

Programmanr. 17
22-12-2017 - 9:11

Heren, 400m vrije slag

Senioren Open
Resultaten Voorronde

rang	naam	vereniging	tijd	RT	fin	pnt	
Senioren Open							
1.	Ferry Weertman	NTC - De Otters het Gooi	199201461	3:51.02	+0,71	A	
	50m: 27.66	27.66 150m: 1:27.09	29.56	250m: 2:26.82	29.72	350m: 3:24.11	28.09
	100m: 57.53	29.87 200m: 1:57.10	30.01	300m: 2:56.02	29.20	400m: 3:51.02	26.91
2.	Arjan Knipping	PSV	199401667	3:51.84	+0,75	A	
	50m: 27.66	27.66 150m: 1:27.63	29.82	250m: 2:26.58	29.56	350m: 3:24.51	28.79
	100m: 57.81	30.15 200m: 1:57.02	29.39	300m: 2:55.72	29.14	400m: 3:51.84	27.33
3.	Bart Sommeling	RTC - De Dolfijn	199800765	3:52.56	+0,72	A	
	50m: 27.09	27.09 150m: 1:26.97	30.49	250m: 2:26.33	29.53	350m: 3:25.11	28.97
	100m: 56.48	29.39 200m: 1:56.80	29.83	300m: 2:56.14	29.81	400m: 3:52.56	27.45
4.	Luc Kroon	RTC - Ed-Vo	200100697	3:52.65	+0,80	A	
	50m: 27.13	27.13 150m: 1:27.00	30.27	250m: 2:26.19	29.23	350m: 3:24.55	28.88
	100m: 56.73	29.60 200m: 1:56.96	29.96	300m: 2:55.67	29.48	400m: 3:52.65	28.10
5.	Erik Nijholt	DZ&PC	199401349	3:57.13	+0,74	A	
	50m: 27.46	27.46 150m: 1:28.01	30.50	250m: 2:28.60	29.89	350m: 3:27.85	29.53
	100m: 57.51	30.05 200m: 1:58.71	30.70	300m: 2:58.32	29.72	400m: 3:57.13	29.28
6.	Marcel Schouten	NTC - PSV	199300653	3:57.57	+0,83	A	
	50m: 28.38	28.38 150m: 1:28.99	30.38	250m: 2:29.02	29.77	350m: 3:28.48	29.68
	100m: 58.61	30.23 200m: 1:59.25	30.26	300m: 2:58.80	29.78	400m: 3:57.57	29.09
7.	Lars Bottelier	RTC - VZV	199702681	3:58.65	+0,74	A	
	50m: 27.89	27.89 150m: 1:28.38	30.52	250m: 2:28.91	30.02	350m: 3:29.00	30.05
	100m: 57.86	29.97 200m: 1:58.89	30.51	300m: 2:58.95	30.04	400m: 3:58.65	29.65
8.	Tim Hoogerwerf	DWK	200005587	3:58.88	+0,76	A	
	50m: 27.99	27.99 150m: 1:29.09	30.56	250m: 2:29.85	30.07	350m: 3:29.81	29.75
	100m: 58.53	30.54 200m: 1:59.78	30.69	300m: 3:00.06	30.21	400m: 3:58.88	29.07
9.	Jorgos Skotadis	RTC - De Dolfijn	199803317	3:59.12	+0,74	B	
	50m: 27.32	27.32 150m: 1:27.48	30.15	250m: 2:27.28	29.68	350m: 3:27.82	30.41
	100m: 57.33	30.01 200m: 1:57.60	30.12	300m: 2:57.41	30.13	400m: 3:59.12	31.30
10.	Rowan Keen	Borger	199500727	4:00.23	+0,80	B	
	50m: 27.65	27.65 150m: 1:28.19	30.45	250m: 2:29.28	30.61	350m: 3:30.74	30.75
	100m: 57.74	30.09 200m: 1:58.67	30.48	300m: 2:59.99	30.71	400m: 4:00.23	29.49
11.	Sander Crooijmans	RTC - VZC	200100383	4:01.07	+0,76	B	
	50m: 27.41	27.41 150m: 1:28.22	30.55	250m: 2:29.29	30.55	350m: 3:31.18	30.98
	100m: 57.67	30.26 200m: 1:58.74	30.52	300m: 3:00.20	30.91	400m: 4:01.07	29.89
12.	Vincent Crooijmans	RTC - VZC	200100381	4:01.24	+0,75	B	
	50m: 27.95	27.95 150m: 1:29.37	30.67	250m: 2:29.94	30.26	350m: 3:31.17	30.57
	100m: 58.70	30.75 200m: 1:59.68	30.31	300m: 3:00.60	30.66	400m: 4:01.24	30.07
13.	David Kuipers	Orca	200003633	4:01.41	+0,76	B	
	50m: 28.60	28.60 150m: 1:29.43	30.56	250m: 2:31.59	30.94	350m: 3:32.43	29.59
	100m: 58.87	30.27 200m: 2:00.65	31.22	300m: 3:02.84	31.25	400m: 4:01.41	28.98
14.	Niels Hofmeijer	WS Twente	200000699	4:04.87	+0,70	B	
	50m: 27.50	27.50 150m: 1:30.24	31.53	250m: 2:32.61	31.15	350m: 3:34.30	31.03
	100m: 58.71	31.21 200m: 2:01.46	31.22	300m: 3:03.27	30.66	400m: 4:04.87	30.57
15.	Timo Dinkelberg	Albion d'ELFT (SG)	199300773	4:06.56	+0,72	B	
	50m: 27.48	27.48 150m: 1:29.04	31.18	250m: 2:32.28	31.74	350m: 3:36.04	31.93
	100m: 57.86	30.38 200m: 2:00.54	31.50	300m: 3:04.11	31.83	400m: 4:06.56	30.52
16.	Jorian Tanis	De Schotejil	199900327	4:07.15	+0,79	B	
	50m: 28.41	28.41 150m: 1:30.90	31.36	250m: 2:34.80	31.75	350m: 3:38.21	31.42
	100m: 59.54	31.13 200m: 2:03.05	32.15	300m: 3:06.79	31.99	400m: 4:07.15	28.94
17.	Bas Takken <i>IPC Nederlands Record</i>	NTC PARA - De Dolfijn	199901643	4:07.25	+0,75	R	956
	50m: 28.17	28.17 150m: 1:31.07	31.63	250m: 2:34.49	31.30	350m: 3:37.94	31.51
	100m: 59.44	31.27 200m: 2:03.19	32.12	300m: 3:06.43	31.94	400m: 4:07.25	29.31
18.	Karst Boersma	De Dinkel	199600849	4:08.21	+0,72	R	
	50m: 27.85	27.85 150m: 1:29.10	31.00	250m: 2:30.95	30.84	350m: 3:35.78	32.92
	100m: 58.10	30.25 200m: 2:00.11	31.01	300m: 3:02.86	31.91	400m: 4:08.21	32.43
19.	Olivier Jans	The Hague Swimming (SG)	200001815	4:10.74	+0,75		
	50m: 28.56	28.56 150m: 1:30.99	31.39	250m: 2:35.29	32.43	350m: 3:40.56	32.52
	100m: 59.60	31.04 200m: 2:02.86	31.87	300m: 3:08.04	32.75	400m: 4:10.74	30.18
20.	Timos Skotadis	De Dolfijn	199804615	4:10.98	+0,67		
	50m: 27.80	27.80 150m: 1:30.35	31.81	250m: 2:34.57	32.04	350m: 3:38.96	32.23
	100m: 58.54	30.74 200m: 2:02.53	32.18	300m: 3:06.73	32.16	400m: 4:10.98	32.02

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rang	naam	vereniging	tijd	RT	fin	pnt
21.	Stefan Timmermans	RZC	199403015	4:11.36	+0,73	
	50m: 27.77	27.77 150m: 1:31.08 32.12	250m: 2:35.76 32.23	350m: 3:40.28 32.43		
	100m: 58.96	31.19 200m: 2:03.53 32.45	300m: 3:07.85 32.09	400m: 4:11.36 31.08		
22.	Niels Wiersema	TriVia	199703221	4:13.63	+0,83	
	50m: 28.32	28.32 150m: 1:30.87 31.71	250m: 2:35.11 31.80	350m: 3:41.47 33.44		
	100m: 59.16	30.84 200m: 2:03.31 32.44	300m: 3:08.03 32.92	400m: 4:13.63 32.16		
23.	Dario van Hulst	Zwemsport Parkstad (SG)	199903169	4:13.82	+0,76	
	50m: 28.73	28.73 150m: 1:31.49 31.55	250m: 2:35.86 32.04	350m: 3:41.76 32.88		
	100m: 59.94	31.21 200m: 2:03.82 32.33	300m: 3:08.88 33.02	400m: 4:13.82 32.06		
24.	Sam Janmaat	ZPC AMERSFOORT	200203017 S10	4:22.14	+0,69	802
	50m: 29.05	29.05 150m: 1:33.70 32.52	250m: 2:40.13 33.24	350m: 3:48.48 34.32		
	100m: 1:01.18	32.13 200m: 2:06.89 33.19	300m: 3:14.16 34.03	400m: 4:22.14 33.66		
25.	Thijs van den End	NTC PARA - ZPC Woerden	199306803 S9	4:31.94	+1,01	776
	50m: 30.78	30.78 150m: 1:37.93 34.18	250m: 2:46.13 34.23	350m: 3:56.60 35.64		
	100m: 1:03.75	32.97 200m: 2:11.90 33.97	300m: 3:20.96 34.83	400m: 4:31.94 35.34		
26.	Sebastiaan Broere	Hieronymus	199803687 S14	4:32.55	+0,81	807
	50m: 30.62	30.62 150m: 1:37.81 33.97	250m: 2:47.17 34.73	350m: 3:57.18 35.43		
	100m: 1:03.84	33.22 200m: 2:12.44 34.63	300m: 3:21.75 34.58	400m: 4:32.55 35.37		
27.	Thomas van Wanrooij	NTC PARA - Poseidon '56	200201473 S13	4:41.18	+0,83	588
	50m: 31.55	31.55 150m: 1:41.49 35.70	250m: 2:54.71 36.90	350m: 4:07.78 36.16		
	100m: 1:05.79	34.24 200m: 2:17.81 36.32	300m: 3:31.62 36.91	400m: 4:41.18 33.40		
28.	Colin Degenaars	ZPCH	199505951 S14	4:45.61	+0,79	701
	50m: 31.86	31.86 150m: 1:42.89 35.64	250m: 2:55.68 36.71	350m: 4:10.42 37.32		
	100m: 1:07.25	35.39 200m: 2:18.97 36.08	300m: 3:33.10 37.42	400m: 4:45.61 35.19		
29.	Lars Jacobsen	DWK	199705453 S14	4:59.78	+0,85	606
	50m: 32.28	32.28 150m: 1:48.09 38.09	250m: 3:05.35 39.37	350m: 4:23.89 38.66		
	100m: 1:10.00	37.72 200m: 2:25.98 37.89	300m: 3:45.23 39.88	400m: 4:59.78 35.89		
30.	Thijs van Hofweegen	NTC PARA - ZPC AMERSFOORT	199605253 S6	5:15.44	+0,85	759
	50m: 33.26	33.26 150m: 1:52.78 40.42	250m: 3:14.14 40.79	350m: 4:35.99 40.83		
	100m: 1:12.36	39.10 200m: 2:33.35 40.57	300m: 3:55.16 41.02	400m: 5:15.44 39.45		
AFGEM	Rogier Dorsman	NTC PARA - ZZ&PC De Devel	199900211 S12			

Senioren IPC

1.	Bas Takken	NTC PARA - De Dolfijn	199901643 S10	4:07.25	+0,75	R 956
	<i>IPC Nederlands Record</i>					
	50m: 28.17	28.17 150m: 1:31.07 31.63	250m: 2:34.49 31.30	350m: 3:37.94 31.51		
	100m: 59.44	31.27 200m: 2:03.19 32.12	300m: 3:06.43 31.94	400m: 4:07.25 29.31		
2.	Sebastiaan Broere	Hieronymus	199803687 S14	4:32.55	+0,81	807
	50m: 30.62	30.62 150m: 1:37.81 33.97	250m: 2:47.17 34.73	350m: 3:57.18 35.43		
	100m: 1:03.84	33.22 200m: 2:12.44 34.63	300m: 3:21.75 34.58	400m: 4:32.55 35.37		
3.	Sam Janmaat	ZPC AMERSFOORT	200203017 S10	4:22.14	+0,69	802
	50m: 29.05	29.05 150m: 1:33.70 32.52	250m: 2:40.13 33.24	350m: 3:48.48 34.32		
	100m: 1:01.18	32.13 200m: 2:06.89 33.19	300m: 3:14.16 34.03	400m: 4:22.14 33.66		
4.	Thijs van den End	NTC PARA - ZPC Woerden	199306803 S9	4:31.94	+1,01	776
	50m: 30.78	30.78 150m: 1:37.93 34.18	250m: 2:46.13 34.23	350m: 3:56.60 35.64		
	100m: 1:03.75	32.97 200m: 2:11.90 33.97	300m: 3:20.96 34.83	400m: 4:31.94 35.34		
5.	Thijs van Hofweegen	NTC PARA - ZPC AMERSFOORT	199605253 S6	5:15.44	+0,85	759
	50m: 33.26	33.26 150m: 1:52.78 40.42	250m: 3:14.14 40.79	350m: 4:35.99 40.83		
	100m: 1:12.36	39.10 200m: 2:33.35 40.57	300m: 3:55.16 41.02	400m: 5:15.44 39.45		
6.	Colin Degenaars	ZPCH	199505951 S14	4:45.61	+0,79	701
	50m: 31.86	31.86 150m: 1:42.89 35.64	250m: 2:55.68 36.71	350m: 4:10.42 37.32		
	100m: 1:07.25	35.39 200m: 2:18.97 36.08	300m: 3:33.10 37.42	400m: 4:45.61 35.19		
7.	Lars Jacobsen	DWK	199705453 S14	4:59.78	+0,85	606
	50m: 32.28	32.28 150m: 1:48.09 38.09	250m: 3:05.35 39.37	350m: 4:23.89 38.66		
	100m: 1:10.00	37.72 200m: 2:25.98 37.89	300m: 3:45.23 39.88	400m: 4:59.78 35.89		
8.	Thomas van Wanrooij	NTC PARA - Poseidon '56	200201473 S13	4:41.18	+0,83	588
	50m: 31.55	31.55 150m: 1:41.49 35.70	250m: 2:54.71 36.90	350m: 4:07.78 36.16		
	100m: 1:05.79	34.24 200m: 2:17.81 36.32	300m: 3:31.62 36.91	400m: 4:41.18 33.40		
AFGEM	Rogier Dorsman	NTC PARA - ZZ&PC De Devel	199900211 S12			