

Programmanr. 25
16-12-2023 - 12:07

Heren, 400m wisselslag

Senioren Open
Resultaten Voorrunde

Punten: FINA 2023

rang	naam	vereniging	tijd	RT	FINA	para
PARA Open						
1.	Bas Takken <i>Wereld Record PARA</i>	TeamNL PARA - De Dolfijn	199901643 SM10	4:41.70	+0,72	B 579
	50m: 29.66 100m: 1:06.81	29.66 37.15	150m: 1:42.39 200m: 2:17.04	35.58 34.65	250m: 2:58.07 300m: 3:41.17	41.03 43.10
					350m: 4:12.45 400m: 4:41.70	31.28 29.25
Jeugd 1 en 2						
1.	Tiede Groener	De Dinkel	200700155	4:28.58	+0,72	A 668
	50m: 27.95 100m: 1:00.88	27.95 32.93	150m: 1:36.20 200m: 2:10.55	35.32 34.35	250m: 2:47.87 300m: 3:26.91	37.32 39.04
					350m: 3:58.86 400m: 4:28.58	31.95 29.72
2.	Tieme Wiersma	DZ&PC	200701031	4:31.05	+0,70	A 650
	50m: 29.75 100m: 1:04.77	29.75 35.02	150m: 1:39.06 200m: 2:11.89	34.29 32.83	250m: 2:50.58 300m: 3:30.76	38.69 40.18
					350m: 4:01.84 400m: 4:31.05	31.08 29.21
3.	Olivier Wilbers	ZPC Hoogeveen	200600181	4:36.47	+0,77	B 612
	50m: 30.46 100m: 1:04.99	30.46 34.53	150m: 1:39.40 200m: 2:14.02	34.41 34.62	250m: 2:55.26 300m: 3:36.45	41.24 41.19
					350m: 4:06.85 400m: 4:36.47	30.40 29.62
4.	Lars Bulman	Blue Marlins	200600125	4:40.26	+0,65	B 588
	50m: 29.01 100m: 1:02.39	29.01 33.38	150m: 1:38.49 200m: 2:14.94	36.10 36.45	250m: 2:55.09 300m: 3:34.45	40.15 39.36
					350m: 4:07.83 400m: 4:40.26	33.38 32.43
5.	Mies de Wit	CWW Swim team (SG)	200700315	4:40.76	+0,69	B 584
	50m: 29.49 100m: 1:04.35	29.49 34.86	150m: 1:41.91 200m: 2:18.97	37.56 37.06	250m: 2:57.55 300m: 3:36.93	38.58 39.38
					350m: 4:09.57 400m: 4:40.76	32.64 31.19
6.	Lucas van Rooij	PSV	200603943	4:41.88	+0,68	B 578
	50m: 28.96 100m: 1:02.70	28.96 33.74	150m: 1:40.68 200m: 2:17.29	37.98 36.61	250m: 2:59.01 300m: 3:40.59	41.72 41.58
					350m: 4:11.77 400m: 4:41.88	31.18 30.11
7.	Storm Boxum	DZ&PC	200700421	4:42.17	+0,77	R 576
	50m: 30.23 100m: 1:06.56	30.23 36.33	150m: 1:45.55 200m: 2:22.83	38.99 37.28	250m: 2:59.19 300m: 3:37.53	36.36 38.34
					350m: 4:10.15 400m: 4:42.17	32.62 32.02
8.	Imme Bousema	Blue Marlins	200601873	4:42.43	+0,66	574
	50m: 30.06 100m: 1:05.50	30.06 35.44	150m: 1:43.94 200m: 2:21.59	38.44 37.65	250m: 3:00.46 300m: 3:38.89	38.87 38.43
					350m: 4:11.91 400m: 4:42.43	33.02 30.52
9.	Denzel Barthen	WVZ	200700147	4:43.41	+0,76	568
	50m: 29.88 100m: 1:04.83	29.88 34.95	150m: 1:42.10 200m: 2:18.98	37.27 36.88	250m: 2:58.46 300m: 3:40.18	39.48 41.72
					350m: 4:13.46 400m: 4:43.41	33.28 29.95
10.	Boele Böhm	Blue Marlins	200700739	4:47.25	+0,72	546
	50m: 30.41 100m: 1:05.71	30.41 35.30	150m: 1:43.29 200m: 2:19.51	37.58 36.22	250m: 3:00.73 300m: 3:42.76	41.22 42.03
					350m: 4:16.08 400m: 4:47.25	33.32 31.17
11.	Feico de Jonge	Team Noord-Holland (SG)	200600047	4:49.95	+0,68	531
	50m: 29.11 100m: 1:03.80	29.11 34.69	150m: 1:40.10 200m: 2:15.98	36.30 35.88	250m: 2:58.10 300m: 3:41.98	42.12 43.88
					350m: 4:16.64 400m: 4:49.95	34.66 33.31
12.	Ties Berghs	ZEPS	200700709	4:51.09	+0,70	524
	50m: 28.93 100m: 1:03.65	28.93 34.72	150m: 1:42.40 200m: 2:20.46	38.75 38.06	250m: 3:03.00 300m: 3:45.71	42.54 42.71
					350m: 4:19.25 400m: 4:51.09	33.54 31.84
13.	Laurens Kalle	De Schotelij	200600161	4:52.27	+0,73	518
	50m: 28.86 100m: 1:03.98	28.86 35.12	150m: 1:42.01 200m: 2:19.15	38.03 37.14	250m: 3:02.77 300m: 3:46.67	43.62 43.90
					350m: 4:21.51 400m: 4:52.27	34.84 30.76
14.	Ruben de Vries	Hellas-Glana	200600497	4:53.17	+0,69	513
	50m: 30.53 100m: 1:07.41	30.53 36.88	150m: 1:49.24 200m: 2:29.30	41.83 40.06	250m: 3:08.01 300m: 3:48.46	38.71 40.45
					350m: 4:21.95 400m: 4:53.17	33.49 31.22
15.	Tim van Erven	DZ&PC	200700175	4:53.68	+0,75	511
	50m: 31.63 100m: 1:08.65	31.63 37.02	150m: 1:47.06 200m: 2:24.38	38.41 37.32	250m: 3:07.93 300m: 3:52.32	43.55 44.39
					350m: 4:24.54 400m: 4:53.68	32.22 29.14
16.	Collard Jungeling	ZV 44	200701831	4:53.70	+0,72	511
	50m: 30.36 100m: 1:07.08	30.36 36.72	150m: 1:46.36 200m: 2:24.55	39.28 38.19	250m: 3:06.28 300m: 3:48.54	41.73 42.26
					350m: 4:21.49 400m: 4:53.70	32.95 32.21
17.	Jere Wiersma	DZ&PC	200701037	4:54.17	+0,74	508
	50m: 30.92 100m: 1:07.80	30.92 36.88	150m: 1:45.93 200m: 2:22.28	38.13 36.35	250m: 3:04.58 300m: 3:46.85	42.30 42.27
					350m: 4:21.05 400m: 4:54.17	34.20 33.12

B = Bonus inschrijving

Programmanr. 25, Jongens, 400m wisselslag, Voorronde, Jeugd 1 en 2

rang	naam	vereniging	tijd	RT	FINA	para
18.	Tim Zuurman	ZPC Hoogeveen	200700131	4:55.07	+0,76	503
	50m: 32.60 100m: 1:11.06	150m: 1:48.10 200m: 2:24.23	250m: 3:07.50 300m: 3:50.71	350m: 4:24.12 400m: 4:55.07	33.41 30.95	
19.	Roan van der Weide	Blue Marlins	200601629	4:55.48	+0,72	501
	50m: 30.90 100m: 1:07.99	150m: 1:48.45 200m: 2:27.71	250m: 3:07.47 300m: 3:48.05	350m: 4:22.52 400m: 4:55.48	34.47 32.96	
20.	Milco Matla	PSV	200600555	4:57.58	+0,80	491
	50m: 29.74 100m: 1:04.99	150m: 1:45.03 200m: 2:23.61	250m: 3:05.91 300m: 3:49.11	350m: 4:24.15 400m: 4:57.58	35.04 33.43	
21.	Lou van Leeuwen	De Dolfijn	200702779	5:00.86	+0,62	475
	50m: 31.22 100m: 1:07.81	150m: 1:48.15 200m: 2:27.85	250m: 3:09.15 300m: 3:51.98	350m: 4:26.47 400m: 5:00.86	34.49 34.39	
22.	Lars ten Katen	Batavia Swim	200600959	5:03.70	+0,76	462
	50m: 31.00 100m: 1:08.50	150m: 1:46.58 200m: 2:24.66	250m: 3:10.69 300m: 3:57.15	350m: 4:31.00 400m: 5:03.70	33.85 32.70	
23.	Floris van der Salm	De Dolfijn	200700705	5:04.68	+0,71	457
	50m: 31.47 100m: 1:08.54	150m: 1:45.62 200m: 2:23.61	250m: 3:07.69 300m: 3:52.34	350m: 4:27.90 400m: 5:04.68	35.56 36.78	
DIS	Storm Tolsma	ZIGNEA	200600277		SR	
	SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.					

Senioren 1 en 2

1.	Yanieck Weijland	TeamNL - Blue Marlins	200500329	4:20.19	+0,67	A	734
	50m: 27.96 100m: 1:00.67	150m: 1:35.07 200m: 2:09.41	250m: 2:45.20 300m: 3:20.80	350m: 3:50.77 400m: 4:20.19	29.97 29.42		
2.	Sven Klink	SWOL 1894	200500349	4:24.10	+0,72	A	702
	50m: 27.26 100m: 59.18	150m: 1:32.96 200m: 2:06.64	250m: 2:44.26 300m: 3:23.61	350m: 3:54.61 400m: 4:24.10	31.00 29.49		
3.	Wouter Zijlstra	HZ&PC Heerenveen	200401545	4:28.83	+0,65	A	666
	50m: 28.36 100m: 1:01.47	150m: 1:36.55 200m: 2:11.48	250m: 2:49.42 300m: 3:27.63	350m: 3:58.56 400m: 4:28.83	30.93 30.27		
4.	Abel te Riele	WVZ	200402317	4:31.69	+0,70	A	645
	50m: 28.52 100m: 1:01.10	150m: 1:36.73 200m: 2:11.46	250m: 2:48.97 300m: 3:27.55	350m: 4:00.09 400m: 4:31.69	32.54 31.60		
5.	Youri Voet	De Duinkickers	200502269	4:40.63	+0,76	B	585
	50m: 30.06 100m: 1:05.11	150m: 1:41.19 200m: 2:16.98	250m: 2:56.26 300m: 3:36.98	350m: 4:10.38 400m: 4:40.63	33.40 30.25		
6.	Luc Kerpels	ZPC Hoogeveen	200503015	4:43.37	+0,72		568
	50m: 31.10 100m: 1:06.75	150m: 1:41.92 200m: 2:16.86	250m: 2:57.91 300m: 3:38.94	350m: 4:11.17 400m: 4:43.37	32.23 32.20		
7.	Lasse Schrieken	VZC	200503145	4:45.06	+0,79		558
	50m: 29.75 100m: 1:04.45	150m: 1:42.89 200m: 2:19.56	250m: 2:58.87 300m: 3:39.39	350m: 4:13.49 400m: 4:45.06	34.10 31.57		
8.	Koen Vissers	PSV	200401429	4:45.25	+0,78		557
	50m: 29.51 100m: 1:04.11	150m: 1:41.12 200m: 2:17.57	250m: 3:00.03 300m: 3:42.79	350m: 4:14.63 400m: 4:45.25	31.84 30.62		
9.	Tijn van Kuijk	HZPC	200501087	4:53.55	+0,72		511
	50m: 30.31 100m: 1:06.37	150m: 1:44.85 200m: 2:22.80	250m: 3:02.98 300m: 3:44.47	350m: 4:19.36 400m: 4:53.55	34.89 34.19		

Senioren Open

1.	Thomas Jansen	TeamNL - WVZ	200100143	4:11.24	+0,71	A	816
	50m: 26.89 100m: 58.08	150m: 1:29.51 200m: 2:00.86	250m: 2:37.52 300m: 3:13.05	350m: 3:42.66 400m: 4:11.24	29.61 28.58		
2.	Yanieck Weijland	TeamNL - Blue Marlins	200500329	4:20.19	+0,67	A	734
	50m: 27.96 100m: 1:00.67	150m: 1:35.07 200m: 2:09.41	250m: 2:45.20 300m: 3:20.80	350m: 3:50.77 400m: 4:20.19	29.97 29.42		
3.	Sven Klink	SWOL 1894	200500349	4:24.10	+0,72	A	702
	50m: 27.26 100m: 59.18	150m: 1:32.96 200m: 2:06.64	250m: 2:44.26 300m: 3:23.61	350m: 3:54.61 400m: 4:24.10	31.00 29.49		

B = Bonus inschrijving

Programmanr. 25, Heren, 400m wisselslag, Voorronde, Senioren Open

rang	naam	vereniging	200101817	tijd	RT	FINA	para	
4.	Austin Namesnik	ZPC AMERSFOORT	200101817	4:25.96	+0,65	A	688	
	50m: 26.90	26.90	150m: 1:31.29	33.11	250m: 2:44.30	39.81	350m: 3:57.66	33.01
	100m: 58.18	31.28	200m: 2:04.49	33.20	300m: 3:24.65	40.35	400m: 4:25.96	28.30
5.	Tiede Groener	De Dinkel	200700155	4:28.58	+0,72	A	668	
	50m: 27.95	27.95	150m: 1:36.20	35.32	250m: 2:47.87	37.32	350m: 3:58.86	31.95
	100m: 1:00.88	32.93	200m: 2:10.55	34.35	300m: 3:26.91	39.04	400m: 4:28.58	29.72
6.	Wouter Zijlstra	HZ&PC Heerenveen	200401545	4:28.83	+0,65	A	666	
	50m: 28.36	28.36	150m: 1:36.55	35.08	250m: 2:49.42	37.94	350m: 3:58.56	30.93
	100m: 1:01.47	33.11	200m: 2:11.48	34.93	300m: 3:27.63	38.21	400m: 4:28.83	30.27
7.	Tieme Wiersma	DZ&PC	200701031	4:31.05	+0,70	A	650	
	50m: 29.75	29.75	150m: 1:39.06	34.29	250m: 2:50.58	38.69	350m: 4:01.84	31.08
	100m: 1:04.77	35.02	200m: 2:11.89	32.83	300m: 3:30.76	40.18	400m: 4:31.05	29.21
8.	Abel te Riele	WVZ	200402317	4:31.69	+0,70	A	645	
	50m: 28.52	28.52	150m: 1:36.73	35.63	250m: 2:48.97	37.51	350m: 4:00.09	32.54
	100m: 1:01.10	32.58	200m: 2:11.46	34.73	300m: 3:27.55	38.58	400m: 4:31.69	31.60
9.	Joris Janssen	Aqua-Novio'94	200301311	4:32.72	+0,76	B	638	
	50m: 28.14	28.14	150m: 1:36.79	35.44	250m: 2:49.90	38.27	350m: 4:01.50	32.46
	100m: 1:01.35	33.21	200m: 2:11.63	34.84	300m: 3:29.04	39.14	400m: 4:32.72	31.22
10.	Olivier Wilbers	ZPC Hoogeveen	200600181	4:36.47	+0,77	B	612	
	50m: 30.46	30.46	150m: 1:39.40	34.41	250m: 2:55.26	41.24	350m: 4:06.85	30.40
	100m: 1:04.99	34.53	200m: 2:14.02	34.62	300m: 3:36.45	41.19	400m: 4:36.47	29.62
11.	Nicko Kamphuis	De Warande	199900887	4:36.48	+0,63	B	612	
	50m: 27.94	27.94	150m: 1:38.54	36.90	250m: 2:53.81	38.56	350m: 4:05.67	32.61
	100m: 1:01.64	33.70	200m: 2:15.25	36.71	300m: 3:33.06	39.25	400m: 4:36.48	30.81
12.	Lars Bulman	Blue Marlins	200600125	4:40.26	+0,65	B	588	
	50m: 29.01	29.01	150m: 1:38.49	36.10	250m: 2:55.09	40.15	350m: 4:07.83	33.38
	100m: 1:02.39	33.38	200m: 2:14.94	36.45	300m: 3:34.45	39.36	400m: 4:40.26	32.43
13.	Youri Voet	De Duinkikkers	200502269	4:40.63	+0,76	B	585	
	50m: 30.06	30.06	150m: 1:41.19	36.08	250m: 2:56.26	39.28	350m: 4:10.38	33.40
	100m: 1:05.11	35.05	200m: 2:16.98	35.79	300m: 3:36.98	40.72	400m: 4:40.63	30.25
14.	Mies de Wit	CWW Swim team (SG)	200700315	4:40.76	+0,69	B	584	
	50m: 29.49	29.49	150m: 1:41.91	37.56	250m: 2:57.55	38.58	350m: 4:09.57	32.64
	100m: 1:04.35	34.86	200m: 2:18.97	37.06	300m: 3:36.93	39.38	400m: 4:40.76	31.19
15.	Bas Takken <i>Wereld Record PARA</i>	TeamNL PARA - De Dolfijn	199901643	4:41.70	+0,72	B	579	
	50m: 29.66	29.66	150m: 1:42.39	35.58	250m: 2:58.07	41.03	350m: 4:12.45	31.28
	100m: 1:06.81	37.15	200m: 2:17.04	34.65	300m: 3:41.17	43.10	400m: 4:41.70	29.25
16.	Lucas van Rooij	PSV	200603943	4:41.88	+0,68	B	578	
	50m: 28.96	28.96	150m: 1:40.68	37.98	250m: 2:59.01	41.72	350m: 4:11.77	31.18
	100m: 1:02.70	33.74	200m: 2:17.29	36.61	300m: 3:40.59	41.58	400m: 4:41.88	30.11
17.	Job Sanders	ZPC AMERSFOORT	200304913	4:41.97	+0,70	R	577	
	50m: 27.96	27.96	150m: 1:36.86	35.92	250m: 2:53.40	40.14	350m: 4:08.02	34.08
	100m: 1:00.94	32.98	200m: 2:13.26	36.40	300m: 3:33.94	40.54	400m: 4:41.97	33.95
18.	Storm Boxum	DZ&PC	200700421	4:42.17	+0,77	R	576	
	50m: 30.23	30.23	150m: 1:45.55	38.99	250m: 2:59.19	36.36	350m: 4:10.15	32.62
	100m: 1:06.56	36.33	200m: 2:22.83	37.28	300m: 3:37.53	38.34	400m: 4:42.17	32.02
19.	Imme Bousema	Blue Marlins	200601873	4:42.43	+0,66		574	
	50m: 30.06	30.06	150m: 1:43.94	38.44	250m: 3:00.46	38.87	350m: 4:11.91	33.02
	100m: 1:05.50	35.44	200m: 2:21.59	37.65	300m: 3:38.89	38.43	400m: 4:42.43	30.52
20.	Ronis van Everdingen	DWK	200300043	4:42.45	+0,80		574	
	50m: 28.58	28.58	150m: 1:37.12	35.16	250m: 2:53.12	41.11	350m: 4:09.53	34.74
	100m: 1:01.96	33.38	200m: 2:12.01	34.89	300m: 3:34.79	41.67	400m: 4:42.45	32.92
21.	Luc Kerpels	ZPC Hoogeveen	200503015	4:43.37	+0,72		568	
	50m: 31.10	31.10	150m: 1:41.92	35.17	250m: 2:57.91	41.05	350m: 4:11.17	32.23
	100m: 1:06.75	35.65	200m: 2:16.86	34.94	300m: 3:38.94	41.03	400m: 4:43.37	32.20
22.	Denzel Barthen	WVZ	200700147	4:43.41	+0,76		568	
	50m: 29.88	29.88	150m: 1:42.10	37.27	250m: 2:58.46	39.48	350m: 4:13.46	33.28
	100m: 1:04.83	34.95	200m: 2:18.98	36.88	300m: 3:40.18	41.72	400m: 4:43.41	29.95
23.	Guus Hoogduin	ZVL-1886	200201069	4:43.64	+0,70		567	
	50m: 28.46	28.46	150m: 1:36.59	35.80	250m: 2:53.79	41.39	350m: 4:11.09	34.92
	100m: 1:00.79	32.33	200m: 2:12.40	35.81	300m: 3:36.17	42.38	400m: 4:43.64	32.55

B = Bonus inschrijving

Programmanr. 25, Heren, 400m wisselslag, Voorronde, Senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
24.	Darren Chen	ZPC AMERSFOORT	200001149	4:44.60	+0,66	561
	50m: 29.31	150m: 1:40.88	250m: 2:58.19	350m: 4:12.09		32.94
	100m: 1:02.65	200m: 2:18.16	300m: 3:39.15	400m: 4:44.60		32.51
25.	Lasse Schrieken	VZC	200503145	4:45.06	+0,79	558
	50m: 29.75	150m: 1:42.89	250m: 2:58.87	350m: 4:13.49		34.10
	100m: 1:04.45	200m: 2:19.56	300m: 3:39.39	400m: 4:45.06		31.57
26.	Koen Vissers	PSV	200401429	4:45.25	+0,78	557
	50m: 29.51	150m: 1:41.12	250m: 3:00.03	350m: 4:14.63		31.84
	100m: 1:04.11	200m: 2:17.57	300m: 3:42.79	400m: 4:45.25		30.62
27.	Boele Böhm	Blue Marlins	200700739	4:47.25	+0,72	546
	50m: 30.41	150m: 1:43.29	250m: 3:00.73	350m: 4:16.08		33.32
	100m: 1:05.71	200m: 2:19.51	300m: 3:42.76	400m: 4:47.25		31.17
28.	Louis Kappler	Zwemlust-den Hommel	200205067	4:47.35	+0,74	545
	50m: 28.31	150m: 1:38.24	250m: 2:57.78	350m: 4:15.38		33.53
	100m: 1:01.49	200m: 2:14.12	300m: 3:41.85	400m: 4:47.35		31.97
29.	Kevin Lucas	unattached	200300545	4:47.42	+0,90	545
	50m: 29.40	150m: 1:42.71	250m: 2:58.71	350m: 4:14.16		34.47
	100m: 1:04.57	200m: 2:19.05	300m: 3:39.69	400m: 4:47.42		33.26
30.	Luc Mul	DAW	200201025	4:49.80	+0,71	531
	50m: 29.36	150m: 1:42.36	250m: 3:00.90	350m: 4:17.20		33.85
	100m: 1:03.81	200m: 2:19.75	300m: 3:43.35	400m: 4:49.80		32.60
31.	Feico de Jonge	Team Noord-Holland (SG)	200600047	4:49.95	+0,68	531
	50m: 29.11	150m: 1:40.10	250m: 2:58.10	350m: 4:16.64		34.66
	100m: 1:03.80	200m: 2:15.98	300m: 3:41.98	400m: 4:49.95		33.31
32.	Ties Berghs	ZEPS	200700709	4:51.09	+0,70	524
	50m: 28.93	150m: 1:42.40	250m: 3:03.00	350m: 4:19.25		33.54
	100m: 1:03.65	200m: 2:20.46	300m: 3:45.71	400m: 4:51.09		31.84
33.	Laurens Kalle	De Schoteijl	200600161	4:52.27	+0,73	518
	50m: 28.86	150m: 1:42.01	250m: 3:02.77	350m: 4:21.51		34.84
	100m: 1:03.98	200m: 2:19.15	300m: 3:46.67	400m: 4:52.27		30.76
34.	Ruben de Vries	Hellas-Glana	200600497	4:53.17	+0,69	513
	50m: 30.53	150m: 1:49.24	250m: 3:08.01	350m: 4:21.95		33.49
	100m: 1:07.41	200m: 2:29.30	300m: 3:48.46	400m: 4:53.17		31.22
35.	Jeffrey Camphens	Team Noord-Holland (SG)	199503113	4:53.45	+0,71	512
	50m: 30.04	150m: 1:45.09	250m: 3:05.04	350m: 4:20.65		34.58
	100m: 1:05.81	200m: 2:23.78	300m: 3:46.07	400m: 4:53.45		32.80
36.	Mees Niemeijer	DZ&PC	200201275	4:53.50	+0,78	512
	50m: 31.29	150m: 1:46.23	250m: 3:04.73	350m: 4:22.00		34.77
	100m: 1:09.19	200m: 2:22.93	300m: 3:47.23	400m: 4:53.50		31.50
37.	Tijn van Kuijk	HZPC	200501087	4:53.55	+0,72	511
	50m: 30.31	150m: 1:44.85	250m: 3:02.98	350m: 4:19.36		34.89
	100m: 1:06.37	200m: 2:22.80	300m: 3:44.47	400m: 4:53.55		34.19
38.	Tim van Erven	DZ&PC	200700175	4:53.68	+0,75	511
	50m: 31.63	150m: 1:47.06	250m: 3:07.93	350m: 4:24.54		32.22
	100m: 1:08.65	200m: 2:24.38	300m: 3:52.32	400m: 4:53.68		29.14
39.	Collard Jungeling	ZV 44	200701831	4:53.70	+0,72	511
	50m: 30.36	150m: 1:46.36	250m: 3:06.28	350m: 4:21.49		32.95
	100m: 1:07.08	200m: 2:24.55	300m: 3:48.54	400m: 4:53.70		32.21
40.	Jere Wiersma	DZ&PC	200701037	4:54.17	+0,74	508
	50m: 30.92	150m: 1:45.93	250m: 3:04.58	350m: 4:21.05		34.20
	100m: 1:07.80	200m: 2:22.28	300m: 3:46.85	400m: 4:54.17		33.12
41.	Tim Zuurman	ZPC Hoogeveen	200700131	4:55.07	+0,76	503
	50m: 32.60	150m: 1:48.10	250m: 3:07.50	350m: 4:24.12		33.41
	100m: 1:11.06	200m: 2:24.23	300m: 3:50.71	400m: 4:55.07		30.95
42.	Roan van der Weide	Blue Marlins	200601629	4:55.48	+0,72	501
	50m: 30.90	150m: 1:48.45	250m: 3:07.47	350m: 4:22.52		34.47
	100m: 1:07.99	200m: 2:27.71	300m: 3:48.05	400m: 4:55.48		32.96
43.	Milco Matla	PSV	200600555	4:57.58	+0,80	491
	50m: 29.74	150m: 1:45.03	250m: 3:05.91	350m: 4:24.15		35.04
	100m: 1:04.99	200m: 2:23.61	300m: 3:49.11	400m: 4:57.58		33.43
44.	Lou van Leeuwen	De Dolfijn	200702779	5:00.86	+0,62	475
	50m: 31.22	150m: 1:48.15	250m: 3:09.15	350m: 4:26.47		34.49
	100m: 1:07.81	200m: 2:27.85	300m: 3:51.98	400m: 5:00.86		34.39

B = Bonus inschrijving

Programmanr. 25, Heren, 400m wisselslag, Voorronde, Senioren Open

rang	naam	vereniging						tijd	RT	FINA	para
45.	Lars ten Katen	Batavia Swim						200600959	5:03.70	+0,76	462
	50m: 31.00	31.00	150m: 1:46.58	38.08	250m: 3:10.69	46.03	350m: 4:31.00	33.85			
	100m: 1:08.50	37.50	200m: 2:24.66	38.08	300m: 3:57.15	46.46	400m: 5:03.70	32.70			
46.	Floris van der Salm	De Dolfijn						200700705	5:04.68	+0,71	457
	50m: 31.47	31.47	150m: 1:45.62	37.08	250m: 3:07.69	44.08	350m: 4:27.90	35.56			
	100m: 1:08.54	37.07	200m: 2:23.61	37.99	300m: 3:52.34	44.65	400m: 5:04.68	36.78			
DIS	Storm Tolsma	ZIGNEA						200600277		SR	
	<i>SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.</i>										
DIS	Lucas Greven	Hellas-Glana						199501941		RH	
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>										

B = Bonus inschrijving