

Programmanr. 17
26-01-2019 - 9:00

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging						tijd	PARA
Masters 20+									
1.	Madelon Dijkstra <i>Nederlands Masters Record</i>	ZPCH	NED	199703510				9:03.79	
	50m: 30.72	30.72	250m: 2:44.58	33.85	450m: 5:01.53	34.59	650m: 7:20.56	35.01	
	100m: 1:03.66	32.94	300m: 3:18.29	33.71	500m: 5:36.62	35.09	700m: 7:55.60	35.04	
	150m: 1:37.07	33.41	350m: 3:52.48	34.19	550m: 6:11.16	34.54	750m: 8:30.48	34.88	
	200m: 2:10.73	33.66	400m: 4:26.94	34.46	600m: 6:45.55	34.39	800m: 9:03.79	33.31	
2.	Brenda Zwarthoed	DAW	NED	199604938				9:29.90	
	50m: 32.48	32.48	250m: 2:54.55	35.78	450m: 5:19.69	36.20	650m: 7:44.35	36.22	
	100m: 1:07.55	35.07	300m: 3:30.45	35.90	500m: 5:56.17	36.48	700m: 8:20.76	36.41	
	150m: 1:43.11	35.56	350m: 4:06.79	36.34	550m: 6:32.09	35.92	750m: 8:56.55	35.79	
	200m: 2:18.77	35.66	400m: 4:43.49	36.70	600m: 7:08.13	36.04	800m: 9:29.90	33.35	
3.	Hilde Dekker	ReVeLie Swim Team	NED	199901926				9:39.25	
	50m: 31.72	31.72	250m: 2:56.40	36.12	450m: 5:22.77	36.55	650m: 7:50.67	37.29	
	100m: 1:07.65	35.93	300m: 3:32.92	36.52	500m: 5:59.59	36.82	700m: 8:27.85	37.18	
	150m: 1:43.92	36.27	350m: 4:09.37	36.45	550m: 6:36.31	36.72	750m: 9:05.09	37.24	
	200m: 2:20.28	36.36	400m: 4:46.22	36.85	600m: 7:13.38	37.07	800m: 9:39.25	34.16	
4.	Elianne Huitema	Steenwijk 1934	NED	199700258				9:47.88	
	50m: 32.12	32.12	250m: 2:57.60	36.98	450m: 5:26.81	37.43	650m: 7:56.79	37.55	
	100m: 1:07.79	35.67	300m: 3:34.85	37.25	500m: 6:04.28	37.47	700m: 8:34.64	37.85	
	150m: 1:44.00	36.21	350m: 4:11.91	37.06	550m: 6:41.87	37.59	750m: 9:12.19	37.55	
	200m: 2:20.62	36.62	400m: 4:49.38	37.47	600m: 7:19.24	37.37	800m: 9:47.88	35.69	
5.	Melissa van der Geld	De Warande	NED	199506250				9:53.32	
	50m: 33.53	33.53	250m: 2:57.94	36.56	450m: 5:27.55	38.02	650m: 8:00.85	38.49	
	100m: 1:08.66	35.13	300m: 3:34.59	36.65	500m: 6:05.66	38.11	700m: 8:38.89	38.04	
	150m: 1:44.72	36.06	350m: 4:11.90	37.31	550m: 6:43.65	37.99	750m: 9:16.46	37.57	
	200m: 2:21.38	36.66	400m: 4:49.53	37.63	600m: 7:22.36	38.71	800m: 9:53.32	36.86	
6.	Fiona Meuffels	RZ	NED	199504366				10:02.30	
	50m: 33.94	33.94	250m: 3:03.57	38.17	450m: 5:36.56	38.05	650m: 8:10.63	38.59	
	100m: 1:10.92	36.98	300m: 3:41.53	37.96	500m: 6:15.27	38.71	700m: 8:49.13	38.50	
	150m: 1:47.99	37.07	350m: 4:19.62	38.09	550m: 6:53.96	38.69	750m: 9:26.96	37.83	
	200m: 2:25.40	37.41	400m: 4:58.51	38.89	600m: 7:32.04	38.08	800m: 10:02.30	35.34	
7.	Marijke Drent	Nova	NED	199906232				10:07.53	
	50m: 34.10	34.10	250m: 3:07.64	38.84	450m: 5:42.73	38.88	650m: 8:16.93	38.69	
	100m: 1:11.59	37.49	300m: 3:46.56	38.92	500m: 6:21.30	38.57	700m: 8:55.42	38.49	
	150m: 1:49.86	38.27	350m: 4:25.04	38.48	550m: 6:59.71	38.41	750m: 9:33.34	37.92	
	200m: 2:28.80	38.94	400m: 5:03.85	38.81	600m: 7:38.24	38.53	800m: 10:07.53	34.19	
8.	Chantal Beijer	DWT	NED	199700884				10:08.15	
	50m: 34.03	34.03	250m: 3:08.01	38.87	450m: 5:42.47	39.00	650m: 8:17.36	39.27	
	100m: 1:11.48	37.45	300m: 3:46.88	38.87	500m: 6:21.15	38.68	700m: 8:55.96	38.60	
	150m: 1:50.17	38.69	350m: 4:25.10	38.22	550m: 6:59.57	38.42	750m: 9:33.45	37.49	
	200m: 2:29.14	38.97	400m: 5:03.47	38.37	600m: 7:38.09	38.52	800m: 10:08.15	34.70	
Masters 25+									
1.	Maaïke Vooren	DAW	NED	199103324				9:29.92	
	50m: 33.27	33.27	250m: 2:56.32	36.01	450m: 5:19.61	35.74	650m: 7:43.94	36.37	
	100m: 1:08.56	35.29	300m: 3:32.16	35.84	500m: 5:55.57	35.96	700m: 8:20.63	36.69	
	150m: 1:44.39	35.83	350m: 4:07.97	35.81	550m: 6:31.53	35.96	750m: 8:56.53	35.90	
	200m: 2:20.31	35.92	400m: 4:43.87	35.90	600m: 7:07.57	36.04	800m: 9:29.92	33.39	
2.	Nanda de Vries	Steenwijk 1934	NED	199204328				10:14.66	
	50m: 32.87	32.87	250m: 3:06.04	38.18	450m: 5:40.89	39.09	650m: 8:18.61	39.48	
	100m: 1:10.10	37.23	300m: 3:44.48	38.44	500m: 6:20.24	39.35	700m: 8:57.94	39.33	
	150m: 1:49.27	39.17	350m: 4:23.07	38.59	550m: 6:59.73	39.49	750m: 9:37.06	39.12	
	200m: 2:27.86	38.59	400m: 5:01.80	38.73	600m: 7:39.13	39.40	800m: 10:14.66	37.60	
3.	Melissa Zwaan	DAW	NED	199103666				10:18.04	
	50m: 32.71	32.71	250m: 3:03.63	38.28	450m: 5:39.30	39.32	650m: 8:18.79	40.08	
	100m: 1:09.39	36.68	300m: 3:41.94	38.31	500m: 6:18.84	39.54	700m: 8:59.21	40.42	
	150m: 1:47.33	37.94	350m: 4:21.00	39.06	550m: 6:58.49	39.65	750m: 9:39.42	40.21	
	200m: 2:25.35	38.02	400m: 4:59.98	38.98	600m: 7:38.71	40.22	800m: 10:18.04	38.62	
4.	Iris Pijtak	ZPC AMERSFOORT	NED	199300602				10:20.15	
	50m: 33.68	33.68	250m: 3:07.92	39.32	450m: 5:46.11	39.31	650m: 8:24.79	39.57	
	100m: 1:11.15	37.47	300m: 3:47.55	39.63	500m: 6:25.74	39.63	700m: 9:04.01	39.22	
	150m: 1:49.66	38.51	350m: 4:27.27	39.72	550m: 7:05.31	39.57	750m: 9:42.85	38.84	
	200m: 2:28.60	38.94	400m: 5:06.80	39.53	600m: 7:45.22	39.91	800m: 10:20.15	37.30	

onjuistheden / mistakes?

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Splash Meet Manager, 11.57823

Registered to KNZB

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Programmanr. 17, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging					tijd	PARA
5.	Clara Van Roeyen	GBZ	BEL	20082/90			10:22.94	
	50m: 35.45	35.45	250m: 3:11.18	39.40	450m: 5:48.04	39.38	650m: 8:26.51	40.05
	100m: 1:13.73	38.28	300m: 3:50.27	39.09	500m: 6:27.47	39.43	700m: 9:05.72	39.21
	150m: 1:52.73	39.00	350m: 4:29.41	39.14	550m: 7:06.84	39.37	750m: 9:44.74	39.02
	200m: 2:31.78	39.05	400m: 5:08.66	39.25	600m: 7:46.46	39.62	800m: 10:22.94	38.20
6.	Marjon Pol	Zwemlust-den Hommel	NED	199102502			10:30.07	
	50m: 35.52	35.52	250m: 3:13.06	39.87	450m: 5:52.83	40.02	650m: 8:32.63	39.63
	100m: 1:14.12	38.60	300m: 3:52.77	39.71	500m: 6:32.80	39.97	700m: 9:12.16	39.53
	150m: 1:53.41	39.29	350m: 4:33.02	40.25	550m: 7:12.98	40.18	750m: 9:51.65	39.49
	200m: 2:33.19	39.78	400m: 5:12.81	39.79	600m: 7:53.00	40.02	800m: 10:30.07	38.42
7.	Wendy de Bruin	ZOB'66	NED	199206320			10:36.37	
	50m: 32.88	32.88	250m: 3:08.73	39.93	450m: 5:51.23	40.70	650m: 8:35.90	41.17
	100m: 1:10.55	37.67	300m: 3:49.30	40.57	500m: 6:32.18	40.95	700m: 9:17.37	41.47
	150m: 1:49.44	38.89	350m: 4:29.98	40.68	550m: 7:13.21	41.03	750m: 9:57.62	40.25
	200m: 2:28.80	39.36	400m: 5:10.53	40.55	600m: 7:54.73	41.52	800m: 10:36.37	38.75
8.	Martje Godschalk	De IJsel	NED	199001186			10:49.21	
	50m: 36.09	36.09	250m: 3:20.33	41.65	450m: 6:04.94	40.92	650m: 8:48.14	40.77
	100m: 1:16.45	40.36	300m: 4:01.63	41.30	500m: 6:45.64	40.70	700m: 9:29.13	40.99
	150m: 1:57.26	40.81	350m: 4:43.04	41.41	550m: 7:26.40	40.76	750m: 10:09.82	40.69
	200m: 2:38.68	41.42	400m: 5:24.02	40.98	600m: 8:07.37	40.97	800m: 10:49.21	39.39
9.	Mandy Verbakel	ZPC Woerden	NED	199003908			10:53.15	
	50m: 35.53	35.53	250m: 3:17.02	41.17	450m: 6:03.48	41.50	650m: 8:50.23	41.75
	100m: 1:14.86	39.33	300m: 3:58.76	41.74	500m: 6:45.40	41.92	700m: 9:31.83	41.60
	150m: 1:55.18	40.32	350m: 4:40.15	41.39	550m: 7:26.98	41.58	750m: 10:12.85	41.02
	200m: 2:35.85	40.67	400m: 5:21.98	41.83	600m: 8:08.48	41.50	800m: 10:53.15	40.30
10.	Sigrit Aarten	Deltasteur	NED	199302868			10:55.74	
	50m: 32.51	32.51	250m: 3:10.07	42.34	450m: 6:00.68	42.22	650m: 8:51.45	42.65
	100m: 1:08.55	36.04	300m: 3:53.14	43.07	500m: 6:43.10	42.42	700m: 9:33.87	42.42
	150m: 1:47.10	38.55	350m: 4:36.04	42.90	550m: 7:26.07	42.97	750m: 10:15.55	41.68
	200m: 2:27.73	40.63	400m: 5:18.46	42.42	600m: 8:08.80	42.73	800m: 10:55.74	40.19
11.	Irmgard van Weeghel	ZPC Hatto Heim	NED	199204834			11:10.19	
	50m: 36.19	36.19	250m: 3:20.63	42.13	450m: 6:12.01	43.42	650m: 9:04.46	43.15
	100m: 1:15.91	39.72	300m: 4:02.91	42.28	500m: 6:55.03	43.02	700m: 9:46.81	42.35
	150m: 1:57.06	41.15	350m: 4:45.70	42.79	550m: 7:38.30	43.27	750m: 10:29.31	42.50
	200m: 2:38.50	41.44	400m: 5:28.59	42.89	600m: 8:21.31	43.01	800m: 11:10.19	40.88
12.	Marjan Rikken	ZVV	NED	199206114			11:37.93	
	50m: 37.35	37.35	250m: 3:28.99	43.70	450m: 6:27.60	45.15	650m: 9:26.26	44.98
	100m: 1:18.76	41.41	300m: 4:13.43	44.44	500m: 7:12.14	44.54	700m: 10:11.05	44.79
	150m: 2:01.75	42.99	350m: 4:57.77	44.34	550m: 7:56.93	44.79	750m: 10:55.71	44.66
	200m: 2:45.29	43.54	400m: 5:42.45	44.68	600m: 8:41.28	44.35	800m: 11:37.93	42.22
13.	Charine de Ruiter	Steenwijk 1934	NED	199403668			12:00.17	
	50m: 37.84	37.84	250m: 3:35.75	46.29	450m: 6:41.65	46.72	650m: 9:48.29	46.52
	100m: 1:19.93	42.09	300m: 4:21.92	46.17	500m: 7:28.43	46.78	700m: 10:34.81	46.52
	150m: 2:03.92	43.99	350m: 5:08.66	46.74	550m: 8:15.40	46.97	750m: 11:19.54	44.73
	200m: 2:49.46	45.54	400m: 5:54.93	46.27	600m: 9:01.77	46.37	800m: 12:00.17	40.63

Masters 30+

1.	Viktória Felföldi	IronSwimTeam	HUN				9:29.26	
	<i>Kampioenschaps Record, Hungarian Masters Record</i>							
	50m: 32.19	32.19	250m: 2:54.20	35.65	450m: 5:18.15	35.81	650m: 7:42.39	36.06
	100m: 1:07.22	35.03	300m: 3:30.21	36.01	500m: 5:54.38	36.23	700m: 8:18.62	36.23
	150m: 1:42.87	35.65	350m: 4:06.15	35.94	550m: 6:30.22	35.84	750m: 8:54.64	36.02
	200m: 2:18.55	35.68	400m: 4:42.34	36.19	600m: 7:06.33	36.11	800m: 9:29.26	34.62
2.	Lisanne Andeweg	Zuiderzeewimmers	NED	198800092			9:48.61	
	50m: 33.06	33.06	250m: 3:00.22	37.25	450m: 5:29.13	36.98	650m: 7:58.05	36.86
	100m: 1:08.86	35.80	300m: 3:37.40	37.18	500m: 6:06.51	37.38	700m: 8:35.22	37.17
	150m: 1:45.65	36.79	350m: 4:14.78	37.38	550m: 6:43.85	37.34	750m: 9:12.56	37.34
	200m: 2:22.97	37.32	400m: 4:52.15	37.37	600m: 7:21.19	37.34	800m: 9:48.61	36.05
3.	Mara Epifani	Empire Sport and Resort	ITA	35447			10:43.06	
	50m: 36.08	36.08	250m: 3:19.19	41.35	450m: 6:03.32	41.10	650m: 8:45.04	39.98
	100m: 1:15.69	39.61	300m: 4:00.14	40.95	500m: 6:43.65	40.33	700m: 9:25.38	40.34
	150m: 1:56.51	40.82	350m: 4:41.41	41.27	550m: 7:24.58	40.93	750m: 10:05.40	40.02
	200m: 2:37.84	41.33	400m: 5:22.22	40.81	600m: 8:05.06	40.48	800m: 10:43.06	37.66
4.	Linda van Klei-Janssen	ZPB H&L Productions	NED	198802088			10:51.48	
	50m: 36.70	36.70	250m: 3:19.09	41.51	450m: 6:06.04	42.04	650m: 8:53.32	42.07
	100m: 1:15.63	38.93	300m: 4:00.69	41.60	500m: 6:47.43	41.39	700m: 9:34.19	40.87
	150m: 1:56.28	40.65	350m: 4:42.43	41.74	550m: 7:29.52	42.09	750m: 10:14.90	40.71
	200m: 2:37.58	41.30	400m: 5:24.00	41.57	600m: 8:11.25	41.73	800m: 10:51.48	36.58

onjuistheden / mistakes?

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Programmanr. 17, Dames, 800m vrije slag, Masters 30+

rang	naam	vereniging	NED				198900350	tijd	PARA
5.	Suzan Blankestijn	ZVL-1886					10:54.00		
	50m: 36.02	36.02	250m: 3:18.78	40.91	450m: 6:04.50	41.37	650m: 8:50.07	41.75	
	100m: 1:15.74	39.72	300m: 4:00.27	41.49	500m: 6:45.98	41.48	700m: 9:31.72	41.65	
	150m: 1:56.99	41.25	350m: 4:41.51	41.24	550m: 7:27.41	41.43	750m: 10:13.17	41.45	
	200m: 2:37.87	40.88	400m: 5:23.13	41.62	600m: 8:08.32	40.91	800m: 10:54.00	40.83	
6.	Liesbeth van Mill	Zwemlust-den Hommel					11:19.69		
	50m: 37.39	37.39	250m: 3:25.97	42.32	450m: 6:15.15	42.37	650m: 9:08.84	43.97	
	100m: 1:19.10	41.71	300m: 4:08.31	42.34	500m: 6:58.16	43.01	700m: 9:52.99	44.15	
	150m: 2:01.30	42.20	350m: 4:50.49	42.18	550m: 7:41.23	43.07	750m: 10:36.99	44.00	
	200m: 2:43.65	42.35	400m: 5:32.78	42.29	600m: 8:24.87	43.64	800m: 11:19.69	42.70	

Masters 35+

1.	Ramona Linting	Link					10:41.01		
	50m: 35.04	35.04	250m: 3:14.51	40.04	450m: 5:56.14	40.72	650m: 8:39.37	41.02	
	100m: 1:14.05	39.01	300m: 3:54.95	40.44	500m: 6:36.94	40.80	700m: 9:20.22	40.85	
	150m: 1:54.20	40.15	350m: 4:35.21	40.26	550m: 7:17.69	40.75	750m: 10:00.98	40.76	
	200m: 2:34.47	40.27	400m: 5:15.42	40.21	600m: 7:58.35	40.66	800m: 10:41.01	40.03	
2.	Kika Meijers	SWOL 1894					11:18.29		
	50m: 36.20	36.20	250m: 3:24.28	43.50	450m: 6:16.96	43.48	650m: 9:10.59	43.31	
	100m: 1:16.40	40.20	300m: 4:07.32	43.04	500m: 7:00.41	43.45	700m: 9:53.79	43.20	
	150m: 1:58.16	41.76	350m: 4:50.37	43.05	550m: 7:43.79	43.38	750m: 10:37.66	43.87	
	200m: 2:40.78	42.62	400m: 5:33.48	43.11	600m: 8:27.28	43.49	800m: 11:18.29	40.63	
3.	Linda Hoogendam	WVZ					11:24.20		
	50m: 36.24	36.24	250m: 3:25.51	42.96	450m: 6:20.13	43.45	650m: 9:16.07	44.24	
	100m: 1:18.03	41.79	300m: 4:09.25	43.74	500m: 7:03.89	43.76	700m: 10:00.43	44.36	
	150m: 2:00.07	42.04	350m: 4:52.70	43.45	550m: 7:47.63	43.74	750m: 10:42.89	42.46	
	200m: 2:42.55	42.48	400m: 5:36.68	43.98	600m: 8:31.83	44.20	800m: 11:24.20	41.31	
4.	Paulien Schokker	WS Twente					11:30.06		
	50m: 36.65	36.65	250m: 3:29.78	44.11	450m: 6:24.78	44.30	650m: 9:21.23	44.03	
	100m: 1:18.46	41.81	300m: 4:12.78	43.00	500m: 7:09.05	44.27	700m: 10:04.78	43.55	
	150m: 2:01.85	43.39	350m: 4:56.55	43.77	550m: 7:53.58	44.53	750m: 10:48.07	43.29	
	200m: 2:45.67	43.82	400m: 5:40.48	43.93	600m: 8:37.20	43.62	800m: 11:30.06	41.99	
5.	Sabrina Boekhout	De Biesboschzwemmers					11:31.29		
	50m: 37.54	37.54	250m: 3:28.67	43.80	450m: 6:24.93	43.68	650m: 9:20.66	44.24	
	100m: 1:18.78	41.24	300m: 4:13.18	44.51	500m: 7:08.60	43.67	700m: 10:04.58	43.92	
	150m: 2:01.28	42.50	350m: 4:57.24	44.06	550m: 7:52.45	43.85	750m: 10:49.02	44.44	
	200m: 2:44.87	43.59	400m: 5:41.25	44.01	600m: 8:36.42	43.97	800m: 11:31.29	42.27	

Masters 40+

1.	Liselotte Joling	PSV					9:55.81		
	50m: 34.29	34.29	250m: 3:01.65	36.97	450m: 5:32.12	37.55	650m: 8:03.75	38.06	
	100m: 1:11.09	36.80	300m: 3:39.18	37.53	500m: 6:09.59	37.47	700m: 8:41.62	37.87	
	150m: 1:47.76	36.67	350m: 4:16.92	37.74	550m: 6:47.85	38.26	750m: 9:19.31	37.69	
	200m: 2:24.68	36.92	400m: 4:54.57	37.65	600m: 7:25.69	37.84	800m: 9:55.81	36.50	
2.	Petra Guijt	Aqua-Novio'94					11:14.18		
	50m: 36.51	36.51	250m: 3:24.33	42.98	450m: 6:15.59	43.10	650m: 9:08.32	43.15	
	100m: 1:17.41	40.90	300m: 4:06.81	42.48	500m: 6:58.76	43.17	700m: 9:51.17	42.85	
	150m: 1:59.25	41.84	350m: 4:49.44	42.63	550m: 7:41.88	43.12	750m: 10:33.57	42.40	
	200m: 2:41.35	42.10	400m: 5:32.49	43.05	600m: 8:25.17	43.29	800m: 11:14.18	40.61	
3.	Karin van Dijk	THOR					11:29.94		
	50m: 36.95	36.95	250m: 3:27.29	43.20	450m: 6:21.83	43.92	650m: 9:19.36	44.90	
	100m: 1:18.39	41.44	300m: 4:10.64	43.35	500m: 7:05.70	43.87	700m: 10:04.19	44.83	
	150m: 2:01.05	42.66	350m: 4:54.14	43.50	550m: 7:49.61	43.91	750m: 10:48.44	44.25	
	200m: 2:44.09	43.04	400m: 5:37.91	43.77	600m: 8:34.46	44.85	800m: 11:29.94	41.50	

Masters 45+

1.	Grith Sigsgaard	De Aalscholver					10:07.97		
	50m: 33.30	33.30	250m: 3:03.90	38.20	450m: 5:36.96	38.32	650m: 8:12.47	39.13	
	100m: 1:10.24	36.94	300m: 3:41.99	38.09	500m: 6:15.50	38.54	700m: 8:51.49	39.02	
	150m: 1:47.79	37.55	350m: 4:20.36	38.37	550m: 6:54.09	38.59	750m: 9:30.26	38.77	
	200m: 2:25.70	37.91	400m: 4:58.64	38.28	600m: 7:33.34	39.25	800m: 10:07.97	37.71	
2.	Karin Stein	ZVVS					10:24.37		
	50m: 35.61	35.61	250m: 3:10.85	38.95	450m: 5:47.43	39.25	650m: 8:26.43	39.93	
	100m: 1:14.05	38.44	300m: 3:49.66	38.81	500m: 6:26.95	39.52	700m: 9:06.36	39.93	
	150m: 1:52.84	38.79	350m: 4:28.89	39.23	550m: 7:06.70	39.75	750m: 9:46.07	39.71	
	200m: 2:31.90	39.06	400m: 5:08.18	39.29	600m: 7:46.50	39.80	800m: 10:24.37	38.30	

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 17, Dames, 800m vrije slag, Masters 45+

rang	naam	vereniging					tijd	PARA
3.	Kathy Van Lindt	CNSW	BEL 007949/71				10:38.85	
	50m: 35.73	35.73	250m: 3:15.14	40.33	450m: 5:56.84	40.67	650m: 8:39.17	40.33
	100m: 1:14.46	38.73	300m: 3:55.32	40.18	500m: 6:37.50	40.66	700m: 9:19.54	40.37
	150m: 1:54.28	39.82	350m: 4:35.44	40.12	550m: 7:18.22	40.72	750m: 10:00.17	40.63
	200m: 2:34.81	40.53	400m: 5:16.17	40.73	600m: 7:58.84	40.62	800m: 10:38.85	38.68
4.	Annette de Visser	Oceanus	NED 197100602				10:47.32	
	50m: 34.85	34.85	250m: 3:15.89	41.18	450m: 6:00.75	41.18	650m: 8:45.23	41.08
	100m: 1:13.58	38.73	300m: 3:56.98	41.09	500m: 6:41.69	40.94	700m: 9:26.80	41.57
	150m: 1:53.89	40.31	350m: 4:38.27	41.29	550m: 7:22.80	41.11	750m: 10:07.32	40.52
	200m: 2:34.71	40.82	400m: 5:19.57	41.30	600m: 8:04.15	41.35	800m: 10:47.32	40.00
5.	Inken Wemheuer	DWT	NED 197101016				11:37.96	
	50m: 38.05	38.05	250m: 3:33.32	44.37	450m: 6:31.12	44.09	650m: 9:28.19	43.95
	100m: 1:20.38	42.33	300m: 4:17.91	44.59	500m: 7:15.46	44.34	700m: 10:12.27	44.08
	150m: 2:04.59	44.21	350m: 5:02.20	44.29	550m: 8:00.05	44.59	750m: 10:56.29	44.02
	200m: 2:48.95	44.36	400m: 5:47.03	44.83	600m: 8:44.24	44.19	800m: 11:37.96	41.67
6.	Pascalie Janssen	Patrick-De Roersoppers (SG)	NED 197300852				11:56.18	
	50m: 38.96	38.96	250m: 3:37.92	45.91	450m: 6:40.84	45.22	650m: 9:43.12	45.34
	100m: 1:22.57	43.61	300m: 4:23.43	45.51	500m: 7:26.15	45.31	700m: 10:29.12	46.00
	150m: 2:06.81	44.24	350m: 5:09.50	46.07	550m: 8:11.91	45.76	750m: 11:14.56	45.44
	200m: 2:52.01	45.20	400m: 5:55.62	46.12	600m: 8:57.78	45.87	800m: 11:56.18	41.62
7.	Natacha Van Hoof	ShaRk	BEL 20260/73				12:52.24	
	50m: 44.15	44.15	250m: 3:56.64	48.65	450m: 7:10.91	48.76	650m: 10:28.11	48.97
	100m: 1:31.54	47.39	300m: 4:44.48	47.84	500m: 8:00.33	49.42	700m: 11:17.40	49.29
	150m: 2:20.02	48.48	350m: 5:33.25	48.77	550m: 8:49.37	49.04	750m: 12:05.99	48.59
	200m: 3:07.99	47.97	400m: 6:22.15	48.90	600m: 9:39.14	49.77	800m: 12:52.24	46.25

Masters 50+

1.	Claudia Thielemann	SG Bayer	GER 333958				9:55.35	
	50m: 33.87	33.87	250m: 3:04.14	37.72	450m: 5:35.05	37.37	650m: 8:04.34	38.05
	100m: 1:11.00	37.13	300m: 3:42.20	38.06	500m: 6:11.84	36.79	700m: 8:41.78	37.44
	150m: 1:48.76	37.76	350m: 4:20.03	37.83	550m: 6:48.95	37.11	750m: 9:18.92	37.14
	200m: 2:26.42	37.66	400m: 4:57.68	37.65	600m: 7:26.29	37.34	800m: 9:55.35	36.43
2.	Silvia Ferdin	City of Cambridge SC	GBR 180377				10:19.54	
	50m: 34.64	34.64	250m: 3:09.48	39.36	450m: 5:46.62	39.18	650m: 8:23.97	39.31
	100m: 1:12.44	37.80	300m: 3:48.56	39.08	500m: 6:26.17	39.55	700m: 9:02.92	38.95
	150m: 1:51.11	38.67	350m: 4:28.17	39.61	550m: 7:05.69	39.52	750m: 9:41.97	39.05
	200m: 2:30.12	39.01	400m: 5:07.44	39.27	600m: 7:44.66	38.97	800m: 10:19.54	37.57
3.	Heidi den Boer	Link	NED 196900864				10:50.97	
	50m: 33.79	33.79	250m: 3:10.93	40.21	450m: 5:55.41	41.35	650m: 8:44.19	43.01
	100m: 1:11.63	37.84	300m: 3:51.56	40.63	500m: 6:36.97	41.56	700m: 9:26.79	42.60
	150m: 1:50.70	39.07	350m: 4:32.68	41.12	550m: 7:18.70	41.73	750m: 10:08.86	42.07
	200m: 2:30.72	40.02	400m: 5:14.06	41.38	600m: 8:01.18	42.48	800m: 10:50.97	42.11
4.	Laura Staal	Oceanus	NED 196700358				11:41.00	
	50m: 37.83	37.83	250m: 3:28.80	43.36	450m: 6:25.86	44.74	650m: 9:27.32	45.29
	100m: 1:19.71	41.88	300m: 4:12.92	44.12	500m: 7:11.12	45.26	700m: 10:12.39	45.07
	150m: 2:02.28	42.57	350m: 4:56.74	43.82	550m: 7:56.30	45.18	750m: 10:57.48	45.09
	200m: 2:45.44	43.16	400m: 5:41.12	44.38	600m: 8:42.03	45.73	800m: 11:41.00	43.52
5.	Marion Broekhuis	WS Twente	NED 196800060				12:07.42	
	50m: 40.18	40.18	250m: 3:43.59	46.67	450m: 6:49.48	46.25	650m: 9:53.80	45.67
	100m: 1:24.65	44.47	300m: 4:30.59	47.00	500m: 7:35.97	46.49	700m: 10:39.40	45.60
	150m: 2:10.55	45.90	350m: 5:16.98	46.39	550m: 8:22.01	46.04	750m: 11:24.29	44.89
	200m: 2:56.92	46.37	400m: 6:03.23	46.25	600m: 9:08.13	46.12	800m: 12:07.42	43.13

Masters 55+

1.	Wilna Heijman	Steenwijk 1934	NED 196400506				11:00.20	
	<i>Nederlands Masters Record</i>							
	50m: 37.62	37.62	250m: 3:22.59	41.85	450m: 6:11.21	42.14	650m: 8:58.48	41.51
	100m: 1:18.10	40.48	300m: 4:04.54	41.95	500m: 6:53.03	41.82	700m: 9:39.69	41.21
	150m: 1:59.07	40.97	350m: 4:46.77	42.23	550m: 7:35.19	42.16	750m: 10:20.92	41.23
	200m: 2:40.74	41.67	400m: 5:29.07	42.30	600m: 8:16.97	41.78	800m: 11:00.20	39.28
2.	Petra Tossings	DAW	NED 196100376				11:55.45	
	50m: 38.73	38.73	250m: 3:36.88	45.39	450m: 6:38.39	45.96	650m: 9:40.63	45.74
	100m: 1:22.61	43.88	300m: 4:21.94	45.06	500m: 7:23.82	45.43	700m: 10:26.35	45.72
	150m: 2:06.98	44.37	350m: 5:07.05	45.11	550m: 8:09.82	46.00	750m: 11:12.34	45.99
	200m: 2:51.49	44.51	400m: 5:52.43	45.38	600m: 8:54.89	45.07	800m: 11:55.45	43.11

Programmanr. 17, Dames, 800m vrije slag, Masters 55+

rang	naam	vereniging		NED		tijd		PARA
3.	Marjan Spoelstra	SWOL 1894		196000236		13:17.17		
	50m: 44.37	44.37	250m: 4:05.31	50.47	450m: 7:28.53	50.53	650m: 10:50.54	50.08
	100m: 1:33.27	48.90	300m: 4:55.73	50.42	500m: 8:19.81	51.28	700m: 11:40.71	50.17
	150m: 2:24.31	51.04	350m: 5:47.13	51.40	550m: 9:10.00	50.19	750m: 12:29.44	48.73
	200m: 3:14.84	50.53	400m: 6:38.00	50.87	600m: 10:00.46	50.46	800m: 13:17.17	47.73

Masters 60+

1.	Patty Verhagen	PSV		NED 195900146		11:48.94		
	50m: 41.34	41.34	250m: 3:36.45	44.38	450m: 6:34.66	44.63	650m: 9:34.63	44.86
	100m: 1:24.63	43.29	300m: 4:21.21	44.76	500m: 7:19.98	45.32	700m: 10:19.67	45.04
	150m: 2:08.02	43.39	350m: 5:05.42	44.21	550m: 8:05.17	45.19	750m: 11:04.77	45.10
	200m: 2:52.07	44.05	400m: 5:50.03	44.61	600m: 8:49.77	44.60	800m: 11:48.94	44.17
2.	Marian de Jong	Middelsé-Skelp (SG)		NED 195900052		12:43.98		
	50m: 42.01	42.01	250m: 3:52.85	47.79	450m: 7:06.12	48.36	650m: 10:20.97	49.38
	100m: 1:28.35	46.34	300m: 4:41.17	48.32	500m: 7:54.55	48.43	700m: 11:09.92	48.95
	150m: 2:16.89	48.54	350m: 5:29.46	48.29	550m: 8:42.84	48.29	750m: 11:58.06	48.14
	200m: 3:05.06	48.17	400m: 6:17.76	48.30	600m: 9:31.59	48.75	800m: 12:43.98	45.92

Masters 65+

1.	Ineke Weekers	PSV		NED 195300050		11:36.94		
	50m: 39.62	39.62	250m: 3:31.77	43.92	450m: 6:27.02	44.15	650m: 9:24.19	44.43
	100m: 1:21.82	42.20	300m: 4:15.47	43.70	500m: 7:11.19	44.17	700m: 10:09.19	45.00
	150m: 2:04.58	42.76	350m: 4:59.36	43.89	550m: 7:55.38	44.19	750m: 10:53.79	44.60
	200m: 2:47.85	43.27	400m: 5:42.87	43.51	600m: 8:39.76	44.38	800m: 11:36.94	43.15
2.	Conny Boer-Buys	ZVVS		NED 195000006		12:20.30		
	50m: 39.32	39.32	250m: 3:44.85	47.78	450m: 6:53.59	46.49	650m: 10:03.72	47.51
	100m: 1:23.63	44.31	300m: 4:32.36	47.51	500m: 7:41.07	47.48	700m: 10:51.20	47.48
	150m: 2:09.35	45.72	350m: 5:19.73	47.37	550m: 8:28.41	47.34	750m: 11:37.48	46.28
	200m: 2:57.07	47.72	400m: 6:07.10	47.37	600m: 9:16.21	47.80	800m: 12:20.30	42.82
3.	Gonnie Bak	PSV		NED 195100064		15:40.67		
	50m: 49.52	49.52	250m: 4:45.70	59.65	450m: 8:44.15	1:00.01	650m: 12:44.25	59.31
	100m: 1:48.27	58.75	300m: 5:44.83	59.13	500m: 9:44.37	1:00.22	700m: 13:45.12	1:00.87
	150m: 2:46.81	58.54	350m: 6:44.71	59.88	550m: 10:44.21	59.84	750m: 14:44.19	59.07
	200m: 3:46.05	59.24	400m: 7:44.14	59.43	600m: 11:44.94	1:00.73	800m: 15:40.67	56.48

Masters 80+

1.	Marie Smits	Old Dutch		NED 193800004		18:00.41 *		
	50m: 55.65	55.65	250m: 5:25.91	1:08.59	450m: 9:58.90	1:07.41	650m: 14:36.26	1:07.81
	100m: 2:02.22	1:06.57	300m: 6:34.18	1:08.27	500m: 11:08.39	1:09.49	700m: 15:44.64	1:08.38
	150m: 3:10.02	1:07.80	350m: 7:42.40	1:08.22	550m: 12:18.56	1:10.17	750m: 16:53.30	1:08.66
	200m: 4:17.32	1:07.30	400m: 8:51.49	1:09.09	600m: 13:28.45	1:09.89	800m: 18:00.41	1:07.11