

Programmanr. 13
4-12-2021 - 16:01

Heren, 1500m vrije slag

Senioren Open
Resultaten

Punten: FINA 2020

rang	naam	vereniging	tijd	RT	FINA	para		
Jeugd 1 en 2								
1.	Merlin Belmon <i>Nederlands Jeugd Record</i>	ZPC AMERSFOORT	200403191	15:12.00	+0,74	804		
	50m: 27.40	27.40	450m: 4:31.47	30.48	850m: 8:36.13	30.43	1250m: 12:40.89	30.50
	100m: 58.14	30.74	500m: 5:01.95	30.48	900m: 9:06.62	30.49	1300m: 13:11.64	30.75
	150m: 1:28.76	30.62	550m: 5:32.72	30.77	950m: 9:37.08	30.46	1350m: 13:41.98	30.34
	200m: 1:59.28	30.52	600m: 6:03.24	30.52	1000m: 10:07.83	30.75	1400m: 14:12.57	30.59
	250m: 2:29.74	30.46	650m: 6:34.06	30.82	1050m: 10:38.32	30.49	1450m: 14:43.17	30.60
	300m: 3:00.26	30.52	700m: 7:04.58	30.52	1100m: 11:09.14	30.82	1500m: 15:12.00	28.83
	350m: 3:30.62	30.36	750m: 7:35.05	30.47	1150m: 11:39.66	30.52		
	400m: 4:00.99	30.37	800m: 8:05.70	30.65	1200m: 12:10.39	30.73		
2.	Efe öngören	Blue Marlins (SG)	200504459	15:49.13	+0,68	713		
	50m: 27.46	27.46	450m: 4:36.74	31.46	850m: 8:51.08	32.29	1250m: 13:09.61	32.63
	100m: 58.26	30.80	500m: 5:08.36	31.62	900m: 9:23.40	32.32	1300m: 13:42.20	32.59
	150m: 1:28.93	30.67	550m: 5:40.15	31.79	950m: 9:55.07	31.67	1350m: 14:14.40	32.20
	200m: 2:00.14	31.21	600m: 6:11.76	31.61	1000m: 10:27.47	32.40	1400m: 14:46.75	32.35
	250m: 2:31.95	31.81	650m: 6:43.08	31.32	1050m: 10:59.94	32.47	1450m: 15:18.57	31.82
	300m: 3:03.11	31.16	700m: 7:15.29	32.21	1100m: 11:32.19	32.25	1500m: 15:49.13	30.56
	350m: 3:34.33	31.22	750m: 7:46.94	31.65	1150m: 12:04.22	32.03		
	400m: 4:05.28	30.95	800m: 8:18.79	31.85	1200m: 12:36.98	32.76		
3.	David Groenewegen	PSV	200400469	15:53.02	+0,83	704		
	50m: 28.55	28.55	450m: 4:43.15	31.75	850m: 8:57.76	31.95	1250m: 13:13.22	31.83
	100m: 59.61	31.06	500m: 5:14.87	31.72	900m: 9:29.54	31.78	1300m: 13:45.40	32.18
	150m: 1:31.18	31.57	550m: 5:46.54	31.67	950m: 10:01.54	32.00	1350m: 14:17.72	32.32
	200m: 2:03.13	31.95	600m: 6:18.38	31.84	1000m: 10:33.72	32.18	1400m: 14:49.75	32.03
	250m: 2:35.13	32.00	650m: 6:50.00	31.62	1050m: 11:05.48	31.76	1450m: 15:21.69	31.94
	300m: 3:07.33	32.20	700m: 7:21.95	31.95	1100m: 11:37.61	32.13	1500m: 15:53.02	31.33
	350m: 3:39.41	32.08	750m: 7:53.71	31.76	1150m: 12:09.49	31.88		
	400m: 4:11.40	31.99	800m: 8:25.81	32.10	1200m: 12:41.39	31.90		
4.	Émile Fouzai	Blue Marlins (SG)	200500263	15:59.08	+0,78	691		
	50m: 27.95	27.95	450m: 4:42.81	32.39	850m: 9:00.54	32.41	1250m: 13:19.81	32.23
	100m: 58.50	30.55	500m: 5:14.73	31.92	900m: 9:32.97	32.43	1300m: 13:52.22	32.41
	150m: 1:30.11	31.61	550m: 5:47.07	32.34	950m: 10:05.26	32.29	1350m: 14:24.25	32.03
	200m: 2:02.05	31.94	600m: 6:18.96	31.89	1000m: 10:37.49	32.23	1400m: 14:56.51	32.26
	250m: 2:33.98	31.93	650m: 6:51.19	32.23	1050m: 11:09.98	32.49	1450m: 15:28.17	31.66
	300m: 3:06.15	32.17	700m: 7:23.51	32.32	1100m: 11:42.38	32.40	1500m: 15:59.08	30.91
	350m: 3:38.25	32.10	750m: 7:56.11	32.60	1150m: 12:14.92	32.54		
	400m: 4:10.42	32.17	800m: 8:28.13	32.02	1200m: 12:47.58	32.66		
5.	Quinn Heederik	ZPC Hoogeveen	200400093	16:02.24	+0,78	684		
	50m: 29.09	29.09	450m: 4:47.31	32.56	850m: 9:06.88	32.43	1250m: 13:26.20	32.39
	100m: 1:00.16	31.07	500m: 5:19.86	32.55	900m: 9:39.57	32.69	1300m: 13:58.46	32.26
	150m: 1:32.19	32.03	550m: 5:52.30	32.44	950m: 10:12.16	32.59	1350m: 14:30.28	31.82
	200m: 2:04.37	32.18	600m: 6:24.68	32.38	1000m: 10:44.77	32.61	1400m: 15:01.97	31.69
	250m: 2:36.98	32.61	650m: 6:57.05	32.37	1050m: 11:17.06	32.29	1450m: 15:33.47	31.50
	300m: 3:09.43	32.45	700m: 7:29.73	32.68	1100m: 11:49.28	32.22	1500m: 16:02.24	28.77
	350m: 3:42.13	32.70	750m: 8:02.41	32.68	1150m: 12:21.39	32.11		
	400m: 4:14.75	32.62	800m: 8:34.45	32.04	1200m: 12:53.81	32.42		
6.	Rens Stijf	ZPC AMERSFOORT	200501419	16:47.40	+0,63	596		
	50m: 30.01	30.01	450m: 4:57.39	33.64	850m: 9:29.37	34.06	1250m: 14:01.32	33.98
	100m: 1:02.67	32.66	500m: 5:31.40	34.01	900m: 10:03.52	34.15	1300m: 14:34.98	33.66
	150m: 1:35.95	33.28	550m: 6:05.37	33.97	950m: 10:37.94	34.42	1350m: 15:08.84	33.86
	200m: 2:09.24	33.29	600m: 6:39.36	33.99	1000m: 11:11.97	34.03	1400m: 15:42.41	33.57
	250m: 2:42.72	33.48	650m: 7:13.12	33.76	1050m: 11:46.04	34.07	1450m: 16:15.35	32.94
	300m: 3:16.26	33.54	700m: 7:47.25	34.13	1100m: 12:19.77	33.73	1500m: 16:47.40	32.05
	350m: 3:50.09	33.83	750m: 8:21.17	33.92	1150m: 12:53.52	33.75		
	400m: 4:23.75	33.66	800m: 8:55.31	34.14	1200m: 13:27.34	33.82		
7.	Koen Vissers	PSV	200401429	17:00.65	+0,86	573		
	50m: 29.65	29.65	450m: 5:00.08	34.88	850m: 9:39.28	33.50	1250m: 14:13.17	34.62
	100m: 1:02.55	32.90	500m: 5:35.36	35.28	900m: 10:13.94	34.66	1300m: 14:47.11	33.94
	150m: 1:35.57	33.02	550m: 6:10.90	35.54	950m: 10:48.00	34.06	1350m: 15:21.15	34.04
	200m: 2:08.56	32.99	600m: 6:46.55	35.65	1000m: 11:22.60	34.60	1400m: 15:55.45	34.30
	250m: 2:42.67	34.11	650m: 7:21.61	35.06	1050m: 11:56.33	33.73	1450m: 16:30.09	34.64
	300m: 3:16.53	33.86	700m: 7:56.70	35.09	1100m: 12:30.31	33.98	1500m: 17:00.65	30.56
	350m: 3:50.55	34.02	750m: 8:31.83	35.13	1150m: 13:04.61	34.30		
	400m: 4:25.20	34.65	800m: 9:05.78	33.95	1200m: 13:38.55	33.94		

Open Nederlandse Kampioenschappen korte baan 2021
Den Haag, 3- - 5-12-2021



Programmanr. 13, Jongens, 1500m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	tijd	RT	FINA	para		
16.	Wesley van Elst	VZC	200500507	18:56.89	+0,71	415		
	50m: 30.34	30.34	450m: 5:21.41	38.52	850m: 10:34.65	39.04	1250m: 15:46.17	38.25
	100m: 1:04.40	34.06	500m: 6:00.74	39.33	900m: 11:14.14	39.49	1300m: 16:24.84	38.67
	150m: 1:39.69	35.29	550m: 6:39.65	38.91	950m: 11:53.46	39.32	1350m: 17:03.08	38.24
	200m: 2:15.07	35.38	600m: 7:18.88	39.23	1000m: 12:32.59	39.13	1400m: 17:42.39	39.31
	250m: 2:50.74	35.67	650m: 7:58.47	39.59	1050m: 13:12.09	39.50	1450m: 18:20.14	37.75
	300m: 3:27.38	36.64	700m: 8:37.91	39.44	1100m: 13:50.27	38.18	1500m: 18:56.89	36.75
	350m: 4:04.78	37.40	750m: 9:16.77	38.86	1150m: 14:29.11	38.84		
	400m: 4:42.89	38.11	800m: 9:55.61	38.84	1200m: 15:07.92	38.81		

Senioren 1 en 2

1.	Lucas Peters	Nextline Swimming	200301325	15:00.54	+0,71	835		
	<i>Nederlands Jaargang Record</i>							
	50m: 27.65	27.65	450m: 4:27.74	30.24	850m: 8:29.90	30.39	1250m: 12:33.29	30.40
	100m: 57.33	29.68	500m: 4:57.94	30.20	900m: 9:00.22	30.32	1300m: 13:03.36	30.07
	150m: 1:27.18	29.85	550m: 5:28.13	30.19	950m: 9:30.60	30.38	1350m: 13:33.37	30.01
	200m: 1:57.19	30.01	600m: 5:58.26	30.13	1000m: 10:01.10	30.50	1400m: 14:03.34	29.97
	250m: 2:27.10	29.91	650m: 6:28.69	30.43	1050m: 10:31.64	30.54	1450m: 14:32.89	29.55
	300m: 2:57.02	29.92	700m: 6:58.82	30.13	1100m: 11:02.01	30.37	1500m: 15:00.54	27.65
	350m: 3:27.24	30.22	750m: 7:29.12	30.30	1150m: 11:32.47	30.46		
	400m: 3:57.50	30.26	800m: 7:59.51	30.39	1200m: 12:02.89	30.42		
2.	Joris Janssen	PSV	200301311	16:21.84	+0,76	644		
	50m: 28.82	28.82	450m: 4:52.30	32.96	850m: 9:14.82	32.77	1250m: 13:37.88	32.98
	100m: 1:01.40	32.58	500m: 5:25.43	33.13	900m: 9:47.60	32.78	1300m: 14:10.85	32.97
	150m: 1:34.32	32.92	550m: 5:57.85	32.42	950m: 10:20.34	32.74	1350m: 14:43.98	33.13
	200m: 2:07.48	33.16	600m: 6:30.70	32.85	1000m: 10:53.13	32.79	1400m: 15:16.98	33.00
	250m: 2:40.19	32.71	650m: 7:03.65	32.95	1050m: 11:26.04	32.91	1450m: 15:49.83	32.85
	300m: 3:12.97	32.78	700m: 7:36.68	33.03	1100m: 11:59.03	32.99	1500m: 16:21.84	32.01
	350m: 3:45.89	32.92	750m: 8:09.36	32.68	1150m: 12:32.00	32.97		
	400m: 4:19.34	33.45	800m: 8:42.05	32.69	1200m: 13:04.90	32.90		
3.	Maximilian Lopes Cardozo	WZK Zwemmen	200300665	16:41.65	+0,70	606		
	50m: 28.83	28.83	450m: 4:53.96	33.69	850m: 9:24.19	35.08	1250m: 13:54.18	33.74
	100m: 1:01.04	32.21	500m: 5:27.34	33.38	900m: 9:57.04	32.85	1300m: 14:28.25	34.07
	150m: 1:34.28	33.24	550m: 6:00.54	33.20	950m: 10:30.57	33.53	1350m: 15:01.63	33.38
	200m: 2:07.25	32.97	600m: 6:33.96	33.42	1000m: 11:04.35	33.78	1400m: 15:35.55	33.92
	250m: 2:40.64	33.39	650m: 7:07.93	33.97	1050m: 11:38.81	34.46	1450m: 16:09.19	33.64
	300m: 3:13.88	33.24	700m: 7:41.29	33.36	1100m: 12:13.24	34.43	1500m: 16:41.65	32.46
	350m: 3:46.84	32.96	750m: 8:15.53	34.24	1150m: 12:47.30	34.06		
	400m: 4:20.27	33.43	800m: 8:49.11	33.58	1200m: 13:20.44	33.14		
4.	Hessel Robert	Het Y	200200917	16:45.78	+0,75	599		
	50m: 28.73	28.73	450m: 4:52.87	33.52	850m: 9:22.91	34.38	1250m: 13:55.56	34.39
	100m: 1:00.66	31.93	500m: 5:26.55	33.68	900m: 9:56.60	33.69	1300m: 14:29.66	34.10
	150m: 1:32.70	32.04	550m: 5:59.73	33.18	950m: 10:30.54	33.94	1350m: 15:04.69	35.03
	200m: 2:05.68	32.98	600m: 6:33.53	33.80	1000m: 11:04.30	33.76	1400m: 15:38.88	34.19
	250m: 2:39.08	33.40	650m: 7:07.48	33.95	1050m: 11:38.62	34.32	1450m: 16:13.39	34.51
	300m: 3:12.66	33.58	700m: 7:41.27	33.79	1100m: 12:12.75	34.13	1500m: 16:45.78	32.39
	350m: 3:45.76	33.10	750m: 8:14.80	33.53	1150m: 12:47.48	34.73		
	400m: 4:19.35	33.59	800m: 8:48.53	33.73	1200m: 13:21.17	33.69		
5.	Luc van Eijndhoven	PSV	200200139	17:03.86	+0,89	568		
	50m: 30.47	30.47	450m: 5:01.17	34.14	850m: 9:35.43	34.30	1250m: 14:11.85	34.59
	100m: 1:03.94	33.47	500m: 5:35.18	34.01	900m: 10:09.90	34.47	1300m: 14:46.98	35.13
	150m: 1:37.53	33.59	550m: 6:09.41	34.23	950m: 10:44.59	34.69	1350m: 15:21.64	34.66
	200m: 2:11.41	33.88	600m: 6:43.68	34.27	1000m: 11:19.11	34.52	1400m: 15:56.12	34.48
	250m: 2:45.04	33.63	650m: 7:17.80	34.12	1050m: 11:53.32	34.21	1450m: 16:30.19	34.07
	300m: 3:18.95	33.91	700m: 7:52.20	34.40	1100m: 12:27.81	34.49	1500m: 17:03.86	33.67
	350m: 3:53.08	34.13	750m: 8:26.56	34.36	1150m: 13:02.47	34.66		
	400m: 4:27.03	33.95	800m: 9:01.13	34.57	1200m: 13:37.26	34.79		
6.	Daan Hogerhuis	De Columbiaan	200300317	17:19.77	+0,74	542		
	50m: 29.32	29.32	450m: 5:01.46	34.40	850m: 9:39.55	35.19	1250m: 14:22.96	35.82
	100m: 1:02.01	32.69	500m: 5:35.81	34.35	900m: 10:14.54	34.99	1300m: 14:58.64	35.68
	150m: 1:35.69	33.68	550m: 6:10.39	34.58	950m: 10:49.61	35.07	1350m: 15:34.58	35.94
	200m: 2:09.60	33.91	600m: 6:45.22	34.83	1000m: 11:25.13	35.52	1400m: 16:10.21	35.63
	250m: 2:44.10	34.50	650m: 7:19.78	34.56	1050m: 12:00.90	35.77	1450m: 16:45.82	35.61
	300m: 3:18.05	33.95	700m: 7:54.63	34.85	1100m: 12:36.23	35.33	1500m: 17:19.77	33.95
	350m: 3:52.60	34.55	750m: 8:29.41	34.78	1150m: 13:11.49	35.26		
	400m: 4:27.06	34.46	800m: 9:04.36	34.95	1200m: 13:47.14	35.65		

Open Nederlandse Kampioenschappen korte baan 2021
Den Haag, 3- - 5-12-2021



Programmanr. 13, Heren, 1500m vrije slag, Senioren 1 en 2

rang	naam	vereniging	tijd	RT	FINA	para		
7.	Taco Hengstman	ZPC Hoogeveen	200304601	17:28.25	+0,79	529		
	50m: 29.86	29.86	450m: 5:03.52	35.16	850m: 9:47.83	36.13	1250m: 14:35.14	35.68
	100m: 1:02.36	32.50	500m: 5:38.76	35.24	900m: 10:23.88	36.05	1300m: 15:10.69	35.55
	150m: 1:35.98	33.62	550m: 6:13.89	35.13	950m: 10:59.65	35.77	1350m: 15:46.25	35.56
	200m: 2:10.06	34.08	600m: 6:49.10	35.21	1000m: 11:35.25	35.60	1400m: 16:21.74	35.49
	250m: 2:44.44	34.38	650m: 7:24.68	35.58	1050m: 12:11.54	36.29	1450m: 16:57.21	35.47
	300m: 3:18.82	34.38	700m: 8:00.06	35.38	1100m: 12:47.75	36.21	1500m: 17:28.25	31.04
	350m: 3:53.63	34.81	750m: 8:36.20	36.14	1150m: 13:23.46	35.71		
	400m: 4:28.36	34.73	800m: 9:11.70	35.50	1200m: 13:59.46	36.00		
8.	Niels Kragt	Dedemsvaart-AC	200300155	18:22.18	+0,72	455		
	50m: 29.76	29.76	450m: 5:18.00	36.93	850m: 10:17.14	37.98	1250m: 15:18.79	37.52
	100m: 1:03.99	34.23	500m: 5:54.66	36.66	900m: 10:55.16	38.02	1300m: 15:55.98	37.19
	150m: 1:39.42	35.43	550m: 6:31.59	36.93	950m: 11:32.97	37.81	1350m: 16:32.94	36.96
	200m: 2:15.15	35.73	600m: 7:09.08	37.49	1000m: 12:10.40	37.43	1400m: 17:10.38	37.44
	250m: 2:51.00	35.85	650m: 7:46.55	37.47	1050m: 12:48.00	37.60	1450m: 17:46.84	36.46
	300m: 3:27.21	36.21	700m: 8:23.96	37.41	1100m: 13:25.92	37.92	1500m: 18:22.18	35.34
	350m: 4:04.03	36.82	750m: 9:01.70	37.74	1150m: 14:03.33	37.41		
	400m: 4:41.07	37.04	800m: 9:39.16	37.46	1200m: 14:41.27	37.94		

Senioren Open

1.	Lucas Peters	Nextline Swimming	200301325	15:00.54	+0,71	835		
	<i>Nederlands Jaargang Record</i>							
	50m: 27.65	27.65	450m: 4:27.74	30.24	850m: 8:29.90	30.39	1250m: 12:33.29	30.40
	100m: 57.33	29.68	500m: 4:57.94	30.20	900m: 9:00.22	30.32	1300m: 13:03.36	30.07
	150m: 1:27.18	29.85	550m: 5:28.13	30.19	950m: 9:30.60	30.38	1350m: 13:33.37	30.01
	200m: 1:57.19	30.01	600m: 5:58.26	30.13	1000m: 10:01.10	30.50	1400m: 14:03.34	29.97
	250m: 2:27.10	29.91	650m: 6:28.69	30.43	1050m: 10:31.64	30.54	1450m: 14:32.89	29.55
	300m: 2:57.02	29.92	700m: 6:58.82	30.13	1100m: 11:02.01	30.37	1500m: 15:00.54	27.65
	350m: 3:27.24	30.22	750m: 7:29.12	30.30	1150m: 11:32.47	30.46		
	400m: 3:57.50	30.26	800m: 7:59.51	30.39	1200m: 12:02.89	30.42		
2.	Merlin Belmon	ZPC AMERSFOORT	200403191	15:12.00	+0,74	804		
	<i>Nederlands Jeugd Record</i>							
	50m: 27.40	27.40	450m: 4:31.47	30.48	850m: 8:36.13	30.43	1250m: 12:40.89	30.50
	100m: 58.14	30.74	500m: 5:01.95	30.48	900m: 9:06.62	30.49	1300m: 13:11.64	30.75
	150m: 1:28.76	30.62	550m: 5:32.72	30.77	950m: 9:37.08	30.46	1350m: 13:41.98	30.34
	200m: 1:59.28	30.52	600m: 6:03.24	30.52	1000m: 10:07.83	30.75	1400m: 14:12.57	30.59
	250m: 2:29.74	30.46	650m: 6:34.06	30.82	1050m: 10:38.32	30.49	1450m: 14:43.17	30.60
	300m: 3:00.26	30.52	700m: 7:04.58	30.52	1100m: 11:09.14	30.82	1500m: 15:12.00	28.83
	350m: 3:30.62	30.36	750m: 7:35.05	30.47	1150m: 11:39.66	30.52		
	400m: 4:00.99	30.37	800m: 8:05.70	30.65	1200m: 12:10.39	30.73		
3.	Efe öngören	Blue Marlins (SG)	200504459	15:49.13	+0,68	713		
	50m: 27.46	27.46	450m: 4:36.74	31.46	850m: 8:51.08	32.29	1250m: 13:09.61	32.63
	100m: 58.26	30.80	500m: 5:08.36	31.62	900m: 9:23.40	32.32	1300m: 13:42.20	32.59
	150m: 1:28.93	30.67	550m: 5:40.15	31.79	950m: 9:55.07	31.67	1350m: 14:14.40	32.20
	200m: 2:00.14	31.21	600m: 6:11.76	31.61	1000m: 10:27.47	32.40	1400m: 14:46.75	32.35
	250m: 2:31.95	31.81	650m: 6:43.08	31.32	1050m: 10:59.94	32.47	1450m: 15:18.57	31.82
	300m: 3:03.11	31.16	700m: 7:15.29	32.21	1100m: 11:32.19	32.25	1500m: 15:49.13	30.56
	350m: 3:34.33	31.22	750m: 7:46.94	31.65	1150m: 12:04.22	32.03		
	400m: 4:05.28	30.95	800m: 8:18.79	31.85	1200m: 12:36.98	32.76		
4.	David Groenewegen	PSV	200400469	15:53.02	+0,83	704		
	50m: 28.55	28.55	450m: 4:43.15	31.75	850m: 8:57.76	31.95	1250m: 13:13.22	31.83
	100m: 59.61	31.06	500m: 5:14.87	31.72	900m: 9:29.54	31.78	1300m: 13:45.40	32.18
	150m: 1:31.18	31.57	550m: 5:46.54	31.67	950m: 10:01.54	32.00	1350m: 14:17.72	32.32
	200m: 2:03.13	31.95	600m: 6:18.38	31.84	1000m: 10:33.72	32.18	1400m: 14:49.75	32.03
	250m: 2:35.13	32.00	650m: 6:50.00	31.62	1050m: 11:05.48	31.76	1450m: 15:21.69	31.94
	300m: 3:07.33	32.20	700m: 7:21.95	31.95	1100m: 11:37.61	32.13	1500m: 15:53.02	31.33
	350m: 3:39.41	32.08	750m: 7:53.71	31.76	1150m: 12:09.49	31.88		
	400m: 4:11.40	31.99	800m: 8:25.81	32.10	1200m: 12:41.39	31.90		
5.	Émile Fouzaï	Blue Marlins (SG)	200500263	15:59.08	+0,78	691		
	50m: 27.95	27.95	450m: 4:42.81	32.39	850m: 9:00.54	32.41	1250m: 13:19.81	32.23
	100m: 58.50	30.55	500m: 5:14.73	31.92	900m: 9:32.97	32.43	1300m: 13:52.22	32.41
	150m: 1:30.11	31.61	550m: 5:47.07	32.34	950m: 10:05.26	32.29	1350m: 14:17.72	32.03
	200m: 2:02.05	31.94	600m: 6:18.96	31.89	1000m: 10:37.49	32.23	1400m: 14:56.51	32.26
	250m: 2:33.98	31.93	650m: 6:51.19	32.23	1050m: 11:09.98	32.49	1450m: 15:28.17	31.66
	300m: 3:06.15	32.17	700m: 7:23.51	32.32	1100m: 11:42.38	32.40	1500m: 15:59.08	30.91
	350m: 3:38.25	32.10	750m: 7:56.11	32.60	1150m: 12:14.92	32.54		
	400m: 4:10.42	32.17	800m: 8:28.13	32.02	1200m: 12:47.58	32.66		

Programmanr. 13, Heren, 1500m vrije slag, Senioren Open

rang	naam	vereniging				tijd	RT	FINA	para			
30.	Meindert Dekkinga	DZ&PC		200400377		18:23.78	+0,79	453				
	50m:	31.24	31.24	450m:	5:21.38	37.12	850m:	10:19.85	37.43	1250m:	15:21.60	37.98
	100m:	1:05.80	34.56	500m:	5:58.74	37.36	900m:	10:57.80	37.95	1300m:	15:59.94	38.34
	150m:	1:41.64	35.84	550m:	6:36.13	37.39	950m:	11:35.36	37.56	1350m:	16:37.09	37.15
	200m:	2:18.21	36.57	600m:	7:14.01	37.88	1000m:	12:11.98	36.62	1400m:	17:14.34	37.25
	250m:	2:54.02	35.81	650m:	7:51.71	37.70	1050m:	12:49.37	37.39	1450m:	17:50.45	36.11
	300m:	3:30.75	36.73	700m:	8:28.76	37.05	1100m:	13:27.31	37.94	1500m:	18:23.78	33.33
	350m:	4:07.44	36.69	750m:	9:05.96	37.20	1150m:	14:05.74	38.43			
	400m:	4:44.26	36.82	800m:	9:42.42	36.46	1200m:	14:43.62	37.88			
31.	Sem Bonte	ZPC De Zeeuwse Kust		200400427		18:37.21	+0,72	437				
	50m:	30.67	30.67	450m:	5:21.57	37.07	850m:	10:23.70	37.82	1250m:	15:28.97	38.22
	100m:	1:05.15	34.48	500m:	5:59.08	37.51	900m:	11:02.12	38.42	1300m:	16:07.32	38.35
	150m:	1:40.90	35.75	550m:	6:36.89	37.81	950m:	11:39.89	37.77	1350m:	16:45.53	38.21
	200m:	2:17.02	36.12	600m:	7:14.23	37.34	1000m:	12:17.84	37.95	1400m:	17:23.92	38.39
	250m:	2:53.71	36.69	650m:	7:51.67	37.44	1050m:	12:56.32	38.48	1450m:	18:01.96	38.04
	300m:	3:30.05	36.34	700m:	8:29.40	37.73	1100m:	13:34.47	38.15	1500m:	18:37.21	35.25
	350m:	4:07.09	37.04	750m:	9:07.92	38.52	1150m:	14:12.43	37.96			
	400m:	4:44.50	37.41	800m:	9:45.88	37.96	1200m:	14:50.75	38.32			
32.	Wesley van Elst	VZC		200500507		18:56.89	+0,71	415				
	50m:	30.34	30.34	450m:	5:21.41	38.52	850m:	10:34.65	39.04	1250m:	15:46.17	38.25
	100m:	1:04.40	34.06	500m:	6:00.74	39.33	900m:	11:14.14	39.49	1300m:	16:24.84	38.67
	150m:	1:39.69	35.29	550m:	6:39.65	38.91	950m:	11:53.46	39.32	1350m:	17:03.08	38.24
	200m:	2:15.07	35.38	600m:	7:18.88	39.23	1000m:	12:32.59	39.13	1400m:	17:42.39	39.31
	250m:	2:50.74	35.67	650m:	7:58.47	39.59	1050m:	13:12.09	39.50	1450m:	18:20.14	37.75
	300m:	3:27.38	36.64	700m:	8:37.91	39.44	1100m:	13:50.27	38.18	1500m:	18:56.89	36.75
	350m:	4:04.78	37.40	750m:	9:16.77	38.86	1150m:	14:29.11	38.84			
	400m:	4:42.89	38.11	800m:	9:55.61	38.84	1200m:	15:07.92	38.81			