

Programmanr. 14
3-12-2021 - 14:55

Dames, 800m vrije slag

Senioren Open
Resultaten

Punten: FINA 2020

rang	naam	vereniging	tijd	RT	FINA	para		
Jeugd 1 en 2								
1.	Marte Hieke van der Kamp	Orca	200500218	8:59.76	+0,80	700		
	50m: 29.55	29.55	250m: 2:42.93	33.70	450m: 4:59.26	34.51	650m: 7:17.30	34.51
	100m: 1:02.39	32.84	300m: 3:16.67	33.74	500m: 5:33.72	34.46	700m: 7:52.01	34.71
	150m: 1:35.81	33.42	350m: 3:50.63	33.96	550m: 6:08.16	34.44	750m: 8:27.00	34.99
	200m: 2:09.23	33.42	400m: 4:24.75	34.12	600m: 6:42.79	34.63	800m: 8:59.76	32.76
2.	Bridget Vermeer	VZC	200501766	9:03.89	+0,79	684		
	50m: 30.41	30.41	250m: 2:47.58	34.59	450m: 5:06.14	34.33	650m: 7:23.31	34.13
	100m: 1:03.64	33.23	300m: 3:22.25	34.67	500m: 5:40.65	34.51	700m: 7:57.47	34.16
	150m: 1:38.17	34.53	350m: 3:56.86	34.61	550m: 6:15.02	34.37	750m: 8:31.13	33.66
	200m: 2:12.99	34.82	400m: 4:31.81	34.95	600m: 6:49.18	34.16	800m: 9:03.89	32.76
3.	Evy Rozeboom	DAW	200601338	9:06.24	+0,63	675		
	50m: 30.56	30.56	250m: 2:47.02	34.35	450m: 5:05.24	34.70	650m: 7:24.28	34.86
	100m: 1:04.28	33.72	300m: 3:21.65	34.63	500m: 5:40.08	34.84	700m: 7:58.99	34.71
	150m: 1:38.44	34.16	350m: 3:55.85	34.20	550m: 6:14.71	34.63	750m: 8:33.47	34.48
	200m: 2:12.67	34.23	400m: 4:30.54	34.69	600m: 6:49.42	34.71	800m: 9:06.24	32.77
4.	Sara Korthuis	TriVia	200600494	9:12.72	+0,76	652		
	50m: 29.73	29.73	250m: 2:47.23	34.82	450m: 5:07.23	35.16	650m: 7:28.99	35.24
	100m: 1:03.41	33.68	300m: 3:22.01	34.78	500m: 5:42.50	35.27	700m: 8:04.31	35.32
	150m: 1:37.99	34.58	350m: 3:56.89	34.88	550m: 6:18.31	35.81	750m: 8:39.21	34.90
	200m: 2:12.41	34.42	400m: 4:32.07	35.18	600m: 6:53.75	35.44	800m: 9:12.72	33.51
5.	Anique Hazebroek	ZPC AMERSFOORT	200502196	9:17.85	+0,76	634		
	50m: 29.94	29.94	250m: 2:48.55	34.88	450m: 5:09.37	35.48	650m: 7:31.77	35.70
	100m: 1:03.88	33.94	300m: 3:23.62	35.07	500m: 5:45.22	35.85	700m: 8:07.68	35.91
	150m: 1:38.58	34.70	350m: 3:58.64	35.02	550m: 6:20.63	35.41	750m: 8:43.14	35.46
	200m: 2:13.67	35.09	400m: 4:33.89	35.25	600m: 6:56.07	35.44	800m: 9:17.85	34.71
6.	Kim Oudendijk	DAW	200600964	9:22.80	+0,81	617		
	50m: 31.29	31.29	250m: 2:54.92	35.98	450m: 5:16.42	35.08	650m: 7:39.20	36.01
	100m: 1:07.08	35.79	300m: 3:30.92	36.00	500m: 5:51.98	35.56	700m: 8:14.52	35.32
	150m: 1:42.88	35.80	350m: 4:06.44	35.52	550m: 6:27.86	35.88	750m: 8:49.48	34.96
	200m: 2:18.94	36.06	400m: 4:41.34	34.90	600m: 7:03.19	35.33	800m: 9:22.80	33.32
7.	Hedwig Bolt	HZ&PC Heerenveen	200602660	9:33.03	+0,77	585		
	50m: 31.02	31.02	250m: 2:51.97	35.79	450m: 5:17.00	36.64	650m: 7:43.65	37.16
	100m: 1:05.45	34.43	300m: 3:27.97	36.00	500m: 5:53.37	36.37	700m: 8:20.79	37.14
	150m: 1:40.57	35.12	350m: 4:04.28	36.31	550m: 6:29.84	36.47	750m: 8:57.54	36.75
	200m: 2:16.18	35.61	400m: 4:40.36	36.08	600m: 7:06.49	36.65	800m: 9:33.03	35.49
8.	Madoline Held	Blue Marlins (SG)	200503412	9:46.51	+0,70	545		
	50m: 31.81	31.81	250m: 2:57.94	36.82	450m: 5:27.32	37.12	650m: 7:57.03	37.19
	100m: 1:07.70	35.89	300m: 3:35.19	37.25	500m: 6:04.74	37.42	700m: 8:34.42	37.39
	150m: 1:44.28	36.58	350m: 4:12.71	37.52	550m: 6:42.08	37.34	750m: 9:11.46	37.04
	200m: 2:21.12	36.84	400m: 4:50.20	37.49	600m: 7:19.84	37.76	800m: 9:46.51	35.05
9.	Fleur Bos	Orca	200500674	9:52.95	+0,75	528		
	50m: 32.44	32.44	250m: 3:00.00	37.87	450m: 5:30.37	37.23	650m: 8:01.50	37.57
	100m: 1:08.38	35.94	300m: 3:37.99	37.99	500m: 6:08.49	38.12	700m: 8:39.44	37.94
	150m: 1:45.30	36.92	350m: 4:15.61	37.62	550m: 6:46.09	37.60	750m: 9:17.01	37.57
	200m: 2:22.13	36.83	400m: 4:53.14	37.53	600m: 7:23.93	37.84	800m: 9:52.95	35.94
10.	Maud Dokter	ZPC Hoogeveen	200601672	10:01.04	+0,72	507		
	50m: 34.18	34.18	250m: 3:04.76	37.95	450m: 5:35.45	37.64	650m: 8:07.49	38.42
	100m: 1:11.24	37.06	300m: 3:42.26	37.50	500m: 6:13.29	37.84	700m: 8:46.22	38.73
	150m: 1:48.93	37.69	350m: 4:19.86	37.60	550m: 6:50.98	37.69	750m: 9:24.47	38.25
	200m: 2:26.81	37.88	400m: 4:57.81	37.95	600m: 7:29.07	38.09	800m: 10:01.04	36.57
11.	Julia van den Bosch	Deltasteur	200600232	10:07.92	+0,70	490		
	50m: 32.53	32.53	250m: 3:04.76	38.71	450m: 5:38.57	38.77	650m: 8:16.17	39.44
	100m: 1:10.04	37.51	300m: 3:42.44	37.68	500m: 6:18.51	39.94	700m: 8:55.14	38.97
	150m: 1:48.00	37.96	350m: 4:21.29	38.85	550m: 6:57.64	39.13	750m: 9:32.55	37.41
	200m: 2:26.05	38.05	400m: 4:59.80	38.51	600m: 7:36.73	39.09	800m: 10:07.92	35.37
12.	Emma-Leigh Barkhuis	PSV	200505228	10:14.71	+0,69	474		
	50m: 32.95	32.95	250m: 3:02.28	38.01	450m: 5:37.64	38.94	650m: 8:17.66	40.91
	100m: 1:09.53	36.58	300m: 3:40.87	38.59	500m: 6:16.53	38.89	700m: 8:56.80	39.14
	150m: 1:46.63	37.10	350m: 4:19.63	38.76	550m: 6:56.90	40.37	750m: 9:36.51	39.71
	200m: 2:24.27	37.64	400m: 4:58.70	39.07	600m: 7:36.75	39.85	800m: 10:14.71	38.20
AFGEM	Megan Jonkman	Blue Marlins (SG)	200600508					

Programmanr. 14, Dames, 800m vrije slag

senioren 1 en 2

1. Janna van Kooten	DZ&PC	200404584	8:41.06	+0,78	778
50m: 29.53	29.53	250m: 2:41.49	33.11	450m: 4:53.92	32.84
100m: 1:02.16	32.63	300m: 3:14.77	33.28	500m: 5:27.01	33.09
150m: 1:35.31	33.15	350m: 3:47.92	33.15	550m: 5:59.64	32.63
200m: 2:08.38	33.07	400m: 4:21.08	33.16	600m: 6:32.70	33.06
650m: 7:05.30				700m: 7:37.99	32.69
750m: 8:10.24				800m: 8:41.06	32.25
800m: 8:41.06					30.82
2. Charlotte Wilbers	ZPC Hoogeveen	200400312	9:06.33	+0,77	675
50m: 31.39	31.39	250m: 2:46.90	34.02	450m: 5:04.75	34.68
100m: 1:04.98	33.59	300m: 3:21.28	34.38	500m: 5:39.39	34.64
150m: 1:38.79	33.81	350m: 3:55.86	34.58	550m: 6:14.07	34.68
200m: 2:12.88	34.09	400m: 4:30.07	34.21	600m: 6:49.03	34.96
650m: 7:24.09				700m: 7:59.05	34.61
750m: 8:33.66				800m: 9:06.33	32.67
800m: 9:06.33					
3. Femke Doorenbos	ZPC AMERSFOORT	200404214	9:13.86	+0,71	648
50m: 30.28	30.28	250m: 2:48.30	34.76	450m: 5:09.52	35.08
100m: 1:03.78	33.50	300m: 3:23.70	35.40	500m: 5:44.65	35.13
150m: 1:38.36	34.58	350m: 3:59.03	35.33	550m: 6:19.91	35.26
200m: 2:13.54	35.18	400m: 4:34.44	35.41	600m: 6:55.12	35.21
650m: 7:29.91				700m: 8:05.11	35.01
750m: 8:40.12				800m: 9:13.86	33.74
800m: 9:13.86					
4. Daniëlle Meinema	SWOL 1894	200300534	9:19.45	+0,82	628
50m: 30.36	30.36	250m: 2:45.03	34.17	450m: 5:05.12	35.69
100m: 1:03.64	33.28	300m: 3:19.50	34.47	500m: 5:41.21	36.09
150m: 1:37.09	33.45	350m: 3:54.10	34.60	550m: 6:18.01	36.80
200m: 2:10.86	33.77	400m: 4:29.43	35.33	600m: 6:55.18	37.17
650m: 7:31.50				700m: 8:08.36	36.86
750m: 8:44.83				800m: 9:19.45	36.47
800m: 9:19.45					34.62
5. Alysha de Jong	ZPCH	200400086	9:22.50	+0,83	618
50m: 31.25	31.25	250m: 2:51.74	35.30	450m: 5:14.23	35.93
100m: 1:06.01	34.76	300m: 3:27.49	35.75	500m: 5:49.62	35.39
150m: 1:41.23	35.22	350m: 4:02.94	35.45	550m: 6:25.56	35.94
200m: 2:16.44	35.21	400m: 4:38.30	35.36	600m: 7:01.72	36.16
650m: 7:37.58				700m: 8:13.34	35.76
750m: 8:48.81				800m: 9:22.50	35.47
800m: 9:22.50					33.69
6. Chantal Tiesinga	DZ&PC	200302452	9:34.22	+0,80	581
50m: 32.50	32.50	250m: 2:56.71	36.38	450m: 5:21.31	36.02
100m: 1:08.08	35.58	300m: 3:33.06	36.35	500m: 5:57.80	36.49
150m: 1:44.16	36.08	350m: 4:09.05	35.99	550m: 6:34.00	36.20
200m: 2:20.33	36.17	400m: 4:45.29	36.24	600m: 7:10.08	36.08
650m: 7:46.22				700m: 8:22.67	36.45
750m: 8:59.13				800m: 9:34.22	36.46
800m: 9:34.22					35.09
7. Myrthe Natzijl	Orca	200400076	9:36.97	+0,85	573
50m: 31.52	31.52	250m: 2:55.19	36.65	450m: 5:21.43	36.47
100m: 1:06.39	34.87	300m: 3:31.73	36.54	500m: 5:58.22	36.79
150m: 1:42.01	35.62	350m: 4:08.31	36.58	550m: 6:35.05	36.83
200m: 2:18.54	36.53	400m: 4:44.96	36.65	600m: 7:11.88	36.83
650m: 7:48.68				700m: 8:25.31	36.63
750m: 9:02.03				800m: 9:36.97	36.72
800m: 9:36.97					34.94
8. Dominique Dingshoff	ZPC Hoogeveen	200400804	9:40.69	+0,81	562
50m: 31.60	31.60	250m: 2:49.09	34.63	450m: 5:17.84	38.03
100m: 1:05.66	34.06	300m: 3:25.02	35.93	500m: 5:55.09	37.25
150m: 1:39.78	34.12	350m: 4:02.22	37.20	550m: 6:32.21	37.12
200m: 2:14.46	34.68	400m: 4:39.81	37.59	600m: 7:09.67	37.46
650m: 7:47.64				700m: 8:25.66	37.66
750m: 9:03.32				800m: 9:40.69	37.37
800m: 9:40.69					
9. Mara Bosman	Blue Marlins (SG)	200303048	9:43.08	+0,59	555
50m: 31.09	31.09	250m: 2:53.36	36.50	450m: 5:20.74	36.95
100m: 1:05.54	34.45	300m: 3:29.84	36.48	500m: 5:58.23	37.49
150m: 1:40.85	35.31	350m: 4:06.58	36.74	550m: 6:35.73	37.50
200m: 2:16.86	36.01	400m: 4:43.79	37.21	600m: 7:13.40	37.67
650m: 7:50.91				700m: 8:28.23	37.72
750m: 9:05.95				800m: 9:43.08	37.13
800m: 9:43.08					
10. Dianne Postma	De Fuut	200402264	9:46.82	+0,88	545
50m: 32.69	32.69	250m: 2:58.91	36.77	450m: 5:28.31	37.63
100m: 1:08.35	35.66	300m: 3:36.28	37.37	500m: 6:05.67	37.36
150m: 1:45.17	36.82	350m: 4:13.49	37.21	550m: 6:43.10	37.43
200m: 2:22.14	36.97	400m: 4:50.68	37.19	600m: 7:20.69	37.59
650m: 7:58.32				700m: 8:35.45	37.63
750m: 9:12.73				800m: 9:46.82	37.13
800m: 9:46.82					37.28
					34.09
11. Alessia Sluis	Dedemsvaart-AC	200300896	9:59.54	+0,75	511
50m: 32.12	32.12	250m: 3:01.24	38.16	450m: 5:35.56	38.11
100m: 1:07.92	35.80	300m: 3:39.85	38.61	500m: 6:13.80	38.24
150m: 1:45.40	37.48	350m: 4:18.82	38.97	550m: 6:51.70	37.90
200m: 2:23.08	37.68	400m: 4:57.45	38.63	600m: 7:29.84	38.14
650m: 8:08.40				700m: 8:46.67	38.56
750m: 9:24.02				800m: 9:59.54	38.27
800m: 9:59.54					37.35
					35.52
12. Lianne Kaanen	ZEPS	200300708	11:03.45	+0,74	377
50m: 35.48	35.48	250m: 3:18.11	41.75	450m: 6:06.73	42.46
100m: 1:14.36	38.88	300m: 4:00.68	42.57	500m: 6:49.93	43.20
150m: 1:55.37	41.01	350m: 4:42.39	41.71	550m: 7:32.54	42.61
200m: 2:36.36	40.99	400m: 5:24.27	41.88	600m: 8:15.47	42.93
650m: 8:58.17				700m: 9:40.57	42.40
750m: 10:22.53				800m: 11:03.45	41.96
800m: 11:03.45					40.92

Senioren Open

1. Imani de Jong	HPC - De Dolfijn	200200464	8:30.22	+0,71	829
50m: 28.64	28.64	250m: 2:35.18	31.82	450m: 4:43.53	32.23
100m: 1:00.03	31.39	300m: 3:07.01	31.83	500m: 5:15.75	32.22
150m: 1:31.58	31.55	350m: 3:39.04	32.03	550m: 5:48.28	32.53
200m: 2:03.36	31.78	400m: 4:11.30	32.26	600m: 6:20.86	32.58
650m: 6:53.65				700m: 7:26.59	32.94
750m: 7:59.13				800m: 8:30.22	32.54
800m: 8:30.22					31.09

Open Nederlandse Kampioenschappen korte baan 2021
Den Haag, 3- - 5-12-2021



Programmanr. 14, Dames, 800m vrije slag, Senioren Open

rang	naam	vereniging					tijd	RT	FINA	para
2.	Janna van Kooten	DZ&PC	200404584				8:41.06	+0,78	778	
	50m: 29.53	29.53	250m: 2:41.49	33.11	450m: 4:53.92	32.84	650m: 7:05.30	32.60		
	100m: 1:02.16	32.63	300m: 3:14.77	33.28	500m: 5:27.01	33.09	700m: 7:37.99	32.69		
	150m: 1:35.31	33.15	350m: 3:47.92	33.15	550m: 5:59.64	32.63	750m: 8:10.24	32.25		
	200m: 2:08.38	33.07	400m: 4:21.08	33.16	600m: 6:32.70	33.06	800m: 8:41.06	30.82		
3.	Marte Hieke van der Kamp	Orca	200500218				8:59.76	+0,80	700	
	50m: 29.55	29.55	250m: 2:42.93	33.70	450m: 4:59.26	34.51	650m: 7:17.30	34.51		
	100m: 1:02.39	32.84	300m: 3:16.67	33.74	500m: 5:33.72	34.46	700m: 7:52.01	34.71		
	150m: 1:35.81	33.42	350m: 3:50.63	33.96	550m: 6:08.16	34.44	750m: 8:27.00	34.99		
	200m: 2:09.23	33.42	400m: 4:24.75	34.12	600m: 6:42.79	34.63	800m: 8:59.76	32.76		
4.	Bridget Vermeer	VZC	200501766				9:03.89	+0,79	684	
	50m: 30.41	30.41	250m: 2:47.58	34.59	450m: 5:06.14	34.33	650m: 7:23.31	34.13		
	100m: 1:03.64	33.23	300m: 3:22.25	34.67	500m: 5:40.65	34.51	700m: 7:57.47	34.16		
	150m: 1:38.17	34.53	350m: 3:56.86	34.61	550m: 6:15.02	34.37	750m: 8:31.13	33.66		
	200m: 2:12.99	34.82	400m: 4:31.81	34.95	600m: 6:49.18	34.16	800m: 9:03.89	32.76		
5.	Evy Rozeboom	DAW	200601338				9:06.24	+0,63	675	
	50m: 30.56	30.56	250m: 2:47.02	34.35	450m: 5:05.24	34.70	650m: 7:24.28	34.86		
	100m: 1:04.28	33.72	300m: 3:21.65	34.63	500m: 5:40.08	34.84	700m: 7:58.99	34.71		
	150m: 1:38.44	34.16	350m: 3:55.85	34.20	550m: 6:14.71	34.63	750m: 8:33.47	34.48		
	200m: 2:12.67	34.23	400m: 4:30.54	34.69	600m: 6:49.42	34.71	800m: 9:06.24	32.77		
6.	Charlotte Wilbers	ZPC Hoogeveen	200400312				9:06.33	+0,77	675	
	50m: 31.39	31.39	250m: 2:46.90	34.02	450m: 5:04.75	34.68	650m: 7:24.09	35.06		
	100m: 1:04.98	33.59	300m: 3:21.28	34.38	500m: 5:39.39	34.64	700m: 7:59.05	34.96		
	150m: 1:38.79	33.81	350m: 3:55.86	34.58	550m: 6:14.07	34.68	750m: 8:33.66	34.61		
	200m: 2:12.88	34.09	400m: 4:30.07	34.21	600m: 6:49.03	34.96	800m: 9:06.33	32.67		
7.	Sara Kortheuis	TriVia	200600494				9:12.72	+0,76	652	
	50m: 29.73	29.73	250m: 2:47.23	34.82	450m: 5:07.23	35.16	650m: 7:28.99	35.24		
	100m: 1:03.41	33.68	300m: 3:22.01	34.78	500m: 5:42.50	35.27	700m: 8:04.31	35.32		
	150m: 1:37.99	34.58	350m: 3:56.89	34.88	550m: 6:18.31	35.81	750m: 8:39.21	34.90		
	200m: 2:12.41	34.42	400m: 4:32.07	35.18	600m: 6:53.75	35.44	800m: 9:12.72	33.51		
8.	Femke Doorenbos	ZPC AMERSFOORT	200404214				9:13.86	+0,71	648	
	50m: 30.28	30.28	250m: 2:48.30	34.76	450m: 5:09.52	35.08	650m: 7:29.91	34.79		
	100m: 1:03.78	33.50	300m: 3:23.70	35.40	500m: 5:44.65	35.13	700m: 8:05.11	35.20		
	150m: 1:38.36	34.58	350m: 3:59.03	35.33	550m: 6:19.91	35.26	750m: 8:40.12	35.01		
	200m: 2:13.54	35.18	400m: 4:34.44	35.41	600m: 6:55.12	35.21	800m: 9:13.86	33.74		
9.	Anique Hazebroek	ZPC AMERSFOORT	200502196				9:17.85	+0,76	634	
	50m: 29.94	29.94	250m: 2:48.55	34.88	450m: 5:09.37	35.48	650m: 7:31.77	35.70		
	100m: 1:03.88	33.94	300m: 3:23.62	35.07	500m: 5:45.22	35.85	700m: 8:07.68	35.91		
	150m: 1:38.58	34.70	350m: 3:58.64	35.02	550m: 6:20.63	35.41	750m: 8:43.14	35.46		
	200m: 2:13.67	35.09	400m: 4:33.89	35.25	600m: 6:56.07	35.44	800m: 9:17.85	34.71		
10.	Daniëlle Meinema	SWOL 1894	200300534				9:19.45	+0,82	628	
	50m: 30.36	30.36	250m: 2:45.03	34.17	450m: 5:05.12	35.69	650m: 7:31.50	36.32		
	100m: 1:03.64	33.28	300m: 3:19.50	34.47	500m: 5:41.21	36.09	700m: 8:08.36	36.86		
	150m: 1:37.09	33.45	350m: 3:54.10	34.60	550m: 6:18.01	36.80	750m: 8:44.83	36.47		
	200m: 2:10.86	33.77	400m: 4:29.43	35.33	600m: 6:55.18	37.17	800m: 9:19.45	34.62		
11.	Manon Ritten	PSV	200002440				9:21.02	+0,77	623	
	50m: 31.54	31.54	250m: 2:52.12	35.69	450m: 5:12.64	35.00	650m: 7:35.38	35.71		
	100m: 1:06.37	34.83	300m: 3:26.77	34.65	500m: 5:47.90	35.26	700m: 8:10.96	35.58		
	150m: 1:41.42	35.05	350m: 4:02.27	35.50	550m: 6:23.58	35.68	750m: 8:46.42	35.46		
	200m: 2:16.43	35.01	400m: 4:37.64	35.37	600m: 6:59.67	36.09	800m: 9:21.02	34.60		
12.	Alysha de Jong	ZPCH	200400086				9:22.50	+0,83	618	
	50m: 31.25	31.25	250m: 2:51.74	35.30	450m: 5:14.23	35.93	650m: 7:37.58	35.86		
	100m: 1:06.01	34.76	300m: 3:27.49	35.75	500m: 5:49.62	35.39	700m: 8:13.34	35.76		
	150m: 1:41.23	35.22	350m: 4:02.94	35.45	550m: 6:25.56	35.94	750m: 8:48.81	35.47		
	200m: 2:16.44	35.21	400m: 4:38.30	35.36	600m: 7:01.72	36.16	800m: 9:22.50	33.69		
13.	Kim Oudendijk	DAW	200600964				9:22.80	+0,81	617	
	50m: 31.29	31.29	250m: 2:54.92	35.98	450m: 5:16.42	35.08	650m: 7:39.20	36.01		
	100m: 1:07.08	35.79	300m: 3:30.92	36.00	500m: 5:51.98	35.56	700m: 8:14.52	35.32		
	150m: 1:42.88	35.80	350m: 4:06.44	35.52	550m: 6:27.86	35.88	750m: 8:49.48	34.96		
	200m: 2:18.94	36.06	400m: 4:41.34	34.90	600m: 7:03.19	35.33	800m: 9:22.80	33.32		
14.	Roos Englebert	Hieronymus	200200606				9:27.72	+0,79	601	
	50m: 31.88	31.88	250m: 2:53.32	36.05	450m: 5:16.72	35.44	650m: 7:40.05	36.20		
	100m: 1:06.55	34.67	300m: 3:29.29	35.97	500m: 5:52.24	35.52	700m: 8:16.08	36.03		
	150m: 1:41.69	35.14	350m: 4:05.14	35.85	550m: 6:27.84	35.60	750m: 8:52.01	35.93		
	200m: 2:17.27	35.58	400m: 4:41.28	36.14	600m: 7:03.85	36.01	800m: 9:27.72	35.71		
15.	Amé Hulleman	DZ&PC	200202794				9:31.11	+0,74	591	
	50m: 31.08	31.08	250m: 2:53.60	36.21	450m: 5:17.64	35.86	650m: 7:42.84	36.66		
	100m: 1:05.95	34.87	300m: 3:29.71	36.11	500m: 5:54.00	36.36	700m: 8:19.02	36.18		
	150m: 1:41.54	35.59	350m: 4:05.52	35.81	550m: 6:30.29	36.29	750m: 8:55.73	36.71		
	200m: 2:17.39	35.85	400m: 4:41.78	36.26	600m: 7:06.18	35.89	800m: 9:31.11	35.38		

Open Nederlandse Kampioenschappen korte baan 2021
Den Haag, 3- - 5-12-2021



Programmanr. 14, Dames, 800m vrije slag, Senioren Open

rang	naam	vereniging	tijd	RT	FINA	para		
16.	Hedwig Bolt	HZ&PC Heerenveen	200602660	9:33.03	+0,77	585		
	50m: 31.02	31.02	250m: 2:51.97	35.79	450m: 5:17.00	36.64	650m: 7:43.65	37.16
	100m: 1:05.45	34.43	300m: 3:27.97	36.00	500m: 5:53.37	36.37	700m: 8:20.79	37.14
	150m: 1:40.57	35.12	350m: 4:04.28	36.31	550m: 6:29.84	36.47	750m: 8:57.54	36.75
	200m: 2:16.18	35.61	400m: 4:40.36	36.08	600m: 7:06.49	36.65	800m: 9:33.03	35.49
17.	Chantal Tiesinga	DZ&PC	200302452	9:34.22	+0,80	581		
	50m: 32.50	32.50	250m: 2:56.71	36.38	450m: 5:21.31	36.02	650m: 7:46.22	36.14
	100m: 1:08.08	35.58	300m: 3:33.06	36.35	500m: 5:57.80	36.49	700m: 8:22.67	36.45
	150m: 1:44.16	36.08	350m: 4:09.05	35.99	550m: 6:34.00	36.20	750m: 8:59.13	36.46
	200m: 2:20.33	36.17	400m: 4:45.29	36.24	600m: 7:10.08	36.08	800m: 9:34.22	35.09
18.	Myrthe Natzijl	Orca	200400076	9:36.97	+0,85	573		
	50m: 31.52	31.52	250m: 2:55.19	36.65	450m: 5:21.43	36.47	650m: 7:48.68	36.80
	100m: 1:06.39	34.87	300m: 3:31.73	36.54	500m: 5:58.22	36.79	700m: 8:25.31	36.63
	150m: 1:42.01	35.62	350m: 4:08.31	36.58	550m: 6:35.05	36.83	750m: 9:02.03	36.72
	200m: 2:18.54	36.53	400m: 4:44.96	36.65	600m: 7:11.88	36.83	800m: 9:36.97	34.94
19.	Dominique Dingshoff	ZPC Hoogeveen	200400804	9:40.69	+0,81	562		
	50m: 31.60	31.60	250m: 2:49.09	34.63	450m: 5:17.84	38.03	650m: 7:47.64	37.97
	100m: 1:05.66	34.06	300m: 3:25.02	35.93	500m: 5:55.09	37.25	700m: 8:25.66	38.02
	150m: 1:39.78	34.12	350m: 4:02.22	37.20	550m: 6:32.21	37.12	750m: 9:03.32	37.66
	200m: 2:14.46	34.68	400m: 4:39.81	37.59	600m: 7:09.67	37.46	800m: 9:40.69	37.37
20.	Mara Bosman	Blue Marlins (SG)	200303048	9:43.08	+0,59	555		
	50m: 31.09	31.09	250m: 2:53.36	36.50	450m: 5:20.74	36.95	650m: 7:50.91	37.51
	100m: 1:05.54	34.45	300m: 3:29.84	36.48	500m: 5:58.23	37.49	700m: 8:28.23	37.32
	150m: 1:40.85	35.31	350m: 4:06.58	36.74	550m: 6:35.73	37.50	750m: 9:05.95	37.72
	200m: 2:16.86	36.01	400m: 4:43.79	37.21	600m: 7:13.40	37.67	800m: 9:43.08	37.13
21.	Madoline Held	Blue Marlins (SG)	200503412	9:46.51	+0,70	545		
	50m: 31.81	31.81	250m: 2:57.94	36.82	450m: 5:27.32	37.12	650m: 7:57.03	37.19
	100m: 1:07.70	35.89	300m: 3:35.19	37.25	500m: 6:04.74	37.42	700m: 8:34.42	37.39
	150m: 1:44.28	36.58	350m: 4:12.71	37.52	550m: 6:42.08	37.34	750m: 9:11.46	37.04
	200m: 2:21.12	36.84	400m: 4:50.20	37.49	600m: 7:19.84	37.76	800m: 9:46.51	35.05
22.	Dianne Postma	De Fuut	200402264	9:46.82	+0,88	545		
	50m: 32.69	32.69	250m: 2:58.91	36.77	450m: 5:28.31	37.63	650m: 7:58.32	37.63
	100m: 1:08.35	35.66	300m: 3:36.28	37.37	500m: 6:05.67	37.36	700m: 8:35.45	37.13
	150m: 1:45.17	36.82	350m: 4:13.49	37.21	550m: 6:43.10	37.43	750m: 9:12.73	37.28
	200m: 2:22.14	36.97	400m: 4:50.68	37.19	600m: 7:20.69	37.59	800m: 9:46.82	34.09
23.	Fleur Bos	Orca	200500674	9:52.95	+0,75	528		
	50m: 32.44	32.44	250m: 3:00.00	37.87	450m: 5:30.37	37.23	650m: 8:01.50	37.57
	100m: 1:08.38	35.94	300m: 3:37.99	37.99	500m: 6:08.49	38.12	700m: 8:39.44	37.94
	150m: 1:45.30	36.92	350m: 4:15.61	37.62	550m: 6:46.09	37.60	750m: 9:17.01	37.57
	200m: 2:22.13	36.83	400m: 4:53.14	37.53	600m: 7:23.93	37.84	800m: 9:52.95	35.94
24.	Alessia Sluis	Dedemsvaart-AC	200300896	9:59.54	+0,75	511		
	50m: 32.12	32.12	250m: 3:01.24	38.16	450m: 5:35.56	38.11	650m: 8:08.40	38.56
	100m: 1:07.92	35.80	300m: 3:39.85	38.61	500m: 6:13.80	38.24	700m: 8:46.67	38.27
	150m: 1:45.40	37.48	350m: 4:18.82	38.97	550m: 6:51.70	37.90	750m: 9:24.02	37.35
	200m: 2:23.08	37.68	400m: 4:57.45	38.63	600m: 7:29.84	38.14	800m: 9:59.54	35.52
25.	Anne-Irene Ducheine	Zwemvereniging Hoogland	199506824	9:59.98	+0,72	509		
	50m: 33.50	33.50	250m: 3:04.09	37.91	450m: 5:35.58	37.80	650m: 8:07.44	37.98
	100m: 1:10.27	36.77	300m: 3:41.94	37.85	500m: 6:13.31	37.73	700m: 8:45.44	38.00
	150m: 1:48.09	37.82	350m: 4:19.80	37.86	550m: 6:51.26	37.95	750m: 9:23.44	38.00
	200m: 2:26.18	38.09	400m: 4:57.78	37.98	600m: 7:29.46	38.20	800m: 9:59.98	36.54
26.	Maud Dokter	ZPC Hoogeveen	200601672	10:01.04	+0,72	507		
	50m: 34.18	34.18	250m: 3:04.76	37.95	450m: 5:35.45	37.64	650m: 8:07.49	38.42
	100m: 1:11.24	37.06	300m: 3:42.26	37.50	500m: 6:13.29	37.84	700m: 8:46.22	38.73
	150m: 1:48.93	37.69	350m: 4:19.86	37.60	550m: 6:50.98	37.69	750m: 9:24.47	38.25
	200m: 2:26.81	37.88	400m: 4:57.81	37.95	600m: 7:29.07	38.09	800m: 10:01.04	36.57
27.	Julia van den Bosch	Deltasteur	200600232	10:07.92	+0,70	490		
	50m: 32.53	32.53	250m: 3:04.76	38.71	450m: 5:38.57	38.77	650m: 8:16.17	39.44
	100m: 1:10.04	37.51	300m: 3:42.44	37.68	500m: 6:18.51	39.94	700m: 8:55.14	38.97
	150m: 1:48.00	37.96	350m: 4:21.29	38.85	550m: 6:57.64	39.13	750m: 9:32.55	37.41
	200m: 2:26.05	38.05	400m: 4:59.80	38.51	600m: 7:36.73	39.09	800m: 10:07.92	35.37
28.	Manon Kloosterman	Zwemlust-den Hommel	199702082	10:10.22	+0,85	484		
	50m: 33.97	33.97	250m: 3:03.89	37.95	450m: 5:36.90	38.39	650m: 8:14.37	39.42
	100m: 1:10.74	36.77	300m: 3:41.75	37.86	500m: 6:15.96	39.06	700m: 8:53.78	39.41
	150m: 1:48.14	37.40	350m: 4:19.88	38.13	550m: 6:55.73	39.77	750m: 9:32.79	39.01
	200m: 2:25.94	37.80	400m: 4:58.51	38.63	600m: 7:34.95	39.22	800m: 10:10.22	37.43
29.	Elianne Huitema	Steenwijk 1934	199700258	10:11.16	+0,74	482		
	50m: 31.90	31.90	250m: 2:58.28	37.47	450m: 5:31.88	38.81	650m: 8:10.92	40.13
	100m: 1:07.07	35.17	300m: 3:36.23	37.95	500m: 6:11.01	39.13	700m: 8:51.27	40.35
	150m: 1:43.65	36.58	350m: 4:14.25	38.02	550m: 6:50.74	39.73	750m: 9:31.82	40.55
	200m: 2:20.81	37.16	400m: 4:53.07	38.82	600m: 7:30.79	40.05	800m: 10:11.16	39.34

Programmanr. 14, Dames, 800m vrije slag, Senioren Open

rang	naam	vereniging						tijd	RT	FINA	para
30.	Emma-Leigh Barkhuis	PSV			200505228			10:14.71	+0,69	474	
	50m: 32.95	32.95	250m: 3:02.28	38.01	450m: 5:37.64	38.94	650m: 8:17.66	40.91			
	100m: 1:09.53	36.58	300m: 3:40.87	38.59	500m: 6:16.53	38.89	700m: 8:56.80	39.14			
	150m: 1:46.63	37.10	350m: 4:19.63	38.76	550m: 6:56.90	40.37	750m: 9:36.51	39.71			
	200m: 2:24.27	37.64	400m: 4:58.70	39.07	600m: 7:36.75	39.85	800m: 10:14.71	38.20			
31.	Lianne Kaanen	ZEPS			200300708			11:03.45	+0,74	377	
	50m: 35.48	35.48	250m: 3:18.11	41.75	450m: 6:06.73	42.46	650m: 8:58.17	42.70			
	100m: 1:14.36	38.88	300m: 4:00.68	42.57	500m: 6:49.93	43.20	700m: 9:40.57	42.40			
	150m: 1:55.37	41.01	350m: 4:42.39	41.71	550m: 7:32.54	42.61	750m: 10:22.53	41.96			
	200m: 2:36.36	40.99	400m: 5:24.27	41.88	600m: 8:15.47	42.93	800m: 11:03.45	40.92			
AFGEM	Megan Jonkman	Blue Marlins (SG)			200600508						