

Programmanr. 2
21-12-2017

Dames, 400m wisselslag

Senioren Open
Resultaten Finale

rang	naam	vereniging	intijd	tijd	RT	pnt.
Finale A						
1.	Lotte Hosper	RTC - Racing Club	4:56.03	200201414	4:51.47	+0,84
	50m: 30.71	30.71 150m: 1:42.93	37.09	250m: 3:01.70	42.34	350m: 4:18.69
	100m: 1:05.84	35.13 200m: 2:19.36	36.43	300m: 3:44.54	42.84	400m: 4:51.47
2.	Imani de Jong	RTC - ZPCH	4:54.62	200200464	4:52.39	+0,67
	50m: 30.93	30.93 150m: 1:44.47	37.35	250m: 3:04.32	42.65	350m: 4:20.52
	100m: 1:07.12	36.19 200m: 2:21.67	37.20	300m: 3:47.73	43.41	400m: 4:52.39
3.	Inge Arts	Merlet	5:03.69	199203076	4:57.02	+0,79
	50m: 31.50	31.50 150m: 1:46.67	38.98	250m: 3:08.16	43.23	350m: 4:25.44
	100m: 1:07.69	36.19 200m: 2:24.93	38.26	300m: 3:51.77	43.61	400m: 4:57.02
4.	Marlijn Hendriksen	Hieronymus	5:03.47	198806828	4:57.44	+0,73
	50m: 32.09	32.09 150m: 1:47.70	38.86	250m: 3:08.72	42.16	350m: 4:24.72
	100m: 1:08.84	36.75 200m: 2:26.56	38.86	300m: 3:50.43	41.71	400m: 4:57.44
5.	Inge Vieveen	RTC - WVZ	5:01.97	200100024	4:58.60	+0,90
	50m: 31.81	31.81 150m: 1:49.29	39.29	250m: 3:09.47	41.99	350m: 4:25.89
	100m: 1:10.00	38.19 200m: 2:27.48	38.19	300m: 3:51.71	42.24	400m: 4:58.60
6.	Nikita van den Ouden	De Warande	5:06.17	199900622	5:01.66	+0,62
	50m: 32.23	32.23 150m: 1:46.98	37.89	250m: 3:07.35	43.04	350m: 4:26.88
	100m: 1:09.09	36.86 200m: 2:24.31	37.33	300m: 3:51.60	44.25	400m: 5:01.66
7.	Lize Janna de Vries	Orca	5:06.92	200101948	5:02.85	+0,83
	50m: 33.11	33.11 150m: 1:51.70	38.97	250m: 3:12.61	43.27	350m: 4:29.81
	100m: 1:12.73	39.62 200m: 2:29.34	37.64	300m: 3:55.86	43.25	400m: 5:02.85
8.	Anne Noom	Het Y	5:03.90	199800062	5:05.04	+0,76
	50m: 31.49	31.49 150m: 1:47.81	39.17	250m: 3:11.00	44.10	350m: 4:31.02
	100m: 1:08.64	37.15 200m: 2:26.90	39.09	300m: 3:55.86	44.86	400m: 5:05.04
Finale B						
9.	Angelique van Vark	Z&PC De Gouwe	5:07.23	199701478	5:02.53	+0,72
	50m: 32.57	32.57 150m: 1:49.75	39.22	250m: 3:11.05	41.86	350m: 4:29.07
	100m: 1:10.53	37.96 200m: 2:29.19	39.44	300m: 3:53.88	42.83	400m: 5:02.53
10.	Janneke Lenderink	De Dinkel	5:09.81	200100328	5:08.30	+0,76
	50m: 32.52	32.52 150m: 1:50.95	40.93	250m: 3:14.88	43.50	350m: 4:34.64
	100m: 1:10.02	37.50 200m: 2:31.38	40.43	300m: 3:59.70	44.82	400m: 5:08.30
11.	Annemarie Meijer	SCOM/De Zeehond'73 (SG)	5:13.41	199900964	5:09.34	+0,79
	50m: 33.13	33.13 150m: 1:54.37	41.66	250m: 3:17.23	42.53	350m: 4:35.47
	100m: 1:12.71	39.58 200m: 2:34.70	40.33	300m: 3:59.94	42.71	400m: 5:09.34
12.	Isabel Aardema	DWK	5:10.21	200100364	5:10.05	+0,83
	50m: 32.61	32.61 150m: 1:51.83	39.84	250m: 3:14.50	44.05	350m: 4:34.97
	100m: 1:11.99	39.38 200m: 2:30.45	38.62	300m: 3:59.00	44.50	400m: 5:10.05
13.	Lisanne Hassing	DZ&PC	5:19.10	199702584	5:14.36	+0,87
	50m: 34.83	34.83 150m: 1:57.52	41.24	250m: 3:21.48	43.77	350m: 4:41.56
	100m: 1:16.28	41.45 200m: 2:37.71	40.19	300m: 4:06.19	44.71	400m: 5:14.36
14.	Michelle Zomerdijk	Dedemsvaart-AC	5:16.08	200003196	5:14.63	+0,88
	50m: 33.20	33.20 150m: 1:54.39	40.97	250m: 3:18.53	44.84	350m: 4:40.24
	100m: 1:13.42	40.22 200m: 2:33.69	39.30	300m: 4:05.07	46.54	400m: 5:14.63
15.	Valesca van den Bogert	Hieronymus	5:17.08	200102138	5:15.48	+0,67
	50m: 34.46	34.46 150m: 1:55.67	41.64	250m: 3:20.92	43.91	350m: 4:41.14
	100m: 1:14.03	39.57 200m: 2:37.01	41.34	300m: 4:04.96	44.04	400m: 5:15.48
16.	Quinty Rouschop	Zwemsport Parkstad (SG)	5:16.95	200300208	5:15.68	+0,78
	50m: 34.01	34.01 150m: 1:56.43	41.01	250m: 3:19.51	42.93	350m: 4:41.41
	100m: 1:15.42	41.41 200m: 2:36.58	40.15	300m: 4:03.32	43.81	400m: 5:15.68