

Programmanr. 15
22-6-2019 - 9:25

Heren, 400m wisselslag

Senioren Open
Resultaten Voorronde

Punten: FINA 2018

rank	name	club name	time	RT	fin.	FINA	para
Senioren Open							
1.	Rowan Keen	Borger	199500727	4:40.14	+0,72	A	659
	50m: 29.55	29.55 150m: 1:40.15	36.24 250m: 2:55.32	39.96 350m: 4:08.61			32.58
	100m: 1:03.91	34.36 200m: 2:15.36	35.21 300m: 3:36.03	40.71 400m: 4:40.14			31.53
2.	Sten Postma	Aqua-Novio'94	200000011	4:40.60	+0,68	A	656
	50m: 29.29	29.29 150m: 1:40.84	37.53 250m: 2:55.44	38.31 350m: 4:08.14			34.17
	100m: 1:03.31	34.02 200m: 2:17.13	36.29 300m: 3:33.97	38.53 400m: 4:40.60			32.46
3.	Wietse Beerens	De Dommelbaarzen	198700159	4:45.23	+0,77	A	624
	50m: 29.49	29.49 150m: 1:44.41	39.55 250m: 2:59.96	39.10 350m: 4:13.27			34.10
	100m: 1:04.86	35.37 200m: 2:20.86	36.45 300m: 3:39.17	39.21 400m: 4:45.23			31.96
4.	Dave Holweg	ZPC AMERSFOORT	199701521	4:47.52	+0,73	A	609
	50m: 29.07	29.07 150m: 1:40.56	36.50 250m: 2:58.20	41.71 350m: 4:14.31			33.97
	100m: 1:04.06	34.99 200m: 2:16.49	35.93 300m: 3:40.34	42.14 400m: 4:47.52			33.21
5.	David Kuipers	Orca	200003633	4:49.38	+0,70	A	598
	50m: 30.13	30.13 150m: 1:44.33	39.19 250m: 3:03.98	42.60 350m: 4:20.07			32.80
	100m: 1:05.14	35.01 200m: 2:21.38	37.05 300m: 3:47.27	43.29 400m: 4:49.38			29.31
6.	Arjan Dekker	ReVeLie Swim Team	200000499	4:49.65	+0,71	A	596
	50m: 30.45	30.45 150m: 1:42.64	37.08 250m: 3:00.36	40.96 350m: 4:16.71			34.34
	100m: 1:05.56	35.11 200m: 2:19.40	36.76 300m: 3:42.37	42.01 400m: 4:49.65			32.94
7.	Jelle Nap	VZC	199502875	4:53.89	+0,76	A	571
	50m: 29.68	29.68 150m: 1:44.56	40.90 250m: 3:05.92	40.61 350m: 4:20.23			32.92
	100m: 1:03.66	33.98 200m: 2:25.31	40.75 300m: 3:47.31	41.39 400m: 4:53.89			33.66
8.	Owen Peeks	ZPC Hoogeveen	200100765	4:54.07	+0,86	A	570
	50m: 32.51	32.51 150m: 1:46.87	37.31 250m: 3:06.26	42.82 350m: 4:22.78			33.06
	100m: 1:09.56	37.05 200m: 2:23.44	36.57 300m: 3:49.72	43.46 400m: 4:54.07			31.29
9.	Nicko Kamphuis	De Warande	199900887	4:56.05	+0,61	B	558
	50m: 30.09	30.09 150m: 1:44.46	38.94 250m: 3:06.13	42.01 350m: 4:22.78			34.15
	100m: 1:05.52	35.43 200m: 2:24.12	39.66 300m: 3:48.63	42.50 400m: 4:56.05			33.27
10.	Olivier Jans	De Fuut	200001815	4:57.68	+0,73	B	549
	50m: 31.23	31.23 150m: 1:46.82	38.70 250m: 3:06.67	41.44 350m: 4:24.84			35.44
	100m: 1:08.12	36.89 200m: 2:25.23	38.41 300m: 3:49.40	42.73 400m: 4:57.68			32.84
11.	Timo Spaans	Nextline Swimming	200201087	4:58.34	+0,63	B	545
	50m: 30.31	30.31 150m: 1:46.46	39.83 250m: 3:08.10	42.34 350m: 4:27.48			36.65
	100m: 1:06.63	36.32 200m: 2:25.76	39.30 300m: 3:50.83	42.73 400m: 4:58.34			30.86
12.	Björn Piket	HZPC	199602133	5:02.45	+0,70	B	524
	50m: 32.13	32.13 150m: 1:49.46	39.38 250m: 3:09.51	41.12 350m: 4:28.78			35.72
	100m: 1:10.08	37.95 200m: 2:28.39	38.93 300m: 3:53.06	43.55 400m: 5:02.45			33.67
NG.ZA	Mohamed Hegazy	Al-Ahly club					
AFGEM	Perry Laarhoven	ZPC Numansdorp	200301321				
AFGEM	Merlin Belmon	De Dolfijn	200403191				