

Programmanr. 17  
 22-12-2018 - 9:30

Heren, 400m wisselslag

 Senioren Open  
 Resultaten Voorronde

Punten: FINA 2018

rang	naam		vereniging			tijd	RT	FINA
<b>Senioren Open</b>								
1.	Arjan Knipping		PSV		199401667	<b>4:16.73</b>	+0,79	A 771
	50m:	27.30	150m:	1:30.91	250m:	2:38.11	350m:	3:45.93
	100m:	58.64	200m:	2:02.85	300m:	3:13.74	400m:	4:16.73
2.	Jari Groenhart		OC - TriVia		200000271	<b>4:22.52</b>	+0,77	A 721
	50m:	27.33	150m:	1:32.11	250m:	2:41.89	350m:	3:51.65
	100m:	58.27	200m:	2:05.32	300m:	3:19.65	400m:	4:22.52
3.	Rowan Keen		Borger		199500727	<b>4:27.12</b>	+0,73	A 685
	50m:	28.69	150m:	1:36.50	250m:	2:47.26	350m:	3:56.85
	100m:	1:02.42	200m:	2:09.89	300m:	3:25.45	400m:	4:27.12
4.	Sten Postma		Aqua-Novio'94		200000011	<b>4:28.76</b>	+0,69	A 672
	50m:	28.65	150m:	1:36.82	250m:	2:49.26	350m:	3:58.96
	100m:	1:01.38	200m:	2:11.74	300m:	3:27.75	400m:	4:28.76
5.	Thomas Jansen		OC - WVZ		200100143	<b>4:29.04</b>	+0,73	A 670
	50m:	28.63	150m:	1:36.72	250m:	2:48.36	350m:	3:58.88
	100m:	1:01.97	200m:	2:10.54	300m:	3:27.59	400m:	4:29.04
6.	Wietse Beerens		De Dommelbaarzen		198700159	<b>4:31.54</b>	+0,77	A 652
	50m:	28.56	150m:	1:38.99	250m:	2:50.96	350m:	4:00.23
	100m:	1:02.64	200m:	2:14.66	300m:	3:28.01	400m:	4:31.54
7.	Marcel Schouten		HPC - PSV		199300653	<b>4:32.17</b>	+0,80	A 647
	50m:	29.69	150m:	1:39.22	250m:	2:51.40	350m:	4:03.68
	100m:	1:02.74	200m:	2:14.61	300m:	3:30.10	400m:	4:32.17
8.	Kevin Eltink		DWK		199100589	<b>4:35.95</b>	+0,77	A 621
	50m:	28.48	150m:	1:37.12	250m:	2:53.67	350m:	4:06.30
	100m:	1:01.44	200m:	2:12.40	300m:	3:35.35	400m:	4:35.95
9.	Dave Holweg		ZPC AMERSFOORT		199701521	<b>4:36.87</b>	+0,74	B 615
	50m:	28.53	150m:	1:36.90	250m:	2:51.59	350m:	4:04.90
	100m:	1:02.21	200m:	2:11.24	300m:	3:32.56	400m:	4:36.87
10.	David Kuipers		Orca		200003633	<b>4:38.87</b>	+0,76	B 602
	50m:	28.66	150m:	1:37.34	250m:	2:54.12	350m:	4:08.37
	100m:	1:00.95	200m:	2:12.66	300m:	3:36.25	400m:	4:38.87
11.	Lars Verhalle		VZC		200200019	<b>4:39.14</b>	+0,78	B 600
	50m:	29.06	150m:	1:39.09	250m:	2:54.67	350m:	4:07.84
	100m:	1:03.30	200m:	2:14.25	300m:	3:35.30	400m:	4:39.14
12.	Nicko Kamphuis		De Warande		199900887	<b>4:39.45</b>	+0,60	B 598
	50m:	29.31	150m:	1:40.43	250m:	2:55.33	350m:	4:08.21
	100m:	1:03.81	200m:	2:16.32	300m:	3:34.79	400m:	4:39.45
13.	David Anthonio		KSN (SG)		200102551	<b>4:40.86</b>	+0,77	B 589
	50m:	29.32	150m:	1:39.00	250m:	2:54.46	350m:	4:09.15
	100m:	1:03.20	200m:	2:14.79	300m:	3:35.71	400m:	4:40.86
14.	Jorrick Druyven		DAW		199400507	<b>4:41.66</b>	+0,77	B 584
	50m:	29.26	150m:	1:39.65	250m:	2:54.75	350m:	4:09.05
	100m:	1:03.12	200m:	2:15.40	300m:	3:35.19	400m:	4:41.66
15.	Jasper Breugem		WVZ		200000303	<b>4:42.39</b>	+0,76	B 579
	50m:	29.56	150m:	1:40.89	250m:	2:55.85	350m:	4:10.55
	100m:	1:04.46	200m:	2:15.07	300m:	3:37.00	400m:	4:42.39
16.	Arjan Dekker		ReVeLie Swim Team		200000499	<b>4:42.64</b>	+0,79	B 578
	50m:	31.47	150m:	1:42.87	250m:	2:58.24	350m:	4:11.45
	100m:	1:07.40	200m:	2:18.57	300m:	3:38.73	400m:	4:42.64
17.	Marcel Delfstra		Wetterwille		200100037	<b>4:44.09</b>	+0,69	R 569
	50m:	28.34	150m:	1:40.22	250m:	2:56.88	350m:	4:11.32
	100m:	1:02.39	200m:	2:16.82	300m:	3:36.90	400m:	4:44.09
18.	Aleks Doedel		PSV		200105433	<b>4:45.23</b>	+0,69	R 562
	50m:	29.94	150m:	1:41.05	250m:	2:59.35	350m:	4:13.51
	100m:	1:03.63	200m:	2:17.37	300m:	3:40.71	400m:	4:45.23
19.	Joris Bezemer		De Kempvis		199900527	<b>4:45.27</b>	+0,76	562
	50m:	28.66	150m:	1:39.61	250m:	2:58.09	350m:	4:13.86
	100m:	1:02.09	200m:	2:16.22	300m:	3:40.89	400m:	4:45.27
20.	Jorian Tanis		De Schotejil		199900327	<b>4:45.88</b>	+0,80	559
	50m:	29.80	150m:	1:41.95	250m:	2:59.26	350m:	4:15.22
	100m:	1:04.52	200m:	2:17.72	300m:	3:42.18	400m:	4:45.88



GEMEENTE TILBURG



Open Nederlandse Kampioenschappen korte baan 2018  
Tilburg, 21- - 23-12-2018



Programmanr. 17, Heren, 400m wisselslag, Voorronde, Senioren Open

rang	naam		vereniging						tijd	RT	FINA
21.	Darren Chen		KSN (SG)						<b>4:46.07</b>	+0,71	557
	50m:	29.95	150m:	1:44.15	38.45	250m:	3:01.45	40.46	350m:	4:15.38	32.52
	100m:	1:05.70	200m:	2:20.99	36.84	300m:	3:42.86	41.41	400m:	4:46.07	30.69
22.	Tjeerd van Stein		LinK						<b>4:47.74</b>	+0,83	548
	50m:	31.24	150m:	1:43.68	35.55	250m:	3:00.27	41.56	350m:	4:14.90	32.95
	100m:	1:08.13	200m:	2:18.71	35.03	300m:	3:41.95	41.68	400m:	4:47.74	32.84
23.	Aaron Hendriksen of Hendriks		LZ&PC De Haaien						<b>4:48.07</b>	+0,68	546
	50m:	28.33	150m:	1:38.83	36.81	250m:	2:58.41	42.63	350m:	4:15.38	33.99
	100m:	1:02.02	200m:	2:15.78	36.95	300m:	3:41.39	42.98	400m:	4:48.07	32.69
24.	Luc van Eijndhoven		PSV						<b>4:49.02</b>	+0,82	540
	50m:	29.85	150m:	1:42.05	37.31	250m:	3:00.85	42.41	350m:	4:16.96	32.65
	100m:	1:04.74	200m:	2:18.44	36.39	300m:	3:44.31	43.46	400m:	4:49.02	32.06
25.	Björn Piket		HZPC						<b>4:49.70</b>	+0,74	537
	50m:	30.71	150m:	1:42.87	35.57	250m:	2:59.03	39.94	350m:	4:16.29	35.48
	100m:	1:07.30	200m:	2:19.09	36.22	300m:	3:40.81	41.78	400m:	4:49.70	33.41
26.	Matthew Dullemond		The Hague Swimming (SG)						<b>4:52.87</b>	+0,74	519
	50m:	29.24	150m:	1:40.79	36.96	250m:	3:01.04	43.07	350m:	4:18.99	34.77
	100m:	1:03.83	200m:	2:17.97	37.18	300m:	3:44.22	43.18	400m:	4:52.87	33.88
27.	Nick van der Woude		ZV Haerlem						<b>4:53.23</b>	+0,88	518
	50m:	31.04	150m:	1:45.82	37.36	250m:	3:04.31	41.27	350m:	4:19.77	33.54
	100m:	1:08.46	200m:	2:23.04	37.22	300m:	3:46.23	41.92	400m:	4:53.23	33.46
28.	David Groenewegen		PSV						<b>4:54.25</b>	+0,78	512
	50m:	30.07	150m:	1:46.26	39.39	250m:	3:06.39	41.61	350m:	4:22.77	34.09
	100m:	1:06.87	200m:	2:24.78	38.52	300m:	3:48.68	42.29	400m:	4:54.25	31.48
29.	Thomas van Wanrooij <i>Nederlands Record PARA</i>		HPC PARA - Poseidon '56						<b>5:02.60</b>	+0,81	471
	50m:	30.25	150m:	1:45.57	39.12	250m:	3:08.33	43.87	350m:	4:28.77	35.13
	100m:	1:06.45	200m:	2:24.46	38.89	300m:	3:53.64	45.31	400m:	5:02.60	33.83
30.	Michael Smink		The Hague Swimming (SG)						<b>5:04.06</b>	+0,81	464
	50m:	29.75	150m:	1:47.36	40.64	250m:	3:11.60	45.83	350m:	4:31.40	34.44
	100m:	1:06.72	200m:	2:25.77	38.41	300m:	3:56.96	45.36	400m:	5:04.06	32.66

Senioren PARA

1.	Thomas van Wanrooij <i>Nederlands Record PARA</i>		HPC PARA - Poseidon '56						<b>5:02.60</b>	+0,81	471
	50m:	30.25	150m:	1:45.57	39.12	250m:	3:08.33	43.87	350m:	4:28.77	35.13
	100m:	1:06.45	200m:	2:24.46	38.89	300m:	3:53.64	45.31	400m:	5:02.60	33.83



NEDERLANDSE  
LOTERIJ

slangen+koenis  
architecten



VARIO PLAY  
ADDING FUN TO YOUR POOL