

Programmanr. 1  
02-05-2019 - 12:30

Dames, 1500m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA	
<b>Masters 20+</b>						
1.	Anne Noom	Het Y	<b>18:08.59</b>	<b>+0.77</b>		
	50m: 32.32	32.32	450m: 5:22.20	36.63	850m: 10:15.87	36.68
	100m: 1:07.85	35.53	500m: 5:58.52	36.32	900m: 10:52.50	36.63
	150m: 1:43.92	36.07	550m: 6:35.17	36.65	950m: 11:29.18	36.68
	200m: 2:20.23	36.31	600m: 7:11.88	36.71	1000m: 12:05.86	36.68
	250m: 2:56.57	36.34	650m: 7:48.85	36.97	1050m: 12:42.41	36.55
	300m: 3:33.17	36.60	700m: 8:25.53	36.68	1100m: 13:19.01	36.60
	350m: 4:09.12	35.95	750m: 9:02.45	36.92	1150m: 13:55.66	36.65
	400m: 4:45.57	36.45	800m: 9:39.19	36.74	1200m: 14:32.11	36.45
2.	Marije Dankelman	Dedemsvaart-AC	<b>19:02.83</b>	<b>+0.68</b>		
	50m: 33.87	33.87	450m: 5:41.62	39.02	850m: 10:51.20	38.92
	100m: 1:11.03	37.16	500m: 6:20.70	39.08	900m: 11:30.12	38.92
	150m: 1:49.42	38.39	550m: 6:59.14	38.44	950m: 12:08.97	38.85
	200m: 2:27.73	38.31	600m: 7:37.83	38.69	1000m: 12:47.50	38.53
	250m: 3:06.17	38.44	650m: 8:16.71	38.88	1050m: 13:25.71	38.21
	300m: 3:45.03	38.86	700m: 8:55.12	38.41	1100m: 14:03.52	37.81
	350m: 4:23.94	38.91	750m: 9:33.81	38.69	1150m: 14:41.17	37.65
	400m: 5:02.60	38.66	800m: 10:12.28	38.47	1200m: 15:18.74	37.57
3.	Brenda Zwarthoed	DAW	<b>19:09.03</b>	<b>+0.76</b>		
	50m: 33.30	33.30	450m: 5:41.39	38.81	850m: 10:51.04	38.65
	100m: 1:10.45	37.15	500m: 6:20.08	38.69	900m: 11:29.73	38.69
	150m: 1:48.40	37.95	550m: 6:58.81	38.73	950m: 12:08.38	38.65
	200m: 2:27.00	38.60	600m: 7:37.52	38.71	1000m: 12:47.01	38.63
	250m: 3:05.57	38.57	650m: 8:16.27	38.75	1050m: 13:25.76	38.75
	300m: 3:44.87	39.30	700m: 8:54.97	38.70	1100m: 14:03.99	38.23
	350m: 4:23.68	38.81	750m: 9:33.59	38.62	1150m: 14:42.02	38.03
	400m: 5:02.58	38.90	800m: 10:12.39	38.80	1200m: 15:20.20	38.18
4.	Hilde Dekker	ReVeLie Swim Team	<b>19:30.20</b>	<b>+0.86</b>		
	50m: 33.45	33.45	450m: 5:40.85	38.60	850m: 10:51.67	39.36
	100m: 1:10.47	37.02	500m: 6:19.38	38.53	900m: 11:31.11	39.44
	150m: 1:49.05	38.58	550m: 6:57.99	38.61	950m: 12:10.52	39.41
	200m: 2:27.34	38.29	600m: 7:36.63	38.64	1000m: 12:50.04	39.52
	250m: 3:06.07	38.73	650m: 8:15.39	38.76	1050m: 13:29.61	39.57
	300m: 3:44.58	38.51	700m: 8:53.86	38.47	1100m: 14:09.63	40.02
	350m: 4:23.33	38.75	750m: 9:33.22	39.36	1150m: 14:49.53	39.90
	400m: 5:02.25	38.92	800m: 10:12.31	39.09	1200m: 15:30.07	40.54
5.	Fiona Meuffels	RZ	<b>20:05.51</b>	<b>+0.69</b>		
	50m: 34.82	34.82	450m: 5:58.03	40.99	850m: 11:25.14	41.20
	100m: 1:14.01	39.19	500m: 6:38.64	40.61	900m: 12:06.03	40.89
	150m: 1:54.11	40.10	550m: 7:19.82	41.18	950m: 12:46.87	40.84
	200m: 2:34.21	40.10	600m: 8:00.69	40.87	1000m: 13:26.94	40.07
	250m: 3:14.65	40.44	650m: 8:41.81	41.12	1050m: 14:07.35	40.41
	300m: 3:55.27	40.62	700m: 9:22.32	40.51	1100m: 14:47.88	40.53
	350m: 4:35.78	40.51	750m: 10:03.13	40.81	1150m: 15:28.08	40.20
	400m: 5:17.04	41.26	800m: 10:43.94	40.81	1200m: 16:07.96	39.88
6.	Chantal Beijer	DWT	<b>20:43.33</b>	<b>+0.75</b>		
	50m: 34.86	34.86	450m: 6:07.42	42.78	850m: 11:46.01	42.29
	100m: 1:14.70	39.84	500m: 6:49.88	42.46	900m: 12:27.99	41.98
	150m: 1:55.93	41.23	550m: 7:32.66	42.78	950m: 13:10.03	42.04
	200m: 2:37.62	41.69	600m: 8:15.30	42.64	1000m: 13:51.98	41.95
	250m: 3:19.57	41.95	650m: 8:57.74	42.44	1050m: 14:34.75	42.77
	300m: 4:00.87	41.30	700m: 9:40.21	42.47	1100m: 15:16.40	41.65
	350m: 4:42.61	41.74	750m: 10:21.58	41.37	1150m: 15:57.59	41.19
	400m: 5:24.64	42.03	800m: 11:03.72	42.14	1200m: 16:39.49	41.90
7.	Lotte Rolink	Zwemclub Polaris	<b>23:26.62</b>	<b>+0.69</b>		
	50m: 39.97	39.97	450m: 7:01.67	48.35	850m: 13:29.54	47.81
	100m: 1:26.05	46.08	500m: 7:50.54	48.87	900m: 14:16.72	47.18
	150m: 2:13.84	47.79	550m: 8:39.46	48.92	950m: 15:03.69	46.97
	200m: 3:01.40	47.56	600m: 9:27.89	48.43	1000m: 15:50.67	46.98
	250m: 3:49.46	48.06	650m: 10:17.13	49.24	1050m: 16:37.86	47.19
	300m: 4:37.48	48.02	700m: 11:05.52	48.39	1100m: 17:24.84	46.98
	350m: 5:25.20	47.72	750m: 11:53.91	48.39	1150m: 18:11.79	46.95
	400m: 6:13.32	48.12	800m: 12:41.73	47.82	1200m: 18:59.17	47.38

Programmanr. 1, Dames, 1500m vrije slag, Masters 20+

rang	naam	vereniging	tijd	RT	PARA			
8.	Iris Spijkstra	Aqualero	<b>28:23.16</b>	<b>+0.86</b>				
	50m: 46.18	46.18	450m: 8:18.45	56.83	850m: 16:00.76	58.09	1250m: 23:41.86	57.54
	100m: 1:39.47	53.29	500m: 9:16.14	57.69	900m: 16:59.13	58.37	1300m: 24:40.37	58.51
	150m: 2:36.51	57.04	550m: 10:13.18	57.04	950m: 17:56.74	57.61	1350m: 25:36.71	56.34
	200m: 3:32.58	56.07	600m: 11:11.03	57.85	1000m: 18:55.09	58.35	1400m: 26:33.86	57.15
	250m: 4:29.26	56.68	650m: 12:08.88	57.85	1050m: 19:52.46	57.37	1450m: 27:29.33	55.47
	300m: 5:26.63	57.37	700m: 13:05.93	57.05	1100m: 20:49.53	57.07	1500m: 28:23.16	53.83
	350m: 6:24.17	57.54	750m: 14:04.15	58.22	1150m: 21:46.97	57.44		
	400m: 7:21.62	57.45	800m: 15:02.67	58.52	1200m: 22:44.32	57.35		

Masters 25+

1.	Maaik Vooren	DAW	<b>18:58.50</b>	<b>+0.79</b>				
	50m: 34.16	34.16	450m: 5:38.34	38.04	850m: 10:41.56	38.01	1250m: 15:47.28	38.43
	100m: 1:11.24	37.08	500m: 6:16.31	37.97	900m: 11:19.61	38.05	1300m: 16:25.76	38.48
	150m: 1:49.27	38.03	550m: 6:54.25	37.94	950m: 11:57.76	38.15	1350m: 17:04.18	38.42
	200m: 2:27.43	38.16	600m: 7:31.96	37.71	1000m: 12:35.96	38.20	1400m: 17:42.62	38.44
	250m: 3:05.95	38.52	650m: 8:09.95	37.99	1050m: 13:13.90	37.94	1450m: 18:21.10	38.48
	300m: 3:44.08	38.13	700m: 8:47.73	37.78	1100m: 13:51.99	38.09	1500m: 18:58.50	37.40
	350m: 4:22.19	38.11	750m: 9:25.57	37.84	1150m: 14:30.47	38.48		
	400m: 5:00.30	38.11	800m: 10:03.55	37.98	1200m: 15:08.85	38.38		
2.	Nanda de Vries	Steenwijk 1934	<b>20:32.44</b>	<b>+0.82</b>				
	50m: 34.58	34.58	450m: 5:56.81	41.31	850m: 11:27.77	41.44	1250m: 17:03.52	42.30
	100m: 1:12.65	38.07	500m: 6:37.95	41.14	900m: 12:09.41	41.64	1300m: 17:45.82	42.30
	150m: 1:52.37	39.72	550m: 7:19.23	41.28	950m: 12:51.38	41.97	1350m: 18:28.35	42.53
	200m: 2:32.18	39.81	600m: 8:00.51	41.28	1000m: 13:33.33	41.95	1400m: 19:10.44	42.09
	250m: 3:12.60	40.42	650m: 8:42.04	41.53	1050m: 14:15.48	42.15	1450m: 19:52.37	41.93
	300m: 3:53.28	40.68	700m: 9:23.46	41.42	1100m: 14:57.30	41.82	1500m: 20:32.44	40.07
	350m: 4:34.24	40.96	750m: 10:04.92	41.46	1150m: 15:39.33	42.03		
	400m: 5:15.50	41.26	800m: 10:46.33	41.41	1200m: 16:21.22	41.89		
3.	Mandy Verbakel	ZPC Woerden	<b>21:33.23</b>	<b>+0.63</b>				
	50m: 37.41	37.41	450m: 6:23.48	44.20	850m: 12:13.70	43.56	1250m: 17:59.82	43.77
	100m: 1:18.82	41.41	500m: 7:07.13	43.65	900m: 12:57.18	43.48	1300m: 18:43.10	43.28
	150m: 2:01.56	42.74	550m: 7:51.35	44.22	950m: 13:40.34	43.16	1350m: 19:29.21	43.11
	200m: 2:44.50	42.94	600m: 8:34.99	43.64	1000m: 14:23.50	43.16	1400m: 20:09.20	42.99
	250m: 3:27.80	43.30	650m: 9:18.77	43.78	1050m: 15:06.93	43.43	1450m: 20:52.17	42.97
	300m: 4:11.49	43.69	700m: 10:02.63	43.86	1100m: 15:49.99	43.06	1500m: 21:33.23	41.06
	350m: 4:55.45	43.96	750m: 10:46.37	43.74	1150m: 16:32.83	42.84		
	400m: 5:39.28	43.83	800m: 11:30.14	43.77	1200m: 17:16.05	43.22		
4.	Irmgard van Weeghel	ZPC Hatto Heim	<b>22:37.39</b>	<b>+0.76</b>				
	50m: 37.91	37.91	450m: 6:35.16	45.46	850m: 12:41.03	45.97	1250m: 18:49.26	45.98
	100m: 1:20.31	42.40	500m: 7:20.76	45.60	900m: 13:27.13	46.10	1300m: 19:35.90	46.64
	150m: 2:04.00	43.69	550m: 8:06.15	45.39	950m: 14:13.10	45.97	1350m: 20:21.49	45.59
	200m: 2:48.25	44.25	600m: 8:52.16	46.01	1000m: 14:58.96	45.86	1400m: 21:07.35	45.86
	250m: 3:32.83	44.58	650m: 9:37.73	45.57	1050m: 15:44.94	45.98	1450m: 21:53.07	45.72
	300m: 4:18.34	45.51	700m: 10:23.28	45.55	1100m: 16:30.87	45.93	1500m: 22:37.39	44.32
	350m: 5:03.89	45.55	750m: 11:08.90	45.62	1150m: 17:16.76	45.89		
	400m: 5:49.70	45.81	800m: 11:55.06	46.16	1200m: 18:03.28	46.52		
5.	Marjan Rikken	ZVV	<b>23:35.33</b>	<b>+0.77</b>				
	50m: 39.21	39.21	450m: 6:49.13	47.07	850m: 13:11.68	48.13	1250m: 19:36.55	48.25
	100m: 1:23.36	44.15	500m: 7:36.83	47.70	900m: 13:59.35	47.67	1300m: 20:25.29	48.74
	150m: 2:08.64	45.28	550m: 8:24.14	47.31	950m: 14:47.23	47.88	1350m: 21:13.92	48.63
	200m: 2:54.44	45.80	600m: 9:11.89	47.75	1000m: 15:35.73	48.50	1400m: 22:02.93	49.01
	250m: 3:40.97	46.53	650m: 9:59.36	47.47	1050m: 16:23.73	48.00	1450m: 22:50.24	47.31
	300m: 4:27.83	46.86	700m: 10:47.31	47.95	1100m: 17:11.93	48.20	1500m: 23:35.33	45.09
	350m: 5:14.57	46.74	750m: 11:35.25	47.94	1150m: 17:59.94	48.01		
	400m: 6:02.06	47.49	800m: 12:23.55	48.30	1200m: 18:48.30	48.36		
6.	Ildiko van der Ploeg	SWNZ (SG)	<b>24:29.76</b>	<b>+0.80</b>				
	50m: 40.87	40.87	450m: 7:13.74	49.45	850m: 13:51.18	49.11	1250m: 20:27.88	49.89
	100m: 1:27.06	46.19	500m: 8:03.39	49.65	900m: 14:40.71	49.53	1300m: 21:17.77	49.89
	150m: 2:15.32	48.26	550m: 8:52.83	49.44	950m: 15:29.79	49.08	1350m: 22:06.78	49.01
	200m: 3:04.56	49.24	600m: 9:42.38	49.55	1000m: 16:19.41	49.62	1400m: 22:55.66	48.88
	250m: 3:53.95	49.39	650m: 10:32.23	49.85	1050m: 17:08.93	49.52	1450m: 23:43.91	48.25
	300m: 4:44.25	50.30	700m: 11:22.45	50.22	1100m: 17:58.87	49.94	1500m: 24:29.76	45.85
	350m: 5:34.18	49.93	750m: 12:12.37	49.92	1150m: 18:48.26	49.39		
	400m: 6:24.29	50.11	800m: 13:02.07	49.70	1200m: 19:37.99	49.73		

Programmanr. 1, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	tijd	RT	PARA	
7.	Claudia Creemers	RZ	<b>28:14.72</b>	<b>+0.79</b>		
	50m: 42.49	42.49	450m: 7:54.29	56.89	850m: 15:33.62	57.98
	100m: 1:31.02	48.53	500m: 8:50.88	56.59	900m: 16:32.55	58.93
	150m: 2:22.02	51.00	550m: 9:48.15	57.27	950m: 17:31.10	58.55
	200m: 3:15.51	53.49	600m: 10:46.65	58.50	1000m: 18:29.20	58.10
	250m: 4:09.61	54.10	650m: 11:43.66	57.01	1050m: 19:28.20	59.00
	300m: 5:04.80	55.19	700m: 12:41.59	57.93	1100m: 20:26.44	58.24
	350m: 6:00.96	56.16	750m: 13:38.75	57.16	1150m: 21:26.92	1:00.48
	400m: 6:57.40	56.44	800m: 14:35.64	56.89	1200m: 22:25.85	58.93

Masters 30+

1.	Viktória Felföldi <i>Hungarian Masters Record</i>	Megathlon SE	<b>18:50.89</b>	<b>+0.81</b>		
	50m: 33.46	33.46	450m: 5:31.14	37.70	850m: 10:34.95	38.00
	100m: 1:09.91	36.45	500m: 6:08.98	37.84	900m: 11:12.95	38.00
	150m: 1:46.84	36.93	550m: 6:46.65	37.67	950m: 11:50.92	37.97
	200m: 2:24.08	37.24	600m: 7:24.46	37.81	1000m: 12:28.83	37.91
	250m: 3:01.43	37.35	650m: 8:02.44	37.98	1050m: 13:07.35	38.52
	300m: 3:38.46	37.03	700m: 8:40.45	38.01	1100m: 13:45.41	38.06
	350m: 4:15.99	37.53	750m: 9:18.63	38.18	1150m: 14:23.86	38.45
	400m: 4:53.44	37.45	800m: 9:56.95	38.32	1200m: 15:01.99	38.13
2.	Lisanne Andeweg	Zuiderzeewimmers	<b>19:36.80</b>	<b>+0.73</b>		
	50m: 34.35	34.35	450m: 5:42.12	39.08	850m: 10:56.68	39.72
	100m: 1:11.76	37.41	500m: 6:20.85	38.73	900m: 11:36.62	39.94
	150m: 1:50.01	38.25	550m: 6:59.56	38.71	950m: 12:16.86	40.24
	200m: 2:28.47	38.46	600m: 7:38.60	39.04	1000m: 12:57.18	40.32
	250m: 3:06.91	38.44	650m: 8:17.75	39.15	1050m: 13:37.25	40.07
	300m: 3:45.58	38.67	700m: 8:57.67	39.92	1100m: 14:17.64	40.39
	350m: 4:24.14	38.56	750m: 9:37.33	39.66	1150m: 14:58.11	40.47
	400m: 5:03.04	38.90	800m: 10:16.96	39.63	1200m: 15:38.21	40.10
3.	Nanda van Heteren	De Geul	<b>21:51.57</b>	<b>+1.00</b>		
	50m: 37.25	37.25	450m: 6:23.60	43.59	850m: 12:16.89	44.17
	100m: 1:18.67	41.42	500m: 7:07.65	44.05	900m: 13:01.71	44.82
	150m: 2:01.78	43.11	550m: 7:51.56	43.91	950m: 13:47.25	45.54
	200m: 2:45.00	43.22	600m: 8:36.27	44.71	1000m: 14:31.52	44.27
	250m: 3:28.81	43.81	650m: 9:21.01	44.74	1050m: 15:15.99	44.47
	300m: 4:12.81	44.00	700m: 10:04.91	43.90	1100m: 16:00.52	44.53
	350m: 4:56.46	43.65	750m: 10:48.69	43.78	1150m: 16:45.48	44.96
	400m: 5:40.01	43.55	800m: 11:32.72	44.03	1200m: 17:30.58	45.10
4.	Renske Eilers	Zwemvereniging Hoogland	<b>23:09.54</b>	<b>+0.79</b>		
	50m: 38.06	38.06	450m: 6:43.72	46.41	850m: 12:58.83	46.49
	100m: 1:21.25	43.19	500m: 7:30.69	46.97	900m: 13:45.93	47.10
	150m: 2:06.02	44.77	550m: 8:17.26	46.57	950m: 14:32.20	46.27
	200m: 2:51.60	45.58	600m: 9:04.38	47.12	1000m: 15:19.38	47.18
	250m: 3:37.57	45.97	650m: 9:51.10	46.72	1050m: 16:06.07	46.69
	300m: 4:24.16	46.59	700m: 10:38.41	47.31	1100m: 16:53.34	47.27
	350m: 5:10.42	46.26	750m: 11:25.36	46.95	1150m: 17:40.88	47.54
	400m: 5:57.31	46.89	800m: 12:12.34	46.98	1200m: 18:28.69	47.81
5.	Sandra Schellekens	SWNZ (SG)	<b>23:58.37</b>	<b>+0.89</b>		
	50m: 38.14	38.14	450m: 6:54.15	48.68	850m: 13:23.69	49.02
	100m: 1:21.90	43.76	500m: 7:42.38	48.23	900m: 14:12.42	48.73
	150m: 2:07.75	45.85	550m: 8:31.27	48.89	950m: 15:01.23	48.81
	200m: 2:54.51	46.76	600m: 9:19.65	48.38	1000m: 15:50.16	48.93
	250m: 3:41.81	47.30	650m: 10:08.13	48.48	1050m: 16:39.12	48.96
	300m: 4:29.39	47.58	700m: 10:57.05	48.92	1100m: 17:27.93	48.81
	350m: 5:17.60	48.21	750m: 11:45.99	48.94	1150m: 18:17.41	49.48
	400m: 6:05.47	47.87	800m: 12:34.67	48.68	1200m: 19:06.40	48.99
6.	Lisette van den Bos	De Geul	<b>24:59.97</b>	<b>+0.79</b>		
	50m: 42.77	42.77	450m: 7:20.61	50.37	850m: 14:06.03	51.58
	100m: 1:31.10	48.33	500m: 8:10.06	49.45	900m: 14:56.80	50.77
	150m: 2:21.24	50.14	550m: 9:00.24	50.18	950m: 15:47.87	51.07
	200m: 3:10.16	48.92	600m: 9:49.76	49.52	1000m: 16:37.78	49.91
	250m: 3:59.93	49.77	650m: 10:40.36	50.60	1050m: 17:28.39	50.61
	300m: 4:49.82	49.89	700m: 11:31.70	51.34	1100m: 18:18.65	50.26
	350m: 5:40.28	50.46	750m: 12:23.28	51.58	1150m: 19:09.00	50.35
	400m: 6:30.24	49.96	800m: 13:14.45	51.17	1200m: 20:00.13	51.13

Programmanr. 1, Dames, 1500m vrije slag

Masters 35+

1. Ramona Linting		Link	NED 198301274		<b>21:30.84</b>	<b>+0.79</b>					
50m:	37.02	37.02	450m:	6:19.07	43.44	850m:	12:05.16	43.36	1250m:	17:54.20	43.44
100m:	1:17.90	40.88	500m:	7:02.11	43.04	900m:	12:48.74	43.58	1300m:	18:37.51	43.31
150m:	2:00.60	42.70	550m:	7:45.60	43.49	950m:	13:32.42	43.68	1350m:	19:21.15	43.64
200m:	2:43.24	42.64	600m:	8:28.66	43.06	1000m:	14:16.08	43.66	1400m:	20:04.73	43.58
250m:	3:26.14	42.90	650m:	9:11.95	43.29	1050m:	14:59.84	43.76	1450m:	20:48.13	43.40
300m:	4:09.30	43.16	700m:	9:55.16	43.21	1100m:	15:43.56	43.72	1500m:	21:30.84	42.71
350m:	4:52.64	43.34	750m:	10:38.54	43.38	1150m:	16:27.39	43.83			
400m:	5:35.63	42.99	800m:	11:21.80	43.26	1200m:	17:10.76	43.37			
2. Agnes van Brug		DAW	NED 198001726		<b>21:41.30</b>	<b>+0.83</b>					
50m:	37.84	37.84	450m:	6:27.50	43.82	850m:	12:17.25	43.46	1250m:	18:06.30	43.38
100m:	1:19.82	41.98	500m:	7:11.76	44.26	900m:	13:01.12	43.87	1300m:	18:50.28	43.98
150m:	2:03.01	43.19	550m:	7:55.31	43.55	950m:	13:44.55	43.43	1350m:	19:33.24	42.96
200m:	2:46.86	43.85	600m:	8:39.36	44.05	1000m:	14:28.39	43.84	1400m:	20:17.04	43.80
250m:	3:30.58	43.72	650m:	9:22.74	43.38	1050m:	15:11.58	43.19	1450m:	20:59.91	42.87
300m:	4:15.11	44.53	700m:	10:06.69	43.95	1100m:	15:55.37	43.79	1500m:	21:41.30	41.39
350m:	4:59.16	44.05	750m:	10:50.09	43.40	1150m:	16:38.88	43.51			
400m:	5:43.68	44.52	800m:	11:33.79	43.70	1200m:	17:22.92	44.04			
3. Linda Hoogendam		WVZ	NED 198300892		<b>22:49.49</b>	<b>+0.88</b>					
50m:	38.21	38.21	450m:	6:39.53	46.29	850m:	12:52.30	46.76	1250m:	19:05.42	46.20
100m:	1:21.57	43.36	500m:	7:26.85	47.32	900m:	13:38.48	46.18	1300m:	19:51.78	46.36
150m:	2:06.31	44.74	550m:	8:13.38	46.53	950m:	14:25.50	47.02	1350m:	20:37.96	46.18
200m:	2:50.85	44.54	600m:	9:00.07	46.69	1000m:	15:11.89	46.39	1400m:	21:23.89	45.93
250m:	3:35.80	44.95	650m:	9:46.79	46.72	1050m:	15:59.22	47.33	1450m:	22:08.25	44.36
300m:	4:21.12	45.32	700m:	10:33.49	46.70	1100m:	16:45.94	46.72	1500m:	22:49.49	41.24
350m:	5:07.52	46.40	750m:	11:20.14	46.65	1150m:	17:33.64	47.70			
400m:	5:53.24	45.72	800m:	12:05.54	45.40	1200m:	18:19.22	45.58			
4. Paulien Schokker		WS Twente	NED 198302876		<b>22:52.04</b>	<b>+0.85</b>					
50m:	37.99	37.99	450m:	6:46.18	46.65	850m:	12:57.01	46.09	1250m:	19:07.33	46.64
100m:	1:21.57	43.58	500m:	7:32.48	46.30	900m:	13:44.34	47.33	1300m:	19:53.74	46.41
150m:	2:06.76	45.19	550m:	8:19.49	47.01	950m:	14:29.88	45.54	1350m:	20:39.69	45.95
200m:	2:52.78	46.02	600m:	9:06.70	47.21	1000m:	15:17.20	47.32	1400m:	21:25.44	45.75
250m:	3:38.96	46.18	650m:	9:52.19	45.49	1050m:	16:03.06	45.86	1450m:	22:09.25	43.81
300m:	4:25.97	47.01	700m:	10:38.82	46.63	1100m:	16:50.28	47.22	1500m:	22:52.04	42.79
350m:	5:12.50	46.53	750m:	11:24.30	45.48	1150m:	17:35.42	45.14			
400m:	5:59.53	47.03	800m:	12:10.92	46.62	1200m:	18:21.69	46.27			
5. Marloes Rebel		WS Twente	NED 198403474		<b>26:19.47</b>	<b>+1.12</b>					
50m:	45.70	45.70	450m:	7:41.25	53.46	850m:	14:47.31	52.85	1250m:	21:55.98	53.41
100m:	1:34.47	48.77	500m:	8:34.43	53.18	900m:	15:41.25	53.94	1300m:	22:50.60	54.62
150m:	2:25.68	51.21	550m:	9:27.38	52.95	950m:	16:34.94	53.69	1350m:	23:44.75	54.15
200m:	3:17.93	52.25	600m:	10:20.48	53.10	1000m:	17:27.91	52.97	1400m:	24:38.24	53.49
250m:	4:10.32	52.39	650m:	11:13.78	53.30	1050m:	18:21.59	53.68	1450m:	25:30.51	52.27
300m:	5:02.88	52.56	700m:	12:07.57	53.79	1100m:	19:16.48	54.89	1500m:	26:19.47	48.96
350m:	5:54.90	52.02	750m:	13:00.97	53.40	1150m:	20:09.25	52.77			
400m:	6:47.79	52.89	800m:	13:54.46	53.49	1200m:	21:02.57	53.32			
6. Rianne van Vegchelen		ZV 44	NED 198101530		<b>29:44.67</b>	<b>+1.15</b>					
50m:	46.66	46.66	450m:	8:29.46	56.42	850m:	16:41.05	1:08.63	1250m:	24:47.17	59.09
100m:	1:39.12	52.46	500m:	9:26.32	56.86	900m:	17:37.22	56.17	1300m:	25:56.80	1:09.63
150m:	2:33.79	54.67	550m:	10:32.34	1:06.02	950m:	18:35.73	58.51	1350m:	26:53.77	56.97
200m:	3:28.88	55.09	600m:	11:28.69	56.35	1000m:	19:44.54	1:08.81	1400m:	27:51.16	57.39
250m:	4:25.10	56.22	650m:	12:27.09	58.40	1050m:	20:42.40	57.86	1450m:	28:48.69	57.53
300m:	5:27.78	1:02.68	700m:	13:37.50	1:10.41	1100m:	21:40.45	58.05	1500m:	29:44.67	55.98
350m:	6:24.46	56.68	750m:	14:34.91	57.41	1150m:	22:51.29	1:10.84			
400m:	7:33.04	1:08.58	800m:	15:32.42	57.51	1200m:	23:48.08	56.79			

Masters 40+

1. Liselotte Joling		PSV	NED 197500268		<b>19:54.20</b>	<b>+0.87</b>					
50m:	35.56	35.56	450m:	5:53.55	40.25	850m:	11:13.54	40.18	1250m:	16:35.86	39.91
100m:	1:14.51	38.95	500m:	6:33.86	40.31	900m:	11:53.86	40.32	1300m:	17:16.51	40.65
150m:	1:53.97	39.46	550m:	7:13.39	39.53	950m:	12:34.53	40.67	1350m:	17:56.48	39.97
200m:	2:33.46	39.49	600m:	7:52.59	39.20	1000m:	13:15.35	40.82	1400m:	18:36.96	40.48
250m:	3:13.23	39.77	650m:	8:32.77	40.18	1050m:	13:56.03	40.68	1450m:	19:16.43	39.47
300m:	3:53.31	40.08	700m:	9:12.75	39.98	1100m:	14:36.56	40.53	1500m:	19:54.20	37.77
350m:	4:33.45	40.14	750m:	9:52.97	40.22	1150m:	15:15.88	39.32			
400m:	5:13.30	39.85	800m:	10:33.36	40.39	1200m:	15:55.95	40.07			

Programmanr. 1, Dames, 1500m vrije slag, Masters 40+

rang	naam	vereniging					tijd	RT	PARA	
2.	Jannie Vennik	HZ&PC Heerenveen	NED	197601006					<b>21:58.82</b>	+0.91
	50m: 38.94	38.94	450m: 6:34.10	43.72	850m: 12:27.54	44.44	1250m: 18:22.81	44.34		
	100m: 1:22.75	43.81	500m: 7:18.04	43.94	900m: 13:12.14	44.60	1300m: 19:06.27	43.46		
	150m: 2:07.98	45.23	550m: 8:02.28	44.24	950m: 13:56.66	44.52	1350m: 19:49.89	43.62		
	200m: 2:52.78	44.80	600m: 8:46.70	44.42	1000m: 14:41.43	44.77	1400m: 20:33.51	43.62		
	250m: 3:37.20	44.42	650m: 9:30.84	44.14	1050m: 15:25.49	44.06	1450m: 21:16.92	43.41		
	300m: 4:21.67	44.47	700m: 10:14.80	43.96	1100m: 16:10.38	44.89	1500m: 21:58.82	41.90		
	350m: 5:06.04	44.37	750m: 10:59.02	44.22	1150m: 16:54.26	43.88				
	400m: 5:50.38	44.34	800m: 11:43.10	44.08	1200m: 17:38.47	44.21				
3.	Clementine van Bruxvoort	ZPB H&L Productions	NED	197700138					<b>27:15.53</b>	+0.86
	50m: 46.18	46.18	450m: 7:56.59	54.36	850m: 15:15.68	55.29	1250m: 22:41.76	56.07		
	100m: 1:39.14	52.96	500m: 8:50.45	53.86	900m: 16:11.16	55.48	1300m: 23:37.37	55.61		
	150m: 2:32.34	53.20	550m: 9:45.65	55.20	950m: 17:06.93	55.77	1350m: 24:32.97	55.60		
	200m: 3:25.89	53.55	600m: 10:39.94	54.29	1000m: 18:02.36	55.43	1400m: 25:28.82	55.85		
	250m: 4:20.82	54.93	650m: 11:35.00	55.06	1050m: 18:58.81	56.45	1450m: 26:24.56	55.74		
	300m: 5:14.14	53.32	700m: 12:30.60	55.60	1100m: 19:53.65	54.84	1500m: 27:15.53	50.97		
	350m: 6:08.40	54.26	750m: 13:25.50	54.90	1150m: 20:49.41	55.76				
	400m: 7:02.23	53.83	800m: 14:20.39	54.89	1200m: 21:45.69	56.28				

Masters 45+

1.	Karin Stein	ZVVS	NED	197100554					<b>20:11.51</b>	+0.82
	50m: 36.39	36.39	450m: 5:55.62	39.67	850m: 11:20.64	40.63	1250m: 16:48.57	40.34		
	100m: 1:16.10	39.71	500m: 6:36.13	40.51	900m: 12:02.12	41.48	1300m: 17:30.16	41.59		
	150m: 1:55.50	39.40	550m: 7:16.09	39.96	950m: 12:42.97	40.85	1350m: 18:10.72	40.56		
	200m: 2:35.57	40.07	600m: 7:56.76	40.67	1000m: 13:24.44	41.47	1400m: 18:51.67	40.95		
	250m: 3:15.36	39.79	650m: 8:37.06	40.30	1050m: 14:05.11	40.67	1450m: 19:32.00	40.33		
	300m: 3:55.74	40.38	700m: 9:18.07	41.01	1100m: 14:46.28	41.17	1500m: 20:11.51	39.51		
	350m: 4:35.46	39.72	750m: 9:58.63	40.56	1150m: 15:27.18	40.90				
	400m: 5:15.95	40.49	800m: 10:40.01	41.38	1200m: 16:08.23	41.05				
2.	Kathy Van Lindt	CNSW	BEL	007949/71					<b>21:11.90</b>	+0.98
	50m: 37.05	37.05	450m: 6:11.52	42.53	850m: 11:54.87	42.77	1250m: 17:39.47	43.22		
	100m: 1:17.03	39.98	500m: 6:53.96	42.44	900m: 12:38.09	43.22	1300m: 18:22.41	42.94		
	150m: 1:57.81	40.78	550m: 7:36.64	42.68	950m: 13:21.07	42.98	1350m: 19:05.56	43.15		
	200m: 2:39.63	41.82	600m: 8:19.31	42.67	1000m: 14:03.82	42.75	1400m: 19:48.35	42.79		
	250m: 3:21.35	41.72	650m: 9:02.58	43.27	1050m: 14:46.94	43.12	1450m: 20:31.07	42.72		
	300m: 4:03.62	42.27	700m: 9:45.80	43.22	1100m: 15:30.04	43.10	1500m: 21:11.90	40.83		
	350m: 4:46.05	42.43	750m: 10:28.93	43.13	1150m: 16:13.15	43.11				
	400m: 5:28.99	42.94	800m: 11:12.10	43.17	1200m: 16:56.25	43.10				
3.	Bianca Groot	MSV-Zeemacht	NED	197000652					<b>21:36.40</b>	+1.00
	50m: 37.50	37.50	450m: 6:22.07	43.34	850m: 12:12.68	43.56	1250m: 18:00.79	43.30		
	100m: 1:19.58	42.08	500m: 7:05.51	43.44	900m: 12:56.33	43.65	1300m: 18:44.54	43.75		
	150m: 2:02.04	42.46	550m: 7:49.18	43.67	950m: 13:39.78	43.45	1350m: 19:28.08	43.54		
	200m: 2:45.19	43.15	600m: 8:33.37	44.19	1000m: 14:23.59	43.81	1400m: 20:12.22	44.14		
	250m: 3:28.36	43.17	650m: 9:17.32	43.95	1050m: 15:06.74	43.15	1450m: 20:55.85	43.63		
	300m: 4:11.91	43.55	700m: 10:01.64	44.32	1100m: 15:50.23	43.49	1500m: 21:36.40	40.55		
	350m: 4:55.26	43.35	750m: 10:45.43	43.79	1150m: 16:33.69	43.46				
	400m: 5:38.73	43.47	800m: 11:29.12	43.69	1200m: 17:17.49	43.80				
4.	Pascalie Janssen	Patrick-De Roersoppers (SG)	NED	197300852					<b>23:23.32</b>	+0.93
	50m: 40.04	40.04	450m: 6:57.91	47.73	850m: 13:14.79	46.53	1250m: 19:32.15	47.27		
	100m: 1:25.35	45.31	500m: 7:45.25	47.34	900m: 14:01.87	47.08	1300m: 20:18.97	46.82		
	150m: 2:12.52	47.17	550m: 8:32.33	47.08	950m: 14:49.58	47.71	1350m: 21:06.50	47.53		
	200m: 2:59.82	47.30	600m: 9:19.55	47.22	1000m: 15:36.83	47.25	1400m: 21:53.17	46.67		
	250m: 3:47.27	47.45	650m: 10:07.11	47.56	1050m: 16:23.97	47.14	1450m: 22:39.77	46.60		
	300m: 4:34.96	47.69	700m: 10:54.10	46.99	1100m: 17:10.77	46.80	1500m: 23:23.32	43.55		
	350m: 5:22.81	47.85	750m: 11:41.43	47.33	1150m: 17:58.25	47.48				
	400m: 6:10.18	47.37	800m: 12:28.26	46.83	1200m: 18:44.88	46.63				
5.	Natacha Van Hoof	Shark	BEL	20260/73					<b>25:07.83</b>	+1.01
	50m: 44.15	44.15	450m: 7:22.51	50.35	850m: 14:07.48	50.37	1250m: 20:54.58	51.38		
	100m: 1:32.31	48.16	500m: 8:13.08	50.57	900m: 14:58.03	50.55	1300m: 21:46.15	51.57		
	150m: 2:22.17	49.86	550m: 9:03.41	50.33	950m: 15:48.61	50.58	1350m: 22:37.34	51.19		
	200m: 3:11.41	49.24	600m: 9:53.95	50.54	1000m: 16:38.73	50.12	1400m: 23:28.79	51.45		
	250m: 4:01.29	49.88	650m: 10:44.74	50.79	1050m: 17:29.84	51.11	1450m: 24:19.95	51.16		
	300m: 4:51.36	50.07	700m: 11:35.69	50.95	1100m: 18:20.33	50.49	1500m: 25:07.83	47.88		
	350m: 5:41.70	50.34	750m: 12:26.56	50.87	1150m: 19:11.46	51.13				
	400m: 6:32.16	50.46	800m: 13:17.11	50.55	1200m: 20:03.20	51.74				



Programmanr. 1, Dames, 1500m vrije slag, Masters 45+

rang	naam	vereniging	tijd	RT	PARA			
6.	Annet Kootstra	SWOL 1894	<b>25:39.25</b>	<b>+0.82</b>				
	50m: 44.43	44.43	450m: 7:24.26	51.29	850m: 14:15.16	51.81	1250m: 21:14.40	52.84
	100m: 1:32.25	47.82	500m: 8:15.38	51.12	900m: 15:06.84	51.68	1300m: 22:07.72	53.32
	150m: 2:21.28	49.03	550m: 9:06.51	51.13	950m: 15:58.37	51.53	1350m: 23:01.11	53.39
	200m: 3:10.46	49.18	600m: 9:57.98	51.47	1000m: 16:50.48	52.11	1400m: 23:54.42	53.31
	250m: 4:01.04	50.58	650m: 10:49.14	51.16	1050m: 17:43.12	52.64	1450m: 24:47.35	52.93
	300m: 4:50.98	49.94	700m: 11:40.52	51.38	1100m: 18:35.86	52.74	1500m: 25:39.25	51.90
	350m: 5:42.22	51.24	750m: 12:31.87	51.35	1150m: 19:28.53	52.67		
	400m: 6:32.97	50.75	800m: 13:23.35	51.48	1200m: 20:21.56	53.03		
7.	Evelien Breman-Alers	Nautilus	<b>27:37.76</b>	<b>+0.86</b>				
	50m: 45.05	45.05	450m: 8:02.02	56.24	850m: 15:27.75	55.22	1250m: 22:56.00	57.10
	100m: 1:35.17	50.12	500m: 8:58.03	56.01	900m: 16:23.73	55.98	1300m: 23:52.54	56.54
	150m: 2:28.22	53.05	550m: 9:54.12	56.09	950m: 17:19.94	56.21	1350m: 24:49.47	56.93
	200m: 3:22.76	54.54	600m: 10:49.85	55.73	1000m: 18:15.47	55.53	1400m: 25:46.41	56.94
	250m: 4:17.63	54.87	650m: 11:47.08	57.23	1050m: 19:12.14	56.67	1450m: 26:43.89	57.48
	300m: 5:13.37	55.74	700m: 12:42.94	55.86	1100m: 20:07.84	55.70	1500m: 27:37.76	53.87
	350m: 6:09.21	55.84	750m: 13:37.56	54.62	1150m: 21:03.58	55.74		
	400m: 7:05.78	56.57	800m: 14:32.53	54.97	1200m: 21:58.90	55.32		
8.	Greta Wyma-Teitsma	DWK	<b>28:35.77</b>	<b>+0.89</b>				
	50m: 46.52	46.52	450m: 8:15.74	56.80	850m: 15:57.71	100.08	1250m: 23:47.33	59.60
	100m: 1:40.23	53.71	500m: 9:12.74	57.00	900m: 16:56.39	58.68	1300m: 24:45.33	58.00
	150m: 2:36.22	55.99	550m: 10:11.06	58.32	950m: 17:55.27	58.88	1350m: 25:43.54	58.21
	200m: 3:32.60	56.38	600m: 11:08.73	57.67	1000m: 18:53.23	57.96	1400m: 26:42.22	58.68
	250m: 4:28.79	56.19	650m: 12:06.13	57.40	1050m: 19:51.51	58.28	1450m: 27:40.33	58.11
	300m: 5:25.33	56.54	700m: 13:03.10	56.97	1100m: 20:49.48	57.97	1500m: 28:35.77	55.44
	350m: 6:22.37	57.04	750m: 14:01.55	58.45	1150m: 21:48.23	58.75		
	400m: 7:18.94	56.57	800m: 14:57.63	56.08	1200m: 22:47.73	59.50		

Masters 50+

1.	Laura Staal	Oceanus	<b>21:57.57</b>	<b>+0.81</b>				
	50m: 39.24	39.24	450m: 6:32.78	44.22	850m: 12:28.16	44.52	1250m: 18:23.20	44.66
	100m: 1:22.68	43.44	500m: 7:17.09	44.31	900m: 13:12.19	44.03	1300m: 19:06.87	43.67
	150m: 2:06.54	43.86	550m: 8:01.66	44.57	950m: 13:56.62	44.43	1350m: 19:50.50	43.63
	200m: 2:51.10	44.56	600m: 8:46.30	44.64	1000m: 14:41.17	44.55	1400m: 20:34.17	43.67
	250m: 3:35.16	44.06	650m: 9:30.90	44.60	1050m: 15:25.54	44.37	1450m: 21:17.00	42.83
	300m: 4:19.51	44.35	700m: 10:15.40	44.50	1100m: 16:09.88	44.34	1500m: 21:57.57	40.57
	350m: 5:03.96	44.45	750m: 10:59.40	44.00	1150m: 16:54.29	44.41		
	400m: 5:48.56	44.60	800m: 11:43.64	44.24	1200m: 17:38.54	44.25		
2.	Iris van Aurich	DWK	<b>23:37.23</b>	<b>+0.80</b>				
	50m: 37.64	37.64	450m: 6:51.01	48.01	850m: 13:15.66	48.12	1250m: 19:43.60	49.51
	100m: 1:20.79	43.15	500m: 7:39.32	48.31	900m: 14:04.15	48.49	1300m: 20:32.66	49.06
	150m: 2:06.53	45.74	550m: 8:26.21	46.89	950m: 14:52.77	48.62	1350m: 21:22.45	49.79
	200m: 2:53.98	47.45	600m: 9:13.87	47.66	1000m: 15:39.81	47.04	1400m: 22:09.26	46.81
	250m: 3:40.65	46.67	650m: 10:02.12	48.25	1050m: 16:28.29	48.48	1450m: 22:56.11	46.85
	300m: 4:28.09	47.44	700m: 10:49.98	47.86	1100m: 17:16.66	48.37	1500m: 23:37.23	41.12
	350m: 5:15.50	47.41	750m: 11:38.72	48.74	1150m: 18:04.65	47.99		
	400m: 6:03.00	47.50	800m: 12:27.54	48.82	1200m: 18:54.09	49.44		
3.	Christel Aerts	Tessenderlo zwemclub	<b>24:41.37</b>	<b>+1.05</b>				
	50m: 40.45	40.45	450m: 7:00.65	47.51	850m: 14:06.12	59.76	1250m: 20:42.77	48.28
	100m: 1:25.91	45.46	500m: 7:48.30	47.65	900m: 14:53.85	47.73	1300m: 21:32.22	49.45
	150m: 2:12.84	46.93	550m: 8:36.13	47.83	950m: 15:51.30	57.45	1350m: 22:20.60	48.38
	200m: 3:00.50	47.66	600m: 9:24.49	48.36	1000m: 16:40.07	48.77	1400m: 23:08.51	47.91
	250m: 3:48.39	47.89	650m: 10:26.14	1:01.65	1050m: 17:28.37	48.30	1450m: 23:56.17	47.66
	300m: 4:36.75	48.36	700m: 11:15.47	49.33	1100m: 18:16.95	48.58	1500m: 24:41.37	45.20
	350m: 5:25.11	48.36	750m: 12:17.20	1:01.73	1150m: 19:05.92	48.97		
	400m: 6:13.14	48.03	800m: 13:06.36	49.16	1200m: 19:54.49	48.57		
4.	Miranda Keijl	ZIGNEA	<b>25:19.82</b>	<b>+0.96</b>				
	50m: 45.62	45.62	450m: 7:31.72	50.96	850m: 14:25.57	51.19	1250m: 21:12.23	50.45
	100m: 1:35.04	49.42	500m: 8:23.55	51.83	900m: 15:16.75	51.18	1300m: 22:03.22	50.99
	150m: 2:24.96	49.92	550m: 9:15.54	51.99	950m: 16:08.05	51.30	1350m: 22:54.53	51.31
	200m: 3:15.28	50.32	600m: 10:07.63	52.09	1000m: 16:58.73	50.68	1400m: 23:45.19	50.66
	250m: 4:05.77	50.49	650m: 10:59.31	51.68	1050m: 17:49.71	50.98	1450m: 24:35.98	50.79
	300m: 4:56.30	50.53	700m: 11:50.97	51.66	1100m: 18:40.07	50.36	1500m: 25:19.82	43.84
	350m: 5:48.38	52.08	750m: 12:42.40	51.43	1150m: 19:30.29	50.22		
	400m: 6:40.76	52.38	800m: 13:34.38	51.98	1200m: 20:21.78	51.49		

Programmanr. 1, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging							tijd	RT	PARA
5.	K. van Nassau-van den Heuvel	Old Dutch	NED 196600188						<b>25:33.79</b>	<b>+0.81</b>	
	50m: 44.43	44.43	450m: 7:27.83	51.26	850m: 14:19.18	51.10	1250m: 21:15.07	51.60			
	100m: 1:32.97	48.54	500m: 8:19.54	51.71	900m: 15:10.84	51.66	1300m: 22:07.54	52.47			
	150m: 2:22.56	49.59	550m: 9:10.89	51.35	950m: 16:03.06	52.22	1350m: 23:00.48	52.94			
	200m: 3:12.88	50.32	600m: 10:02.28	51.39	1000m: 16:55.20	52.14	1400m: 23:52.62	52.14			
	250m: 4:03.46	50.58	650m: 10:53.59	51.31	1050m: 17:47.49	52.29	1450m: 24:44.51	51.89			
	300m: 4:54.18	50.72	700m: 11:45.09	51.50	1100m: 18:39.51	52.02	1500m: 25:33.79	49.28			
	350m: 5:45.32	51.14	750m: 12:36.75	51.66	1150m: 19:31.21	51.70					
	400m: 6:36.57	51.25	800m: 13:28.08	51.33	1200m: 20:23.47	52.26					
6.	Roselinda van der Vlugt	De Geul	NED 196700710						<b>28:56.77</b>	<b>+1.03</b>	
	50m: 49.35	49.35	450m: 8:36.61	58.06	850m: 16:21.43	58.04	1250m: 24:11.85	58.40			
	100m: 1:45.17	55.82	500m: 9:34.10	57.49	900m: 17:20.13	58.70	1300m: 25:10.27	58.42			
	150m: 2:43.96	58.79	550m: 10:32.40	58.30	950m: 18:19.33	59.20	1350m: 26:08.05	57.78			
	200m: 3:43.66	59.70	600m: 11:29.59	57.19	1000m: 19:17.92	58.59	1400m: 27:06.24	58.19			
	250m: 4:41.95	58.29	650m: 12:27.61	58.02	1050m: 20:17.77	59.85	1450m: 28:03.48	57.24			
	300m: 5:41.08	59.13	700m: 13:26.68	59.07	1100m: 21:15.34	57.57	1500m: 28:56.77	53.29			
	350m: 6:39.90	58.82	750m: 14:25.65	58.97	1150m: 22:14.80	59.46					
	400m: 7:38.55	58.65	800m: 15:23.39	57.74	1200m: 23:13.45	58.65					

Masters 55+

1.	Irene van der Laan	ZVVS	NED 196000096						<b>21:37.03</b>	<b>+0.83</b>	
	50m: 39.98	39.98	450m: 6:24.10	43.31	850m: 12:10.44	43.50	1250m: 18:00.94	44.19			
	100m: 1:22.31	42.33	500m: 7:07.37	43.27	900m: 12:54.35	43.91	1300m: 18:44.46	43.52			
	150m: 2:05.35	43.04	550m: 7:50.59	43.22	950m: 13:37.87	43.52	1350m: 19:28.01	43.55			
	200m: 2:48.16	42.81	600m: 8:34.02	43.43	1000m: 14:21.51	43.64	1400m: 20:11.37	43.36			
	250m: 3:31.23	43.07	650m: 9:17.34	43.32	1050m: 15:05.09	43.58	1450m: 20:55.07	43.70			
	300m: 4:14.20	42.97	700m: 10:00.58	43.24	1100m: 15:48.96	43.87	1500m: 21:37.03	41.96			
	350m: 4:57.44	43.24	750m: 10:43.73	43.15	1150m: 16:33.03	44.07					
	400m: 5:40.79	43.35	800m: 11:26.94	43.21	1200m: 17:16.75	43.72					
2.	Wilna Heijman	Steenwijk 1934	NED 196400506						<b>21:50.57</b>	<b>+0.87</b>	
	50m: 38.66	38.66	450m: 6:27.40	44.28	850m: 12:19.23	44.26	1250m: 18:11.46	44.39			
	100m: 1:20.98	42.32	500m: 7:10.61	43.21	900m: 13:02.94	43.71	1300m: 18:55.27	43.81			
	150m: 2:03.98	43.00	550m: 7:54.92	44.31	950m: 13:47.39	44.45	1350m: 19:39.83	44.56			
	200m: 2:47.41	43.43	600m: 8:38.72	43.80	1000m: 14:31.19	43.80	1400m: 20:24.00	44.17			
	250m: 3:31.65	44.24	650m: 9:23.04	44.32	1050m: 15:15.49	44.30	1450m: 21:08.51	44.51			
	300m: 4:15.33	43.68	700m: 10:07.17	44.13	1100m: 15:59.13	43.64	1500m: 21:50.57	42.06			
	350m: 4:59.70	44.37	750m: 10:51.38	44.21	1150m: 16:43.35	44.22					
	400m: 5:43.12	43.42	800m: 11:34.97	43.59	1200m: 17:27.07	43.72					
3.	Petra Tossings	DAW	NED 196100376						<b>23:39.10</b>	<b>+0.84</b>	
	50m: 40.52	40.52	450m: 6:54.95	47.33	850m: 13:16.42	48.13	1250m: 19:39.31	48.11			
	100m: 1:25.87	45.35	500m: 7:42.79	47.84	900m: 14:03.89	47.47	1300m: 20:27.97	48.66			
	150m: 2:12.65	46.78	550m: 8:30.36	47.57	950m: 14:51.22	47.33	1350m: 21:16.73	48.76			
	200m: 2:59.45	46.80	600m: 9:17.98	47.62	1000m: 15:39.10	47.88	1400m: 22:05.04	48.31			
	250m: 3:46.26	46.81	650m: 10:05.23	47.25	1050m: 16:27.04	47.94	1450m: 22:53.25	48.21			
	300m: 4:33.73	47.47	700m: 10:53.30	48.07	1100m: 17:14.87	47.83	1500m: 23:39.10	45.85			
	350m: 5:20.49	46.76	750m: 11:41.03	47.73	1150m: 18:02.83	47.96					
	400m: 6:07.62	47.13	800m: 12:28.29	47.26	1200m: 18:51.20	48.37					
4.	Katinka Elders	Oceanus	NED 196000292						<b>25:53.18</b>	<b>+0.81</b>	
	50m: 45.01	45.01	450m: 7:32.54	51.62	850m: 14:27.71	52.41	1250m: 21:30.38	53.81			
	100m: 1:34.01	49.00	500m: 8:23.90	51.36	900m: 15:20.86	53.15	1300m: 22:24.53	54.15			
	150m: 2:26.01	52.00	550m: 9:15.98	52.08	950m: 16:13.44	52.58	1350m: 23:17.60	53.07			
	200m: 3:17.08	51.07	600m: 10:07.76	51.78	1000m: 17:06.34	52.90	1400m: 24:11.63	54.03			
	250m: 4:07.69	50.61	650m: 10:59.18	51.42	1050m: 17:58.53	52.19	1450m: 25:04.91	53.28			
	300m: 4:58.18	50.49	700m: 11:51.05	51.87	1100m: 18:51.10	52.57	1500m: 25:53.18	48.27			
	350m: 5:49.52	51.34	750m: 12:43.29	52.24	1150m: 19:43.50	52.40					
	400m: 6:40.92	51.40	800m: 13:35.30	52.01	1200m: 20:36.57	53.07					
5.	Marjan Spoelstra	SWOL 1894	NED 196000236						<b>26:15.39</b>		
	50m: 46.24	46.24	450m: 7:40.54	52.98	850m: 14:45.57	52.84	1250m: 21:49.75	53.45			
	100m: 1:35.90	49.66	500m: 8:33.38	52.84	900m: 15:38.48	52.91	1300m: 22:42.85	53.10			
	150m: 2:26.95	51.05	550m: 9:26.77	53.39	950m: 16:31.42	52.94	1350m: 23:36.64	53.79			
	200m: 3:18.79	51.84	600m: 10:19.58	52.81	1000m: 17:24.03	52.61	1400m: 24:30.06	53.42			
	250m: 4:10.58	51.79	650m: 11:12.58	53.00	1050m: 18:16.57	52.54	1450m: 25:23.67	53.61			
	300m: 5:02.80	52.22	700m: 12:06.05	53.47	1100m: 19:09.67	53.10	1500m: 26:15.39	51.72			
	350m: 5:55.36	52.56	750m: 12:59.70	53.65	1150m: 20:02.94	53.27					
	400m: 6:47.56	52.20	800m: 13:52.73	53.03	1200m: 20:56.30	53.36					

Programmanr. 1, Dames, 1500m vrije slag, Masters 55+

rang	naam	vereniging		tijd	RT	PARA
DIS	Marie-Jeanne Vandormael	GZ Neptunus	BEL	21035/63		
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>					

Masters 60+

1.	Patty Verhagen	PSV	NED	195900146	<b>22:17.27</b>	+0.72
	<i>Nederlands Masters Record</i>					

50m:	40.47	40.47	450m:	6:32.77	44.34	850m:	12:29.92	44.74	1250m:	18:31.26	45.06
100m:	1:23.46	42.99	500m:	7:17.47	44.70	900m:	13:14.95	45.03	1300m:	19:16.89	45.63
150m:	2:07.44	43.98	550m:	8:01.64	44.17	950m:	13:59.96	45.01	1350m:	20:02.59	45.70
200m:	2:51.28	43.84	600m:	8:46.30	44.66	1000m:	14:45.16	45.20	1400m:	20:48.25	45.66
250m:	3:35.37	44.09	650m:	9:30.75	44.45	1050m:	15:30.19	45.03	1450m:	21:33.77	45.52
300m:	4:19.63	44.26	700m:	10:15.70	44.95	1100m:	16:15.27	45.08	1500m:	22:17.27	43.50
350m:	5:03.90	44.27	750m:	11:00.16	44.46	1150m:	17:00.84	45.57			
400m:	5:48.43	44.53	800m:	11:45.18	45.02	1200m:	17:46.20	45.36			

2.	Monica Bakker	Steenwijk 1934	NED	195600082	<b>26:00.06</b>	+1.02
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50m:	45.27	45.27	450m:	7:32.53	51.55	850m:	14:27.05	52.72	1250m:	21:32.75	54.02
100m:	1:34.81	49.54	500m:	8:23.96	51.43	900m:	15:19.41	52.36	1300m:	22:26.59	53.84
150m:	2:25.54	50.73	550m:	9:15.80	51.84	950m:	16:12.40	52.99	1350m:	23:20.61	54.02
200m:	3:16.56	51.02	600m:	10:07.10	51.30	1000m:	17:04.99	52.59	1400m:	24:13.85	53.24
250m:	4:07.10	50.54	650m:	10:58.37	51.27	1050m:	17:58.67	53.68	1450m:	25:07.61	53.76
300m:	4:58.02	50.92	700m:	11:49.85	51.48	1100m:	18:52.21	53.54	1500m:	26:00.06	52.45
350m:	5:49.59	51.57	750m:	12:42.18	52.33	1150m:	19:45.23	53.02			
400m:	6:40.98	51.39	800m:	13:34.33	52.15	1200m:	20:38.73	53.50			

3.	Elly Kiestra-Broertjes	ZIGNEA	NED	195600100	<b>26:50.49 *</b>	+1.09
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50m:	45.51	45.51	450m:	7:48.50	53.85	850m:	15:00.91	54.97	1250m:	22:20.24	55.18
100m:	1:36.76	51.25	500m:	8:42.26	53.76	900m:	15:56.32	55.41	1300m:	23:14.36	54.12
150m:	2:28.71	51.95	550m:	9:35.73	53.47	950m:	16:51.41	55.09	1350m:	24:08.33	53.97
200m:	3:22.16	53.45	600m:	10:29.54	53.81	1000m:	17:46.96	55.55	1400m:	25:03.57	55.24
250m:	4:14.55	52.39	650m:	11:23.59	54.05	1050m:	18:41.34	54.38	1450m:	25:56.98	53.41
300m:	5:08.12	53.57	700m:	12:17.46	53.87	1100m:	19:35.85	54.51	1500m:	26:50.49	53.51
350m:	6:00.72	52.60	750m:	13:11.84	54.38	1150m:	20:30.51	54.66			
400m:	6:54.65	53.93	800m:	14:05.94	54.10	1200m:	21:25.06	54.55			

4.	Karien Musters	Old Dutch	NED	195800236	<b>32:45.12</b>	
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50m:	53.86	53.86	450m:	9:34.19	1:05.60	850m:	18:19.84	1:05.96	1250m:	27:07.80	1:06.71
100m:	1:52.08	58.22	500m:	10:39.13	1:04.94	900m:	19:25.16	1:05.32	1300m:	28:14.36	1:06.56
150m:	2:53.26	1:01.18	550m:	11:44.82	1:05.69	950m:	20:31.73	1:06.57	1350m:	29:21.88	1:07.52
200m:	3:57.89	1:04.63	600m:	12:51.22	1:06.40	1000m:	21:37.85	1:06.12	1400m:	30:30.00	1:08.12
250m:	5:06.29	1:08.40	650m:	13:56.72	1:05.50	1050m:	22:43.70	1:05.85	1450m:	31:37.68	1:07.68
300m:	6:14.44	1:08.15	700m:	15:02.04	1:05.32	1100m:	23:49.43	1:05.73	1500m:	32:45.12	1:07.44
350m:	7:23.11	1:08.67	750m:	16:08.09	1:06.05	1150m:	24:55.13	1:05.70			
400m:	8:28.59	1:05.48	800m:	17:13.88	1:05.79	1200m:	26:01.09	1:05.96			

Masters 65+

1.	Ineke Weekers	PSV	NED	195300050	<b>23:11.16</b>	+0.79
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50m:	40.72	40.72	450m:	6:43.28	45.83	850m:	12:54.23	46.66	1250m:	19:14.34	47.50
100m:	1:25.04	44.32	500m:	7:29.33	46.05	900m:	13:41.67	47.44	1300m:	20:02.06	47.72
150m:	2:09.82	44.78	550m:	8:15.38	46.05	950m:	14:28.79	47.12	1350m:	20:50.14	48.08
200m:	2:55.25	45.43	600m:	9:01.72	46.34	1000m:	15:16.37	47.58	1400m:	21:38.33	48.19
250m:	3:40.63	45.38	650m:	9:47.64	45.92	1050m:	16:03.70	47.33	1450m:	22:25.85	47.52
300m:	4:26.25	45.62	700m:	10:34.10	46.46	1100m:	16:51.16	47.46	1500m:	23:11.16	45.31
350m:	5:11.79	45.54	750m:	11:21.02	46.92	1150m:	17:38.90	47.74			
400m:	5:57.45	45.66	800m:	12:07.57	46.55	1200m:	18:26.84	47.94			

2.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	<b>30:16.45</b>	
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50m:	51.62	51.62	450m:	8:56.42	1:01.20	850m:	17:08.31	1:01.50	1250m:	25:17.25	1:01.32
100m:	1:49.84	58.22	500m:	9:58.58	1:02.16	900m:	18:09.14	1:00.83	1300m:	26:18.22	1:00.97
150m:	2:50.02	1:00.18	550m:	11:00.76	1:02.18	950m:	19:11.22	1:02.08	1350m:	27:20.18	1:01.96
200m:	3:50.66	1:00.64	600m:	12:01.51	1:00.75	1000m:	20:12.20	1:00.98	1400m:	28:20.79	1:00.61
250m:	4:52.10	1:01.44	650m:	13:02.87	1:01.36	1050m:	21:13.13	1:00.93	1450m:	29:21.17	1:00.38
300m:	5:52.76	1:00.66	700m:	14:04.24	1:01.37	1100m:	22:14.13	1:01.00	1500m:	30:16.45	55.28
350m:	6:54.21	1:01.45	750m:	15:05.08	1:00.84	1150m:	23:14.83	1:00.70			
400m:	7:55.22	1:01.01	800m:	16:06.81	1:01.73	1200m:	24:15.93	1:01.10			



Programmanr. 1, Dames, 1500m vrije slag, Masters 65+

rang	naam	vereniging	tijd	RT	PARA			
3.	Gonnie Bak	PSV	<b>31:00.74</b>	<b>+0.96</b>				
	50m: 54.32	54.32	450m: 9:07.75	1:01.94	850m: 17:27.89	1:02.23	1250m: 25:50.18	1:03.61
	100m: 1:54.43	1:00.11	500m: 10:10.68	1:02.93	900m: 18:30.81	1:02.92	1300m: 26:53.79	1:03.61
	150m: 2:56.25	1:01.82	550m: 11:13.76	1:03.08	950m: 19:33.41	1:02.60	1350m: 27:56.22	1:02.43
	200m: 3:57.74	1:01.49	600m: 12:16.06	1:02.30	1000m: 20:35.87	1:02.46	1400m: 28:58.61	1:02.39
	250m: 4:59.46	1:01.72	650m: 13:18.41	1:02.35	1050m: 21:38.91	1:03.04	1450m: 30:00.61	1:02.00
	300m: 6:01.10	1:01.64	700m: 14:20.94	1:02.53	1100m: 22:41.41	1:02.50	1500m: 31:00.74	1:00.13
	350m: 7:03.55	1:02.45	750m: 15:23.04	1:02.10	1150m: 23:44.50	1:03.09		
	400m: 8:05.81	1:02.26	800m: 16:25.66	1:02.62	1200m: 24:46.57	1:02.07		

Masters 70+

1.	Annie Smits	PSV	<b>32:16.31</b>					
	50m: 59.65	59.65	450m: 9:45.99	1:05.56	850m: 18:25.83	1:04.52	1250m: 27:01.52	1:04.58
	100m: 2:05.29	1:05.64	500m: 10:51.76	1:05.77	900m: 19:30.46	1:04.63	1300m: 28:05.87	1:04.35
	150m: 3:11.55	1:06.26	550m: 11:55.74	1:03.98	950m: 20:34.61	1:04.15	1350m: 29:10.52	1:04.65
	200m: 4:18.84	1:07.29	600m: 13:00.72	1:04.98	1000m: 21:39.18	1:04.57	1400m: 30:15.01	1:04.49
	250m: 5:24.42	1:05.58	650m: 14:05.24	1:04.52	1050m: 22:42.63	1:03.45	1450m: 31:16.74	1:01.73
	300m: 6:30.05	1:05.63	700m: 15:10.92	1:05.68	1100m: 23:47.30	1:04.67	1500m: 32:16.31	59.57
	350m: 7:34.72	1:04.67	750m: 16:15.80	1:04.68	1150m: 24:51.24	1:03.94		
	400m: 8:40.43	1:05.71	800m: 17:21.31	1:05.71	1200m: 25:56.94	1:05.70		
2.	Loekie van Huissteden	ZPC AMERSFOORT	<b>35:14.45</b>	<b>+1.08</b>				
	50m: 59.10	59.10	450m: 10:20.18	1:12.00	850m: 19:48.82	1:12.11	1250m: 29:20.87	1:11.28
	100m: 2:05.86	1:06.76	500m: 11:31.40	1:11.22	900m: 20:59.21	1:10.39	1300m: 30:32.82	1:11.95
	150m: 3:15.43	1:09.57	550m: 12:42.71	1:11.31	950m: 22:11.43	1:12.22	1350m: 31:45.23	1:12.41
	200m: 4:24.79	1:09.36	600m: 13:53.47	1:10.76	1000m: 23:22.97	1:11.54	1400m: 32:56.23	1:11.00
	250m: 5:35.37	1:10.58	650m: 15:04.87	1:11.40	1050m: 24:34.41	1:11.44	1450m: 34:07.32	1:11.09
	300m: 6:46.40	1:11.03	700m: 16:14.59	1:09.72	1100m: 25:45.91	1:11.50	1500m: 35:14.45	1:07.13
	350m: 7:58.42	1:12.02	750m: 17:25.99	1:11.40	1150m: 26:57.66	1:11.75		
	400m: 9:08.18	1:09.76	800m: 18:36.71	1:10.72	1200m: 28:09.59	1:11.93		

Masters 80+

1.	Marie Smits	Old Dutch	<b>34:52.80</b>	<b>+1.30</b>				
	<i>Kampioenschapsrecord</i>							
	50m: 56.63	56.63	450m: 10:04.92	1:10.93	850m: 19:27.58	1:11.34	1250m: 28:59.39	1:13.42
	100m: 2:03.69	1:07.06	500m: 11:14.93	1:10.01	900m: 20:38.17	1:10.59	1300m: 30:10.17	1:10.78
	150m: 3:12.11	1:08.42	550m: 12:24.97	1:10.04	950m: 21:48.78	1:10.61	1350m: 31:22.46	1:12.29
	200m: 4:19.99	1:07.88	600m: 13:34.69	1:09.72	1000m: 22:59.22	1:10.44	1400m: 32:33.12	1:10.66
	250m: 5:29.13	1:09.14	650m: 14:45.46	1:10.77	1050m: 24:11.30	1:12.08	1450m: 33:44.93	1:11.81
	300m: 6:36.73	1:07.60	700m: 15:55.43	1:09.97	1100m: 25:21.64	1:10.34	1500m: 34:52.80	1:07.87
	350m: 7:46.36	1:09.63	750m: 17:06.12	1:10.69	1150m: 26:33.75	1:12.11		
	400m: 8:53.99	1:07.63	800m: 18:16.24	1:10.12	1200m: 27:45.97	1:12.22		

Masters 85+

1.	Eliane Pellis	Antwerpse zwemclub Scaldis	<b>36:42.82</b>	<b>+0.94</b>				
	<i>Kampioenschapsrecord, Belgisch Masters Record 800 en 1500m</i>							
	50m: 57.73	57.73	450m: 10:34.74	1:13.51	850m: 20:26.79	1:14.87	1250m: 30:31.75	1:14.41
	100m: 2:04.48	1:06.75	500m: 11:49.35	1:14.61	900m: 21:43.28	1:16.49	1300m: 31:48.97	1:17.22
	150m: 3:14.62	1:10.14	550m: 13:00.99	1:11.64	950m: 22:57.58	1:14.30	1350m: 33:05.24	1:16.27
	200m: 4:26.60	1:11.98	600m: 14:16.34	1:15.35	1000m: 24:13.98	1:16.40	1400m: 34:21.97	1:16.73
	250m: 5:38.87	1:12.27	650m: 15:29.29	1:12.95	1050m: 25:28.52	1:14.54	1450m: 35:34.37	1:12.40
	300m: 6:53.16	1:14.29	700m: 16:45.44	1:16.15	1100m: 26:45.72	1:17.20	1500m: 36:42.82	1:08.45
	350m: 8:06.64	1:13.48	750m: 17:58.97	1:13.53	1150m: 28:00.26	1:14.54		
	400m: 9:21.23	1:14.59	800m: 19:11.92	1:12.95	1200m: 29:17.34	1:17.08		