2:27.36	38.51	600m:	7:42.37	39.37	1000m:	12:55.47	39.21	1400m:	18:07.79	38.39
250m:	3:06.61	39.25	650m:	8:21.85	39.48	1050m:	13:34.44	38.97	1450m:	18:45.40	37.61
300m:	3:45.93	39.32	700m:	9:00.61	38.76	1100m:	14:14.20	39.76	1500m:	19:22.40	37.00
350m:	4:25.36	39.43	750m:	9:39.26	38.65	1150m:	14:52.96	38.76			
400m:	5:04.58	39.22	800m:	10:18.25	38.99	1200m:	15:32.08	39.12			
6. Marc Hoogendam		Ragnar		NED 199007713		21:36.56		+0.67			
50m:	32.47	32.47	450m:	6:08.92	43.20	850m:	12:04.42	45.37	1250m:	18:01.18	44.52
100m:	1:10.92	38.45	500m:	6:53.06	44.14	900m:	12:49.20	44.78	1300m:	18:45.84	44.66
150m:	1:51.92	41.00	550m:	7:37.26	44.20	950m:	13:33.85	44.65	1350m:	19:30.19	44.35
200m:	2:34.03	42.11	600m:	8:21.14	43.88	1000m:	14:18.00	44.15	1400m:	20:14.15	43.96
250m:	3:16.01	41.98	650m:	9:05.36	44.22	1050m:	15:02.80	44.80	1450m:	20:57.11	42.96
300m:	3:58.55	42.54	700m:	9:49.83	44.47	1100m:	15:47.60	44.80	1500m:	21:36.56	39.45
350m:	4:41.11	42.56	750m:	10:34.59	44.76	1150m:	16:32.16	44.56			
400m:	5:25.72	44.61	800m:	11:19.05	44.46	1200m:	17:16.66	44.50			

Masters 35+

1. Erik Schröder		TriVia		NED 198402025		17:08.33		+0.80			
50m:	29.07	29.07	450m:	5:01.40	34.75	850m:	9:40.76	34.80	1250m:	14:18.44	34.80
100m:	1:01.23	32.16	500m:	5:36.11	34.71	900m:	10:15.53	34.77	1300m:	14:53.20	34.76
150m:	1:34.70	33.47	550m:	6:10.91	34.80	950m:	10:50.25	34.72	1350m:	15:27.78	34.58
200m:	2:08.64	33.94	600m:	6:46.02	35.11	1000m:	11:24.74	34.49	1400m:	16:01.93	34.15
250m:	2:42.84	34.20	650m:	7:20.85	34.83	1050m:	11:59.41	34.67	1450m:	16:35.60	33.67
300m:	3:17.30	34.46	700m:	7:55.85	35.00	1100m:	12:34.10	34.69	1500m:	17:08.33	32.73
350m:	3:52.02	34.72	750m:	8:31.04	35.19	1150m:	13:08.83	34.73			
400m:	4:26.65	34.63	800m:	9:05.96	34.92	1200m:	13:43.64	34.81			

Programmanr. 2, Heren, 1500m vrije slag, Masters 35+

rang	naam	vereniging	tijd	RT	PARA
2.	Frank v.d. Voordt	De Schotejil	18:31.31	+0.76	
	50m: 32.25	450m: 5:27.30	37.46	850m: 10:25.01	36.98
	100m: 1:08.06	500m: 6:04.31	37.01	900m: 11:02.32	37.31
	150m: 1:45.07	550m: 6:41.85	37.54	950m: 11:39.70	37.38
	200m: 2:22.02	600m: 7:18.99	37.14	1000m: 12:17.36	37.66
	250m: 2:58.76	650m: 7:56.33	37.34	1050m: 12:54.77	37.41
	300m: 3:35.83	700m: 8:33.75	37.42	1100m: 13:31.97	37.20
	350m: 4:12.99	750m: 9:10.78	37.03	1150m: 14:09.55	37.58
	400m: 4:49.84	800m: 9:48.03	37.25	1200m: 14:47.33	37.78
				1250m: 15:25.48	38.15
				1300m: 16:03.53	38.05
				1350m: 16:41.51	37.98
				1400m: 17:19.34	37.83
				1450m: 17:56.94	37.60
				1500m: 18:31.31	34.37
3.	Marcel Reefhuis	WS Twente	19:06.75	+0.80	
	50m: 32.54	450m: 5:30.46	38.20	850m: 10:40.81	39.29
	100m: 1:08.68	500m: 6:08.65	38.19	900m: 11:19.88	39.07
	150m: 1:45.24	550m: 6:46.94	38.29	950m: 11:59.02	39.14
	200m: 2:22.19	600m: 7:25.83	38.89	1000m: 12:38.01	38.99
	250m: 2:59.33	650m: 8:04.61	38.78	1050m: 13:17.07	39.06
	300m: 3:36.63	700m: 8:43.69	39.08	1100m: 13:56.49	39.42
	350m: 4:14.16	750m: 9:22.58	38.89	1150m: 14:35.67	39.18
	400m: 4:52.26	800m: 10:01.52	38.94	1200m: 15:14.64	38.97
				1250m: 15:53.68	39.04
				1300m: 16:32.88	39.20
				1350m: 17:12.05	39.17
				1400m: 17:50.81	38.76
				1450m: 18:29.18	38.37
				1500m: 19:06.75	37.57
4.	Rob van Wanrooy	Gay Swim Amsterdam	20:21.90	+0.85	
	50m: 34.40	450m: 5:57.44	41.84	850m: 11:30.46	41.46
	100m: 1:12.82	500m: 6:38.98	41.54	900m: 12:11.88	41.42
	150m: 1:52.25	550m: 7:20.86	41.88	950m: 12:53.31	41.43
	200m: 2:32.74	600m: 8:02.72	41.86	1000m: 13:34.38	41.07
	250m: 3:12.93	650m: 8:44.04	41.32	1050m: 14:15.73	41.35
	300m: 3:53.82	700m: 9:26.43	42.39	1100m: 14:57.43	41.70
	350m: 4:34.41	750m: 10:07.77	41.34	1150m: 15:38.77	41.34
	400m: 5:15.60	800m: 10:49.00	41.23	1200m: 16:20.23	41.46
				1250m: 17:01.27	41.04
				1300m: 17:42.67	41.40
				1350m: 18:23.46	40.79
				1400m: 19:04.07	40.61
				1450m: 19:44.29	40.22
				1500m: 20:21.90	37.61
5.	Arne-Willem Kroonen	Zwemsport Parkstad (SG)	21:58.80	+0.71	
	50m: 33.72	450m: 6:01.06	42.53	850m: 12:05.80	47.78
	100m: 1:11.35	500m: 6:45.07	44.01	900m: 12:52.88	47.08
	150m: 1:50.38	550m: 7:29.44	44.37	950m: 13:42.50	49.62
	200m: 2:30.37	600m: 8:14.12	44.68	1000m: 14:28.38	45.88
	250m: 3:10.76	650m: 8:59.26	45.14	1050m: 15:14.33	45.95
	300m: 3:52.48	700m: 9:45.47	46.21	1100m: 15:59.73	45.40
	350m: 4:36.08	750m: 10:32.07	46.60	1150m: 16:46.42	46.69
	400m: 5:18.53	800m: 11:18.02	45.95	1200m: 17:33.13	46.71
				1250m: 18:18.05	44.92
				1300m: 19:01.64	43.59
				1350m: 19:45.52	43.88
				1400m: 20:30.19	44.67
				1450m: 21:14.81	44.62
				1500m: 21:58.80	43.99

Masters 40+

1.	Gergely Molnár <i>Hungarian Masters Record</i>	Megathlon SE	17:41.52	+0.83	
	50m: 30.59	450m: 5:12.88	35.42	850m: 9:57.90	35.72
	100m: 1:04.87	500m: 5:48.08	35.40	900m: 10:33.64	35.74
	150m: 1:40.01	550m: 6:23.80	35.72	950m: 11:09.29	35.65
	200m: 2:15.60	600m: 6:59.34	35.54	1000m: 11:45.10	35.81
	250m: 2:50.95	650m: 7:35.15	35.81	1050m: 12:20.69	35.59
	300m: 3:26.57	700m: 8:10.90	35.75	1100m: 12:56.33	35.64
	350m: 4:01.88	750m: 8:46.52	35.62	1150m: 13:32.02	35.69
	400m: 4:37.26	800m: 9:22.18	35.66	1200m: 14:07.69	35.67
				1250m: 14:43.60	35.91
				1300m: 15:19.28	35.68
				1350m: 15:55.18	35.90
				1400m: 16:31.40	36.22
				1450m: 17:07.22	35.82
				1500m: 17:41.52	34.30
2.	Ben Rutten	Oudenaardse Zwemclub	17:59.35	+0.88	
	50m: 31.38	450m: 5:12.80	36.04	850m: 10:02.98	36.61
	100m: 1:05.29	500m: 5:48.97	36.17	900m: 10:39.61	36.63
	150m: 1:39.88	550m: 6:24.87	35.90	950m: 11:15.95	36.34
	200m: 2:14.92	600m: 7:01.13	36.26	1000m: 11:52.65	36.70
	250m: 2:49.98	650m: 7:37.40	36.27	1050m: 12:29.39	36.74
	300m: 3:25.33	700m: 8:13.78	36.38	1100m: 13:06.49	37.10
	350m: 4:00.86	750m: 8:50.14	36.36	1150m: 13:43.53	37.04
	400m: 4:36.76	800m: 9:26.37	36.23	1200m: 14:20.39	36.86
				1250m: 14:57.35	36.96
				1300m: 15:34.38	37.03
				1350m: 16:11.05	36.67
				1400m: 16:47.96	36.91
				1450m: 17:24.43	36.47
				1500m: 17:59.35	34.92
3.	Martijn Butter	OEZA	18:27.29	+0.90	
	50m: 32.68	450m: 5:27.04	37.17	850m: 10:24.55	36.96
	100m: 1:08.31	500m: 6:04.25	37.21	900m: 11:01.88	37.33
	150m: 1:44.98	550m: 6:41.49	37.24	950m: 11:39.42	37.54
	200m: 2:22.15	600m: 7:18.67	37.18	1000m: 12:16.84	37.42
	250m: 2:59.11	650m: 7:56.07	37.40	1050m: 12:54.24	37.40
	300m: 3:35.81	700m: 8:33.24	37.17	1100m: 13:31.72	37.48
	350m: 4:12.86	750m: 9:10.39	37.15	1150m: 14:09.54	37.82
	400m: 4:49.87	800m: 9:47.59	37.20	1200m: 14:46.97	37.43
				1250m: 15:24.47	37.50
				1300m: 16:01.76	37.29
				1350m: 16:38.48	36.72
				1400m: 17:15.43	36.95
				1450m: 17:51.69	36.26
				1500m: 18:27.29	35.60

Programmanr. 2, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging	tijd	RT	PARA			
4.	Freddie Geerlings	Zwemsport Parkstad (SG)	NED 197900379	19:11.48	+0.84			
	50m: 33.29	33.29	450m: 5:35.27	38.39	850m: 10:46.98	39.18	1250m: 15:59.92	38.62
	100m: 1:10.03	36.74	500m: 6:13.76	38.49	900m: 11:25.96	38.98	1300m: 16:38.99	39.07
	150m: 1:47.68	37.65	550m: 6:52.52	38.76	950m: 12:04.98	39.02	1350m: 17:18.23	39.24
	200m: 2:25.14	37.46	600m: 7:31.37	38.85	1000m: 12:44.44	39.46	1400m: 17:56.77	38.54
	250m: 3:02.58	37.44	650m: 8:10.28	38.91	1050m: 13:23.74	39.30	1450m: 18:35.08	38.31
	300m: 3:40.44	37.86	700m: 8:49.22	38.94	1100m: 14:03.19	39.45	1500m: 19:11.48	36.40
	350m: 4:18.76	38.32	750m: 9:28.78	39.56	1150m: 14:42.78	39.59		
	400m: 4:56.88	38.12	800m: 10:07.80	39.02	1200m: 15:21.30	38.52		
5.	Yuri Admiraal	ZPC Numansdorp	NED 197701655	19:35.07	+0.79			
	50m: 33.78	33.78	450m: 5:45.51	39.69	850m: 11:01.19	39.71	1250m: 16:20.01	39.99
	100m: 1:11.53	37.75	500m: 6:24.61	39.10	900m: 11:41.07	39.88	1300m: 16:59.98	39.97
	150m: 1:50.22	38.69	550m: 7:03.74	39.13	950m: 12:20.93	39.86	1350m: 17:39.92	39.94
	200m: 2:28.91	38.69	600m: 7:42.91	39.17	1000m: 13:00.78	39.85	1400m: 17:19.61	39.69
	250m: 3:07.86	38.95	650m: 8:22.57	39.66	1050m: 13:40.76	39.98	1450m: 18:58.18	38.57
	300m: 3:47.28	39.42	700m: 9:02.34	39.77	1100m: 14:20.60	39.84	1500m: 19:35.07	36.89
	350m: 4:26.41	39.13	750m: 9:41.82	39.48	1150m: 15:00.48	39.88		
	400m: 5:05.82	39.41	800m: 10:21.48	39.66	1200m: 15:40.02	39.54		
6.	Erik Schoenmakers	WIDEX GZC DONK	NED 197601667	21:09.32	+0.87			
	50m: 35.46	35.46	450m: 5:54.70	40.82	850m: 11:34.20	43.50	1250m: 17:28.65	44.43
	100m: 1:13.57	38.11	500m: 6:35.71	41.01	900m: 12:17.70	43.50	1300m: 18:12.86	44.21
	150m: 1:52.93	39.36	550m: 7:16.96	41.25	950m: 13:01.85	44.15	1350m: 18:57.88	45.02
	200m: 2:32.87	39.94	600m: 7:58.02	41.06	1000m: 13:46.38	44.53	1400m: 19:42.84	44.96
	250m: 3:12.85	39.98	650m: 8:40.85	42.83	1050m: 14:30.66	44.28	1450m: 20:27.26	44.42
	300m: 3:53.14	40.29	700m: 9:23.83	42.98	1100m: 15:15.17	44.51	1500m: 21:09.32	42.06
	350m: 4:33.52	40.38	750m: 10:07.22	43.39	1150m: 15:59.74	44.57		
	400m: 5:13.88	40.36	800m: 10:50.70	43.48	1200m: 16:44.22	44.48		

Masters 45+

1.	Casper van den Burgh	Link	NED 197201413	19:41.26	+0.75			
	50m: 34.50	34.50	450m: 5:50.74	40.27	850m: 11:06.57	39.36	1250m: 16:24.64	39.54
	100m: 1:12.32	37.82	500m: 6:30.36	39.62	900m: 11:45.98	39.41	1300m: 17:04.43	39.79
	150m: 1:51.82	39.50	550m: 7:09.78	39.42	950m: 12:25.68	39.70	1350m: 17:44.16	39.73
	200m: 2:31.48	39.66	600m: 7:49.04	39.26	1000m: 13:05.10	39.42	1400m: 18:23.73	39.57
	250m: 3:11.25	39.77	650m: 8:28.83	39.79	1050m: 13:45.09	39.99	1450m: 19:03.07	39.34
	300m: 3:51.22	39.97	700m: 9:08.43	39.60	1100m: 14:24.97	39.88	1500m: 19:41.26	38.19
	350m: 4:30.62	39.40	750m: 9:47.68	39.25	1150m: 15:04.98	40.01		
	400m: 5:10.47	39.85	800m: 10:27.21	39.53	1200m: 15:45.10	40.12		
2.	Eric Hoekman	WS Twente	NED 197401531	21:02.28	+0.87			
	50m: 33.44	33.44	450m: 5:56.93	42.17	850m: 11:39.82	44.03	1250m: 17:28.38	43.63
	100m: 1:10.42	36.98	500m: 6:39.44	42.51	900m: 12:24.00	44.18	1300m: 18:12.36	43.98
	150m: 1:48.76	38.34	550m: 7:21.88	42.44	950m: 13:08.06	44.06	1350m: 18:55.85	43.49
	200m: 2:28.58	39.82	600m: 8:03.91	42.03	1000m: 13:51.05	42.99	1400m: 19:38.77	42.92
	250m: 3:09.53	40.95	650m: 8:46.77	42.86	1050m: 14:34.49	43.44	1450m: 20:21.58	42.81
	300m: 3:51.12	41.59	700m: 9:29.81	43.04	1100m: 15:18.85	44.36	1500m: 21:02.28	40.70
	350m: 4:32.64	41.52	750m: 10:12.33	42.52	1150m: 16:02.41	43.56		
	400m: 5:14.76	42.12	800m: 10:55.79	43.46	1200m: 16:44.75	42.34		
3.	Chris Kouwenhoven	Steenwijk 1934	NED 197101669	21:07.38	+0.91			
	50m: 36.76	36.76	450m: 6:10.55	42.46	850m: 11:52.68	43.33	1250m: 17:35.27	42.61
	100m: 1:16.86	40.10	500m: 6:53.09	42.54	900m: 12:35.89	43.21	1300m: 18:18.27	43.00
	150m: 1:58.36	41.50	550m: 7:35.14	42.05	950m: 13:18.66	42.77	1350m: 19:01.22	42.95
	200m: 2:40.08	41.72	600m: 8:17.91	42.77	1000m: 14:01.59	42.93	1400m: 19:44.31	43.09
	250m: 3:21.78	41.70	650m: 9:00.77	42.86	1050m: 14:44.47	42.88	1450m: 20:26.58	42.27
	300m: 4:03.73	41.95	700m: 9:43.96	43.19	1100m: 15:26.80	42.33	1500m: 21:07.38	40.80
	350m: 4:45.63	41.90	750m: 10:26.88	42.92	1150m: 16:09.42	42.62		
	400m: 5:28.09	42.46	800m: 11:09.35	42.47	1200m: 16:52.66	43.24		
4.	Erwin Zuidervelt	AZ&PC De Futen	NED 197501015	21:16.53 *	+0.81			
	50m: 36.31	36.31	450m: 6:07.99	42.26	850m: 11:54.18	43.86	1250m: 17:42.14	44.71
	100m: 1:16.37	40.06	500m: 6:50.84	42.85	900m: 12:36.87	42.69	1300m: 18:25.71	43.57
	150m: 1:58.05	41.68	550m: 7:33.87	43.03	950m: 13:20.51	43.64	1350m: 19:10.91	45.20
	200m: 2:39.28	41.23	600m: 8:16.84	42.97	1000m: 14:03.60	43.09	1400m: 19:54.53	43.62
	250m: 3:20.55	41.27	650m: 8:59.75	42.91	1050m: 14:47.13	43.53	1450m: 20:37.12	42.59
	300m: 4:01.95	41.40	700m: 9:43.28	43.53	1100m: 15:30.07	42.94	1500m: 21:16.53	39.41
	350m: 4:43.91	41.96	750m: 10:27.31	44.03	1150m: 16:14.53	44.46		
	400m: 5:25.73	41.82	800m: 11:10.32	43.01	1200m: 16:57.43	42.90		

Programmanr. 2, Heren, 1500m vrije slag, Masters 45+

rang	naam	vereniging	tijd	RT	PARA	
5.	Kasper van den Bergh	SWOL 1894	21:54.99	+0.74		
	50m: 37.36	37.36	450m: 6:13.07	42.49	850m: 12:01.23	43.76
	100m: 1:17.51	40.15	500m: 6:56.13	43.06	900m: 12:45.44	44.21
	150m: 1:58.66	41.15	550m: 7:39.39	43.26	950m: 13:29.47	44.03
	200m: 2:40.89	42.23	600m: 8:23.00	43.61	1000m: 14:13.93	44.46
	250m: 3:23.46	42.57	650m: 9:06.12	43.12	1050m: 14:58.46	44.53
	300m: 4:05.37	41.91	700m: 9:49.89	43.77	1100m: 15:44.65	46.19
	350m: 4:47.73	42.36	750m: 10:33.49	43.60	1150m: 16:30.59	45.94
	400m: 5:30.58	42.85	800m: 11:17.47	43.98	1200m: 17:16.43	45.84

Masters 50+

1.	Pieter van Gemen	DAW	18:12.92	+0.81		
	50m: 32.30	32.30	450m: 5:21.28	36.67	850m: 10:13.37	36.57
	100m: 1:07.83	35.53	500m: 5:57.91	36.63	900m: 10:49.75	36.38
	150m: 1:43.88	36.05	550m: 6:34.13	36.22	950m: 11:26.51	36.76
	200m: 2:20.06	36.18	600m: 7:10.66	36.53	1000m: 12:02.97	36.46
	250m: 2:56.10	36.04	650m: 7:46.96	36.30	1050m: 12:39.91	36.94
	300m: 3:32.24	36.14	700m: 8:23.54	36.58	1100m: 13:16.96	37.05
	350m: 4:08.34	36.10	750m: 9:00.02	36.48	1150m: 13:54.73	37.77
	400m: 4:44.61	36.27	800m: 9:36.80	36.78	1200m: 14:31.94	37.21
2.	Geert Wijn	De Gelenberg	19:12.24	+0.70		
	50m: 34.08	34.08	450m: 5:40.77	38.01	850m: 10:44.91	38.51
	100m: 1:12.46	38.38	500m: 6:17.97	37.20	900m: 11:23.23	38.32
	150m: 1:51.29	38.83	550m: 6:56.40	38.43	950m: 12:01.28	38.05
	200m: 2:29.75	38.46	600m: 7:34.20	37.80	1000m: 12:39.31	38.03
	250m: 3:07.86	38.11	650m: 8:12.28	38.08	1050m: 13:18.45	39.14
	300m: 3:46.07	38.21	700m: 8:50.15	37.87	1100m: 13:58.18	39.73
	350m: 4:24.58	38.51	750m: 9:28.23	38.08	1150m: 14:37.68	39.50
	400m: 5:02.76	38.18	800m: 10:06.40	38.17	1200m: 15:17.05	39.37
3.	Richard Ricksen	Zwemsport Parkstad (SG)	19:37.96	+0.86		
	50m: 33.82	33.82	450m: 5:38.08	38.40	850m: 10:55.52	44.20
	100m: 1:10.00	36.18	500m: 6:17.08	39.00	900m: 11:38.69	43.17
	150m: 1:47.53	37.53	550m: 6:55.80	38.72	950m: 12:19.91	41.22
	200m: 2:25.97	38.44	600m: 7:34.37	38.57	1000m: 13:00.85	40.94
	250m: 3:04.91	38.94	650m: 8:13.22	38.85	1050m: 13:40.97	40.12
	300m: 3:42.92	38.01	700m: 8:50.15	38.88	1100m: 14:22.37	41.40
	350m: 4:21.36	38.44	750m: 9:31.42	39.32	1150m: 15:02.25	39.88
	400m: 4:59.68	38.32	800m: 10:11.32	39.90	1200m: 15:41.55	39.30
4.	Hans Bouwmeester	ZVL-1886 Tetteroo	20:13.22	+0.85		
	50m: 34.67	34.67	450m: 5:50.54	40.37	850m: 11:17.47	41.27
	100m: 1:12.78	38.11	500m: 6:30.98	40.44	900m: 11:58.81	41.34
	150m: 1:52.30	39.52	550m: 7:11.31	40.33	950m: 12:40.52	41.71
	200m: 2:31.59	39.29	600m: 7:52.01	40.70	1000m: 13:21.74	41.22
	250m: 3:11.17	39.58	650m: 8:32.94	40.93	1050m: 14:02.98	41.24
	300m: 3:50.84	39.67	700m: 9:13.90	40.96	1100m: 14:44.08	41.10
	350m: 4:30.43	39.59	750m: 9:54.81	40.91	1150m: 15:25.68	41.60
	400m: 5:10.17	39.74	800m: 10:36.20	41.39	1200m: 16:07.41	41.73
5.	Ingmar de Gelder	ZOB'66	20:56.35	+0.87		
	50m: 35.34	35.34	450m: 6:05.54	43.02	850m: 11:48.04	43.22
	100m: 1:13.47	38.13	500m: 6:48.12	42.58	900m: 12:30.79	42.75
	150m: 1:53.25	39.78	550m: 7:30.64	42.52	950m: 13:13.59	42.80
	200m: 2:34.49	41.24	600m: 8:13.48	42.84	1000m: 13:55.78	42.19
	250m: 3:15.99	41.50	650m: 8:56.04	42.56	1050m: 14:37.83	42.05
	300m: 3:57.94	41.95	700m: 9:39.08	43.04	1100m: 15:20.33	42.50
	350m: 4:40.36	42.42	750m: 10:21.91	42.83	1150m: 16:03.07	42.74
	400m: 5:22.52	42.16	800m: 11:04.82	42.91	1200m: 16:46.26	43.19
6.	Huyb Stegeman	Steenwijk 1934	21:19.38	+0.93		
	50m: 36.82	36.82	450m: 6:15.21	43.17	850m: 12:00.31	43.16
	100m: 1:16.91	40.09	500m: 6:58.53	43.32	900m: 12:43.89	43.58
	150m: 1:58.17	41.26	550m: 7:41.70	43.17	950m: 13:26.79	42.90
	200m: 2:40.28	42.11	600m: 8:24.59	42.89	1000m: 14:09.92	43.13
	250m: 3:22.65	42.37	650m: 9:07.99	43.40	1050m: 14:52.93	43.01
	300m: 4:05.51	42.86	700m: 9:51.12	43.13	1100m: 15:36.43	43.50
	350m: 4:48.71	43.20	750m: 10:34.24	43.12	1150m: 16:19.35	42.92
	400m: 5:32.04	43.33	800m: 11:17.15	42.91	1200m: 17:02.67	43.32

Programmanr. 2, Heren, 1500m vrije slag

Masters 55+

1. Jan Brink		ZPC De Zeeuwse Kust		NED 196200091		18:50.40		+0.83			
50m:	33.55	33.55	450m:	5:34.80	37.61	850m:	10:36.78	38.57	1250m:	15:41.86	38.01
100m:	1:10.72	37.17	500m:	6:12.62	37.82	900m:	11:14.60	37.82	1300m:	16:20.30	38.44
150m:	1:48.65	37.93	550m:	6:50.24	37.62	950m:	11:53.04	38.44	1350m:	16:58.71	38.41
200m:	2:26.58	37.93	600m:	7:27.72	37.48	1000m:	12:30.79	37.75	1400m:	17:37.03	38.32
250m:	3:04.26	37.68	650m:	8:05.46	37.74	1050m:	13:08.99	38.20	1450m:	18:14.47	37.44
300m:	3:41.78	37.52	700m:	8:43.04	37.58	1100m:	13:47.02	38.03	1500m:	18:50.40	35.93
350m:	4:19.47	37.69	750m:	9:20.65	37.61	1150m:	14:25.60	38.58			
400m:	4:57.19	37.72	800m:	9:58.21	37.56	1200m:	15:03.85	38.25			
2. Kees-Jan van Overbeeke		WWV Winterswijk		NED 196200489		19:25.74		+0.89			
50m:	34.93	34.93	450m:	5:45.25	38.69	850m:	10:58.03	39.21	1250m:	16:14.48	39.85
100m:	1:13.39	38.46	500m:	6:24.18	38.93	900m:	11:37.02	38.99	1300m:	16:54.09	39.61
150m:	1:52.59	39.20	550m:	7:03.22	39.04	950m:	12:16.13	39.11	1350m:	17:33.44	39.35
200m:	2:31.47	38.88	600m:	7:42.31	39.09	1000m:	12:55.57	39.44	1400m:	18:11.91	38.47
250m:	3:10.74	39.27	650m:	8:21.65	39.34	1050m:	13:35.46	39.89	1450m:	18:50.23	38.32
300m:	3:49.68	38.94	700m:	9:00.69	39.04	1100m:	14:15.05	39.59	1500m:	19:25.74	35.51
350m:	4:28.21	38.53	750m:	9:39.73	39.04	1150m:	14:54.94	39.89			
400m:	5:06.56	38.35	800m:	10:18.82	39.09	1200m:	15:34.63	39.69			
3. Nico Paasse		De Schotejil		NED 196501463		19:27.22		+0.90			
50m:	33.53	33.53	450m:	5:45.40	39.25	850m:	10:59.18	39.16	1250m:	16:12.55	39.61
100m:	1:10.93	37.40	500m:	6:24.82	39.42	900m:	11:38.59	39.41	1300m:	16:51.40	38.85
150m:	1:49.55	38.62	550m:	7:04.10	39.28	950m:	12:17.84	39.25	1350m:	17:31.19	39.79
200m:	2:28.44	38.89	600m:	7:43.43	39.33	1000m:	12:56.68	38.84	1400m:	18:10.04	38.85
250m:	3:07.79	39.35	650m:	8:22.77	39.34	1050m:	13:35.39	38.71	1450m:	18:49.44	39.40
300m:	3:47.32	39.53	700m:	9:01.82	39.05	1100m:	14:14.33	38.94	1500m:	19:27.22	37.78
350m:	4:26.79	39.47	750m:	9:40.96	39.14	1150m:	14:53.27	38.94			
400m:	5:06.15	39.36	800m:	10:20.02	39.06	1200m:	15:32.94	39.67			
4. Gustav van den Berg		TriVia		NED 196100991		19:36.09		+0.98			
50m:	36.78	36.78	450m:	5:54.01	39.32	850m:	11:08.87	39.16	1250m:	16:23.03	39.26
100m:	1:15.91	39.13	500m:	6:33.35	39.34	900m:	11:48.22	39.35	1300m:	17:02.84	39.81
150m:	1:55.97	40.06	550m:	7:12.57	39.22	950m:	12:27.57	39.35	1350m:	17:42.64	39.80
200m:	2:36.11	40.14	600m:	7:51.93	39.36	1000m:	13:06.60	39.03	1400m:	18:22.20	39.56
250m:	3:16.39	40.28	650m:	8:31.41	39.48	1050m:	13:45.75	39.15	1450m:	19:00.72	38.52
300m:	3:55.70	39.31	700m:	9:10.58	39.17	1100m:	14:25.32	39.57	1500m:	19:36.09	35.37
350m:	4:35.31	39.61	750m:	9:50.17	39.59	1150m:	15:04.37	39.05			
400m:	5:14.69	39.38	800m:	10:29.71	39.54	1200m:	15:43.77	39.40			
5. Phil Trethewie		Old Dutch		NED 196501315		20:22.78		+0.98			
50m:	37.18	37.18	450m:	6:07.86	41.26	850m:	11:37.09	41.12	1250m:	17:02.92	40.63
100m:	1:17.63	40.45	500m:	6:49.19	41.33	900m:	12:17.96	40.87	1300m:	17:43.58	40.66
150m:	1:59.06	41.43	550m:	7:30.37	41.18	950m:	12:58.77	40.81	1350m:	18:24.12	40.54
200m:	2:40.62	41.56	600m:	8:11.53	41.16	1000m:	13:39.48	40.71	1400m:	19:04.57	40.45
250m:	3:22.44	41.82	650m:	8:52.81	41.28	1050m:	14:20.47	40.99	1450m:	19:44.44	39.87
300m:	4:04.05	41.61	700m:	9:34.05	41.24	1100m:	15:00.92	40.45	1500m:	20:22.78	38.34
350m:	4:45.13	41.08	750m:	10:14.86	40.81	1150m:	15:41.68	40.76			
400m:	5:26.60	41.47	800m:	10:55.97	41.11	1200m:	16:22.29	40.61			
6. Jan Smalheer		SCOM		NED 196400701		22:59.35					
50m:	37.88	37.88	450m:	6:38.45	46.41	850m:	12:50.97	46.91	1250m:	19:05.42	47.19
100m:	1:19.73	41.85	500m:	7:24.62	46.17	900m:	13:37.65	46.68	1300m:	19:52.81	47.39
150m:	2:04.07	44.34	550m:	8:10.75	46.13	950m:	14:24.46	46.81	1350m:	20:39.96	47.15
200m:	2:48.80	44.73	600m:	8:57.37	46.62	1000m:	15:11.23	46.77	1400m:	21:27.01	47.05
250m:	3:34.17	45.37	650m:	9:43.82	46.45	1050m:	15:58.24	47.01	1450m:	22:14.12	47.11
300m:	4:20.02	45.85	700m:	10:30.86	47.04	1100m:	16:45.13	46.89	1500m:	22:59.35	45.23
350m:	5:06.10	46.08	750m:	11:17.57	46.71	1150m:	17:31.65	46.52			
400m:	5:52.04	45.94	800m:	12:04.06	46.49	1200m:	18:18.23	46.58			
7. Richard Tiemstra		De Biesboschzwemmers		NED 196301397		23:07.36		+0.93			
50m:	39.71	39.71	450m:	6:40.40	45.02	850m:	12:49.56	46.71	1250m:	19:11.20	47.65
100m:	1:23.43	43.72	500m:	7:25.82	45.42	900m:	13:37.08	47.52	1300m:	20:01.03	49.83
150m:	2:08.15	44.72	550m:	8:11.37	45.55	950m:	14:24.36	47.28	1350m:	20:49.29	48.26
200m:	2:53.90	45.75	600m:	8:57.37	46.00	1000m:	15:11.74	47.38	1400m:	21:37.42	48.13
250m:	3:39.44	45.54	650m:	9:43.53	46.16	1050m:	15:59.57	47.83	1450m:	22:24.36	46.94
300m:	4:24.71	45.27	700m:	10:29.76	46.23	1100m:	16:47.83	48.26	1500m:	23:07.36	43.00
350m:	5:10.06	45.35	750m:	11:16.05	46.29	1150m:	17:35.74	47.91			
400m:	5:55.38	45.32	800m:	12:02.85	46.80	1200m:	18:23.55	47.81			
8. Casper Dollekamp		Steenwijk 1934		NED 196301341		23:11.90		+0.77			
50m:	36.91	36.91	450m:	6:32.57	45.92	850m:	12:58.88	48.82	1250m:	19:21.99	48.73
100m:	1:18.22	41.31	500m:	7:18.68	46.11	900m:	13:47.44	48.56	1300m:	20:09.32	47.33
150m:	2:01.36	43.14	550m:	8:05.80	47.12	950m:	14:36.17	48.73	1350m:	20:55.84	46.52
200m:	2:45.87	44.51	600m:	8:53.36	47.56	1000m:	15:24.67	48.50	1400m:	21:42.44	46.60
250m:	3:30.65	44.78	650m:	9:42.36	49.00	1050m:	16:12.04	47.37	1450m:	22:28.02	45.58
300m:	4:15.85	45.20	700m:	10:31.52	49.16	1100m:	16:59.73	47.69	1500m:	23:11.90	43.88
350m:	5:01.28	45.43	750m:	11:21.22	49.70	1150m:	17:46.65	46.92			
400m:	5:46.65	45.37	800m:	12:10.06	48.84	1200m:	18:33.26	46.61			

Programmanr. 2, Heren, 1500m vrije slag

Masters 60+

1. Marius Ros		ZCNF'34	NED	195900779	22:24.92	+0.67					
50m:	40.18	40.18	450m:	6:32.97	44.72	850m:	12:33.46	45.50	1250m:	18:40.01	45.66
100m:	1:23.26	43.08	500m:	7:17.56	44.59	900m:	13:19.63	46.17	1300m:	19:25.44	45.43
150m:	2:07.10	43.84	550m:	8:02.34	44.78	950m:	14:05.32	45.69	1350m:	20:11.45	46.01
200m:	2:50.71	43.61	600m:	8:46.77	44.43	1000m:	14:51.04	45.72	1400m:	20:57.31	45.86
250m:	3:34.65	43.94	650m:	9:31.49	44.72	1050m:	15:37.01	45.97	1450m:	21:42.42	45.11
300m:	4:19.38	44.73	700m:	10:16.87	45.38	1100m:	16:22.57	45.56	1500m:	22:24.92	42.50
350m:	5:03.71	44.33	750m:	11:02.26	45.39	1150m:	17:08.38	45.81			
400m:	5:48.25	44.54	800m:	11:47.96	45.70	1200m:	17:54.35	45.97			
2. Paul Bunnik		Triton	NED	195600413	22:57.57	+0.97					
50m:	37.23	37.23	450m:	6:31.60	46.44	850m:	12:46.21	47.35	1250m:	19:04.56	47.82
100m:	1:17.95	40.72	500m:	7:18.26	46.66	900m:	13:33.34	47.13	1300m:	19:51.91	47.35
150m:	2:01.01	43.06	550m:	8:04.57	46.31	950m:	14:20.54	47.20	1350m:	20:40.92	49.01
200m:	2:44.41	43.40	600m:	8:50.99	46.42	1000m:	15:07.76	47.22	1400m:	21:27.95	47.03
250m:	3:28.63	44.22	650m:	9:37.67	46.68	1050m:	15:55.35	47.59	1450m:	22:14.55	46.60
300m:	4:13.41	44.78	700m:	10:24.77	47.10	1100m:	16:42.41	47.06	1500m:	22:57.57	43.02
350m:	4:58.98	45.57	750m:	11:11.50	46.73	1150m:	17:29.60	47.19			
400m:	5:45.16	46.18	800m:	11:58.86	47.36	1200m:	18:16.74	47.14			
3. Wim Witjes		Aqua-Novio '94	NED	195800483	23:15.42	+0.49					
50m:	39.78	39.78	450m:	6:50.04	47.11	850m:	13:12.57	48.47	1250m:	19:26.58	45.92
100m:	1:24.37	44.59	500m:	7:37.66	47.62	900m:	13:59.33	46.76	1300m:	20:13.49	46.91
150m:	2:10.38	46.01	550m:	8:25.12	47.51	950m:	14:46.33	47.00	1350m:	20:59.93	46.44
200m:	2:56.50	46.12	600m:	9:13.56	48.39	1000m:	15:33.47	47.14	1400m:	21:45.69	45.76
250m:	3:43.13	46.63	650m:	10:01.54	47.98	1050m:	16:20.22	46.75	1450m:	22:31.71	46.02
300m:	4:29.60	46.47	700m:	10:48.88	47.34	1100m:	17:07.21	46.99	1500m:	23:15.42	43.71
350m:	5:16.42	46.82	750m:	11:36.72	47.84	1150m:	17:53.69	46.48			
400m:	6:02.93	46.51	800m:	12:24.10	47.38	1200m:	18:40.66	46.97			
4. Lex Hoogendam		ZZ&PC De Devel	NED	195700541	23:26.56	+0.89					
50m:	38.67	38.67	450m:	6:50.16	46.81	850m:	13:10.47	47.65	1250m:	19:31.61	47.91
100m:	1:22.44	43.77	500m:	7:37.32	47.16	900m:	13:57.47	47.00	1300m:	20:19.01	47.40
150m:	2:08.21	45.77	550m:	8:25.12	47.80	950m:	14:45.26	47.79	1350m:	21:06.36	47.35
200m:	2:54.58	46.37	600m:	9:12.87	47.75	1000m:	15:32.91	47.65	1400m:	21:53.88	47.52
250m:	3:41.46	46.88	650m:	9:59.78	46.91	1050m:	16:20.63	47.72	1450m:	22:40.66	46.78
300m:	4:28.79	47.33	700m:	10:47.61	47.83	1100m:	17:08.42	47.79	1500m:	23:26.56	45.90
350m:	5:15.80	47.01	750m:	11:35.19	47.58	1150m:	17:55.93	47.51			
400m:	6:03.35	47.55	800m:	12:22.82	47.63	1200m:	18:43.70	47.77			
5. John Dam		ZIGNEA	NED	196000915	23:27.32						
50m:	38.32	38.32	450m:	6:48.97	47.85	850m:	13:09.10	47.63	1250m:	19:30.40	47.61
100m:	1:21.09	42.77	500m:	7:35.88	46.91	900m:	13:56.65	47.55	1300m:	20:18.16	47.76
150m:	2:07.09	46.00	550m:	8:23.30	47.42	950m:	14:44.78	48.13	1350m:	21:06.49	48.33
200m:	2:53.67	46.58	600m:	9:10.83	47.53	1000m:	15:31.88	47.10	1400m:	21:54.12	47.63
250m:	3:40.16	46.49	650m:	9:58.77	47.94	1050m:	16:19.31	47.43	1450m:	22:42.76	48.64
300m:	4:26.98	46.82	700m:	10:46.14	47.37	1100m:	17:06.86	47.55	1500m:	23:27.32	44.56
350m:	5:14.16	47.18	750m:	11:33.56	47.42	1150m:	17:54.96	48.10			
400m:	6:01.12	46.96	800m:	12:21.47	47.91	1200m:	18:42.79	47.83			
6. Henk Gierveld		Nat Utrecht	NED	196000869	24:22.36	+0.98					
50m:	41.34	41.34	450m:	7:05.84	49.77	850m:	13:39.41	49.09	1250m:	20:16.09	49.46
100m:	1:26.73	45.39	500m:	7:54.85	49.01	900m:	14:28.91	49.50	1300m:	21:06.25	50.16
150m:	2:12.96	46.23	550m:	8:43.51	48.66	950m:	15:18.66	49.75	1350m:	21:56.19	49.94
200m:	3:00.48	47.52	600m:	9:32.95	49.44	1000m:	16:08.45	49.79	1400m:	22:46.12	49.93
250m:	3:49.09	48.61	650m:	10:22.32	49.37	1050m:	16:57.98	49.53	1450m:	23:36.22	50.10
300m:	4:37.96	48.87	700m:	11:11.89	49.57	1100m:	17:47.27	49.29	1500m:	24:22.36	46.14
350m:	5:27.01	49.05	750m:	12:01.07	49.18	1150m:	18:36.90	49.63			
400m:	6:16.07	49.06	800m:	12:50.32	49.25	1200m:	19:26.63	49.73			
7. Filip Timmermans		Shark	BEL	10163/60	25:33.45	+0.84					
50m:	43.36	43.36	450m:	7:24.16	51.21	850m:	14:16.57	53.04	1250m:	21:17.94	53.54
100m:	1:31.41	48.05	500m:	8:14.88	50.72	900m:	15:09.21	52.64	1300m:	22:10.75	52.81
150m:	2:20.24	48.83	550m:	9:06.55	51.67	950m:	16:02.87	53.66	1350m:	23:02.03	51.28
200m:	3:10.29	50.05	600m:	9:56.65	50.10	1000m:	16:55.38	52.51	1400m:	23:54.43	52.40
250m:	4:01.18	50.89	650m:	10:47.76	51.11	1050m:	17:47.27	51.89	1450m:	24:45.79	51.36
300m:	4:51.18	50.00	700m:	11:39.27	51.51	1100m:	18:38.95	51.68	1500m:	25:33.45	47.66
350m:	5:41.43	50.25	750m:	12:30.59	51.32	1150m:	19:31.59	52.64			
400m:	6:32.95	51.52	800m:	13:23.53	52.94	1200m:	20:24.40	52.81			
8. Jeroen Ouendag		GoSwim	NED	195900725	27:10.34						
50m:	49.43	49.43	450m:	8:15.12	55.73	850m:	15:36.21	54.42	1250m:	22:47.40	53.24
100m:	1:43.85	54.42	500m:	9:11.04	55.92	900m:	16:30.18	53.97	1300m:	23:41.10	53.70
150m:	2:40.21	56.36	550m:	10:06.93	55.89	950m:	17:24.84	54.66	1350m:	24:34.64	53.54
200m:	3:35.70	55.49	600m:	11:02.46	55.53	1000m:	18:19.67	54.83	1400m:	25:27.87	53.23
250m:	4:31.33	55.63	650m:	11:57.11	54.65	1050m:	19:14.43	54.76	1450m:	26:19.66	51.79
300m:	5:27.12	55.79	700m:	12:52.19	55.08	1100m:	20:07.98	53.55	1500m:	27:10.34	50.68
350m:	6:23.62	56.50	750m:	13:47.24	55.05	1150m:	21:01.44	53.46			
400m:	7:19.39	55.77	800m:	14:41.79	54.55	1200m:	21:54.16	52.72			

Programmanr. 2, Heren, 1500m vrije slag

Masters 65+

1. Henk Slomp		De Inktvis		NED 195500359		22:10.85		+0.89			
50m:	37.23	37.23	450m:	6:34.38	43.82	850m:	12:31.57	44.36	1250m:	18:31.41	45.66
100m:	1:21.41	44.18	500m:	7:18.68	44.30	900m:	13:16.00	44.43	1300m:	19:16.46	45.05
150m:	2:06.35	44.94	550m:	8:03.32	44.64	950m:	14:01.16	45.16	1350m:	20:01.60	45.14
200m:	2:51.39	45.04	600m:	8:47.56	44.24	1000m:	14:44.83	43.67	1400m:	20:45.80	44.20
250m:	3:35.75	44.36	650m:	9:32.11	44.55	1050m:	15:29.67	44.84	1450m:	21:30.54	44.74
300m:	4:20.76	45.01	700m:	10:16.84	44.73	1100m:	16:15.47	45.80	1500m:	22:10.85	40.31
350m:	5:05.88	45.12	750m:	11:02.30	45.46	1150m:	17:00.77	45.30			
400m:	5:50.56	44.68	800m:	11:47.21	44.91	1200m:	17:45.75	44.98			
2. Laurens Klein Breteler		WWV Winterswijk		NED 195400109		22:36.85		+0.89			
50m:	38.86	38.86	450m:	6:42.26	45.21	850m:	12:47.76	45.20	1250m:	18:52.14	45.56
100m:	1:22.47	43.61	500m:	7:27.49	45.23	900m:	13:33.26	45.50	1300m:	19:38.31	46.17
150m:	2:08.12	45.65	550m:	8:13.65	46.16	950m:	14:19.89	46.63	1350m:	20:24.27	45.96
200m:	2:53.93	45.81	600m:	8:59.06	45.41	1000m:	15:04.34	44.45	1400m:	21:09.84	45.57
250m:	3:39.89	45.96	650m:	9:44.17	45.11	1050m:	15:49.64	45.30	1450m:	21:53.91	44.07
300m:	4:25.97	46.08	700m:	10:29.94	45.77	1100m:	16:34.87	45.23	1500m:	22:36.85	42.94
350m:	5:11.45	45.48	750m:	11:16.31	46.37	1150m:	17:21.04	46.17			
400m:	5:57.05	45.60	800m:	12:02.56	46.25	1200m:	18:06.58	45.54			
3. Ruud Ruiter		WWV Winterswijk		NED 195300169		23:03.13		+0.95			
50m:	40.28	40.28	450m:	6:46.04	45.95	850m:	12:59.54	47.50	1250m:	19:14.55	46.83
100m:	1:24.73	44.45	500m:	7:32.76	46.72	900m:	13:45.77	46.23	1300m:	20:00.80	46.25
150m:	2:09.65	44.92	550m:	8:19.44	46.68	950m:	14:32.20	46.43	1350m:	20:47.28	46.48
200m:	2:55.63	45.98	600m:	9:06.17	46.73	1000m:	15:19.64	47.44	1400m:	21:33.49	46.21
250m:	3:41.47	45.84	650m:	9:52.32	46.15	1050m:	16:06.39	46.75	1450m:	22:19.68	46.19
300m:	4:27.34	45.87	700m:	10:38.67	46.35	1100m:	16:53.67	47.28	1500m:	23:03.13	43.45
350m:	5:13.78	46.44	750m:	11:25.75	47.08	1150m:	17:40.65	46.98			
400m:	6:00.09	46.31	800m:	12:12.04	46.29	1200m:	18:27.72	47.07			
4. Jos Kamps		Zwemvereniging Hoogland		NED 195100085		26:41.58					
50m:	41.95	41.95	450m:	7:41.76	54.94	850m:	14:55.44	54.63	1250m:	22:13.96	55.40
100m:	1:29.65	47.70	500m:	8:35.05	53.29	900m:	15:50.19	54.75	1300m:	23:08.68	54.72
150m:	2:20.51	50.86	550m:	9:29.26	54.21	950m:	16:44.84	54.65	1350m:	24:03.47	54.79
200m:	3:13.05	52.54	600m:	10:23.86	54.60	1000m:	17:39.80	54.96	1400m:	24:57.45	53.98
250m:	4:07.12	54.07	650m:	11:18.06	54.20	1050m:	18:34.74	54.94	1450m:	25:51.21	53.76
300m:	4:59.72	52.60	700m:	12:12.42	54.36	1100m:	19:29.95	55.21	1500m:	26:41.58	50.37
350m:	5:52.84	53.12	750m:	13:06.90	54.48	1150m:	20:24.46	54.51			
400m:	6:46.82	53.98	800m:	14:00.81	53.91	1200m:	21:18.56	54.10			

Masters 70+

1. Wout Hemmes		De Plons		NED 194800059		24:16.57		+0.99			
50m:	41.53	41.53	450m:	7:15.27	49.35	850m:	13:49.26	48.78	1250m:	20:19.25	48.69
100m:	1:29.98	48.45	500m:	8:05.31	50.04	900m:	14:38.57	49.31	1300m:	21:06.88	47.63
150m:	2:19.90	49.92	550m:	8:54.22	48.91	950m:	15:27.19	48.62	1350m:	21:55.63	48.75
200m:	3:09.36	49.46	600m:	9:43.80	49.38	1000m:	16:15.91	48.72	1400m:	22:43.67	48.04
250m:	3:58.57	49.21	650m:	10:32.86	49.26	1050m:	17:04.70	48.79	1450m:	23:31.79	48.12
300m:	4:47.76	49.19	700m:	11:21.31	48.45	1100m:	17:53.29	48.59	1500m:	24:16.57	44.78
350m:	5:36.57	48.81	750m:	12:11.11	49.80	1150m:	18:41.94	48.65			
400m:	6:25.92	49.35	800m:	13:00.48	49.37	1200m:	19:30.56	48.62			
2. Piet Schop		De Bevelanders		NED 195000109		26:51.52		+0.74			
50m:	42.91	42.91	450m:	7:38.22	55.42	850m:	14:56.85	55.19	1250m:	22:22.66	55.55
100m:	1:32.07	49.16	500m:	8:32.05	53.83	900m:	15:52.96	56.11	1300m:	23:17.47	54.81
150m:	2:23.10	51.03	550m:	9:26.82	54.77	950m:	16:48.25	55.29	1350m:	24:13.30	55.83
200m:	3:13.70	50.60	600m:	10:21.77	54.95	1000m:	17:42.88	54.63	1400m:	25:08.72	55.42
250m:	4:05.50	51.80	650m:	11:16.06	54.29	1050m:	18:39.57	56.69	1450m:	26:02.63	53.91
300m:	4:56.99	51.49	700m:	12:11.17	55.11	1100m:	19:34.68	55.11	1500m:	26:51.52	48.89
350m:	5:49.59	52.60	750m:	13:06.30	55.13	1150m:	20:31.85	57.17			
400m:	6:42.80	53.21	800m:	14:01.66	55.36	1200m:	21:27.11	55.26			

Masters 75+

1. Rob Hanou		PSV		NED 194300109		27:38.80					
50m:	45.32	45.32	450m:	8:08.29	55.26	850m:	15:33.06	56.10	1250m:	23:01.62	55.97
100m:	1:37.53	52.21	500m:	9:03.78	55.49	900m:	16:28.74	55.68	1300m:	23:57.00	55.38
150m:	2:33.77	56.24	550m:	9:58.67	54.89	950m:	17:25.12	56.38	1350m:	24:53.65	56.65
200m:	3:29.91	56.14	600m:	10:53.44	54.77	1000m:	18:20.72	55.60	1400m:	25:50.07	56.42
250m:	4:26.13	56.22	650m:	11:49.66	56.22	1050m:	19:16.50	55.78	1450m:	26:45.32	55.25
300m:	5:22.02	55.89	700m:	12:45.64	55.98	1100m:	20:13.10	56.60	1500m:	27:38.80	53.48
350m:	6:17.73	55.71	750m:	13:41.30	55.66	1150m:	21:09.18	56.08			
400m:	7:13.03	55.30	800m:	14:36.96	55.66	1200m:	22:05.65	56.47			



Open Nederlandse Masters
Kampioenschappen 2020 korte baan
Rotterdam 23-26 januari 2020



Programmanr. 2, Heren, 1500m vrije slag, Masters 75+

rang	naam	vereniging	tijd	RT	PARA			
2.	Geza Kaltenecker	AZC	28:22.77	+0.95				
	50m: 46.79	46.79	450m: 8:27.26	58.19	850m: 16:07.03	57.30	1250m: 23:46.29	56.48
	100m: 1:42.19	55.40	500m: 9:25.15	57.89	900m: 17:04.61	57.58	1300m: 24:43.66	57.37
	150m: 2:39.15	56.96	550m: 10:22.38	57.23	950m: 18:02.61	58.00	1350m: 25:40.01	56.35
	200m: 3:36.84	57.69	600m: 11:19.41	57.03	1000m: 19:00.32	57.71	1400m: 26:36.34	56.33
	250m: 4:34.70	57.86	650m: 12:16.98	57.57	1050m: 19:57.67	57.35	1450m: 27:32.23	55.89
	300m: 5:33.46	58.76	700m: 13:14.37	57.39	1100m: 20:55.38	57.71	1500m: 28:22.77	50.54
	350m: 6:31.42	57.96	750m: 14:12.12	57.75	1150m: 21:52.53	57.15		
	400m: 7:29.07	57.65	800m: 15:09.73	57.61	1200m: 22:49.81	57.28		

Masters 80+

1.	Frederik Hendrik De Bruijn	CN Aquamasters	ESP	26:12.96				
	<i>Spanish Masters Record</i>							
	50m: 47.62	47.62	450m: 7:41.38	51.36	850m: 14:42.01	52.37	1250m: 21:47.96	53.99
	100m: 1:38.71	51.09	500m: 8:33.29	51.91	900m: 15:34.67	52.66	1300m: 22:41.52	53.56
	150m: 2:29.56	50.85	550m: 9:26.03	52.74	950m: 16:27.39	52.72	1350m: 23:34.96	53.44
	200m: 3:21.88	52.32	600m: 10:18.69	52.66	1000m: 17:20.08	52.69	1400m: 24:29.71	54.75
	250m: 4:14.04	52.16	650m: 11:12.19	53.50	1050m: 18:13.69	53.61	1450m: 25:22.78	53.07
	300m: 5:05.57	51.53	700m: 12:04.47	52.28	1100m: 19:06.43	52.74	1500m: 26:12.96	50.18
	350m: 5:57.90	52.33	750m: 12:57.22	52.75	1150m: 20:00.78	54.35		
	400m: 6:50.02	52.12	800m: 13:49.64	52.42	1200m: 20:53.97	53.19		

