

2 - ONMK 2018 lb sessie 2

04-05-2018 - 9:00

Event 4

Men, 400m Freestyle

Masters Open
Results

04-05-2018 - 9:00

rang	naam	vereniging	inschrijftijd	tijd	RT	
Masters 20+						
1.	Robin van Beek	LZ 1886	4:17.66	199704023	4:28.28 +0,62	
	50m: 29.36	29.36	150m: 1:36.48	33.87	250m: 2:44.97	34.30
	100m: 1:02.61	33.25	200m: 2:10.67	34.19	300m: 3:19.80	34.83
					350m: 3:54.69	34.89
					400m: 4:28.28	33.59
2.	Emiel van Beusekom	Van Vliet-Barracuda	4:27.58	199403951	4:34.13 +0,79	
	50m: 30.02	30.02	150m: 1:38.40	34.71	250m: 2:49.00	35.34
	100m: 1:03.69	33.67	200m: 2:13.66	35.26	300m: 3:24.78	35.78
					350m: 3:59.91	35.13
					400m: 4:34.13	34.22
3.	Nordin Termoshuizen	WVZ	4:35.56	199605401	4:34.32 +0,73	
	50m: 30.25	30.25	150m: 1:38.95	35.56	250m: 2:49.59	35.52
	100m: 1:03.39	33.14	200m: 2:14.07	35.12	300m: 3:25.10	35.51
					350m: 4:00.07	34.97
					400m: 4:34.32	34.25
4.	Jeffrey Camphens	DWT	4:20.63	199503113	4:35.83 +0,62	
	50m: 30.03	30.03	150m: 1:39.83	35.13	250m: 2:51.20	35.34
	100m: 1:04.70	34.67	200m: 2:15.86	36.03	300m: 3:27.12	35.92
					350m: 4:02.13	35.01
					400m: 4:35.83	33.70
5.	Jordy van Oel	WVZ	4:42.74	199802003	4:40.81 +0,77	
	50m: 31.64	31.64	150m: 1:44.51	36.91	250m: 2:57.81	36.58
	100m: 1:07.60	35.96	200m: 2:21.23	36.72	300m: 3:33.19	35.38
					350m: 4:08.37	35.18
					400m: 4:40.81	32.44
6.	Lars Jacobsen	DWK	5:00.37	199705453	S14 4:57.79 +0,87 618	
	50m: 32.27	32.27	150m: 1:47.63	37.81	250m: 3:04.93	38.78
	100m: 1:09.82	37.55	200m: 2:26.15	38.52	300m: 3:44.03	39.10
					350m: 4:22.25	38.22
					400m: 4:57.79	35.54
7.	Patrick Wyrdean	Zwemvereniging Westland	4:58.82	199702475	4:58.24 +0,66	
	50m: 31.99	31.99	150m: 1:44.30	36.96	250m: 3:00.33	38.07
	100m: 1:07.34	35.35	200m: 2:22.26	37.96	300m: 3:39.09	38.76
					350m: 4:18.86	39.77
					400m: 4:58.24	39.38
Masters 25+						
1.	Timo Dinkelberg	Albion d'ELFT (SG)	4:23.81	199300773	4:22.03 +0,67	
	50m: 28.61	28.61	150m: 1:33.46	32.90	250m: 2:41.07	33.82
	100m: 1:00.56	31.95	200m: 2:07.25	33.79	300m: 3:15.40	34.33
					350m: 3:49.12	33.72
					400m: 4:22.03	32.91
2.	Tim Bunnik	Triton	4:39.29	199000505	4:40.18 +0,83	
	50m: 30.45	30.45	150m: 1:40.35	35.70	250m: 2:52.53	35.76
	100m: 1:04.65	34.20	200m: 2:16.77	36.42	300m: 3:28.73	36.20
					350m: 4:05.04	36.31
					400m: 4:40.18	35.14
3.	Pieter Pijnenburg	Nuenen	4:31.63	199305227	4:45.21 +0,72	
	50m: 30.24	30.24	150m: 1:40.01	35.55	250m: 2:53.58	37.33
	100m: 1:04.46	34.22	200m: 2:16.25	36.24	300m: 3:31.40	37.82
					350m: 4:09.33	37.93
					400m: 4:45.21	35.88
4.	Ruben de Boer	De Duinkickers	4:55.69	199301419	4:57.80 +0,69	
	50m: 32.78	32.78	150m: 1:47.33	37.85	250m: 3:03.93	38.37
	100m: 1:09.48	36.70	200m: 2:25.56	38.23	300m: 3:42.53	38.60
					350m: 4:20.79	38.26
					400m: 4:57.80	37.01
5.	Maik Steenkamp	Montferland	4:46.11	199103847	5:02.77 +0,79	
	50m: 32.79	32.79	150m: 1:46.78	37.49	250m: 3:03.86	38.87
	100m: 1:09.29	36.50	200m: 2:24.99	38.21	300m: 3:43.44	39.58
					350m: 4:23.92	40.48
					400m: 5:02.77	38.85
Masters 30+						
1.	Erik Schröder	TriVia	4:11.47	198402025	4:26.83 +0,84	
	50m: 29.48	29.48	150m: 1:36.72	34.04	250m: 2:44.92	34.18
	100m: 1:02.68	33.20	200m: 2:10.74	34.02	300m: 3:19.52	34.60
					350m: 3:53.53	34.01
					400m: 4:26.83	33.30
2.	Alex Schelvis	LinK	4:30.51	198702927	4:30.52 +0,76	
	50m: 30.77	30.77	150m: 1:37.51	33.74	250m: 2:46.04	34.43
	100m: 1:03.77	33.00	200m: 2:11.61	34.10	300m: 3:21.23	35.19
					350m: 3:55.99	34.76
					400m: 4:30.52	34.53
3.	Federico Cappello <i>Luxembourg Masters Record</i>	Swimming Luxembourg	4:26.67	9598	4:37.08 +0,81	
	50m: 29.36	29.36	150m: 1:34.49	33.10	250m: 2:45.85	36.36
	100m: 1:01.39	32.03	200m: 2:09.49	35.00	300m: 3:22.84	36.99
					350m: 4:00.75	37.91
					400m: 4:37.08	36.33
4.	Sander van Elburg	PSV	4:52.92	198800937	4:39.81 +0,78	
	50m: 30.91	30.91	150m: 1:40.30	35.13	250m: 2:52.07	36.16
	100m: 1:05.17	34.26	200m: 2:15.91	35.61	300m: 3:28.31	36.24
					350m: 4:04.57	36.26
					400m: 4:39.81	35.24

Event 4, Men, 400m Freestyle, Masters 30+

rang	naam	vereniging	inschrijftijd	tijd	RT			
5.	Niels Albrechts	SGGO (SG)	4:37.65	198800039	4:50.13 +0,78			
	50m: 32.18	32.18	150m: 1:44.61	36.73	250m: 2:59.14	37.75	350m: 4:15.12	37.97
	100m: 1:07.88	35.70	200m: 2:21.39	36.78	300m: 3:37.15	38.01	400m: 4:50.13	35.01
6.	Rob van Vliet	ZPC AMERSFOORT	4:38.61	198402459	4:57.29 +0,84			
	50m: 31.98	31.98	150m: 1:44.35	36.65	250m: 3:00.65	38.37	350m: 4:18.58	39.12
	100m: 1:07.70	35.72	200m: 2:22.28	37.93	300m: 3:39.46	38.81	400m: 4:57.29	38.71
7.	Mark Godwaldt	PSV	5:00.80	198701039	4:57.99 +0,86			
	50m: 32.83	32.83	150m: 1:46.95	37.55	250m: 3:04.56	38.76	350m: 4:21.80	38.84
	100m: 1:09.40	36.57	200m: 2:25.80	38.85	300m: 3:42.96	38.40	400m: 4:57.99	36.19
8.	Edward van Dootingh	ZV 44	5:36.24	198403341	5:37.25 +0,81			
	50m: 35.60	35.60	150m: 1:57.86	42.30	250m: 3:26.12	44.66	350m: 4:54.15	44.03
	100m: 1:15.56	39.96	200m: 2:41.46	43.60	300m: 4:10.12	44.00	400m: 5:37.25	43.10

Masters 35+

1.	Kristiaan Lenos	LZ 1886	4:23.60	198301331	4:32.44 +0,79			
	50m: 29.79	29.79	150m: 1:36.80	33.78	250m: 2:46.13	34.59	350m: 3:57.65	35.76
	100m: 1:03.02	33.23	200m: 2:11.54	34.74	300m: 3:21.89	35.76	400m: 4:32.44	34.79
2.	Gergely Molnár	Iron Aquatics	4:35.90		4:34.21 +0,79			
	50m: 31.78	31.78	150m: 1:40.80	34.52	250m: 2:50.22	34.50	350m: 3:59.97	34.78
	100m: 1:06.28	34.50	200m: 2:15.72	34.92	300m: 3:25.19	34.97	400m: 4:34.21	34.24
3.	Marcel Reefhuis	WS Twente	4:44.77	198101381	4:45.40 +0,78			
	50m: 31.84	31.84	150m: 1:43.17	36.23	250m: 2:56.11	36.41	350m: 4:10.00	37.04
	100m: 1:06.94	35.10	200m: 2:19.70	36.53	300m: 3:32.96	36.85	400m: 4:45.40	35.40
4.	Jim Geestman	Rotterdam Swimming (SG)	4:41.91	198300699	4:47.16 +0,74			
	50m: 31.64	31.64	150m: 1:42.94	36.10	250m: 2:57.23	37.28	350m: 4:12.07	37.45
	100m: 1:06.84	35.20	200m: 2:19.95	37.01	300m: 3:34.62	37.39	400m: 4:47.16	35.09
5.	Bart Groenemans	PLONS	4:52.27	198200551	4:55.91 +0,74			
	50m: 33.83	33.83	150m: 1:49.20	38.28	250m: 3:05.44	37.67	350m: 4:20.95	37.70
	100m: 1:10.92	37.09	200m: 2:27.77	38.57	300m: 3:43.25	37.81	400m: 4:55.91	34.96
6.	Frank v.d. Voordt	SGGO (SG)	4:43.87	198302259	4:59.25 +0,75			
	50m: 33.15	33.15	150m: 1:47.64	37.89	250m: 3:04.10	38.10	350m: 4:21.47	38.55
	100m: 1:09.75	36.60	200m: 2:26.00	38.36	300m: 3:42.92	38.82	400m: 4:59.25	37.78
7.	Freddie Geerlings	Zwemsport Parkstad (SG)	4:51.17	197900379	4:59.84 +0,92			
	50m: 32.17	32.17	150m: 1:46.27	37.99	250m: 3:04.02	38.88	350m: 4:23.30	39.57
	100m: 1:08.28	36.11	200m: 2:25.14	38.87	300m: 3:43.73	39.71	400m: 4:59.84	36.54
8.	Rob van Wanrooy	Gay Swim Amsterdam	5:27.40	198202627	5:06.77 +0,73			
	50m: 33.02	33.02	150m: 1:48.43	38.46	250m: 3:07.09	39.69	350m: 4:27.76	40.37
	100m: 1:09.97	36.95	200m: 2:27.40	38.97	300m: 3:47.39	40.30	400m: 5:06.77	39.01
9.	Bart Siczynski	MZ&PC	5:10.00	197901995	5:25.80 +0,70			
	50m: 34.86	34.86	150m: 1:52.30	39.75	250m: 3:16.05	42.39	350m: 4:42.84	43.41
	100m: 1:12.55	37.69	200m: 2:33.66	41.36	300m: 3:59.43	43.38	400m: 5:25.80	42.96
10.	Ingmar Kooman	LZ 1886	5:23.16	197901517	5:35.12 +0,72			
	50m: 35.13	35.13	150m: 1:59.10	43.13	250m: 3:27.27	44.34	350m: 4:54.04	43.25
	100m: 1:15.97	40.84	200m: 2:42.93	43.83	300m: 4:10.79	43.52	400m: 5:35.12	41.08

Masters 40+

1.	Dennis Brouwers	HZPC	4:32.42	197800167	4:41.25 +0,76			
	50m: 32.25	32.25	150m: 1:43.34	36.17	250m: 2:54.98	35.22	350m: 4:06.05	35.43
	100m: 1:07.17	34.92	200m: 2:19.76	36.42	300m: 3:30.62	35.64	400m: 4:41.25	35.20
2.	Ivo Roozeboom	WVZ	4:39.65	197700801	4:45.39 +0,76			
	50m: 31.66	31.66	150m: 1:45.33	37.29	250m: 2:59.05	36.63	350m: 4:11.42	35.87
	100m: 1:08.04	36.38	200m: 2:22.42	37.09	300m: 3:35.55	36.50	400m: 4:45.39	33.97
3.	Alex Damen	DAW	4:53.23	197501371	4:52.80 +0,89			
	50m: 32.15	32.15	150m: 1:45.05	37.12	250m: 3:00.14	37.58	350m: 4:16.35	37.90
	100m: 1:07.93	35.78	200m: 2:22.56	37.51	300m: 3:38.45	38.31	400m: 4:52.80	36.45
4.	Yannick Vanderborcht	Leuven Aquatics	5:22.69	11100/75	5:09.41 +0,89			
	50m: 33.23	33.23	150m: 1:49.50	39.26	250m: 3:10.44	40.58	350m: 4:31.14	40.30
	100m: 1:10.24	37.01	200m: 2:29.86	40.36	300m: 3:50.84	40.40	400m: 5:09.41	38.27
5.	Kees Bakker	Gay Swim Amsterdam	5:00.47	197501055	5:10.30 +0,62			
	50m: 33.84	33.84	150m: 1:48.40	37.77	250m: 3:07.56	39.84	350m: 4:29.85	41.11
	100m: 1:10.63	36.79	200m: 2:27.72	39.32	300m: 3:48.74	41.18	400m: 5:10.30	40.45

Event 4, Men, 400m Freestyle, Masters 40+

rang	naam	vereniging	inschrijftijd	tijd	RT
6.	Raymond Oosterbaan	WIDEX GZC DONK	5:08.89	197700711	5:12.07 +0,88
	50m: 32.63 32.63	150m: 1:49.10 39.35	250m: 3:10.18 40.66	350m: 4:32.66 41.04	
	100m: 1:09.75 37.12	200m: 2:29.52 40.42	300m: 3:51.62 41.44	400m: 5:12.07 39.41	
7.	Bas Broekhuis	MZ&PC	5:18.42	197601561	5:13.44 +0,99
	50m: 35.11 35.11	150m: 1:54.49 40.16	250m: 3:16.12 40.48	350m: 4:35.90 39.08	
	100m: 1:14.33 39.22	200m: 2:35.64 41.15	300m: 3:56.82 40.70	400m: 5:13.44 37.54	
8.	Svet Gavrilov	GLS Ketelbinkie	5:21.46	197501263	5:13.95 +0,81
	50m: 35.42 35.42	150m: 1:52.92 39.17	250m: 3:13.01 40.01	350m: 4:34.35 40.81	
	100m: 1:13.75 38.33	200m: 2:33.00 40.08	300m: 3:53.54 40.53	400m: 5:13.95 39.60	

Masters 45+

1.	Adolfo Ortiz Caballero	Club Natació L'Hospitalet	5:00.58		4:44.98 +0,89
	50m: 33.90 33.90	150m: 1:45.65 35.98	250m: 2:57.38 35.27	350m: 4:09.57 36.28	
	100m: 1:09.67 35.77	200m: 2:22.11 36.46	300m: 3:33.29 35.91	400m: 4:44.98 35.41	
2.	Maurice van den Berge	The Hague Swimming (SG)	4:54.64	196900087	4:53.27 +0,83
	50m: 32.56 32.56	150m: 1:46.08 37.42	250m: 3:01.41 37.69	350m: 4:16.68 37.52	
	100m: 1:08.66 36.10	200m: 2:23.72 37.64	300m: 3:39.16 37.75	400m: 4:53.27 36.59	
3.	Peter van Grootheest	ZV 44	4:53.06	197000375	5:17.93 +0,90
	50m: 35.46 35.46	150m: 1:55.32 40.19	250m: 3:16.74 40.74	350m: 4:38.73 41.16	
	100m: 1:15.13 39.67	200m: 2:36.00 40.68	300m: 3:57.57 40.83	400m: 5:17.93 39.20	
4.	Bruno Nahon	CNSW	4:55.17	000390/70	5:25.45 +0,91
	50m: 35.94 35.94	150m: 1:57.28 41.29	250m: 3:20.60 41.47	350m: 4:44.47 41.71	
	100m: 1:15.99 40.05	200m: 2:39.13 41.85	300m: 4:02.76 42.16	400m: 5:25.45 40.98	
5.	Chris Kouwenhoven	Steenwijk 1934	5:32.34	197101669	5:31.39 +0,92
	50m: 36.45 36.45	150m: 2:00.53 42.32	250m: 3:26.24 42.81	350m: 4:50.88 42.00	
	100m: 1:18.21 41.76	200m: 2:43.43 42.90	300m: 4:08.88 42.64	400m: 5:31.39 40.51	
6.	Ingmar de Gelder	ZOB'66	5:27.50	197000333	5:37.80 * +0,86
	50m: 35.43 35.43	150m: 1:59.44 43.73	250m: 3:29.12 45.26	350m: 4:56.33 42.57	
	100m: 1:15.71 40.28	200m: 2:43.86 44.42	300m: 4:13.76 44.64	400m: 5:37.80 41.47	
7.	Wouter van der Stelt	Den Doorn	5:40.21	197200889	5:43.60 +0,84
	50m: 37.09 37.09	150m: 2:01.91 43.37	250m: 3:30.83 44.57	350m: 5:00.36 44.99	
	100m: 1:18.54 41.45	200m: 2:46.26 44.35	300m: 4:15.37 44.54	400m: 5:43.60 43.24	
8.	Marcel Brittijn	De Duinkickers	5:52.68	196900159	6:14.17 +0,66
	50m: 37.44 37.44	150m: 2:09.31 48.10	250m: 3:48.43 50.06	350m: 5:29.35 50.76	
	100m: 1:21.21 43.77	200m: 2:58.37 49.06	300m: 4:38.59 50.16	400m: 6:14.17 44.82	

Masters 50+

1.	Gusev Vladimir	Troyka	4:29.28		4:37.49 +0,73
	<i>Kampioenschaps Record</i>				
	50m: 31.93 31.93	150m: 1:40.56 35.01	250m: 2:51.01 35.33	350m: 4:02.30 35.74	
	100m: 1:05.55 33.62	200m: 2:15.68 35.12	300m: 3:26.56 35.55	400m: 4:37.49 35.19	
2.	Glen le Clercq	De Rog	4:43.19	196800177	4:50.51 +0,78
	50m: 32.97 32.97	150m: 1:47.57 37.18	250m: 3:01.40 36.53	350m: 4:14.67 36.41	
	100m: 1:10.39 37.42	200m: 2:24.87 37.30	300m: 3:38.26 36.86	400m: 4:50.51 35.84	
3.	Jo-An Mudde	Arethusa	4:54.99	196701457	4:58.20 * +0,82
	50m: 33.41 33.41	150m: 1:47.26 37.21	250m: 3:02.50 37.55	350m: 4:18.90 38.63	
	100m: 1:10.05 36.64	200m: 2:24.95 37.69	300m: 3:40.27 37.77	400m: 4:58.20 39.30	
4.	Erlend Alstad	I.L. Varg	4:26.35		5:01.42 +0,77
	50m: 32.96 32.96	150m: 1:48.04 38.20	250m: 3:05.06 39.11	350m: 4:22.94 38.75	
	100m: 1:09.84 36.88	200m: 2:25.95 37.91	300m: 3:44.19 39.13	400m: 5:01.42 38.48	
5.	Jan-Willem van den Berg	WVZ	4:48.87	196801575	5:13.12 +0,74
	50m: 33.99 33.99	150m: 1:53.64 40.35	250m: 3:15.03 40.62	350m: 4:35.50 40.11	
	100m: 1:13.29 39.30	200m: 2:34.41 40.77	300m: 3:55.39 40.36	400m: 5:13.12 37.62	
6.	Davy Aerts	Shark	5:13.42	10452/64	5:13.38 +0,82
	50m: 35.75 35.75	150m: 1:55.61 40.43	250m: 3:16.17 40.21	350m: 4:35.95 39.59	
	100m: 1:15.18 39.43	200m: 2:35.96 40.35	300m: 3:56.36 40.19	400m: 5:13.38 37.43	
7.	Ralf Dillig	Duisburger ST	5:11.22	060769	5:19.91 +0,90
	50m: 34.37 34.37	150m: 1:53.12 40.30	250m: 3:15.98 41.18	350m: 4:39.16 41.71	
	100m: 1:12.82 38.45	200m: 2:34.80 41.68	300m: 3:57.45 41.47	400m: 5:19.91 40.75	
8.	Francis Roosen	VZV Njord	5:10.88	196801581	5:21.71 +0,73
	50m: 35.85 35.85	150m: 1:56.99 41.32	250m: 3:20.86 41.95	350m: 4:43.36 40.15	
	100m: 1:15.67 39.82	200m: 2:38.91 41.92	300m: 4:03.21 42.35	400m: 5:21.71 38.35	

Event 4, Men, 400m Freestyle, Masters 50+

rang	naam	vereniging	inschrijftijd	tijd	RT			
9.	Fred Dijkshoorn	Zwemvereniging Westland	5:35.39	196501539	5:28.54 +0,78			
	50m: 37.06	37.06	150m: 2:01.42	42.96	250m: 3:27.85	42.88	350m: 4:50.61	40.50
	100m: 1:18.46	41.40	200m: 2:44.97	43.55	300m: 4:10.11	42.26	400m: 5:28.54	37.93
10.	Roy le Clercq	De Rog	5:44.66	196401041	5:42.84 +0,94			
	50m: 35.36	35.36	150m: 2:00.09	43.10	250m: 3:29.16	44.40	350m: 4:58.62	44.73
	100m: 1:16.99	41.63	200m: 2:44.76	44.67	300m: 4:13.89	44.73	400m: 5:42.84	44.22
11.	Joost de Kroon	AquAmigos	5:30.57	196400999	5:54.45			
	50m: 38.21	38.21	150m: 2:08.48	47.01	250m: 3:42.21	47.01	350m: 5:12.52	44.30
	100m: 1:21.47	43.26	200m: 2:55.20	46.72	300m: 4:28.22	46.01	400m: 5:54.45	41.93
12.	Vincent Eijt	WVZ	6:43.73	196701735	6:35.22 +0,94			
	50m: 40.40	40.40	150m: 2:20.23	50.01	250m: 4:04.51	52.81	350m: 5:46.80	50.58
	100m: 1:30.22	49.82	200m: 3:11.70	51.47	300m: 4:56.22	51.71	400m: 6:35.22	48.42

Masters 55+

1.	Johan Remmits	ZPC Woerden	4:45.56	196201159	4:56.63 +0,87			
	50m: 33.61	33.61	150m: 1:48.93	38.07	250m: 3:04.31	37.57	350m: 4:20.02	38.03
	100m: 1:10.86	37.25	200m: 2:26.74	37.81	300m: 3:41.99	37.68	400m: 4:56.63	36.61
2.	Hans Westerhof	WS Twente	5:30.27	196200743	5:16.65 +0,96			
	50m: 36.97	36.97	150m: 1:57.60	40.84	250m: 3:18.65	40.48	350m: 4:38.53	39.77
	100m: 1:16.76	39.79	200m: 2:38.17	40.57	300m: 3:58.76	40.11	400m: 5:16.65	38.12
3.	Eric Langhorst	De Rijn	5:33.81	196200389	5:28.55 +0,80			
	50m: 36.24	36.24	150m: 2:00.03	42.88	250m: 3:26.25	42.97	350m: 4:50.04	41.48
	100m: 1:17.15	40.91	200m: 2:43.28	43.25	300m: 4:08.56	42.31	400m: 5:28.55	38.51
4.	Robin Prins	De Geul	5:29.59	196200515	5:42.84 +0,85			
	50m: 38.11	38.11	150m: 2:04.37	44.24	250m: 3:33.38	44.20	350m: 5:01.77	43.70
	100m: 1:20.13	42.02	200m: 2:49.18	44.81	300m: 4:18.07	44.69	400m: 5:42.84	41.07

Masters 60+

1.	Marten de Groot	HZ&PC Heerenveen	4:44.28	195800149	4:50.00 +0,81			
	<i>Kampioenschaps Record</i>							
	50m: 33.16	33.16	150m: 1:47.49	37.09	250m: 3:01.49	36.90	350m: 4:15.68	36.86
	100m: 1:10.40	37.24	200m: 2:24.59	37.10	300m: 3:38.82	37.33	400m: 4:50.00	34.32
2.	Paul Bunnik	Triton	5:47.27	195600413	5:44.33 +0,78			
	50m: 36.49	36.49	150m: 2:01.91	43.80	250m: 3:32.28	45.32	350m: 5:03.10	45.60
	100m: 1:18.11	41.62	200m: 2:46.96	45.05	300m: 4:17.50	45.22	400m: 5:44.33	41.23
3.	Wolfgang Rossa	TPSK 1925 e.V.	5:49.64	396833	5:48.64			
	50m: 38.34	38.34	150m: 2:05.22	44.29	250m: 3:35.27	45.06	350m: 5:06.42	45.40
	100m: 1:20.93	42.59	200m: 2:50.21	44.99	300m: 4:21.02	45.75	400m: 5:48.64	42.22
4.	Lex Hoogendam	ZZ&PC De Devel	5:53.59	195700541	6:22.00 +0,90			
	50m: 38.97	38.97	150m: 2:12.72	48.22	250m: 3:50.69	49.43	350m: 5:32.36	50.95
	100m: 1:24.50	45.53	200m: 3:01.26	48.54	300m: 4:41.41	50.72	400m: 6:22.00	49.64

WDR Peter Molecz SC Diana 5:40.58 19219

Masters 65+

1.	Piet Schop	De Bevelanders	6:29.68	195000109	6:31.39 +0,61			
	50m: 41.98	41.98	150m: 2:21.23	50.14	250m: 4:03.52	51.99	350m: 5:47.74	51.89
	100m: 1:31.09	49.11	200m: 3:11.53	50.30	300m: 4:55.85	52.33	400m: 6:31.39	43.65
2.	Hilbert Prins	OEZA	6:18.22	195100223	6:44.91 +0,97			
	50m: 43.74	43.74	150m: 2:24.39	51.35	250m: 4:08.76	52.37	350m: 5:53.74	52.76
	100m: 1:33.04	49.30	200m: 3:16.39	52.00	300m: 5:00.98	52.22	400m: 6:44.91	51.17

Masters 70+

1.	Wout Hemmes	De Plons	5:55.02	194800059	6:10.21 +0,91			
	50m: 40.31	40.31	150m: 2:14.18	47.86	250m: 3:49.70	47.44	350m: 5:24.78	47.67
	100m: 1:26.32	46.01	200m: 3:02.26	48.08	300m: 4:37.11	47.41	400m: 6:10.21	45.43
2.	Willem Putter	ZVVS	6:19.16	194500135	6:31.33			
	50m: 42.04	42.04	150m: 2:19.90	50.70	250m: 4:03.09	51.89	350m: 5:44.35	50.24
	100m: 1:29.20	47.16	200m: 3:11.20	51.30	300m: 4:54.11	51.02	400m: 6:31.33	46.98

Event 4, Men, 400m Freestyle, Masters 70+

rang	naam	vereniging	inschrijftijd	tijd	RT
WDR	Pieter Schillemans	WZ&PC Purmerend	6:50.43	194600141	

Masters 75+

1.	Rob Hanou	PSV	6:31.41	194300109	6:36.22	+0,78
	<i>Kampioenschaps Record</i>					
	50m: 42.77	42.77	150m: 2:23.99	51.12	250m: 4:07.34	51.52
	100m: 1:32.87	50.10	200m: 3:15.82	51.83	300m: 4:59.09	51.75
					350m: 5:50.17	51.08
					400m: 6:36.22	46.05
2.	Frans van Enst	WS Twente	6:48.10	194000011	7:01.63	
	50m: 45.62	45.62	150m: 2:34.93	55.00	250m: 4:24.45	54.78
	100m: 1:39.93	54.31	200m: 3:29.67	54.74	300m: 5:19.98	55.53
					350m: 6:13.07	53.09
					400m: 7:01.63	48.56
3.	Geza Kaltenecker	AZC	7:00.79	194200065	7:28.27	+0,87
	50m: 45.05	45.05	150m: 2:38.76	58.09	250m: 4:36.48	58.68
	100m: 1:40.67	55.62	200m: 3:37.80	59.04	300m: 5:35.54	59.06
					350m: 6:34.82	59.28
					400m: 7:28.27	53.45
4.	Otto Schleich	SV Langenfeld 1912	8:07.11	315352	8:47.93	
	50m: 56.71	56.71	150m: 3:10.07	1:06.79	250m: 5:26.22	1:07.62
	100m: 2:03.28	1:06.57	200m: 4:18.60	1:08.53	300m: 6:34.84	1:08.62
					350m: 7:42.30	1:07.46
					400m: 8:47.93	1:05.63

Masters 80+

1.	Frederik-Henrik De-Bruijn	CN AquaMasters	6:24.40	0X0345415	6:38.12	+0,97
	<i>Kampioenschaps Record</i>					
	50m: 45.70	45.70	150m: 2:25.95	50.73	250m: 4:07.67	50.80
	100m: 1:35.22	49.52	200m: 3:16.87	50.92	300m: 4:59.20	51.53
					350m: 5:49.66	50.46
					400m: 6:38.12	48.46
2.	Gregor Pompen	Aqua-Novio'94	7:59.16	193700021	8:24.89	
	50m: 56.16	56.16	150m: 3:02.12	1:04.50	250m: 5:13.18	1:05.42
	100m: 1:57.62	1:01.46	200m: 4:07.76	1:05.64	300m: 6:18.33	1:05.15
					350m: 7:22.91	1:04.58
					400m: 8:24.89	1:01.98

Masters 85+

1.	Bob Berg	PSV	8:51.36	193300011	8:39.11	
	<i>Nederlands Masters Record, tt 200m NMR</i>					
	50m: 52.64	52.64	150m: 3:03.57	1:04.33	250m: 5:20.27	1:08.33
	100m: 1:59.24	1:06.60	200m: 4:11.94	1:08.37	300m: 6:27.59	1:07.32
					350m: 7:35.37	1:07.78
					400m: 8:39.11	1:03.74

Event 5
04-05-2018 - 10:02

Women, 400m Freestyle

Masters Open
Results

rang	naam	vereniging	inschrijftijd	tijd	RT	
Masters 20+						
1.	Jamilla van Veen	ZPC Woerden	4:37.11	199603192	4:36.40	+0,77
	50m: 30.77	30.77	150m: 1:40.62	35.32	250m: 2:51.51	35.01
	100m: 1:05.30	34.53	200m: 2:16.50	35.88	300m: 3:27.34	35.83
					350m: 4:02.56	35.22
					400m: 4:36.40	33.84
2.	Madelon Dijkstra	ZPCH	4:22.65	199703510	4:38.34	+0,87
	50m: 31.17	31.17	150m: 1:40.77	35.13	250m: 2:51.53	35.39
	100m: 1:05.64	34.47	200m: 2:16.14	35.37	300m: 3:27.25	35.72
					350m: 4:02.89	35.64
					400m: 4:38.34	35.45
3.	Tamara Grove	De Dolfijn	4:40.18	199601266	4:44.31	+0,70
	50m: 31.75	31.75	150m: 1:42.91	35.94	250m: 2:55.54	36.07
	100m: 1:06.97	35.22	200m: 2:19.47	36.56	300m: 3:32.24	36.70
					350m: 4:08.73	36.49
					400m: 4:44.31	35.58
4.	Melissa van der Geld	De Warande	4:52.63	199506250	4:49.50	+0,70
	50m: 31.80	31.80	150m: 1:42.69	35.94	250m: 2:57.42	37.65
	100m: 1:06.75	34.95	200m: 2:19.77	37.08	300m: 3:35.09	37.67
					350m: 4:12.88	37.79
					400m: 4:49.50	36.62
5.	Fiona Meuffels	RZ	5:09.57	199504366	4:57.51	+0,67
	50m: 32.01	32.01	150m: 1:46.56	37.62	250m: 3:03.61	38.98
	100m: 1:08.94	36.93	200m: 2:24.63	38.07	300m: 3:42.74	39.13
					350m: 4:21.41	38.67
					400m: 4:57.51	36.10
6.	Chantal Beijer	DWT	4:52.12	199700884	5:08.07	+0,74
	50m: 34.08	34.08	150m: 1:50.23	38.55	250m: 3:09.13	39.90
	100m: 1:11.68	37.60	200m: 2:29.23	39.00	300m: 3:49.63	40.50
					350m: 4:29.40	39.77
					400m: 5:08.07	38.67

Event 5, Women, 400m Freestyle, Masters 20+

rang	naam	vereniging	inschrijftijd	tijd	RT
7.	Samira Mijnen	WZ&PC Purmerend	5:14.26	199701320	5:12.43 +0,79
	50m: 34.01 34.01	150m: 1:51.66 39.38	250m: 3:11.99 39.86	350m: 4:33.44 40.23	
	100m: 1:12.28 38.27	200m: 2:32.13 40.47	300m: 3:53.21 41.22	400m: 5:12.43 38.99	
8.	Richenne Zeebregts	Nuenen	4:58.07	199801818	5:14.09 +0,63
	50m: 33.63 33.63	150m: 1:49.90 38.77	250m: 3:11.91 41.53	350m: 4:34.62 41.69	
	100m: 1:11.13 37.50	200m: 2:30.38 40.48	300m: 3:52.93 41.02	400m: 5:14.09 39.47	
9.	Moniek van Langevelde	ESCA Zwemmen	5:14.99	199803160	5:17.63 +0,73
	50m: 35.45 35.45	150m: 1:54.48 40.41	250m: 3:16.34 40.96	350m: 4:39.02 41.18	
	100m: 1:14.07 38.62	200m: 2:35.38 40.90	300m: 3:57.84 41.50	400m: 5:17.63 38.61	
10.	Chantal van der Vaart	ZVVS	5:17.00	199802266	5:20.55 +0,78
	50m: 35.50 35.50	150m: 1:55.62 40.85	250m: 3:17.67 41.20	350m: 4:40.31 41.41	
	100m: 1:14.77 39.27	200m: 2:36.47 40.85	300m: 3:58.90 41.23	400m: 5:20.55 40.24	
11.	Moniek Heemskerck	LZ 1886	4:55.66	199601964	5:22.77 +0,72
	50m: 33.85 33.85	150m: 1:52.84 40.33	250m: 3:16.04 41.82	350m: 4:40.46 42.31	
	100m: 1:12.51 38.66	200m: 2:34.22 41.38	300m: 3:58.15 42.11	400m: 5:22.77 42.31	
12.	Sanne de Roo	ZZ&PC De Devel	5:26.77	199501934	5:33.27 +0,87
	50m: 37.24 37.24	150m: 1:59.02 41.12	250m: 3:24.02 42.81	350m: 4:49.77 43.07	
	100m: 1:17.90 40.66	200m: 2:41.21 42.19	300m: 4:06.70 42.68	400m: 5:33.27 43.50	
13.	Lenneke Bagijn	De Duck	5:37.23	199604992	5:33.94 +0,76
	50m: 35.59 35.59	150m: 1:56.94 41.32	250m: 3:23.08 43.46	350m: 4:51.11 43.97	
	100m: 1:15.62 40.03	200m: 2:39.62 42.68	300m: 4:07.14 44.06	400m: 5:33.94 42.83	
14.	Charine de Ruiter	Steenwijk 1934	5:39.76	199403668	5:52.31 * +0,84
	50m: 37.22 37.22	150m: 2:03.39 44.32	250m: 3:34.09 45.69	350m: 5:07.86 47.38	
	100m: 1:19.07 41.85	200m: 2:48.40 45.01	300m: 4:20.48 46.39	400m: 5:52.31 44.45	
15.	Anouk van der Lans	Zwemvereniging Westland	5:31.77	199801614	5:53.02 +0,76
	50m: 35.84 35.84	150m: 2:00.66 43.80	250m: 3:31.53 46.23	350m: 5:07.05 47.76	
	100m: 1:16.86 41.02	200m: 2:45.30 44.64	300m: 4:19.29 47.76	400m: 5:53.02 45.97	
16.	Maranka Huitema	Steenwijk 1934	6:27.98	199500302	6:24.91 +0,87
	50m: 40.14 40.14	150m: 2:15.82 49.35	250m: 3:55.61 50.54	350m: 5:36.58 50.07	
	100m: 1:26.47 46.33	200m: 3:05.07 49.25	300m: 4:46.51 50.90	400m: 6:24.91 48.33	
17.	Daniëlle Ooms	PSV	6:30.98	199606794	6:32.12 +0,86
	50m: 42.66 42.66	150m: 2:20.38 50.06	250m: 4:02.52 50.94	350m: 5:44.77 50.85	
	100m: 1:30.32 47.66	200m: 3:11.58 51.20	300m: 4:53.92 51.40	400m: 6:32.12 47.35	
18.	Cynthia van Veen	ZPC Woerden	6:19.94	199606736	6:32.40 +0,75
	50m: 39.84 39.84	150m: 2:18.98 50.95	250m: 4:01.78 52.19	350m: 5:45.96 51.79	
	100m: 1:28.03 48.19	200m: 3:09.59 50.61	300m: 4:54.17 52.39	400m: 6:32.40 46.44	
WDR	Marieke Ipema	LZ 1886	5:46.93	199401290	

Masters 25+

1.	Maaïke Vooren	DAW	4:46.61	199103324	4:44.84 +0,84
	50m: 32.62 32.62	150m: 1:45.33 36.59	250m: 2:57.89 36.03	350m: 4:10.06 36.03	
	100m: 1:08.74 36.12	200m: 2:21.86 36.53	300m: 3:34.03 36.14	400m: 4:44.84 34.78	
2.	Désirée Emmen	De Warande	5:02.83	199204862	4:58.17 +0,51
	50m: 32.48 32.48	150m: 1:46.23 37.78	250m: 3:02.27 38.40	350m: 4:19.86 39.26	
	100m: 1:08.45 35.97	200m: 2:23.87 37.64	300m: 3:40.60 38.33	400m: 4:58.17 38.31	
3.	Elmi Roelofsen	ZVV	5:13.52	199008198	5:08.76 +0,91
	50m: 34.06 34.06	150m: 1:50.19 38.10	250m: 3:07.89 38.32	350m: 4:29.05 40.75	
	100m: 1:12.09 38.03	200m: 2:29.57 39.38	300m: 3:48.30 40.41	400m: 5:08.76 39.71	
4.	Nanda de Vries	Steenwijk 1934	5:13.53	199204328	5:09.77 +0,83
	50m: 32.20 32.20	150m: 1:48.25 38.95	250m: 3:08.91 40.79	350m: 4:30.44 40.85	
	100m: 1:09.30 37.10	200m: 2:28.12 39.87	300m: 3:49.59 40.68	400m: 5:09.77 39.33	
5.	Mandy Verbakel	ZPC Woerden	4:59.26	199003908	5:10.30 +0,85
	50m: 32.90 32.90	150m: 1:48.86 38.69	250m: 3:09.02 40.18	350m: 4:30.61 40.70	
	100m: 1:10.17 37.27	200m: 2:28.84 39.98	300m: 3:49.91 40.89	400m: 5:10.30 39.69	
6.	Wendy de Bruin	ZOB'66	5:07.64	199206320	5:11.68 +0,62
	50m: 33.94 33.94	150m: 1:51.61 39.35	250m: 3:11.66 40.11	350m: 4:32.72 40.25	
	100m: 1:12.26 38.32	200m: 2:31.55 39.94	300m: 3:52.47 40.81	400m: 5:11.68 38.96	
7.	Clara Van Roeyen	GBZ	5:31.02	20082/90	5:24.74 +0,96
	50m: 35.97 35.97	150m: 1:57.01 41.36	250m: 3:20.53 42.10	350m: 4:43.86 41.66	
	100m: 1:15.65 39.68	200m: 2:38.43 41.42	300m: 4:02.20 41.67	400m: 5:24.74 40.88	
8.	Getrude Corporaal	Steenwijk 1934	5:20.98	199200380	5:28.98 +0,81
	50m: 34.96 34.96	150m: 1:54.76 40.93	250m: 3:20.31 43.73	350m: 4:48.04 43.52	
	100m: 1:13.83 38.87	200m: 2:36.58 41.82	300m: 4:04.52 44.21	400m: 5:28.98 40.94	

Event 5, Women, 400m Freestyle, Masters 25+

rang	naam	vereniging	inschrijftijd	tijd	RT
9.	Suzan Blankestijn	LZ 1886	5:14.96	198900350	5:35.87 +0,80
	50m: 35.38 35.38	150m: 1:58.91 42.94	250m: 3:26.20 44.18	350m: 4:53.54 43.91	
	100m: 1:15.97 40.59	200m: 2:42.02 43.11	300m: 4:09.63 43.43	400m: 5:35.87 42.33	
10.	Jacoline van den Beukel	Zwemvereniging Westland	5:39.73	199100238	5:37.70 +0,73
	50m: 36.94 36.94	150m: 2:01.97 42.89	250m: 3:28.00 43.48	350m: 4:55.08 43.93	
	100m: 1:19.08 42.14	200m: 2:44.52 42.55	300m: 4:11.15 43.15	400m: 5:37.70 42.62	
11.	Sarina Paulussen	RZ	5:37.77	199307426	5:39.67 +0,75
	50m: 36.34 36.34	150m: 2:01.65 43.49	250m: 3:29.24 44.05	350m: 4:57.07 43.60	
	100m: 1:18.16 41.82	200m: 2:45.19 43.54	300m: 4:13.47 44.23	400m: 5:39.67 42.60	
12.	Ilse Blankvoort	Steenwijk 1934	5:47.36	199204458	5:39.78 +0,93
	50m: 37.54 37.54	150m: 2:02.50 42.96	250m: 3:29.52 43.21	350m: 4:56.61 43.11	
	100m: 1:19.54 42.00	200m: 2:46.31 43.81	300m: 4:13.50 43.98	400m: 5:39.78 43.17	
13.	Myrthe Lampe	ZZ&PC De Devel	5:18.70	199002236	5:40.11 +0,90
	50m: 36.61 36.61	150m: 2:01.58 43.27	250m: 3:28.93 44.10	350m: 4:57.11 43.85	
	100m: 1:18.31 41.70	200m: 2:44.83 43.25	300m: 4:13.26 44.33	400m: 5:40.11 43.00	
14.	Marjan Rikken	ZVV	5:38.39	199206114	5:40.53 +0,93
	50m: 37.43 37.43	150m: 2:02.50 42.83	250m: 3:29.98 43.79	350m: 4:58.41 43.85	
	100m: 1:19.67 42.24	200m: 2:46.19 43.69	300m: 4:14.56 44.58	400m: 5:40.53 42.12	
15.	Rolijn van Vught	PSV	6:04.33	199004110	6:12.53 +0,80
	50m: 38.50 38.50	150m: 2:10.06 47.42	250m: 3:47.65 48.53	350m: 5:26.30 49.27	
	100m: 1:22.64 44.14	200m: 2:59.12 49.06	300m: 4:37.03 49.38	400m: 6:12.53 46.23	
16.	Bieke Vanslebrouck	ROSC	6:56.16	21095/92	6:40.90
	50m: 43.50 43.50	150m: 2:22.95 50.97	250m: 4:07.35 52.05	350m: 5:51.71 51.86	
	100m: 1:31.98 48.48	200m: 3:15.30 52.35	300m: 4:59.85 52.50	400m: 6:40.90 49.19	
17.	Claudia Creemers	RZ	6:41.60	199202864	6:46.52 +0,78
	50m: 40.81 40.81	150m: 2:18.40 49.73	250m: 4:04.82 53.71	350m: 5:54.39 54.76	
	100m: 1:28.67 47.86	200m: 3:11.11 52.71	300m: 4:59.63 54.81	400m: 6:46.52 52.13	
18.	Martine Stam	Albion d'ELFT (SG)	6:54.92	199307942	7:11.37 +0,77
	50m: 46.01 46.01	150m: 2:32.71 54.70	250m: 4:25.55 56.10	350m: 6:17.00 55.16	
	100m: 1:38.01 52.00	200m: 3:29.45 56.74	300m: 5:21.84 56.29	400m: 7:11.37 54.37	

Masters 30+

1.	Marlijn Hendriksen	Hieronymus	4:42.93	198806828	4:49.04 +0,71
	50m: 33.65 33.65	150m: 1:46.28 36.64	250m: 2:59.48 36.37	350m: 4:13.08 36.81	
	100m: 1:09.64 35.99	200m: 2:23.11 36.83	300m: 3:36.27 36.79	400m: 4:49.04 35.96	
2.	Viktória Felföldi	Iron Aquatics	4:43.05		4:58.00 +0,84
	50m: 33.64 33.64	150m: 1:47.78 37.41	250m: 3:03.63 38.42	350m: 4:20.51 38.50	
	100m: 1:10.37 36.73	200m: 2:25.21 37.43	300m: 3:42.01 38.38	400m: 4:58.00 37.49	
3.	Pauline Tieleman	De Warande	5:17.33	198403348	5:14.72 +0,61
	50m: 35.26 35.26	150m: 1:55.32 40.45	250m: 3:16.07 40.33	350m: 4:36.26 39.97	
	100m: 1:14.87 39.61	200m: 2:35.74 40.42	300m: 3:56.29 40.22	400m: 5:14.72 38.46	
4.	Isaline Manchel	CNSW	5:34.65	001284/85	5:39.55 +0,86
	50m: 39.32 39.32	150m: 2:05.50 43.41	250m: 3:30.41 42.41	350m: 4:56.99 43.33	
	100m: 1:22.09 42.77	200m: 2:48.00 42.50	300m: 4:13.66 43.25	400m: 5:39.55 42.56	
5.	Liesbeth van Mill	DWK	5:39.49	198702786	5:46.48 +0,84
	50m: 37.24 37.24	150m: 2:02.55 43.35	250m: 3:30.41 44.20	350m: 5:01.47 46.15	
	100m: 1:19.20 41.96	200m: 2:46.21 43.66	300m: 4:15.32 44.91	400m: 5:46.48 45.01	
6.	Joan Fonteine	Zwemclub Koewacht	6:09.56	198805148	6:00.24 +0,97
	50m: 39.12 39.12	150m: 2:07.62 45.31	250m: 3:40.40 46.55	350m: 5:14.69 47.34	
	100m: 1:22.31 43.19	200m: 2:53.85 46.23	300m: 4:27.35 46.95	400m: 6:00.24 45.55	
7.	Kathleen Laloi	CNSW	5:33.20	007830/88	6:06.04 +0,94
	50m: 37.53 37.53	150m: 2:06.20 46.27	250m: 3:41.54 47.83	350m: 5:19.02 48.78	
	100m: 1:19.93 42.40	200m: 2:53.71 47.51	300m: 4:30.24 48.70	400m: 6:06.04 47.02	

Masters 35+

1.	Stephanie Vaernewyck	MEGA-zwemteam	4:58.60	20352/83	4:57.10 +0,83
	50m: 33.48 33.48	150m: 1:47.80 37.75	250m: 3:03.19 37.86	350m: 4:19.21 38.34	
	100m: 1:10.05 36.57	200m: 2:25.33 37.53	300m: 3:40.87 37.68	400m: 4:57.10 37.89	
2.	Anke Lambooj	De Vliet (SG)	5:02.28	198001182	5:18.20 +0,92
	50m: 33.63 33.63	150m: 1:51.04 39.67	250m: 3:12.98 41.14	350m: 4:36.82 42.25	
	100m: 1:11.37 37.74	200m: 2:31.84 40.80	300m: 3:54.57 41.59	400m: 5:18.20 41.38	

Event 5, Women, 400m Freestyle, Masters 35+

rang	naam	vereniging	inschrijftijd	tijd	RT	
3.	Linda Hoogendam	WVZ	5:20.25	198300892	5:34.15 +0,74	
	50m: 36.46	36.46	150m: 2:00.84	42.94	250m: 3:26.92	43.57
	100m: 1:17.90	41.44	200m: 2:43.35	42.51	300m: 4:10.42	43.50
					350m: 4:53.87	43.45
					400m: 5:34.15	40.28
4.	Rianne van Vegchelen	ZV 44	6:36.91	198101530	7:03.38	
	50m: 45.10	45.10	150m: 2:27.75	52.17	250m: 4:15.81	54.07
	100m: 1:35.58	50.48	200m: 3:21.74	53.99	300m: 5:09.96	54.15
					350m: 6:11.54	1:01.58
					400m: 7:03.38	51.84

Masters 40+

1.	Liselotte Joling	PSV	4:54.88	197500268	5:02.58 +0,83	
	50m: 34.82	34.82	150m: 1:51.38	38.78	250m: 3:08.33	37.91
	100m: 1:12.60	37.78	200m: 2:30.42	39.04	300m: 3:47.36	39.03
					350m: 4:25.41	38.05
					400m: 5:02.58	37.17
2.	Petra Guijt	Aqua-Novio'94	5:28.84	197600978	5:30.97 +0,96	
	50m: 36.41	36.41	150m: 1:59.34	41.90	250m: 3:24.64	42.52
	100m: 1:17.44	41.03	200m: 2:42.12	42.78	300m: 4:07.36	42.72
					350m: 4:49.74	42.38
					400m: 5:30.97	41.23
3.	Ingeborg Speelman Hamelink	Zwemclub Koewacht	5:48.74	197601028	6:01.66 +0,82	
	50m: 38.21	38.21	150m: 2:04.83	44.46	250m: 3:37.88	46.97
	100m: 1:20.37	42.16	200m: 2:50.91	46.08	300m: 4:25.12	47.24
					350m: 5:13.63	48.51
					400m: 6:01.66	48.03
4.	Babette Rens	SWOL 1894	6:09.45	197801200	6:03.12 +0,85	
	50m: 39.43	39.43	150m: 2:08.62	45.63	250m: 3:42.13	47.03
	100m: 1:22.99	43.56	200m: 2:55.10	46.48	300m: 4:29.73	47.60
					350m: 5:17.56	47.83
					400m: 6:03.12	45.56
5.	Cindy Hillekens	AquAmigos	6:46.35	197801324	6:31.66 +0,95	
	50m: 40.91	40.91	150m: 2:17.36	49.49	250m: 3:59.77	51.37
	100m: 1:27.87	46.96	200m: 3:08.40	51.04	300m: 4:51.18	51.41
					350m: 5:42.96	51.78
					400m: 6:31.66	48.70
6.	Clementine van Bruxvoort	ZPB H&L Productions	6:48.85	197700138	6:56.75 +0,91	
	50m: 46.21	46.21	150m: 2:32.23	53.67	250m: 4:19.96	54.27
	100m: 1:38.56	52.35	200m: 3:25.69	53.46	300m: 5:13.83	53.87
					350m: 6:07.19	53.36
					400m: 6:56.75	49.56
7.	Sandra van der Helm	De Rog	7:01.84	197801340	7:07.90 +0,71	
	50m: 45.36	45.36	150m: 2:27.29	52.69	250m: 4:18.82	56.53
	100m: 1:34.60	49.24	200m: 3:22.29	55.00	300m: 5:15.68	56.86
					350m: 6:12.59	56.91
					400m: 7:07.90	55.31

Masters 45+

1.	Kirsten Cameron	Malvern Marlins Masters SC	4:31.05	786509	4:35.00	
	<i>World Masters Record, Australian Masters Record</i>					
	50m: 31.74	31.74	150m: 1:40.25	34.51	250m: 2:50.01	35.00
	100m: 1:05.74	34.00	200m: 2:15.01	34.76	300m: 3:25.28	35.27
					350m: 4:00.85	35.57
					400m: 4:35.00	34.15
2.	Heidi den Boer	LinK	4:59.86	196900864	5:07.49 +0,76	
	50m: 33.11	33.11	150m: 1:49.38	38.87	250m: 3:08.42	39.39
	100m: 1:10.51	37.40	200m: 2:29.03	39.65	300m: 3:48.51	40.09
					350m: 4:28.64	40.13
					400m: 5:07.49	38.85
3.	Karin Stein	ZVVS	5:07.88	197100554	5:07.70 * +0,83	
	50m: 35.48	35.48	150m: 1:52.35	38.42	250m: 3:10.61	39.20
	100m: 1:13.93	38.45	200m: 2:31.41	39.06	300m: 3:50.09	39.48
					350m: 4:29.50	39.41
					400m: 5:07.70	38.20
4.	Annette de Visser	Oceanus	5:14.91	197100602	5:14.52 +0,83	
	50m: 34.79	34.79	150m: 1:52.96	39.50	250m: 3:13.95	40.24
	100m: 1:13.46	38.67	200m: 2:33.71	40.75	300m: 3:54.71	40.76
					350m: 4:34.89	40.18
					400m: 5:14.52	39.63
5.	Jeanne Petit	PSV	5:20.32	197001020	5:19.26 +0,81	
	50m: 35.35	35.35	150m: 1:54.35	40.00	250m: 3:15.50	40.60
	100m: 1:14.35	39.00	200m: 2:34.90	40.55	300m: 3:56.99	41.49
					350m: 4:38.23	41.24
					400m: 5:19.26	41.03
6.	Kathy Van Lindt	CNSW	5:08.93	007949/71	5:20.54 +0,93	
	50m: 36.32	36.32	150m: 1:56.24	40.26	250m: 3:18.61	41.34
	100m: 1:15.98	39.66	200m: 2:37.27	41.03	300m: 3:59.93	41.32
					350m: 4:40.90	40.97
					400m: 5:20.54	39.64
7.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	5:24.54	197000054	5:22.36 +0,91	
	50m: 35.38	35.38	150m: 1:55.09	40.22	250m: 3:19.05	42.31
	100m: 1:14.87	39.49	200m: 2:36.74	41.65	300m: 4:00.81	41.76
					350m: 4:42.23	41.42
					400m: 5:22.36	40.13
8.	Inken Wemheuer	DWT	5:52.63	197101016	5:52.14 +0,81	
	50m: 38.47	38.47	150m: 2:06.28	44.69	250m: 3:37.42	45.92
	100m: 1:21.59	43.12	200m: 2:51.50	45.22	300m: 4:23.82	46.40
					350m: 5:09.74	45.92
					400m: 5:52.14	42.40
9.	Annet Kootstra	SWOL 1894	5:55.75	197100344	6:20.98 +0,94	
	50m: 42.97	42.97	150m: 2:18.65	48.17	250m: 3:56.82	49.37
	100m: 1:30.48	47.51	200m: 3:07.45	48.80	300m: 4:45.57	48.75
					350m: 5:33.94	48.37
					400m: 6:20.98	47.04
10.	Nathasja Konijn	WIDEX GZC DONK	6:30.23	197100992	6:28.92 * +0,82	
	50m: 41.68	41.68	150m: 2:19.65	49.77	250m: 4:00.85	50.05
	100m: 1:29.88	48.20	200m: 3:10.80	51.15	300m: 4:51.20	50.35
					350m: 5:40.49	49.29
					400m: 6:28.92	48.43

Event 5, Women, 400m Freestyle, Masters 45+

rang	naam	vereniging	inschrijftijd	tijd	RT
11.	Evelien Breman-Alers	Nautilus	6:57.27	197200878	6:52.68 * +0,87
	50m: 43.51 43.51	150m: 2:22.94 50.97	250m: 4:10.40 53.76	350m: 5:59.97 54.06	
	100m: 1:31.97 48.46	200m: 3:16.64 53.70	300m: 5:05.91 55.51	400m: 6:52.68 52.71	
12.	Greta Wyma-Teitsma	DWK	6:44.86	197100696	6:57.45 +0,89
	50m: 44.14 44.14	150m: 2:26.85 52.25	250m: 4:15.08 54.29	350m: 6:05.35 55.15	
	100m: 1:34.60 50.46	200m: 3:20.79 53.94	300m: 5:10.20 55.12	400m: 6:57.45 52.10	
13.	Henriette Driesen-Joanknecht	Aqua-Novio'94	6:38.97	197101056	7:06.53 +0,70
	50m: 44.76 44.76	150m: 2:29.59 52.80	250m: 4:20.18 55.59	350m: 6:10.90 55.74	
	100m: 1:36.79 52.03	200m: 3:24.59 55.00	300m: 5:15.16 54.98	400m: 7:06.53 55.63	
WDR	Britta Fritz	SC Janus Köln	6:11.57		

Masters 50+

1.	Katrien Delaender	BZK	4:58.98	20525/66	5:00.86 +0,71
	50m: 33.73 33.73	150m: 1:49.81 38.48	250m: 3:06.80 38.81	350m: 4:23.93 38.73	
	100m: 1:11.33 37.60	200m: 2:27.99 38.18	300m: 3:45.20 38.40	400m: 5:00.86 36.93	
2.	Wilna Heijman	Steenwijk 1934	5:31.32	196400506	5:32.34 +0,85
	50m: 37.91 37.91	150m: 2:01.95 42.45	250m: 3:26.51 42.44	350m: 4:51.52 42.25	
	100m: 1:19.50 41.59	200m: 2:44.07 42.12	300m: 4:09.27 42.76	400m: 5:32.34 40.82	
3.	Christel Aerts	Tesswim	5:46.15	20061/66	5:58.28 +0,98
	50m: 38.42 38.42	150m: 2:07.48 45.47	250m: 3:39.86 46.06	350m: 5:13.05 46.56	
	100m: 1:22.01 43.59	200m: 2:53.80 46.32	300m: 4:26.49 46.63	400m: 5:58.28 45.23	
4.	Marion Broekhuis	WS Twente	5:48.58	196800060	5:59.55 +0,68
	50m: 39.11 39.11	150m: 2:08.03 45.44	250m: 3:41.05 46.51	350m: 5:14.39 46.76	
	100m: 1:22.59 43.48	200m: 2:54.54 46.51	300m: 4:27.63 46.58	400m: 5:59.55 45.16	
5.	Susanne Prins - Molenvijk	De Geul	6:00.37	196600284	6:04.65 +0,53
	50m: 40.58 40.58	150m: 2:12.29 46.50	250m: 3:45.80 46.87	350m: 5:19.10 46.39	
	100m: 1:25.79 45.21	200m: 2:58.93 46.64	300m: 4:32.71 46.91	400m: 6:04.65 45.55	
6.	Sandra Daamen-Posma	AZC	6:30.36	196800854	6:30.82 +0,95
	50m: 42.04 42.04	150m: 2:18.14 49.75	250m: 3:59.74 51.34	350m: 5:42.57 51.07	
	100m: 1:28.39 46.35	200m: 3:08.40 50.26	300m: 4:51.50 51.76	400m: 6:30.82 48.25	
7.	Erica Muller	De Geul	6:39.59	196400412	6:50.38 +0,75
	50m: 45.60 45.60	150m: 2:28.52 51.96	250m: 4:13.85 52.54	350m: 5:59.06 52.43	
	100m: 1:36.56 50.96	200m: 3:21.31 52.79	300m: 5:06.63 52.78	400m: 6:50.38 51.32	
8.	Herma Hakker-Huijser	ZVVS	6:44.72	196600740	7:11.74 +0,64
	50m: 45.55 45.55	150m: 2:32.01 55.43	250m: 4:24.70 56.08	350m: 6:16.61 56.04	
	100m: 1:36.58 51.03	200m: 3:28.62 56.61	300m: 5:20.57 55.87	400m: 7:11.74 55.13	
9.	Roselinda van der Vlugt	Zwemvereniging Woestduin	7:11.22	196700710	7:12.27 +0,66
	50m: 47.52 47.52	150m: 2:36.88 56.01	250m: 4:28.56 56.64	350m: 6:20.55 56.06	
	100m: 1:40.87 53.35	200m: 3:31.92 55.04	300m: 5:24.49 55.93	400m: 7:12.27 51.72	

Masters 55+

1.	Esther van Lohuizen	PSV	5:28.14	195900300	5:28.98 * +0,79
	50m: 36.33 36.33	150m: 1:59.34 42.46	250m: 3:24.37 42.70	350m: 4:49.66 42.72	
	100m: 1:16.88 40.55	200m: 2:41.67 42.33	300m: 4:06.94 42.57	400m: 5:28.98 39.32	
2.	Patty Verhagen	PSV	5:36.29	195900146	5:39.17 +0,85
	50m: 39.56 39.56	150m: 2:04.97 43.24	250m: 3:31.25 43.33	350m: 4:57.60 43.16	
	100m: 1:21.73 42.17	200m: 2:47.92 42.95	300m: 4:14.44 43.19	400m: 5:39.17 41.57	
3.	Jacqueline Rolloos-Bakkers	De Lansingh	5:48.28	196300222	5:45.29 +0,88
	50m: 38.60 38.60	150m: 2:06.12 44.20	250m: 3:34.87 43.76	350m: 5:03.66 43.59	
	100m: 1:21.92 43.32	200m: 2:51.11 44.99	300m: 4:20.07 45.20	400m: 5:45.29 41.63	
4.	Marie-Josée Matte	WVZ	6:55.56	196000326	6:10.57 +0,86
	50m: 41.24 41.24	150m: 2:13.82 46.82	250m: 3:49.64 47.74	350m: 5:25.12 47.21	
	100m: 1:27.00 45.76	200m: 3:01.90 48.08	300m: 4:37.91 48.27	400m: 6:10.57 45.45	
5.	Katinka Elders	Oceanus	6:42.20	196000292	6:36.24 +0,88
	50m: 44.75 44.75	150m: 2:24.19 50.19	250m: 4:06.87 51.22	350m: 5:48.96 51.27	
	100m: 1:34.00 49.25	200m: 3:15.65 51.46	300m: 4:57.69 50.82	400m: 6:36.24 47.28	
6.	Jennie Resink-lindeboom	DWK	6:34.80	196000142	6:38.91 +0,96
	50m: 43.62 43.62	150m: 2:23.23 51.09	250m: 4:08.66 53.18	350m: 5:51.13 50.88	
	100m: 1:32.14 48.52	200m: 3:15.48 52.25	300m: 5:00.25 51.59	400m: 6:38.91 47.78	
WDR	Marian de Jong	HZ&PC Heerenveen	6:10.69	195900052	

Event 5, Women, 400m Freestyle

Masters 60+

1. Monica Bakker	Steenwijk 1934	6:09.32	195600082	6:38.19	+0,91
50m: 43.29	43.29	150m: 2:21.13	49.69	250m: 4:03.61	51.39
100m: 1:31.44	48.15	200m: 3:12.22	51.09	300m: 4:55.52	51.91
				350m: 5:47.54	52.02
				400m: 6:38.19	50.65
2. Lies Hartman	PSV	9:22.74	195600116	9:34.31 *	+0,71
50m: 57.23	57.23	150m: 3:18.23	1:11.34	250m: 5:48.46	1:14.82
100m: 2:06.89	1:09.66	200m: 4:33.64	1:15.41	300m: 7:05.55	1:17.09
				350m: 8:19.57	1:14.02
				400m: 9:34.31	1:14.74

Masters 65+

1. Geerdien Meerwaldt	De Geul	8:34.87	195200058	8:56.67	+0,77
50m: 57.83	57.83	150m: 3:12.12	1:08.17	250m: 5:31.67	1:08.46
100m: 2:03.95	1:06.12	200m: 4:23.21	1:11.09	300m: 6:40.80	1:09.13
				350m: 7:49.93	1:09.13
				400m: 8:56.67	1:06.74
2. Janny van der Weide	Deltasteur	9:28.97	195100066	10:29.95	
50m: 1:01.76	1:01.76	150m: 3:25.98	1:11.54	250m: 5:56.47	1:15.44
100m: 2:14.44	1:12.68	200m: 4:41.03	1:15.05	300m: 7:29.17	1:32.70
				350m: 9:00.27	1:31.10
				400m: 10:29.95	1:29.68

Masters 70+

1. Annie Smits	PSV	7:47.42	194600016	8:25.36 *	
50m: 58.54	58.54	150m: 3:08.94	1:05.46	250m: 5:19.21	1:04.90
100m: 2:03.48	1:04.94	200m: 4:14.31	1:05.37	300m: 6:23.17	1:03.96
				350m: 7:25.55	1:02.38
				400m: 8:25.36	59.81
2. Loekie v. Huissteden	ZPC AMERSFOORT	9:15.60	194500002	9:34.04	
50m: 1:00.70	1:00.70	150m: 3:23.58	1:13.13	250m: 5:51.57	1:14.36
100m: 2:10.45	1:09.75	200m: 4:37.21	1:13.63	300m: 7:07.12	1:15.55
				350m: 8:21.51	1:14.39
				400m: 9:34.04	1:12.53
3. Pálma Csepeli	dr. Regele Károly Szenior Új	11:04.42		11:40.35	
50m: 1:18.13	1:18.13	150m: 4:20.73	1:31.56	250m: 7:23.02	1:31.52
100m: 2:49.17	1:31.04	200m: 5:51.50	1:30.77	300m: 8:49.94	1:26.92
				350m: 10:19.96	1:30.02
				400m: 11:40.35	1:20.39

Masters 80+

1. Lottie Geurts	PSV	8:05.14	193500006	7:56.27	
<i>Nederlands Masters Record</i>					
50m: 52.94	52.94	150m: 2:52.13	59.92	250m: 4:54.86	1:01.46
100m: 1:52.21	59.27	200m: 3:53.40	1:01.27	300m: 5:58.59	1:03.73
				350m: 7:01.00	1:02.41
				400m: 7:56.27	55.27

Event 6
04-05-2018 - 11:42

Men, 100m Breaststroke

Masters Open
Results

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
Masters 20+							
1. Bryan Chen	KSN (SG)	1:08.62	199803201	1:09.48	+0,64	31.53	1:09.48
2. Paul van Grol	WIDEX GZC DONK	1:11.23	199602951	1:10.61	+0,62	32.29	1:10.61
3. Martino Valentijn	DIO	1:14.25	199403913	1:12.47	+0,74	33.59	1:12.47
4. Dave Jansen	WVZ	1:14.12	199805299	1:13.77	+0,67	34.56	1:13.77
5. Nick Sijmons	De Amstel	1:15.58	199500491	1:14.37	+0,76	34.41	1:14.37
6. Richard van der Horst	De Meer	1:13.36	199700179	1:15.03	+0,79	35.40	1:15.03
7. Jeffrey Camphens	DWT	1:09.95	199503113	1:17.26	+0,65	36.35	1:17.26
8. Ian van Mullem	ZOB'66	1:17.98	199602545	1:22.54	+0,73	38.70	1:22.54
WDR Rick Vaarkamp	Triton Putten	1:34.07	199404979				

Masters 25+

1. Romero Hennep	Albion d'ELFT (SG)	1:08.10	199304929	1:08.28	+0,64	30.68	1:08.28
2. Pieter Pijnenburg	Nuuen	1:08.43	199305227	1:12.85	+0,70	34.11	1:12.85
3. Sander de Vrugt	ESCA Zwemmen	1:11.10	198903499	1:14.33	+0,66	33.74	1:14.33
4. Patrick Creemers	RZ	1:12.78	199000579	1:15.76	+0,75	35.13	1:15.76
5. Hiras Ferrandino	DWT	1:10.06	199306527	1:16.95	+0,68	34.13	1:16.95
6. Maik Steenkamp	Montferland	1:13.76	199103847	1:21.10	+0,77	37.11	1:21.10

Event 6, Men, 100m Breaststroke, Masters 25+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
7. Kevin Kuypers	PSV	1:19.15 199007643	1:22.91	+0,73	37.38	1:22.91
8. Roman Malieiev	No Stars	1:24.29	1:28.05		40.25	1:28.05
9. Daniel van den Wildenberg	Eurode KZC	1:30.87 199206491	1:28.07 *	+0,75	41.28	1:28.07
10. Patrick Wobben	Steenwijk 1934	1:30.80 199300559	1:33.09	+0,87	43.14	1:33.09
11. Maarten Steekelenburg	De Geul	1:29.99 199300479	1:34.74	+0,85	44.18	1:34.74

Masters 30+

1. Yuri van Omme	Zwemvereniging Hoogland	1:12.88 198501887	1:11.33	+0,72	33.08	1:11.33
2. Tim van den Berg	Rotterdam Swimming (SG)	1:08.32 198500157	1:11.96	+0,74	33.63	1:11.96
3. Thommy Nickel	ZPC Woerden	1:17.39 198401627	1:17.74	+0,77	36.72	1:17.74
4. Dennis Kraakman	DAW	1:19.23 198705325	1:18.47	+0,66	35.10	1:18.47
5. Wouter van 't Klooster	ZPC AMERSFOORT	1:20.48 198806159	1:20.90	+0,89	37.82	1:20.90
6. Harmen Reemst	ZOB'66	1:19.26 198702715	1:23.22	+0,74	38.78	1:23.22
7. Robin Eggenkamp	De Aalscholver	1:27.02 198700847	1:24.83	+0,79	40.03	1:24.83
DNS Raymond van der Merwe	Zoetermeer	1:14.43 198602077				

Masters 35+

1. Simon van Ravesteijn	WVZ	1:11.75 198002263	1:11.15	+0,75	32.41	1:11.15
2. Kristiaan Lenos	LZ 1886	1:10.68 198301331	1:13.63	+0,75	33.51	1:13.63
3. Ivan van Omme	De Geul	1:10.61 198201263	1:13.79	+0,63	34.20	1:13.79
4. Jim Geestman	Rotterdam Swimming (SG)	1:15.31 198300699	1:16.04	+0,76	35.14	1:16.04
5. Rob van Wanrooy	Gay Swim Amsterdam	1:14.03 198202627	1:16.08	+0,74	34.81	1:16.08
6. Mark Zwart	Zwemlust-den Hommel	1:18.64 197901461	1:16.65	+0,77	35.20	1:16.65
7. Freddie Geerlings	Zwemsport Parkstad (SG)	1:13.80 197900379	1:18.69	+0,90	35.86	1:18.69
8. Victor den Heijer	Albion d'ELFT (SG)	1:16.48 198300867	1:23.47	+0,69	38.03	1:23.47
9. Peter Herzig	Schwimm-Klub Bern	1:29.79 110273	1:33.44	+0,69	41.91	1:33.44
10. Michael Costello	PLONS	1:32.71 197902067	1:33.64	+0,81	45.06	1:33.64

Masters 40+

1. Joost Hoetjes <i>Kampioenschaps Record</i>	DAW	1:10.39 197800425	1:10.23	+0,73	32.59	1:10.23
2. Vincent Versteeg	Zwemlust-den Hommel	1:12.57 197701003	1:12.17	+0,70	33.37	1:12.17
3. Maarten van der Zwan	Scheldestroom	1:12.41 197501017	1:13.25	+0,81	33.56	1:13.25
4. Victor Barnar	GoSwim	1:13.64 197801805	1:13.38	+0,70	33.30	1:13.38
5. Walter Stielstra	TRB-RES	1:16.24 197701651	1:17.50	+0,76	35.64	1:17.50
6. Kees Bakker	Gay Swim Amsterdam	1:16.70 197501055	1:18.73	+0,58	37.11	1:18.73
7. Jimmy Swiggers	Leuven Aquatics	1:21.03 1110774	1:22.78	+0,85	39.14	1:22.78
8. Raymond Oosterbaan	WIDEX GZC DONK	1:20.26 197700711	1:23.65 *	+0,95	38.21	1:23.65
9. Tom Bandsma	PSV	1:28.13 197701625	1:28.30	+0,94	41.44	1:28.30

Masters 45+

1. Paul van den Heuvel	Arethusa	1:14.51 197000441	1:18.35	+0,84	36.88	1:18.35
2. Michael van Bekkum	SWOL 1894	1:18.80 197200051	1:18.41	+0,78	36.16	1:18.41
3. René Beetsma	HZ&PC Heerenveen	1:14.21 196900069	1:19.30	+0,82	36.68	1:19.30
4. Hans Schoenmakers	DAW	1:20.91 196900863	1:21.91	+0,81	37.75	1:21.91
5. Reinier Beek	WZK Zwemmen	1:25.92 197101243	1:22.36	+0,97	38.37	1:22.36
6. Harry Raven	GLS Ketelbinkie	1:21.91 197000831	1:25.40	+0,79	39.68	1:25.40
7. Korstiaan de Boer	Steenwijk 1934	1:28.82 197101629	1:27.58	+0,93	41.71	1:27.58
8. Bas Kremers	TRB-RES	1:32.14 197201611	1:27.81	+0,76	41.27	1:27.81
9. Rob van de Ven	SWNZ (SG)	1:30.32 197101695	1:28.43 *	+0,81	41.55	1:28.43

Event 6, Men, 100m Breaststroke

Masters 50+

1. Harold Matla	PSV	1:16.55	196800591	1:15.93	+0,85	36.09	1:15.93
2. Jan-Willem van den Berg	WVZ	1:15.65	196801575	1:17.06	+0,81	36.49	1:17.06
3. Patrick Juncker	Swimming Luxembourg	1:15.90	136	1:19.26	+0,84	37.42	1:19.26
4. Marcel Jonkman	Aqualero	1:18.70	196801389	1:21.01	+0,78	38.46	1:21.01
5. Nico Swart	De Biesboschzweimmers	1:24.45	196801475	1:23.46	+0,70	38.09	1:23.46
6. Theo Bakker	TriVia	1:18.27	196401231	1:24.30	+0,79	40.69	1:24.30
7. Joop Weenink	WS Twente	1:22.48	196801535	1:24.39	+0,81	39.89	1:24.39
8. Marcel van der Lem	Swimcademy	1:23.14	196500563	1:25.61	+0,83	40.03	1:25.61
9. Marcel van Lochem	The Hague Swimming (SG)	1:27.62	196500581	1:26.24	+0,80	39.56	1:26.24
10. Gertjan van der Vaart	ZVVS	1:33.45	196801529	1:32.77	+0,71	42.82	1:32.77
11. Albert Steenvoorden	PLONS	1:27.11	196601605	1:34.95	+0,85	42.75	1:34.95
12. Vincent Eijt	WVZ	1:36.43	196701735	1:37.74	+0,96	46.39	1:37.74
13. René Speelman	De Spatters	1:38.06	196601521	1:37.79	+0,75	47.02	1:37.79
14. Hans Bijleveld	The Hague Swimming (SG)	1:47.03	196601649	1:42.41	+0,79	48.14	1:42.41
WDR Pierre de Groot	WIDEX GZC DONK	1:33.22	196401431				

Masters 55+

1. Adrian Ortiz Buitrago	WIDEX GZC DONK	1:25.47	196000931	1:29.50	+0,81	41.08	1:29.50
2. Rob Hemesath	PSV	1:25.61	196100189	1:30.25	+0,93	41.89	1:30.25
3. Antonio Arroyo Ramirez	Club Natació L'Hospitalet	1:30.38		1:31.60	+0,96	42.41	1:31.60
4. Jack Barends	WS Twente	1:31.68	196201011	1:38.97	+0,93	46.38	1:38.97
5. Robert Schulein	H2Oldambt	1:44.34	195900843	1:45.62		48.21	1:45.62
6. Hans van Scheepen	Steenwijk 1934	1:38.15	196201245	1:45.77	+0,85	46.38	1:45.77

Masters 60+

1. Paul Bunnik	Triton	1:27.83	195600413	1:28.46	+0,78	40.56	1:28.46
2. Wim de Lange	AZC	1:29.77	195800533	1:30.07	+0,71	41.87	1:30.07
3. Jos van Sleuwen	Nautilus	1:48.94	195700323	1:51.62	+0,97	50.83	1:51.62
WDR Dré Klaassen	ZOB'66	1:34.66	195600141				

Masters 65+

1. Piet Schop	De Bevelanders	1:30.51	195000109	1:34.90	+0,67	44.10	1:34.90
2. Luc Laloi	CNSW	1:30.52	007829/53	1:41.35	+0,96	47.09	1:41.35

Masters 70+

1. Mans Buis	Het Ravijn	1:56.55	194700133	1:58.13		57.08	1:58.13
2. Peter Ouweneel	Rotterdam Swimming (SG)	2:08.49	194500077	2:17.07		1:06.41	2:17.07
3. Kevork Boyrazian	CNSW	2:06.74	002620/44	2:24.21		1:05.55	2:24.21

Masters 75+

1. Rob Hanou	PSV	1:35.15	194300109	1:38.64		47.12	1:38.64
<i>Kampioenschaps Record</i>							
2. Nico Baay	Old Dutch	1:43.66	194200053	1:49.05	+0,78	49.58	1:49.05

Masters 90+

1. Klaas Prins	Steenwijk 1934	3:46.85	192800001	4:10.43		1:53.31	4:10.43
<i>Nederlands Masters Record, tt 50m NMR</i>							

Event 7
04-05-2018 - 12:06

Women, 100m Breaststroke

Masters Open
Results

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Melissa van der Heijden	Van Vliet-Barracuda	1:25.01	199605226	1:21.29	+0,70	37.81	1:21.29
2. Chantal Beijer	DWT	1:18.04	199700884	1:23.02	+0,72	38.88	1:23.02
3. Manon van Strien	WVZ	1:23.89	199400770	1:23.03	+0,88	38.87	1:23.03
4. Aylin van Uffelen	ZPB H&L Productions	1:26.18	199600352	1:25.52 *	+0,72	40.13	1:25.52
5. Sanne de Roo	ZZ&PC De Devel	1:24.00	199501934	1:28.74	+0,80	40.98	1:28.74
Masters 25+							
1. Karin Verbeek	Nautilus	1:23.98	199201848	1:21.08	+0,71	38.70	1:21.08
2. Jacyntha Plat	Steenwijk 1934	1:18.58	199002956	1:22.28	+0,78	38.51	1:22.28
3. Liesa Vrielinck	BZK	1:23.65	21068/93	1:23.48	+0,78	39.23	1:23.48
4. Maaïke de Boer	De Duinkickers	1:21.42	199000362	1:24.96	+0,83	40.89	1:24.96
5. Rebecca Evers	ZOB'66	1:22.11	199207916	1:27.68	+0,77	40.13	1:27.68
6. Ilse van den Wijngaard	ZPC Woerden	1:28.82	198904736	1:29.01	+0,77	41.47	1:29.01
7. Suzan Blankestijn	LZ 1886	1:24.66	198900350	1:29.62	+0,62	41.80	1:29.62
8. Sara Costa	ROSC	1:32.55	20383/93	1:31.30	+0,94	42.75	1:31.30
9. Marlous de Jong	Zwemlust-den Hommel	1:30.33	199001782	1:33.71	+0,81	42.52	1:33.71
10. Rolijn van Vught	PSV	1:39.39	199004110	1:37.38	+0,77	44.30	1:37.38
11. Kimberley van Buren	De Duck	1:34.54	199304136	1:37.43	+0,88	45.57	1:37.43
12. Kelly Bockting	Montferland	1:32.82	199104050	1:39.20	+0,82	46.37	1:39.20
13. Janneke Wynia	WS Twente	1:41.31	199005500	1:43.51	+0,93	49.99	1:43.51
14. Martine Stam	Albion d'ELFT (SG)	1:40.47	199307942	1:51.91	+0,89	51.84	1:51.91
WDR Rielle Veraar	Zwemvereniging Hoogland	1:46.23	199307534				
WDR Rianne Hoek	Katwijk	1:48.24	198907492				
Masters 30+							
1. Larissa Brak	ZPC AMERSFOORT	1:12.51	198800572	1:13.68	+0,75	34.36	1:13.68
<i>Nederlands Masters Record, tt 50m NMR</i>							
2. Marlijn Hendriksen	Hieronymus	1:19.37	198806828	1:21.82	+0,70	38.75	1:21.82
3. Susanne van der Linden	DIO	1:21.44	198802736	1:22.72	+0,70	39.42	1:22.72
4. Aniek Erenstein-Huijsman	De Lansingh	1:20.88	198801932	1:24.44	+0,74	38.78	1:24.44
5. Liesbeth van Mill	DWK	1:29.64	198702786	1:30.16	+0,84	42.59	1:30.16
6. Linda van Klei-Janssen	ZPB H&L Productions	1:26.59	198802088	1:31.30	+0,82	42.71	1:31.30
7. Renee de Kok	PSV	1:28.77	198403350	1:31.56	+0,69	42.57	1:31.56
Masters 35+							
1. Laura Badoux	DAW	1:19.04	198200038	1:19.34	+0,87	37.35	1:19.34
<i>Nederlands Masters Record</i>							
2. Nadya Putter	ZVVS	1:26.81	198301630	1:26.04	+0,74	40.09	1:26.04
3. Aafke Groot	De Geul	1:28.76	198302748	1:34.70	+0,90	44.73	1:34.70
4. Saskia op den Velde	De Duinkickers	1:43.85	197901530	1:45.40	+0,92	49.37	1:45.40
5. Marike Kamphuis	PLONS	1:52.69	198102200	1:57.19		56.31	1:57.19
Masters 40+							
1. Nadege van Meeteren	De Meer	1:24.32	197400736	1:26.98	+0,83	41.73	1:26.98
2. Mirjan den Drijver-Aarse	Zwemvereniging Westland	1:25.41	197500884	1:28.47	+0,85	41.61	1:28.47
3. Geraldine Trainor	De Duck	1:27.16	197500544	1:30.31	+0,76	42.43	1:30.31
4. Inge Roskam	De Duinkickers	1:26.91	197801296	1:30.72	+0,85	41.99	1:30.72
5. Marian Nederlof	De Geul	1:34.83	197600950	1:37.71	+0,85	46.80	1:37.71
6. Bianca Hertogh - Buijsse	Scheldestroom	1:35.45	197400910	1:38.56	+0,88	46.36	1:38.56
7. Alma Knegt-Besseminders	De Spatters	1:39.12	197601064	1:38.84	+0,83	44.89	1:38.84
8. Babette Rens	SWOL 1894	1:38.36	197801200	1:41.19	+0,82	47.82	1:41.19
9. I. Speelman Hamelink	Zwemclub Koewacht	1:34.80	197601028	1:44.92	+0,82	50.37	1:44.92

Event 7, Women, 100m Breaststroke

Masters 45+

1. Helen Gorman	City of Cardiff SC	1:15.29	617	1:15.23	+0,71	35.35	1:15.23
<i>Kampioenschaps Record</i>							
2. Marjo Goelema-Koek	De Biesboschzwemmers	1:21.14	196900192	1:22.42	+0,71	38.34	1:22.42
3. Karin Stein	ZVVS	1:23.56	197100554	1:25.34	+0,82	40.71	1:25.34
4. Anastasija Georgi	ATUS Graz	1:30.46	47341	1:31.12	+0,64	41.36	1:31.12
5. Annette de Visser	Oceanus	1:29.59	197100602	1:31.85	+0,86	44.31	1:31.85
6. Helena Mels	ZVVS	1:36.33	196901036	1:32.96	+0,76	44.19	1:32.96
7. Danielle van Veen	ZPC Woerden	1:30.55	196901048	1:37.83	+0,89	44.48	1:37.83
8. Greta Wyma-Teitsma	DWK	1:47.79	197100696	1:47.94 *	+0,87	50.31	1:47.94
9. Conny Veenings	ZV Haerlem	1:53.99	197300980	1:57.98		55.63	1:57.98

Masters 50+

1. Annette Wijnja-Visser	De Biesboschzwemmers	1:24.98	196700528	1:26.57	+0,79	40.90	1:26.57
2. Jacqueline Tuin	DAW	1:27.37	196600690	1:30.83	+0,78	41.85	1:30.83
3. Annette Korving-Leijenaar	Aqualero	1:34.26	196700662	1:33.07	+0,78	43.95	1:33.07
4. Machteld Stilting	ZPC AMERSFOORT	1:39.45	196600716	1:39.58 *	+0,82	47.85	1:39.58
5. Yvette Kilian	WVZ	1:41.05	196600534	1:42.90	+0,86	47.74	1:42.90
6. Roelien Speelman-Tigelaar	De Spatters	1:39.54	196600664	1:45.84	+0,76	48.21	1:45.84
7. Ann Vandenbrouck	ROSC	1:58.72	20321/65	2:01.61		53.95	2:01.61
8. Riekje Schra	Steenwijk 1934	2:17.80	196400404	2:23.98		1:08.66	2:23.98

Masters 55+

1. Petra Tossings	DAW	1:35.93	196100376	1:36.54	+0,89	46.22	1:36.54
2. Inge Wolfs	PLONS	1:37.88	196000304	1:41.97	+0,92	48.85	1:41.97
3. Jenny Westervaarder	H2Oldambt	1:49.40	196200424	1:53.31	+0,93	53.47	1:53.31
4. Willy Schoenmaker-ter Veer	DWK	1:56.73	195900254	2:02.06	+0,72	56.09	2:02.06
WDR Annemarie Vuist	SWOL 1894	1:36.38	196300282				

Masters 60+

1. Marijke van Hoek	ZPC De Zeeuwse Kust	1:37.04	195800050	1:41.42	+0,79	48.42	1:41.42
2. Monica Bakker	Steenwijk 1934	1:46.03	195600082	1:50.88	+0,97	52.77	1:50.88
3. Maryse Van Cant	Antwerpse Zwemclub Scal	2:31.59	20233/54	2:31.21		1:11.52	2:31.21

Masters 65+

1. Tineke van Diggelen	ZPCH	1:52.71	195200048	1:59.72	+0,95	57.08	1:59.72
2. Geerdien Meerwaldt	De Geul	2:04.63	195200058	2:12.00 *	+0,95	1:02.97	2:12.00
3. Janny van der Weide	Deltasteur	2:32.56	195100066	2:50.03		1:20.69	2:50.03

Masters 70+

1. A. Verhoeven - Steggerda	De Duinkickers	1:58.75	194600024	2:02.55		58.16	2:02.55
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Masters 75+

1. Liesbeth ter Laak	PSV	2:43.38	194200008	2:49.78 *		1:22.02	2:49.78
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Masters 80+

WDR Alice Lindhout	PSV	2:30.08	193500010				
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