

Programmanr. 15
03-05-2019 - 16:20

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging					tijd	RT	PARA
100+, Dames								
1.	Steenwijk 1934		NED			11:21.64	+0.82	
	Ilse Blankvoort	92	+0.82	36.80	1:18.09	2:01.67	2:44.49	2:44.49
	Maranka Huitema	95	+0.67	42.16	1:30.76	2:21.62	3:12.17	3:12.17
	Charine de Ruiter	94	+0.77	37.25	1:19.04	2:03.49	2:48.54	2:48.54
	Getrude Corporaal	92	+0.61	35.19	1:15.29	1:57.65	2:36.44	2:36.44
100+, Gemengd								
1.	ZVL-1886		NED			9:21.88	+0.67	
	Lonneke Graansma	99	+0.67	32.84	1:10.68	1:50.12	2:28.77	2:28.77
	Kristiaan Lenos	83	+0.53	28.05	59.69	1:34.28	2:08.14	2:08.14
	Suzan Blankestijn	89	+0.49	35.68	1:15.76	1:56.89	2:37.47	2:37.47
	Robin van Beek	97	+0.29	28.61	1:00.84	1:34.74	2:07.50	2:07.50
120+, Dames								
1.	De Geul		NED			10:40.93	+0.59	
	Maaïke van Diggele	87	+0.59	36.98	1:19.41	2:03.19	2:47.06	2:47.06
	Lisette van den Bos	87		38.72	1:24.18	2:11.44	2:57.90	2:57.90
	Nanda van Heteren	89		35.45	1:14.83	1:55.03	2:33.58	2:33.58
	Marcha Admiraal	93	+0.62	31.63	1:07.82	1:45.77	2:22.39	2:22.39
2.	Zwemlust-den Hommel		NED			10:55.94	+0.81	
	Liesbeth van Mill	87	+0.81	36.26	1:17.28	1:59.95	2:42.45	2:42.45
	Lisenka Kornet-van den Akker	69	+0.63	37.37	1:19.39	2:03.21	2:45.95	2:45.95
	Nadine Scheeve	97	+0.60	38.60	1:23.77	2:11.99	2:57.74	2:57.74
	Marjon Pol	91	+0.44	33.08	1:10.53	1:50.03	2:29.80	2:29.80
3.	WVZ		NED			11:06.35	+0.65	
	Tessa Verheijdt	89	+0.65	36.95	1:19.15	2:02.27	2:45.35	2:45.35
	Petra Versteegen	77	+0.39	37.96	1:23.81	2:11.15	2:57.00	2:57.00
	Yvonne Gerritsen	80	+0.50	34.28	1:14.67	1:56.93	2:37.10	2:37.10
	Linda Hoogendam	83	+0.19	34.53	1:18.46	2:03.97	2:46.90	2:46.90
4.	Montferland		NED			11:21.36	+0.69	
	Kelly Bocking	91	+0.69	37.41	1:19.85	2:04.21	2:49.06	2:49.06
	Esther van Maastrigt	88	+0.22	40.31	1:26.26	2:13.49	3:00.38	3:00.38
	Hanneke Heymen	84	+0.72	37.55	1:20.20	2:03.64	2:45.76	2:45.76
	Angela Giezen	83	+0.76	37.77	1:21.41	2:05.44	2:46.16	2:46.16
5.	De Rog		NED			11:27.40	+0.58	
	Chantal Winters	76	+0.58	36.17	1:15.55	1:57.31	2:38.14	2:38.14
	Sandra Van der Helm	78	+0.35	42.44	1:30.87	2:23.17	3:15.21	3:15.21
	Kim Hamakers	98	+0.37	37.93	1:21.20	2:06.61	2:48.97	2:48.97
	Esther Vergeest	77	+0.31	35.96	1:17.19	2:01.24	2:45.08	2:45.08
120+, Heren								
1.	DAW		NED			8:51.78	+0.68	
	Alex Damen	75	+0.68	31.08	1:05.51	1:40.97	2:15.50	2:15.50
	Paul Oudendijk	81	+0.43	30.46	1:04.62	1:40.86	2:16.72	2:16.72
	Pieter van Gemeren	69	+0.45	30.24	1:04.03	1:39.23	2:14.49	2:14.49
	Felix Geenen	95	+0.43	26.56	57.48	1:31.99	2:05.07	2:05.07
2.	ZPC AMERSFOORT		NED			9:02.65	+0.67	
	Erwin Buijs	78	+0.67	31.53	1:07.99	1:45.74	2:20.26	2:20.26
	Rob van Vliet	84	+0.49	29.92	1:04.15	1:39.99	2:15.15	2:15.15
	Martijn Bartels	96	+0.39	30.29	1:04.21	1:40.23	2:17.41	2:17.41
	Jelle Blankestijn	98	+0.47	28.87	1:01.66	1:36.13	2:09.83	2:09.83
3.	WVZ		NED			9:15.18	+0.71	
	Simon van Ravesteijn	80	+0.71	34.60	1:13.69	1:53.24	2:31.67	2:31.67
	Rens Post	91	+0.44	31.31	1:05.85	1:41.70	2:17.35	2:17.35
	Jordy van Oel	98	+0.47	30.58	1:04.90	1:39.86	2:14.15	2:14.15
	Ivo Roozeboom	77	+0.22	29.93	1:04.00	1:38.33	2:12.01	2:12.01

Programmanr. 15, Heren, 4 x 200m vrije slag, 120+

rang	vereniging						tijd	RT	PARA
4.	SGGO (SG) 1	SGGO (SG)	NED				9:23.91	+0.82	
	Nico Paasse	65	+0.82	34.07	1:13.12	1:54.05	2:32.59	2:32.59	
	David Kievit	99	+0.54	29.98	1:04.06	1:40.27	2:16.32	2:16.32	
	Frank v.d. Voorde	83	+0.43	31.58	1:06.42	1:43.00	2:19.49	2:19.49	
	Niels Albrechts	88	+0.34	29.13	1:03.15	1:39.53	2:15.51	2:15.51	
5.	ZOB'66 1	ZOB'66	NED				9:58.70	+0.68	
	Jeffrey Eigenraam	95	+0.68	32.22	1:10.44	1:51.90	2:34.51	2:34.51	
	Ferry Blangé	83	+0.40	31.10	1:08.02	1:46.84	2:25.75	2:25.75	
	Ingmar de Gelder	70	+0.60	33.01	1:10.09	1:50.59	2:30.85	2:30.85	
	Ian van Mullem	96	+0.44	31.43	1:07.99	1:47.76	2:27.59	2:27.59	
6.	Deltasteur 1	Deltasteur	NED				11:37.84	+0.94	
	Pieter Bardelmeijer	72	+0.94	40.56	1:25.38	2:14.03	3:01.07	3:01.07	
	Bob Potkamp	94	+0.65	37.18	1:22.75	2:11.92	3:01.74	3:01.74	
	Tom de Lange	93	+0.35	35.70	1:15.18	1:58.82	2:41.08	2:41.08	
	Alistair Critchell	71	+0.44	37.13	1:20.18	2:06.88	2:53.95	2:53.95	

120+, Gemengd

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED				9:27.20	+0.51	
	Dennis Bos	92	+0.51	28.42	1:01.26	1:34.78	2:06.37	2:06.37	
	Peggy Hurenkamp	69	+0.67	37.45	1:20.11	2:05.58	2:51.11	2:51.11	
	Daniëlle de Boer	94	+0.22	32.28	1:08.13	1:46.14	2:23.56	2:23.56	
	Casper Hut	78	+0.37	27.66	59.03	1:32.31	2:06.16	2:06.16	
2.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED				9:44.01	+0.69	
	Martijn Giezen	85	+0.69	30.31	1:05.42	1:41.67	2:17.25	2:17.25	
	Marjke Jansen	85	+0.37	32.89	1:11.28	1:51.43	2:30.75	2:30.75	
	Larissa Brak	88	+0.54	32.51	1:08.88	1:45.78	2:21.21	2:21.21	
	Henk Kuipers	62	+0.28	35.32	1:14.17	1:55.06	2:34.80	2:34.80	
3.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub	NED				9:52.12	+0.55	
	Patrick Wyrdean	97	+0.55	31.55	1:06.73	1:43.20	2:18.75	2:18.75	
	Jacoline van den Beukel	91	+0.26	33.00	1:12.17	1:54.04	2:35.39	2:35.39	
	Roos van Esch	82	+0.20	33.97	1:12.34	1:51.81	2:29.65	2:29.65	
	Pieter Broek	77	+0.38	32.18	1:09.04	1:48.32	2:28.33	2:28.33	
4.	GoSwim 1	GoSwim	NED				10:03.15	+0.67	
	Masha Odijk	99	+0.67	36.97	1:18.89	2:02.34	2:43.09	2:43.09	
	Rudi Butselaar	87	+0.59	35.96	1:16.60	2:00.95	2:43.63	2:43.63	
	Saskia de Klerk	90	+0.57	32.46	1:09.33	1:47.80	2:24.23	2:24.23	
	Victor Barnar	78	+0.43	29.53	1:01.96	1:36.96	2:12.20	2:12.20	
5.	RZ 1	RZ	NED				10:13.47	+0.67	
	Kelvin Isselt	76	+0.67	32.67	1:09.28	1:47.32	2:24.67	2:24.67	
	Claudia Creemers	92	+0.46	40.87	1:27.54	2:17.87	3:09.15	3:09.15	
	Fiona Meuffels	95	+0.26	32.70	1:10.68	1:49.33	2:25.90	2:25.90	
	Patrick Creemers	90	+0.21	30.36	1:05.03	1:40.05	2:13.75	2:13.75	
6.	MSV-Zeemacht 1	MSV-Zeemacht	NED				10:45.29	+0.61	
	Jordi de Nijs	98	+0.61	33.34	1:11.01	1:47.76	2:24.67	2:24.67	
	Annette van Dok	68	+0.33	40.99	1:30.14	2:21.47	3:12.71	3:12.71	
	Bianca Groot	70	+0.80	35.97	1:16.73	1:58.68	2:39.51	2:39.51	
	Gerben Rozie	90	+0.71	33.52	1:10.22	1:49.01	2:28.40	2:28.40	

160+, Dames

1.	CNSW 1	CNSW	BEL				10:34.16	+0.43	
	Valerie Rolland	71	+0.43	36.03	1:16.42	1:58.39	2:39.60	2:39.60	
	Isaline Manchel	85	+0.30	38.19	1:21.04	2:03.95	2:45.83	2:45.83	
	Kathy Van Lindt	71	+0.56	36.20	1:16.06	1:56.02	2:35.37	2:35.37	
	Nathalie Blondeel	77	+0.32	35.59	1:15.08	1:55.12	2:33.36	2:33.36	
2.	Royal Ostend Swimming Club 1	Royal Ostend Swimming Club	BEL				12:13.60	+0.95	
	Ann Vandenbrouck	65	+0.95	49.36	1:47.53	2:46.55	3:44.27	3:44.27	
	Carla Devriese	61	+0.58	39.32	1:24.59	2:11.21	2:56.48	2:56.48	
	Sara Costa	93	+0.79	37.07	1:18.26	2:01.75	2:45.11	2:45.11	
	Cheyenne Vercooren	93	+0.89	38.38	1:19.54	2:04.66	2:47.74	2:47.74	

Programmanr. 15, 4 x 200m vrije slag

160+, Heren

1.	AZ&PC De Futen 1	AZ&PC De Futen		NED				10:09.48	+0.64
	Bas Spoelstra	77	+0.64	34.21	1:12.34	1:52.45	2:32.81	2:32.81	
	Taco Eikelenboom	69	+0.58	36.52	1:20.92	2:07.46	2:52.07	2:52.07	
	Erwin Zuidervelt	75	+0.53	30.54	1:06.90	1:46.08	2:26.16	2:26.16	
	Arnold de Rover	64	+0.53	31.84	1:06.23	1:41.82	2:18.44	2:18.44	
2.	SWOL 1894 2	SWOL 1894		NED				10:36.23	+0.80
	Peter Lommert	79	+0.80	34.66	1:15.79	1:59.26	2:43.49	2:43.49	
	Kasper van den Berghe	73	+0.43	34.26	1:12.40	1:53.67	2:35.39	2:35.39	
	Erik Wetsteijn	65	+0.36	39.08	1:22.00	2:05.76	2:47.59	2:47.59	
	Michael van Bekkum	72	+0.75	33.23	1:11.05	1:51.34	2:29.76	2:29.76	

160+, Gemengd

1.	ZPC Woerden 1	ZPC Woerden		NED				9:44.53	+0.72
	Ilse van den Wijngaard	89	+0.72	32.94	1:10.98	1:51.24	2:31.72	2:31.72	
	Marjan Remmits	63	+0.40	34.99	1:14.03	1:54.62	2:34.18	2:34.18	
	Johan Remmits	62	+0.48	30.76	1:06.14	1:42.43	2:16.93	2:16.93	
	Thommy Nickel	84	+0.85	32.30	1:08.17	1:45.33	2:21.70	2:21.70	
2.	Steenwijk 1934 3	Steenwijk 1934		NED				11:14.91	+0.89
	Hans van Scheepen	62	+0.89	44.62	1:36.18	2:35.97	3:44.49	3:44.49	
	Wilna Heijman	64	+0.80	38.73	1:21.75	2:04.90	2:47.82	2:47.82	
	Nanda de Vries	92	+0.45	33.08	1:10.84	1:50.15	2:29.03	2:29.03	
	Lauren Vis	82	+0.60	29.41	1:03.30	1:38.73	2:13.57	2:13.57	

200+, Dames

1.	De Geul 2	De Geul		NED				11:47.20	+0.77
	Marian Nederlof	76	+0.77	39.16	1:22.10	2:07.89	2:52.75	2:52.75	
	Erica Muller	64	+0.72	45.03	1:34.74	2:25.13	3:14.06	3:14.06	
	Susanne Prins - Molenwijk	66	+0.55	41.04	1:26.14	2:11.72	2:55.74	2:55.74	
	Marijke Campfens	69	+0.77	37.30	1:18.38	2:01.86	2:44.65	2:44.65	
2.	DWK 1	DWK		NED				12:18.27	+0.83
	Jennie Resink-lindeboom	60	+0.83	41.74	1:28.58	2:19.00	3:08.54	3:08.54	
	Greta Wyma-Teitsma	71	+0.68	44.26	1:37.19	2:31.00	3:23.76	3:23.76	
	Hettie Schakel	69	+0.52	41.85	1:29.01	2:18.39	3:05.86	3:05.86	
	Iris van Aurich	69	+0.40	34.18	1:13.55	1:56.38	2:40.11	2:40.11	
3.	SWOL 1894 1	SWOL 1894		NED				12:20.56	+0.88
	Marjan Spoelstra	60	+0.88	43.94	1:32.36	2:21.98	3:09.74	3:09.74	
	Annet Kootstra	71	+0.57	41.65	1:28.22	2:16.48	3:03.56	3:03.56	
	Babette Rens	78	+0.60	39.60	1:25.87	2:16.73	3:08.09	3:08.09	
	Annemarie Vuisst	63	+0.24	40.88	1:27.50	2:14.34	2:59.17	2:59.17	
4.	Old Dutch 1	Old Dutch		NED				14:32.48	
	Karien Musters	58		51.79	1:50.42	2:54.38	4:01.83	4:01.83	
	Marie Smits	38	+0.64	59.87	2:11.39	3:22.97	4:27.03	4:27.03	
	Karin van Nassau-van den Heuvel	66	+0.51	43.98	1:32.82	2:22.76	3:12.62	3:12.62	
	Chantal Verhoeff	79	+0.34	37.79	1:21.70	2:05.59	2:51.00	2:51.00	

200+, Heren

1.	De Rog 2	De Rog		NED				10:13.05	+0.83
	Erik Kamphuis	60	+0.83	35.63	1:14.83	1:54.36	2:31.10	2:31.10	
	Roy Le Clercq	64	+0.75	35.04	1:16.32	2:00.27	2:43.84	2:43.84	
	Wijnand Vergeest	68	+0.39	35.16	1:16.12	1:59.00	2:38.92	2:38.92	
	Peter Bernsen	63	+0.32	32.23	1:08.62	1:45.16	2:19.19	2:19.19	
2.	Steenwijk 1934 2	Steenwijk 1934		NED				10:36.79	+0.67
	Casper Dollekamp	63	+0.67	35.40	1:17.20	2:01.92	2:45.01	2:45.01	
	Chris Kouwenhoven	71	+0.53	35.71	1:16.43	1:59.06	2:40.85	2:40.85	
	Korstiaan de Boer	71	+0.47	35.83	1:16.27	1:59.07	2:41.17	2:41.17	
	Guido Keutgen	68	+0.11	32.76	1:10.57	1:51.39	2:29.76	2:29.76	
3.	AZC 1	AZC		NED				10:59.82	+0.67
	Wim de Lange	58	+0.67	36.20	1:17.46	2:01.00	2:41.51	2:41.51	
	Geza Kaltenecker	42	+0.60	45.55	1:38.89	2:34.45	3:26.43	3:26.43	
	Stefan Oostendorp	90	+0.56	33.16	1:10.40	1:49.96	2:30.60	2:30.60	
	Joeri Stoffels	73	+0.60	31.73	1:08.41	1:46.88	2:21.28	2:21.28	

Programmanr. 15, Heren, 4 x 200m vrije slag, 200+

rang	vereniging						tijd	RT	PARA
4.	PSV 3	PSV	NED				11:03.92	+0.81	
	Mark Godwaldt	87	+0.81	31.97	1:08.64	1:46.16	2:21.49	2:21.49	
	Rob Hanou	43	+0.67	43.62	1:36.78	2:29.93	3:18.30	3:18.30	
	Eymert van Rooij	66	+0.62	36.04	1:19.00	2:02.59	2:43.39	2:43.39	
	Tom Bandsma	77	+0.91	34.85	1:13.18	1:56.20	2:40.74	2:40.74	
5.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	NED				11:04.63	+0.81	
	Paul de Boer	68	+0.81	37.11	1:19.13	2:03.95	2:50.80	2:50.80	
	Pieter-Sjoerd de Wijn	65	+0.54	36.93	1:19.84	2:05.72	2:49.09	2:49.09	
	Jos Kamps	51	+0.63	39.82	1:24.32	2:13.17	3:00.51	3:00.51	
	Rutger Stam	81	+0.29	31.19	1:07.45	1:45.87	2:24.23	2:24.23	
6.	CNSW 3	CNSW	BEL				12:49.64	+0.69	
	Nicolas Slegers	84	+0.69	35.42	1:16.11	1:59.78	2:41.57	2:41.57	
	Ramon Alsina Munoz	69	+0.54	37.39	1:21.51	2:08.01	2:53.33	2:53.33	
	Bruno Nahon	70	+0.60	37.47	1:18.50	1:59.03	2:39.55	2:39.55	
	Kevork Boyrazian	44	+0.44	1:00.18	2:11.62	3:26.02	4:35.19	4:35.19	

200+, Gemengd

1.	HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED				9:46.40	+0.74	
	<i>Nederlands Masters Record</i>								
	René Beetsma	69	+0.74	31.91	1:07.90	1:44.43	2:20.57	2:20.57	
	Jannie Vennik	76	+0.65	36.92	1:17.75	1:59.90	2:41.39	2:41.39	
	Evelien van Klarbergen	72	+0.24	32.82	1:11.09	1:49.34	2:26.35	2:26.35	
	Marten de Groot	58	+0.36	31.93	1:07.22	1:43.43	2:18.09	2:18.09	
2.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED				9:47.64	+0.65	
	Edwin v. Norden	63	+0.65	31.63	1:07.21	1:43.29	2:19.00	2:19.00	
	Lesley Cordial	67	+0.47	33.94	1:12.67	1:52.95	2:31.98	2:31.98	
	Lidia v. Bon-Rosenbrand	70	+0.37	33.45	1:11.11	1:51.42	2:31.08	2:31.08	
	Ron Korzelius	65	+0.47	32.60	1:09.31	1:47.87	2:25.58	2:25.58	
3.	PSV 2	PSV	NED				10:13.67	+0.76	
	Harold Matla	68	+0.76	33.61	1:11.69	1:51.05	2:29.24	2:29.24	
	Rob Penninks	60	+0.68	35.79	1:16.06	1:57.91	2:37.46	2:37.46	
	Jeanne Petit	70	+0.34	36.00	1:16.14	1:57.31	2:38.13	2:38.13	
	Liselotte Joling	75	+0.75	34.63	1:13.54	1:52.53	2:28.84	2:28.84	
4.	Feijenoord Albion Zwemclub 2	Feijenoord Albion Zwemclub	NED				10:47.63	+0.65	
	Hugo Bregman	58	+0.65	32.41	1:09.52	1:48.18	2:22.82	2:22.82	
	Caroline Kruger	68	+0.88	41.28	1:27.70	2:19.63	3:14.26	3:14.26	
	Fred Dijkshoorn	65	+0.25	33.68	1:11.63	1:52.22	2:31.72	2:31.72	
	Mirjan den Drijver	75	+0.38	35.71	1:16.37	1:58.47	2:38.83	2:38.83	
5.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)	NED				10:49.49	+0.57	
	Charles Bos	53	+0.57	38.68	1:21.76	2:07.04	2:49.79	2:49.79	
	Pascal Janssen	73	+0.47	37.36	1:20.12	2:04.29	2:47.61	2:47.61	
	Martine de Haart	79	+0.34	36.50	1:17.00	1:59.14	2:40.87	2:40.87	
	Arno Schrauwen	65	+0.27	33.02	1:11.10	1:51.02	2:31.22	2:31.22	

240+, Heren

1.	CNSW 2	CNSW	BEL				11:11.07	+0.79	
	<i>Kampioenschapsrecord, Belgisch Masters Record</i>								
	Jean-Marie Cadiat	53	+0.79	34.63	1:15.09	1:55.11	2:32.99	2:32.99	
	Lionel Godeaux	60	+0.49	34.47	1:14.52	1:55.06	2:34.70	2:34.70	
	Philippe Godbille	57	+0.54	37.02	1:22.44	2:08.17	2:52.75	2:52.75	
	Christian Schoenaers	59		42.09	1:29.95	2:20.70	3:10.63	3:10.63	
2.	WS Twente 1	WS Twente	NED				12:37.06	+0.91	
	Jack Barends	62	+0.91	43.02	1:30.91	2:20.94	3:12.21	3:12.21	
	Frans van Enst	40	+0.57	43.71	1:36.63	2:30.57	3:24.03	3:24.03	
	Joop Weenink	68	+0.63	38.14	1:20.82	2:05.44	2:49.30	2:49.30	
	Bart van Calker	61	+0.72	44.68	1:32.51	2:21.61	3:11.52	3:11.52	

240+, Gemengd

1.	ZVVS 1	ZVVS	NED				11:01.65	+0.87	
	Irene van der Laan	60	+0.87	38.57	1:20.09	2:02.43	2:43.20	2:43.20	
	Willem Putter	45	+0.81	41.56	1:28.82	2:17.98	3:04.28	3:04.28	
	Conny Boer-Buys	50	+0.36	37.77	1:20.85	2:06.21	2:50.54	2:50.54	
	Bas van de Nouwelant	80	+0.35	30.76	1:06.23	1:44.17	2:23.63	2:23.63	

Programmanr. 15, 4 x 200m vrije slag

280+, Dames

1. PSV 1	PSV			NED			12:25.08	+0.76
<i>Wereld Masters Record</i>								
Ineke Weekers		53	+0.76	37.57	1:18.31	2:01.03	2:44.20	2:44.20
Lottie Geurts		35	+1.10	53.70	1:53.28	2:54.30	3:49.37	3:49.37
Corrie Verhoeven		46	+0.64	41.61	1:29.98	2:21.72	3:12.04	3:12.04
Esther van Lohuizen		59	+0.75	36.88	1:17.26	1:59.32	2:39.47	2:39.47