

Programmanr. 25
21-12-2024 - 12:00

Heren, 400m wisselslag

Senioren Open
Resultaten Voorronde

Punten: AQUA 2024

rang	naam		vereniging			tijd	RT	FINA	para
onder 18									
1.	Nikodim Markovic		Blue Marlins		200700255	4:23.03	+0,67	A	711
	50m:	27.49	27.49	150m:	1:32.83	33.30	250m:	2:43.91	37.45
	100m:	59.53	32.04	200m:	2:06.46	33.63	300m:	3:22.71	38.80
							350m:	3:53.52	30.81
							400m:	4:23.03	29.51
2.	Tiede Groener		PSV		200700155	4:23.52	+0,71	A	707
	50m:	26.99	26.99	150m:	1:32.76	34.07	250m:	2:44.46	38.03
	100m:	58.69	31.70	200m:	2:06.43	33.67	300m:	3:23.09	38.63
							350m:	3:54.44	31.35
							400m:	4:23.52	29.08
3.	Yarno van Dam		ACZ		200800115	4:30.03	+0,65	A	657
	50m:	27.43	27.43	150m:	1:33.17	33.53	250m:	2:46.22	39.29
	100m:	59.64	32.21	200m:	2:06.93	33.76	300m:	3:27.25	41.03
							350m:	3:59.03	31.78
							400m:	4:30.03	31.00
4.	Tieme Wiersma		DZ&PC		200701031	4:31.17	+0,53	A	649
	50m:	29.64	29.64	150m:	1:39.86	35.56	250m:	2:52.39	38.22
	100m:	1:04.30	34.66	200m:	2:14.17	34.31	300m:	3:30.46	38.07
							350m:	4:01.52	31.06
							400m:	4:31.17	29.65
5.	Wytse Broekstra		De Vikings		200800121	4:35.52	+0,76	B	618
	50m:	29.40	29.40	150m:	1:40.31	35.07	250m:	2:52.56	37.40
	100m:	1:05.24	35.84	200m:	2:15.16	34.85	300m:	3:31.34	38.78
							350m:	4:04.28	32.94
							400m:	4:35.52	31.24
6.	Diede Veld		HZ&PC Heerenveen		200800011	4:36.08	+0,60	B	615
	50m:	29.32	29.32	150m:	1:37.65	35.51	250m:	2:52.04	39.83
	100m:	1:02.14	32.82	200m:	2:12.21	34.56	300m:	3:33.05	41.01
							350m:	4:05.03	31.98
							400m:	4:36.08	31.05
7.	Mies de Wit		CWW Swim team (SG)		200700315	4:37.70	+0,64	B	604
	50m:	28.35	28.35	150m:	1:38.68	36.72	250m:	2:53.88	39.17
	100m:	1:01.96	33.61	200m:	2:14.71	36.03	300m:	3:33.31	39.43
							350m:	4:06.38	33.07
							400m:	4:37.70	31.32
8.	Tim van Erven		DZ&PC		200700175	4:46.09	+0,80		552
	50m:	30.81	30.81	150m:	1:43.55	36.60	250m:	3:00.56	42.13
	100m:	1:06.95	36.14	200m:	2:18.43	34.88	300m:	3:43.84	43.28
							350m:	4:15.99	32.15
							400m:	4:46.09	30.10
9.	Lucas Bemer		De Duinkkikers		200700219	4:47.89	+0,69		542
	50m:	28.13	28.13	150m:	1:38.59	37.71	250m:	2:55.81	40.53
	100m:	1:00.88	32.75	200m:	2:15.28	36.69	300m:	3:37.66	41.85
							350m:	4:13.40	35.74
							400m:	4:47.89	34.49
10.	Melle van Veen		Dedemsvaart-AC		200700661	4:48.19	+0,76		540
	50m:	30.22	30.22	150m:	1:45.54	38.08	250m:	3:02.78	39.86
	100m:	1:07.46	37.24	200m:	2:22.92	37.38	300m:	3:43.09	40.31
							350m:	4:16.97	33.88
							400m:	4:48.19	31.22
11.	Gijs Koehoorn		HZ&PC Heerenveen		200800275	4:48.84	+0,53		537
	50m:	28.45	28.45	150m:	1:40.61	36.75	250m:	2:58.81	42.04
	100m:	1:03.86	35.41	200m:	2:16.77	36.16	300m:	3:42.21	43.40
							350m:	4:15.59	33.38
							400m:	4:48.84	33.25
12.	Gijs Hartwijk		ZVL-1886		200800573	4:50.47	+0,57		528
	50m:	30.31	30.31	150m:	1:42.86	37.56	250m:	3:01.31	41.43
	100m:	1:05.30	34.99	200m:	2:19.88	37.02	300m:	3:43.01	41.70
							350m:	4:17.23	34.22
							400m:	4:50.47	33.24
13.	Emiel de Bruijn		Dedemsvaart-AC		200700953	4:50.89	+0,70		525
	50m:	30.16	30.16	150m:	1:46.63	39.26	250m:	3:04.03	39.49
	100m:	1:07.37	37.21	200m:	2:24.54	37.91	300m:	3:44.23	40.20
							350m:	4:18.60	34.37
							400m:	4:50.89	32.29
14.	Liam Tjin Wong Joe		De Dolfijn		200804105	4:53.08	+0,68		514
	50m:	30.84	30.84	150m:	1:44.87	38.87	250m:	3:05.67	42.53
	100m:	1:06.00	35.16	200m:	2:23.14	38.27	300m:	3:48.80	43.13
							350m:	4:21.67	32.87
							400m:	4:53.08	31.41
15.	Jelte de Boer		De Vikings		200700345	4:53.64	+0,61		511
	50m:	29.61	29.61	150m:	1:44.43	39.63	250m:	3:03.13	40.45
	100m:	1:04.80	35.19	200m:	2:22.68	38.25	300m:	3:44.93	41.80
							350m:	4:20.19	35.26
							400m:	4:53.64	33.45
16.	Tim Boerefijn		WVZ		200802815	4:54.00	+0,69		509
	50m:	29.95	29.95	150m:	1:42.82	37.37	250m:	3:04.53	44.08
	100m:	1:05.45	35.50	200m:	2:20.45	37.63	300m:	3:48.79	44.26
							350m:	4:21.75	32.96
							400m:	4:54.00	32.25
17.	Koen de Vries		De Reest		200802379	4:54.62	+0,68		506
	50m:	29.63	29.63	150m:	1:43.21	38.96	250m:	3:03.15	41.62
	100m:	1:04.25	34.62	200m:	2:21.53	38.32	300m:	3:45.88	42.73
							350m:	4:21.16	35.28
							400m:	4:54.62	33.46
18.	Mads van Norden		ZPC AMERSFOORT		200700029	4:56.13	+0,76		498
	50m:	29.95	29.95	150m:	1:45.83	40.51	250m:	3:06.75	43.04
	100m:	1:05.32	35.37	200m:	2:23.71	37.88	300m:	3:49.88	43.13
							350m:	4:25.43	35.55
							400m:	4:56.13	30.70
19.	Jere Wiersma		DZ&PC		200701037	4:56.58	+0,77		496
	50m:	31.21	31.21	150m:	1:46.01	38.34	250m:	3:06.20	43.63
	100m:	1:07.67	36.46	200m:	2:22.57	36.56	300m:	3:50.45	44.25
							350m:	4:24.55	34.10
							400m:	4:56.58	32.03

B = Bonus inschrijving

Programmanr. 25, Jongens, 400m wisselslag, Voorronde, onder 18

rang	naam	vereniging	tijd	RT	FINA	para
20.	Tim Zuurman	Dedemsvaart-AC	4:58.00	+0,80	489	
	50m: 32.63 100m: 1:10.81	150m: 1:48.57 200m: 2:25.16	250m: 3:08.68 300m: 3:52.17	350m: 4:26.01 400m: 4:58.00	33.84 31.99	
21.	Frits Hoeflaken	PSV	4:59.32	+0,66	482	
	50m: 31.14 100m: 1:08.20	150m: 1:47.89 200m: 2:27.29	250m: 3:08.87 300m: 3:51.39	350m: 4:26.78 400m: 4:59.32	35.39 32.54	
22.	Teun van Weeren	OZ&PC	4:59.76	+0,71	480	
	50m: 30.28 100m: 1:05.38	150m: 1:43.76 200m: 2:21.22	250m: 3:05.56 300m: 3:50.30	350m: 4:25.59 400m: 4:59.76	35.29 34.17	
23.	Jort Siebelt	OZ&PC	5:00.33	+0,73	477	
	50m: 30.83 100m: 1:07.16	150m: 1:45.53 200m: 2:23.79	250m: 3:06.66 300m: 3:50.90	350m: 4:26.44 400m: 5:00.33	35.54 33.89	
24.	Felix Gepkens	VZC	5:01.14	+0,74	474	
	50m: 29.79 100m: 1:04.70	150m: 1:41.47 200m: 2:18.42	250m: 3:04.29 300m: 3:51.33	350m: 4:27.22 400m: 5:01.14	35.89 33.92	
25.	Bjorn Scholten	OZ&PC	5:05.77	+0,75	452	
	50m: 30.82 100m: 1:06.16	150m: 1:44.65 200m: 2:22.98	250m: 3:10.18 300m: 3:58.06	350m: 4:31.40 400m: 5:05.77	33.34 34.37	
26.	Sebastian Lopes Cardozo	WZK Zwemmen	5:06.08	+0,71	451	
	50m: 30.29 100m: 1:06.59	150m: 1:45.28 200m: 2:23.51	250m: 3:09.36 300m: 3:56.53	350m: 4:32.16 400m: 5:06.08	35.63 33.92	
27.	Twan Hoogervorst	De Columbiaan	5:06.23	+0,69	450	
	50m: 31.72 100m: 1:11.13	150m: 1:50.41 200m: 2:28.75	250m: 3:12.61 300m: 3:57.21	350m: 4:32.74 400m: 5:06.23	35.53 33.49	
28.	Sem Belmon	PSV	5:09.52	+0,73	436	
	50m: 31.83 100m: 1:09.24	150m: 1:49.63 200m: 2:29.35	250m: 3:12.70 300m: 3:56.95	350m: 4:33.21 400m: 5:09.52	36.26 36.31	
DIS	Pelle Schrieken	VZC	200801595	AA		
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>					
AFGEM	Rens Noordover	Team Noord Holland (SG)	200800237			
AFGEM	Xiaoyu Yin	Blue Marlins	200803363			
AFGEM	Denzel Barthen	WVZ	200700147			
NG	Tijn Hilders	De Dolfijn	200700027			
NG	Lou van Leeuwen	De Dolfijn	200702779			
NG	Rijk Leenders	VZC	200800627			

onder 20

1.	Yanieck Weijland	Team NL - PSV	4:19.57	+0,69	A	740
	50m: 26.98 100m: 58.33	150m: 1:32.72 200m: 2:07.63	250m: 2:42.79 300m: 3:19.00	350m: 3:49.47 400m: 4:19.57	30.47 30.10	
2.	Youri Voet	ZPC AMERSFOORT	4:29.16	+0,64	A	663
	50m: 28.46 100m: 1:01.24	150m: 1:36.11 200m: 2:09.02	250m: 2:47.58 300m: 3:26.49	350m: 3:58.88 400m: 4:29.16	32.39 30.28	
3.	Olivier Wilbers	ZPC Hoogeveen	4:34.42	+0,76	B	626
	50m: 29.70 100m: 1:03.27	150m: 1:37.49 200m: 2:11.62	250m: 2:51.73 300m: 3:32.50	350m: 4:03.69 400m: 4:34.42	31.19 30.73	
4.	Storm Tolsma	DZ&PC	4:39.87	+0,75	B	590
	50m: 28.93 100m: 1:03.37	150m: 1:40.54 200m: 2:16.94	250m: 2:55.78 300m: 3:35.73	350m: 4:08.55 400m: 4:39.87	32.82 31.32	
5.	Lucas van Rooij	PSV	4:43.46	+0,64	R	568
	50m: 29.69 100m: 1:03.64	150m: 1:42.48 200m: 2:20.05	250m: 3:01.20 300m: 3:42.44	350m: 4:13.35 400m: 4:43.46	30.91 30.11	
6.	Niek Vreeling	OZ&PC	4:45.57	+0,71		555
	50m: 28.67 100m: 1:04.36	150m: 1:40.63 200m: 2:16.82	250m: 2:57.03 300m: 3:39.19	350m: 4:13.79 400m: 4:45.57	34.60 31.78	
7.	Jesse van der Meij	De Dolfijn	4:46.01	+0,78		553
	50m: 30.31 100m: 1:05.61	150m: 1:43.99 200m: 2:21.24	250m: 3:00.80 300m: 3:40.77	350m: 4:14.17 400m: 4:46.01	33.40 31.84	
8.	Ruben de Vries	Hellas-Glana	4:46.64	+0,61		549
	50m: 29.75 100m: 1:05.20	150m: 1:44.51 200m: 2:22.78	250m: 3:01.12 300m: 3:40.68	350m: 4:14.47 400m: 4:46.64	33.79 32.17	

B = Bonus inschrijving

Programmanr. 25, Heren, 400m wisselslag, Voorronde, onder 20

rang	naam	vereniging	tijd	RT	FINA	para
9.	Laurens Kalle	De Schoteijl	4:56.23	+0,78	498	
	50m: 29.94	150m: 1:44.78	350m: 3:06.09	43.29	34.27	
	100m: 1:05.57	200m: 2:22.80	300m: 3:49.55	43.46	32.41	
10.	Thijs Berkhout	DWK	4:56.50	+0,71	496	
	50m: 28.76	150m: 1:42.92	350m: 3:03.60	41.54	35.85	
	100m: 1:03.09	200m: 2:22.06	300m: 3:46.10	42.50	34.55	
AFGEM	Sven Klink	SWOL 1894	200500349			
AFGEM	Bas Blanker	ACZ	200601497			
NG	Lasse Schrieken	VZC	200503145			

senioren Open

1.	Yanieck Weijland	Team NL - PSV	4:19.57	+0,69	A	740
	50m: 26.98	150m: 1:32.72	350m: 3:49.47	35.16	30.47	
	100m: 58.33	200m: 2:07.63	400m: 4:19.57	36.21	30.10	
2.	Nikodim Markovic	Blue Marlins	4:23.03	+0,67	A	711
	50m: 27.49	150m: 1:32.83	350m: 3:53.52	37.45	30.81	
	100m: 59.53	200m: 2:06.46	400m: 4:23.03	38.80	29.51	
3.	Tiede Groener	PSV	4:23.52	+0,71	A	707
	50m: 26.99	150m: 1:32.76	350m: 3:54.44	38.03	31.35	
	100m: 58.69	200m: 2:06.43	400m: 4:23.52	38.63	29.08	
4.	Wouter Zijlstra	HZ&PC Heerenveen	4:26.31	+0,61	A	685
	50m: 27.73	150m: 1:35.40	350m: 3:55.82	37.41	30.23	
	100m: 1:00.53	200m: 2:09.96	400m: 4:26.31	38.22	30.49	
5.	Youri Voet	ZPC AMERSFOORT	4:29.16	+0,64	A	663
	50m: 28.46	150m: 1:36.11	350m: 3:58.88	38.56	32.39	
	100m: 1:01.24	200m: 2:09.02	400m: 4:29.16	38.91	30.28	
6.	Yarno van Dam	ACZ	4:30.03	+0,65	A	657
	50m: 27.43	150m: 1:33.17	350m: 3:59.03	39.29	31.78	
	100m: 59.64	200m: 2:06.93	400m: 4:30.03	41.03	31.00	
7.	Tieme Wiersma	DZ&PC	4:31.17	+0,53	A	649
	50m: 29.64	150m: 1:39.86	350m: 4:01.52	38.22	31.06	
	100m: 1:04.30	200m: 2:14.17	400m: 4:31.17	38.07	29.65	
8.	Abel te Riele	WVZ	4:32.59	+0,73	A	639
	50m: 27.58	150m: 1:35.45	350m: 4:00.12	38.04	33.19	
	100m: 1:00.32	200m: 2:10.11	400m: 4:32.59	38.78	32.47	
9.	Olivier Wilbers	ZPC Hoogeveen	4:34.42	+0,76	B	626
	50m: 29.70	150m: 1:37.49	350m: 4:03.69	40.11	31.19	
	100m: 1:03.27	200m: 2:11.62	400m: 4:34.42	40.77	30.73	
10.	Nicko Kamphuis	De Warande	4:34.43	+0,61	B	626
	50m: 28.80	150m: 1:38.56	350m: 4:04.29	38.81	32.21	
	100m: 1:03.11	200m: 2:14.14	400m: 4:34.43	39.13	30.14	
11.	Ronis van Everdingen	DWK	4:35.28	+0,76	B	620
	50m: 27.34	150m: 1:35.93	350m: 4:03.21	39.72	32.82	
	100m: 59.77	200m: 2:10.55	400m: 4:35.28	40.12	32.07	
12.	Wytse Broekstra	De Vikings	4:35.52	+0,76	B	618
	50m: 29.40	150m: 1:40.31	350m: 4:04.28	37.40	32.94	
	100m: 1:05.24	200m: 2:15.16	400m: 4:35.52	38.78	31.24	
13.	Diede Veld	HZ&PC Heerenveen	4:36.08	+0,60	B	615
	50m: 29.32	150m: 1:37.65	350m: 4:05.03	39.83	31.98	
	100m: 1:02.14	200m: 2:12.21	400m: 4:36.08	41.01	31.05	
14.	Mies de Wit	CWW Swim team (SG)	4:37.70	+0,64	B	604
	50m: 28.35	150m: 1:38.68	350m: 4:06.38	39.17	33.07	
	100m: 1:01.96	200m: 2:14.71	400m: 4:37.70	39.43	31.32	
15.	Storm Tolsma	DZ&PC	4:39.87	+0,75	B	590
	50m: 28.93	150m: 1:40.54	350m: 4:08.55	38.84	32.82	
	100m: 1:03.37	200m: 2:16.94	400m: 4:39.87	39.95	31.32	
16.	Darren Chen	ZPC AMERSFOORT	4:40.69	+0,66	B	585
	50m: 29.37	150m: 1:40.74	350m: 4:10.19	40.25	32.29	
	100m: 1:03.11	200m: 2:17.03	400m: 4:40.69	40.62	30.50	
17.	Lucas van Rooij	PSV	4:43.46	+0,64	R	568
	50m: 29.69	150m: 1:42.48	350m: 4:13.35	41.15	30.91	
	100m: 1:03.64	200m: 2:20.05	400m: 4:43.46	41.24	30.11	

B = Bonus inschrijving

Programmanr. 25, Heren, 400m wisselslag, Voorronde, senioren Open

rang	naam		vereniging				tijd	RT	FINA	para	
18.	Rick Offringa		DZ&PC			200300979	4:44.85	+0,76	R	560	
	50m:	29.45	150m:	1:42.17	37.57	250m:	2:57.00	37.51	350m:	4:11.10	35.45
	100m:	1:04.60	200m:	2:19.49	37.32	300m:	3:35.65	38.65	400m:	4:44.85	33.75
19.	Niek Vreeling		OZ&PC			200604211	4:45.57	+0,71		555	
	50m:	28.67	150m:	1:40.63	36.27	250m:	2:57.03	40.21	350m:	4:13.79	34.60
	100m:	1:04.36	200m:	2:16.82	36.19	300m:	3:39.19	42.16	400m:	4:45.57	31.78
20.	Jelte de Jong		ZPCH			200900975	4:45.87	+0,69		554	
	50m:	29.74	150m:	1:39.96	35.67	250m:	2:57.02	41.63	350m:	4:12.92	33.48
	100m:	1:04.29	200m:	2:15.39	35.43	300m:	3:39.44	42.42	400m:	4:45.87	32.95
21.	Jesse van der Meij		De Dolfijn			200600841	4:46.01	+0,78		553	
	50m:	30.31	150m:	1:43.99	38.38	250m:	3:00.80	39.56	350m:	4:14.17	33.40
	100m:	1:05.61	200m:	2:21.24	37.25	300m:	3:40.77	39.97	400m:	4:46.01	31.84
22.	Tim van Erven		DZ&PC			200700175	4:46.09	+0,80		552	
	50m:	30.81	150m:	1:43.55	36.60	250m:	3:00.56	42.13	350m:	4:15.99	32.15
	100m:	1:06.95	200m:	2:18.43	34.88	300m:	3:43.84	43.28	400m:	4:46.09	30.10
23.	Stefan van der Meer		VZC			200901361	4:46.11	+0,62		552	
	50m:	29.55	150m:	1:41.59	36.86	250m:	2:57.79	40.24	350m:	4:13.93	34.29
	100m:	1:04.73	200m:	2:17.55	35.96	300m:	3:39.64	41.85	400m:	4:46.11	32.18
24.	Ruben de Vries		Hellas-Glana			200600497	4:46.64	+0,61		549	
	50m:	29.75	150m:	1:44.51	39.31	250m:	3:01.12	38.34	350m:	4:14.47	33.79
	100m:	1:05.20	200m:	2:22.78	38.27	300m:	3:40.68	39.56	400m:	4:46.64	32.17
25.	Kevin Lucas		De Dinkel			200300545	4:46.84	+0,75		548	
	50m:	29.15	150m:	1:42.96	38.68	250m:	2:59.88	39.14	350m:	4:14.06	34.47
	100m:	1:04.28	200m:	2:20.74	37.78	300m:	3:39.59	39.71	400m:	4:46.84	32.78
26.	Guus Hoogduin		ZVL-1886			200201069	4:47.55	+0,72		544	
	50m:	29.57	150m:	1:40.33	37.12	250m:	2:57.75	41.23	350m:	4:14.98	35.54
	100m:	1:03.21	200m:	2:16.52	36.19	300m:	3:39.44	41.69	400m:	4:47.55	32.57
27.	Lucas Bemer		De Duinkkikers			200700219	4:47.89	+0,69		542	
	50m:	28.13	150m:	1:38.59	37.71	250m:	2:55.81	40.53	350m:	4:13.40	35.74
	100m:	1:00.88	200m:	2:15.28	36.69	300m:	3:37.66	41.85	400m:	4:47.89	34.49
28.	Melle van Veen		Dedemsvaart-AC			200700661	4:48.19	+0,76		540	
	50m:	30.22	150m:	1:45.54	38.08	250m:	3:02.78	39.86	350m:	4:16.97	33.88
	100m:	1:07.46	200m:	2:22.92	37.38	300m:	3:43.09	40.31	400m:	4:48.19	31.22
29.	Luuk Ruinemans		De Dinkel			200301085	4:48.72	+0,74		537	
	50m:	28.67	150m:	1:40.42	37.17	250m:	2:59.35	42.24	350m:	4:16.65	34.23
	100m:	1:03.25	200m:	2:17.11	36.69	300m:	3:42.42	43.07	400m:	4:48.72	32.07
30.	Gijs Koehoorn		HZ&PC Heerenveen			200800275	4:48.84	+0,53		537	
	50m:	28.45	150m:	1:40.61	36.75	250m:	2:58.81	42.04	350m:	4:15.59	33.38
	100m:	1:03.86	200m:	2:16.77	36.16	300m:	3:42.21	43.40	400m:	4:48.84	33.25
31.	Gijs Hartwijk		ZVL-1886			200800573	4:50.47	+0,57		528	
	50m:	30.31	150m:	1:42.86	37.56	250m:	3:01.31	41.43	350m:	4:17.23	34.22
	100m:	1:05.30	200m:	2:19.88	37.02	300m:	3:43.01	41.70	400m:	4:50.47	33.24
32.	Emiel de Bruijn		Dedemsvaart-AC			200700953	4:50.89	+0,70		525	
	50m:	30.16	150m:	1:46.63	39.26	250m:	3:04.03	39.49	350m:	4:18.60	34.37
	100m:	1:07.37	200m:	2:24.54	37.91	300m:	3:44.23	40.20	400m:	4:50.89	32.29
33.	Luc Mul		DAW			200201025	4:52.39	+0,70		517	
	50m:	29.68	150m:	1:41.14	37.39	250m:	3:00.77	42.76	350m:	4:18.84	35.03
	100m:	1:03.75	200m:	2:18.01	36.87	300m:	3:43.81	43.04	400m:	4:52.39	33.55
34.	Liam Tjin Wong Joe		De Dolfijn			200804105	4:53.08	+0,68		514	
	50m:	30.84	150m:	1:44.87	38.87	250m:	3:05.67	42.53	350m:	4:21.67	32.87
	100m:	1:06.00	200m:	2:23.14	38.27	300m:	3:48.80	43.13	400m:	4:53.08	31.41
35.	Jelte de Boer		De Vikings			200700345	4:53.64	+0,61		511	
	50m:	29.61	150m:	1:44.43	39.63	250m:	3:03.13	40.45	350m:	4:20.19	35.26
	100m:	1:04.80	200m:	2:22.68	38.25	300m:	3:44.93	41.80	400m:	4:53.64	33.45
36.	Tim Boerefijn		WVZ			200802815	4:54.00	+0,69		509	
	50m:	29.95	150m:	1:42.82	37.37	250m:	3:04.53	44.08	350m:	4:21.75	32.96
	100m:	1:05.45	200m:	2:20.45	37.63	300m:	3:48.79	44.26	400m:	4:54.00	32.25
37.	Koen de Vries		De Reest			200802379	4:54.62	+0,68		506	
	50m:	29.63	150m:	1:43.21	38.96	250m:	3:03.15	41.62	350m:	4:21.16	35.28
	100m:	1:04.25	200m:	2:21.53	38.32	300m:	3:45.88	42.73	400m:	4:54.62	33.46
38.	Mick van Kempen		CWW Swim team (SG)			200203375	4:55.52	+0,80		501	
	50m:	29.34	150m:	1:46.11	41.33	250m:	3:05.81	40.49	350m:	4:22.72	34.66
	100m:	1:04.78	200m:	2:25.32	39.21	300m:	3:48.06	42.25	400m:	4:55.52	32.80

B = Bonus inschrijving

Programmanr. 25, Heren, 400m wisselslag, Voorronde, senioren Open

rang	naam	vereniging	tijd	RT	FINA	para		
39.	Mads van Norden	ZPC AMERSFOORT	200700029	4:56.13	+0,76	498		
	50m: 29.95	29.95	150m: 1:45.83	40.51	250m: 3:06.75	43.04	350m: 4:25.43	35.55
	100m: 1:05.32	35.37	200m: 2:23.71	37.88	300m: 3:49.88	43.13	400m: 4:56.13	30.70
40.	Laurens Kalle	De Schoteijl	200600161	4:56.23	+0,78	498		
	50m: 29.94	29.94	150m: 1:44.78	39.21	250m: 3:06.09	43.29	350m: 4:23.82	34.27
	100m: 1:05.57	35.63	200m: 2:22.80	38.02	300m: 3:49.55	43.46	400m: 4:56.23	32.41
41.	Thijs Berkhout	DWK	200500035	4:56.50	+0,71	496		
	50m: 28.76	28.76	150m: 1:42.92	39.83	250m: 3:03.60	41.54	350m: 4:21.95	35.85
	100m: 1:03.09	34.33	200m: 2:22.06	39.14	300m: 3:46.10	42.50	400m: 4:56.50	34.55
42.	Jere Wiersma	DZ&PC	200701037	4:56.58	+0,77	496		
	50m: 31.21	31.21	150m: 1:46.01	38.34	250m: 3:06.20	43.63	350m: 4:24.55	34.10
	100m: 1:07.67	36.46	200m: 2:22.57	36.56	300m: 3:50.45	44.25	400m: 4:56.58	32.03
43.	Max van der Spank	PSV	201000275	4:57.34	+0,55	492		
	50m: 31.36	31.36	150m: 1:47.68	39.47	250m: 3:07.21	41.36	350m: 4:24.20	34.30
	100m: 1:08.21	36.85	200m: 2:25.85	38.17	300m: 3:49.90	42.69	400m: 4:57.34	33.14
44.	Tim Zuurman	Dedemsvaart-AC	200700131	4:58.00	+0,80	489		
	50m: 32.63	32.63	150m: 1:48.57	37.76	250m: 3:08.68	43.52	350m: 4:26.01	33.84
	100m: 1:10.81	38.18	200m: 2:25.16	36.59	300m: 3:52.17	43.49	400m: 4:58.00	31.99
45.	Frits Hoeflaken	PSV	200804101	4:59.32	+0,66	482		
	50m: 31.14	31.14	150m: 1:47.89	39.69	250m: 3:08.87	41.58	350m: 4:26.78	35.39
	100m: 1:08.20	37.06	200m: 2:27.29	39.40	300m: 3:51.39	42.52	400m: 4:59.32	32.54
46.	Teun van Weeren	OZ&PC	200801145	4:59.76	+0,71	480		
	50m: 30.28	30.28	150m: 1:43.76	38.38	250m: 3:05.56	44.34	350m: 4:25.59	35.29
	100m: 1:05.38	35.10	200m: 2:21.22	37.46	300m: 3:50.30	44.74	400m: 4:59.76	34.17
47.	Jort Siebelt	OZ&PC	200700083	5:00.33	+0,73	477		
	50m: 30.83	30.83	150m: 1:45.53	38.37	250m: 3:06.66	42.87	350m: 4:26.44	35.54
	100m: 1:07.16	36.33	200m: 2:23.79	38.26	300m: 3:50.90	44.24	400m: 5:00.33	33.89
48.	Felix Gepkens	VZC	200800631	5:01.14	+0,74	474		
	50m: 29.79	29.79	150m: 1:41.47	36.77	250m: 3:04.29	45.87	350m: 4:27.22	35.89
	100m: 1:04.70	34.91	200m: 2:18.42	36.95	300m: 3:51.33	47.04	400m: 5:01.14	33.92
49.	Rogier Dorsman <i>Wereld Record PARA</i>	TeamNL PARA - ZZ&PC De Devel	199900211	5:05.34	+0,66	454		
	50m: 31.02	31.02	150m: 1:49.36	40.28	250m: 3:09.59	39.53	350m: 4:28.24	37.49
	100m: 1:09.08	38.06	200m: 2:30.06	40.70	300m: 3:50.75	41.16	400m: 5:05.34	37.10
50.	Bjorn Scholten	OZ&PC	200801143	5:05.77	+0,75	452		
	50m: 30.82	30.82	150m: 1:44.65	38.49	250m: 3:10.18	47.20	350m: 4:31.40	33.34
	100m: 1:06.16	35.34	200m: 2:22.98	38.33	300m: 3:58.06	47.88	400m: 5:05.77	34.37
51.	Sebastian Lopes Cardozo	WZK Zwemmen	200800187	5:06.08	+0,71	451		
	50m: 30.29	30.29	150m: 1:45.28	38.69	250m: 3:09.36	45.85	350m: 4:32.16	35.63
	100m: 1:06.59	36.30	200m: 2:23.51	38.23	300m: 3:56.53	47.17	400m: 5:06.08	33.92
52.	Twan Hoogervorst	De Columbiaan	200700741	5:06.23	+0,69	450		
	50m: 31.72	31.72	150m: 1:50.41	39.28	250m: 3:12.61	43.86	350m: 4:32.74	35.53
	100m: 1:11.13	39.41	200m: 2:28.75	38.34	300m: 3:57.21	44.60	400m: 5:06.23	33.49
53.	Sem Belmon	PSV	200702099	5:09.52	+0,73	436		
	50m: 31.83	31.83	150m: 1:49.63	40.39	250m: 3:12.70	43.35	350m: 4:33.21	36.26
	100m: 1:09.24	37.41	200m: 2:29.35	39.72	300m: 3:56.95	44.25	400m: 5:09.52	36.31
DIS	Jeffrey Camphens <i>- Niet tijdig gemeld in de voorstart</i>	Team Noord Holland (SG)	199503113					
DIS	Pelle Schrieken <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>	VZC	200801595		AA			
AFGEM	Sven Klink	SWOL 1894	200500349					
AFGEM	Rens Noordover	Team Noord Holland (SG)	200800237					
AFGEM	XiaoYu Yin	Blue Marlins	200803363					
AFGEM	Bas Blanker	ACZ	200601497					
AFGEM	Denzel Barthen	WVZ	200700147					
NG	Tijn Hilders	De Dolfijn	200700027					
NG	Lou van Leeuwen	De Dolfijn	200702779					
NG	Rijk Leenders	VZC	200800627					
NG	Lasse Schrieken	VZC	200503145					

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