

Programmanr. 15
4-12-2021 - 14:30

Dames, 400m vrije slag

Senioren Open
Resultaten Finale

Punten: FINA 2020

rang	naam		vereniging				tijd	RT	FINA	para
Finale A										
1.	Imani de Jong		HPC - De Dolfijn		200200464		4:06.98	+0,71	849	
	50m:	28.59	150m:	1:31.09	31.22	250m:	2:33.57	31.23	350m:	3:36.47
	100m:	59.87	200m:	2:02.34	31.25	300m:	3:04.96	31.39	400m:	4:06.98
		28.59								31.51
		31.28								30.51
2.	Silke Holkenborg		HPC - VZC		200100292		4:10.01	+0,67	819	
	50m:	29.21	150m:	1:32.09	31.42	250m:	2:35.81	31.78	350m:	3:39.14
	100m:	1:00.67	200m:	2:04.03	31.94	300m:	3:07.41	31.60	400m:	4:10.01
		29.21								31.73
		31.46								30.87
3.	Janna van Kooten		DZ&PC		200404584		4:10.71	+0,80	812	
	50m:	29.29	150m:	1:33.02	31.74	250m:	2:36.40	31.31	350m:	3:39.86
	100m:	1:01.28	200m:	2:05.09	32.07	300m:	3:08.23	31.83	400m:	4:10.71
		29.29								31.63
		31.99								30.85
4.	Yara van Kalmthout		DZ&PC		200200984		4:14.62	+0,74	775	
	50m:	29.20	150m:	1:32.90	32.02	250m:	2:37.45	32.21	350m:	3:42.37
	100m:	1:00.88	200m:	2:05.24	32.34	300m:	3:09.78	32.33	400m:	4:14.62
		29.20								32.59
		31.68								32.25
5.	Merel Schravendijk		Blue Marlins (SG)		200503382		4:21.41	+0,67	716	
	50m:	28.79	150m:	1:34.29	33.19	250m:	2:41.54	33.60	350m:	3:49.42
	100m:	1:01.10	200m:	2:07.94	33.65	300m:	3:15.32	33.78	400m:	4:21.41
		28.79								34.10
		32.31								31.99
6.	Kirsten Verhale		VZC		200400210		4:21.70	+0,78	714	
	50m:	29.45	150m:	1:34.65	33.03	250m:	2:41.35	33.45	350m:	3:49.05
	100m:	1:01.62	200m:	2:07.90	33.25	300m:	3:15.21	33.86	400m:	4:21.70
		29.45								33.84
		32.17								32.65
7.	Marte Hieke van der Kamp		Orca		200500218		4:25.59	+0,75	683	
	50m:	30.46	150m:	1:37.39	32.86	250m:	2:44.42	33.77	350m:	3:52.65
	100m:	1:04.53	200m:	2:10.65	33.26	300m:	3:18.48	34.06	400m:	4:25.59
		30.46								34.17
		34.07								32.94
8.	Charlotte Wilbers		ZPC Hoogeveen		200400312		4:26.63	+0,73	675	
	50m:	30.67	150m:	1:37.65	33.77	250m:	2:45.44	33.91	350m:	3:54.06
	100m:	1:03.88	200m:	2:11.53	33.88	300m:	3:19.61	34.17	400m:	4:26.63
		30.67								34.45
		33.21								32.57
Finale B										
9.	Bridget Vermeer		VZC		200501766		4:22.62	+0,77	706	
	50m:	30.19	150m:	1:37.86	34.22	250m:	2:44.75	33.41	350m:	3:50.80
	100m:	1:03.64	200m:	2:11.34	33.48	300m:	3:17.85	33.10	400m:	4:22.62
		30.19								32.95
		33.45								31.82
10.	Daniëlle Meinema		SWOL 1894		200300534		4:26.97	+0,76	672	
	50m:	30.57	150m:	1:37.61	33.77	250m:	2:46.58	34.20	350m:	3:55.09
	100m:	1:03.84	200m:	2:12.38	34.77	300m:	3:20.96	34.38	400m:	4:26.97
		30.57								34.13
		33.27								31.88
11.	Manon Ritten		PSV		200002440		4:27.21	+0,76	670	
	50m:	30.41	150m:	1:37.89	33.99	250m:	2:45.90	33.88	350m:	3:54.33
	100m:	1:03.90	200m:	2:12.02	34.13	300m:	3:20.12	34.22	400m:	4:27.21
		30.41								34.21
		33.49								32.88
12.	Rani Skrabanja		Hellas-Glana		199800992		4:27.47	+0,74	668	
	50m:	29.69	150m:	1:36.69	33.73	250m:	2:45.01	34.30	350m:	3:54.54
	100m:	1:02.96	200m:	2:10.71	34.02	300m:	3:19.63	34.62	400m:	4:27.47
		29.69								34.91
		33.27								32.93
13.	Sara Korhuis		TriVia		200600494		4:28.42	+0,68	661	
	50m:	29.47	150m:	1:37.47	34.47	250m:	2:46.07	34.33	350m:	3:55.46
	100m:	1:03.00	200m:	2:11.74	34.27	300m:	3:20.76	34.69	400m:	4:28.42
		29.47								34.70
		33.53								32.96
14.	Nikita van den Ouden		Nuenen		199900622		4:30.20	+0,68	648	
	50m:	30.03	150m:	1:37.69	34.35	250m:	2:46.91	34.75	350m:	3:56.29
	100m:	1:03.34	200m:	2:12.16	34.47	300m:	3:21.43	34.52	400m:	4:30.20
		30.03								34.86
		33.31								33.91
15.	Femke Doorenbos		ZPC AMERSFOORT		200404214		4:31.01	+0,71	643	
	50m:	30.31	150m:	1:37.70	34.24	250m:	2:47.02	34.64	350m:	3:56.88
	100m:	1:03.46	200m:	2:12.38	34.68	300m:	3:22.31	35.29	400m:	4:31.01
		30.31								34.57
		33.15								34.13
16.	Sophia van Droffelaar		ZVVS		200500330		4:32.14	+0,70	635	
	50m:	30.12	150m:	1:37.89	34.13	250m:	2:47.11	34.57	350m:	3:57.31
	100m:	1:03.76	200m:	2:12.54	34.65	300m:	3:22.73	35.62	400m:	4:32.14
		30.12								34.58
		33.64								34.83