

Programmanr. 16
25-01-2019 - 16:26

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging				tijd	PARA
80+, Dames						
1.	Dedemsvaart-AC 1 <i>Nederlands Masters Record</i>	Dedemsvaart-AC	NED		9:07.37	
	Stéphanie Dekker-Bergsma	92	31.55	1:07.09	1:43.82	2:19.74
	Laura Compagner	98	32.30	1:08.28	1:45.17	2:22.08
	Maaïke van Veen	97	30.80	1:04.70	1:39.46	2:13.58
	Marije Dankelman	97	30.41	1:03.87	1:37.93	2:11.97
2.	MSV-Zeemacht 1	MSV-Zeemacht	NED		9:23.29	
	Tessa Mosch	91	32.25	1:09.68	1:47.39	2:24.31
	Jet Kleine	99	32.69	1:08.87	1:45.84	2:22.82
	Suzanne Mosch	94	31.80	1:07.88	1:44.28	2:21.30
	Anouk van der Kruk	99	30.77	1:05.83	1:39.90	2:14.86
3.	Steenwijk 1934 1	Steenwijk 1934	NED		10:12.93	
	Elianne Huitema	97	31.24	1:06.63	1:42.88	2:18.57
	Maranka Huitema	95	38.78	1:23.17	2:09.56	2:55.74
	Charine de Ruiter	94	35.55	1:15.51	1:58.49	2:40.67
	Nanda de Vries	92	31.27	1:06.61	1:42.46	2:17.95
80+, Heren						
1.	De Kempvis 1	De Kempvis	NED		9:33.02	
	Joris Bezemer	99	28.25	1:00.41	1:33.35	2:06.40
	Kien Vuong	95	37.67	1:22.77	2:13.08	3:04.78
	Floyd van Duyvenbode	96	28.02	1:00.05	1:33.84	2:07.97
	Dennis Doove	92	29.00	1:02.37	1:38.72	2:13.87
80+, Gemengd						
1.	DWK 1	DWK	NED		8:39.37	
	Celine Schoenmaker	98	30.54	1:04.41	1:40.35	2:16.99
	Ruben Koek	97	28.11	1:00.66	1:34.16	2:06.72
	Anoeska van de Kraats	97	31.21	1:06.87	1:43.73	2:20.56
	Kevin Eltink	91	25.59	55.24	1:25.23	1:55.10
100+, Dames						
1.	Steenwijk 1934 2	Steenwijk 1934	NED		10:04.93	
	Lonneke Oenema	91	35.27	1:15.54	1:58.47	2:40.95
	Getrude Corporaal	92	33.59	1:10.94	1:50.03	2:28.86
	Ilse Blankvoort	92	33.93	1:12.48	1:52.28	2:32.67
	Charlotte Groeneveld	87	31.87	1:08.45	1:45.73	2:22.45
2.	ZPB H&L Productions 1	ZPB H&L Productions	NED		10:53.13	
	Clementine van Bruxvoort	77	42.05	1:30.07	2:19.76	3:08.61
	Brighid van Uffelen	98	36.41	1:19.09	2:03.13	2:45.45
	Linda van Klei-Janssen	88	34.92	1:12.36	1:51.38	2:29.97
	Aylin van Uffelen	96	33.10	1:10.67	1:50.79	2:29.10
100+, Heren						
1.	VZC 1	VZC	NED		8:21.54	
	Jelle Nap	95	27.52	57.87	1:28.42	1:59.61
	Joeri Scheidt	91	28.15	59.11	1:30.89	2:02.38
	Arie van der Vliet	98	30.12	1:04.41	1:38.81	2:12.83
	Olaf Achterberg	90	28.08	1:00.24	1:33.60	2:06.72
2.	Feijenoord Albion Zwemclub 2	Feijenoord Albion Zwemclub	NED		8:55.24	
	Ayrton Mooldijk	99	30.12	1:03.85	1:38.24	2:11.42
	Kenneth Caster	91	29.54	1:02.79	1:37.46	2:12.61
	Bjorn van Vliet	96	29.14	1:01.60	1:36.66	2:11.47
	Guido Moret	85	29.28	1:02.96	1:40.97	2:19.74

Programmanr. 16, 4 x 200m vrije slag

100+, Gemengd

1.	Zwemvereniging Hoogland 1 <i>Nederlands Masters Record</i>	Zwemvereniging Hoogland	NED				8:40.12
	Jamilla van Veen	96	28.81	1:00.70	1:34.61	2:08.86	2:08.86
	Yuri van Omme	85	27.31	58.84	1:32.75	2:07.89	2:07.89
	Anne-Irene Ducheine	95	32.49	1:08.64	1:46.57	2:24.08	2:24.08
	Bas Dries	95	26.75	56.29	1:27.31	1:59.29	1:59.29
2.	ZPC De Hof 1	ZPC De Hof	NED				8:49.37
	Pieter Pickhardt	83	29.03	1:00.62	1:33.33	2:05.58	2:05.58
	Linde Haverkate	99	32.73	1:08.35	1:44.39	2:19.56	2:19.56
	Jorden Theijink	94	26.78	57.94	1:31.08	2:04.38	2:04.38
	Lianne Roescher	99	31.20	1:06.77	1:43.26	2:19.85	2:19.85
3.	ZVL-1886 1	ZVL-1886	NED				9:05.95
	Linda van der Voort	92	31.76	1:07.70	1:45.31	2:21.35	2:21.35
	Dion de Mooij	97	27.95	1:00.72	1:36.28	2:12.90	2:12.90
	Eloise Cilia	88	33.20	1:10.74	1:51.40	2:31.59	2:31.59
	Robin van Beek	97	26.28	56.49	1:28.26	2:00.11	2:00.11
4.	De Grunte 1	De Grunte	NED				9:10.07
	Frank Meier	88	29.84	1:03.91	1:39.06	2:14.13	2:14.13
	Chantal Meyerink	91	34.07	1:12.07	1:50.71	2:26.95	2:26.95
	Josien Odink	89	32.11	1:09.20	1:48.73	2:28.89	2:28.89
	Jelle Dekker	99	26.42	56.76	1:28.03	2:00.10	2:00.10
5.	ESCA Zwemmen 1	ESCA Zwemmen	NED				9:27.26
	Arjen Koop	79	33.36	1:10.31	1:47.07	2:25.75	2:25.75
	Moniek van Langevelde	98	31.95	1:07.30	1:43.80	2:19.25	2:19.25
	Cheyenne Verburgt	99	34.10	1:13.05	1:53.89	2:33.17	2:33.17
	Sander de Vrught	89	28.47	1:00.68	1:34.41	2:09.09	2:09.09

120+, Dames

1.	ZPC Woerden 1	ZPC Woerden	NED				9:39.26
	Ilse van den Wijngaard	89	32.86	1:09.59	1:48.00	2:25.05	2:25.05
	Marjan Remmits	63	33.92	1:11.79	1:50.39	2:28.77	2:28.77
	Sabine Lina	89	31.08	1:06.40	1:44.31	2:24.30	2:24.30
	Mandy Verbakel	90	32.03	1:08.28	1:45.02	2:21.14	2:21.14
2.	Zwemclub Koewacht 1	Zwemclub Koewacht	NED				10:07.60
	Joan Fontaine	88	34.99	1:14.62	1:56.97	2:39.21	2:39.21
	Jessica Klaassen	79	33.21	1:10.13	1:48.73	2:26.71	2:26.71
	Ingeborg Speelman Hamelink	76	35.52	1:14.99	1:56.47	2:37.70	2:37.70
	Josine van Dorsselaer	88	32.53	1:09.21	1:47.05	2:23.98	2:23.98
3.	Zwemlust-den Hommel 1	Zwemlust-den Hommel	NED				10:14.76
	Liesbeth van Mill	87	35.57	1:14.72	1:55.01	2:34.79	2:34.79
	Eline Overeem	71	34.60	1:14.60	1:58.30	2:40.03	2:40.03
	Lisenka Komet-van den Akker	69	35.61	1:16.19	1:57.45	2:37.72	2:37.72
	Marjon Pol	91	32.17	1:08.26	1:45.39	2:22.22	2:22.22
4.	WVZ 1	WVZ	NED				10:21.83
	Tessa Verheijdt	89	36.28	1:17.44	1:59.29	2:40.03	2:40.03
	Petra Verstegen	77	35.93	1:19.27	2:04.67	2:47.81	2:47.81
	Monique Pronk	88	33.71	1:11.82	1:51.95	2:32.24	2:32.24
	Isabelle Massar	91	31.14	1:06.68	1:44.17	2:21.75	2:21.75

120+, Heren

1.	DAW 1	DAW	NED				8:22.95
	Lars van der Velden	98	27.75	59.05	1:31.61	2:03.98	2:03.98
	Alex Damen	75	29.77	1:03.00	1:37.24	2:11.37	2:11.37
	Pieter van Gemeren	69	29.00	1:01.10	1:34.71	2:08.52	2:08.52
	Felix Geenen	95	25.81	56.34	1:28.70	1:59.08	1:59.08
2.	Dedemsvaart-AC 2	Dedemsvaart-AC	NED				8:34.50
	Robert Dekker	84	29.12	1:01.59	1:34.80	2:08.23	2:08.23
	Arjan Prins	82	28.31	1:00.79	1:35.43	2:10.74	2:10.74
	Jesper Kloek	90	28.44	1:00.66	1:34.13	2:07.87	2:07.87
	Peter de Boer	92	27.93	1:00.55	1:34.79	2:07.66	2:07.66
3.	WVZ 2	WVZ	NED				8:43.72
	Rens Post	91	29.74	1:03.14	1:38.03	2:13.82	2:13.82
	Jan-Willem van den Berg	68	29.36	1:03.73	1:40.00	2:15.74	2:15.74
	Dave Jansen	98	28.30	1:00.94	1:34.86	2:07.76	2:07.76
	Jordy van Oel	98	28.24	1:00.21	1:34.12	2:06.40	2:06.40

Programmanr. 16, Heren, 4 x 200m vrije slag, 120+

rang	vereniging					tijd	PARA
4.	Steenwijk 1934 3	Steenwijk 1934	NED			9:45.37	
	Patrick Wobben	93	34.61	1:15.53	2:01.61	2:47.65	2:47.65
	Dick Huisman	75	34.76	1:13.83	1:55.74	2:38.16	2:38.16
	Rick Driezen	86	31.21	1:04.76	1:39.70	2:14.51	2:14.51
	Lauren Vis	82	28.24	1:00.01	1:32.59	2:05.05	2:05.05
5.	DWK 2	DWK	NED			9:55.22	
	Martijn de Jong	71	34.27	1:15.16	1:58.54	2:41.19	2:41.19
	Gerco Schakel	69	34.27	1:14.13	1:56.39	2:36.92	2:36.92
	Lars Jacobsen	97	30.56	1:06.33	1:44.44	2:19.79	2:19.79
	Robin Eltink	94	30.02	1:05.11	1:41.62	2:17.32	2:17.32
6.	Deltasteur 1	Deltasteur	NED			10:48.78	
	Alistair Critchell	71	34.56	1:14.15	1:56.78	2:44.35	2:44.35
	Pieter Bardelmeijer	72	37.03	1:20.15	2:08.75	2:59.28	2:59.28
	Tom de Lange	93	34.25	1:12.24	1:52.76	2:34.59	2:34.59
	Patrick de Jonge	89	31.85	1:08.77	1:49.84	2:30.56	2:30.56

120+, Gemengd

1.	Feijenoord Albion Zwemclub 3	Feijenoord Albion Zwemclub	NED			8:49.88	
	Fenna de Groot	97	30.39	1:04.37	1:39.54	2:14.81	2:14.81
	Bart Drechsel	86	28.12	59.75	1:32.25	2:05.45	2:05.45
	Roos van Esch	82	33.34	1:10.78	1:49.24	2:26.38	2:26.38
	Nol van Thull	80	27.25	59.31	1:32.58	2:03.24	2:03.24
2.	De Ward 1	De Ward	NED			9:11.82	
	Eva Kattouw	94	32.09	1:08.65	1:48.19	2:28.29	2:28.29
	Niels Versteeg	95	27.99	59.61	1:32.75	2:05.20	2:05.20
	Yvette Ratering	72	33.95	1:11.76	1:50.46	2:28.88	2:28.88
	Antwan van Engen	71	29.62	1:01.83	1:35.54	2:09.45	2:09.45
3.	RZ 1	RZ	NED			10:05.51	
	Gino Martijn	79	33.69	1:12.08	1:51.92	2:32.13	2:32.13
	Patrick Creemers	90	28.31	1:00.84	1:34.86	2:09.02	2:09.02
	Claudia Creemers	92	39.11	1:25.40	2:16.11	3:06.55	3:06.55
	Fiona Meuffels	95	31.43	1:07.38	1:43.57	2:17.81	2:17.81
4.	Montferland 1	Montferland	NED			10:23.94	
	Ferdinand Teitink	70	34.81	1:15.35	2:01.25	2:50.78	2:50.78
	Angela Giezen	83	34.04	1:12.93	1:53.55	2:33.58	2:33.58
	Kelly Bockting	91	37.09	1:18.22	2:01.29	2:45.13	2:45.13
	Maik Steenkamp	91	30.10	1:05.06	1:40.06	2:14.45	2:14.45

160+, Dames

1.	De Geul 1	De Geul	NED			13:02.68	
	Eline Molle	94	37.85	1:20.59	2:04.70	2:47.88	2:47.88
	Roselinda van der Vlugt	67	46.55	1:39.39	2:35.50	3:27.50	3:27.50
	Geerdien Meerwaldt	52	57.75	2:02.38	3:09.02	4:17.21	4:17.21
	Nanda van Heteren	89	34.41	1:12.95	1:52.19	2:30.09	2:30.09

160+, Heren

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED			8:32.06	
	Casper Hut	78	28.13	58.70	1:29.74	1:59.41	1:59.41
	René Beetsma	69	31.29	1:06.17	1:42.81	2:19.11	2:19.11
	Marten de Groot	58	30.46	1:04.60	1:39.12	2:13.16	2:13.16
	Dennis Bos	92	26.19	56.79	1:28.66	2:00.38	2:00.38
2.	De Gelsenberg 1	De Gelsenberg	NED			8:45.42	
	Geert Wijn	67	30.01	1:03.74	1:36.59	2:08.28	2:08.28
	John Cobussen	75	30.26	1:03.38	1:38.05	2:12.65	2:12.65
	Roel van der Kruijs	85	30.49	1:03.99	1:38.68	2:12.48	2:12.48
	Marcel van Winssen	71	29.80	1:03.27	1:37.88	2:12.01	2:12.01
3.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	NED			8:50.20	
	Rob van Vliet	84	29.37	1:02.67	1:37.50	2:11.34	2:11.34
	Ron Korzelius	65	31.86	1:07.29	1:42.80	2:17.94	2:17.94
	Edwin v. Norden	63	30.84	1:04.94	1:39.29	2:13.08	2:13.08
	Martijn Giezen	85	28.35	1:01.12	1:34.76	2:07.84	2:07.84
4.	ZVL-1886 2	ZVL-1886	NED			9:15.27	
	Otto Jansen	65	31.14	1:06.28	1:43.55	2:19.66	2:19.66
	Ingmar Kooman	79	34.06	1:13.09	1:52.92	2:30.88	2:30.88
	Hans Bouwmeester	67	31.36	1:06.92	1:44.57	2:22.88	2:22.88
	Kristiaan Lenos	83	26.50	57.26	1:29.94	2:01.85	2:01.85

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 16, Heren, 4 x 200m vrije slag, 160+

rang	vereniging		NED			tijd	PARA
5.	Sassenheim		NED			9:15.79	
	Rene de Bruin	71	31.02	1:05.53	1:42.28	2:19.33	2:19.33
	Arjan Buijsse	79	32.13	1:07.38	1:43.17	2:17.99	2:17.99
	Frank van Nobelen	69	31.06	1:06.01	1:42.26	2:18.36	2:18.36
	Robert Langeveld	71	31.12	1:05.37	1:42.82	2:20.11	2:20.11
6.	SWOL 1894 2		NED			10:04.53	
	Michael van Bekkum	72	33.33	1:10.60	1:49.08	2:25.50	2:25.50
	Kasper van den Berghe	73	34.40	1:11.91	1:49.56	2:27.55	2:27.55
	Arjan Aalbers	75	33.30	1:11.95	1:52.83	2:34.81	2:34.81
	Peter Lommert	79	33.41	1:12.08	1:54.16	2:36.67	2:36.67
7.	Budel 1		NED			10:22.51	
	Rick de Greef	84	28.14	1:00.94	1:35.50	2:10.39	2:10.39
	Edward van Nijmweegen	70	35.87	1:18.78	2:04.41	2:55.43	2:55.43
	Dyon de Greef	82	34.45	1:14.45	1:57.04	2:36.81	2:36.81
	Jos Zentjens	57	35.09	1:13.70	1:56.23	2:39.88	2:39.88

160+, Gemengd

1.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)	NED			9:57.82	
	Pascal Janssen	73	36.37	1:17.57	2:00.18	2:41.98	2:41.98
	Martine de Haart	79	35.17	1:15.05	1:55.76	2:35.27	2:35.27
	Jeroen Meuleners	78	30.83	1:06.17	1:42.98	2:18.84	2:18.84
	Arno Schrauwen	65	32.04	1:08.29	1:45.24	2:21.73	2:21.73
2.	CNSW 1	CNSW	BEL			9:59.84	
	Bruno Nahon	70	34.09	1:10.62	1:48.37	2:25.93	2:25.93
	Nicolas Slegers	84	33.43	1:11.60	1:52.49	2:31.05	2:31.05
	Valerie Rolland	71	36.04	1:15.59	1:55.77	2:34.83	2:34.83
	Kathy Van Lindt	71	34.62	1:12.56	1:50.83	2:28.03	2:28.03
3.	Feijenoord Albion Zwemclub 4	Feijenoord Albion Zwemclub	NED			10:21.94	
	Pieter Broek	77	31.71	1:07.33	1:43.33	2:18.81	2:18.81
	Caroline Kruger	68	40.32	1:26.11	2:15.67	3:08.18	3:08.18
	Nilce Mendes Barbosa	98	32.25	1:09.79	1:49.33	2:27.41	2:27.41
	Fred Dijkshoorn	65	32.91	1:10.68	1:50.36	2:27.54	2:27.54

200+, Dames

1.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub	NED			10:32.34	
	Tineke Janssen	64	36.04	1:16.95	1:59.61	2:40.46	2:40.46
	Petra Schoon	69	36.05	1:17.20	1:59.80	2:43.30	2:43.30
	Netty Burik-Geijsen	63	34.26	1:13.23	1:53.31	2:32.75	2:32.75
	Mirjan den Drijver	75	34.87	1:14.58	1:55.85	2:35.83	2:35.83
2.	De Geul 2	De Geul	NED			11:34.48	
	Erica Muller	64	41.17	1:29.05	2:19.86	3:12.29	3:12.29
	Susanne Prins-Molenwijk	66	38.92	1:22.32	2:06.80	2:51.28	2:51.28
	Marian Nederlof	76	38.69	1:20.84	2:04.13	2:47.31	2:47.31
	Marijke Campfens	69	37.94	1:19.19	2:02.58	2:43.60	2:43.60
3.	SWOL 1894 1	SWOL 1894	NED			11:46.26	
	Annet Kootstra	71	42.50	1:29.81	2:17.42	3:05.02	3:05.02
	Marjan Spoelstra	60	40.37	1:25.97	2:13.81	3:01.67	3:01.67
	Babette Rens	78	37.82	1:19.82	2:04.63	2:49.63	2:49.63
	Annemarie Vuist	63	38.87	1:21.66	2:06.05	2:49.94	2:49.94
4.	DWK 3	DWK	NED			11:55.01	
	Hettie Schakel	69	40.18	1:25.09	2:12.48	2:58.90	2:58.90
	Greta Wyma-Teitsma	71	41.83	1:29.41	2:19.50	3:08.15	3:08.15
	Jennie Resink-lindeboom	60	42.67	1:30.62	2:20.02	3:07.21	3:07.21
	Iris van Aurich	69	34.15	1:15.31	1:59.06	2:40.75	2:40.75

200+, Heren

1.	De Rog 1	De Rog	NED			10:16.84	
	Frank Van Engelen	67	37.91	1:21.40	2:08.06	2:55.76	2:55.76
	Wijnand Vergeest	68	33.87	1:12.74	1:53.62	2:32.58	2:32.58
	Roy Le Clercq	64	33.37	1:11.91	1:53.16	2:34.57	2:34.57
	Glen Le Clercq	68	30.03	1:04.20	1:38.78	2:13.93	2:13.93
NG	Steenwijk 1934 4	Steenwijk 1934	NED				

Programmanr. 16, 4 x 200m vrije slag

200+, Gemengd

1.	Poseydon 1 <i>Russian Masters Record</i>	Poseydon	RUS	9:44.65			
	Irina Merzlikina	72	31.65	1:06.90	1:44.81	2:23.65	2:23.65
	Olga Kedrova	60	36.31	1:18.14	2:01.82	2:45.63	2:45.63
	Sergey Kozlov	63	32.28	1:08.46	1:45.73	2:20.56	2:20.56
	Vasilii Efremov	76	30.71	1:04.64	1:40.22	2:14.81	2:14.81
2.	De Rog 2	De Rog	NED	9:54.80			
	Wendy Brugman	73	33.36	1:11.91	1:52.47	2:34.08	2:34.08
	Esther Vergeest	77	35.74	1:15.28	1:56.51	2:37.41	2:37.41
	Erik Kamphuis	60	34.68	1:13.40	1:52.00	2:28.03	2:28.03
	Peter Bensen	63	31.23	1:06.35	1:40.95	2:15.28	2:15.28
3.	WS Twente 1	WS Twente	NED	10:06.97			
	Hans Westerhof	62	34.73	1:11.43	1:48.58	2:25.20	2:25.20
	Marijke Kraak-Beckers	60	36.97	1:18.96	2:02.33	2:45.35	2:45.35
	Marion Broekhuis	68	38.13	1:20.44	2:04.34	2:47.89	2:47.89
	Marcel Reefhuis	81	29.48	1:01.64	1:35.18	2:08.53	2:08.53
4.	Spartak Voronezh 1	Spartak Voronezh	RUS	10:08.77			
	Yurii Perin	63	31.90	1:07.81	1:42.88	2:16.32	2:16.32
	Svetlana Islamgaleeva	64	38.26	1:20.24	2:03.48	2:43.38	2:43.38
	Vladimir Semenov	68	35.32	1:14.37	1:54.03	2:34.14	2:34.14
	Natalia Lesovaia	78	33.00	1:12.61	1:55.59	2:34.93	2:34.93
5.	Triton 1	Triton	NED	10:30.51			
	Margriet Grove-Lingeman	62	35.88	1:16.69	1:58.86	2:40.90	2:40.90
	Paul Bunnik	56	34.13	1:14.00	1:56.91	2:39.55	2:39.55
	Ronald Grove	61	32.39	1:10.01	1:49.08	2:26.54	2:26.54
	Caroline Schreuder	67	35.67	1:16.79	2:00.26	2:43.52	2:43.52
6.	Old Dutch 2	Old Dutch	NED	10:31.40			
	Phil Trethewie	65	33.16	1:08.96	1:46.20	2:21.96	2:21.96
	Adriaan Kop	61	35.89	1:16.40	1:59.61	2:40.24	2:40.24
	Karin van Nassau-van den Heuvel	66	40.98	1:26.98	2:13.74	2:59.57	2:59.57
	Chantal Verhoeff	79	34.56	1:12.74	1:51.31	2:29.63	2:29.63
7.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	NED	10:47.81			
	Eelco van Gemert	72	31.76	1:06.48	1:42.08	2:18.20	2:18.20
	Marijke van Hoek	58	39.35	1:24.23	2:09.79	2:54.06	2:54.06
	André Schutte	60	39.04	1:22.79	2:07.77	2:52.26	2:52.26
	Natasja Forat	77	37.55	1:19.39	2:02.51	2:43.29	2:43.29
8.	AZC 1	AZC	NED	11:24.19			
	Esther Boerdam-Delfos	87	38.40	1:20.88	2:05.41	2:48.58	2:48.58
	Geza Kaltenecker	42	43.51	1:35.39	2:29.55	3:21.41	3:21.41
	Sandra Daamen-Posma	68	39.32	1:24.94	2:12.53	3:00.81	3:00.81
	Mark van der Schrier	78	30.81	1:04.71	1:39.34	2:13.39	2:13.39
9.	De Spatters 1	De Spatters	NED	11:28.45			
	Roelof Broekman	68	38.01	1:21.42	2:07.83	2:54.09	2:54.09
	Alma Knegt-Bessembinders	76	37.11	1:19.02	2:03.47	2:47.26	2:47.26
	Roelien Speelman-Tigelaar	66	37.68	1:20.79	2:07.17	2:55.22	2:55.22
	René Speelman	66	37.91	1:20.70	2:06.71	2:51.88	2:51.88
10.	Steenwijk 1934 5	Steenwijk 1934	NED	11:51.61			
	Inge Lolkema-Soeters	73	41.18	1:27.25	2:15.90	3:04.04	3:04.04
	Hans van Scheepen	62	43.27	1:32.81	2:26.24	3:28.67	3:28.67
	Korstiaan de Boer	71	33.25	1:12.69	1:55.90	2:37.53	2:37.53
	Wilna Heijman	64	36.85	1:17.37	1:59.57	2:41.37	2:41.37

240+, Heren

1.	WWV Winterswijk 1	WWV Winterswijk	NED	11:21.68			
	Ruud Ruiter	53	38.42	1:21.55	2:06.69	2:47.87	2:47.87
	Theo Schouten	46	45.69	1:38.33	2:31.29	3:22.03	3:22.03
	Laurens Klein Breteler	54	38.69	1:23.74	2:09.49	2:52.15	2:52.15
	Kees-Jan van Overbeeke	62	32.82	1:08.87	1:44.43	2:19.63	2:19.63

Programmanr. 16, 4 x 200m vrije slag

240+, Gemengd

1. PSV 2		PSV	NED				11:25.00	
Rob Hanou	43		41.37	1:30.85	2:22.89	3:11.52	3:11.52	
Carla Hensen	53		44.82	1:35.83	2:28.35	3:18.64	3:18.64	
Jeanne Petit	70		35.53	1:13.89	1:53.65	2:32.96	2:32.96	
Harold Matla	68		32.24	1:08.73	1:46.11	2:21.88	2:21.88	
2. Old Dutch 1		Old Dutch	NED				15:18.35	
Karien Musters	58		49.82	1:46.59	2:49.90	4:00.45	4:00.45	
Marie Smits	38		52.91	1:55.01	2:58.99	4:00.38	4:00.38	
Nico Baay	42		54.25	1:56.54	2:59.94	3:59.27	3:59.27	
Marcel Creemers	64		41.30	1:29.46	2:22.66	3:18.25	3:18.25	

280+, Dames

1. PSV 1		PSV	NED				12:06.47	
<i>Wereld Masters Record</i>								
Ineke Weekers	53		37.54	1:18.46	1:59.34	2:40.17	2:40.17	
Lottie Geurts	35		49.43	1:44.16	2:44.92	3:39.93	3:39.93	
Corrie Verhoeven	46		40.50	1:27.47	2:16.27	3:03.75	3:03.75	
Patty Verhagen	59		38.74	1:19.93	2:01.62	2:42.62	2:42.62	