

Programmanr. 3  
04-05-2017 - 15:23

Heren, 1500m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC
<b>Masters 20+</b>						
1.	Robin van Beek	LZ 1886	18:06.76	199704023	17:59.36	+0,73
	50m: 31.68	31.68	450m: 5:16.51	35.69	850m: 10:04.90	35.47
	100m: 1:06.56	34.88	500m: 5:52.71	36.20	900m: 10:40.89	35.99
	150m: 1:41.86	35.30	550m: 6:28.58	35.87	950m: 11:16.93	36.04
	200m: 2:17.43	35.57	600m: 7:04.95	36.37	1000m: 11:53.46	36.53
	250m: 2:53.21	35.78	650m: 7:41.17	36.22	1050m: 12:29.89	36.43
	300m: 3:29.03	35.82	700m: 8:17.34	36.17	1100m: 13:06.26	36.37
	350m: 4:05.06	36.03	750m: 8:53.23	35.89	1150m: 13:42.45	36.19
	400m: 4:40.82	35.76	800m: 9:29.43	36.20	1200m: 14:18.87	36.42
2.	Nordin Termoshuizen	WVZ	18:18.87	199605401	18:40.46	+0,77
	50m: 32.27	32.27	450m: 5:24.09	37.28	850m: 10:25.47	38.15
	100m: 1:07.78	35.51	500m: 6:01.39	37.30	900m: 11:03.81	38.34
	150m: 1:44.05	36.27	550m: 6:38.62	37.23	950m: 11:41.73	37.92
	200m: 2:20.10	36.05	600m: 7:16.13	37.51	1000m: 12:20.48	38.75
	250m: 2:56.26	36.16	650m: 7:53.73	37.60	1050m: 12:58.35	37.87
	300m: 3:32.80	36.54	700m: 8:31.19	37.46	1100m: 13:36.65	38.30
	350m: 4:09.87	37.07	750m: 9:09.44	38.25	1150m: 14:14.94	38.29
	400m: 4:46.81	36.94	800m: 9:47.32	37.88	1200m: 14:53.69	38.75
3.	Thijs van Hofweegen	ZPC AMERSFOORT	20:22.38	199605253	S6	21:24.03
	<i>IPC Nederlands Record, tt 800m IPC NR</i>					
	50m: 35.34	35.34	450m: 6:11.18	42.97	850m: 11:59.68	43.35
	100m: 1:15.37	40.03	500m: 6:54.70	43.52	900m: 12:43.24	43.56
	150m: 1:57.18	41.81	550m: 7:37.78	43.08	950m: 13:26.87	43.63
	200m: 2:38.60	41.42	600m: 8:21.44	43.66	1000m: 14:10.37	43.50
	250m: 3:21.09	42.49	650m: 9:04.91	43.47	1050m: 14:54.92	44.55
	300m: 4:02.91	41.82	700m: 9:48.60	43.69	1100m: 15:38.92	44.00
	350m: 4:44.94	42.03	750m: 10:32.14	43.54	1150m: 16:22.90	43.98
	400m: 5:28.21	43.27	800m: 11:16.33	44.19	1200m: 17:06.51	43.61
<b>Masters 25+</b>						
1.	Wessel Everloo	De Veene	18:03.54	198906597	S14	18:43.11
	<i>IPC Nederlands Record, tt 800m IPC NR</i>					
	50m: 31.56	31.56	450m: 5:31.62	38.59	850m: 10:32.97	38.74
	100m: 1:07.85	36.29	500m: 6:10.61	38.99	900m: 11:11.99	39.02
	150m: 1:44.52	36.67	550m: 6:46.59	35.98	950m: 11:50.59	38.60
	200m: 2:22.04	37.52	600m: 7:24.35	37.76	1000m: 12:29.06	38.47
	250m: 2:59.24	37.20	650m: 8:03.91	39.56	1050m: 13:05.84	36.78
	300m: 3:37.33	38.09	700m: 8:39.79	35.88	1100m: 13:44.23	38.39
	350m: 4:15.38	38.05	750m: 9:16.64	36.85	1150m: 14:22.22	37.99
	400m: 4:53.03	37.65	800m: 9:54.23	37.59	1200m: 15:00.51	38.29
2.	Maik Steenkamp	Montferland	19:10.38	199103847		19:06.13
	50m: 32.55	32.55	450m: 5:35.87	38.82	850m: 10:46.66	38.82
	100m: 1:08.89	36.34	500m: 6:14.53	38.66	900m: 11:25.25	38.59
	150m: 1:46.51	37.62	550m: 6:53.63	39.10	950m: 12:03.96	38.71
	200m: 2:23.99	37.48	600m: 7:32.19	38.56	1000m: 12:42.99	39.03
	250m: 3:02.03	38.04	650m: 8:11.20	39.01	1050m: 13:22.22	39.23
	300m: 3:40.03	38.00	700m: 8:50.20	39.00	1100m: 14:01.19	38.97
	350m: 4:18.71	38.68	750m: 9:29.23	39.03	1150m: 14:40.26	39.07
	400m: 4:57.05	38.34	800m: 10:07.84	38.61	1200m: 15:19.15	38.89
3.	Tim Bunnik	Triton	18:50.71	199000505		19:07.27
	50m: 31.86	31.86	450m: 5:33.82	38.68	850m: 10:42.66	38.87
	100m: 1:07.72	35.86	500m: 6:12.29	38.47	900m: 11:21.52	38.86
	150m: 1:44.53	36.81	550m: 6:50.39	38.10	950m: 12:00.02	38.50
	200m: 2:22.22	37.69	600m: 7:28.31	37.92	1000m: 12:39.43	39.41
	250m: 2:59.77	37.55	650m: 8:06.49	38.18	1050m: 13:17.98	38.55
	300m: 3:37.80	38.03	700m: 8:45.04	38.55	1100m: 13:57.18	39.20
	350m: 4:16.42	38.62	750m: 9:23.94	38.90	1150m: 14:35.63	38.45
	400m: 4:55.14	38.72	800m: 10:03.79	39.85	1200m: 15:14.88	39.25

Programmanr. 3, Heren, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
4.	Niels Albrechts	SGGO (SG)	19:34.40	198800039	19:38.55	+0,76		
	50m: 32.93	32.93	450m: 5:38.34	39.83	850m: 10:55.37	39.67	1250m: 16:18.71	41.52
	100m: 1:09.29	36.36	500m: 6:17.20	38.86	900m: 11:35.57	40.20	1300m: 16:58.84	40.13
	150m: 1:46.93	37.64	550m: 6:57.16	39.96	950m: 12:15.51	39.94	1350m: 17:39.08	40.24
	200m: 2:24.47	37.54	600m: 7:36.40	39.24	1000m: 12:55.60	40.09	1400m: 17:19.39	40.31
	250m: 3:02.52	38.05	650m: 8:16.02	39.62	1050m: 13:35.86	40.26	1450m: 18:59.60	40.21
	300m: 3:40.65	38.13	700m: 8:55.86	39.84	1100m: 14:16.13	40.27	1500m: 19:38.55	38.95
	350m: 4:19.84	39.19	750m: 9:36.29	40.43	1150m: 14:56.76	40.63		
	400m: 4:58.51	38.67	800m: 10:15.70	39.41	1200m: 15:37.19	40.43		
5.	Arjen Zijlstra	GZVW	21:37.37	199203309	24:15.35	+0,77		
	50m: 33.25	33.25	450m: 6:41.64	49.19	850m: 13:21.84	49.22	1250m: 20:06.88	51.09
	100m: 1:13.54	40.29	500m: 7:31.41	49.77	900m: 14:12.47	50.63	1300m: 20:56.89	50.01
	150m: 1:57.13	43.59	550m: 8:20.65	49.24	950m: 15:03.05	50.58	1350m: 21:46.76	49.87
	200m: 2:42.59	45.46	600m: 9:09.98	49.33	1000m: 15:53.77	50.72	1400m: 22:36.25	49.49
	250m: 3:28.40	45.81	650m: 10:00.80	50.82	1050m: 16:42.62	48.85	1450m: 23:26.80	50.55
	300m: 4:16.74	48.34	700m: 10:53.07	52.27	1100m: 17:33.82	51.20	1500m: 24:15.35	48.55
	350m: 5:03.61	46.87	750m: 11:42.29	49.22	1150m: 18:23.34	49.52		
	400m: 5:52.45	48.84	800m: 12:32.62	50.33	1200m: 19:15.79	52.45		
6.	Danny Vochteloo	TriVia	24:37.07	199207251	24:52.17	+1,12		
	50m: 43.00	43.00	450m: 7:10.34	48.74	850m: 13:47.46	49.64	1250m: 20:37.50	50.78
	100m: 1:30.00	47.00	500m: 8:01.01	50.67	900m: 14:39.20	51.74	1300m: 21:29.71	52.21
	150m: 2:17.37	47.37	550m: 8:49.72	48.71	950m: 15:28.76	49.56	1350m: 22:20.23	50.52
	200m: 3:06.12	48.75	600m: 9:40.09	50.37	1000m: 16:20.60	51.84	1400m: 23:11.75	51.52
	250m: 3:53.49	47.37	650m: 10:28.20	48.11	1050m: 17:11.74	51.14	1450m: 24:01.93	50.18
	300m: 4:43.20	49.71	700m: 11:18.89	50.69	1100m: 18:03.98	52.24	1500m: 24:52.17	50.24
	350m: 5:31.38	48.18	750m: 12:07.54	48.65	1150m: 18:54.54	50.56		
	400m: 6:21.60	50.22	800m: 12:57.82	50.28	1200m: 19:46.72	52.18		

Masters 30+

1.	Erik Schröder	TriVia	16:38.05	198402025	17:26.60	+0,88		
	50m: 30.11	30.11	450m: 5:11.82	35.75	850m: 9:55.58	35.40	1250m: 14:36.57	34.79
	100m: 1:04.11	34.00	500m: 5:47.69	35.87	900m: 10:31.00	35.42	1300m: 15:11.29	34.72
	150m: 1:39.04	34.93	550m: 6:23.12	35.43	950m: 11:06.46	35.46	1350m: 15:45.69	34.40
	200m: 2:14.08	35.04	600m: 6:58.86	35.74	1000m: 11:41.93	35.47	1400m: 16:20.09	34.40
	250m: 2:49.47	35.39	650m: 7:34.27	35.41	1050m: 12:17.40	35.47	1450m: 16:53.59	33.50
	300m: 3:24.70	35.23	700m: 8:09.56	35.29	1100m: 12:52.48	35.08	1500m: 17:26.60	33.01
	350m: 4:00.46	35.76	750m: 8:44.86	35.30	1150m: 13:27.11	34.63		
	400m: 4:36.07	35.61	800m: 9:20.18	35.32	1200m: 14:01.78	34.67		
2.	Frank van der Voordt	SGGO (SG)	20:28.54	198302259	19:55.64	+0,74		
	50m: 33.63	33.63	450m: 5:46.90	39.34	850m: 11:05.10	39.74	1250m: 16:30.97	40.78
	100m: 1:10.89	37.26	500m: 6:26.76	39.86	900m: 11:45.21	40.11	1300m: 17:12.56	41.59
	150m: 1:49.53	38.64	550m: 7:06.52	39.76	950m: 12:25.33	40.12	1350m: 17:53.79	41.23
	200m: 2:28.92	39.39	600m: 7:46.19	39.67	1000m: 13:06.08	40.75	1400m: 18:35.24	41.45
	250m: 3:08.34	39.42	650m: 8:25.80	39.61	1050m: 13:46.74	40.66	1450m: 19:15.75	40.51
	300m: 3:47.92	39.58	700m: 9:06.06	40.26	1100m: 14:27.79	41.05	1500m: 19:55.64	39.89
	350m: 4:27.66	39.74	750m: 9:45.50	39.44	1150m: 15:08.63	40.84		
	400m: 5:07.56	39.90	800m: 10:25.36	39.86	1200m: 15:50.19	41.56		
3.	Mark Godwaldt	PSV	20:31.20	198701039	20:14.35	+0,91		
	50m: 34.54	34.54	450m: 5:54.89	40.51	850m: 11:20.79	40.82	1250m: 16:50.72	40.78
	100m: 1:13.11	38.57	500m: 6:35.78	40.89	900m: 12:01.98	41.19	1300m: 17:33.49	42.77
	150m: 1:52.90	39.79	550m: 7:16.33	40.55	950m: 12:43.00	41.02	1350m: 18:13.45	39.96
	200m: 2:33.48	40.58	600m: 7:56.92	40.59	1000m: 13:25.03	42.03	1400m: 18:55.12	41.67
	250m: 3:13.25	39.77	650m: 8:37.44	40.52	1050m: 14:05.90	40.87	1450m: 19:35.72	40.60
	300m: 3:54.05	40.80	700m: 9:18.82	41.38	1100m: 14:47.65	41.75	1500m: 20:14.35	38.63
	350m: 4:33.81	39.76	750m: 9:59.58	40.76	1150m: 15:28.52	40.87		
	400m: 5:14.38	40.57	800m: 10:39.97	40.39	1200m: 16:09.94	41.42		
4.	Sander van Tilburg	Den Doorn	24:43.54	198604609	24:00.16	+0,88		
	50m: 40.76	40.76	450m: 7:12.09	49.53	850m: 13:41.74	46.72	1250m: 20:03.50	48.13
	100m: 1:27.37	46.61	500m: 8:02.24	50.15	900m: 14:29.60	47.86	1300m: 20:53.01	49.51
	150m: 2:14.75	47.38	550m: 8:51.68	49.44	950m: 15:16.64	47.04	1350m: 21:40.79	47.78
	200m: 3:03.90	49.15	600m: 9:40.77	49.09	1000m: 16:04.13	47.49	1400m: 22:29.05	48.26
	250m: 3:52.90	49.00	650m: 10:29.25	48.48	1050m: 16:50.97	46.84	1450m: 23:15.55	46.50
	300m: 4:42.77	49.87	700m: 11:18.40	49.15	1100m: 17:39.14	48.17	1500m: 24:00.16	44.61
	350m: 5:32.37	49.60	750m: 12:07.14	48.74	1150m: 18:26.92	47.78		
	400m: 6:22.56	50.19	800m: 12:55.02	47.88	1200m: 19:15.37	48.45		

Programmanr. 3, Heren, 1500m vrije slag

Masters 35+

1. Gergely Molnár		Iron Aquatics	17:58.64		18:23.70	+0,78					
50m:	31.24	31.24	450m:	5:19.26	36.81	850m:	10:16.15	37.75	1250m:	15:16.76	37.47
100m:	1:05.85	34.61	500m:	5:56.05	36.79	900m:	10:53.55	37.40	1300m:	15:54.63	37.87
150m:	1:41.57	35.72	550m:	6:32.75	36.70	950m:	11:30.99	37.44	1350m:	16:32.06	37.43
200m:	2:17.21	35.64	600m:	7:09.91	37.16	1000m:	12:08.71	37.72	1400m:	17:10.16	38.10
250m:	2:53.37	36.16	650m:	7:47.01	37.10	1050m:	12:46.58	37.87	1450m:	17:47.25	37.09
300m:	3:29.51	36.14	700m:	8:23.96	36.95	1100m:	13:24.25	37.67	1500m:	18:23.70	36.45
350m:	4:05.87	36.36	750m:	9:01.56	37.60	1150m:	14:01.73	37.48			
400m:	4:42.45	36.58	800m:	9:38.40	36.84	1200m:	14:39.29	37.56			
2. Marcel Reefhuis		WS Twente	19:00.66		19:16.54	+0,82					
50m:	32.89	32.89	450m:	5:35.29	37.89	850m:	10:42.83	38.49	1250m:	15:58.71	39.65
100m:	1:09.72	36.83	500m:	6:13.80	38.51	900m:	11:22.13	39.30	1300m:	16:38.92	40.21
150m:	1:47.11	37.39	550m:	6:51.89	38.09	950m:	12:00.87	38.74	1350m:	17:18.84	39.92
200m:	2:24.93	37.82	600m:	7:30.41	38.52	1000m:	12:40.31	39.44	1400m:	17:59.26	40.42
250m:	3:02.53	37.60	650m:	8:08.40	37.99	1050m:	13:19.44	39.13	1450m:	18:38.74	39.48
300m:	3:41.10	38.57	700m:	8:47.00	38.60	1100m:	13:59.35	39.91	1500m:	19:16.54	37.80
350m:	4:18.94	37.84	750m:	9:25.23	38.23	1150m:	14:38.94	39.59			
400m:	4:57.40	38.46	800m:	10:04.34	39.11	1200m:	15:19.06	40.12			
3. Peter Eshuis		DBD	21:29.52		21:32.52	+0,79					
50m:	35.55	35.55	450m:	6:18.07	43.45	850m:	12:07.61	43.18	1250m:	17:57.67	43.69
100m:	1:16.08	40.53	500m:	7:02.00	43.93	900m:	12:51.17	43.56	1300m:	18:41.44	43.77
150m:	1:57.87	41.79	550m:	7:45.27	43.27	950m:	13:34.62	43.45	1350m:	19:25.03	43.59
200m:	2:41.12	43.25	600m:	8:29.34	44.07	1000m:	14:18.68	44.06	1400m:	20:08.61	43.58
250m:	3:23.99	42.87	650m:	9:13.14	43.80	1050m:	15:01.98	43.30	1450m:	20:51.31	42.70
300m:	4:07.55	43.56	700m:	9:57.07	43.93	1100m:	15:46.37	44.39	1500m:	21:32.52	41.21
350m:	4:50.84	43.29	750m:	10:40.61	43.54	1150m:	16:29.68	43.31			
400m:	5:34.62	43.78	800m:	11:24.43	43.82	1200m:	17:13.98	44.30			
4. Rob van Wanrooy		Gay Swim Amsterdam	22:10.05		23:34.59	+0,82					
50m:	39.94	39.94	450m:	6:51.05	46.80	850m:	13:13.61	47.95	1250m:	19:38.02	47.81
100m:	1:25.21	45.27	500m:	7:39.18	48.13	900m:	14:02.81	49.20	1300m:	20:26.69	48.67
150m:	2:10.10	44.89	550m:	8:26.45	47.27	950m:	14:50.26	47.45	1350m:	21:13.97	47.28
200m:	2:56.77	46.67	600m:	9:15.04	48.59	1000m:	15:38.64	48.38	1400m:	22:02.92	48.95
250m:	3:42.90	46.13	650m:	10:02.32	47.28	1050m:	16:25.67	47.03	1450m:	22:49.88	46.96
300m:	4:29.99	47.09	700m:	10:50.54	48.22	1100m:	17:13.92	48.25	1500m:	23:34.59	44.71
350m:	5:16.66	46.67	750m:	11:37.48	46.94	1150m:	18:01.35	47.43			
400m:	6:04.25	47.59	800m:	12:25.66	48.18	1200m:	18:50.21	48.86			
5. Dyon de Greef		Budel	22:26.66		23:51.62	+0,76					
50m:	36.99	36.99	450m:	6:52.56	47.55	850m:	13:23.14	48.83	1250m:	19:59.53	49.98
100m:	1:20.50	43.51	500m:	7:40.32	47.76	900m:	14:11.81	48.67	1300m:	20:50.18	50.65
150m:	2:07.26	46.76	550m:	8:29.27	48.95	950m:	15:00.84	49.03	1350m:	21:37.43	47.25
200m:	2:54.69	47.43	600m:	9:18.45	49.18	1000m:	15:50.20	49.36	1400m:	22:26.21	48.78
250m:	3:42.06	47.37	650m:	10:07.21	48.76	1050m:	16:40.02	49.82	1450m:	23:11.56	45.35
300m:	4:29.85	47.79	700m:	10:56.27	49.06	1100m:	17:29.74	49.72	1500m:	23:51.62	40.06
350m:	5:16.72	46.87	750m:	11:45.70	49.43	1150m:	18:19.52	49.78			
400m:	6:05.01	48.29	800m:	12:34.31	48.61	1200m:	19:09.55	50.03			

Masters 40+

1. Erwin Zuidervelt 800m*		AZ&PC De Futen	21:53.15		21:58.39 *	+0,82					
50m:	36.09	36.09	450m:	6:22.86	43.55	850m:	12:19.06	45.74	1250m:	18:18.09	43.72
100m:	1:18.10	42.01	500m:	7:07.14	44.28	900m:	13:04.84	45.78	1300m:	19:03.04	44.95
150m:	2:01.27	43.17	550m:	7:51.20	44.06	950m:	13:49.22	44.38	1350m:	19:47.74	44.70
200m:	2:44.75	43.48	600m:	8:35.46	44.26	1000m:	14:33.17	43.95	1400m:	20:31.99	44.25
250m:	3:27.99	43.24	650m:	9:19.54	44.08	1050m:	15:17.33	44.16	1450m:	21:15.88	43.89
300m:	4:11.79	43.80	700m:	10:03.55	44.01	1100m:	16:03.13	45.80	1500m:	21:58.39	42.51
350m:	4:55.53	43.74	750m:	10:48.46	44.91	1150m:	16:48.24	45.11			
400m:	5:39.31	43.78	800m:	11:33.32	44.86	1200m:	17:34.37	46.13			
2. Kasper van den Bergh		Swol 1894	22:01.61		22:22.98	+0,77					
50m:	39.53	39.53	450m:	6:30.19	44.04	850m:	12:24.98	44.06	1250m:	18:22.98	46.91
100m:	1:23.06	43.53	500m:	7:14.69	44.50	900m:	13:08.60	43.62	1300m:	19:11.07	48.09
150m:	2:07.30	44.24	550m:	7:58.64	43.95	950m:	13:52.67	44.07	1350m:	19:59.48	48.41
200m:	2:51.22	43.92	600m:	8:42.87	44.23	1000m:	14:36.10	43.43	1400m:	20:49.10	49.62
250m:	3:34.93	43.71	650m:	9:27.76	44.89	1050m:	15:20.53	44.43	1450m:	21:37.75	48.65
300m:	4:18.11	43.18	700m:	10:12.27	44.51	1100m:	16:05.72	45.19	1500m:	22:22.98	45.23
350m:	5:02.29	44.18	750m:	10:56.90	44.63	1150m:	16:51.37	45.65			
400m:	5:46.15	43.86	800m:	11:40.92	44.02	1200m:	17:36.07	44.70			



Open Nederlandse Masters  
Kampioenschappen 2017 I b  
Eindhoven, 4 t/m 7 mei 2017



Programmanr. 3, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC						
3.	Arjan Aalbers	Swol 1894	22:15.88	197500001	23:51.86	+0,88						
	50m:	36.17	36.17	450m:	6:47.30	47.91	850m:	13:16.34	48.29	1250m:	19:49.00	49.83
	100m:	1:19.02	42.85	500m:	7:35.26	47.96	900m:	14:05.09	48.75	1300m:	20:38.45	49.45
	150m:	2:03.22	44.20	550m:	8:23.16	47.90	950m:	14:53.57	48.48	1350m:	21:27.43	48.98
	200m:	2:49.38	46.16	600m:	9:12.45	49.29	1000m:	15:42.45	48.88	1400m:	22:16.88	49.45
	250m:	3:36.78	47.40	650m:	10:01.44	48.99	1050m:	16:31.44	48.99	1450m:	23:05.17	48.29
	300m:	4:24.91	48.13	700m:	10:51.06	49.62	1100m:	17:20.81	49.37	1500m:	23:51.86	46.69
	350m:	5:12.07	47.16	750m:	11:38.89	47.83	1150m:	18:09.83	49.02			
	400m:	5:59.39	47.32	800m:	12:28.05	49.16	1200m:	18:59.17	49.34			

Masters 45+

1.	Adolfo Ortiz	CN L'Hospitalet	19:41.36	197500001	19:07.37	+0,94						
	50m:	36.39	36.39	450m:	5:41.36	37.98	850m:	10:47.94	38.77	1250m:	15:59.09	39.24
	100m:	1:13.99	37.60	500m:	6:19.18	37.82	900m:	11:26.45	38.51	1300m:	16:33.64	38.94
	150m:	1:52.56	38.57	550m:	6:57.56	38.38	950m:	12:05.29	38.84	1350m:	17:16.38	38.35
	200m:	2:30.72	38.16	600m:	7:35.49	37.93	1000m:	12:44.01	38.72	1400m:	17:54.12	37.74
	250m:	3:09.09	38.37	650m:	8:13.97	38.48	1050m:	13:22.86	38.85	1450m:	18:31.32	37.20
	300m:	3:47.22	38.13	700m:	8:51.93	37.96	1100m:	14:01.70	38.84	1500m:	19:07.37	36.05
	350m:	4:25.67	38.45	750m:	9:30.59	38.66	1150m:	14:40.80	39.10			
	400m:	5:03.38	37.71	800m:	10:09.17	38.58	1200m:	15:19.85	39.05			
2.	Pieter van Gemen	DAW	19:25.68	196901779	19:11.01	+0,83						
	50m:	32.83	32.83	450m:	5:34.50	38.58	850m:	10:41.33	38.09	1250m:	15:53.23	40.18
	100m:	1:08.76	35.93	500m:	6:13.05	38.55	900m:	11:19.50	38.17	1300m:	16:33.64	40.41
	150m:	1:45.68	36.92	550m:	6:51.51	38.46	950m:	11:57.18	37.68	1350m:	17:13.72	40.08
	200m:	2:23.11	37.43	600m:	7:30.26	38.75	1000m:	12:35.96	38.78	1400m:	17:54.01	40.29
	250m:	3:00.72	37.61	650m:	8:08.39	38.13	1050m:	13:15.07	39.11	1450m:	18:33.55	39.54
	300m:	3:39.07	38.35	700m:	8:46.65	38.26	1100m:	13:54.26	39.19	1500m:	19:11.01	37.46
	350m:	4:17.43	38.36	750m:	9:24.70	38.05	1150m:	14:33.32	39.06			
	400m:	4:55.92	38.49	800m:	10:03.24	38.54	1200m:	15:13.05	39.73			
3.	René Beetsma	HZ&PC Heerenveen	19:47.35	196900069	19:41.96	+0,87						
	50m:	33.66	33.66	450m:	5:45.16	39.58	850m:	11:06.30	40.12	1250m:	16:26.43	39.91
	100m:	1:11.00	37.34	500m:	6:25.03	39.87	900m:	11:46.15	39.85	1300m:	17:06.01	39.58
	150m:	1:49.38	38.38	550m:	7:05.05	40.02	950m:	12:26.33	40.18	1350m:	17:45.41	39.40
	200m:	2:27.81	38.43	600m:	7:45.22	40.17	1000m:	13:06.25	39.92	1400m:	18:24.88	39.47
	250m:	3:06.73	38.92	650m:	8:25.31	40.09	1050m:	13:46.40	40.15	1450m:	19:03.97	39.09
	300m:	3:46.14	39.41	700m:	9:05.89	40.58	1100m:	14:26.57	40.17	1500m:	19:41.96	37.99
	350m:	4:26.06	39.92	750m:	9:45.75	39.86	1150m:	15:06.65	40.08			
	400m:	5:05.58	39.52	800m:	10:26.18	40.43	1200m:	15:46.52	39.87			
4.	Roy Danckaerts	De Fuut	20:07.68	197000231	21:09.98	+1,12						
	50m:	35.71	35.71	450m:	6:09.06	42.67	850m:	11:51.24	42.78	1250m:	17:35.59	44.33
	100m:	1:15.61	39.90	500m:	6:52.15	43.09	900m:	12:34.12	42.88	1300m:	18:18.60	43.01
	150m:	1:55.90	40.29	550m:	7:34.81	42.66	950m:	13:17.50	43.38	1350m:	19:02.27	43.67
	200m:	2:37.18	41.28	600m:	8:17.38	42.57	1000m:	14:00.01	42.51	1400m:	19:45.30	43.03
	250m:	3:19.22	42.04	650m:	9:00.40	43.02	1050m:	14:42.35	42.34	1450m:	20:28.16	42.86
	300m:	4:01.62	42.40	700m:	9:43.06	42.66	1100m:	15:24.63	42.28	1500m:	21:09.98	41.82
	350m:	4:43.77	42.15	750m:	10:25.90	42.84	1150m:	16:07.22	42.59			
	400m:	5:26.39	42.62	800m:	11:08.46	42.56	1200m:	16:51.26	44.04			
5.	Chris Kouwenhoven	De Spatters	21:18.10	197101669	22:04.18	+0,85						
	50m:	36.49	36.49	450m:	6:24.50	44.20	850m:	12:20.14	43.87	1250m:	18:20.01	44.74
	100m:	1:17.87	41.38	500m:	7:09.52	45.02	900m:	13:05.26	45.12	1300m:	19:05.64	45.63
	150m:	2:00.47	42.60	550m:	7:53.59	44.07	950m:	13:49.82	44.56	1350m:	19:50.73	45.09
	200m:	2:43.62	43.15	600m:	8:37.89	44.30	1000m:	14:34.98	45.16	1400m:	20:36.18	45.45
	250m:	3:27.37	43.75	650m:	9:22.21	44.32	1050m:	15:19.67	44.69	1450m:	21:21.03	44.85
	300m:	4:11.36	43.99	700m:	10:06.90	44.69	1100m:	16:04.79	45.12	1500m:	22:04.18	43.15
	350m:	4:55.33	43.97	750m:	10:51.73	44.83	1150m:	16:49.93	45.14			
	400m:	5:40.30	44.97	800m:	11:36.27	44.54	1200m:	17:35.27	45.34			
6.	Wouter van der Stelt	Den Doorn	23:08.83	197200889	23:13.62	+0,93						
	100m*											
	50m:	37.03	37.03	450m:	6:37.26	46.01	850m:	12:51.24	47.16	1250m:	19:12.52	47.94
	100m:	1:18.29	41.26	500m:	7:23.90	46.64	900m:	13:38.31	47.07	1300m:	20:00.77	48.25
	150m:	2:02.39	44.10	550m:	8:10.24	46.34	950m:	14:25.77	47.46	1350m:	20:49.02	48.25
	200m:	2:47.47	45.08	600m:	8:57.22	46.98	1000m:	15:13.43	47.66	1400m:	21:37.37	48.35
	250m:	3:32.64	45.17	650m:	9:43.38	46.16	1050m:	16:01.14	47.71	1450m:	22:25.55	48.18
	300m:	4:18.93	46.29	700m:	10:30.38	47.00	1100m:	16:48.96	47.82	1500m:	23:13.62	48.07
	350m:	5:04.82	45.89	750m:	11:17.44	47.06	1150m:	17:36.80	47.84			
	400m:	5:51.25	46.43	800m:	12:04.08	46.64	1200m:	18:24.58	47.78			

Programmanr. 3, Heren, 1500m vrije slag

Masters 50+

1. Erlend Alstad		I.L. Varg		17:42.17		M210367		<b>18:46.20</b>		+0,83	
<i>Kampioenschaps Record, Norwegian Masters Record</i>											
50m:	33.05	33.05	450m:	5:31.08	38.30	850m:	10:32.74	37.93	1250m:	15:37.44	38.35
100m:	1:09.42	36.37	500m:	6:09.83	38.75	900m:	11:11.10	38.36	1300m:	16:15.94	38.50
150m:	1:46.04	36.62	550m:	6:46.78	36.95	950m:	11:49.04	37.94	1350m:	16:53.88	37.94
200m:	2:23.43	37.39	600m:	7:24.63	37.85	1000m:	12:27.16	38.12	1400m:	17:31.59	37.71
250m:	3:00.27	36.84	650m:	8:02.38	37.75	1050m:	13:04.95	37.79	1450m:	18:09.46	37.87
300m:	3:37.95	37.68	700m:	8:39.99	37.61	1100m:	13:43.51	38.56	1500m:	18:46.20	36.74
350m:	4:15.22	37.27	750m:	9:17.48	37.49	1150m:	14:21.14	37.63			
400m:	4:52.78	37.56	800m:	9:54.81	37.33	1200m:	14:59.09	37.95			
2. Bob de Vries		Aquapoldro		18:10.09		196601101		<b>18:56.89</b>		+0,74	
50m:	31.40	31.40	450m:	5:33.37	38.51	850m:	10:39.48	37.85	1250m:	15:46.76	38.49
100m:	1:08.00	36.60	500m:	6:12.04	38.67	900m:	11:17.73	38.25	1300m:	16:25.42	38.66
150m:	1:45.36	37.36	550m:	6:50.14	38.10	950m:	11:55.94	38.21	1350m:	17:03.93	38.51
200m:	2:22.87	37.51	600m:	7:28.12	37.98	1000m:	12:34.19	38.25	1400m:	17:42.25	38.32
250m:	3:00.42	37.55	650m:	8:06.13	38.01	1050m:	13:12.52	38.33	1450m:	18:20.47	38.22
300m:	3:38.41	37.99	700m:	8:45.01	38.88	1100m:	13:50.98	38.46	1500m:	18:56.89	36.42
350m:	4:16.30	37.89	750m:	9:23.01	38.00	1150m:	14:29.51	38.53			
400m:	4:54.86	38.56	800m:	10:01.63	38.62	1200m:	15:08.27	38.76			
3. Jordi Van Engelen		Zwemclub Iloka Kapellen		19:42.62		11008/66		<b>19:32.93</b>		+0,95	
<i>Belgisch Masters Record</i>											
50m:	34.68	34.68	450m:	5:45.16	39.14	850m:	10:59.48	39.58	1250m:	16:16.79	39.54
100m:	1:12.64	37.96	500m:	6:24.41	39.25	900m:	11:39.16	39.68	1300m:	16:56.82	40.03
150m:	1:50.89	38.25	550m:	7:03.69	39.28	950m:	12:18.57	39.41	1350m:	17:36.67	39.85
200m:	2:29.99	39.10	600m:	7:42.87	39.18	1000m:	12:57.95	39.38	1400m:	18:16.39	39.72
250m:	3:08.94	38.95	650m:	8:22.10	39.23	1050m:	13:37.89	39.94	1450m:	18:55.61	39.22
300m:	3:48.06	39.12	700m:	9:01.06	38.96	1100m:	14:17.96	40.07	1500m:	19:32.93	37.32
350m:	4:27.16	39.10	750m:	9:40.57	39.51	1150m:	14:57.10	39.14			
400m:	5:06.02	38.86	800m:	10:19.90	39.33	1200m:	15:37.25	40.15			
4. Nico Paasse		SGGO (SG)		20:38.97		196501463		<b>20:45.83</b>		+0,95	
50m:	34.41	34.41	450m:	6:06.22	42.37	850m:	11:40.13	41.83	1250m:	17:16.20	42.19
100m:	1:12.80	38.39	500m:	6:48.24	42.02	900m:	12:21.95	41.82	1300m:	17:59.11	42.91
150m:	1:53.88	41.08	550m:	7:29.55	41.31	950m:	13:03.35	41.40	1350m:	18:41.35	42.24
200m:	2:35.84	41.96	600m:	8:11.26	41.71	1000m:	13:45.39	42.04	1400m:	19:24.26	42.91
250m:	3:17.61	41.77	650m:	8:53.35	42.09	1050m:	14:26.73	41.34	1450m:	20:06.11	41.85
300m:	3:59.19	41.58	700m:	9:35.37	42.02	1100m:	15:08.84	42.11	1500m:	20:45.83	39.72
350m:	4:41.11	41.92	750m:	10:16.56	41.19	1150m:	15:51.26	42.42			
400m:	5:23.85	42.74	800m:	10:58.30	41.74	1200m:	16:34.01	42.75			
5. Karim Naili		CNBA		20:55.97		000664/66		<b>20:53.23</b>		+0,97	
50m:	35.17	35.17	450m:	6:05.72	41.77	850m:	11:42.60	41.97	1250m:	17:23.14	42.77
100m:	1:15.64	40.47	500m:	6:48.10	42.38	900m:	12:25.77	43.17	1300m:	18:05.71	42.57
150m:	1:56.70	41.06	550m:	7:29.88	41.78	950m:	13:08.08	42.31	1350m:	18:47.82	42.11
200m:	2:38.31	41.61	600m:	8:12.58	42.70	1000m:	13:50.43	42.35	1400m:	19:30.63	42.81
250m:	3:19.39	41.08	650m:	8:54.41	41.83	1050m:	14:32.80	42.37	1450m:	20:13.22	42.59
300m:	4:01.06	41.67	700m:	9:36.43	42.02	1100m:	15:15.54	42.74	1500m:	20:53.23	40.01
350m:	4:42.11	41.05	750m:	10:18.39	41.96	1150m:	15:57.60	42.06			
400m:	5:23.95	41.84	800m:	11:00.63	42.24	1200m:	16:40.37	42.77			
6. Joost de Kroon		AquAmigos		22:06.37		196400999		<b>22:29.53</b>		+1,20	
50m:	39.66	39.66	450m:	6:40.90	45.28	850m:	12:44.56	46.11	1250m:	18:47.79	44.85
100m:	1:23.59	43.93	500m:	7:26.09	45.19	900m:	13:29.94	45.38	1300m:	19:34.19	46.40
150m:	2:08.40	44.81	550m:	8:11.81	45.72	950m:	14:15.49	45.55	1350m:	20:19.55	45.36
200m:	2:53.71	45.31	600m:	8:57.41	45.60	1000m:	15:01.01	45.52	1400m:	21:04.80	45.25
250m:	3:38.96	45.25	650m:	9:42.62	45.21	1050m:	15:46.42	45.41	1450m:	21:49.24	44.44
300m:	4:24.42	45.46	700m:	10:27.86	45.24	1100m:	16:31.67	45.25	1500m:	22:29.53	40.29
350m:	5:09.79	45.37	750m:	11:13.01	45.15	1150m:	17:17.39	45.72			
400m:	5:55.62	45.83	800m:	11:58.45	45.44	1200m:	18:02.94	45.55			
7. Huyb Stegeman		Steenwijk 1934		21:38.79		196701535		<b>22:38.65</b>		+0,89	
50m:	36.40	36.40	450m:	6:30.79	45.65	850m:	12:40.97	46.12	1250m:	18:51.40	46.31
100m:	1:17.10	40.70	500m:	7:17.33	46.54	900m:	13:27.30	46.33	1300m:	19:38.08	46.68
150m:	1:59.79	42.69	550m:	8:03.39	46.06	950m:	14:13.31	46.01	1350m:	20:24.02	45.94
200m:	2:43.71	43.92	600m:	8:49.83	46.44	1000m:	14:59.67	46.36	1400m:	21:09.84	45.82
250m:	3:28.05	44.34	650m:	9:35.97	46.14	1050m:	15:45.74	46.07	1450m:	21:55.01	45.17
300m:	4:13.38	45.33	700m:	10:22.52	46.55	1100m:	16:32.06	46.32	1500m:	22:38.65	43.64
350m:	4:58.70	45.32	750m:	11:08.63	46.11	1150m:	17:18.57	46.51			
400m:	5:45.14	46.44	800m:	11:54.85	46.22	1200m:	18:05.09	46.52			

Programmanr. 3, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
8.	Fred Dijkshoorn	Zwemvereniging Westland	21:52.44	196501539	22:52.35	+0,91		
	50m: 38.16	38.16	450m: 6:46.29	46.33	850m: 13:00.19	46.63	1250m: 19:10.00	45.82
	100m: 1:22.10	43.94	500m: 7:32.75	46.46	900m: 13:47.75	47.56	1300m: 19:55.87	45.87
	150m: 2:07.98	45.88	550m: 8:19.35	46.60	950m: 14:33.55	45.80	1350m: 20:42.50	46.63
	200m: 2:54.55	46.57	600m: 9:06.25	46.90	1000m: 15:20.85	47.30	1400m: 21:27.52	45.02
	250m: 3:41.04	46.49	650m: 9:53.25	47.00	1050m: 16:07.07	46.22	1450m: 22:12.04	44.52
	300m: 4:27.44	46.40	700m: 10:39.92	46.67	1100m: 16:53.93	46.86	1500m: 22:52.35	40.31
	350m: 5:13.68	46.24	750m: 11:27.15	47.23	1150m: 17:39.10	45.17		
	400m: 5:59.96	46.28	800m: 12:13.56	46.41	1200m: 18:24.18	45.08		
9.	Casper Dollekamp	Steenwijk 1934	23:05.95	196301341	24:35.48	+0,81		
	50m: 39.14	39.14	450m: 7:01.19	49.57	850m: 13:45.71	51.11	1250m: 20:30.21	50.26
	100m: 1:24.08	44.94	500m: 7:50.75	49.56	900m: 14:36.57	50.86	1300m: 21:21.71	51.50
	150m: 2:10.16	46.08	550m: 8:41.48	50.73	950m: 15:26.98	50.41	1350m: 22:11.58	49.87
	200m: 2:56.85	46.69	600m: 9:31.22	49.74	1000m: 16:17.55	50.57	1400m: 23:01.44	49.86
	250m: 3:44.88	48.03	650m: 10:21.63	50.41	1050m: 17:08.47	50.92	1450m: 23:49.85	48.41
	300m: 4:33.31	48.43	700m: 11:12.85	51.22	1100m: 17:59.38	50.91	1500m: 24:35.48	45.63
	350m: 5:22.62	49.31	750m: 12:03.07	50.22	1150m: 18:49.90	50.52		
	400m: 6:11.62	49.00	800m: 12:54.60	51.53	1200m: 19:39.95	50.05		
10.	Nico Buurman	PSV	25:36.04	196401357	25:51.92 *	+1,26		
	50m: 43.49	43.49	450m: 7:40.73	52.83	850m: 14:35.98	52.22	1250m: 21:33.66	52.68
	100m: 1:33.35	49.86	500m: 8:32.54	51.81	900m: 15:27.71	51.73	1300m: 22:25.24	51.58
	150m: 2:25.29	51.94	550m: 9:24.11	51.57	950m: 16:20.46	52.75	1350m: 23:17.88	52.64
	200m: 3:17.15	51.86	600m: 10:15.89	51.78	1000m: 17:12.92	52.46	1400m: 24:10.02	52.14
	250m: 4:10.36	53.21	650m: 11:07.95	52.06	1050m: 18:04.31	51.39	1450m: 25:01.54	51.52
	300m: 5:02.59	52.23	700m: 11:59.90	51.95	1100m: 18:56.37	52.06	1500m: 25:51.92	50.38
	350m: 5:55.74	53.15	750m: 12:52.27	52.37	1150m: 19:48.55	52.18		
	400m: 6:47.90	52.16	800m: 13:43.76	51.49	1200m: 20:40.98	52.43		
11.	Vincent Eijt	WVZ	24:48.21	196701735	25:53.72	+1,23		
	50m: 43.18	43.18	450m: 7:35.91	52.18	850m: 14:34.47	53.76	1250m: 21:36.48	52.15
	100m: 1:30.89	47.71	500m: 8:28.60	52.69	900m: 15:28.36	53.89	1300m: 22:29.77	53.29
	150m: 2:22.42	51.53	550m: 9:20.40	51.80	950m: 16:20.58	52.22	1350m: 23:21.44	51.67
	200m: 3:14.06	51.64	600m: 10:11.98	51.58	1000m: 17:13.50	52.92	1400m: 24:13.28	51.84
	250m: 4:06.02	51.96	650m: 11:03.71	51.73	1050m: 18:05.97	52.47	1450m: 25:04.40	51.12
	300m: 4:58.75	52.73	700m: 11:56.57	52.86	1100m: 18:58.68	52.71	1500m: 25:53.72	49.32
	350m: 5:51.12	52.37	750m: 12:48.15	51.58	1150m: 19:51.45	52.77		
	400m: 6:43.73	52.61	800m: 13:40.71	52.56	1200m: 20:44.33	52.88		
12.	Adri Pasman	Zuiderzeewimmers	26:18.12	196400573	25:58.65	+1,26		
	50m: 44.77	44.77	450m: 7:37.41	53.19	850m: 14:37.39	52.05	1250m: 21:34.78	51.80
	100m: 1:34.79	50.02	500m: 8:30.56	53.15	900m: 15:29.69	52.30	1300m: 22:28.37	53.59
	150m: 2:24.87	50.08	550m: 9:23.14	52.58	950m: 16:21.42	51.73	1350m: 23:20.39	52.02
	200m: 3:16.59	51.72	600m: 10:14.61	51.47	1000m: 17:13.11	51.69	1400m: 24:14.65	54.26
	250m: 4:07.12	50.53	650m: 11:07.79	53.18	1050m: 18:04.86	51.75	1450m: 25:07.45	52.80
	300m: 4:59.55	52.43	700m: 12:00.06	52.27	1100m: 18:57.27	52.41	1500m: 25:58.65	51.20
	350m: 5:51.94	52.39	750m: 12:52.84	52.78	1150m: 19:49.25	51.98		
	400m: 6:44.22	52.28	800m: 13:45.34	52.50	1200m: 20:42.98	53.73		
13.	Rik van Gasteren	AquAmigos	28:17.95	196401015	29:03.22	+1,09		
	50m: 47.14	47.14	450m: 8:32.79	59.97	850m: 16:29.09	1:01.50	1250m: 24:21.82	57.97
	100m: 1:41.49	54.35	500m: 9:32.29	59.50	900m: 17:29.04	59.95	1300m: 25:21.59	59.77
	150m: 2:37.64	56.15	550m: 10:33.33	1:01.04	950m: 18:28.63	59.59	1350m: 26:18.05	56.46
	200m: 3:35.58	57.94	600m: 11:33.04	59.71	1000m: 19:27.16	58.53	1400m: 27:16.10	58.05
	250m: 4:33.57	57.99	650m: 12:32.20	59.16	1050m: 20:25.51	58.35	1450m: 28:12.92	56.82
	300m: 5:34.34	1:00.77	700m: 13:31.65	59.45	1100m: 21:24.47	58.96	1500m: 29:03.22	50.30
	350m: 6:33.80	59.46	750m: 14:30.08	58.43	1150m: 22:23.11	58.64		
	400m: 7:32.82	59.02	800m: 15:27.59	57.51	1200m: 23:23.85	1:00.74		

Masters 55+

1.	Marten de Groot	HZ&PC Heerenvveen	19:00.81	195800149	19:04.85	+0,77		
	50m: 33.15	33.15	450m: 5:35.10	38.15	850m: 10:42.30	38.49	1250m: 15:53.67	38.81
	100m: 1:09.79	36.64	500m: 6:13.04	37.94	900m: 11:21.05	38.75	1300m: 16:33.08	39.41
	150m: 1:46.96	37.17	550m: 6:51.58	38.54	950m: 11:59.47	38.42	1350m: 17:12.17	39.09
	200m: 2:24.93	37.97	600m: 7:29.80	38.22	1000m: 12:38.86	39.39	1400m: 17:51.24	39.07
	250m: 3:02.77	37.84	650m: 8:08.12	38.32	1050m: 13:17.76	38.90	1450m: 18:29.35	38.11
	300m: 3:40.87	38.10	700m: 8:46.77	38.65	1100m: 13:56.98	39.22	1500m: 19:04.85	35.50
	350m: 4:18.93	38.06	750m: 9:24.92	38.15	1150m: 14:35.43	38.45		
	400m: 4:56.95	38.02	800m: 10:03.81	38.89	1200m: 15:14.86	39.43		

Programmanr. 3, Heren, 1500m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
2.	Jan Brink	ZPC De Zeeuwse Kust	19:27.45	196200091	19:44.85	+0,94		
	50m: 34.65	34.65	450m: 5:51.88	39.62	850m: 11:10.20	39.32	1250m: 16:27.58	39.55
	100m: 1:13.73	39.08	500m: 6:32.16	40.28	900m: 11:50.02	39.82	1300m: 17:08.96	41.38
	150m: 1:53.18	39.45	550m: 7:11.91	39.75	950m: 12:29.42	39.40	1350m: 17:48.80	39.84
	200m: 2:33.11	39.93	600m: 7:52.57	40.66	1000m: 13:08.94	39.52	1400m: 18:33.40	40.42
	250m: 3:12.71	39.60	650m: 8:31.61	39.04	1050m: 13:48.16	39.22	1450m: 19:08.31	39.09
	300m: 3:52.73	40.02	700m: 9:11.58	39.97	1100m: 14:28.34	40.18	1500m: 19:44.85	36.54
	350m: 4:32.27	39.54	750m: 9:51.03	39.45	1150m: 15:07.92	39.58		
	400m: 5:12.26	39.99	800m: 10:30.88	39.85	1200m: 15:48.03	40.11		
3.	Hugo Bregman	Albion d'ELFT (SG)	19:34.46	195800069	19:46.20	+0,82		
	50m: 34.90	34.90	450m: 5:52.34	39.68	850m: 11:13.02	40.22	1250m: 16:33.47	40.47
	100m: 1:14.03	39.13	500m: 6:32.46	40.12	900m: 11:53.25	40.23	1300m: 17:13.62	40.15
	150m: 1:53.60	39.57	550m: 7:12.67	40.21	950m: 12:32.90	39.65	1350m: 17:54.00	40.38
	200m: 2:33.56	39.96	600m: 7:52.81	40.14	1000m: 13:13.15	40.25	1400m: 18:33.40	39.40
	250m: 3:13.30	39.74	650m: 8:32.78	39.97	1050m: 13:52.89	39.74	1450m: 19:12.19	38.79
	300m: 3:52.94	39.64	700m: 9:12.95	40.17	1100m: 14:33.17	40.28	1500m: 19:46.20	34.01
	350m: 4:32.94	40.00	750m: 9:52.79	39.84	1150m: 15:12.61	39.44		
	400m: 5:12.66	39.72	800m: 10:32.80	40.01	1200m: 15:53.00	40.39		
4.	Marius Ros	ZCNF'34	20:20.43	195900779	21:51.74	+0,85		
	50m: 39.11	39.11	450m: 6:31.25	43.83	850m: 12:21.80	44.07	1250m: 18:14.17	44.20
	100m: 1:22.99	43.88	500m: 7:15.17	43.92	900m: 13:06.20	44.40	1300m: 18:58.64	44.47
	150m: 2:07.15	44.16	550m: 7:58.77	43.60	950m: 13:49.06	42.86	1350m: 19:42.94	44.30
	200m: 2:51.38	44.23	600m: 8:42.85	44.08	1000m: 14:33.19	44.13	1400m: 20:27.41	44.47
	250m: 3:35.39	44.01	650m: 9:26.53	43.68	1050m: 15:17.35	44.16	1450m: 21:10.69	43.28
	300m: 4:19.37	43.98	700m: 10:10.25	43.72	1100m: 16:01.44	44.09	1500m: 21:51.74	41.05
	350m: 5:03.30	43.93	750m: 10:53.82	43.57	1150m: 16:45.65	44.21		
	400m: 5:47.42	44.12	800m: 11:37.73	43.91	1200m: 17:29.97	44.32		
5.	Henk Kuipers 100/200m*	UZSC	22:21.44	196201207	21:57.37	+0,82		
	50m: 39.76	39.76	450m: 6:34.69	44.04	850m: 12:27.67	43.54	1250m: 18:19.77	43.80
	100m: 1:24.36	44.60	500m: 7:19.49	44.80	900m: 13:12.11	44.44	1300m: 19:04.50	44.73
	150m: 2:08.23	43.87	550m: 8:03.09	43.60	950m: 13:55.73	43.62	1350m: 19:48.00	43.50
	200m: 2:53.09	44.86	600m: 8:47.47	44.38	1000m: 14:40.11	44.38	1400m: 20:32.98	44.98
	250m: 3:37.13	44.04	650m: 9:31.19	43.72	1050m: 15:23.52	43.41	1450m: 21:16.39	43.41
	300m: 4:21.88	44.75	700m: 10:16.03	44.84	1100m: 16:08.25	44.73	1500m: 21:57.37	40.98
	350m: 5:05.79	43.91	750m: 10:59.57	43.54	1150m: 16:51.85	43.60		
	400m: 5:50.65	44.86	800m: 11:44.13	44.56	1200m: 17:35.97	44.12		
6.	Wim Wijtes	Aqua-Novio'94	21:19.22	195800483	22:19.83	+0,79		
	50m: 37.92	37.92	450m: 6:32.39	45.01	850m: 12:34.27	45.23	1250m: 18:36.97	45.31
	100m: 1:19.89	41.97	500m: 7:17.65	45.26	900m: 13:19.62	45.35	1300m: 19:22.17	45.20
	150m: 2:03.58	43.69	550m: 8:02.57	44.92	950m: 14:04.80	45.18	1350m: 20:07.39	45.22
	200m: 2:48.05	44.47	600m: 8:47.88	45.31	1000m: 14:50.06	45.26	1400m: 20:52.41	45.02
	250m: 3:32.45	44.40	650m: 9:33.10	45.22	1050m: 15:35.77	45.71	1450m: 21:36.82	44.41
	300m: 4:17.53	45.08	700m: 10:18.92	45.82	1100m: 16:21.43	45.66	1500m: 22:19.83	43.01
	350m: 5:02.39	44.86	750m: 11:03.99	45.07	1150m: 17:06.30	44.87		
	400m: 5:47.38	44.99	800m: 11:49.04	45.05	1200m: 17:51.66	45.36		
7.	Paul van der Voort	De Zwoer	22:05.96	196200715	23:12.56	+1,19		
	50m: 36.91	36.91	450m: 6:45.56	46.51	850m: 13:00.78	47.22	1250m: 19:16.69	45.44
	100m: 1:19.45	42.54	500m: 7:32.47	46.91	900m: 13:48.21	47.43	1300m: 20:05.48	48.79
	150m: 2:05.05	45.60	550m: 8:19.30	46.83	950m: 14:34.76	46.55	1350m: 20:53.07	47.59
	200m: 2:51.81	46.76	600m: 9:06.74	47.44	1000m: 15:21.20	46.44	1400m: 21:40.60	47.53
	250m: 3:38.48	46.67	650m: 9:53.46	46.72	1050m: 16:08.46	47.26	1450m: 22:26.97	46.37
	300m: 4:25.40	46.92	700m: 10:40.06	46.60	1100m: 16:55.76	47.30	1500m: 23:12.56	45.59
	350m: 5:12.42	47.02	750m: 11:26.30	46.24	1150m: 17:43.56	47.80		
	400m: 5:59.05	46.63	800m: 12:13.56	47.26	1200m: 18:31.25	47.69		
8.	Jeroen Ouendag	GoSwim	25:32.72	195900725	27:02.04	+1,14		
	50m: 46.72	46.72	450m: 8:03.91	54.28	850m: 15:16.38	54.29	1250m: 22:32.03	54.22
	100m: 1:38.66	51.94	500m: 8:58.24	54.33	900m: 16:10.16	53.78	1300m: 23:27.18	55.15
	150m: 2:33.66	55.00	550m: 9:52.15	53.91	950m: 17:04.71	54.55	1350m: 24:21.55	54.37
	200m: 3:28.76	55.10	600m: 10:46.40	54.25	1000m: 17:59.20	54.49	1400m: 25:16.64	55.09
	250m: 4:24.54	55.78	650m: 11:40.19	53.79	1050m: 18:53.64	54.44	1450m: 26:11.53	54.89
	300m: 5:19.53	54.99	700m: 12:33.69	53.50	1100m: 19:48.88	55.24	1500m: 27:02.04	50.51
	350m: 6:14.59	55.06	750m: 13:28.23	54.54	1150m: 20:42.78	53.90		
	400m: 7:09.63	55.04	800m: 14:22.09	53.86	1200m: 21:37.81	55.03		
9.	Kees Karsten	Gay Swim Amsterdam	30:40.98	195800203	29:39.12	+0,87		
	50m: 47.65	47.65	450m: 8:42.90	1:00.02	850m: 16:42.61	1:02.25	1250m: 24:42.90	1:01.91
	100m: 1:44.00	56.35	500m: 9:42.11	59.21	900m: 17:41.54	58.93	1300m: 25:43.36	1:00.46
	150m: 2:43.35	59.35	550m: 10:42.55	1:00.44	950m: 18:41.33	59.79	1350m: 26:45.91	1:02.55
	200m: 3:42.86	59.51	600m: 11:40.93	58.38	1000m: 19:40.47	59.14	1400m: 27:44.99	59.08
	250m: 4:43.57	1:00.71	650m: 12:42.71	1:01.78	1050m: 20:39.67	59.20	1450m: 28:44.00	59.01
	300m: 5:44.28	1:00.71	700m: 13:42.20	59.49	1100m: 21:39.53	59.86	1500m: 29:39.12	55.12
	350m: 6:43.99	59.71	750m: 14:40.77	58.57	1150m: 22:41.22	1:01.69		
	400m: 7:42.88	58.89	800m: 15:40.36	59.59	1200m: 23:40.99	59.77		

Programmanr. 3, Heren, 1500m vrije slag

Masters 60+

<b>1. Paul Bunnik</b>		<b>Triton</b>		<b>22:43.76</b>		<b>195600413</b>		<b>23:06.38</b>		<b>+0,86</b>	
50m:	37.34	37.34	450m:	6:34.34	46.38	850m:	12:49.55	46.61	1250m:	19:11.76	47.45
100m:	1:16.89	39.55	500m:	7:20.62	46.28	900m:	13:37.66	48.11	1300m:	20:00.39	48.63
150m:	2:00.33	43.44	550m:	8:06.85	46.23	950m:	14:25.05	47.39	1350m:	20:47.40	47.01
200m:	2:45.13	44.80	600m:	8:54.39	47.54	1000m:	15:13.69	48.64	1400m:	21:35.58	48.18
250m:	3:29.78	44.65	650m:	9:40.67	46.28	1050m:	16:00.45	46.76	1450m:	22:22.82	47.24
300m:	4:16.13	46.35	700m:	10:28.43	47.76	1100m:	16:48.74	48.29	1500m:	23:06.38	43.56
350m:	5:01.98	45.85	750m:	11:15.70	47.27	1150m:	17:35.84	47.10			
400m:	5:47.96	45.98	800m:	12:02.94	47.24	1200m:	18:24.31	48.47			
<b>2. Henk Slomp</b>		<b>De Inktvis</b>		<b>22:09.81</b>		<b>195500359</b>		<b>23:12.86</b>		<b>+0,90</b>	
50m:	37.72	37.72	450m:	6:46.23	46.32	850m:	13:02.69	47.31	1250m:	19:21.21	46.41
100m:	1:21.21	43.49	500m:	7:33.34	47.11	900m:	13:50.48	47.79	1300m:	20:09.22	48.01
150m:	2:06.85	45.64	550m:	8:19.76	46.42	950m:	14:37.81	47.33	1350m:	20:56.40	47.18
200m:	2:53.61	46.76	600m:	9:06.82	47.06	1000m:	15:25.73	47.92	1400m:	21:44.18	47.78
250m:	3:40.16	46.55	650m:	9:53.60	46.78	1050m:	16:12.12	46.39	1450m:	22:30.78	46.60
300m:	4:26.81	46.65	700m:	10:41.53	47.93	1100m:	17:00.28	48.16	1500m:	23:12.86	42.08
350m:	5:13.37	46.56	750m:	11:28.16	46.63	1150m:	17:46.93	46.65			
400m:	5:59.91	46.54	800m:	12:15.38	47.22	1200m:	18:34.80	47.87			
<b>3. Wim Scherpenisse</b>		<b>UZSC</b>		<b>23:51.97</b>		<b>195500447</b>		<b>23:53.41</b>		<b>+1,09</b>	
50m:	41.72	41.72	450m:	7:05.08	49.03	850m:	13:28.81	47.68	1250m:	19:53.17	47.41
100m:	1:28.05	46.33	500m:	7:52.60	47.52	900m:	14:17.63	48.82	1300m:	20:42.33	49.16
150m:	2:15.42	47.37	550m:	8:40.38	47.78	950m:	15:05.10	47.47	1350m:	21:30.59	48.26
200m:	3:03.56	48.14	600m:	9:29.30	48.92	1000m:	15:53.97	48.87	1400m:	22:18.81	48.22
250m:	3:53.03	49.47	650m:	10:17.32	48.02	1050m:	16:40.81	46.84	1450m:	23:06.14	47.33
300m:	4:39.97	46.94	700m:	11:05.56	48.24	1100m:	17:29.50	48.69	1500m:	23:53.41	47.27
350m:	5:27.60	47.63	750m:	11:52.71	47.15	1150m:	18:16.87	47.37			
400m:	6:16.05	48.45	800m:	12:41.13	48.42	1200m:	19:05.76	48.89			
<b>4. Lex Hoogendam</b>		<b>ZZ&amp;PC De Devel</b>		<b>23:07.30</b>		<b>195700541</b>		<b>24:16.75</b>		<b>+0,92</b>	
50m:	40.27	40.27	450m:	7:01.62	48.77	850m:	13:33.73	49.21	1250m:	20:09.99	49.52
100m:	1:25.29	45.02	500m:	7:50.30	48.68	900m:	14:23.06	49.33	1300m:	20:59.64	49.65
150m:	2:12.42	47.13	550m:	8:39.10	48.80	950m:	15:12.64	49.58	1350m:	21:49.85	50.21
200m:	3:00.10	47.68	600m:	9:28.05	48.95	1000m:	16:02.09	49.45	1400m:	22:39.45	49.60
250m:	3:47.91	47.81	650m:	10:16.92	48.87	1050m:	16:51.36	49.27	1450m:	23:28.44	48.99
300m:	4:35.84	47.93	700m:	11:06.00	49.08	1100m:	17:40.94	49.58	1500m:	24:16.75	48.31
350m:	5:24.11	48.27	750m:	11:55.35	49.35	1150m:	18:30.47	49.53			
400m:	6:12.85	48.74	800m:	12:44.52	49.17	1200m:	19:20.47	50.00			

Masters 65+

<b>1. Ludwig Lorenz</b>		<b>SG Gladbeck/Recklinghausen</b>		<b>26:08.47</b>		<b>127866</b>		<b>27:29.32</b>		<b>+1,17</b>	
<i>100/200/400/800m*</i>											
50m:	49.90	49.90	450m:	7:57.98	53.91	850m:	15:18.15	56.03	1250m:	22:48.58	57.01
100m:	1:44.00	54.10	500m:	8:52.45	54.47	900m:	16:14.54	56.39	1300m:	23:45.11	56.53
150m:	2:37.24	53.24	550m:	9:46.78	54.33	950m:	17:10.85	56.31	1350m:	24:41.27	56.16
200m:	3:31.02	53.78	600m:	10:40.91	54.13	1000m:	18:07.36	56.51	1400m:	25:38.18	56.91
250m:	4:24.14	53.12	650m:	11:35.87	54.96	1050m:	19:03.08	55.72	1450m:	26:35.80	57.62
300m:	5:16.98	52.84	700m:	12:31.82	55.95	1100m:	19:59.82	56.74	1500m:	27:29.32	53.52
350m:	6:10.20	53.22	750m:	13:26.94	55.12	1150m:	20:55.55	55.73			
400m:	7:04.07	53.87	800m:	14:22.12	55.18	1200m:	21:51.57	56.02			

AFGEM Wout Hemmes

De Plons

23:26.63

194800059

Masters 70+

<b>1. Rob Hanou</b>		<b>PSV</b>		<b>25:41.34</b>		<b>194300109</b>		<b>26:00.90</b>		<b>+1,11</b>	
50m:	42.93	42.93	450m:	7:37.62	52.45	850m:	14:37.82	51.97	1250m:	21:41.58	53.42
100m:	1:32.52	49.59	500m:	8:29.96	52.34	900m:	15:30.16	52.34	1300m:	22:34.62	53.04
150m:	2:23.74	51.22	550m:	9:22.67	52.71	950m:	16:23.25	53.09	1350m:	23:27.43	52.81
200m:	3:15.48	51.74	600m:	10:14.92	52.25	1000m:	17:15.90	52.65	1400m:	24:20.43	53.00
250m:	4:07.70	52.22	650m:	11:07.91	52.99	1050m:	18:08.68	52.78	1450m:	25:12.25	51.82
300m:	4:59.79	52.09	700m:	12:00.34	52.43	1100m:	19:01.92	53.24	1500m:	26:00.90	48.65
350m:	5:52.40	52.61	750m:	12:52.81	52.47	1150m:	19:54.96	53.04			
400m:	6:45.17	52.77	800m:	13:45.85	53.04	1200m:	20:48.16	53.20			

Masters 75+



Programmanr. 3, Heren, 1500m vrije slag, Masters 75+

rang	naam	vereniging	inschrijftijd		tijd	RT	IPC	
1.	Frederik Hendrik De Bruijn <i>Kampioenschaps Record, 50m*</i>	CN Aquamasters	24:37.94	0X0345415	<b>25:40.19</b>	+1,09		
	50m: 49.01	49.01	450m: 7:38.75	49.60	850m: 14:29.68	50.04	1250m: 21:25.14	51.19
	100m: 1:41.21	52.20	500m: 8:31.26	52.51	900m: 15:23.02	53.34	1300m: 22:17.31	52.17
	150m: 2:31.13	49.92	550m: 9:21.16	49.90	950m: 16:13.68	50.66	1350m: 23:08.36	51.05
	200m: 3:22.13	51.00	600m: 10:13.20	52.04	1000m: 17:06.82	53.14	1400m: 24:00.02	51.66
	250m: 4:13.33	51.20	650m: 11:03.60	50.40	1050m: 17:57.28	50.46	1450m: 24:50.75	50.73
	300m: 5:06.08	52.75	700m: 11:56.65	53.05	1100m: 18:50.51	53.23	1500m: 25:40.19	49.44
	350m: 5:56.79	50.71	750m: 12:46.26	49.61	1150m: 19:41.37	50.86		
	400m: 6:49.15	52.36	800m: 13:39.64	53.38	1200m: 20:33.95	52.58		
2.	Frans van Enst	WS Twente	25:58.11	19400011	<b>26:52.64</b>	+0,98		
	50m: 43.25	43.25	450m: 7:40.82	52.72	850m: 14:51.10	54.29	1250m: 22:15.88	56.00
	100m: 1:33.13	49.88	500m: 8:33.76	52.94	900m: 15:45.41	54.31	1300m: 23:12.32	56.44
	150m: 2:25.40	52.27	550m: 9:27.90	54.14	950m: 16:40.92	55.51	1350m: 24:08.47	56.15
	200m: 3:17.77	52.37	600m: 10:21.14	53.24	1000m: 17:35.94	55.02	1400m: 25:04.56	56.09
	250m: 4:08.87	51.10	650m: 11:14.69	53.55	1050m: 18:31.20	55.26	1450m: 25:59.91	55.35
	300m: 5:01.68	52.81	700m: 12:08.93	54.24	1100m: 19:27.13	55.93	1500m: 26:52.64	52.73
	350m: 5:54.95	53.27	750m: 13:02.60	53.67	1150m: 20:23.31	56.18		
	400m: 6:48.10	53.15	800m: 13:56.81	54.21	1200m: 21:19.88	56.57		
3.	Geza Kaltenecker	AZC	27:20.90	19420065	<b>28:11.04</b>	+0,94		
	50m: 45.67	45.67	450m: 8:18.07	57.11	850m: 15:57.04	57.29	1250m: 23:35.14	56.88
	100m: 1:39.63	53.96	500m: 9:16.09	58.02	900m: 16:54.63	57.59	1300m: 24:33.07	57.93
	150m: 2:34.57	54.94	550m: 10:12.40	56.31	950m: 17:51.87	57.24	1350m: 25:30.14	57.07
	200m: 3:31.63	57.06	600m: 11:10.55	58.15	1000m: 18:49.32	57.45	1400m: 26:27.57	57.43
	250m: 4:28.16	56.53	650m: 12:07.37	56.82	1050m: 19:46.19	56.87	1450m: 27:21.64	54.07
	300m: 5:25.85	57.69	700m: 13:05.10	57.73	1100m: 20:43.42	57.23	1500m: 28:11.04	49.40
	350m: 6:22.91	57.06	750m: 14:01.94	56.84	1150m: 21:40.01	56.59		
	400m: 7:20.96	58.05	800m: 14:59.75	57.81	1200m: 22:38.26	58.25		
4.	Otto Schleich	SV Langenfeld 1912	32:22.53	315352	<b>33:34.22</b>	+1,45		
	50m: 56.77	56.77	450m: 9:48.49	1:06.91	850m: 18:50.28	1:09.08	1250m: 27:57.59	1:09.48
	100m: 2:02.32	1:05.55	500m: 10:55.02	1:06.53	900m: 19:56.65	1:06.37	1300m: 29:05.71	1:08.12
	150m: 3:07.95	1:05.63	550m: 12:03.76	1:08.74	950m: 21:05.87	1:09.22	1350m: 30:14.24	1:08.53
	200m: 4:13.89	1:05.94	600m: 13:11.20	1:07.44	1000m: 22:13.98	1:08.11	1400m: 31:21.25	1:07.01
	250m: 5:20.41	1:06.52	650m: 14:19.64	1:08.44	1050m: 23:22.39	1:08.41	1450m: 32:30.08	1:08.83
	300m: 6:27.09	1:06.68	700m: 15:25.57	1:05.93	1100m: 24:29.88	1:07.49	1500m: 33:34.22	1:04.14
	350m: 7:33.83	1:06.74	750m: 16:33.39	1:07.82	1150m: 25:38.13	1:08.25		
	400m: 8:41.58	1:07.75	800m: 17:41.20	1:07.81	1200m: 26:48.11	1:09.98		
5.	Rudolf Degenaar	PSV	31:09.07	19390033	<b>35:27.48</b>	+1,56		
	50m: 1:00.74	1:00.74	450m: 10:22.27	1:07.85	850m: 19:46.81	1:10.88	1250m: 29:28.52	1:12.05
	100m: 2:14.96	1:14.22	500m: 11:32.68	1:10.41	900m: 21:01.66	1:14.85	1300m: 30:45.42	1:16.90
	150m: 3:25.72	1:10.76	550m: 12:41.51	1:08.83	950m: 22:11.29	1:09.63	1350m: 31:56.72	1:11.30
	200m: 4:36.18	1:10.46	600m: 13:53.90	1:12.39	1000m: 23:25.45	1:14.16	1400m: 33:10.19	1:13.47
	250m: 5:44.41	1:08.23	650m: 15:03.63	1:09.73	1050m: 24:38.40	1:12.95	1450m: 34:18.98	1:08.79
	300m: 6:55.33	1:10.92	700m: 16:14.30	1:10.67	1100m: 25:51.71	1:13.31	1500m: 35:27.48	1:08.50
	350m: 8:04.04	1:08.71	750m: 17:24.16	1:09.86	1150m: 27:03.57	1:11.86		
	400m: 9:14.42	1:10.38	800m: 18:35.93	1:11.77	1200m: 28:16.47	1:12.90		