

Programmanr. 30
 23-6-2019 - 9:23

Dames, 400m wisselslag

 Senioren Open
 Resultaten Voorronde

Punten: FINA 2018

rank	name	club name	time	RT	fin.	FINA	para
Senioren Open							
1.	Lotte Hosper	OC - Racing Club	200201414	4:59.67	+0,77	A	702
	50m: 30.91	30.91 150m: 1:43.38	37.78 250m: 3:04.91	43.82 350m: 4:25.42			35.61
	100m: 1:05.60	34.69 200m: 2:21.09	37.71 300m: 3:49.81	44.90 400m: 4:59.67			34.25
2.	Emelie Schnagl	SSG Saar Max Ritter	262869	5:07.40	+0,72	A	650
	50m: 31.73	31.73 150m: 1:49.75	41.34 250m: 3:13.54	43.77 350m: 4:33.33			35.57
	100m: 1:08.41	36.68 200m: 2:29.77	40.02 300m: 3:57.76	44.22 400m: 5:07.40			34.07
3.	Lisa Dreesens	The Hague Swimming (SG)	199105798	5:12.83	+0,88	A	617
	50m: 31.79	31.79 150m: 1:49.28	40.93 250m: 3:14.46	44.99 350m: 4:36.70			37.13
	100m: 1:08.35	36.56 200m: 2:29.47	40.19 300m: 3:59.57	45.11 400m: 5:12.83			36.13
4.	Alinda Dingshoff	ZPC Hoogveen	200000928	5:14.58	+0,79	A	607
	50m: 32.72	32.72 150m: 1:49.35	39.30 250m: 3:16.49	47.93 350m: 4:39.42			35.75
	100m: 1:10.05	37.33 200m: 2:28.56	39.21 300m: 4:03.67	47.18 400m: 5:14.58			35.16
5.	Anna van Droffelaar	OC - ZVVS	200400258	5:14.68	+0,68	A	606
	50m: 32.71	32.71 150m: 1:53.34	40.39 250m: 3:16.44	43.34 350m: 4:38.90			37.76
	100m: 1:12.95	40.24 200m: 2:33.10	39.76 300m: 4:01.14	44.70 400m: 5:14.68			35.78
6.	Isabel Aardema	DWK	200100364	5:15.64	+0,78	A	600
	50m: 32.53	32.53 150m: 1:54.57	41.92 250m: 3:19.67	44.65 350m: 4:41.80			36.87
	100m: 1:12.65	40.12 200m: 2:35.02	40.45 300m: 4:04.93	45.26 400m: 5:15.64			33.84
7.	Zanthe Janssen	Aqua-Novio'94	200201786	5:16.07	+0,84	A	598
	50m: 34.90	34.90 150m: 1:57.78	40.74 250m: 3:21.02	42.77 350m: 4:41.66			36.12
	100m: 1:17.04	42.14 200m: 2:38.25	40.47 300m: 4:05.54	44.52 400m: 5:16.07			34.41
8.	Carlijn Hansté	WS Twente	200201082	5:16.38	+0,83	A	596
	50m: 32.78	32.78 150m: 1:50.87	39.25 250m: 3:16.54	46.99 350m: 4:41.41			36.66
	100m: 1:11.62	38.84 200m: 2:29.55	38.68 300m: 4:04.75	48.21 400m: 5:16.38			34.97
9.	Angelique van Vark	Z&PC De Gouwe	199701478	5:16.52	+0,73	B	595
	50m: 33.46	33.46 150m: 1:54.87	41.14 250m: 3:20.76	46.20 350m: 4:42.53			36.27
	100m: 1:13.73	40.27 200m: 2:34.56	39.69 300m: 4:06.26	45.50 400m: 5:16.52			33.99
10.	Birgit van Buiten	DWK	200200498	5:17.04	+0,72	B	593
	50m: 34.95	34.95 150m: 1:54.97	38.93 250m: 3:17.86	44.84 350m: 4:40.90			38.31
	100m: 1:16.04	41.09 200m: 2:33.02	38.05 300m: 4:02.59	44.73 400m: 5:17.04			36.14
11.	Inge Vieveen	OC - WVZ	200100024	5:17.65	+0,85	B	589
	50m: 32.65	32.65 150m: 1:54.56	42.08 250m: 3:20.32	44.58 350m: 4:42.25			36.13
	100m: 1:12.48	39.83 200m: 2:35.74	41.18 300m: 4:06.12	45.80 400m: 5:17.65			35.40
12.	Kirsten Verhale	VZC	200400210	5:17.71	+0,80	B	589
	50m: 32.69	32.69 150m: 1:51.55	40.67 250m: 3:18.82	46.60 350m: 4:42.07			36.25
	100m: 1:10.88	38.19 200m: 2:32.22	40.67 300m: 4:05.82	47.00 400m: 5:17.71			35.64
13.	Wiktorja Redzimska	ZPC Hoogveen	200106042	5:17.78	+0,75	B	588
	50m: 33.57	33.57 150m: 1:53.89	40.07 250m: 3:19.41	45.40 350m: 4:43.18			37.11
	100m: 1:13.82	40.25 200m: 2:34.01	40.12 300m: 4:06.07	46.66 400m: 5:17.78			34.60
14.	Josse Bergman	VZC	200305146	5:19.15	+0,75	B	581
	50m: 32.92	32.92 150m: 1:52.28	41.38 250m: 3:19.50	47.45 350m: 4:43.83			36.36
	100m: 1:10.90	37.98 200m: 2:32.05	39.77 300m: 4:07.47	47.97 400m: 5:19.15			35.32
15.	Lonneke Kampman	Nextline Swimming	200100146	5:19.50	+0,84	B	579
	50m: 34.38	34.38 150m: 1:55.22	41.03 250m: 3:20.47	45.04 350m: 4:44.02			37.09
	100m: 1:14.19	39.81 200m: 2:35.43	40.21 300m: 4:06.93	46.46 400m: 5:19.50			35.48
16.	Valesca van den Bogert	Hieronymus	200102138	5:22.31	+0,76	B	564
	50m: 32.95	32.95 150m: 1:56.04	43.44 250m: 3:22.74	44.19 350m: 4:45.47			37.37
	100m: 1:12.60	39.65 200m: 2:38.55	42.51 300m: 4:08.10	45.36 400m: 5:22.31			36.84
17.	Nikita van den Ouden	Nuenen	199900622	5:23.08	+0,75	R	560
	50m: 33.00	33.00 150m: 1:54.23	41.70 250m: 3:21.56	46.05 350m: 4:46.59			37.56
	100m: 1:12.53	39.53 200m: 2:35.51	41.28 300m: 4:09.03	47.47 400m: 5:23.08			36.49
18.	Selene Wortel	Hieronymus	199700654	5:24.65	+0,66	R	552
	50m: 33.38	33.38 150m: 1:56.96	43.30 250m: 3:25.59	45.96 350m: 4:49.03			36.11
	100m: 1:13.66	40.28 200m: 2:39.63	42.67 300m: 4:12.92	47.33 400m: 5:24.65			35.62
19.	Ilona Venema	HPC PARA - ReVeLie Swimteam	200200050	5:25.25	+0,85		549
	50m: 32.93	32.93 150m: 1:51.41	40.08 250m: 3:19.60	48.25 350m: 4:48.03			39.32
	100m: 1:11.33	38.40 200m: 2:31.35	39.94 300m: 4:08.71	49.11 400m: 5:25.25			37.22
20.	Kim Rebergen	Hellas-Glana	200100676	5:26.78	+0,75		541
	50m: 34.54	34.54 150m: 1:58.52	41.51 250m: 3:27.39	48.04 350m: 4:52.74			37.13
	100m: 1:17.01	42.47 200m: 2:39.35	40.83 300m: 4:15.61	48.22 400m: 5:26.78			34.04

Programmanr. 30, Dames, 400m wisselslag, Voorronde, Senioren Open

rank	name	club name	time	RT	fin.	FINA	para
21.	Jonna Muntjewerff	ESCA Zwemmen	200402396	5:27.05	+0,83	540	
	50m: 34.51	34.51 150m: 1:59.56	42.82 250m: 3:26.88	46.21 350m: 4:51.18		38.05	
	100m: 1:16.74	42.23 200m: 2:40.67	41.11 300m: 4:13.13	46.25 400m: 5:27.05		35.87	
22.	Isa Schellekens	SWNZ (SG)	200002330	5:27.16	+0,81	539	
	50m: 33.47	33.47 150m: 1:54.58	41.28 250m: 3:23.39	48.34 350m: 4:50.75		38.27	
	100m: 1:13.30	39.83 200m: 2:35.05	40.47 300m: 4:12.48	49.09 400m: 5:27.16		36.41	
23.	Roos Englebort	Hieronymus	200200606	5:27.59	+0,74	537	
	50m: 33.84	33.84 150m: 1:57.95	43.10 250m: 3:24.89	46.41 350m: 4:50.82		38.49	
	100m: 1:14.85	41.01 200m: 2:38.48	40.53 300m: 4:12.33	47.44 400m: 5:27.59		36.77	
24.	Charlotte Wilbers	ZPC Hoogeveen	200400312	5:29.98	+0,67	525	
	50m: 34.30	34.30 150m: 1:59.39	42.83 250m: 3:28.47	47.61 350m: 4:54.80		37.80	
	100m: 1:16.56	42.26 200m: 2:40.86	41.47 300m: 4:17.00	48.53 400m: 5:29.98		35.18	
25.	Anne Paulusse	De Warande	200200834	5:30.10	+0,76	525	
	50m: 34.23	34.23 150m: 1:56.48	40.78 250m: 3:25.45	48.05 350m: 4:51.76		38.55	
	100m: 1:15.70	41.47 200m: 2:37.40	40.92 300m: 4:13.21	47.76 400m: 5:30.10		38.34	
26.	Maike van de Velde	ZPCH	200000382	5:30.16	+0,84	525	
	50m: 34.22	34.22 150m: 1:57.67	42.45 250m: 3:26.49	47.69 350m: 4:53.33		38.60	
	100m: 1:15.22	41.00 200m: 2:38.80	41.13 300m: 4:14.73	48.24 400m: 5:30.16		36.83	
27.	Sarah Kits	WS Twente	200101024	5:31.99	+0,79	516	
	50m: 34.40	34.40 150m: 1:59.27	42.61 250m: 3:26.24	45.44 350m: 4:53.94		39.82	
	100m: 1:16.66	42.26 200m: 2:40.80	41.53 300m: 4:14.12	47.88 400m: 5:31.99		38.05	
28.	Ilse Kraaijeveld	The Hague Swimming (SG)	200202190	5:32.58	+0,76	513	
	50m: 31.89	31.89 150m: 1:57.53	45.25 250m: 3:28.44	47.00 350m: 4:55.79		38.71	
	100m: 1:12.28	40.39 200m: 2:41.44	43.91 300m: 4:17.08	48.64 400m: 5:32.58		36.79	
29.	Noa Oldenhof	De Dolfijn	199700622	5:33.64	+0,69	508	
	50m: 34.34	34.34 150m: 1:58.35	42.91 250m: 3:28.97	49.27 350m: 4:56.46		37.97	
	100m: 1:15.44	41.10 200m: 2:39.70	41.35 300m: 4:18.49	49.52 400m: 5:33.64		37.18	
30.	Caroline Boxman	ZPCH	200004660	5:35.99	+0,84	498	
	50m: 33.86	33.86 150m: 1:58.35	44.11 250m: 3:31.22	49.71 350m: 4:59.67		37.86	
	100m: 1:14.24	40.38 200m: 2:41.51	43.16 300m: 4:21.81	50.59 400m: 5:35.99		36.32	
31.	Sophie Albers	Merlet	200300990	5:37.56	+0,75	491	
	50m: 36.22	36.22 150m: 2:02.31	43.44 250m: 3:33.14	47.95 350m: 4:59.95		38.54	
	100m: 1:18.87	42.65 200m: 2:45.19	42.88 300m: 4:21.41	48.27 400m: 5:37.56		37.61	
32.	Floor Weijmans	HZPC	199502522	5:39.48	+0,87	483	
	50m: 35.12	35.12 150m: 2:00.44	43.28 250m: 3:33.60	50.49 350m: 5:03.08		38.23	
	100m: 1:17.16	42.04 200m: 2:43.11	42.67 300m: 4:24.85	51.25 400m: 5:39.48		36.40	
33.	Irma van der Wulp	WVZ	200401950	5:40.19	+0,79	480	
	50m: 35.58	35.58 150m: 2:04.80	44.60 250m: 3:35.31	46.92 350m: 5:02.16		38.34	
	100m: 1:20.20	44.62 200m: 2:48.39	43.59 300m: 4:23.82	48.51 400m: 5:40.19		38.03	
34.	Meike van de Ree	Merlet	200402646	5:40.27	+0,87	479	
	50m: 35.71	35.71 150m: 2:03.11	40.38 250m: 3:33.67	48.99 350m: 5:02.76		39.26	
	100m: 1:22.73	47.02 200m: 2:44.68	41.57 300m: 4:23.50	49.83 400m: 5:40.27		37.51	
35.	Lara Hoeksema	The Hague Swimming (SG)	200400514	5:41.47	+0,79	474	
	50m: 36.00	36.00 150m: 2:04.32	44.93 250m: 3:36.84	50.01 350m: 5:04.71		37.79	
	100m: 1:19.39	43.39 200m: 2:46.83	42.51 300m: 4:26.92	50.08 400m: 5:41.47		36.76	
36.	Isa Curvers	HZPC	200205724	5:41.66	+0,77	473	
	50m: 36.88	36.88 150m: 2:01.57	40.96 250m: 3:34.19	51.58 350m: 5:03.93		38.66	
	100m: 1:20.61	43.73 200m: 2:42.61	41.04 300m: 4:25.27	51.08 400m: 5:41.66		37.73	
DIS	Suze Kuipers	Orca	200301714		RH		
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>						
DIS	Michelle Zomerdijk	Dedemsvaart-AC	200003196		SR		
	<i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i>						
AFGEM	Annemarie Hoving	TriVia	200000248				
NG	Kim Jansen van Galen	PSV	200201594				
NG	Mara Bosman	The Hague Swimming (SG)	200303048				