

Programmanr. 130
5-12-2021 - 14:15

Heren, 400m vrije slag

Senioren Open PARA
Resultaten

Punten: FINA 2020

rang	naam		vereniging					tijd	RT	FINA	para	
1.	Rogier Dorsman		HPC PARA - ZZ&PC De Devel	199900211	S11	4:26.35	+0,66			506	1068	
	<i>Wereld Record PARA</i>											
	50m:	29.05	29.05	150m:	1:35.32	33.56	250m:	2:44.14	34.69	350m:	3:52.89	34.92
	100m:	1:01.76	32.71	200m:	2:09.45	34.13	300m:	3:17.97	33.83	400m:	4:26.35	33.46
2.	Thijs van Hofweegen		HPC PARA - ZPC AMERSFOORT	199605253	S6	5:04.72	+0,96			337	1016	
	<i>Nederlands Record PARA</i>											
	50m:	32.32	32.32	150m:	1:47.42	38.21	250m:	3:06.01	39.61	350m:	4:26.38	40.48
	100m:	1:09.21	36.89	200m:	2:26.40	38.98	300m:	3:45.90	39.89	400m:	5:04.72	38.34
3.	Bas Takken		HPC PARA - De Dolfijn	199901643	S10	4:09.78	+0,73			613	930	
	50m:	27.73	27.73	150m:	1:30.87	31.81	250m:	2:34.41	31.88	350m:	3:38.52	31.93
	100m:	59.06	31.33	200m:	2:02.53	31.66	300m:	3:06.59	32.18	400m:	4:09.78	31.26
4.	Lars Jacobsen		DWK	199705453	S14	4:49.31	+0,81			394	663	
	50m:	30.25	30.25	150m:	1:42.42	37.42	250m:	2:57.51	37.89	350m:	4:14.93	39.01
	100m:	1:05.00	34.75	200m:	2:19.62	37.20	300m:	3:35.92	38.41	400m:	4:49.31	34.38