

Programmanr. 31
24-6-2018 - 9:00

Dames, 400m vrije slag

Senioren Open
Resultaten Voorronde

Punten: FINA 2018

rank	name	club name	time	RT	fin.	FINA	para
Senioren Open							
1.	Laura van Engelen	RTC - AquAmigos	200000350	4:25.04	+0,81	A	710
	50m: 29.75	29.75 150m: 1:36.23	33.66 250m: 2:44.05	33.89 350m: 3:52.55			34.12
	100m: 1:02.57	32.82 200m: 2:10.16	33.93 300m: 3:18.43	34.38 400m: 4:25.04			32.49
2.	Marij van der Mast	RTC - PSV	200000676	4:25.73	+0,71	A	704
	50m: 30.59	30.59 150m: 1:36.98	33.78 250m: 2:44.75	33.82 350m: 3:52.71			33.82
	100m: 1:03.20	32.61 200m: 2:10.93	33.95 300m: 3:18.89	34.14 400m: 4:25.73			33.02
3.	Laura Setz	RTC - Nova	200000130	4:27.38	+0,85	A	691
	50m: 29.98	29.98 150m: 1:36.33	33.98 250m: 2:44.34	33.95 350m: 3:53.02			34.12
	100m: 1:02.35	32.37 200m: 2:10.39	34.06 300m: 3:18.90	34.56 400m: 4:27.38			34.36
4.	Leonie van Noort	WVZ	199301752	4:31.05	+0,81	A	663
	50m: 30.30	30.30 150m: 1:37.62	34.19 250m: 2:46.54	34.59 350m: 3:56.33			34.92
	100m: 1:03.43	33.13 200m: 2:11.95	34.33 300m: 3:21.41	34.87 400m: 4:31.05			34.72
5.	Simone de Rijcke	Zwemclub Koewacht	199603452	4:32.22	+0,75	A	655
	50m: 31.21	31.21 150m: 1:39.58	34.48 250m: 2:48.90	34.86 350m: 3:58.66			35.10
	100m: 1:05.10	33.89 200m: 2:14.04	34.46 300m: 3:23.56	34.66 400m: 4:32.22			33.56
6.	Soraya Wasser	PSV	199901358	4:34.90	+0,71	A	636
	50m: 31.88	31.88 150m: 1:41.08	34.73 250m: 2:50.66	34.72 350m: 4:00.75			35.29
	100m: 1:06.35	34.47 200m: 2:15.94	34.86 300m: 3:25.46	34.80 400m: 4:34.90			34.15
7.	Storm Willemsen	ZPC AMERSFOORT	200100570	4:36.68	+0,76	A	624
	50m: 31.20	31.20 150m: 1:40.68	35.27 250m: 2:51.85	35.71 350m: 4:02.96			35.04
	100m: 1:05.41	34.21 200m: 2:16.14	35.46 300m: 3:27.92	36.07 400m: 4:36.68			33.72
8.	Gaia Sterre Mirotti	VZC	200305158	4:38.13	+0,66	A	614
	50m: 31.45	31.45 150m: 1:40.57	34.93 250m: 2:51.62	35.69 350m: 4:02.99			35.70
	100m: 1:05.64	34.19 200m: 2:15.93	35.36 300m: 3:27.29	35.67 400m: 4:38.13			35.14
9.	Lize Janna de Vries	Orca	200101948	4:38.50	+0,73	B	612
	50m: 31.59	31.59 150m: 1:41.29	35.11 250m: 2:52.41	35.48 350m: 4:03.99			35.52
	100m: 1:06.18	34.59 200m: 2:16.93	35.64 300m: 3:28.47	36.06 400m: 4:38.50			34.51
10.	Madelon Dijkstra	ZPCH	199703510	4:38.66	+0,72	B	611
	50m: 31.52	31.52 150m: 1:41.39	35.26 250m: 2:52.57	35.56 350m: 4:03.61			35.06
	100m: 1:06.13	34.61 200m: 2:17.01	35.62 300m: 3:28.55	35.98 400m: 4:38.66			35.05
11.	Manon van Esch	TRB-RES	199702090	4:39.90	+0,67	B	602
	50m: 31.29	31.29 150m: 1:41.39	35.50 250m: 2:53.14	35.95 350m: 4:05.69			35.91
	100m: 1:05.89	34.60 200m: 2:17.19	35.80 300m: 3:29.78	36.64 400m: 4:39.90			34.21
12.	Sophie de Jonge	WVZ	200200118	4:39.98	+0,76	B	602
	50m: 31.24	31.24 150m: 1:42.21	35.99 250m: 2:54.53	36.02 350m: 4:06.42			35.82
	100m: 1:06.22	34.98 200m: 2:18.51	36.30 300m: 3:30.60	36.07 400m: 4:39.98			33.56
13.	Angelique van Vark	Z&PC De Gouwe	199701478	4:40.82	+0,55	B	597
	50m: 31.17	31.17 150m: 1:40.83	35.29 250m: 2:52.71	36.44 350m: 4:05.99			36.76
	100m: 1:05.54	34.37 200m: 2:16.27	35.44 300m: 3:29.23	36.52 400m: 4:40.82			34.83
14.	Jamilla van Veen	ZPC Woerden	199603192	4:41.07	+0,76	B	595
	50m: 31.05	31.05 150m: 1:41.80	36.05 250m: 2:53.86	35.98 350m: 4:06.01			36.17
	100m: 1:05.75	34.70 200m: 2:17.88	36.08 300m: 3:29.84	35.98 400m: 4:41.07			35.06
15.	Manon Aerssens	PSV	199900294	4:41.71	+0,60	B	591
	50m: 31.46	31.46 150m: 1:41.96	35.34 250m: 2:52.99	35.36 350m: 4:05.56			36.24
	100m: 1:06.62	35.16 200m: 2:17.63	35.67 300m: 3:29.32	36.33 400m: 4:41.71			36.15
16.	Manon Ritten	Hellas-Glana	200002440	4:44.45	+0,80	B	574
	50m: 32.50	32.50 150m: 1:43.06	35.48 250m: 2:55.44	36.39 350m: 4:08.87			36.76
	100m: 1:07.58	35.08 200m: 2:19.05	35.99 300m: 3:32.11	36.67 400m: 4:44.45			35.58
17.	Kim Rebergen	Hellas-Glana	200100676	4:45.44	+0,72	R	568
	50m: 32.99	32.99 150m: 1:45.65	37.16 250m: 3:00.04	37.24 350m: 4:12.38			35.68
	100m: 1:08.49	35.50 200m: 2:22.80	37.15 300m: 3:36.70	36.66 400m: 4:45.44			33.06
18.	Annemarie Meijer	SCOM/De Zeehond'73 (SG)	199900964	4:45.92	+0,78	R	565
	50m: 31.71	31.71 150m: 1:42.77	35.91 250m: 2:56.48	36.87 350m: 4:10.72			37.11
	100m: 1:06.86	35.15 200m: 2:19.61	36.84 300m: 3:33.61	37.13 400m: 4:45.92			35.20
19.	Ymke Dragstra	ZPC AMERSFOORT	200300930	4:46.04	+0,73		564
	50m: 31.82	31.82 150m: 1:43.76	36.69 250m: 2:57.16	37.08 350m: 4:10.64			36.88
	100m: 1:07.07	35.25 200m: 2:20.08	36.32 300m: 3:33.76	36.60 400m: 4:46.04			35.40

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20.	Tamara Grove	De Dolfijn	199601266	4:46.69	+0,73	561		
	50m: 31.69	31.69	150m: 1:43.02	36.31	250m: 2:55.96	36.57	350m: 4:09.93	37.03
	100m: 1:06.71	35.02	200m: 2:19.39	36.37	300m: 3:32.90	36.94	400m: 4:46.69	36.76
21.	Ilse Kraaijeveld	The Hague Swimming (SG)	200202190	4:47.83	+0,73	554		
	50m: 31.65	31.65	150m: 1:44.32	36.64	250m: 2:58.38	36.74	350m: 4:12.23	36.26
	100m: 1:07.68	36.03	200m: 2:21.64	37.32	300m: 3:35.97	37.59	400m: 4:47.83	35.60
22.	Sterre van de Goor	PSV	200102168	4:48.82	+0,78	548		
	50m: 32.54	32.54	150m: 1:44.72	35.98	250m: 2:58.35	36.46	350m: 4:12.28	36.64
	100m: 1:08.74	36.20	200m: 2:21.89	37.17	300m: 3:35.64	37.29	400m: 4:48.82	36.54
23.	Kyra Wooldrik	ZPC Hoogeveen	200101042	4:49.97	+0,74	542		
	50m: 32.86	32.86	150m: 1:44.64	36.62	250m: 2:58.43	37.27	350m: 4:13.55	37.71
	100m: 1:08.02	35.16	200m: 2:21.16	36.52	300m: 3:35.84	37.41	400m: 4:49.97	36.42
24.	Mendy de Rooi	DWK	199700780	4:52.08	+0,62	530		
	50m: 31.52	31.52	150m: 1:43.84	36.43	250m: 2:57.97	37.28	350m: 4:14.76	37.82
	100m: 1:07.41	35.89	200m: 2:20.69	36.85	300m: 3:36.94	38.97	400m: 4:52.08	37.32
25.	Elise Hardeman	ZPC AMERSFOORT	200101068	4:52.20	+0,76	529		
	50m: 31.78	31.78	150m: 1:43.46	35.97	250m: 2:58.31	37.59	350m: 4:14.18	37.98
	100m: 1:07.49	35.71	200m: 2:20.72	37.26	300m: 3:36.20	37.89	400m: 4:52.20	38.02