

Programmanr. 32  
22-12-2024 - 17:19

Dames, 400m wisselslag

senioren Open  
Resultaten Finale

Punten: AQUA 2024

rang	naam		vereniging			tijd	RT	FINA	para
<b>Finale A</b>									
1.	Nikita van den Ouden		PSV		199900622	<b>4:48.98</b>	+0,73	719	
	50m: 30.53	30.53	150m: 1:44.17	37.73	250m: 3:02.44	41.28	350m: 4:17.77	33.50	
	100m: 1:06.44	35.91	200m: 2:21.16	36.99	300m: 3:44.27	41.83	400m: 4:48.98	31.21	
2.	Hedwig Bolt		HZ&PC Heerenveen		200602660	<b>4:49.06</b>	+0,77	718	
	50m: 30.75	30.75	150m: 1:44.22	37.97	250m: 3:02.38	41.24	350m: 4:17.60	32.98	
	100m: 1:06.25	35.50	200m: 2:21.14	36.92	300m: 3:44.62	42.24	400m: 4:49.06	31.46	
3.	Djanilla Brink		Team NL - De Dolfijn		200600988	<b>4:49.95</b>	+0,63	712	
	50m: 31.24	31.24	150m: 1:46.73	38.47	250m: 3:03.47	38.18	350m: 4:17.00	34.19	
	100m: 1:08.26	37.02	200m: 2:25.29	38.56	300m: 3:42.81	39.34	400m: 4:49.95	32.95	
4.	Frouke Ludwig		DZ&PC		200800112	<b>4:55.61</b>	+0,63	672	
	50m: 30.56	30.56	150m: 1:42.06	36.68	250m: 3:01.95	43.69	350m: 4:21.01	34.87	
	100m: 1:05.38	34.82	200m: 2:18.26	36.20	300m: 3:46.14	44.19	400m: 4:55.61	34.60	
5.	Rhodie van den Ham		De Duinkickers		200700090	<b>4:58.58</b>	+0,75	652	
	50m: 31.67	31.67	150m: 1:46.84	38.65	250m: 3:07.43	42.37	350m: 4:26.04	34.33	
	100m: 1:08.19	36.52	200m: 2:25.06	38.22	300m: 3:51.71	44.28	400m: 4:58.58	32.54	
6.	Ismay Lichtendonk		Dedemsvaart-AC		200400622	<b>5:04.79</b>	+0,71	613	
	50m: 30.38	30.38	150m: 1:43.92	37.06	250m: 3:05.92	45.18	350m: 4:30.20	37.40	
	100m: 1:06.86	36.48	200m: 2:20.74	36.82	300m: 3:52.80	46.88	400m: 5:04.79	34.59	
7.	Lisa Dreesens		Blue Marlins		199105798	<b>5:05.15</b>	+0,88	611	
	50m: 31.40	31.40	150m: 1:47.62	39.53	250m: 3:10.95	43.64	350m: 4:31.22	35.34	
	100m: 1:08.09	36.69	200m: 2:27.31	39.69	300m: 3:55.88	44.93	400m: 5:05.15	33.93	
DIS	Dachen Haaijer		ZPC Hoogeveen		200800380		RH		
	<i>RH - Het eindpunt niet in rugligging aangerakt.</i>								
<b>Finale B</b>									
9.	Meyke v. Nimwegen		De Schoteijl		200800106	<b>5:08.17</b>	+0,74	593	
	50m: 32.20	32.20	150m: 1:49.49	39.23	250m: 3:11.09	43.29	350m: 4:32.66	36.37	
	100m: 1:10.26	38.06	200m: 2:27.80	38.31	300m: 3:56.29	45.20	400m: 5:08.17	35.51	
10.	Anne Noom		Het Y		199800062	<b>5:10.60</b>	+0,58	579	
	50m: 32.23	32.23	150m: 1:49.81	39.55	250m: 3:12.89	43.86	350m: 4:34.95	36.99	
	100m: 1:10.26	38.03	200m: 2:29.03	39.22	300m: 3:57.96	45.07	400m: 5:10.60	35.65	
11.	Meike van de Ree		HZPC		200402646	<b>5:15.60</b>	+0,78	552	
	50m: 33.30	33.30	150m: 1:52.91	39.44	250m: 3:17.39	45.26	350m: 4:40.56	36.76	
	100m: 1:13.47	40.17	200m: 2:32.13	39.22	300m: 4:03.80	46.41	400m: 5:15.60	35.04	
12.	Noa Ottens		VZC		200702256	<b>5:17.83</b>	+0,74	540	
	50m: 32.44	32.44	150m: 1:53.63	42.07	250m: 3:19.45	45.13	350m: 4:42.50	37.43	
	100m: 1:11.56	39.12	200m: 2:34.32	40.69	300m: 4:05.07	45.62	400m: 5:17.83	35.33	
13.	Myrthe Stelten		Hellas-Glana		200900234	<b>5:18.84</b>	+0,62	535	
	50m: 32.48	32.48	150m: 1:53.44	41.26	250m: 3:17.52	44.23	350m: 4:40.91	39.35	
	100m: 1:12.18	39.70	200m: 2:33.29	39.85	300m: 4:01.56	44.04	400m: 5:18.84	37.93	
14.	Marlies Dijsselhof		Dedemsvaart-AC		200601046	<b>5:22.49</b>	+0,79	517	
	50m: 33.20	33.20	150m: 1:54.87	39.71	250m: 3:18.89	45.02	350m: 4:44.19	39.61	
	100m: 1:15.16	41.96	200m: 2:33.87	39.00	300m: 4:04.58	45.69	400m: 5:22.49	38.30	
NG	Isa Jansen		SBC2000		200701176				
NG	Lotte Blanken		SBC2000		200801476				
NG	Annika Hogenhuis		Zwemlust-den Hommel		200701340				

B = Bonus inschrijving