

Programmanr. 42
06-05-2018 - 16:56

4 x 50m vrije slag

Masters Open
Resultaten

| rang | vereniging | inschrijftijd | tijd | RT | |
|---------------------|----------------------------------|-------------------------|----------------------|----------------|-------|
| 80+, Dames | | | | | |
| 1. | Zwemvereniging Hoogland 3 | Zwemvereniging Hoogland | 2:12.57 | 2:13.92 | +0,78 |
| | Nicole van Zuilen | 95 +0,78 32.69 | Fabienne Jeukens | 84 +0,44 34.57 | |
| | Yvette Meijer | 97 +0,42 34.88 | Hester Meijer | 98 +0,50 31.78 | |
| 80+, Heren | | | | | |
| 1. | WVZ 4 | WVZ | 1:48.20 | 1:45.69 | +0,63 |
| | Dave Jansen | 98 +0,63 25.53 | Jordy van Oel | 98 +0,24 26.83 | |
| | Vincent Lapouge | 88 +0,51 26.44 | Nordin Termoshuizen | 96 +0,46 26.89 | |
| 80+, Gemengd | | | | | |
| 1. | KSN (SG) 1 | KSN (SG) | 1:50.32 | 1:49.03 | +0,65 |
| | Anne Speelman | 97 +0,65 29.71 | Derk Jan Speelman | 96 +0,23 24.59 | |
| | Linda Boxma | 85 +0,44 29.21 | Koen Rooseboom | 95 +0,55 25.52 | |
| 2. | SCOM/De Zeehond'73 (SG) 1 | SCOM/De Zeehond'73 (SG) | 1:51.16 | 1:50.95 | +0,81 |
| | Karen van Dee | 96 +0,81 30.12 | Rick de Waard | 94 +0,36 26.87 | |
| | Senna Pols | 97 +0,52 29.35 | Jeffrey Buddenberg | 95 +0,44 24.61 | |
| 100+, Dames | | | | | |
| 1. | WVZ 3 | WVZ | 1:53.74 | 1:54.05 | +0,73 |
| | <i>Kampioenschaps Record</i> | | | | |
| | Nicole Bennis | 96 +0,73 28.08 | Isabelle Massar | 91 +0,41 29.33 | |
| | Manon van Strien | 94 +0,62 29.02 | Delia Badoux | 80 +0,30 27.62 | |
| 2. | ZPC Woerden 1 | ZPC Woerden | 1:57.28 | 1:57.80 | +0,75 |
| | Jamilla van Veen | 96 +0,75 28.18 | Sabine Lina | 89 +0,49 30.19 | |
| | Ilse van den Wijngaard | 89 +0,43 30.18 | Mandy Verbakel | 90 +0,22 29.25 | |
| 3. | Albion d'ELFT (SG) 2 | Albion d'ELFT (SG) | 2:01.26 | 2:00.95 | +0,67 |
| | Fenna de Groot | 97 +0,67 29.82 | Anne Aarts | 92 +0,42 32.11 | |
| | Roos van Esch | 82 +0,31 29.97 | Nilce Mendes Barbosa | 98 +0,45 29.05 | |
| 4. | LZ 1886 1 | LZ 1886 | 2:01.28 | 2:03.68 | +0,82 |
| | Linda van der Voort | 92 +0,82 30.05 | Suzan Blankestijn | 89 +0,42 32.00 | |
| | Eloise Cilia | 88 +0,38 30.53 | Moniek Heemskerck | 96 +0,39 31.10 | |
| 5. | WVZ 6 | WVZ | 2:14.81 | 2:11.49 | +0,76 |
| | Sabine Koudijs | 95 +0,76 31.13 | Monique Pronk | 88 +0,53 31.85 | |
| | Lisette Prins | 88 +0,53 35.66 | Tessa Verheijdt | 89 +0,29 32.85 | |
| 6. | Steenwijk 1934 2 | Steenwijk 1934 | 2:10.33 | 2:12.91 | +0,85 |
| | Amber Plat | 92 +0,85 35.20 | Ilse Blankvoort | 92 +0,38 32.30 | |
| | Getrude Corporaal | 92 +0,45 31.86 | Charine de Ruiter | 94 +0,51 33.55 | |
| 100+, Heren | | | | | |
| 1. | Albion d'ELFT (SG) 1 | Albion d'ELFT (SG) | 1:39.07 | 1:38.94 | +0,72 |
| | <i>Nederlands Masters Record</i> | | | | |
| | Jordi van der Weel | 96 +0,72 25.26 | Nol van Thull | 80 +0,48 24.95 | |
| | Romero Hennep | 93 +0,26 24.97 | Engser Kotterink | 94 +0,41 23.76 | |
| 2. | Zwemvereniging Westland 1 | Zwemvereniging Westland | 1:45.70 | 1:43.96 | +0,71 |
| | Pascal Nuijten | 97 +0,71 25.25 | Ronald Koeckhoven | 81 +0,22 25.92 | |
| | Patrick Wyrdean | 97 +0,56 27.20 | Armand Heyder | 96 +0,18 25.59 | |
| 3. | ZVW'74 1 | ZVW'74 | 1:57.96 | 2:00.88 | +0,73 |
| | Joel Kapelle | 82 +0,73 30.55 | Wouter Kiesewetter | 93 +0,66 26.89 | |
| | Bouke Timmer | 95 +0,50 37.03 | Jordi Jolink | 86 +0,37 26.41 | |

Programmanr. 42, 4 x 50m vrije slag

100+, Gemengd

| | | | | |
|--------------------------|---------------------|---------|------------------------|----------|
| 1. Van Vliet-Barracuda 1 | Van Vliet-Barracuda | 1:50.80 | 1:50.37 | +0,70 |
| Melissa van der Heijden | 96 +0,70 | 29.24 | Emiel van Beusekom | 94 +0,33 |
| Denise Boereboom | 92 +0,50 | 29.30 | Pascal van Haren | 87 +0,44 |
| 2. ZPC AMERSFOORT 3 | ZPC AMERSFOORT | 1:52.37 | 1:50.79 | +0,74 |
| Larissa Brak | 88 +0,74 | 29.38 | Marije Jansen | 85 +0,37 |
| Martijn Bartels | 96 +0,46 | 26.58 | Martijn Giezen | 85 +0,23 |
| 3. ZOB'66 1 | ZOB'66 | 1:50.60 | 1:52.39 | +0,63 |
| Wendy de Bruin | 92 +0,63 | 29.85 | Rebecca Evers | 92 +0,42 |
| Ian van Mullem | 96 +0,23 | 27.62 | Roderik Meijers | 86 +0,45 |
| 4. ZPB H&L Productions 1 | ZPB H&L Productions | 1:50.30 | 1:56.42 | +0,71 |
| Lars Schoffemeer | 95 +0,71 | 26.36 | Linda van Klei-Janssen | 88 +0,53 |
| Aylin van Uffelen | 96 +0,52 | 31.16 | Ruben Stolk | 90 +0,47 |
| 5. Steenwijk 1934 3 | Steenwijk 1934 | 2:09.17 | 2:07.35 | +0,79 |
| Luciënne van der Linde | 95 +0,79 | 30.54 | Patrick Wobben | 93 +0,40 |
| Maranka Huitema | 95 +0,54 | 37.51 | Robert Braad | 86 +0,43 |

120+, Dames

| | | | | |
|------------------------------|-------------------------|---------|-----------------------|----------|
| 1. The Hague Swimming (SG) 2 | The Hague Swimming (SG) | 1:53.21 | 1:58.82 | +0,71 |
| Lincy de Winter | 98 +0,71 | 28.85 | Elinore de Jong | 89 +0,31 |
| Sandra Hoofs-Buil | 66 +0,46 | 34.58 | Maud Hoofs | 95 +0,44 |
| 2. TRB-RES 1 | TRB-RES | 2:02.00 | 2:01.12 | +0,71 |
| Kyra van Camerijk | 88 +0,71 | 33.85 | Edith Janssen-Koolen | 73 +0,14 |
| Maike Korthout | 94 +0,26 | 29.07 | Manon van Esch | 97 +0,48 |
| 3. DAW 2 | DAW | 2:06.65 | 2:03.99 | +0,73 |
| Jacqueline Tuin | 66 +0,73 | 32.02 | Laura Badoux | 82 +0,33 |
| Agnes van Brug | 80 +0,64 | 33.10 | Maaïke Vooren | 91 +0,34 |
| 4. De Duck 1 | De Duck | 2:05.31 | 2:06.15 | +0,81 |
| Lenneke Bagijn | 96 +0,81 | 32.24 | Judith Kleinjan | 98 +0,77 |
| Rachel Trainor | 77 +0,29 | 32.43 | Geraldine Trainor | 75 +0,41 |
| 5. CNSW 1 | CNSW | 2:04.18 | 2:06.32 | +0,69 |
| Nathalie Blondeel | 77 +0,69 | 29.10 | Valerie Rolland | 71 +0,52 |
| Melina Dejonckheere | 91 +0,43 | 33.10 | Isaline Manchel | 85 +0,23 |
| 6. Zwemclub Koewacht 1 | Zwemclub Koewacht | 2:08.56 | 2:09.03 | +0,82 |
| Eline Nijskens | 88 +0,82 | 31.78 | Jessica Klaassen | 79 +0,46 |
| Josine van Dorsselaer | 88 +0,33 | 32.32 | Joan Fontaine | 88 +0,50 |
| 7. ESCA Zwemmen 2 | ESCA Zwemmen | 2:11.44 | 2:10.20 | +0,89 |
| Kiona Peters | 89 +0,89 | 29.83 | Ija Janssen | 81 +0,58 |
| Yoka de Vegt-van Dijk | 62 +0,79 | 37.76 | Moniek van Langevelde | 98 +0,35 |
| 8. WVZ 1 | WVZ | 2:14.73 | 2:12.00 | +0,76 |
| Diana van Halm Braam | 98 +0,76 | 30.48 | Yvette Kilian | 66 +0,33 |
| Petra Verstegen | 77 +0,59 | 34.95 | Linda Hoogendam | 83 +0,48 |
| 9. ZZ&PC De Devel 1 | ZZ&PC De Devel | 2:44.33 | 2:41.80 | |
| Nini van Dongen-de Paepe | 51 | 1:01.58 | Sanne de Roo | 95 +0,47 |
| Myrthe Lampe | 90 +0,61 | 33.09 | Esther Versteeg | 83 +0,60 |

120+, Heren

| | | | | |
|------------------------------|-------------------------|---------|----------------|----------|
| 1. Zwemvereniging Hoogland 1 | Zwemvereniging Hoogland | 1:44.08 | 1:44.05 | +0,78 |
| Paul de Boer | 68 +0,78 | 29.38 | Bas Dries | 95 +0,38 |
| Rutger Stam | 81 +0,32 | 26.70 | Stephan Putman | 95 +0,47 |
| 2. ESCA Zwemmen 1 | ESCA Zwemmen | 1:51.72 | 1:48.91 | +0,89 |
| Tom Driessen | 87 +0,89 | 25.81 | Tim de Vrugt | 93 +0,49 |
| Sander de Vrugt | 89 +0,26 | 25.73 | Paul Rutten | 80 +0,57 |
| 3. LZ 1886 2 | LZ 1886 | 1:49.94 | 1:51.10 | +0,74 |
| Kristiaan Lenos | 83 +0,74 | 26.35 | Emiel Volker | 76 +0,49 |
| Ingmar Kooman | 79 +0,49 | 29.89 | Robin van Beek | 97 +0,25 |
| 4. WZK Zwemmen 1 | WZK Zwemmen | 1:49.73 | 1:51.45 | +0,71 |
| Gijs Ruijgrok | 96 +0,71 | 27.15 | Alex Vermeulen | 89 +0,42 |
| Reinier Beek | 71 +0,31 | 31.29 | Bart Drechsel | 86 +0,28 |

Programmanr. 42, Heren, 4 x 50m vrije slag, 120+

| rang | vereniging | inschrijftijd | tijd | RT |
|------|--|-----------------------------|---|---------------------------------|
| 5. | DAW 1 Paul Oudendijk Dennis Kraakman | DAW 81 +0,81 87 +0,40 | 1:52.94 28.30 Wouter Zijlstra 29.25 Alex Damen | 1:52.76 +0,81 27.59 27.62 |
| 6. | WVZ 7 Rens Post Harald Mulder | WVZ 91 +0,73 67 +0,52 | 1:55.72 27.72 Tim van IJll 31.21 Simon van Ravesteijn | 1:53.72 +0,73 28.04 26.75 |
| 7. | PSV 4 Kevin Kuypers Mark Godwaldt | PSV 90 +0,66 87 +0,46 | 1:51.19 26.49 Ron Phaff 28.29 Frederik Tamminga | 1:55.03 +0,66 31.68 28.57 |

120+, Gemengd

| | | | | |
|-----|---|---|---|---------------------------------|
| 1. | De Ward 1 Eva Kattouw Sascha van den Hurk | De Ward 94 +0,76 92 +0,67 | 1:53.41 29.27 Yvette Ratering 27.72 Antwan van Engen | 1:53.05 +0,76 29.83 26.23 |
| 2. | Rotterdam Swimming (SG) 1 Chantal Veneman Jim Geestman | Rotterdam Swimming (SG) 87 +0,75 83 +0,49 | 1:54.16 35.13 Christa Starn 26.11 Martijn Dolk | 1:56.98 +0,75 30.13 25.61 |
| 3. | SGGO (SG) 1 Whitley Rens Leander Noordijk | SGGO (SG) 90 +0,83 81 +0,43 | 1:59.13 32.37 Kees Akershoek 28.28 Danica Koedoot | 1:57.97 +0,83 27.89 29.43 |
| 4. | De Treffers 1 Marlijn Mulders Miranda Pijnenburg | De Treffers 88 +0,71 83 +0,28 | 1:57.79 31.80 Eric de Haas 30.75 Tim van Grunsven | 1:58.34 +0,71 29.43 26.36 |
| 5. | WS Twente 1 Marcel Reefhuis Marion Broekhuis | WS Twente 81 +0,76 68 +0,40 | 1:59.49 28.26 Veronique van der Velde 33.62 Mathieu Boers | 1:59.20 +0,76 32.42 24.90 |
| 6. | Zwemvereniging Westland 2 Philip van der Gaag Jacoline van den Beukel | Zwemvereniging Westland 68 +0,86 91 +0,25 | 2:01.18 29.95 Anouk van der Lans 31.79 Pieter Broek | 1:59.78 +0,86 31.51 26.53 |
| 7. | Steenwijk 1934 4 Jacyntha Plat Chris Kouwenhoven | Steenwijk 1934 90 +0,80 71 +0,35 | 2:01.58 30.09 Nanda de Vries 29.92 Korstiaan de Boer | 2:02.41 +0,80 29.35 33.05 |
| 8. | ZVVS 3 Gertjan van der Vaart Chantal van der Vaart | ZVVS 68 +0,73 98 +0,60 | 2:12.79 33.52 Ramona Noordermeer 31.64 Klaas de Ridder | 2:09.65 +0,73 31.81 32.68 |
| DIS | PSV 6 AA - Gestart voor het startsignaal (en wel gezwommen). | PSV | 2:01.83 | |

Elles van Leeuwen, Renee de Kok, Tom Bandsma, Erik Drost

160+, Dames

| | | | | |
|----|--|--|--|---------------------------------|
| 1. | PSV 8 Gudule van der Meer Jolanda van Gendt | PSV 72 +0,78 78 +0,36 | 2:07.89 31.34 Katja de Beer 32.54 Liselotte Joling | 2:07.70 +0,78 31.92 31.90 |
| 2. | DWK 2 Liesbeth van Mill Jennie Resink-lindeboom | DWK 87 +0,85 60 +0,50 | 2:09.10 32.94 Iris van Aurich 37.14 Pauline Gouwens | 2:10.71 +0,85 32.52 28.11 |
| 3. | De Rog 2 Sandra van der Helm Ageeth Westenbrink | De Rog 78 +0,83 67 +0,40 | 2:17.32 34.95 Kim Hamakers 35.64 Arianne Hamakers | 2:16.91 +0,83 35.17 31.15 |
| 4. | De Geul 1 Erica Muller Marian Nederlof | De Geul 64 +0,70 76 +0,60 | 2:16.69 39.40 Aafke Groot 33.19 Marijke Campfens | 2:19.15 +0,70 33.35 33.21 |
| 5. | De Duinkickers 2 Saskia op den Velde Inge Roskam | De Duinkickers 79 +0,80 78 +0,43 | 2:25.92 36.17 Maaika de Boer 33.80 Annet Verhoeven - Steggerda | 2:30.61 +0,80 30.32 50.32 |

Programmanr. 42, 4 x 50m vrije slag

160+, Heren

| | | | | | |
|----|---|-------------------------|---------|--------------------|----------|
| 1. | HZ&PC Heerenveen 1 | HZ&PC Heerenveen | 1:45.90 | 1:43.25 | +0,67 |
| | <i>Nederlands Masters Record, Startzwemmer NMR 50m vrije slag</i> | | | | |
| | Casper Hut | 78 +0,67 | 24.76 | René Beetsma | 69 +0,32 |
| | Dennis Bos | 92 +0,14 | 24.30 | Marten de Groot | 58 +0,34 |
| | | | | | 27.58 |
| | | | | | 26.61 |
| 2. | ZPC AMERSFOORT 2 | ZPC AMERSFOORT | 1:45.86 | 1:43.81 | +0,70 |
| | Jeroen Zelsmann | 77 +0,70 | 25.45 | Rob van Vliet | 84 +0,16 |
| | Paul Hardeman | 73 +0,52 | 26.87 | Erwin Buist | 78 +0,40 |
| | | | | | 26.50 |
| | | | | | 24.99 |
| 3. | DWK 1 | DWK | 1:54.85 | 1:51.58 | +0,86 |
| | Lars Jacobsen | 97 +0,86 | 29.47 | Martin Kaptein | 67 +0,45 |
| | Edwin van Houten | 65 +0,26 | 28.94 | Sebastiaan Kuijper | 78 +0,51 |
| | | | | | 27.31 |
| | | | | | 25.86 |
| 4. | De Duck 2 | De Duck | 1:54.95 | 1:54.28 | +0,78 |
| | Gertjan van der Knaap | 73 +0,78 | 30.46 | Jesper Oranje | 92 +0,35 |
| | Erik Saan | 65 +0,76 | 28.62 | Nico van Maanen | 61 +0,21 |
| | | | | | 24.97 |
| | | | | | 30.23 |
| 5. | AZC 1 | AZC | 1:56.17 | 1:55.57 | +0,86 |
| | Mark van der Schrier | 78 +0,86 | 28.01 | Michael Go | 75 +0,33 |
| | Stefan Oostendorp | 90 +0,55 | 29.01 | Guido Keutgen | 68 0.00 |
| | | | | | 30.82 |
| | | | | | 27.73 |
| 6. | Zwemvereniging Hoogland 2 | Zwemvereniging Hoogland | 2:00.40 | 2:00.41 | +0,89 |
| | Jos Kamps | 51 +0,89 | 33.53 | Eric Kalee | 90 +0,56 |
| | Jan Vonk | 54 +0,23 | 32.31 | Yuri van Omme | 85 +0,30 |
| | | | | | 28.24 |
| | | | | | 26.33 |

160+, Gemengd

| | | | | | |
|----|---------------------------|---------------------|---------|-------------------------------|----------|
| 1. | Zwemlust-den Hommel 1 | Zwemlust-den Hommel | 1:55.79 | 1:57.32 | +0,76 |
| | Mark Zwart | 79 +0,76 | 26.68 | Lisenka Kornet-van den Akker | 69 +0,60 |
| | Eline Overeem | 71 +0,49 | 31.35 | Vincent Versteeg | 77 +0,40 |
| | | | | | 32.61 |
| | | | | | 26.68 |
| 2. | ZPC Woerden 2 | ZPC Woerden | 1:59.70 | 1:58.46 | +0,74 |
| | Thommy Nickel | 84 +0,74 | 27.10 | Marjan Remmits | 63 +0,35 |
| | Cynthia van Veen | 96 +0,52 | 33.05 | Johan Remmits | 62 +0,45 |
| | | | | | 31.19 |
| | | | | | 27.12 |
| 3. | ZVVS 2 | ZVVS | 2:04.70 | 1:59.16 | +0,74 |
| | Natalie van der Hoeven | 89 +0,74 | 30.06 | Rene de Jong | 66 +0,34 |
| | Helena Mels | 69 +0,37 | 31.95 | Freddy v.d. Veen | 66 +0,29 |
| | | | | | 28.88 |
| | | | | | 28.27 |
| 4. | LinK 1 | LinK | 2:01.96 | 2:03.59 | +0,78 |
| | Alex Schelvis | 87 +0,78 | 26.41 | Heidi den Boer | 69 +0,21 |
| | Naomi van Gool | 95 +0,63 | 32.44 | Paul van der Ploeg | 60 +0,32 |
| | | | | | 30.77 |
| | | | | | 33.97 |
| 5. | WIDEX GZC DONK 1 | WIDEX GZC DONK | 2:10.03 | 2:05.95 | +0,76 |
| | Nathasja Konijn | 71 +0,76 | 36.38 | Adrian Ortiz Buitrago | 60 +0,65 |
| | Roel van Grol | 98 +0,51 | 27.71 | Jacqueline de Ruyter-Wijnolst | 74 +0,48 |
| | | | | | 30.00 |
| | | | | | 31.86 |
| 6. | De Spatters 1 | De Spatters | 2:05.91 | 2:07.99 | +0,75 |
| | René Speelman | 66 +0,75 | 32.78 | Alma Kneegt-Bessembinders | 76 +0,65 |
| | Roelien Speelman-Tigelaar | 66 +0,26 | 35.43 | Gerwin Vonk | 82 +0,33 |
| | | | | | 32.77 |
| | | | | | 27.01 |
| 7. | TRB-RES 2 | TRB-RES | 2:06.72 | 2:08.35 | +0,76 |
| | Walter Stielstra | 77 +0,76 | 27.50 | Wendy Hendrikx-Verhagen | 71 +0,70 |
| | Daphne Meijer | 93 +0,73 | 34.89 | Marcel Tuerlings | 66 +0,33 |
| | | | | | 36.20 |
| | | | | | 29.76 |

200+, Dames

| | | | | | |
|----|--------------------|----------------|---------|---------------------------|----------|
| 1. | ZPC AMERSFOORT 1 | ZPC AMERSFOORT | 2:26.12 | 2:27.53 | +0,88 |
| | Petra Casteleijn | 66 +0,88 | 33.27 | Talje Dijkhuis | 66 +0,55 |
| | Machteld Stiltning | 66 +0,13 | 34.78 | Loekie v. Huissteden | 45 +0,37 |
| | | | | | 31.64 |
| | | | | | 47.84 |
| 2. | CNSW 2 | CNSW | 2:25.49 | 2:32.44 | +0,92 |
| | Kathleen Laloi | 88 +0,92 | 35.79 | Fernande Gourmet-Blondeel | 52 +0,66 |
| | Claire Anthony | 57 +0,60 | 34.90 | Paule Walravens | 67 +0,51 |
| | | | | | 46.60 |
| | | | | | 35.15 |
| 3. | ESCA Zwemmen 3 | ESCA Zwemmen | 2:50.84 | 2:57.46 | +0,88 |
| | Cora Smulders | 66 +0,88 | 43.97 | Marleen Robbers | 66 |
| | Ria Peters-Veurman | 58 +0,50 | 45.48 | Marion Kolkman-Pluim | 60 +0,70 |
| | | | | | 48.20 |
| | | | | | 39.81 |

Programmanr. 42, 4 x 50m vrije slag

200+, Heren

| | | | | | | | | |
|----|--|----------------|-------|---------|-------------------|----------------|-------|-------|
| 1. | De Rog 1 <i>startzwemmer NMR 50m vrije slag</i> | De Rog | | 1:53.99 | | 1:50.61 | +0,69 | |
| | Peter Bensen | 63 | +0,69 | 26.43 | Rob Spetter | 62 | +0,33 | 28.24 |
| | Erik Kamphuis | 60 | +0,42 | 29.26 | Glen le Clercq | 68 | +0,31 | 26.68 |
| 2. | De Duinkickers 1 | De Duinkickers | | 2:03.94 | | 2:08.42 | +0,81 | |
| | Jaap de Boer | 58 | +0,81 | 35.38 | Robert de Brauwer | 64 | +0,46 | 30.62 |
| | Richard Hill | 66 | +0,38 | 30.84 | Marcel Brittin | 69 | +0,41 | 31.58 |

200+, Gemengd

| | | | | | | | | |
|----|---|----------------------|-------|---------|-------------------------|----------------|-------|-------|
| 1. | PSV 3 <i>Nederlands Masters Record</i> | PSV | | 1:57.84 | | 1:54.89 | +0,74 | |
| | Saskia Phaff | 66 | +0,74 | 30.41 | Harold Matla | 68 | +0,38 | 28.42 |
| | Esther van Lohuizen | 59 | +0,36 | 31.58 | Ronald Smits | 78 | +0,06 | 24.48 |
| 2. | De Biesboschzwemmers 1 | De Biesboschzwemmers | | 1:56.33 | | 1:56.04 | +0,76 | |
| | Harry Cornet | 71 | +0,76 | 26.43 | Annette Wijnja-Visser | 67 | +0,14 | 31.33 |
| | Paul Wijnja | 63 | +0,39 | 28.72 | Marjo Goelema-Koek | 69 | +0,42 | 29.56 |
| 3. | ZVVS 1 | ZVVS | | 2:07.60 | | 2:05.42 | +0,73 | |
| | Nadya Putter | 83 | +0,73 | 29.80 | Ada de Voogd | 59 | +0,37 | 34.64 |
| | Willem Putter | 45 | +0,55 | 34.18 | Bas van de Nouwelant | 80 | +0,56 | 26.80 |
| 4. | Triton 1 | Triton | | 2:09.71 | | 2:07.41 | +0,75 | |
| | Ronald Grove | 61 | +0,75 | 30.48 | Margriet Grove-Lingeman | 62 | +0,22 | 33.57 |
| | Paul Bunnik | 56 | +0,38 | 31.18 | Caroline Schreuder | 67 | +0,45 | 32.18 |
| 5. | WVZ 2 | WVZ | | 2:18.23 | | 2:11.82 | | |
| | Anita Steijger | 65 | | 37.38 | Monica Heinsbroek | 60 | +0,58 | 35.52 |
| | Richard Koudijs | 63 | +0,28 | 31.02 | Arthur van Strien | 63 | +0,19 | 27.90 |
| 6. | WVZ 5 | WVZ | | 2:07.09 | | 2:14.90 | +0,74 | |
| | John Stoffler | 63 | +0,74 | 31.91 | Vincent Eijt | 67 | +0,58 | 35.97 |
| | Susan Bréugem | 71 | +0,34 | 33.96 | Chita van der Goorbergh | 68 | +0,34 | 33.06 |

240+, Dames

| | | | | | | | | |
|----|----------------|-----------|-------|---------|---------------------------------|----------------|-------|-------|
| 1. | PSV 7 | PSV | | 3:07.07 | | 3:07.51 | | |
| | Lies Hartman | 56 | | 53.49 | Ineke Brouwers | 52 | +0,83 | 46.70 |
| | Anje Manuputty | 57 | +0,91 | 46.38 | Carla Hensen | 53 | +0,55 | 40.94 |
| 2. | Old Dutch 1 | Old Dutch | | 3:25.42 | | 3:26.79 | | |
| | Marie Smits | 38 | | 51.41 | Karin van Nassau van den Heuvel | 66 | | 40.16 |
| | Truus Ruiter | 40 | +0,73 | 1:00.77 | Mies Kuipers | 58 | +0,86 | 54.45 |

240+, Heren

| | | | | | | | | |
|----|--|------|-------|---------|----------------------|----------------|-------|-------|
| 1. | CNSW 3 <i>Belgisch Masters Record</i> | CNSW | | 2:05.99 | | 2:02.98 | +0,82 | |
| | Jean-Marie Cadiat | 53 | +0,82 | 30.19 | Philippe Godbille | 57 | +0,47 | 30.65 |
| | Frederic Robin | 69 | +0,27 | 27.27 | Luc Laloi | 53 | +0,44 | 34.87 |
| 2. | CNSW 4 | CNSW | | 2:20.93 | | 2:31.52 | +0,69 | |
| | Lionel Godeaux | 60 | +0,69 | 26.92 | Christian Schoenaers | 59 | +0,62 | 37.28 |
| | Juraj Sykora | 67 | +0,70 | 35.59 | Kevork Boyrazian | 44 | +0,51 | 51.73 |

Programmanr. 42, 4 x 50m vrije slag

240+, Gemengd

| | | | | | |
|----|----------------------------|----------------|---------|-----------------------|----------------|
| 1. | WS Twente 2 | WS Twente | 2:22.68 | 2:26.65 | +0,87 |
| | Hans Westerhof | 62 +0,87 | 28.29 | Marijke Kraak-Beckers | 60 +0,61 35.05 |
| | Antoinette Gilding-Tussaud | 50 +0,60 | 46.86 | Frans van Enst | 40 +0,55 36.45 |
| 2. | AZC 2 | AZC | 2:29.63 | 2:28.77 * | +0,88 |
| | Geza Kaltenecker | 42 +0,88 | 38.39 | Sandra Daamen-Posma | 68 +0,52 37.00 |
| | Wil Ponsioen-van Mil | 61 +0,66 | 41.05 | Wim de Lange | 58 +0,46 32.33 |
| 3. | Steenwijk 1934 1 | Steenwijk 1934 | 3:27.17 | 3:31.44 | |
| | Klaas Prins | 28 | 1:16.91 | Riekje Schra | 64 1:00.05 |
| | Wilna Heijman | 64 | 36.74 | Hans van Scheepen | 62 +0,85 37.74 |

280+, Dames

| | | | | | |
|----|----------------------------------|----------|---------|----------------|----------------|
| 1. | PSV 1 | PSV | 2:31.65 | 2:31.87 | +0,86 |
| | <i>Nederlands Masters Record</i> | | | | |
| | Corrie Verhoeven | 46 +0,86 | 37.62 | Ineke Weekers | 53 +0,24 36.11 |
| | Lottie Geurts | 35 +0,41 | 42.68 | Patty Krupiarz | 54 +0,52 35.46 |

280+, Heren

| | | | | | |
|----|--------------|----------|---------|----------------|----------------|
| 1. | PSV 5 | PSV | 2:55.63 | 2:56.98 | |
| | Rob Hemesath | 61 | 31.23 | Wim ter Laak | 40 +0,61 56.64 |
| | Rob Hanou | 43 +0,67 | 38.21 | Bob Berg | 33 +0,31 50.90 |

320+, Dames

| | | | | | |
|-------|-------|-----|---------|--|--|
| AFGEM | PSV 2 | PSV | 4:13.32 | | |
|-------|-------|-----|---------|--|--|