

Programmanr. 15  
21-12-2017 - 12:33

Dames, 1500m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	tijd	RT	fin	pnt
1.	Serena Stel	RTC - De Dolfijn	199801528	16:37.37	+0,69	
	50m: 29.78	29.78	450m: 4:57.06	33.76	850m: 9:24.54	33.44
	100m: 1:02.57	32.79	500m: 5:30.58	33.52	900m: 9:57.79	33.25
	150m: 1:35.86	33.29	550m: 6:04.12	33.54	950m: 10:31.69	33.90
	200m: 2:09.29	33.43	600m: 6:37.85	33.73	1000m: 11:05.24	33.55
	250m: 2:42.52	33.23	650m: 7:11.39	33.54	1050m: 11:38.73	33.49
	300m: 3:16.33	33.81	700m: 7:44.46	33.07	1100m: 12:12.88	34.15
	350m: 3:49.88	33.55	750m: 8:17.61	33.15	1150m: 12:47.04	34.16
	400m: 4:23.30	33.42	800m: 8:51.10	33.49	1200m: 13:20.74	33.70
2.	Kaylee de Jong	RTC - ZPCH	200001234	16:38.45	+0,90	
	<i>Nederlands Record 17 jaar</i>					
	50m: 30.01	30.01	450m: 4:56.55	33.46	850m: 9:24.15	33.48
	100m: 1:02.74	32.73	500m: 5:30.17	33.62	900m: 9:57.57	33.42
	150m: 1:35.79	33.05	550m: 6:03.72	33.55	950m: 10:31.21	33.64
	200m: 2:08.94	33.15	600m: 6:37.47	33.75	1000m: 11:04.93	33.72
	250m: 2:42.36	33.42	650m: 7:10.59	33.12	1050m: 11:38.76	33.83
	300m: 3:15.95	33.59	700m: 7:44.00	33.41	1100m: 12:12.83	34.07
	350m: 3:49.47	33.52	750m: 8:17.29	33.29	1150m: 12:46.79	33.96
	400m: 4:23.09	33.62	800m: 8:50.67	33.38	1200m: 13:20.71	33.92
3.	Laura Setz	RTC - Nova	200000130	16:42.87	+0,89	
	50m: 30.07	30.07	450m: 4:56.39	33.35	850m: 9:23.78	33.58
	100m: 1:02.31	32.24	500m: 5:30.12	33.73	900m: 9:57.13	33.35
	150m: 1:35.42	33.11	550m: 6:03.76	33.64	950m: 10:30.86	33.73
	200m: 2:08.83	33.41	600m: 6:37.25	33.49	1000m: 11:04.58	33.72
	250m: 2:42.34	33.51	650m: 7:10.52	33.27	1050m: 11:38.59	34.01
	300m: 3:15.92	33.58	700m: 7:43.67	33.15	1100m: 12:12.69	34.10
	350m: 3:49.57	33.65	750m: 8:16.98	33.31	1150m: 12:46.70	34.01
	400m: 4:23.04	33.47	800m: 8:50.20	33.22	1200m: 13:20.82	34.12
4.	Madelon Dijkstra	ZPCH	199703510	17:23.84	+0,87	
	50m: 31.04	31.04	450m: 5:09.05	35.20	850m: 9:49.31	35.01
	100m: 1:04.64	33.60	500m: 5:43.99	34.94	900m: 10:24.26	34.95
	150m: 1:38.88	34.24	550m: 6:19.14	35.15	950m: 10:59.47	35.21
	200m: 2:13.45	34.57	600m: 6:54.21	35.07	1000m: 11:34.50	35.03
	250m: 2:48.29	34.84	650m: 7:29.25	35.04	1050m: 12:09.64	35.14
	300m: 3:23.36	35.07	700m: 8:04.38	35.13	1100m: 12:45.14	35.50
	350m: 3:58.59	35.23	750m: 8:39.35	34.97	1150m: 13:20.37	35.23
	400m: 4:33.85	35.26	800m: 9:14.30	34.95	1200m: 13:55.29	34.92
5.	Jamilla van Veen	ZPC Woerden	199603192	17:31.09	+0,79	
	50m: 30.04	30.04	450m: 5:08.25	35.38	850m: 9:50.68	35.16
	100m: 1:03.94	33.90	500m: 5:43.40	35.15	900m: 10:26.38	35.70
	150m: 1:37.92	33.98	550m: 6:18.93	35.53	950m: 11:02.32	35.94
	200m: 2:12.28	34.36	600m: 6:54.20	35.27	1000m: 11:38.02	35.70
	250m: 2:47.28	35.00	650m: 7:29.28	35.08	1050m: 12:13.33	35.31
	300m: 3:22.08	34.80	700m: 8:04.59	35.31	1100m: 12:49.02	35.69
	350m: 3:57.38	35.30	750m: 8:40.05	35.46	1150m: 13:24.63	35.61
	400m: 4:32.87	35.49	800m: 9:15.52	35.47	1200m: 14:00.38	35.75
6.	Marij van der Mast	RTC - PSV	200000676	17:33.35	+0,76	
	50m: 30.59	30.59	450m: 4:56.77	33.41	850m: 9:35.42	36.36
	100m: 1:03.23	32.64	500m: 5:30.34	33.57	900m: 10:11.82	36.40
	150m: 1:36.28	33.05	550m: 6:04.07	33.73	950m: 10:48.60	36.78
	200m: 2:09.62	33.34	600m: 6:38.10	34.03	1000m: 11:25.35	36.75
	250m: 2:42.88	33.26	650m: 7:12.34	34.24	1050m: 12:02.23	36.88
	300m: 3:16.53	33.65	700m: 7:47.36	35.02	1100m: 12:38.80	36.57
	350m: 3:49.73	33.20	750m: 8:22.97	35.61	1150m: 13:15.45	36.65
	400m: 4:23.36	33.63	800m: 8:59.06	36.09	1200m: 13:52.32	36.87
7.	Lize Janna de Vries	Orca	200101948	18:01.15	+0,43	
	50m: 32.18	32.18	450m: 5:20.95	36.56	850m: 10:12.83	36.48
	100m: 1:07.90	35.72	500m: 5:57.24	36.29	900m: 10:49.28	36.45
	150m: 1:43.65	35.75	550m: 6:33.79	36.55	950m: 11:25.66	36.38
	200m: 2:19.41	35.76	600m: 7:10.22	36.43	1000m: 12:02.19	36.53
	250m: 2:55.65	36.24	650m: 7:46.86	36.64	1050m: 12:38.53	36.34
	300m: 3:31.71	36.06	700m: 8:23.56	36.70	1100m: 13:14.58	36.05
	350m: 4:07.98	36.27	750m: 9:00.14	36.58	1150m: 13:50.81	36.23
	400m: 4:44.39	36.41	800m: 9:36.35	36.21	1200m: 14:26.41	35.60
8.	Amy van Lier	De Warande	199603022	18:22.08	+0,76	
	50m: 31.81	31.81	450m: 5:18.78	36.17	850m: 10:16.55	37.40
	100m: 1:06.45	34.64	500m: 5:55.58	36.80	900m: 10:54.31	37.76
	150m: 1:41.88	35.43	550m: 6:32.43	36.85	950m: 11:32.02	37.71
	200m: 2:17.49	35.61	600m: 7:09.35	36.92	1000m: 12:09.62	37.60
	250m: 2:53.72	36.23	650m: 7:46.61	37.26	1050m: 12:47.46	37.84
	300m: 3:30.12	36.40	700m: 8:24.23	37.62	1100m: 13:24.73	37.27
	350m: 4:06.05	35.93	750m: 9:01.75	37.52	1150m: 14:02.47	37.74
	400m: 4:42.61	36.56	800m: 9:39.15	37.40	1200m: 14:39.68	37.21

Programmanr. 15, Dames, 1500m vrije slag, Senioren Open

rang	naam	vereniging	tijd	RT	fin	pnt		
9.	Hilde Dekker	ReVeLie Swim Team	199901926	<b>18:31.32</b>	<b>+0,91</b>			
	50m: 31.95	31.95	450m: 5:25.40	37.03	850m: 10:22.83	37.28	1250m: 15:24.80	38.55
	100m: 1:08.10	36.15	500m: 6:02.52	37.12	900m: 10:59.91	37.08	1300m: 16:02.71	37.91
	150m: 1:44.21	36.11	550m: 6:39.49	36.97	950m: 11:37.17	37.26	1350m: 16:41.22	38.51
	200m: 2:20.62	36.41	600m: 7:16.56	37.07	1000m: 12:14.57	37.40	1400m: 17:19.48	38.26
	250m: 2:57.27	36.65	650m: 7:53.74	37.18	1050m: 12:52.32	37.75	1450m: 17:56.62	37.14
	300m: 3:34.01	36.74	700m: 8:30.79	37.05	1100m: 13:29.81	37.49	1500m: 18:31.32	34.70
	350m: 4:11.28	37.27	750m: 9:07.81	37.02	1150m: 14:08.09	38.28		
	400m: 4:48.37	37.09	800m: 9:45.55	37.74	1200m: 14:46.25	38.16		
10.	Lisanne Andeweg	Zuiderzeewimmers	198800092	<b>18:39.37</b>	<b>+1,01</b>			
	50m: 33.53	33.53	450m: 5:32.83	37.81	850m: 10:32.76	37.03	1250m: 15:33.85	37.73
	100m: 1:10.27	36.74	500m: 6:10.49	37.66	900m: 11:10.14	37.38	1300m: 16:11.88	38.03
	150m: 1:47.44	37.17	550m: 6:47.86	37.37	950m: 11:47.63	37.49	1350m: 16:49.47	37.59
	200m: 2:24.77	37.33	600m: 7:25.59	37.73	1000m: 12:25.21	37.58	1400m: 17:27.06	37.59
	250m: 3:02.28	37.51	650m: 8:03.18	37.59	1050m: 13:02.79	37.58	1450m: 18:04.21	37.15
	300m: 3:39.83	37.55	700m: 8:40.65	37.47	1100m: 13:40.48	37.69	1500m: 18:39.37	35.16
	350m: 4:17.30	37.47	750m: 9:18.40	37.75	1150m: 14:18.29	37.81		
	400m: 4:55.02	37.72	800m: 9:55.73	37.33	1200m: 14:56.12	37.83		
11.	Marlinde Beukers	WVZ	200101934	<b>18:51.06</b>	<b>+0,74</b>			
	50m: 31.95	31.95	450m: 5:28.00	37.76	850m: 10:33.92	38.64	1250m: 15:43.34	38.36
	100m: 1:07.82	35.87	500m: 6:05.92	37.92	900m: 11:12.60	38.68	1300m: 16:21.48	38.14
	150m: 1:44.39	36.57	550m: 6:44.02	38.10	950m: 11:51.26	38.66	1350m: 16:59.48	38.00
	200m: 2:20.93	36.54	600m: 7:22.39	38.37	1000m: 12:30.03	38.77	1400m: 17:36.98	37.50
	250m: 2:57.99	37.06	650m: 8:00.57	38.18	1050m: 13:08.71	38.68	1450m: 18:14.40	37.42
	300m: 3:35.33	37.34	700m: 8:38.82	38.25	1100m: 13:47.55	38.84	1500m: 18:51.06	36.66
	350m: 4:12.79	37.46	750m: 9:16.95	38.13	1150m: 14:26.39	38.84		
	400m: 4:50.24	37.45	800m: 9:55.28	38.33	1200m: 15:04.98	38.59		
12.	Maike van de Velde	ZPCH	200000382	<b>18:55.79</b>	<b>+0,85</b>			
	50m: 31.45	31.45	450m: 5:28.04	37.48	850m: 10:34.01	38.78	1250m: 15:43.80	38.98
	100m: 1:07.32	35.87	500m: 6:05.72	37.68	900m: 11:12.46	38.45	1300m: 16:22.21	38.41
	150m: 1:43.94	36.62	550m: 6:43.37	37.65	950m: 11:51.31	38.85	1350m: 17:00.87	38.66
	200m: 2:20.88	36.94	600m: 7:21.44	38.07	1000m: 12:30.03	38.72	1400m: 17:39.75	38.88
	250m: 2:58.25	37.37	650m: 7:59.86	38.42	1050m: 13:08.91	38.88	1450m: 18:18.50	38.75
	300m: 3:35.54	37.29	700m: 8:38.19	38.33	1100m: 13:47.66	38.75	1500m: 18:55.79	37.29
	350m: 4:13.08	37.54	750m: 9:16.71	38.52	1150m: 14:26.42	38.76		
	400m: 4:50.56	37.48	800m: 9:55.23	38.52	1200m: 15:04.82	38.40		
AFGEM	Carolien Beckers	Zwemsport Parkstad (SG)	200200078					
AFGEM	Noa Oldenhof	De Dolfijn	199700622					