

Programmanr. 30  
22-12-2017

Dames, 800m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	pnt.	
1.	Esmee Vermeulen	NTC - De Dolfijn	8:45.75	199600678	8:32.77	+0,76	
	50m: 29.89	29.89 250m: 2:35.81	31.61	450m: 4:44.41	32.20	650m: 6:55.80	33.13
	100m: 1:01.54	31.65 300m: 3:07.78	31.97	500m: 5:16.93	32.52	700m: 7:29.00	33.20
	150m: 1:32.76	31.22 350m: 3:39.98	32.20	550m: 5:49.62	32.69	750m: 8:01.77	32.77
	200m: 2:04.20	31.44 400m: 4:12.21	32.23	600m: 6:22.67	33.05	800m: 8:32.77	31.00
2.	Laura Setz	RTC - Nova	8:52.16	200000130	8:33.49	+0,77	
	<i>Nederlands Record 17 jaar</i>						
	50m: 29.86	29.86 250m: 2:39.61	32.03	450m: 4:49.27	32.54	650m: 6:58.69	32.25
	100m: 1:02.21	32.35 300m: 3:11.85	32.24	500m: 5:21.41	32.14	700m: 7:30.81	32.12
	150m: 1:34.80	32.59 350m: 3:44.21	32.36	550m: 5:53.86	32.45	750m: 8:03.21	32.40
	200m: 2:07.58	32.78 400m: 4:16.73	32.52	600m: 6:26.44	32.58	800m: 8:33.49	30.28
3.	Loulou Vos	Hillingdon Swimming Club	8:49.09	925604	8:37.04	+0,83	
	50m: 30.31	30.31 250m: 2:40.99	32.80	450m: 4:51.49	32.53	650m: 7:01.45	32.29
	100m: 1:03.05	32.74 300m: 3:14.04	33.05	500m: 5:24.28	32.79	700m: 7:33.96	32.51
	150m: 1:35.19	32.14 350m: 3:46.50	32.46	550m: 5:56.66	32.38	750m: 8:06.31	32.35
	200m: 2:08.19	33.00 400m: 4:18.96	32.46	600m: 6:29.16	32.50	800m: 8:37.04	30.73
4.	Serena Stel	RTC - De Dolfijn	8:48.33	199801528	8:42.20	+0,72	
	50m: 29.82	29.82 250m: 2:41.61	33.14	450m: 4:54.02	33.34	650m: 7:07.51	33.63
	100m: 1:02.35	32.53 300m: 3:14.64	33.03	500m: 5:27.35	33.33	700m: 7:39.70	32.19
	150m: 1:35.38	33.03 350m: 3:47.50	32.86	550m: 6:00.65	33.30	750m: 8:11.65	31.95
	200m: 2:08.47	33.09 400m: 4:20.68	33.18	600m: 6:33.88	33.23	800m: 8:42.20	30.55
5.	Kaylee de Jong	RTC - ZPCH	8:52.07	200001234	8:44.49	+0,91	
	50m: 29.98	29.98 250m: 2:41.34	33.15	450m: 4:53.95	33.47	650m: 7:07.55	33.41
	100m: 1:02.43	32.45 300m: 3:14.31	32.97	500m: 5:27.24	33.29	700m: 7:40.56	33.01
	150m: 1:35.16	32.73 350m: 3:47.15	32.84	550m: 6:00.87	33.63	750m: 8:13.07	32.51
	200m: 2:08.19	33.03 400m: 4:20.48	33.33	600m: 6:34.14	33.27	800m: 8:44.49	31.42
6.	Madelon Dijkstra	ZPCH	9:07.70	199703510	9:04.30	+0,87	
	50m: 30.28	30.28 250m: 2:46.00	34.49	450m: 5:04.53	34.81	650m: 7:23.08	34.50
	100m: 1:03.59	33.31 300m: 3:20.42	34.42	500m: 5:38.99	34.46	700m: 7:57.49	34.41
	150m: 1:37.62	34.03 350m: 3:55.09	34.67	550m: 6:13.84	34.85	750m: 8:31.86	34.37
	200m: 2:11.51	33.89 400m: 4:29.72	34.63	600m: 6:48.58	34.74	800m: 9:04.30	32.44
7.	Marij van der Mast	RTC - PSV	8:57.86	200000676	9:04.97	+0,73	
	50m: 30.56	30.56 250m: 2:45.57	33.82	450m: 5:02.40	34.28	650m: 7:22.07	34.99
	100m: 1:03.55	32.99 300m: 3:19.67	34.10	500m: 5:36.99	34.59	700m: 7:57.08	35.01
	150m: 1:37.38	33.83 350m: 3:53.75	34.08	550m: 6:11.89	34.90	750m: 8:31.79	34.71
	200m: 2:11.75	34.37 400m: 4:28.12	34.37	600m: 6:47.08	35.19	800m: 9:04.97	33.18
8.	Inge Vieveen	RTC - WVZ	9:09.20	200100024	9:15.20	+0,79	
	50m: 30.75	30.75 250m: 2:47.36	34.88	450m: 5:06.81	34.67	650m: 7:28.26	35.79
	100m: 1:04.28	33.53 300m: 3:22.37	35.01	500m: 5:42.21	35.40	700m: 8:03.97	35.71
	150m: 1:38.11	33.83 350m: 3:57.27	34.90	550m: 6:17.24	35.03	750m: 8:39.90	35.93
	200m: 2:12.48	34.37 400m: 4:32.14	34.87	600m: 6:52.47	35.23	800m: 9:15.20	35.30
9.	Sterre Keller	The Hague Swimming (SG)	9:23.53	199904142	9:15.97	+0,79	
	50m: 30.54	30.54 250m: 2:49.40	35.13	450m: 5:10.00	35.13	650m: 7:30.84	35.31
	100m: 1:04.48	33.94 300m: 3:24.52	35.12	500m: 5:45.00	35.00	700m: 8:06.21	35.37
	150m: 1:39.25	34.77 350m: 3:59.59	35.07	550m: 6:20.13	35.13	750m: 8:41.60	35.39
	200m: 2:14.27	35.02 400m: 4:34.87	35.28	600m: 6:55.53	35.40	800m: 9:15.97	34.37
10.	Lize Janna de Vries	Orca	9:20.53	200101948	9:20.13	+0,85	
	50m: 31.63	31.63 250m: 2:52.33	35.55	450m: 5:13.58	35.56	650m: 7:36.21	35.74
	100m: 1:06.33	34.70 300m: 3:27.64	35.31	500m: 5:49.06	35.48	700m: 8:11.72	35.51
	150m: 1:41.33	35.00 350m: 4:02.76	35.12	550m: 6:24.68	35.62	750m: 8:47.11	35.39
	200m: 2:16.78	35.45 400m: 4:38.02	35.26	600m: 7:00.47	35.79	800m: 9:20.13	33.02
11.	Nikita van den Ouden	De Warande	9:21.52	199900622	9:26.97	+0,72	
	50m: 32.08	32.08 250m: 2:54.62	35.86	450m: 5:17.80	36.15	650m: 7:42.14	35.98
	100m: 1:07.04	34.96 300m: 3:30.11	35.49	500m: 5:54.07	36.27	700m: 8:17.71	35.57
	150m: 1:42.92	35.88 350m: 4:05.83	35.72	550m: 6:30.30	36.23	750m: 8:53.40	35.69
	200m: 2:18.76	35.84 400m: 4:41.65	35.82	600m: 7:06.16	35.86	800m: 9:26.97	33.57
12.	Maaïke Tijhof	VZC	9:19.92	199800112	9:27.76	+0,81	
	50m: 31.63	31.63 250m: 2:54.43	36.02	450m: 5:18.28	35.84	650m: 7:41.25	35.74
	100m: 1:06.27	34.64 300m: 3:30.55	36.12	500m: 5:53.92	35.64	700m: 8:17.32	36.07
	150m: 1:42.25	35.98 350m: 4:06.36	35.81	550m: 6:29.92	36.00	750m: 8:53.10	35.78
	200m: 2:18.41	36.16 400m: 4:42.44	36.08	600m: 7:05.51	35.59	800m: 9:27.76	34.66
13.	Noa Oldenhof	De Dolfijn	9:31.18	199700622	9:30.62	+0,68	
	50m: 32.06	32.06 250m: 2:54.90	36.10	450m: 5:19.26	36.38	650m: 7:44.85	36.53
	100m: 1:07.42	35.36 300m: 3:30.67	35.77	500m: 5:55.76	36.50	700m: 8:21.01	36.16
	150m: 1:43.19	35.77 350m: 4:06.76	36.09	550m: 6:31.83	36.07	750m: 8:56.56	35.55
	200m: 2:18.80	35.61 400m: 4:42.88	36.12	600m: 7:08.32	36.49	800m: 9:30.62	34.06

## Programmanr. 30, Dames, 800m vrije slag, Senioren Open

rang	naam	vereniging	intijd	tijd	RT	pnt.		
14.	Angelique van Vark	Z&PC De Gouwe	9:25.56	199701478	9:31.91	+0,60		
	50m: 31.72	31.72	250m: 2:52.13	35.65	450m: 5:16.39	36.46	650m: 7:42.48	36.27
	100m: 1:05.97	34.25	300m: 3:27.77	35.64	500m: 5:52.71	36.32	700m: 8:18.98	36.50
	150m: 1:40.89	34.92	350m: 4:03.90	36.13	550m: 6:29.38	36.67	750m: 8:55.49	36.51
	200m: 2:16.48	35.59	400m: 4:39.93	36.03	600m: 7:06.21	36.83	800m: 9:31.91	36.42
15.	Lisanne Hassing	DZ&PC	9:11.18	199702584	9:38.79	+0,87		
	50m: 30.56	30.56	250m: 2:51.99	36.28	450m: 5:20.25	37.30	650m: 7:48.59	37.23
	100m: 1:04.61	34.05	300m: 3:28.67	36.68	500m: 5:57.36	37.11	700m: 8:25.86	37.27
	150m: 1:39.62	35.01	350m: 4:05.86	37.19	550m: 6:34.34	36.98	750m: 9:02.84	36.98
	200m: 2:15.71	36.09	400m: 4:42.95	37.09	600m: 7:11.36	37.02	800m: 9:38.79	35.95
16.	Sterre van de Goor	PSV	9:27.75	200102168	9:42.73	+0,87		
	50m: 32.94	32.94	250m: 2:57.51	36.57	450m: 5:24.21	36.57	650m: 7:52.52	37.04
	100m: 1:08.20	35.26	300m: 3:34.42	36.91	500m: 6:01.14	36.93	700m: 8:29.66	37.14
	150m: 1:44.42	36.22	350m: 4:11.04	36.62	550m: 6:38.24	37.10	750m: 9:06.68	37.02
	200m: 2:20.94	36.52	400m: 4:47.64	36.60	600m: 7:15.48	37.24	800m: 9:42.73	36.05
17.	Danieke van der Kooi	Orca	9:23.27	200000552	9:44.32	+0,82		
	50m: 32.39	32.39	250m: 2:59.23	37.04	450m: 5:25.89	36.39	650m: 7:54.16	37.71
	100m: 1:08.44	36.05	300m: 3:35.93	36.70	500m: 6:02.62	36.73	700m: 8:31.48	37.32
	150m: 1:45.36	36.92	350m: 4:12.63	36.70	550m: 6:39.58	36.96	750m: 9:08.57	37.09
	200m: 2:22.19	36.83	400m: 4:49.50	36.87	600m: 7:16.45	36.87	800m: 9:44.32	35.75
18.	Jonne Moleman <i>IPC Nederlands Record</i>	NTC PARA - LinK	10:05.18	200006264	S10	10:01.19	+0,94	870
	50m: 33.90	33.90	250m: 3:04.27	38.28	450m: 5:36.08	37.96	650m: 8:08.54	37.91
	100m: 1:10.66	36.76	300m: 3:42.18	37.91	500m: 6:14.26	38.18	700m: 8:46.88	38.34
	150m: 1:48.22	37.56	350m: 4:20.18	38.00	550m: 6:52.32	38.06	750m: 9:24.66	37.78
	200m: 2:25.99	37.77	400m: 4:58.12	37.94	600m: 7:30.63	38.31	800m: 10:01.19	36.53
19.	Amber van der Kruk <i>IPC Nederlands Record</i>	NTC PARA - MSV Zeemacht	10:16.12	200102730	S14	10:07.93	+0,87	868
	50m: 33.23	33.23	250m: 3:08.43	39.85	450m: 5:44.97	37.83	650m: 8:18.06	38.28
	100m: 1:10.73	37.50	300m: 3:47.79	39.36	500m: 6:24.20	39.23	700m: 8:55.06	37.00
	150m: 1:49.39	38.66	350m: 4:27.65	39.86	550m: 7:02.28	38.08	750m: 9:31.95	36.89
	200m: 2:28.58	39.19	400m: 5:07.14	39.49	600m: 7:39.78	37.50	800m: 10:07.93	35.98
AFGEM	Gaia Sterre Mirotti	VZC	9:16.84	200305158				