

Programmanr. 16
21-01-2017 - 9:00
Dames, 800m vrije slag
Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Tamara Grove	De Dolfijn	9:31.99	199601266	9:26.44	+0,71		
	50m: 31.08	31.08	250m: 2:52.40	35.94	450m: 5:16.45	35.85	650m: 7:40.26	36.38
	100m: 1:05.46	34.38	300m: 3:28.59	36.19	500m: 5:52.31	35.86	700m: 8:16.36	36.10
	150m: 1:40.86	35.40	350m: 4:04.38	35.79	550m: 6:27.93	35.62	750m: 8:51.90	35.54
	200m: 2:16.46	35.60	400m: 4:40.60	36.22	600m: 7:03.88	35.95	800m: 9:26.44	34.54
2.	Kimberly Mijnen	WZ&PC Purmerend	9:53.72	199503644	9:48.68	+0,69		
	50m: 31.94	31.94	250m: 2:58.40	36.99	450m: 5:27.66	36.84	650m: 7:57.62	37.58
	100m: 1:07.70	35.76	300m: 3:36.05	37.65	500m: 6:04.75	37.09	700m: 8:35.35	37.73
	150m: 1:44.45	36.75	350m: 4:13.98	37.93	550m: 6:42.25	37.50	750m: 9:13.04	37.69
	200m: 2:21.41	36.96	400m: 4:50.82	36.84	600m: 7:20.04	37.79	800m: 9:48.68	35.64
3.	Iris Pijtak	ZPC AMERSFOORT	9:48.05	199300602	9:55.36	+0,78		
	50m: 31.69	31.69	250m: 2:57.55	37.78	450m: 5:29.72	38.15	650m: 8:02.58	38.28
	100m: 1:06.69	35.00	300m: 3:35.79	38.24	500m: 6:07.90	38.18	700m: 8:40.99	38.41
	150m: 1:42.72	36.03	350m: 4:13.58	37.79	550m: 6:46.05	38.15	750m: 9:19.10	38.11
	200m: 2:19.77	37.05	400m: 4:51.57	37.99	600m: 7:24.30	38.25	800m: 9:55.36	36.26
4.	Fiona Meuffels	RZ	10:00.30	199504366	9:58.72	+0,74		
	50m: 32.51	32.51	250m: 3:01.51	38.31	450m: 5:34.88	38.35	650m: 8:07.70	37.94
	100m: 1:08.28	35.77	300m: 3:39.91	38.40	500m: 6:13.41	38.53	700m: 8:45.27	37.57
	150m: 1:45.41	37.13	350m: 4:18.33	38.42	550m: 6:51.42	38.01	750m: 9:22.90	37.63
	200m: 2:23.20	37.79	400m: 4:56.53	38.20	600m: 7:29.76	38.34	800m: 9:58.72	35.82
5.	Chantal Beijer	DWT	10:16.06	199700884	10:05.41	+0,69		
	50m: 32.20	32.20	250m: 3:02.96	38.35	450m: 5:38.70	39.49	650m: 8:13.44	37.48
	100m: 1:08.48	36.28	300m: 3:41.59	38.63	500m: 6:17.66	38.96	700m: 8:51.72	38.28
	150m: 1:46.37	37.89	350m: 4:20.55	38.96	550m: 6:57.29	39.63	750m: 9:29.76	38.04
	200m: 2:24.61	38.24	400m: 4:59.21	38.66	600m: 7:35.96	38.67	800m: 10:05.41	35.65
6.	Janine de Groot	Nova	10:10.34	199500092	10:06.01	+0,86		
	50m: 33.22	33.22	250m: 3:02.91	37.92	450m: 5:37.24	39.15	650m: 8:13.42	38.69
	100m: 1:09.92	36.70	300m: 3:41.17	38.26	500m: 6:16.05	38.81	700m: 8:51.89	38.47
	150m: 1:47.35	37.43	350m: 4:19.45	38.28	550m: 6:54.93	38.88	750m: 9:29.49	37.60
	200m: 2:24.99	37.64	400m: 4:58.09	38.64	600m: 7:34.73	39.80	800m: 10:06.01	36.52
7.	Carina Spronk	De Vennen	10:52.54	199702382	10:31.72	+0,72		
	50m: 34.43	34.43	250m: 3:13.97	40.60	450m: 5:55.85	40.70	650m: 8:34.63	39.01
	100m: 1:13.16	38.73	300m: 3:54.28	40.31	500m: 6:36.57	40.72	700m: 9:14.50	39.87
	150m: 1:53.20	40.04	350m: 4:34.68	40.40	550m: 7:16.16	39.59	750m: 9:54.04	39.54
	200m: 2:33.37	40.17	400m: 5:15.15	40.47	600m: 7:55.62	39.46	800m: 10:31.72	37.68
8.	Samira Mijnen	WZ&PC Purmerend	10:35.68	199701320	10:38.79	+0,74		
	50m: 33.48	33.48	250m: 3:08.75	39.78	450m: 5:52.29	40.90	650m: 8:37.35	41.68
	100m: 1:10.58	37.10	300m: 3:49.70	40.95	500m: 6:33.22	40.93	700m: 9:18.80	41.45
	150m: 1:49.26	38.68	350m: 4:30.67	40.97	550m: 7:14.81	41.59	750m: 9:59.73	40.93
	200m: 2:28.97	39.71	400m: 5:11.39	40.72	600m: 7:55.67	40.86	800m: 10:38.79	39.06
9.	Lilianne Sweere	ZC Aquadream	11:26.80	199704376	11:10.86	+0,73		
	50m: 34.54	34.54	250m: 3:22.47	42.43	450m: 6:14.32	43.05	650m: 9:05.83	43.09
	100m: 1:15.64	41.10	300m: 4:05.30	42.83	500m: 6:57.01	42.69	700m: 9:48.52	42.69
	150m: 1:57.79	42.15	350m: 4:47.91	42.61	550m: 7:39.94	42.93	750m: 10:30.79	42.27
	200m: 2:40.04	42.25	400m: 5:31.27	43.36	600m: 8:22.74	42.80	800m: 11:10.86	40.07
10.	Sanne de Roo	ZZ&PC De Devel	11:07.03	199501934	11:20.64	+0,76		
	50m: 37.53	37.53	250m: 3:25.36	42.97	450m: 6:18.55	43.87	650m: 9:13.08	43.85
	100m: 1:18.44	40.91	300m: 4:08.21	42.85	500m: 7:02.39	43.84	700m: 9:56.79	43.71
	150m: 2:00.13	41.69	350m: 4:51.25	43.04	550m: 7:45.92	43.53	750m: 10:39.76	42.97
	200m: 2:42.39	42.26	400m: 5:34.68	43.43	600m: 8:29.23	43.31	800m: 11:20.64	40.88

Masters 25+

1.	Maaïke Vooren	DAW	9:38.04	199103324	9:42.02	+0,89		
	50m: 32.96	32.96	250m: 2:57.14	36.41	450m: 5:24.64	36.83	650m: 7:52.35	36.79
	100m: 1:08.48	35.52	300m: 3:33.89	36.75	500m: 6:01.72	37.08	700m: 8:29.49	37.14
	150m: 1:44.40	35.92	350m: 4:10.85	36.96	550m: 6:38.71	36.99	750m: 9:06.30	36.81
	200m: 2:20.73	36.33	400m: 4:47.81	36.96	600m: 7:15.56	36.85	800m: 9:42.02	35.72
2.	Désirée Emmen	De Warande	9:58.15	199204862	10:05.65	+0,68		
	50m: 32.68	32.68	250m: 3:00.93	37.94	450m: 5:35.06	38.89	650m: 8:10.84	38.99
	100m: 1:08.47	35.79	300m: 3:39.02	38.09	500m: 6:14.15	39.09	700m: 8:50.20	39.36
	150m: 1:45.35	36.88	350m: 4:17.47	38.45	550m: 6:52.94	38.79	750m: 9:28.99	38.79
	200m: 2:22.99	37.64	400m: 4:56.17	38.70	600m: 7:31.85	38.91	800m: 10:05.65	36.66

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Programmanr. 16, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Mandy Verbakel	ZPC Woerden	10:43.53	199003908	10:34.13	+0,79		
	50m: 34.54	34.54	250m: 3:09.70	39.95	450m: 5:51.42	40.42	650m: 8:34.21	40.26
	100m: 1:12.05	37.51	300m: 3:49.85	40.15	500m: 6:32.04	40.62	700m: 9:14.75	40.54
	150m: 1:50.61	38.56	350m: 4:30.39	40.54	550m: 7:12.98	40.94	750m: 9:55.52	40.77
	200m: 2:29.75	39.14	400m: 5:11.00	40.61	600m: 7:53.95	40.97	800m: 10:34.13	38.61
4.	Martje Godschalk	De IJssel	10:30.53	199001186	10:55.87	+0,79		
	50m: 35.27	35.27	250m: 3:17.96	41.61	450m: 6:05.17	41.52	650m: 8:52.07	41.72
	100m: 1:15.00	39.73	300m: 3:59.73	41.77	500m: 6:46.71	41.54	700m: 9:33.87	41.80
	150m: 1:55.58	40.58	350m: 4:41.81	42.08	550m: 7:28.59	41.88	750m: 10:15.15	41.28
	200m: 2:36.35	40.77	400m: 5:23.65	41.84	600m: 8:10.35	41.76	800m: 10:55.87	40.72
5.	Rachelle Hellenbrand	PSV	12:21.44	199101204	13:09.12	+0,87		
	50m: 40.75	40.75	250m: 3:57.44	50.05	450m: 7:21.14	50.99	650m: 10:44.61	51.85
	100m: 1:27.73	46.98	300m: 4:48.29	50.85	500m: 8:11.76	50.62	700m: 11:35.68	51.07
	150m: 2:17.73	50.00	350m: 5:39.32	51.03	550m: 9:02.48	50.72	750m: 12:24.74	49.06
	200m: 3:07.39	49.66	400m: 6:30.15	50.83	600m: 9:52.76	50.28	800m: 13:09.12	44.38
6.	Claudia Creemers	RZ	13:15.14	199202864	14:06.68	+0,77		
	50m: 40.64	40.64	250m: 4:00.78	52.42	450m: 7:41.00	54.75	650m: 11:22.36	55.22
	100m: 1:27.38	46.74	300m: 4:55.13	54.35	500m: 8:35.97	54.97	700m: 12:17.79	55.43
	150m: 2:16.83	49.45	350m: 5:50.79	55.66	550m: 9:31.58	55.61	750m: 13:14.19	56.40
	200m: 3:08.36	51.53	400m: 6:46.25	55.46	600m: 10:27.14	55.56	800m: 14:06.68	52.49
AFGEM	Marlijn Hendriksen	Arethusa	9:32.63	198806828				
Masters 30+								
1.	Sabina Martinez Leon	CN Aquamasters	10:09.40	039737906	9:51.35	+0,83		
	50m: 34.32	34.32	250m: 3:02.61	37.45	450m: 5:32.21	37.25	650m: 8:00.76	37.07
	100m: 1:10.55	36.23	300m: 3:40.15	37.54	500m: 6:09.53	37.32	700m: 8:37.83	37.07
	150m: 1:47.64	37.09	350m: 4:17.79	37.64	550m: 6:46.72	37.19	750m: 9:14.93	37.10
	200m: 2:25.16	37.52	400m: 4:54.96	37.17	600m: 7:23.69	36.97	800m: 9:51.35	36.42
2.	Ann Van Beylen	RSCM	9:59.36	20264/84	9:56.47	+0,90		
	50m: 32.57	32.57	250m: 2:58.58	37.06	450m: 5:28.88	37.54	650m: 8:02.96	39.11
	100m: 1:08.14	35.57	300m: 3:35.76	37.18	500m: 6:06.75	37.87	700m: 8:40.90	37.94
	150m: 1:44.71	36.57	350m: 4:13.31	37.55	550m: 6:45.58	38.83	750m: 9:19.37	38.47
	200m: 2:21.52	36.81	400m: 4:51.34	38.03	600m: 7:23.85	38.27	800m: 9:56.47	37.10
3.	Denise de Riet	ZZ&PC De Devel	10:32.05	198402040	10:11.01	+0,94		
	50m: 33.73	33.73	250m: 3:04.09	38.53	450m: 5:38.57	39.01	650m: 8:15.05	39.17
	100m: 1:10.41	36.68	300m: 3:42.50	38.41	500m: 6:17.60	39.03	700m: 8:54.26	39.21
	150m: 1:47.90	37.49	350m: 4:20.82	38.32	550m: 6:56.82	39.22	750m: 9:33.43	39.17
	200m: 2:25.56	37.66	400m: 4:59.56	38.74	600m: 7:35.88	39.06	800m: 10:11.01	37.58
4.	Ramona Linting	AZC	10:25.97	198301274	10:30.74	+0,83		
	50m: 34.01	34.01	250m: 3:09.10	39.10	450m: 5:47.85	40.02	650m: 8:29.61	40.46
	100m: 1:12.39	38.38	300m: 3:48.41	39.31	500m: 6:28.38	40.53	700m: 9:10.04	40.43
	150m: 1:51.10	38.71	350m: 4:28.29	39.88	550m: 7:08.65	40.27	750m: 9:50.68	40.64
	200m: 2:30.00	38.90	400m: 5:07.83	39.54	600m: 7:49.15	40.50	800m: 10:30.74	40.06
5.	Pauline Tieleman	AquAmigos	10:31.43	198403348	10:58.82	+0,60		
	50m: 35.88	35.88	250m: 3:22.59	42.33	450m: 6:11.06	42.13	650m: 8:57.53	40.96
	100m: 1:16.19	40.31	300m: 4:04.63	42.04	500m: 6:52.96	41.90	700m: 9:38.73	41.20
	150m: 1:58.15	41.96	350m: 4:46.98	42.35	550m: 7:34.81	41.85	750m: 10:19.58	40.85
	200m: 2:40.26	42.11	400m: 5:28.93	41.95	600m: 8:16.57	41.76	800m: 10:58.82	39.24
6.	Linda Hoogendam	WVZ	10:49.69	198300892	11:11.37	+0,71		
	50m: 36.01	36.01	250m: 3:23.35	42.29	450m: 6:13.47	42.15	650m: 9:07.07	42.90
	100m: 1:16.33	40.32	300m: 4:06.09	42.74	500m: 6:56.93	43.46	700m: 9:50.56	43.49
	150m: 1:58.16	41.83	350m: 4:48.53	42.44	550m: 7:40.12	43.19	750m: 10:31.71	41.15
	200m: 2:41.06	42.90	400m: 5:31.32	42.79	600m: 8:24.17	44.05	800m: 11:11.37	39.66
7.	Sandra Koenig	CNSW	11:13.77	002644/86	11:47.18	+0,81		
	50m: 40.10	40.10	250m: 3:35.33	44.43	450m: 6:34.27	44.79	650m: 9:33.41	44.80
	100m: 1:23.08	42.98	300m: 4:20.19	44.86	500m: 7:19.33	45.06	700m: 10:18.31	44.90
	150m: 2:06.75	43.67	350m: 5:04.85	44.66	550m: 8:03.92	44.59	750m: 11:03.49	45.18
	200m: 2:50.90	44.15	400m: 5:49.48	44.63	600m: 8:48.61	44.69	800m: 11:47.18	43.69
8.	Lisette van den Bos	De Geul	12:07.12	198700468	12:07.15	+0,86		
	50m: 39.67	39.67	250m: 3:39.91	44.66	450m: 6:42.23	45.97	650m: 9:48.86	46.60
	100m: 1:23.91	44.24	300m: 4:23.09	45.18	500m: 7:28.61	46.38	700m: 10:36.06	47.20
	150m: 2:09.66	45.75	350m: 5:10.57	45.48	550m: 8:15.40	46.79	750m: 11:22.64	46.58
	200m: 2:55.25	45.59	400m: 5:56.26	45.69	600m: 9:02.26	46.86	800m: 12:07.15	44.51
AFGEM	Liset de Veer	Aqua-Novio'94	11:34.41	198704190				
AFGEM	Diana Molenaar	DWT	11:36.54	198504202				

Programmanr. 16, Dames, 800m vrije slag

Masters 35+

1. Yvonne Gerritsen	WVZ	10:53.18	198000342	10:43.22	+0,80
50m: 34.93	34.93	250m: 3:15.22	40.82	450m: 5:58.72	41.02
100m: 1:13.85	38.92	300m: 3:55.98	40.76	500m: 6:39.18	40.46
150m: 1:53.66	39.81	350m: 4:36.90	40.92	550m: 7:20.20	41.02
200m: 2:34.40	40.74	400m: 5:17.70	40.80	600m: 8:01.02	40.82
650m: 8:42.05				800m: 10:43.22	
700m: 9:23.12					
750m: 10:04.18					
800m: 10:43.22					
2. Agnes van Brug	DAW	11:00.29	198001726	11:04.28	+0,90
50m: 37.17	37.17	250m: 3:23.36	41.85	450m: 6:12.37	42.44
100m: 1:17.48	40.31	300m: 4:05.71	42.35	500m: 6:55.06	42.69
150m: 1:59.18	41.70	350m: 4:47.76	42.05	550m: 7:37.11	42.05
200m: 2:41.51	42.33	400m: 5:29.93	42.17	600m: 8:19.44	42.33
650m: 9:01.61				800m: 11:04.28	
700m: 9:43.68					
750m: 10:24.77					
800m: 11:04.28					
3. Martine de Haart	Patrick-De Roersoppers (SG)	11:56.31	197901492	11:29.60	+0,83
50m: 38.53	38.53	250m: 3:31.01	43.29	450m: 6:27.03	43.66
100m: 1:20.99	42.46	300m: 4:15.59	44.58	500m: 7:10.91	43.88
150m: 2:04.42	43.43	350m: 4:59.65	44.06	550m: 7:54.46	43.55
200m: 2:47.72	43.30	400m: 5:43.37	43.72	600m: 8:38.07	43.61
650m: 9:21.80				800m: 11:29.60	
700m: 10:05.88					
750m: 10:49.15					
800m: 11:29.60					
4. Rianne van Vegchelen	ZV 44	13:50.01	198101530	14:16.94	+1,07
50m: 46.24	46.24	250m: 4:21.01	58.75	450m: 8:00.32	52.92
100m: 1:37.09	50.85	300m: 5:18.91	57.90	500m: 8:53.44	53.12
150m: 2:29.44	52.35	350m: 6:15.64	56.73	550m: 9:51.26	57.82
200m: 3:22.26	52.82	400m: 7:07.40	51.76	600m: 10:44.12	52.86
650m: 11:37.28				800m: 14:16.94	
700m: 12:23.76					
750m: 13:26.43					
800m: 14:16.94					

Masters 40+

1. Jannie Vennik	HZ&PC Heerenveen	11:34.92	197601006	11:14.24	+0,92
50m: 37.82	37.82	250m: 3:27.97	43.19	450m: 6:19.67	42.60
100m: 1:19.20	41.38	300m: 4:11.05	43.08	500m: 7:02.36	42.69
150m: 2:02.01	42.81	350m: 4:54.10	43.05	550m: 7:44.78	42.42
200m: 2:44.78	42.77	400m: 5:37.07	42.97	600m: 8:26.93	42.15
650m: 9:09.15				800m: 11:14.24	
700m: 9:51.52					
750m: 10:33.25					
800m: 11:14.24					
2. Clementine van Bruxvoort	ZPB H&L Productions	14:11.39	197700138	14:14.00	+0,89
50m: 45.32	45.32	250m: 4:16.12	52.99	450m: 7:51.45	54.06
100m: 1:37.00	51.68	300m: 5:09.95	53.83	500m: 8:45.43	53.98
150m: 2:29.80	52.80	350m: 6:03.62	53.67	550m: 9:41.12	55.69
200m: 3:23.13	53.33	400m: 6:57.39	53.77	600m: 10:36.13	55.01
650m: 11:32.06				800m: 14:14.00	
700m: 12:27.14					
750m: 13:22.08					
800m: 14:14.00					

Masters 45+

1. Grith Sigsgaard	DWK	9:44.91	197200772	9:51.44	+0,92
<i>Nederlands Masters Record, tt 400m NMR</i>					
50m: 32.82	32.82	250m: 3:00.96	36.81	450m: 5:29.65	37.46
100m: 1:09.70	36.88	300m: 3:38.24	37.28	500m: 6:07.36	37.71
150m: 1:47.09	37.39	350m: 4:15.13	36.89	550m: 6:44.92	37.56
200m: 2:24.15	37.06	400m: 4:52.19	37.06	600m: 7:22.77	37.85
650m: 8:00.46				800m: 9:51.44	
700m: 8:37.84					
750m: 9:15.23					
800m: 9:51.44					
2. Heidi den Boer	LINK	10:37.53	196900864	10:30.08	+0,79
50m: 34.01	34.01	250m: 3:07.80	38.92	450m: 5:46.65	40.02
100m: 1:11.32	37.31	300m: 3:46.79	38.99	500m: 6:26.93	40.28
150m: 1:49.97	38.65	350m: 4:26.31	39.52	550m: 7:07.46	40.53
200m: 2:28.88	38.91	400m: 5:06.63	40.32	600m: 7:48.01	40.55
650m: 8:28.72				800m: 10:30.08	
700m: 9:09.49					
750m: 9:50.14					
800m: 10:30.08					
3. Annette de Visser	Oceanus	10:33.37	197100602	10:39.48	+0,84
50m: 34.50	34.50	250m: 3:12.07	40.49	450m: 5:56.10	41.31
100m: 1:12.38	37.88	300m: 3:52.95	40.88	500m: 6:37.65	41.55
150m: 1:51.82	39.44	350m: 4:33.82	40.87	550m: 7:18.58	40.93
200m: 2:31.58	39.76	400m: 5:14.79	40.97	600m: 7:59.66	41.08
650m: 8:40.41				800m: 10:39.48	
700m: 9:20.79					
750m: 10:00.73					
800m: 10:39.48					
4. Lisenka Kornet-van den Akker	Zwemlust-den Hommel	11:26.01	196901052	10:46.99	+0,94
50m: 34.77	34.77	250m: 3:15.78	40.66	450m: 5:59.98	40.62
100m: 1:14.33	39.56	300m: 3:56.96	41.18	500m: 6:40.94	40.96
150m: 1:54.56	40.23	350m: 4:38.00	41.04	550m: 7:22.57	41.63
200m: 2:35.12	40.56	400m: 5:19.36	41.36	600m: 8:03.78	41.21
650m: 8:44.81				800m: 10:46.99	
700m: 9:26.40					
750m: 10:08.07					
800m: 10:46.99					
5. Marion Broekhuis	WS Twente	11:49.58	196800060	11:50.37	+0,71
50m: 39.10	39.10	250m: 3:37.02	45.13	450m: 6:38.32	45.36
100m: 1:22.47	43.37	300m: 4:22.27	45.25	500m: 7:23.46	45.14
150m: 2:07.11	44.64	350m: 5:07.69	45.42	550m: 8:08.77	45.31
200m: 2:51.89	44.78	400m: 5:52.96	45.27	600m: 8:53.87	45.10
650m: 9:38.93				800m: 11:50.37	
700m: 10:23.87					
750m: 11:08.41					
800m: 11:50.37					
6. Inken Wemheuer	DWT	12:03.77	197101016	11:52.67	+0,76
50m: 39.50	39.50	250m: 3:38.94	45.48	450m: 6:40.84	45.23
100m: 1:23.00	43.50	300m: 4:24.08	45.14	500m: 7:25.93	45.09
150m: 2:07.77	44.77	350m: 5:10.06	45.98	550m: 8:11.10	45.17
200m: 2:53.46	45.69	400m: 5:55.61	45.55	600m: 8:56.96	45.86
650m: 9:42.07				800m: 11:52.67	
700m: 10:27.26					
750m: 11:11.75					
800m: 11:52.67					

Programmanr. 16, Dames, 800m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
7.	Iris van Aurich	DWK	11:46.85	196900866	11:54.15	+0,74		
	50m: 37.28	37.28	250m: 3:37.41	47.16	450m: 6:40.91	45.45	650m: 9:44.59	45.36
	100m: 1:19.46	42.18	300m: 4:23.34	45.93	500m: 7:27.08	46.17	700m: 10:29.65	45.06
	150m: 2:04.18	44.72	350m: 5:10.03	46.69	550m: 8:13.22	46.14	750m: 11:15.06	45.41
	200m: 2:50.25	46.07	400m: 5:55.46	45.43	600m: 8:59.23	46.01	800m: 11:54.15	39.09
8.	Renata Gadliauskiene	Kauno Takas	12:59.23		12:03.33	+0,89		
	50m: 39.66	39.66	250m: 3:41.47	46.76	450m: 6:46.25	46.39	650m: 9:50.88	45.36
	100m: 1:23.73	44.07	300m: 4:26.91	45.44	500m: 7:32.20	45.95	700m: 10:36.49	45.61
	150m: 2:09.02	45.29	350m: 5:13.42	46.51	550m: 8:18.42	46.22	750m: 11:22.08	45.59
	200m: 2:54.71	45.69	400m: 5:59.86	46.44	600m: 9:05.52	47.10	800m: 12:03.33	41.25
9.	Annet Kootstra	Swol 1894	11:59.93	197100344	12:21.84	+0,91		
	50m: 41.22	41.22	250m: 3:46.81	47.21	450m: 6:55.22	47.07	650m: 10:03.91	46.60
	100m: 1:26.43	45.21	300m: 4:33.77	46.96	500m: 7:42.87	47.65	700m: 10:51.01	47.10
	150m: 2:12.89	46.46	350m: 5:20.99	47.22	550m: 8:30.21	47.34	750m: 11:37.59	46.58
	200m: 2:59.60	46.71	400m: 6:08.15	47.16	600m: 9:17.31	47.10	800m: 12:21.84	44.25
10.	Peggi Hurenkamp	HZ&PC Heerenveen	12:21.31	196900922	12:24.28	+0,91		
	50m: 40.00	40.00	250m: 3:43.47	46.55	450m: 6:53.40	47.38	650m: 10:03.67	47.58
	100m: 1:24.47	44.47	300m: 4:31.07	47.60	500m: 7:40.74	47.34	700m: 10:51.70	48.03
	150m: 2:10.24	45.77	350m: 5:18.56	47.49	550m: 8:28.21	47.47	750m: 11:39.21	47.51
	200m: 2:56.92	46.68	400m: 6:06.02	47.46	600m: 9:16.09	47.88	800m: 12:24.28	45.07
11.	Nathasja Konijn	WIDEX GZC DONK	13:04.51	197100992	12:54.75	+0,90		
	50m: 41.48	41.48	250m: 3:52.56	49.07	450m: 7:09.78	48.77	650m: 10:27.69	50.08
	100m: 1:27.27	45.79	300m: 4:41.90	49.34	500m: 7:58.93	49.15	700m: 11:17.29	49.60
	150m: 2:15.03	47.76	350m: 5:31.71	49.81	550m: 8:48.43	49.50	750m: 12:06.73	49.44
	200m: 3:03.49	48.46	400m: 6:21.01	49.30	600m: 9:37.61	49.18	800m: 12:54.75	48.02
12.	Irna van der Molen	WS Twente	13:44.10	196900938	13:17.69	+0,85		
	50m: 42.80	42.80	250m: 4:04.76	51.86	450m: 7:28.84	50.80	650m: 10:50.73	50.21
	100m: 1:31.56	48.76	300m: 4:56.34	51.58	500m: 8:19.33	50.49	700m: 11:40.89	50.16
	150m: 2:21.91	50.35	350m: 5:47.37	51.03	550m: 9:10.30	50.97	750m: 12:31.02	50.13
	200m: 3:12.90	50.99	400m: 6:38.04	50.67	600m: 10:00.52	50.22	800m: 13:17.69	46.67
13.	Greta Wyma-Teitsma	DWK	13:33.94	197100696	13:42.09	+0,82		
	50m: 44.48	44.48	250m: 4:11.17	52.02	450m: 7:40.82	51.99	650m: 11:08.73	50.53
	100m: 1:35.03	50.55	300m: 5:03.94	52.77	500m: 8:32.88	52.06	700m: 12:00.92	52.19
	150m: 2:28.87	51.84	350m: 5:55.99	52.05	550m: 9:25.68	52.80	750m: 12:52.82	51.90
	200m: 3:19.15	52.28	400m: 6:48.83	52.84	600m: 10:18.20	52.52	800m: 13:42.09	49.27
DIS	Esther Mijnen	WZ&PC Purmerend	12:11.38	196900846		+0,82		
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>							
AFGEM	Karin Sagonas-Koolen	VZV Njord	12:25.62	197000964				

Masters 50+

1.	Katrien Delaender	BZK	10:02.65	20525/66	9:55.00	+0,72		
	<i>Kampioenschaps Record, Belgisch MR</i>							
	50m: 33.38	33.38	250m: 3:02.16	38.05	450m: 5:32.89	37.67	650m: 8:03.57	37.74
	100m: 1:09.47	36.09	300m: 3:39.96	37.80	500m: 6:10.39	37.50	700m: 8:41.39	37.82
	150m: 1:46.42	36.95	350m: 4:17.82	37.86	550m: 6:48.19	37.80	750m: 9:19.25	37.86
	200m: 2:24.11	37.69	400m: 4:55.22	37.40	600m: 7:25.83	37.64	800m: 9:55.00	35.75
2.	Wilna Heijman	Steenwijk 1934	11:15.64	196400506	11:01.77	+0,90		
	50m: 37.71	37.71	250m: 3:23.66	42.10	450m: 6:11.52	41.80	650m: 8:58.30	41.85
	100m: 1:18.37	40.66	300m: 4:05.41	41.75	500m: 6:53.39	41.87	700m: 9:39.40	41.10
	150m: 1:59.75	41.38	350m: 4:47.45	42.04	550m: 7:34.97	41.58	750m: 10:21.04	41.64
	200m: 2:41.56	41.81	400m: 5:29.72	42.27	600m: 8:16.45	41.48	800m: 11:01.77	40.73
3.	Laura Staal	Oceanus	11:09.83	196700358	11:18.98	+0,80		
	50m: 38.19	38.19	250m: 3:28.47	43.21	450m: 6:21.63	43.18	650m: 9:13.87	42.87
	100m: 1:20.28	42.09	300m: 4:11.62	43.15	500m: 7:04.78	43.15	700m: 9:56.64	42.77
	150m: 2:02.68	42.40	350m: 4:54.94	43.32	550m: 7:47.69	42.91	750m: 10:39.01	42.37
	200m: 2:45.26	42.58	400m: 5:38.45	43.51	600m: 8:31.00	43.31	800m: 11:18.98	39.97
4.	Teodora König	TSV Vorhalle	11:14.44	075148	11:27.04	+0,88		
	50m: 37.84	37.84	250m: 3:27.73	43.15	450m: 6:22.60	43.94	650m: 9:18.27	43.87
	100m: 1:19.65	41.81	300m: 4:11.05	43.32	500m: 7:06.41	43.81	700m: 10:01.67	43.40
	150m: 2:01.89	42.24	350m: 4:54.68	43.63	550m: 7:50.17	43.76	750m: 10:44.93	43.26
	200m: 2:44.58	42.69	400m: 5:38.66	43.98	600m: 8:34.40	44.23	800m: 11:27.04	42.11
5.	Jacqueline Rolloos-Bakkers	De Lansingh	11:36.61	196300222	11:29.19	+1,03		
	50m: 37.61	37.61	250m: 3:31.80	43.62	450m: 6:27.04	43.65	650m: 9:21.74	43.64
	100m: 1:20.37	42.76	300m: 4:15.77	43.97	500m: 7:10.83	43.79	700m: 10:05.56	43.82
	150m: 2:04.18	43.81	350m: 4:59.16	43.39	550m: 7:54.22	43.39	750m: 10:48.87	43.31
	200m: 2:48.18	44.00	400m: 5:43.39	44.23	600m: 8:38.10	43.88	800m: 11:29.19	40.32



MZ&PC
Maastricht



Open Nederlandse Masters
Kampioenschappen 2017 kb
Maastricht, 19 - 22 -1-2017



Programmanr. 16, Dames, 800m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Jeannette Ruesink	WS Twente	11:18.28	196300212	12:26.96	+0,85		
	50m: 41.76	41.76	250m: 3:46.78	47.00	450m: 6:55.82	47.45	650m: 10:07.04	47.46
	100m: 1:26.86	45.10	300m: 4:33.55	46.77	500m: 7:44.18	48.36	700m: 10:54.17	47.13
	150m: 2:12.80	45.94	350m: 5:21.02	47.47	550m: 8:31.98	47.80	750m: 11:41.48	47.31
	200m: 2:59.78	46.98	400m: 6:08.37	47.35	600m: 9:19.58	47.60	800m: 12:26.96	45.48
7.	Hetty Smalheer	SCOM	12:56.57	196700352	13:23.15	+1,01		
	50m: 43.65	43.65	250m: 4:04.13	51.01	450m: 7:28.52	52.09	650m: 10:53.34	50.75
	100m: 1:31.56	47.91	300m: 4:55.97	51.84	500m: 8:19.49	50.97	700m: 11:43.29	49.95
	150m: 2:22.36	50.80	350m: 5:46.40	50.43	550m: 9:11.47	51.98	750m: 12:34.39	51.10
	200m: 3:13.12	50.76	400m: 6:36.43	50.03	600m: 10:02.59	51.12	800m: 13:23.15	48.76
8.	Annemarie Straetemans	De Geul	13:55.21	196300508	13:52.76	+1,10		
	50m: 48.52	48.52	250m: 4:21.75	53.42	450m: 7:52.93	52.42	650m: 11:20.45	51.61
	100m: 1:41.07	52.55	300m: 5:14.47	52.72	500m: 8:44.78	51.85	700m: 12:12.22	51.77
	150m: 2:34.86	53.79	350m: 6:07.96	53.49	550m: 9:36.94	52.16	750m: 13:04.30	52.08
	200m: 3:28.33	53.47	400m: 7:00.51	52.55	600m: 10:28.84	51.90	800m: 13:52.76	48.46

Masters 55+

1.	Patty Verhagen	PSV	11:10.17	195900146	11:19.14	+0,93		
	50m: 39.36	39.36	250m: 3:30.69	43.52	450m: 6:23.34	42.82	650m: 9:13.69	42.39
	100m: 1:21.46	42.10	300m: 4:14.11	43.42	500m: 7:05.93	42.59	700m: 9:56.38	42.69
	150m: 2:04.10	42.64	350m: 4:57.39	43.28	550m: 7:48.70	42.77	750m: 10:38.41	42.03
	200m: 2:47.17	43.07	400m: 5:40.52	43.13	600m: 8:31.30	42.60	800m: 11:19.14	40.73
2.	Petra Tossings	DAW	11:45.49	196100376	11:46.88	+0,88		
	50m: 39.56	39.56	250m: 3:35.96	43.98	450m: 6:34.84	44.96	650m: 9:34.38	44.60
	100m: 1:23.50	43.94	300m: 4:20.95	44.99	500m: 7:19.75	44.91	700m: 10:19.08	44.70
	150m: 2:07.88	44.38	350m: 5:05.42	44.47	550m: 8:04.97	45.22	750m: 11:04.47	45.39
	200m: 2:51.98	44.10	400m: 5:49.88	44.46	600m: 8:49.78	44.81	800m: 11:46.88	42.41
3.	Marjan Spoelstra	Swol 1894	13:14.30	196000236	13:31.27	+0,89		
	50m: 46.75	46.75	250m: 4:11.04	51.48	450m: 7:35.51	50.46	650m: 11:00.08	51.53
	100m: 1:36.95	50.20	300m: 5:02.59	51.55	500m: 8:26.65	51.14	700m: 11:51.84	51.76
	150m: 2:28.06	51.11	350m: 5:54.04	51.45	550m: 9:17.18	50.53	750m: 12:43.04	51.20
	200m: 3:19.56	51.50	400m: 6:45.05	51.01	600m: 10:08.55	51.37	800m: 13:31.27	48.23
4.	Jennie Resink-lindeboom	DWK	13:32.86	196000142	13:44.67	+0,93		
	50m: 45.24	45.24	250m: 4:12.77	52.54	450m: 7:43.24	51.87	650m: 11:11.78	52.17
	100m: 1:36.02	50.78	300m: 5:05.57	52.80	500m: 8:35.05	51.81	700m: 12:04.19	52.41
	150m: 2:27.86	51.84	350m: 5:58.65	53.08	550m: 9:27.56	52.51	750m: 12:56.42	52.23
	200m: 3:20.23	52.37	400m: 6:51.37	52.72	600m: 10:19.61	52.05	800m: 13:44.67	48.25

AFGEM Riny Zeijveld-Meuleman De Berkelduikers 13:23.75 196000204

Masters 60+

1.	Carla Hensen	PSV	13:59.10	195300062	13:49.53	+1,00		
	50m: 44.39	44.39	250m: 4:14.72	52.89	450m: 7:44.90	52.50	650m: 11:15.08	52.07
	100m: 1:35.40	51.01	300m: 5:07.30	52.58	500m: 8:37.33	52.43	700m: 12:07.05	51.97
	150m: 2:28.87	53.47	350m: 5:59.85	52.55	550m: 9:30.24	52.91	750m: 12:59.24	52.19
	200m: 3:21.83	52.96	400m: 6:52.40	52.55	600m: 10:23.01	52.77	800m: 13:49.53	50.29
2.	Maria Rosa Llivina Carbonell	CN Aquamasters	14:53.75	039027291	14:46.13	+1,00		
	50m: 51.51	51.51	250m: 4:35.53	56.30	450m: 8:18.39	55.24	650m: 12:00.44	55.42
	100m: 1:46.45	54.94	300m: 5:31.56	56.03	500m: 9:13.60	55.21	700m: 12:56.48	56.04
	150m: 2:43.09	56.64	350m: 6:27.38	55.82	550m: 10:09.43	55.83	750m: 13:51.88	55.40
	200m: 3:39.23	56.14	400m: 7:23.15	55.77	600m: 11:05.02	55.59	800m: 14:46.13	54.25

Masters 65+

1.	Conny Boer-Buys	ZVVS	11:52.80	195000006	11:50.33			
	<i>Europees Masters Record</i>							
	50m: 39.41	39.41	250m: 3:40.53	45.96	450m: 6:39.64	44.62	650m: 9:41.96	45.78
	100m: 1:22.39	42.98	300m: 4:25.11	44.58	500m: 7:25.19	45.55	700m: 10:26.97	45.01
	150m: 2:08.25	45.86	350m: 5:10.10	44.99	550m: 8:10.38	45.19	750m: 11:11.25	44.28
	200m: 2:54.57	46.32	400m: 5:55.02	44.92	600m: 8:56.18	45.80	800m: 11:50.33	39.08
2.	Gonnie Bak	PSV	15:12.71	195100064	15:04.13	+0,97		
	50m: 50.18	50.18	250m: 4:38.88	57.89	450m: 8:27.91	56.94	650m: 12:17.15	56.81
	100m: 1:47.32	57.14	300m: 5:36.15	57.27	500m: 9:25.14	57.23	700m: 13:14.18	57.03
	150m: 2:43.92	56.60	350m: 6:33.60	57.45	550m: 10:22.65	57.51	750m: 14:10.45	56.27
	200m: 3:40.99	57.07	400m: 7:30.97	57.37	600m: 11:20.34	57.69	800m: 15:04.13	53.68

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Splash Meet Manager, 11.46751

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Programmanr. 16, Dames, 800m vrije slag, Masters 65+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Ineke Meijer	HZ&PC Heerenveen	14:34.50	195200034	15:36.84	+0,79		
	50m: 49.99	49.99	250m: 4:43.31	58.74	450m: 8:41.21	59.34	650m: 12:39.36	59.34
	100m: 1:47.07	57.08	300m: 5:42.23	58.92	500m: 9:40.88	59.67	700m: 13:39.47	1:00.11
	150m: 2:45.74	58.67	350m: 6:42.13	59.90	550m: 10:40.11	59.23	750m: 14:39.49	1:00.02
	200m: 3:44.57	58.83	400m: 7:41.87	59.74	600m: 11:40.02	59.91	800m: 15:36.84	57.35

Masters 70+

1.	Annie Smits	PSV	16:07.22	194600016	16:51.32	+1,39		
	50m: 57.74	57.74	250m: 5:16.99	1:05.55	450m: 9:33.34	1:03.01	650m: 13:47.63	1:03.18
	100m: 2:01.48	1:03.74	300m: 6:20.89	1:03.90	500m: 10:38.52	1:05.18	700m: 14:50.45	1:02.82
	150m: 3:06.32	1:04.84	350m: 7:25.10	1:04.21	550m: 11:42.37	1:03.85	750m: 15:52.42	1:01.97
	200m: 4:11.44	1:05.12	400m: 8:30.33	1:05.23	600m: 12:44.45	1:02.08	800m: 16:51.32	58.90
AFGEM	Mieke Strijbis-van der Kroft	DAW	15:33.64	194500004				

Masters 75+

1.	Marie Smits	Old Dutch	17:26.16	193800004	17:09.99	+1,20		
	50m: 54.60	54.60	250m: 5:13.88	1:04.65	450m: 9:36.10	1:05.40	650m: 13:57.44	1:05.08
	100m: 1:58.73	1:04.13	300m: 6:19.20	1:05.32	500m: 10:41.34	1:05.24	700m: 15:03.86	1:06.42
	150m: 3:04.75	1:06.02	350m: 7:24.78	1:05.58	550m: 11:46.79	1:05.45	750m: 16:09.08	1:05.22
	200m: 4:09.23	1:04.48	400m: 8:30.70	1:05.92	600m: 12:52.36	1:05.57	800m: 17:09.99	1:00.91

Masters 80+

1.	Bep van Riessen	Aquapoldro	19:23.40	193700006	20:15.20	+1,21		
	50m: 1:03.13	1:03.13	250m: 6:04.45	1:16.84	450m: 11:14.21	1:17.97	650m: 16:26.03	1:16.62
	100m: 2:14.99	1:11.86	300m: 7:22.44	1:17.99	500m: 12:32.70	1:18.49	700m: 17:44.99	1:18.96
	150m: 3:30.05	1:15.06	350m: 8:39.31	1:16.87	550m: 13:51.08	1:18.38	750m: 19:03.14	1:18.15
	200m: 4:47.61	1:17.56	400m: 9:56.24	1:16.93	600m: 15:09.41	1:18.33	800m: 20:15.20	1:12.06
AFGEM	Annie de Vos	Old Dutch	19:16.35	193400004				