

Programmanr. 7
03-05-2019 - 13:00

Dames, 200m rugslag

Masters Open
Resultaten

| rang naam | vereniging | | tijd | RT | 50m | 100m | 150m | 200m |
|---------------------------|----------------------------|-----------|----------------|-------|---------|---------|---------|---------|
| Masters 20+ | | | | | | | | |
| 1. Anne-Irene Ducheine | Zwemvereniging Hoogland | 199506824 | 2:36.83 | +0.62 | 35.91 | 1:15.21 | 1:56.19 | 2:36.83 |
| 2. Hilde Dekker | ReVeLie Swim Team | 199901926 | 2:37.91 | +0.77 | 36.28 | 1:16.14 | 1:57.51 | 2:37.91 |
| 3. Denise Boonstra | DAW | 199902662 | 2:40.91 | +0.65 | 35.92 | 1:16.48 | 1:58.83 | 2:40.91 |
| 4. Jet Kleine | MSV-Zeemacht | 199903384 | 2:50.71 | +0.68 | 39.50 | 1:22.66 | 2:06.24 | 2:50.71 |
| 5. Iris Bastiaansen | De Amstel | 199902006 | 2:54.13 | +0.86 | 40.15 | 1:24.26 | 2:09.71 | 2:54.13 |
| 6. Anouk van der Lans | Feijenoord Albion Zwemclub | 199801614 | 3:17.24 | +0.69 | 42.68 | 1:30.12 | 2:21.33 | 3:17.24 |
| 7. Cynthia van Veen | ZPC Woerden | 199606736 | 3:18.97 | +0.78 | 46.28 | 1:38.10 | 2:30.25 | 3:18.97 |
| 8. Maranka Huitema | Steenwijk 1934 | 199500302 | 3:20.24 | +0.79 | 48.00 | 1:38.63 | 2:29.78 | 3:20.24 |
| 9. Nadine Scheeve | Zwemlust-den Hommel | 199700684 | 3:24.64 | +0.83 | 47.18 | 1:38.03 | 2:31.53 | 3:24.64 |
| Masters 25+ | | | | | | | | |
| 1. Mabel Suli | WVZ | 199307964 | 2:27.98 | +0.70 | 35.51 | 1:13.21 | 1:50.73 | 2:27.98 |
| 2. Daniëlle de Boer | HZ&PC Heerenveen | 199404736 | 2:35.24 | +0.84 | 35.33 | 1:13.27 | 1:54.05 | 2:35.24 |
| 3. Suzanne Mosch | MSV-Zeemacht | 199400548 | 2:36.82 | +0.70 | 36.22 | 1:15.75 | 1:56.00 | 2:36.82 |
| 4. Désirée Emmen | De Warande | 199204862 | 2:37.87 | +0.75 | 36.52 | 1:15.04 | 1:55.91 | 2:37.87 |
| 5. Lotte Coenen | The Hague Swimming (SG) | 199301518 | 2:44.17 | +0.82 | 37.64 | 1:19.23 | 2:01.84 | 2:44.17 |
| 6. Marjon Pol | Zwemlust-den Hommel | 199102502 | 2:45.99 | +0.75 | 38.85 | 1:20.82 | 2:03.58 | 2:45.99 |
| 7. Clara Van Roeyen | GBZ | 20082/90 | 2:49.79 | +0.96 | 39.41 | 1:22.05 | 2:05.85 | 2:49.79 |
| 8. Tessa Mosch | MSV-Zeemacht | 199102172 | 2:54.66 | +0.64 | 40.03 | 1:24.49 | 2:10.07 | 2:54.66 |
| 9. Irmgard van Weeghel | ZPC Hatto Heim | 199204834 | 3:05.43 | +1.02 | 43.57 | 1:30.20 | 2:17.09 | 3:05.43 |
| 10. Getrude Corporaal | Steenwijk 1934 | 199200380 | 3:06.86 | +0.84 | 40.95 | 1:27.13 | 2:16.18 | 3:06.86 |
| 11. Claudia Creemers | RZ | 199202864 | 3:39.15 | +0.77 | 49.53 | 1:44.57 | 2:41.26 | 3:39.15 |
| 12. Anouk Bloem | TRB-RES | 199000320 | 4:01.68 | +0.66 | 52.93 | 1:53.87 | 2:57.86 | 4:01.68 |
| Masters 30+ | | | | | | | | |
| 1. Ilse van den Wijngaard | ZPC Woerden | 198904736 | 2:45.51 | +0.80 | 38.10 | 1:19.60 | 2:02.34 | 2:45.51 |
| 2. Rianne Hofland | Sassenheim | 198801820 | 2:46.13 | +0.75 | 39.52 | 1:21.41 | 2:04.23 | 2:46.13 |
| 3. Joan Fonteine | Zwemclub Koewacht | 198805148 | 3:17.26 | +0.82 | 47.01 | 1:37.81 | 2:29.30 | 3:17.26 |
| NG Mara Epifani | Empire Sport and Resort | 35447 | | | | | | |
| Masters 35+ | | | | | | | | |
| 1. Roos van Esch | Feijenoord Albion Zwemclub | 198200468 | 2:45.67 | +0.79 | 39.55 | 1:22.09 | 2:05.19 | 2:45.67 |
| 2. Elke Blox | Tiamat | 198200154 | 2:54.59 | +0.75 | 40.46 | 1:24.51 | 2:10.10 | 2:54.59 |
| 3. Ilja Janssen | ESCA Zwemmen | 198102234 | 2:57.60 | +0.75 | 40.29 | 1:25.74 | 2:11.64 | 2:57.60 |
| 4. Angela Giezen | Montferland | 198302796 | 2:58.43 | +0.73 | 42.40 | 1:29.05 | 2:15.27 | 2:58.43 |
| 5. Linda Hoogendam | WVZ | 198300892 | 3:14.29 | +0.89 | 46.64 | 1:37.06 | 2:26.63 | 3:14.29 |
| 6. Marloes Rebel | WS Twente | 198403474 | 3:42.09 | +0.99 | 52.75 | 1:49.59 | 2:48.47 | 3:42.09 |
| 7. Rianne van Vegchelen | ZV 44 | 198101530 | 4:13.68 | +0.93 | 1:01.48 | 2:06.85 | 3:11.84 | 4:13.68 |
| Masters 40+ | | | | | | | | |
| 1. Liselotte Joling | PSV | 197500268 | 2:50.69 | +0.77 | 40.64 | 1:24.71 | 2:08.77 | 2:50.69 |
| 2. Mirjan den Drijver | Feijenoord Albion Zwemclub | 197500884 | 2:53.50 | +0.81 | 40.82 | 1:25.25 | 2:10.11 | 2:53.50 |
| 3. Jolanda van Gendt | PSV | 197800266 | 2:56.36 | +0.63 | 41.39 | 1:25.61 | 2:11.04 | 2:56.36 |
| 4. Gea van der Schaaf | Deltasteur | 197901558 | 2:57.00 | +0.78 | 41.10 | 1:25.15 | 2:10.75 | 2:57.00 |
| 5. Esther Vergeest | De Rog | 197700012 | 3:09.40 | +0.74 | 43.82 | 1:31.70 | 2:21.19 | 3:09.40 |
| 6. C. van Bruxvoort | ZPB H&L Productions | 197700138 | 3:36.64 | +0.87 | 51.45 | 1:46.02 | 2:42.38 | 3:36.64 |
| 7. F. Verriet-Regensburg | VZV Njord | 197500428 | 4:22.33 | +0.81 | 1:01.72 | 2:08.77 | 3:16.41 | 4:22.33 |

Programmanr. 7, Dames, 200m rugslag

Masters 45+

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|--|--------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Evelien van Klarbergen HZ&PC Heerenveen | | 197200964 | 2:39.08 | +0.93 | 37.50 | 1:18.29 | 1:59.13 | 2:39.08 |
| <i>Nederlands Masters Record</i> | | | | | | | | |
| 2. Edith Janssen-Koolen | TRB-RES | 197300898 | 2:51.06 | +0.89 | 40.48 | 1:24.36 | 2:08.50 | 2:51.06 |
| 3. Chiho Shoji | CNSW | 006146/70 | 2:52.76 | +0.71 | 40.25 | 1:23.67 | 2:08.58 | 2:52.76 |
| 4. Valerie Rolland | CNSW | 004276/71 | 2:57.54 | +0.78 | 41.22 | 1:26.06 | 2:11.58 | 2:57.54 |
| 5. Trudie van Niejenhuis | TZC-Vahalis | 197100444 | 3:04.74 | +0.86 | 43.39 | 1:30.43 | 2:18.68 | 3:04.74 |
| 6. Bianca Groot | MSV-Zeemacht | 197000652 | 3:08.99 | +0.99 | 44.96 | 1:33.50 | 2:22.51 | 3:08.99 |

Masters 50+

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|--------------------------|---------------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Heidi den Boer | LinK | 196900864 | 2:52.29 | +0.81 | 40.22 | 1:23.39 | 2:08.20 | 2:52.29 |
| 2. Annette Wijnja-Visser | De Biesboschwemmers | 196700528 | 3:02.44 | +0.80 | 41.76 | 1:27.48 | 2:14.88 | 3:02.44 |
| 3. S. Prins - Molenvijk | De Geul | 196600284 | 3:09.15 | +0.77 | 44.82 | 1:32.41 | 2:20.60 | 3:09.15 |
| 4. Peggi Hurenkamp | HZ&PC Heerenveen | 196900922 | 3:10.24 | +0.86 | 44.77 | 1:32.50 | 2:21.57 | 3:10.24 |
| 5. Patricia de Jong | HHZV PLONS | 196600728 | 3:27.49 | +0.84 | 46.85 | 1:39.28 | 2:34.16 | 3:27.49 |
| 6. Annette van Dok | MSV-Zeemacht | 196800742 | 3:34.77 | +0.90 | 48.82 | 1:42.63 | 2:39.48 | 3:34.77 |
| 7. Lucy Dubus | Royal Dauphins Mouscronnc | 003221/69 | 3:35.27 | +0.88 | 48.26 | 1:41.13 | 2:37.73 | 3:35.27 |

Masters 55+

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|--|--------------------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Judith Cromjongh | De Zwoer | 196400054 | 2:46.64 | +0.76 | 40.40 | 1:22.81 | 2:05.69 | 2:46.64 |
| <i>Nederlands Masters Record, 100m NMR</i> | | | | | | | | |
| 2. M. Grove-Lingeman | Triton | 196200080 | 3:05.95 | +0.82 | 43.48 | 1:30.78 | 2:18.95 | 3:05.95 |
| 3. M. Post-Goedemoed | De Otters Het Gooi | 196400632 | 3:08.36 | +0.73 | 44.20 | 1:31.06 | 2:19.98 | 3:08.36 |
| 4. Wilna Heijman | Steenwijk 1934 | 196400506 | 3:12.76 | +0.71 | 46.32 | 1:36.59 | 2:25.84 | 3:12.76 |
| 5. Annemarie Vuist | SWOL 1894 | 196300282 | 3:25.93 | +0.99 | 49.29 | 1:40.96 | 2:33.65 | 3:25.93 |
| 6. J. Resink-lindeboom | DWK | 196000142 | 3:37.25 | +1.32 | 51.86 | 1:46.98 | 2:43.22 | 3:37.25 |
| NG Gea Kuiper | ZCNF'34 | 196100104 | | | | | | |

Masters 60+

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|-------------------|------------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Patty Verhagen | PSV | 195900146 | 3:13.40 | +1.07 | 47.92 | 1:37.08 | 2:25.96 | 3:13.40 |
| 2. Margriet Pasma | De Inktvis | 195500088 | 3:23.74 | +0.82 | 48.96 | 1:41.32 | 2:33.55 | 3:23.74 |
| 3. Lies Hartman | PSV | 195600116 | 4:53.80 | +1.00 | 1:04.89 | 2:18.60 | 3:35.59 | 4:53.80 |

Masters 65+

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|---------------------------|----------------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Carla Hensen | PSV | 195300062 | 3:35.38 | +0.81 | 50.94 | 1:46.24 | 2:41.88 | 3:35.38 |
| 2. A. Gilding-Tussaud | WS Twente | 195000038 | 4:01.63 | +0.85 | 56.34 | 1:57.50 | 3:01.41 | 4:01.63 |
| 3. Tineke van Diggelen | ZPCH | 195200048 | 4:05.89 | +0.91 | 57.81 | 1:59.90 | 3:04.45 | 4:05.89 |
| 4. N. van Dongen-de Paepe | ZZ&PC De Devel | 195100044 | 4:56.34 | +0.94 | 1:08.44 | 2:24.44 | 3:40.99 | 4:56.34 |
| 5. Janny van der Weide | Deltasteur | 195100066 | 6:11.07 | +1.43 | 1:24.51 | 3:01.36 | 4:36.10 | 6:11.07 |

Masters 70+

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|--------------------------|----------------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Loekie van Huissteden | ZPC AMERSFOORT | 194500002 | 4:49.30 | +0.88 | 1:06.47 | 2:22.31 | 3:39.73 | 4:49.30 |
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Masters 80+

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|------------------|-----|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Lottie Geurts | PSV | 193500006 | 4:40.38 | +1.20 | 1:07.06 | 2:20.18 | 3:33.78 | 4:40.38 |
|------------------|-----|-----------|----------------|-------|---------|---------|---------|---------|