

Programmanr. 15
20-01-2017 - 17:21

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+, Dames					
1.	Steenwijk 1934 3 <i>Nederlands Masters Record</i>	Steenwijk 1934	10:03.91		10:15.51 +0,90
	Ilse Blankvoort	92	+0,90 35.21	1:13.61 1:54.12	2:34.96 2:34.96
	Lonneke Oenema	91	+0,56 35.88	1:16.61 2:00.27	2:42.85 2:42.85
	Charine de Ruiter	94	+0,86 35.05	1:14.48 1:56.23	2:36.54 2:36.54
	Nanda de Vries	92	+0,34 31.04	1:07.15 1:44.96	2:21.16 2:21.16
100+, Dames					
1.	De Meer 1	De Meer	10:00.40		10:09.66 +0,83
	Chantal van der Horst	94	+0,83 32.10	1:07.23 1:44.08	2:20.60 2:20.60
	Lindsey Hol	90	+0,65 35.70	1:15.43 1:57.06	2:38.49 2:38.49
	Eline van Gemert	95	+0,45 34.30	1:12.71 1:52.37	2:30.30 2:30.30
	Nadège van Meeteren	74	36.22	1:16.32 1:57.65	2:40.27 2:40.27
100+, Gemengd					
1.	De Veene 1	De Veene	8:57.01		9:00.62 +0,83
	Wessel Everloo	89	+0,83 29.77	1:03.55 1:38.22	2:10.51 2:10.51
	Diana Lammers	89	+0,68 33.19	1:09.99 1:49.39	2:29.59 2:29.59
	Diederick Schothans	97	+0,59 28.39	1:00.31 1:34.52	2:08.23 2:08.23
	Yvon Versteeg	92	+0,48 30.06	1:04.09 1:39.17	2:12.29 2:12.29
2.	ZPC Woerden 2	ZPC Woerden	9:13.06		9:22.63 +0,77
	Ilse van den Wijngaard	89	+0,77 33.07	1:09.84 1:47.97	2:24.94 2:24.94
	Patrick de Jonge	89	+0,40 31.90	1:08.83 1:49.21	2:29.78 2:29.78
	Mandy Verbakel	90	+0,35 31.35	1:06.74 1:43.31	2:19.55 2:19.55
	Thijs van den End	93	+0,56 28.90	1:00.99 1:34.25	2:08.36 2:08.36
3.	RZ 1	RZ	9:05.86		9:28.82 +0,90
	Dimitrie Sonnemans	75	+0,90 31.51	1:07.89 1:46.15	2:23.39 2:23.39
	Patrick Creemers	90	+0,39 28.22	1:00.32 1:32.84	2:05.19 2:05.19
	Sarina Paulussen	93	+0,29 34.17	1:14.24 1:55.87	2:36.85 2:36.85
	Fiona Meuffels	95	+0,38 31.98	1:08.44 1:45.66	2:23.39 2:23.39
120+, Dames					
1.	ZPB H&L Productions 1	ZPB H&L Productions	10:29.20		10:31.45 +0,80
	Maaik van Diggele	87	+0,80 33.49	1:12.01 1:51.65	2:31.31 2:31.31
	Linda Janssen	88	+0,64 33.93	1:10.41 1:47.52	2:23.81 2:23.81
	Clementine van Bruxvoort	77	+0,67 42.48	1:31.57 2:23.51	3:14.27 3:14.27
	Aylin van Uffelen	96	+0,67 33.10	1:09.36 1:45.72	2:22.06 2:22.06
2.	Nautilus 1	Nautilus	10:48.50		11:04.28 +0,86
	Evelien Breman-Alers	72	+0,86 41.05	1:27.28 2:16.74	3:05.34 3:05.34
	Natalie van den Broek	73	+0,39 37.30	1:18.60 2:02.96	2:47.65 2:47.65
	Margot van de Rakt	93	-0,03 37.39	1:20.11 2:04.19	2:47.58 2:47.58
	Karin Verbeek	92	+0,35 32.22	1:09.10 1:47.19	2:23.71 2:23.71
120+, Heren					
1.	Steenwijk 1934 2	Steenwijk 1934	9:05.56		9:13.26 +0,67
	Lauren Vis	82	+0,67 27.33	58.78 1:32.22	2:06.05 2:06.05
	Korstiaan de Boer	71	+0,65 35.10	1:14.70 1:58.00	2:41.57 2:41.57
	Rick Driezen	86	+0,53 29.35	1:01.42 1:35.71	2:10.68 2:10.68
	Mike Koelewijn	93	+0,55 30.23	1:04.88 1:40.94	2:14.96 2:14.96
2.	ZV 44 1	ZV 44	9:46.42		9:23.35 +0,74
	Michiel Jorink	87	+0,74 28.88	1:01.92 1:35.44	2:07.35 2:07.35
	Edward van Dootingh	84	+0,93 34.63	1:12.41 1:54.39	2:36.67 2:36.67
	Geert-Jan Vos	81	+0,72 31.76	1:07.49 1:45.41	2:22.42 2:22.42
	Peter van Grootheest	70	+0,67 30.98	1:05.80 1:41.84	2:16.91 2:16.91

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Splash Meet Manager, 11.46751

Registered to KNZB

22-01-2017 18:27 - pagina 1

Programmanr. 15, 4 x 200m vrije slag

120+, Gemengd

1.	De IJsel 1	De IJsel	9:16.66					9:32.79	+0,84
	Nikki Hoogeboom	93	+0,84	32.39	1:08.41	1:46.50	2:24.90	2:24.90	
	Wijam Nijenhuis	64	+0,61	31.77	1:07.15	1:44.27	2:20.07	2:20.07	
	Martje Godschalk	90	+0,66	34.37	1:11.97	1:50.29	2:28.96	2:28.96	
	Frank Beijering	93	+0,60	30.96	1:05.57	1:42.35	2:18.86	2:18.86	
2.	Montferland 1	Montferland	10:03.30					10:20.14	+0,81
	Kelly Bocking	91	+0,81	36.86	1:17.36	2:00.51	2:43.76	2:43.76	
	Ferdinand Teitink	70	+0,83	36.16	1:17.36	2:02.11	2:45.97	2:45.97	
	Angela Giezen	83	+0,63	35.19	1:15.87	1:58.16	2:38.55	2:38.55	
	Maik Steenkamp	91	+0,63	29.72	1:03.35	1:37.86	2:11.86	2:11.86	
3.	SGGO (SG) 1	SGGO (SG)	10:28.45					10:20.44	+0,95
	Nico Paasse	65	+0,95	32.94	1:10.61	1:52.14	2:30.72	2:30.72	
	Whitley Rens	90	+0,63	38.03	1:20.93	2:05.91	2:49.86	2:49.86	
	Eline Roeland	88	+0,44	35.48	1:17.09	2:01.23	2:43.75	2:43.75	
	Frank van der Voorde	83	+0,50	31.28	1:05.94	1:41.43	2:16.11	2:16.11	

160+, Dames

1.	CNSW 1	CNSW	10:49.01					10:49.62	+0,74
	Nathalie Blondeel	77	+0,74	34.09	1:11.29	1:48.76	2:24.50	2:24.50	
	Claire Anthony	57	+0,52	39.58	1:26.38	2:14.04	3:00.60	3:00.60	
	Isaline Manchel	85	+0,47	37.41	1:17.72	1:57.69	2:37.48	2:37.48	
	Sandra Koenig	86	+0,49	38.61	1:21.01	2:04.24	2:47.04	2:47.04	
2.	Old Dutch 1	Old Dutch	11:00.72					10:59.21	+0,96
	Claudia van der Straate de Jong	80	+0,96	36.53	1:16.16	1:57.88	2:39.84	2:39.84	
	Karin Frederix	69	+0,68	41.17	1:26.94	2:14.50	2:58.75	2:58.75	
	Karin van Nassau van den Heuvel	66	+0,35	39.41	1:23.79	2:09.01	2:52.88	2:52.88	
	Chantal Verhoeff	79	+0,51	33.20	1:11.11	1:49.06	2:27.74	2:27.74	
3.	De Geul 1	De Geul	10:47.64					11:04.49	+0,89
	Aafke Groot	83	+0,89	35.96	1:18.89	2:03.69	2:49.76	2:49.76	
	Marijke Campfens	69	+0,54	35.44	1:15.83	1:58.83	2:41.84	2:41.84	
	Marian Nederlof	76	+0,36	37.32	1:19.24	2:03.57	2:48.15	2:48.15	
	Susanne Prins-Molenwijk	66	+0,48	37.75	1:19.64	2:02.35	2:44.74	2:44.74	
4.	DWK 2	DWK	10:59.94					11:06.21	+0,92
	Liesbeth van Mill	87	+0,92	34.68	1:12.89	1:52.88	2:33.36	2:33.36	
	Ellen van Wingerden-Dijkhuizen	69	+0,74	36.80	1:17.38	2:00.67	2:44.27	2:44.27	
	Jennie Resink-lindeboom	60	+0,58	42.46	1:30.99	2:20.73	3:07.11	3:07.11	
	Iris van Aurich	69	+0,48	34.64	1:15.98	1:59.79	2:41.47	2:41.47	
5.	De Rog 2	De Rog	11:25.00					11:18.79	+0,81
	Esther Vergeest	77	+0,81	34.80	1:13.50	1:55.36	2:37.18	2:37.18	
	Sandra van der Helm	78	+0,28	39.23	1:23.86	2:12.23	3:03.52	3:03.52	
	Catarina Matos	72	+0,84	39.15	1:23.52	2:10.70	3:05.82	2:56.82	
	Sandra Peeters-Wiermans	74	+0,37	34.81	1:15.65	1:58.62	2:41.27	2:41.27	

160+, Heren

1.	Albion d'ELFT (SG) 1	Albion d'ELFT (SG)	8:01.99					8:15.42	+0,80
	<i>Nederlands Masters Record</i>								
	Erik Simons	89	+0,80	26.11	56.27	1:26.94	1:57.36	1:57.36	
	Hugo Bregman	58	+0,46	29.86	1:03.62	1:38.09	2:11.67	2:11.67	
	Egbert Stolk	76	+0,60	27.92	59.83	1:32.68	2:04.82	2:04.82	
	Nol van Thull	80	+0,50	27.42	58.38	1:30.56	2:01.57	2:01.57	
2.	DAW 1	DAW	8:48.82					8:43.40	+0,78
	Pieter van Gemeren	69	+0,78	29.14	1:01.27	1:34.65	2:08.46	2:08.46	
	Kars Lutik	78	+0,35	29.39	1:03.89	1:40.23	2:17.07	2:17.07	
	Alex Damen	75	+0,58	29.61	1:02.56	1:36.82	2:10.63	2:10.63	
	Joost Hoetjes	78	+0,36	27.28	58.04	1:30.73	2:07.24	2:07.24	
3.	De Gelsenberg 1	De Gelsenberg	8:43.55					8:49.40	+0,79
	Geert Wijn	67	+0,79	28.76	1:01.66	1:36.75	2:13.10	2:13.10	
	Erik Lamers	75	+0,35	30.53	1:05.36	1:40.72	2:15.48	2:15.48	
	John Cobussen	75	+0,19	28.33	1:00.76	1:34.64	2:08.02	2:08.02	
	Marcel van Winssen	71	+0,52	29.30	1:02.72	1:37.63	2:12.80	2:12.80	
4.	DWK 1	DWK	9:19.67					9:11.35	+0,97
	Gerco Schakel	69	+0,97	33.71	1:11.78	1:52.30	2:31.42	2:31.42	
	Martin Kaptein	67	+0,72	31.38	1:07.73	1:46.70	2:23.97	2:23.97	
	Michel van Wingerden	67	+0,62	32.28	1:07.72	1:44.72	2:22.62	2:22.62	
	Kevin Eltink	91	+0,40	25.35	54.22	1:24.02	1:53.34	1:53.34	

Programmanr. 15, Heren, 4 x 200m vrije slag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
5.	Sassenheim	9:28.91		9:31.55	+0,91
	Donald van Leeuwen	72 +0,91 32.30	1:08.86 1:47.72	2:27.78	2:27.78
	Rene d Bruin	71 +0,50 32.83	1:08.65 1:46.02	2:23.98	2:23.98
	Arjan Buijsse	79 +0,47 31.17	1:05.85 1:42.21	2:18.47	2:18.47
	Frank v Nobelen	69 +0,17 31.80	1:07.56 1:44.33	2:21.32	2:21.32
6.	WVZ	9:32.49		9:32.23	+0,76
	Ivo Roozeboom	77 +0,76 29.48	1:03.67 1:38.26	2:10.81	2:10.81
	Harald Mulder	67 +0,48 37.35	1:18.31 2:01.71	2:41.61	2:41.61
	Roger Flinterman	76 +0,54 32.62	1:10.03 1:48.69	2:26.40	2:26.40
	Jan-Willem van den Berg	68 +0,45 28.88	1:02.28 1:37.76	2:13.41	2:13.41
7.	PSV	8:57.03		9:37.01	+0,96
	Rob Hernesath	61 +0,96 35.27	1:17.11 2:04.80	2:54.04	2:54.04
	Gijsbert van der Leden	67 +0,55 30.79	1:05.48 1:41.31	2:16.74	2:16.74
	Martin Teley	89 +0,39 30.33	1:03.87 1:39.18	2:16.33	2:16.33
	Jan-Willem van der Graaff	89 +0,26 28.97	1:01.96 1:36.16	2:09.90	2:09.90
8.	ZOB'66	10:33.90		10:27.53	+0,77
	Ian van Mullem	96 +0,77 34.94	1:14.40 1:53.21	2:28.40	2:28.40
	Ingmar de Gelder	70 +0,61 32.98	1:10.20 1:50.13	2:30.17	2:30.17
	Dré Klaassen	56 +0,78 42.89	1:32.37 2:24.98	3:14.52	3:14.52
	Ferry Blangé	83 +0,44 29.22	1:02.81 1:38.43	2:14.44	2:14.44

160+, Gemengd

1.	ZPC Woerden	8:51.81		8:57.86	+0,78
	<i>Nederlands Masters Record</i>				
	Marjan Remmits	63 +0,78 34.26	1:11.18 1:49.57	2:28.09	2:28.09
	Johan Remmits	62 +0,31 28.95	1:01.82 1:35.96	2:10.11	2:10.11
	Thommy Nickel	84 +0,61 29.03	1:01.17 1:34.25	2:07.42	2:07.42
	Jamilla van Veen	96 +0,41 29.03	1:02.24 1:37.34	2:12.24	2:12.24
2.	HZ&PC Heerenveen	8:56.86		9:04.79	+0,80
	René Beetsma	69 +0,80 30.90	1:04.79 1:39.87	2:14.90	2:14.90
	Evelien van Klaarbergen	72 +0,41 32.55	1:09.05 1:46.63	2:23.47	2:23.47
	Fraukje Puts	92 +0,41 30.93	1:05.17 1:40.01	2:14.52	2:14.52
	Marten de Groot	58 +0,37 29.29	1:02.39 1:37.12	2:11.90	2:11.90
3.	ZPC AMERSFOORT	9:18.73		9:21.75	+0,93
	Lidia v. Bon-Rosenbrand	70 +0,93 33.17	1:10.34 1:49.60	2:29.15	2:29.15
	Edwin v. Norden	63 +0,23 29.31	1:02.64 1:35.63	2:08.05	2:08.05
	Petra Casteleijn	66 +0,55 34.89	1:13.60 1:53.96	2:33.82	2:33.82
	Rob van Vliet	84 +0,31 28.35	1:00.75 1:35.66	2:10.73	2:10.73
4.	Zwemlust-den Hommel	9:26.10		9:25.78	+0,93
	Inge Hornis	79 +0,93 35.00	1:14.16 1:55.98	2:38.09	2:38.09
	Mark Zwart	79 +0,55 28.51	1:00.98 1:34.93	2:09.89	2:09.89
	Lisenka Komet-van den Akker	69 +0,68 33.40	1:10.74 1:49.68	2:28.42	2:28.42
	Vincent Versteeg	77 +0,35 28.29	1:00.91 1:34.91	2:09.38	2:09.38
5.	DAW	10:03.86		9:51.80	+0,77
	Jeroen Kort	68 +0,77 31.48	1:07.11 1:43.95	2:19.40	2:19.40
	Petra Tossings	61 +0,32 37.05	1:18.18 1:59.61	2:39.18	2:39.18
	Wouter Zijlstra	82 +0,45 30.72	1:05.97 1:43.01	2:20.45	2:20.45
	Agnes van Brug	80 +0,46 34.05	1:12.62 1:52.61	2:32.77	2:32.77
6.	Patrick-De Roersoppers (SG)	9:52.00		9:58.88	+0,84
	Arno Schrauwen	65 +0,84 31.34	1:07.20 1:44.81	2:23.43	2:23.43
	Roger Pouls	87 +0,53 27.67	59.68 1:35.86	2:12.54	2:12.54
	Martine de Haart	79 +0,42 36.81	1:17.88 2:00.71	2:42.02	2:42.02
	Pascal Janssen	73 33.85	1:15.34 1:58.86	2:40.89	2:40.89
7.	Budel	11:25.14		11:33.24	+1,04
	Edward van Nijmweegen	70 +1,04 36.62	1:19.90 2:06.40	2:54.71	2:54.71
	Carola Hompes	88 +0,73 36.64	1:20.14 2:05.37	2:50.39	2:50.39
	Jos Zentjens	57 +0,63 38.07	1:20.01 2:04.93	2:49.69	2:49.69
	Elly Scheepers	91 +0,62 39.68	1:24.95 2:12.89	2:58.45	2:58.45

Programmanr. 15, 4 x 200m vrije slag

200+, Dames

1.	PSV 1	PSV	10:48.85						10:46.12	+0,89
	<i>Nederlands Masters Record</i>									
	Liselotte Joling	75	+0,89	31.76	1:07.20	1:43.99	2:19.47	2:19.47		
	Carla Hensen	53	+0,80	43.60	1:33.32	2:24.78	3:13.66	3:13.66		
	Patty Verhagen	59	+0,58	37.39	1:17.88	1:58.94	2:39.14	2:39.14		
	Jolanda van Gendt	78	+0,47	34.76	1:13.68	1:53.93	2:33.85	2:33.85		
2.	Kauno Takas 2	Kauno Takas	12:30.00						11:23.04	+0,98
	<i>Lithuanian MR</i>									
	Loreta Kabasinskiene	63	+0,98	41.44	1:29.74	2:20.48	3:11.22	3:11.22		
	Renata Gadliauskiene	72	+0,16	37.45	1:18.44	2:00.46	2:41.67	2:41.67		
	Ramune Ivanauskaite	64	+0,72	40.79	1:25.10	2:10.30	2:54.30	2:54.30		
	Jolanta Duleviciene	67	+0,70	35.46	1:15.36	1:57.16	2:35.85	2:35.85		

200+, Heren

1.	De Rog 1	De Rog	9:04.60						9:06.02	+0,70
	Rob Spetter	62	+0,70	31.23	1:06.04	1:42.76	2:20.14	2:20.14		
	Erik Kamphuis	60	+0,47	33.00	1:10.01	1:47.70	2:24.94	2:24.94		
	Peter Bernsen	63	+0,53	31.25	1:05.44	1:39.33	2:12.37	2:12.37		
	Glen le Clercq	68	+0,44	28.20	1:00.58	1:34.20	2:08.57	2:08.57		
2.	Kauno Takas 1	Kauno Takas	10:00.00						10:02.75	+0,88
	<i>Lithuanian MR</i>									
	Nerimantas Steponavicius	67	+0,88	31.15	1:06.28	1:42.95	2:20.13	2:20.13		
	Linas Kersevicius	71	+0,82	36.97	1:17.21	1:58.18	2:38.22	2:38.22		
	Arlandas Juodeska	61	+0,40	34.85	1:14.68	1:56.00	2:36.73	2:36.73		
	Anvydas Burinskas	69	+0,45	32.52	1:10.15	1:49.15	2:27.67	2:27.67		
3.	WS Twente 2	WS Twente	10:08.07						10:36.66	+0,90
	Patrick Roozeboom	77	+0,90	33.33	1:09.65	1:45.00	2:18.34	2:18.34		
	Bart van Calker	61	+0,58	38.75	1:20.02	2:02.15	2:45.60	2:45.60		
	Jack Barends	62	+0,43	38.41	1:21.96	2:06.14	2:48.84	2:48.84		
	Joop Weenink	68	+0,53	36.61	1:18.49	2:01.92	2:43.88	2:43.88		
4.	De Spatters 1	De Spatters	11:01.34						11:18.23	+0,85
	René Speelman	66	+0,85	38.42	1:21.21	2:06.38	2:50.42	2:50.42		
	Chris Kouwenhoven	71	+0,54	33.88	1:13.52	1:54.45	2:34.79	2:34.79		
	Jan Haitsma	60	+0,61	42.06	1:30.23	2:18.73	3:05.93	3:05.93		
	Roelof Broekman	68	+0,05	36.30	1:18.06	2:02.15	2:47.09	2:47.09		

200+, Gemengd

1.	AZ&PC De Futen 1	AZ&PC De Futen	10:43.34						10:41.65	+0,85
	Alison Gilbert	53	+0,85	41.84	1:26.24	2:13.71	3:01.50	3:01.50		
	Zilla Fokke	68	+0,88	41.62	1:27.57	2:16.15	3:03.51	3:03.51		
	Erwin Zuidervelt	75	+0,38	31.13	1:06.36	1:43.87	2:19.06	2:19.06		
	Arnold de Rover	64	+0,61	31.39	1:05.51	1:41.25	2:17.58	2:17.58		
2.	AZC 1	AZC	11:33.35						11:23.72	+0,69
	Kirsten Savelberg	79	+0,69	37.10	1:20.12	2:06.03	2:51.87	2:51.87		
	Geza Kaltenecker	42	+0,59	40.72	1:30.86	2:22.94	3:13.56	3:13.56		
	Sandra Daamen-Posma	68	+0,23	39.50	1:25.31	2:12.74	2:59.46	2:59.46		
	Guido Keutgen	68	+0,17	30.28	1:05.30	1:42.11	2:18.83	2:18.83		
3.	Steenwijk 1934 1	Steenwijk 1934	11:29.38						11:39.72	+0,82
	Inge Lolkema-Soeters	73	+0,82	41.72	1:27.96	2:15.13	3:01.49	3:01.49		
	Hans van Scheepen	62	+0,67	45.71	1:37.25	2:30.89	3:28.93	3:28.93		
	Wilna Heijman	64	+0,76	35.87	1:15.31	1:55.50	2:35.40	2:35.40		
	Huyb Stegeman	67	+0,70	33.76	1:12.06	1:52.61	2:33.90	2:33.90		

240+, Heren

1.	WWV 1	WWV	11:07.14						11:00.23	+0,92
	Ruud Ruiter	53	+0,92	36.01	1:17.45	2:01.65	2:43.84	2:43.84		
	Theo Schouten	46	+0,58	41.20	1:29.21	2:18.89	3:06.33	3:06.33		
	Laurens Klein Breteler	54	+0,27	38.39	1:22.19	2:07.16	2:48.84	2:48.84		
	Kees-Jan van Overbeeke	62	+0,39	32.13	1:08.78	1:46.25	2:21.22	2:21.22		



MZ&PC
Maastricht



Open Nederlandse Masters
Kampioenschappen 2017 kb
Maastricht, 19 - 22 -1-2017



Programmanr. 15, Heren, 4 x 200m vrije slag, 240+

rang	vereniging	inschrijftijd	startnr.	tijd	RT			
2.	Charleroi Hélios Aqua Team 1 <i>Belgisch MR</i>	12:00.00		11:18.28	+1,08			
	Daniel Van De Velde	51	+1,08	39.56	1:30.10	2:26.19	3:19.33	3:19.33
	Luc Laloi	53	+0,33	37.46	1:20.93	2:05.15	2:47.22	2:47.22
	Thierry Schurmans	58	+0,40	36.70	1:19.36	2:05.12	2:49.60	2:49.60
	Philippe Morelle	56	+0,36	32.15	1:09.07	1:46.52	2:22.13	2:22.13

240+, Gemengd

1.	WS Twente 1	WS Twente	10:58.59		10:57.45	+0,97		
	Hans Westerhof	62	+0,97	35.53	1:10.99	1:47.29	2:23.66	2:23.66
	Marijke Kraak-Beckers	60		37.11	1:19.65	2:03.27	2:46.84	2:46.84
	Frans van Enst	40	+0,60	41.22	1:30.58	2:20.62	3:08.56	3:08.56
	Jeannette Ruesink	63	+0,52	37.56	1:17.91	1:59.08	2:38.39	2:38.39
2.	Old Dutch 2	Old Dutch	13:06.85		14:24.58	+1,03		
	Ronald van Ginneken	61	+1,03	36.69	1:19.38	2:01.84	2:40.82	2:40.82
	Karien Musters	58	+0,64	50.49	1:46.31	2:46.71	3:47.86	3:47.86
	Marie Smits	38	+0,52	51.44	1:52.74	2:54.28	3:53.30	3:53.30
	Nico Baay	42	+0,54	53.77	1:55.81	2:59.31	4:02.60	4:02.60

320+, Gemengd

1.	Antwerpse Zwemclub Scaldis Antwerpse Zwemclub Scaldi	15:14.13		15:02.24	+1,05			
	<i>Wereld Masters Record</i>							
	Joseph Meyten	47	+1,05	36.20	1:18.39	2:02.50	2:46.15	2:46.15
	Agnes Van Obberghen-Pieters	31	+0,83	57.32	2:04.57	3:13.64	4:20.79	4:20.79
	Jozef Van Roy	32	+0,54	48.33	1:49.24	2:54.77	4:00.04	4:00.04
	Eliane Pellis	33	+0,36	47.79	1:45.58	2:49.03	3:55.26	3:55.26

