

Programmanr. 17
22-12-2017

Heren, 400m vrije slag

Senioren Open
Resultaten Finale

rang	naam	vereniging	intijd	tijd	RT	pnt.
Finale A						
1.	Ferry Weertman	NTC - De Otters het Gooi	3:51.02	199201461	3:44.38	+0,72
	50m: 26.56	26.56	150m: 1:23.98	28.98	250m: 2:21.70	28.46
	100m: 55.00	28.44	200m: 1:53.24	29.26	300m: 2:50.05	28.35
					350m: 3:17.41	29.39
					400m: 3:44.38	26.97
2.	Luc Kroon	RTC - Ed-Vo	3:52.65	200100697	3:48.81	+0,83
	<i>Nederlands Record Jeugd</i>					
	50m: 26.47	26.47	150m: 1:24.56	29.17	250m: 2:22.99	28.99
	100m: 55.39	28.92	200m: 1:54.00	29.44	300m: 2:52.25	29.26
					350m: 3:21.64	29.39
					400m: 3:48.81	27.17
3.	Bart Sommeling	RTC - De Dolfijn	3:52.56	199800765	3:49.51	+0,73
	50m: 26.69	26.69	150m: 1:24.49	28.88	250m: 2:22.79	28.99
	100m: 56.61	28.92	200m: 1:53.80	29.31	300m: 2:51.91	29.12
					350m: 3:21.29	29.38
					400m: 3:49.51	28.22
4.	Marcel Schouten	NTC - PSV	3:57.57	199300653	3:51.41	+0,80
	50m: 27.56	27.56	150m: 1:26.16	29.33	250m: 2:24.59	29.18
	100m: 56.83	29.27	200m: 1:55.41	29.25	300m: 2:53.75	29.16
					350m: 3:22.91	29.16
					400m: 3:51.41	28.50
5.	Erik Nijholt	DZ&PC	3:57.13	199401349	3:55.17	+0,72
	50m: 26.71	26.71	150m: 1:26.47	30.25	250m: 2:27.13	30.01
	100m: 56.22	29.51	200m: 1:57.12	30.65	300m: 2:56.88	29.75
					350m: 3:26.69	29.81
					400m: 3:55.17	28.48
6.	Jorgos Skotadis	RTC - De Dolfijn	3:59.12	199803317	3:56.42	+0,70
	50m: 26.66	26.66	150m: 1:25.39	29.71	250m: 2:25.63	30.09
	100m: 55.68	29.02	200m: 1:55.54	30.15	300m: 2:55.61	29.98
					350m: 3:26.05	30.44
					400m: 3:56.42	30.37
7.	Lars Bottelier	RTC - VZV	3:58.65	199702681	3:58.70	+0,74
	50m: 27.54	27.54	150m: 1:27.30	30.15	250m: 2:28.16	30.31
	100m: 57.15	29.61	200m: 1:57.85	30.55	300m: 2:58.49	30.33
					350m: 3:29.14	30.65
					400m: 3:58.70	29.56
8.	Tim Hoogerwerf	DWK	3:58.88	200005587	4:02.59	+0,77
	50m: 27.65	27.65	150m: 1:27.74	30.24	250m: 2:29.25	30.66
	100m: 57.50	29.85	200m: 1:58.59	30.85	300m: 3:00.19	30.94
					350m: 3:31.81	31.62
					400m: 4:02.59	30.78
Finale B						
9.	Niels Hofmeijer	WS Twente	4:04.87	200000699	3:57.85	+0,76
	50m: 26.75	26.75	150m: 1:26.77	30.43	250m: 2:27.65	30.35
	100m: 56.34	29.59	200m: 1:57.30	30.53	300m: 2:58.32	30.67
					350m: 3:28.84	30.52
					400m: 3:57.85	29.01
10.	Vincent Crooijmans	RTC - VZC	4:01.24	200100381	3:58.92	+0,80
	50m: 27.11	27.11	150m: 1:26.87	30.08	250m: 2:27.87	30.54
	100m: 56.79	29.68	200m: 1:57.33	30.46	300m: 2:58.35	30.48
					350m: 3:29.10	30.75
					400m: 3:58.92	29.82
11.	Sander Crooijmans	RTC - VZC	4:01.07	200100383	3:59.51	+0,80
	50m: 27.09	27.09	150m: 1:27.35	30.51	250m: 2:28.46	30.61
	100m: 56.84	29.75	200m: 1:57.85	30.50	300m: 2:59.14	30.68
					350m: 3:29.69	30.55
					400m: 3:59.51	29.82
12.	Rowan Keen	Borger	4:00.23	199500727	3:59.95	+0,79
	50m: 27.40	27.40	150m: 1:27.10	30.02	250m: 2:28.62	30.97
	100m: 57.08	29.68	200m: 1:57.65	30.55	300m: 2:59.24	30.62
					350m: 3:30.16	30.92
					400m: 3:59.95	29.79
13.	Karst Boersma	De Dinkel	4:08.21	199600849	4:00.05	+0,72
	50m: 27.45	27.45	150m: 1:27.41	30.21	250m: 2:28.69	30.56
	100m: 57.20	29.75	200m: 1:58.13	30.72	300m: 2:59.16	30.47
					350m: 3:29.93	30.77
					400m: 4:00.05	30.12
14.	David Kuipers	Orca	4:01.41	200003633	4:01.22	+0,79
	50m: 28.14	28.14	150m: 1:29.08	30.60	250m: 2:30.71	30.91
	100m: 58.48	30.34	200m: 1:59.80	30.72	300m: 3:01.89	31.18
					350m: 3:32.29	30.40
					400m: 4:01.22	28.93
15.	Jorian Tanis	De Schotejil	4:07.15	199900327	4:05.28	+0,76
	50m: 28.10	28.10	150m: 1:30.33	31.36	250m: 2:33.43	31.52
	100m: 58.97	30.87	200m: 2:01.91	31.58	300m: 3:05.04	31.61
					350m: 3:36.09	31.05
					400m: 4:05.28	29.19
16.	Bas Takken	NTC PARA - De Dolfijn	4:07.25	199901643	4:07.57	+0,54
	50m: 27.03	27.03	150m: 1:28.43	31.44	250m: 2:32.48	32.24
	100m: 56.99	29.96	200m: 2:00.24	31.81	300m: 3:04.78	32.30
					350m: 3:36.85	32.07
					400m: 4:07.57	30.72