

Programmanr. 31  
17-12-2023 - 17:07

Heren, 400m vrije slag

Senioren Open  
Resultaten Finale

Punten: FINA 2023

rang	naam		vereniging				tijd	RT	FINA	para	
Finale A											
1.	Bart Sommeling		De Dolfijn		199800765		<b>3:46.36</b>	+0,76	824		
	50m:	25.76	150m:	1:23.34	28.96	250m:	2:20.66	28.55	350m:	3:18.06	28.65
	100m:	54.38	200m:	1:52.11	28.77	300m:	2:49.41	28.75	400m:	3:46.36	28.30
2.	Merlin Belmon		TeamNL - PSV		200403191		<b>3:49.09</b>	+0,73	795		
	50m:	26.07	150m:	1:23.99	29.14	250m:	2:22.18	29.18	350m:	3:20.83	29.13
	100m:	54.85	200m:	1:53.00	29.01	300m:	2:51.70	29.52	400m:	3:49.09	28.26
3.	Tiago Fonseca Gomes		PSV		200703587		<b>3:50.41</b>	+0,66	781		
	50m:	26.21	150m:	1:24.47	29.42	250m:	2:23.40	29.26	350m:	3:22.19	29.38
	100m:	55.05	200m:	1:54.14	29.67	300m:	2:52.81	29.41	400m:	3:50.41	28.22
4.	Efe öngören		Blue Marlins		200504459		<b>3:50.63</b>	+0,65	779		
	50m:	26.15	150m:	1:24.39	29.26	250m:	2:23.00	29.31	350m:	3:22.43	29.77
	100m:	55.13	200m:	1:53.69	29.30	300m:	2:52.66	29.66	400m:	3:50.63	28.20
5.	Émile Fouzaï		Blue Marlins		200500263		<b>3:50.97</b>	+0,68	776		
	50m:	26.25	150m:	1:24.54	29.35	250m:	2:23.92	29.65	350m:	3:27.06	29.64
	100m:	55.19	200m:	1:54.27	29.73	300m:	2:53.42	29.50	400m:	3:50.97	27.91
6.	Koen Marsman		ZPC AMERSFOORT		200502763		<b>3:52.71</b>	+0,65	758		
	50m:	25.77	150m:	1:23.72	29.26	250m:	2:23.75	30.15	350m:	3:24.17	30.20
	100m:	54.46	200m:	1:53.60	29.88	300m:	2:53.97	30.22	400m:	3:52.71	28.54
7.	Bram Loots		Team Noord-Holland (SG)		200700197		<b>3:57.27</b>	+0,64	715		
	50m:	26.35	150m:	1:25.70	30.10	250m:	2:26.63	30.50	350m:	3:27.91	30.43
	100m:	55.60	200m:	1:56.13	30.43	300m:	2:57.48	30.85	400m:	3:57.27	29.36
8.	Wouter Zijlstra		HZ&PC Heerenveen		200401545		<b>4:01.71</b>	+0,64	677		
	50m:	26.86	150m:	1:27.04	30.67	250m:	2:29.04	31.07	350m:	3:31.03	30.83
	100m:	56.37	200m:	1:57.97	30.93	300m:	3:00.20	31.16	400m:	4:01.71	30.68
Finale B											
9.	Sven Klink		SWOL 1894		200500349		<b>3:58.01</b>	+0,76	709		
	50m:	27.35	150m:	1:27.00	30.19	250m:	2:27.48	30.48	350m:	3:28.57	30.55
	100m:	56.81	200m:	1:57.00	30.00	300m:	2:58.02	30.54	400m:	3:58.01	29.44
10.	Tieme Wiersma		DZ&PC		200701031		<b>4:01.40</b>	+0,70	679		
	50m:	27.40	150m:	1:27.21	30.36	250m:	2:28.94	31.04	350m:	3:31.07	31.11
	100m:	56.85	200m:	1:57.90	30.69	300m:	2:59.96	31.02	400m:	4:01.40	30.33
11.	Lucas van Rooij		PSV		200603943		<b>4:01.47</b>	+0,69	679		
	50m:	27.31	150m:	1:27.72	30.75	250m:	2:30.24	30.83	350m:	3:32.37	30.84
	100m:	56.97	200m:	1:59.41	31.69	300m:	3:01.53	31.29	400m:	4:01.47	29.10
12.	Joris Janssen		Aqua-Novio'94		200301311		<b>4:01.57</b>	+0,74	678		
	50m:	27.02	150m:	1:27.19	30.46	250m:	2:29.09	31.24	350m:	3:31.92	31.47
	100m:	56.73	200m:	1:57.85	30.66	300m:	3:00.45	31.36	400m:	4:01.57	29.65
13.	Borys Rudman		Blue Marlins		200504479		<b>4:01.77</b>	+0,70	676		
	50m:	26.70	150m:	1:27.14	30.64	250m:	2:29.35	30.99	350m:	3:31.71	31.18
	100m:	56.50	200m:	1:58.36	31.22	300m:	3:00.53	31.18	400m:	4:01.77	30.06
14.	Rens Stijf		ZPC AMERSFOORT		200501419		<b>4:04.82</b>	+0,65	651		
	50m:	27.39	150m:	1:28.22	30.81	250m:	2:30.83	31.20	350m:	3:34.03	31.81
	100m:	57.41	200m:	1:59.63	31.41	300m:	3:02.22	31.39	400m:	4:04.82	30.79
15.	Abel te Riele		WVZ		200402317		<b>4:05.83</b>	+0,68	643		
	50m:	26.77	150m:	1:26.43	30.09	250m:	2:28.40	31.27	350m:	3:33.34	32.89
	100m:	56.34	200m:	1:57.13	30.70	300m:	3:00.45	32.05	400m:	4:05.83	32.49
16.	Yahro Piqué		Blue Marlins		200604435		<b>4:08.33</b>	+0,68	624		
	50m:	28.52	150m:	1:29.97	30.89	250m:	2:32.73	31.30	350m:	3:36.55	32.17
	100m:	59.08	200m:	2:01.43	31.46	300m:	3:04.38	31.65	400m:	4:08.33	31.78

B = Bonus inschrijving