

Programmanr. 29 Dames, 3000m vrije slag 19 jaar en ouder
11-8-2019 Resultaten

| Rang | startnr | Vereniging | CAP | Tijd |
|--|-----------|-------------------------------|------|-------------------|
| 20-29 jaar | | | | |
| 1. | 199103324 | Daw | 1.25 | 41:23.00 |
| 2. | 199703192 | Albion | 2.19 | 42:58.50 |
| 3. | 199204862 | De Warande | 0.21 | 44:33.50 |
| 4. | 199700622 | De Dolfijn | 0.03 | 45:02.40 |
| 5. | 199301064 | Ntb | 4.91 | 45:57.30 |
| 6. | 199401032 | WZK Zwemmen | 1.49 | 46:07.00 |
| 7. | 199102502 | Zwemlust-den Hommel | 3.67 | 47:41.75 |
| 8. | 199802860 | Zeelandia | 3.68 | 49:04.85 |
| 9. | 199904110 | De Amstel | 0.02 | 49:13.50 |
| 10. | 199700684 | De Biesboschzwemmers | 3.03 | 56:03.60 |
| 30-39 jaar | | | | |
| 1. | 198800092 | Zuiderzeezwemmers | 0.72 | 41:18.90 |
| 2. | 198603346 | Het Y | 4.93 | 43:00.65 |
| 3. | 198801040 | Koewacht | 1.21 | 43:10.80 |
| 4. | 198703674 | Zwemsport Parkstad | 3.15 | 43:12.90 |
| 5. | 198000612 | MNC Dordrecht | 0.35 | 45:53.45 |
| 6. | 198301274 | LinK | 2.25 | 46:04.60 |
| 7. | 198200468 | Albion | 0.01 | 47:15.40 |
| 8. | 198300892 | Wvz | 0.70 | 50:17.00 |
| 9. | 198503416 | Neptunus'58 | 0.36 | 53:29.65 |
| 10. | 198501880 | De Otters Het Gooi | 0.04 | 54:00.10 |
| 11. | 198202506 | ZVVlaardingen-Schiedam (ZVVS) | 0.05 | 1:02:54.40 |
| 40-49 jaar | | | | |
| 1. | 197100554 | ZVVlaardingen-Schiedam (ZVVS) | 0.81 | 43:06.45 |
| 2. | 197900912 | Old Dutch | 0.50 | 52:44.75 |
| 3. | 197700138 | ZPB H&L Productions | 1.51 | 1:05:43.00 |
| 50-59 jaar | | | | |
| 1. | 196000096 | ZVVlaardingen-Schiedam (ZVVS) | 0.75 | 44:48.70 |
| 2. | 196700358 | Oceanus | 0.38 | 45:55.45 |
| 3. | 196500134 | Zeelandia | 1.89 | 53:44.80 |
| 4. | 196000304 | Plons | 3.00 | 56:19.65 |
| NG | 196600728 | Plons | 3.01 | |
| 60-69 jaar | | | | |
| 1. | 195600048 | Zpc Amersfoort | 0.09 | 49:04.65 |
| 2. | 195800050 | Z & PC De Zeeuwse Kust | 1.08 | 56:04.95 |
| 3. | 195100064 | Psv | 0.54 | 1:09:40.50 |
| 70 jaar en ouder | | | | |
| DIS | 194400026 | Old Dutch | 0.44 | |
| <i>AF - De aangegeven afstand niet uitgezwommen.</i> | | | | |

AFW = afgewezen
BM = buiten mededinging