

Programmanr. 25  
17-12-2022 - 17:11

Heren, 400m wisselslag

Senioren Open  
Resultaten Finale

Punten: FINA 2022

rang	naam	vereniging		tijd	RT	FINA	para	
<b>Finale A</b>								
1.	Yanieck Weijland	HPC - Blue Marlins	200500329	<b>4:16.50</b>	+0,66	767		
	<i>Kampioenschaps Record Jeugd</i>							
	50m: 27.50	27.50	150m: 1:32.81	33.31	250m: 2:41.04	35.38	350m: 3:47.55	30.17
	100m: 59.50	32.00	200m: 2:05.66	32.85	300m: 3:17.38	36.34	400m: 4:16.50	28.95
2.	Abel te Riele	Rijnhaeghe (SG)	200402317	<b>4:24.73</b>	+0,72	697		
	50m: 28.36	28.36	150m: 1:35.81	34.89	250m: 2:46.62	36.77	350m: 3:54.87	30.85
	100m: 1:00.92	32.56	200m: 2:09.85	34.04	300m: 3:24.02	37.40	400m: 4:24.73	29.86
3.	Sven Klink	SWOL 1894	200500349	<b>4:25.30</b>	+0,77	693		
	50m: 28.03	28.03	150m: 1:34.99	34.15	250m: 2:46.09	37.35	350m: 3:55.86	31.36
	100m: 1:00.84	32.81	200m: 2:08.74	33.75	300m: 3:24.50	38.41	400m: 4:25.30	29.44
4.	Wouter Zijlstra	HZ&PC Heerenveen	200401545	<b>4:32.13</b>	+0,64	642		
	50m: 28.95	28.95	150m: 1:37.94	35.24	250m: 2:50.64	37.67	350m: 4:00.98	31.12
	100m: 1:02.70	33.75	200m: 2:12.97	35.03	300m: 3:29.86	39.22	400m: 4:32.13	31.15
5.	Joris Janssen	PSV	200301311	<b>4:34.91</b>	+0,77	623		
	50m: 29.30	29.30	150m: 1:39.69	35.68	250m: 2:52.61	38.36	350m: 4:04.79	32.81
	100m: 1:04.01	34.71	200m: 2:14.25	34.56	300m: 3:31.98	39.37	400m: 4:34.91	30.12
6.	Nicko Kamphuis	De Warande	199900887	<b>4:35.26</b>	+0,62	620		
	50m: 28.15	28.15	150m: 1:38.20	36.47	250m: 2:52.84	38.78	350m: 4:05.07	32.79
	100m: 1:01.73	33.58	200m: 2:14.06	35.86	300m: 3:32.28	39.44	400m: 4:35.26	30.19
7.	Job Sanders	ZPC AMERSFOORT	200304913	<b>4:40.67</b>	+0,74	585		
	50m: 28.36	28.36	150m: 1:39.20	37.53	250m: 2:56.02	39.61	350m: 4:09.24	33.50
	100m: 1:01.67	33.31	200m: 2:16.41	37.21	300m: 3:35.74	39.72	400m: 4:40.67	31.43
8.	Matteo Viani	Zwemlust-den Hommel	199007717	<b>4:43.31</b>	+0,78	569		
	50m: 28.80	28.80	150m: 1:39.79	37.84	250m: 2:58.31	41.44	350m: 4:12.18	32.27
	100m: 1:01.95	33.15	200m: 2:16.87	37.08	300m: 3:39.91	41.60	400m: 4:43.31	31.13
<b>Finale B</b>								
9.	Thomas van Wanrooij	HPC PARA - Poseidon '56	200201473	<b>4:37.65</b>	+0,72	604	1507	
	<i>Wereld Record PARA</i>							
	50m: 28.93	28.93	150m: 1:39.94	36.46	250m: 2:56.18	39.33	350m: 4:07.94	32.06
	100m: 1:03.48	34.55	200m: 2:16.85	36.91	300m: 3:35.88	39.70	400m: 4:37.65	29.71
10.	Olivier Wilbers	ZPC Hoogeveen	200600181	<b>4:43.91</b>	+0,82	565		
	50m: 31.39	31.39	150m: 1:42.82	34.95	250m: 3:00.38	42.26	350m: 4:13.78	31.29
	100m: 1:07.87	36.48	200m: 2:18.12	35.30	300m: 3:42.49	42.11	400m: 4:43.91	30.13
11.	Thom De Hoog	Blue Marlins	200600019	<b>4:44.72</b>	+0,77	560		
	50m: 30.46	30.46	150m: 1:40.05	34.48	250m: 2:55.51	41.78	350m: 4:12.33	33.79
	100m: 1:05.57	35.11	200m: 2:13.73	33.68	300m: 3:38.54	43.03	400m: 4:44.72	32.39
12.	Kevin Lucas	unattached	200300545	<b>4:44.95</b>	+0,78	559		
	50m: 29.48	29.48	150m: 1:43.12	38.42	250m: 2:58.12	38.53	350m: 4:12.59	34.13
	100m: 1:04.70	35.22	200m: 2:19.59	36.47	300m: 3:38.46	40.34	400m: 4:44.95	32.36
13.	Darren Chen	ZPC AMERSFOORT	200001149	<b>4:44.99</b>	+0,70	559		
	50m: 29.82	29.82	150m: 1:43.45	38.98	250m: 3:01.53	39.67	350m: 4:14.08	32.36
	100m: 1:04.47	34.65	200m: 2:21.86	38.41	300m: 3:41.72	40.19	400m: 4:44.99	30.91
14.	Guus Hoogduin	ZVL-1886 Center	200201069	<b>4:45.14</b>	+0,78	558		
	50m: 29.64	29.64	150m: 1:40.86	36.67	250m: 2:57.82	40.59	350m: 4:13.98	33.89
	100m: 1:04.19	34.55	200m: 2:17.23	36.37	300m: 3:40.09	42.27	400m: 4:45.14	31.16
15.	Luc Kerpels	ZPC Hoogeveen	200503015	<b>4:46.51</b>	+0,77	550		
	50m: 31.32	31.32	150m: 1:43.57	35.96	250m: 3:01.04	40.79	350m: 4:15.98	32.37
	100m: 1:07.61	36.29	200m: 2:20.25	36.68	300m: 3:43.61	42.57	400m: 4:46.51	30.53
16.	Jip Bakker	DZ&PC	200600287	<b>4:47.00</b>	+0,69	547		
	50m: 31.09	31.09	150m: 1:45.35	37.54	250m: 3:02.66	40.88	350m: 4:16.90	33.07
	100m: 1:07.81	36.72	200m: 2:21.78	36.43	300m: 3:43.83	41.17	400m: 4:47.00	30.10

B = Bonus inschrijving